

Suffered For Years Back and Kidneys Were in Bad Shape, But Doan's Removed all the Trouble

"My kidneys were so weak that the least cold I caught would affect them and start my back aching until I could hardly endure the misery," says Mrs. D. C. Ross, 973 Fulton St., Brooklyn, N. Y. "In the morning when I first got up, my back was so lame, I could hardly bend over and any move sent darts of pain through my kidneys. It was hard for me to walk up stairs or stoop, and to move while lying down sent darts of pain through me."



"The kidney secretions were scanty and distressing and the water remained in my system, making my feet and hands swell. There were dark circles under my eyes and I became so dizzy I could hardly see. I had rheumatic pains in my knees and it was all I could do to get around. For years I was in that shape and I wore plasters and used all kinds of medicine to no avail until I tried Doan's Kidney Pills. They rid me of the trouble and strengthened my back and kidneys. When I have taken Doan's since, they have always benefited me."

Sworn to before me.
L. N. VAUGHAN, Notary Public.
Get Doan's at Any Store, 60c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

GIRLS Clear Your Skin
Save Your Hair
With Cuticura
Doan, Oint., Talcum
25c each. Sample
each of Cuticura,
Dept. 5, Boston.

The wife of a henpecked husband hasn't much to crow over.

When Baby is Teething
GROVE'S BABY DOWEL MEDICINE will correct the stomach and bowel troubles. Perfectly harmless. See directions on the bottle.

It's a good thing to have opinions and it's a better thing to keep the lid on them sometimes.

A postal card to Garfield Tea Co., Brooklyn, N. Y., asking for a sample will repay you.—Adv.

Their Class.

"A man's face is an open book to his character."
"Then a lot of them must be blank books."

First to Export Oysters.

Jacob Ockers, known as the "Oyster King," who died recently at his Long Island (N. Y.) home, was the first exporter of oysters to Europe, and his name came to be known in all markets which the blue point oysters found in foreign countries. His foreign shipments the first year amounted to only 1,000 barrels. Later his export business became the largest of its kind in the United States, and amounted to 30,000 barrels annually.

No Cure for Influenza.

An article from the editorial columns of the Journal of the American Medical Association says: "There are no specific cures for so-called Spanish influenza. Most of the 'cures' recommended are not only ridiculous but are actually harmful. Hyper-enthusiasm applied to moral and esthetic ideals is a praiseworthy emotion, but as related to medical science is usually a delusion and a snare. The United States public health service, having been besieged with inquiries regarding this and that method of treatment, has issued a special bulletin in which it is emphasized that there is no specific cure for influenza yet known and that the chief reliance must be placed upon good hygiene, good nursing, and symptomatic treatment. First of all employ a physician."—Colorado Agricultural College, News Notes.



The Popular Choice

People of culture, taste and refinement are keen for health, simplicity and contentment. Thousands of these people choose the cereal drink

INSTANT POSTUM

as their table beverage in place of tea or coffee.

Healthful
Economical
Delicious

PENNSYLVANIA BRIEFS

During December William D. Lindomuth, a well-known Ringtown trapper, who makes a living at this work, caught one red fox, a gray fox, a skunk and twelve muskrats, he reported.

The total membership of the Waynesboro Red Cross thus far is 1934. The amount received in cash is \$2114, and applications for membership are still being received.

The G. B. Markle company, which cut down the rentals for miners' cottages, in Hazleton, 50 per cent when the United States entered the war so that employees could feel freer to buy Liberty Bonds, put into effect an increase to the old scale. The company was the only coal corporation in the region that lowered rents during the conflict.

The Lancaster, Oxford and Southern, the baby railroad of southern Lancaster county, has been saved from the junker temporarily. The directors held a meeting and voted down a proposition to sell, relying on the freight-rate increase granted by McAdoo to save them from bankruptcy. Last year the road was operated at a loss.

School children of the twin boroughs, Millin and Millintown, have enrolled in the Junior Red Cross gallantly, every school child in the two boroughs having affiliated with the body.

Start of what may be a shake-up in the New Castle police force occurred when the resignation of Officer William Reynolds was presented to the mayor and accepted. Several other changes are reported as impending.

A coroner's jury in Chester charged Dennis M. Rubina, sixteen years old, with causing the death of L. W. Wyland, who was killed by an automobile that Rubino was driving, the jury claiming the accident was due to carelessness on the part of the boy, who was held under \$1000 bail.

Lancaster county grist millers have notified the city of Lebanon of their willingness to accept the city's figures as a basis of settlement of their claims for damages arising from the city taking more than its legal allowance of water from Hammer creek during the recent draught. Three Millway millers have filed claims aggregating \$100.

Dr. H. D. Boyles received his commission and was sworn in as county coroner in New Castle, succeeding the late Dr. E. P. Norris, who died after an attack of influenza some weeks ago.

For the first time in the history of Uniontown hospital triplets were born in that institution, to Mrs. John Albert, of Oliver No. 2, a coke town near Uniontown. There were two girls and a boy, all healthy-looking babes.

An effort is being made to introduce pure bred Berkshire pigs into Carbon county this year. H. F. Longacre, a Mahoning Valley farmer, and County Farm Agent Nicholas M. Rahn have returned from a trip to State College, where Mr. Longacre bought seven pigs, averaging 200 pounds each, for breeding purposes.

A system of military training has been inaugurated at the Carson Long Institute in New Bloomfield. Lieutenant Edward Holman, former professor, recently discharged from the United States service, is in charge. Mechanicsburg business men are planning the organization of a board of trade in order to promote the best interests of the borough. A preliminary meeting was held last week. An organization will be effected and constitution and by laws adopted at another meeting on Monday evening.

Evan Morris was committed to the Mauch Chunk jail on the charge of assault and battery and highway robbery. It is alleged that Morris robbed Clem Carrol, of Lansford, of \$150, and Carrol alleges he fits a witness to testify that Morris boasted of and showed what he got by knocking him down. Morris was released on bail.

William A. Wallace, Burgess of Forty Fort, has resigned his office. He has been employed at Jeunesville, and because he was absent from the borough most of the time decided to retire from office. The post pays \$200 monthly, and a dozen are already in the field.

Two men lie dead at an undertaking room in Woodlawn, the victims of asphyxiation. They are Mike Shinskie, aged fifty, and James Turkosh, aged twenty-eight. They went to sleep in their rooms with the door and windows tightly closed and gas leaking from a small gas stove.

Residents of Pittstop have made a demand upon the Luzerne county commissioners for a new bridge across the Susquehanna. The claim is that the present bridge is a relic of the past, that it is unsafe and that increased travel demands better facilities.

The expenses of the Leighton board of health for the year 1918 were \$567.80, largely due to the quarantine for influenza.

Reginald Rogers has been re-elected city assessor of Easton, and Irwin J. Kutz assistant assessor.

The 1919 triennial assessment shows property values at Lansdale have increased only \$7000, while at North Wales the increase is \$11,025.

The Mauch Chunk canteen ladies served 4311 soldiers during the month of December last, and from August 12, 1918, to January 1, 1919, they served 25,530.

Thieves saved the lock from the door at the main entrance of the Mertz high school building and stole the \$100 talking machine presented to the school by a former principal. This was the sixth time the schoolhouse was robbed within the last two years, and the schoolrooms were almost entirely stripped of their mural adornments, including valuable oil paintings of Presidents Lincoln and McKinley. The matter has been placed in the hands of County Detective Krick.

Despite the war time prohibition act, Lawrence county liquor license holders are going ahead with their applications for licenses and expect to present them at court on February 10. Papers are now being filled out.

The state board of pardons will meet at Harrisburg, Wednesday, to clear up all business.

Caught under falling coal at the North Mahanoy colliery, Andrew Kerestes was crushed to death.

William Forester, a Scranton insurance man, has been appointed fuel administrator in Lackawanna county.

Horace Groff, aged six years, of Marietta, was frightfully burned when he kicked over an oil stove while at play.

Mrs. Mary Marshall, a widow, fell down stairs at her home near Wilkes-Barre and broke her neck, dying a few hours later.

Annual memorial services for departed members of the Western Pennsylvania Firemen's association will be held in the Conestoga high school auditorium January 19.

John Smith, in a twenty-foot fall at the Bethlehem Steel works, fractured his skull, which resulted in his death.

Officer Ira Frankensfield has been elected president of the Allentown branch of the Fraternal Order of Police.

There are 250 adult aliens enrolled in Easton's night school and the attendance averages more than 200 each night.

Bethlehem council has fixed the tax rate at nine mills and will get \$618,646 to spend against \$388,000 in 1918.

William Beahm, a ten-year-old Bethlehem newsboy, was killed when struck by an automobile driven by Harvey Ritter.

As part of the plan of the United States railroad administration in a more efficient handling of coal and coke from the upper end of the Conestoga field, and also from the Klondike field, the Baltimore and Ohio shops have been transferred for a short distance to the Pennsylvania tracks in this vicinity. It is stated on reliable authority that a handsome depot is to be erected at Fairchance within the near future.

Severely burned by falling into a bucket of boiling water in which a chicken was being cleaned, and with a large part of the skin of the upper part of his body burned away, Robert Faulkner, three years old, a son of Mr. and Mrs. Faulkner, of Carlisle, succumbed to an attack of influenza while recovering from his burns.

The Lehigh Coal and Navigation company, at Lansford, has announced its completion of plans for the establishment of a district nursing corps under the direction of Chief Surgeon Dr. J. H. Young. The territory to be covered is from Tamaqua to Nesquehoning.

The local school board adopted a resolution favoring legislation providing a state appropriation sufficient to increase teachers' salaries 25 per cent.

Thomas Jordano, of Oil City, was arrested at Butler on a charge preferred by Tony Ettare, who alleges that Jordano enticed Sara Ettare, daughter of Tony, away from home. The couple were found living together in Butler. Jordano is in jail. The girl returned home with her father.

Mrs. Sarah Nesbitt Smythe, only daughter of Abram Nesbitt, multi-millionaire and Luzerne county's richest man, died from a short illness of pneumonia at Wilkes-Barre. She was forty-six years of age. Her father, husband and two sons survive.

The body of Private George F. Bartholomew, who died of the "flu" at Fort Crockett, Tex., arrived in Bethlehem. He was in the United States service at Panama. While on his way home on a furlough he was stricken. He was removed from the train at Fort Crockett and cared for until death ensued. He was thirty-five years old and leaves a widow and a mother.

Missing since last Wednesday, the body of L. E. Nicholson, of Conestoga, employed on the B. and O. railroad, was found under a bridge at Little Falls, W. Va., where it is believed he fell during the high water. A widow and one son survive.

There are now but fourteen patients in the New Castle flu hospital, and it is expected that the emergency institution can be closed this week.

The Manufacturers' Association of Berks County has opened offices in Reading with Franklin L. Wood, of Boston, as secretary.

Clymer Missimer, Pottstown's health officer, for the twenty-fourth consecutive year has been elected secretary of the Philadelphia Fire company, of that town.

The Norristown court appointed E. Dodd Condit, of Philadelphia, official court reporter at a salary of \$2000 a year.

The Carbon county commissioners sold the iron of the old county bridge at Little Gap to junk dealers for \$38.20.

While there were twenty-nine deaths in Norristown in December, there were sixty-three births.

Eight hundred safety razors, four cases of condensed milk and 600 pounds of tea were stolen from a New Jersey Central freight car in the Allentown yards.

KIDDIES TO DON COLORS OF FLAG

Victory Clothes Successfully
Launched as Change for
Youngsters.

UNBLEACHED MUSLIN IS USED

Material Is Found to Make Substantial Lining for a Jacket, as Well as Being Suitable for Frocks for Children.

New York.—Nothing so delights the heart of a child as to hold a flag in its hand. Youth and the symbols of patriotism are linked. Wasn't it Galsworthy who gave us that association of the two gay elements of life in saying of a girl that she carried her youth in her face, like flags flying?

It was clever, therefore, of the designers to launch the youngsters into Victory clothes. The elders may express their relief from the tension of terror that handcuffed us all for four years by bursting out of the chrysalis into the butterfly, but their clothes will not be parts of the flag. It is not fitting, writes a leading fashion authority, that any but youth should wear the bits of red, white and blue which, combined with a certain skill, make the alluring Victory clothes of this hour.

There are tiny frocks for tiny chil-

dren, colored fringe as a lining for jackets. It had the triple qualities of endurance, originality and cheapness, this new lining. It was a war-time necessity, so Doucet thought, but it speedily became a piece of fashion that threatened to be a high economy. Probably the spring will make it exceedingly popular. It is a good idea for those who deplore the lack of service in coat linings, especially in these days when one is not sure of dyes.

The use of unbleached muslin for interior decoration has become well established, especially for country homes where curtains of this fabric are edged with colored fringe and bedspreads and pillow shams are made of it with borders of colored cloth in turkey red or dark blue.

Came Out of the South.

One woman who was enchanted with a Victory frock of this fabric exclaimed: "Why, that's the material I use to cover my ironing board!" It is. And it will wear as well on a youngster as on an ironing board.

This style of costume for children came out of the South, out of Virginia, where unbleached muslin is well known and the devastation of war, its restrictions, privations and economies, is still a terrible memory even to those who were born after the Civil war.

It is rather a strange thing that some of the great centers have adopted juvenile clothes that have been designed



At the left is shown a dainty frock of pale-green organdie trimmed with large daisies formed of narrow white braid, with yellow used for the centers; two square pockets in front. At the right is a little boy's "Victory" smock of unbleached cotton, embroidered in red and blue.

dren in which the colors only flash as long ribbons that are run through two buttonholes in the front or back of a round collar and drop to the hem. There are frocks for older children which are made of red, white and blue stripes held in by soft sashes of colored bunting in the three colors.

There is a return to a far-off and fascinating fashion in the blue bunting frocks for children between eight and ten years old which are touched up with red bunting and ornamented with white turnover collar and cuffs. There are pleated skirts of red flag bunting with straight little cultrass blouses of blue bunting fastened in a straight line down the front with red buttons. The cuffs and collar are taken from the time of the Stuarts. They are made of white linen edged with linen lace and touched with red and blue buttons.

There are red and blue hair ribbons for girls; there are red and white-striped awning rompers for the nursery fastened with blue bone buttons; and one of the successful frocks of the season is made of ordinary unbleached muslin smocked with red, white and blue worsted threads, the design giving a blurred impression of the flag.

It was a clever idea, this, to turn out the children of the land in flag costumes, making them living, joyous symbols of the red, white and blue which today is the banner of freedom all over the world. And it is not only our flag that they represent; it is the flags of the allies.

Frocks of Unbleached Muslin.
Two months ago Doucet of Paris gave the world a new idea when he used unbleached muslin edged with

tiny, colored fringe as a lining for jackets. It had the triple qualities of endurance, originality and cheapness, this new lining. It was a war-time necessity, so Doucet thought, but it speedily became a piece of fashion that threatened to be a high economy. Probably the spring will make it exceedingly popular. It is a good idea for those who deplore the lack of service in coat linings, especially in these days when one is not sure of dyes.

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lagging behind the boys at the front in courage, resourcefulness and efficiency. The development of Canada's war industry is an industrial romance of front rank. American Government officials can testify to the efficiency of the manufacturing plant Canada has built up in four short years. In Department after Department where they found American industry failed them they were able to turn to Canada. The full story may be revealed some day.

The same paper says:
"It is a new Canada that emerges from the world war in 1918—a nation transformed from that which entered the conflict in 1914.
"The war has taken from Canada a cruel toll. More than 50,000 of her bravest sons lie in soldiers' graves in Europe. Three times that number have been more or less incapacitated by wounds. The cost of the war in money is estimated to be already \$1,100,000,000. These are not light losses for a country of 8,000,000 people. Fortunately there is also a credit side. Canada has found herself in this war. She has discovered not merely the gallantry of her soldiers, but the brains and capacity and efficiency of her whole people. In every branch, in arms, in industry, in finance, she has had to measure her wits against the world, and in no case has Canada reason to be other than gratified.—Advertisement.

NO ROOM FOR PESSIMISM

Canada as a Nation Builder.

With Canada's great task in the war before the public, the burdens that she so willingly took and so ably carried, and her recent victory in subscribing \$175,000,000 to the 5th Victory Bond Loan more than she asked, he would be a skeptic who would associate the word pessimism with her present condition. Canada deplores the heavy human loss which she has suffered, but even those akin to those lost in battle say with cheerfulness that while the sacrifice was great, the cause was wonderful, and accept their sufferings with grace. It may well be said there is no room in Canada today for the pessimist. The agricultural production of the country has doubled in four years. \$140,000,000 are the railway earnings today or 3 1/2 times what they were ten years ago, while the bank deposits are now \$1,733,000,000 as compared with \$133,000,000 thirty years ago.

There is a wonderful promise for the future.
It is with buoyancy that Canada faces an era of peace. She has triumphed over the soul-testing crisis of war. Before the war Canada was a borrower, and expected to continue so for many years. For the past year and a half we have seen her finance herself. She has also been furnishing credits to other nations.

A recent article in the "Boston Transcript" says:

"The people at home have not been lagging behind the boys at the front in courage, resourcefulness and efficiency. The development of Canada's war industry is an industrial romance of front rank. American Government officials can testify to the efficiency of the manufacturing plant Canada has built up in four short years. In Department after Department where they found American industry failed them they were able to turn to Canada. The full story may be revealed some day."

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For What Ailed Him.
The nervous wreck had explained at great lengths his symptoms. All that were described in the medical books he had, and some besides—all of which were described at great length.
"Do you understand me?" he finally asked the doctor when he had ended his enumeration.
"I do," replied the doctor, "and I'll give you something for your pains."

Important to all Women Readers of this Paper

Thousands upon thousands of women have kidney or bladder trouble and never suspect it.
Women's complaints often prove to be nothing else but kidney trouble, or the result of kidney or bladder disease.

If the kidneys are not in a healthy condition, they may cause the other organs to become diseased.
You may suffer pain in the back, headache and loss of ambition.
Poor health makes you nervous, irritable and maybe despondent; it makes anyone so.

But hundreds of women claim that Dr. Kilmer's Swamp-Root, by restoring health to the kidneys, proved to be just the remedy needed to overcome such conditions.
A good kidney medicine, possessing real healing and curative value, should be a blessing to thousands of nervous, over-worked women.

Many send for a sample bottle to see what Swamp-Root, the great kidney liver and bladder medicine will do for them. Every reader of this paper, who has not already tried it, by enclosing ten cents to Dr. Kilmer & Co., Binghamton, N. Y., may receive sample size bottle by Parcel Post. You can purchase the medium and large size bottles at all drug stores. Adv.

Knew Human Nature.
The old lady who declared it impossible to please some people certainly said something.

Constipation, indigestion, sick-headache and bilious conditions are overcome by a course of Garfield Tea. Drink on retiring.—Adv.

Don't wear your bathing suit to a New Year's party just to show that you have one.

Grove's Tasteless Chill Tonic restores vitality and energy by purifying and enriching the blood. You can soon feel its strengthening, invigorating effect. Price 50c.

Women rule the waves in the matrimonial sea.

Furrowed brows today indicate a gift forgot.