

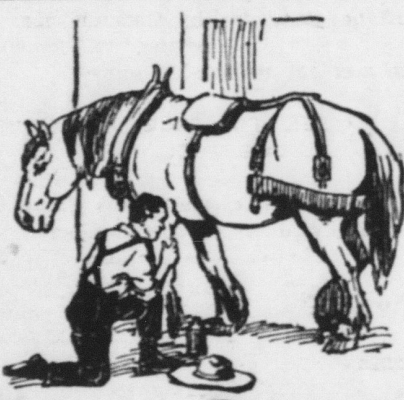
HEALTH TALK

Spanish Influenza or Grip
By DR. LEE H. SMITH.

An old enemy is with us again, and whether we fight a German or a germ, we must put up a good fight, and not be afraid. The influenza runs a very brief course when the patient is careful, and if we keep the system in good condition and throw off the poisons which tend to accumulate within our bodies, we can escape the disease. Remember these three C's—a clean mouth, a clean skin, and clean bowels. To carry off poisons from the system and keep the bowels loose, daily doses of a pleasant laxative should be taken. Such a one is made of May-apple, leaves of aloë, root of jalap, and called Dr. Pierce's Pleasant Pellets. Hot lemonade should be used freely if attacked by a cold, and the patient should be put to bed after a hot mustard foot-bath.

To prevent the attack of bronchitis or pneumonia and to control the pain, Anuric tablets should be obtained at the drug store, and one given every two hours, with lemonade. The Anuric tablets were first discovered by Dr. Pierce, and as they flush the bladder and cleanse the kidneys, they carry away much of the poisons and the uric acid.

It is important that broths, milk, buttermilk, ice-cream and simple diet be given regularly to strengthen the system and increase the vital resistance. The fever is diminished by the use of the Anuric tablets, but in addition, the forehead, arms and hands may be bathed with water (tepid) in which a tablespoonful of salaratus has been dissolved in a quart. After an attack of grip or pneumonia to build up and strengthen the system, obtain at the drug store a good iron tonic, called "Ironic" Tablets, or that well known herbal tonic, Dr. Pierce's Golden Medical Discovery.



Horse Owners

Keep a bottle of Yager's Liniment in your stable for sprain, curb, split or any enlargement, for shoulder slip or wreny, wounds, galls, scratches, collar or shoe boils, sprains and any lameness. It absorbs swellings and enlargements, and dispels pain and stiffness very quickly.

YAGER'S LINIMENT

This liniment is the most economical to use as a large bottle contains twice as much as the usual 50 cent bottle of liniment.



Sold by all dealers. Price 35 cents.

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High-quotting, promising price lists do not lead you to best results.

We have practiced fairness in fur buying **For 58 Years**

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SCOURING SOAP

Economy in Every Case

Immediate Shipments New South Corn Mill

Write us for full description and price of this standard, durable corn mill—produces fine flour promptly. Write today.

AMERICAN CORN MILL CO., Box 27, Winton, S. C.

PARKER'S HAIR BALM

A bottle preparation of merit. Helps to eradicate dandruff. For Restoring Color and Beauty to Gray or Faded Hair. Does not clog or irritate.

89.00 PER ACRE—1,000 acres Minnesota land. PARKER, 400 Metropolitan Life Building, Minneapolis, Minn.

A Metamorphosis

By Lillian Hall Crowley

James Morgan was thinking: "I wonder why the girls never seem glad to see me? They never act just plain glad when I come along. The fellows, too—they're all right, only—well, I'm not really intimate with any of them."

James had jogged along in the little town where his family had been as comfortably off as most of the families of their set. He had jogged through the state university just as unthinkingly as he had spent the preceding years. He drifted into a clerkship in the bank and mentally wandered through his duties as colorlessly as he did everything else.

He went to the parties, never thinking whether he could dance well or not. It had not occurred to him to think anything about it.

The night before he had heard the following conversation between two of Haviland's most charming girls:

"I wish James Morgan would stay from the parties. He is the awkwardest creature I ever saw, and the homeliest!"

"Every time he asks me to dance I wish I had stayed at home."

"The trouble is, Margery, we've been fairly polite to him, just because we've known him always, and he doesn't realize he's horrid and uninteresting."

"Let's drop him! He has no right to make us miserable—tramping all over our feet at the dances."

"And such clothes! We don't expect much in a little place like Haviland, but he's a positive fright!"

The two girls, Margery Raymond and Alice Wrightman, had fallen into this conversation one night at a party. James had come around a corner intent on asking Margery to dance. He would not have listened intentionally, but the knowledge had staggered him. He tiptoed away from his Waterloo and went out on the veranda to collect his scattered wits.

"I never dreamed of such a thing!" he told himself. At last he went in and bade his hostess good-night.

This brings us to the day in his life he was puzzled. After dinner he went alone to a moving picture play. It was a western play. The hero was a big fellow wearing the rough clothes of a miner—nevertheless he was very polite. He raised his hat to the women he knew and jumped to pick up a plate dropped on the floor by the boarding house keeper.

"That's the kind of man a woman is proud to have for a son," he heard a voice behind him. "What a magnificent figure!" the voice went on. "One feels that a strong chest not only indicates physical strength, but strength of character as well."

Instantly James straightened his drooping shoulders.

Looking at the hero, James thought: "He is a fine-looking fellow—gives one real pleasure just to look at him. I wonder if I'd play tennis and things if I could develop my chest."

He noticed the man's manner of taking off his hat to the women he met; sometimes James only touched his hat, lazily, with one finger. He knew the girls so well—why bother? James remembered, too, that he didn't jump quickly to the polite assistance of people. True, he was glad to help anyone in trouble, but this was different.

"Maybe that's what Margery and Alice meant. I don't do those nice things." He was puzzled, but went on with his self-analysis.

He went again to the movies. This time he saw a society play. There was dancing. James opened his eyes wide to see how the other fellows danced. Alice had said he tramped on her feet. He saw the men, cleverly and gracefully guiding their partners through the crush.

"Why, that's part of it," he thought. "You're responsible in a way."

Then he noticed clothes. He had never given his toilet much thought except to be clean, to buy a suit when necessary—which was seldom pressed—and a pale blue tie for Sundays. He wore it to the bank after it had become soiled.

All the business men in the pictures were trim looking, their clothes were pressed and coats buttoned. James walked along the street with suit coat and overcoat open and his hands in his pockets. None of these men did that.

"Yes," he thought, "that's the way to look. It isn't because they're movie men; lots of other men dress that way. He noticed, too, the bright, interested and alert expressions on their faces.

At home he looked in the mirror. His hair needed trimming. It hadn't been cut right in the first place. He had parted it so near one ear that it was inches too high on the other side. He brushed it straight back. He was surprised at the good lines of his forehead, something he had not noticed before.

Next day a successful young man from one of the large cities of the state came into the bank. James looked him over. First of all he saw that the man was neatly dressed and was unconscious of his clothes. James was always uncomfortable when "dressed up," as he called it.

"I'll ask him to select me a tie from his place."

"Certainly," replied the young man

graciously. "Do you like a black or a mixture?"

"I like pale blue," James answered hesitatingly. "I say—please get the kind you'd get for yourself."

"I'll send one to wear with that dark suit you have on."

When the tie came James was amazed to find a dark one with bits of dull color in it. He had the utmost faith in the young man's taste, and he could not recall ever having seen him with a pale blue tie.

Before the glass that night he tried it on and realized that his chin was in the way of his collar. Should he pull his chin inside or stretch it out over the collar.

Somehow he didn't look as well as he had expected. What was the trouble? His collar was too large! He rushed out and purchased shirt and collar two sizes smaller, and they fitted perfectly. He tied the tie, brushed back his hair, and smiled at himself. It was not the same young man who had looked in that glass for so many satisfied years.

"I'll show those girls yet! I'll make them sit up and take notice."

He had declined all invitations to parties and kept going to the movies to get more "pointers."

How to dance correctly was the next problem. He suddenly remembered Inez Jaynes, who had been in New York studying music. She was helping out a small income by giving music lessons. Inez was a beautiful dancer. Perhaps she would teach him.

He swore her to secrecy and worked diligently. When the time came for the club party, James escorted Inez there.

You may be sure he did not lack partners, for, besides being well dressed and good looking, he was the best dancer among the men.

He danced many times with Inez and with quiet self-possession guided her through the crush.

Inez looked happy.

James danced with Margery and Alice. The wall flowers and the fat ladies were not forgotten either. Margery said to Alice:

"I must have been mistaken about James. I'm going to ask him to dinner when my New York cousin comes."

"I've asked him for Sunday night supper," said Alice.

On the way home from the dance James looked down at the sweetly brave little woman at his side and said:

"Inez, Mr. Witmer has made me assistant cashier of the bank."

Inez looked up alarmingly.

"You have been so good to me, dear," he went on, "and I love you so—could you possibly marry such a lout as I?"

"You're a great, big, splendid prince, and I love you!"

Later, when James was leaving, he said: "I'll come for you tomorrow night and we'll go to the movies!"

"Jonah" Words.

Nearly everyone has some special word which he mispronounces. Have you? The writer always tries to avoid the word "plebeian," through an absurd desire to put the accent on the last syllable, as in "pleb-ee-an." A laugh went round a room once when a young man referred to a ship's "bo," and a woman debating came to grief over the word "epitome," to which she gave but three syllables instead of its rightful four. But how about the governor who told her little pupils all about the "aborjens" of Australia? The writer was one of the little pupils, and it made an indelible impression. "Jejune" is always tricky. "Aspirant" is worrying, too, until you learn that the accent may be on the first or second syllable. Of course, you know how to pronounce Macpherson, Mackenzie and machinery. Perhaps the last word caught you napping, though—unless you are too old a bird!—Answers, London.

Halcyon Days.

The word "halcyon" is the name of a bird called a kingfisher. It was anciently believed that the eggs of the halcyon were hatched at sea in a floating nest, and that during the two weeks the nests were floating on the waves of the ocean, and while the bird was brooding over them, the seas were calm and could safely be navigated by the mariners. We are familiar with the term "halcyon days," which are understood to signify beautiful weather, and the expression is also used to describe the bright days of boyhood or of youth or other periods of one's life that the memory delights to recall.

Mother Not Important.

In a certain Western city a man of exceedingly boastful disposition was recently made justice of the peace. His family was much impressed by the honor conferred on the father, but most of all who showed pride was the twelve-year-old son. It was he who opened the door to one of the suffrage petition bearers. She explained her errand and asked for his mother.

The little boy puffed up very much as did the father on occasions. "You needn't waste any time with her," he told the woman. "She isn't anything important. Just me and pop are squires."

Monte Carlo Put to Good Use.

Monte Carlo, the once famous gambling place, is still crowded, but there are no players there now. The tables, instead of being loaded down with chips, are piled high with offerings for the wounded; with cushions for wounded limbs, crutches, ice bags and pneumonia jackets. And instead of the crowned heads that once frequented the resort the new patrons wear a "jewel" above the forehead in the shape of a Red Cross.

BLOUSE AND SKIRT

Combination Forcing Unchallenged Frock Out of Place.

Oddest Colors Now Being Used Together—Jet, in Tiny Sparkling Beadlets, Is Popular.

This is a season of practical clothes and quite naturally the blouse and separate skirt, always popularly considered the most practical of costumes when economy in dress is under consideration—for either patriotic or personal reasons—are in the limelight of fashion's favor just now. A good many of the new skirt and blouse combinations, however, seem to accept the virtue of practicability accorded to them by reason of their classification and let it go at that.

Instead of possessing one separate skirt for wear with various blouses, the woman who keeps up with fashion must now have several skirts and blouses. The whole frock has maintained an unchallenged place in woman's favor for several seasons now, but the blouse-and-skirt combination is pressing it hard. No separate waist, however elaborate and expensive, is suitable for a formal occasion and the best dressed women do not wear waists and skirts for restaurant dining or at even afternoon performances at the theater, says the Brooklyn Eagle. A waist-and-skirt combination is supposed to express informality.

It matters not how different a blouse is from accepted standards, provided it is different enough. Designers vie with one another to produce original and intricate designs. The oddest color combinations are displayed and when colors themselves do not harmonize, outline embroideries of beads give a weird yet fascinating oriental effect. What would you think of olive green and cerise as a color scheme? Yet one of the stunning blouses for fall combines those two shades, with artfully placed outlines and embroideries of jet beads, and the result is truly sumptuous. The French houses use a deal of jet—jet in tiny, sparkling beads sewed close together, rather than a large palette or cabochon. A Cheruit blouse of rust-colored crepe de chine has bands of head embroidery passing across a flat vest of flesh-colored chiffon. The bands disappear under the blouse, fronts and emerge through slashes about an inch beyond the edge, the series of tabs thus formed flanking the cross-bands on the vest. This Cheruit blouse falls to the hip and the flesh-tinted vest extends several inches below the waistline, giving a very graceful long line. A loose belt fastened with jet cabochons passes across the vest and around the waist. A narrow band of black fox outlines the neck opening.

There is no widespread use of the Material, Writes a Leading Fashion Correspondent.

One cannot get away from the metallic effect that grows in clothes as the season develops. It is frequently used where it is most garish and should be avoided, but that depends upon the person.

There is no widespread use of metallic cloth. Gowns of it are conspicuously out of fashion, says a fashion writer. Here and there a celebrated French designer uses a bit of dull, tarnished cloth as a foundation for some sombre, transparent fabric, but this is not often repeated.

Where we get our glint of metal throughout all the women's clothes, is in the embroidery, and now and again, in buttons. This is one of the millinery touches that seems to be permissible. When velours is trimmed with gold or silver braid, the effect is good, because the metal sinks into the pile of the fabric and does not proclaim itself so boldly as on a flat, smooth surface.

There is a good-looking black velours gown now shown which looks uncommonly like an American costume worn by a man, with its tight, narrow skirt and its long, swinging tunic slim at the shoulders and girdled at the waist. It is trimmed with gold braid and buttons, and there is a narrow band of this braid to form the hem of the skirt. To soften the metallic glitter, there is an exceedingly deep band of black caracul on the tunic. The richness of the frock gives it a distinguished air and puts it out of the common.

It seems as though that deep color of red known as terra cotta and which is very much in fashion, takes gold embroidery in an agreeable fashion. One of the colorful gowns of the season is built up from a long terra cotta tunic cut in petal-shaped panels below the hips and embroidered in blue and gold. Beneath the tunic is a tight skirt of dark blue satin pulled in about the ankles.

OF INTEREST TO WOMEN

Twelve girl riders of the New York Hippodrome are helping to break 16 horses for an artillery scene in a war spectacle under the expert training of Dr. Martin J. Potter.

The Merchants' Shipbuilding company on the Delaware has installed a fire alarm drill for its women employees as well as the men, in which they are taught to break glass, pull hooks and other signals of alarm.

A Wilmington shipyard has commandeered the Century club building, owned by the Woman's club of that city, to be used as a hospital for influenza cases from the yards.

As a means of extending P. S. educational features, four women have been added to the staff of the Pennsylvania university museum, who will assist visitors to examine and understand the collections.

Ostrich Plume Returns.

The ostrich plume, it has been said, is always more or less popular for millinery purposes; this year, however, it is to be rather more so than it has been for some seasons past. Many will be the hats adorned with these dainty, fluffy things. They are to be coiled around the crowns of hats or spread out upon the brims, their early fronds slightly overhanging the edges; also, in some cases, they—the smaller ones—will stand upright, attached to smart little turbans. However, the rather flat arrangement around the brim of a large and otherwise plain velvet hat is spoken of as a favorite.

Black satin and rose-colored tulle form this attractive gown. The rose overdress is embroidered in black and edged with broad black silk fringe.

Extremes.

Dixie, the French poodle, was barking noisily and wagging his tail at the same time.

"Oh," cried little Lucy, "Dixie is cross at one end and happy at the other."

Cuticura Heals Eczema

And rashes that itch and burn. If there is a tendency to pimples, etc., prevent their return by making Cuticura your daily toilet preparation. For free samples address, "Cuticura, Dept. X, Boston." At druggists and by mail. Soap 25, Ointment 25 and 50.—Adv.

Perhaps the German's sudden fondness for peace is born of his inability to make further war.

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If youth will not prepare the soil, age cannot reap the harvest.

Egotists haven't much to boast of.

DUVETYN AND SQUIRREL SUIT



Extremely stylish and charming is this afternoon suit of old blue duvetyn and squirrel. Like most of this year's suits, the lines are simple, the rich effect obtained by the luxurious materials employed. Bands of yarn embroidery trim the coat.

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GIRLS! LOTS OF BEAUTIFUL HAIR

A small bottle of "Danderine" makes hair thick, glossy and wavy.

Removes all dandruff, stops itching scalp and falling hair.



To be possessed of a head of heavy beautiful hair; soft, lustrous, fluffy, wavy and free from dandruff is merely a matter of using a little Danderine.

It is easy and inexpensive to have nice, soft hair and lots of it. Just get a small bottle of Knowlton's Danderine now—it costs but a few cents—all drug stores recommend it—apply a little as directed and within ten minutes there will be an appearance of abundance, freshness, fluffiness and an incomparable gloss and lustre, and try as you will you cannot find a trace of dandruff or falling hair; but your real surprise will be after about two weeks' use, when you will see new hair—fine and downy at first—yes—but really new hair—sprouting out all over your scalp—Danderine is, we believe, the only sure hair grower, destroyer of dandruff and cure for itchy scalp, and it never fails to stop falling hair at once.

If you want to prove how pretty and soft your hair really is, moisten a cloth with a little Danderine and carefully draw it through your hair—taking one small strand at a time. Your hair will be soft, glossy and beautiful in just a few moments—a delightful surprise awaits everyone who tries this. Adv.

The New Suit.

The country boy had come to visit his city friends, and before leaving home his mother had spent much time on his wardrobe, but he soon saw that things were not quite right.

At a small party given in his honor he remained firmly fixed in a corner. At last his hostess, thinking to make him feel more at ease, said: "How nice you look, William; who made your suit?" From the depths came the reply: "Mother, blame it!"

QUICK! EAT JUST ONE TABLET OF PAPER'S DIAPIESIN FOR INSTANT RELIEF.

When meals don't fit and you belch gas, acids and undigested food. When you feel lumps of distress in stomach, pain, flatulence, heartburn or headache. Here is instant relief—No waiting!

Just as soon as you eat a tablet of Paper's Diapiessin all the dyspepsia, indigestion and stomach distress ends. These pleasant, harmless tablets of Paper's Diapiessin never fail to make you feel that your stomachs feel fine at once, and they cost so little at drug stores. Adv.

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