Stop That Cold At Once

HILL'S CASCARA BROMIDE QUININE

The old family remedy—in tablet form—safe, sure, easy to take. No opiates—no unpleasant after effects. Cures colds in 24 hours—Grip in 3 days. Money back if it fails. Get the genuine box with Red Top and Mr. Hill's picture on it 24 Tablets for 25c.

At Any Drug Store

Not So Serious.

"Does he take it seriously?"

"About as seriously as an actor takes matrimony."

To keep clean and healthy take Dr. Pierce's Pleasant Pellets. They regulate liver, bowels and stomach.—Adv.

Hot Water.

"Bliggins is always getting into hot water."

"Yes," replied Miss Cayenne. "He is so cold-blooded I suppose it is a kind of relief."

For a disordered liver, take Garfield Tea, the Herb laxative. All druggists. Adv.

A Yearn for Beauty.

"Why did you pick out such a handsome shaving mug?"

"Well, I've never been satisfied with my own mug. I thought I'd indulge my fancy a little in this."

The Sort of Man.

"Mamie's admirer is a manufacturer of umbrellas."

"I see: a sort of rain beau."

Backache

Yager's Liniment is excellent for any kind of pain or congestion. It quickly relieves backache and rheumatic pains, and is a splendid remedy for Neuralgia, Sciatica, chest pains, sprains, strains, swellings and enlargements.

Keep a bottle in your home for emergencies — you never can tell when you will require something of the sort.

35c Per Bottle AT ALL DEALERS

Each bottle contains more than the usual 50 cent bottle of liniment.

YAGER'S LINIMENT RELIEVES PAIN

GILBERT BROS. & CO.
BALTIMORE, MD.

For Constipation Carter's Little Liver Pills will set you right over night.

Purely Vegetable

Small Pill, Small Dose, Small Price

Carter's Iron Pills

Will restore color to the faces of those who lack Iron in the blood, as most pale-faced people do.

WHY NOT UTILIZE YOUR

SPARE TIME

And Sell Our Fertilizers in Your Locality

A large, pleasant and profitable business can be worked up with a small effort on your part. We will assist you if you wish in the sale of our brands not only by undertaking an advertising campaign but also by sending one of our representatives to help you.

Write us immediately if interested, before your territory is taken.

THE HUBBARD FERTILIZER COMPANY
802-3-4-5-6 Keyser Building Baltimore, Maryland
BRANCH: SEARSPORT, ME.

BRONCHIAL TROUBLES

Soothe the irritation and you relieve the distress. Do both quickly and effectively —by promptly using a dependable remedy—

PISO'S

VICTORY BREAD FOR AMERICANS

Hoover's First Step to Save Food For Our Allies.

PRESIDENT'S PROCLAMATION

New War Bread To Consist Of 80 Per Cent. Of Wheat Flour, With 20 Per Cent. Of Some Other Cereal.

Washington.—One barrel of flour in every three now in this country must be shipped to Europe if the present food crisis in Great Britain and France is to be met and in order to satisfy this imperative demand President Wilson called upon the American people to reduce their consumption of wheat products 30 per cent.

"Victory bread" is Mr. Hoover's first step toward securing the 75,000,000 bushels of wheat which must be supplied to Great Britain and France to win the war with Germany.

"Victory bread" in its final form will consist of 80 per cent. of wheat flour, together with 20 per cent. of some other cereal, such as cornmeal, corn starch, corn flour, barley flour, buckwheat flour, potato flour, sweet potato flour or any other cereal which can be used in connection with wheat flour.

The country is to be educated up to use of the flour gradually. Beginning Monday, bakers will be compelled under their license regulations, to mix 5 per cent. of other cereals with their wheat flour, and this minimum must be gradually increased until Sunday, February 24, when the real "Victory bread" will be here.

Housewives who bake their own bread cannot be reached by the Lever law, as can bakers, but they are strongly urged for their country's sake to follow the rules imposed on the bakers in making bread. Housewives are urged when they buy flour to buy an equal amount of any of the cereal flour and retailers are directed to sell wheat flour only with an equal weight of other cereals. Graham or white wheat bread will be also known as "Victory bread" because, containing as they do 25 per cent. more of the wheat grain than ordinary white bread, they, too, will serve the purpose of saving wheat flour.

HOOVER'S STATEMENT.

The Food Administration's statement follows:

"The following is a summary of the rules that have been formulated by the United States Food Administration, with the approval of the President, in order to effect the further conservation in foodstuffs necessary to support the Allies and our own armed forces over the next four months.

"The effectiveness of these rules is dependent solely upon the good will of any the willingness to sacrifice by the American people. In the last analysis the success or failure of any plan such as that here outlined rests with the people. We are dependent upon the co-operation of the trades. We have but one police force—the American woman—and we depend upon her to organize in co-operation with our state and local food administrators to see that these rules are obeyed by that small minority who may fail. Part of the rules will be enforced under the Lever Food Act; other parts are voluntary, and will depend for their success upon public sentiment. Our experience hitherto has shown a willingness of the vast majority of the consumers, and a full co-operation of the trades, to undergo the self-sacrifice necessary to render such measures effective. The small minority who refuse to co-operate should not be allowed to defeat the nation's necessities.

RULES FOR CONSUMERS.

"1. As their part in reducing the consumption of wheat flour the consumers of the country are called upon, in purchasing such flour, to buy at the same time an equal weight of the other cereals (corn meal, corn starch, corn flour, hominy, corn grits, barley flour, rice, nice flour, oatmeal, rolled oats, buckwheat flour, potato flour, sweet potato flour, soya bean flour and feterita flours and meals). The housewife may use these products separately in making bread, cakes and pastry, or mix them as she thinks best.

"The retailers are to sell wheat flour only with an equal weight of these other cereals.

"2. Consumers will be able to obtain mixed cereal bread from their bakers, who will be required under the license regulations to mix 5 per cent. of other cereals with their wheat flour, both in bread and rolls, and will be required gradually to increase this substitution until, beginning February 24, a minimum of 20 per cent. of such cereals is to be used. The Food Administration strongly urges on consumers the buying of this bread, which will be known as Victory bread, and will contain not less than 20 per cent. of cereals other than wheat. Graham or whole wheat bread will also be given that name, because, containing as they do 25 per cent. more of the wheat grain than ordinary white bread, they too will serve the purpose of saving wheat flour.

"If you bake bread at home use wheat substitutes; if you buy it, buy only Victory bread.

"3. Manufacturers of macaroni, spaghetti, noodles, crackers, breakfast foods, pie, cake and pastry are not to purchase to exceed 70 per cent. of the wheat flour they used during the corresponding months of 1917. These manufacturers will be performing a patriotic service by using cereals other than wheat in their productions.

"4. Wholesalers will be required, under license regulations, not to buy more than seventy per cent. (70 per cent.) of their purchases of flour from millers as based on their purchases for the corresponding months of the preceding year, and their sales to the retail trade must be in the proportion of one pound of wheat flour to one pound of other cereals, this being the same proportion in which the retailer sells to the consumer, unless the wholesaler satisfies himself that the substitutes have been already purchased from another source.

"A ruling has been made that in making any combination sales under this program, dealers shall name a price for each of the articles so sold which shall not represent more than a normal pre-war profit or any one of the articles sold.

"5. Millers of flour are to distribute their output through their customary channels and markets in such a manner that each city, town and district may receive its usual proportion. The wheat millers have been required to produce one barrel of flour (196 pounds) from 264 pounds of wheat. This is a white flour and represents from two per cent. (2 per cent.) to four per cent. (4 per cent.) higher extraction than from last year's harvest.

"6. To assist further in conservation, Monday and Wednesday of each week are to be observed as wheatless days, and one meal of each day as a wheatless meal. This applies both in the home and in the public eating place, and one meal of each day as a wheat-crackers, pastries, macaroni, breakfast foods, or other cereals containing wheat should be used. The only exception to this is such small amounts of flour as may be needed for thickening soups or gravies or as a binder in corn bread or other cereal foods.

"7. On wheatless days and at wheatless meals the Food Administration urges that bread baked in the home be other than wheat bread. Where bread is purchased, either for use in public eating places or in the home, Victory bread should be used if no wheat substitutes can be found.

"The Federal Food Administrator in each state will announce the meal to be observed as a wheatless meal in his state. If no meal is designated the United States Food Administration prefers that the evening meal be wheatless.

"8. It is further desired, in order that meat and pork products be conserved, that one meatless day (Tuesday) in every week, and one meatless meal in every day, be observed, and, in addition, two porkless days (Tuesday and Saturday) in every week be strictly kept. By 'meatless' is meant without hog cattle or sheep products. On other days use mutton and lamb in preference to beef or pork. By 'porkless' is meant without pork, bacon, ham, lard or pork products, fresh or preserved. Use fish, poultry and eggs.

"9. For local situations where exceptions are necessary application should be made to the state food administrators."

NAVAL STATION BLAST KILLS 8.

Ten Others Buried In Ruins At Newport Rhode Island.

Newport, R. I.—Three bombproofs at the naval torpedo station here were wrecked by an explosion of fulminate of mercury. At least eight civilian employes were killed and seven were injured, one probably fatally. Ten others were buried in the ruins in the heavily concreted structures and little hope was expressed that many of them would be removed alive. Capt. Edward L. Beach, commandant of the station, said none of the survivors was able to give an account of what had happened, but there was no doubt, he asserted, that the explosion was accidental.

K. OF P. INSURANCE.

Supreme Court Reverses Decree Against The Order.

Washington.—Federal court decrees denying the right of the Supreme Lodge, Knights of Pythias, to increase assessments in insurance of the "endowment class" under its by-laws as amended in 1888 were set aside by the Supreme Court.

MORE FUELLESS DAYS.

Bad Weather May Make Further Coal Economy Necessary.

Washington.—Dr. Harry A. Garfield, national fuel administrator, told a mass-meeting of 7,000 persons in Billy Sunday's Tabernacle that if the bad weather continued there might be more fuelless days.

MORE FUNDS FOR BELGIUM.

Credits To the Allies Now Total $4,247,400,000.

Washington.—Belgium got another credit of $9,000,000, making her total loans from the United States $86,400,000. Total credits to all the Allies now are $4,247,400,000.

PROCLAMATION ON FOOD CONSERVATION.

Many causes have contributed to create the necessity for a more intensive effort on the part of our people to save food in order that we may supply our associates in the war with the sustenance vitally necessary to them in these days of privation and stress. The reduced productivity of Europe because of the large diversion of manpower to the war, the partial failure of harvests and the elimination of the more distant markets for foodstuffs through the destruction of shipping places the burden of their subsistence very largely on our shoulders.

The Food Administration has formulated suggestions which, if followed, will enable us to meet this great responsibility without any real inconvenience on our part.

In order that we may reduce our consumption of wheat and wheat products by 30 per cent—a reduction imperatively necessary to provide the supply for overseas—wholesalers, jobbers and retailers should purchase and resell to their customers only 70 per cent. of the amounts used in 1917. All manufacturers of alimentary pastes, biscuits, crackers, pastry and breakfast cereals should reduce their purchases and consumption of wheat and wheat flour to 70 per cent. of their 1917 requirements, and all bakers of bread and rolls to 80 per cent. of their current requirements.

Consumers should reduce their purchases of wheat products for home preparation to at most 70 per cent. of those of last year, or, when buying bread, should purchase mixed cereal breads from the bakers.

To provide sufficient cereal food homes, public eating places, dealers and manufacturers should substitute potatoes, vegetables, corn, barley, oats and rice products and the mixed cereal bread and other products of the bakers which contain an admixture of other cereals.

In order that consumption may be restricted to this extent Mondays and Wednesdays should be observed as wheatless days each week, and one meal each day shoul be observed as a wheatless meal.

In both homes and public eating places, in order to reduce the consumption of beef, pork and sheep products, Tuesday should be observed as meatless day in each week, one meatless meal should be observed in each day; while, in addition, Saturday in each week should further be observed as a day upon which there should be no consumption of pork products.

A continued economy in the use of sugar will be necessary until later in the year.

It is imperative that all waste and unnecessary consumption of all sorts of foodstuffs should be rigidly eliminated.

The maintenance of the health and strength of our own people is vitally necessary at this time, and there should be no dangerous restriction of the food supply; but the elimination of every sort of waste and the substitution of other commodities of which we have more abundant supplies for those which we need to save will in no way impair the strength of our people and will enable us to meet one of the most pressing obligations of the war.

I, therefore, in the national interest, take the liberty of calling upon every loyal American to take fully to heart the suggestions which are being circulated by the Food Administration and of begging that they be followed. I am confident that the great body of our women who have labored so loyally in co-operation with the food Administration for the success of food conservation will strengthen their efforts and will take it as a part of their burden in this period of national service to see that the above suggestions are observed throughout the land.

WOODROW WILSON.

The White House, 18 January, 1918.

INDICTED FOR THEFT OF $65,000.

Man Held In Denver Charged With Stealing Liberty Bonds.

Dallas, Texas.—W. F. Drummond, held at Denver, Colo., was indicted by a Federal grand jury here for alleged theft of Liberty bonds from the Dallas Federal Reserve Bank. The indictment, which is on three counts, charges that he stole 65 $1,000 bonds.

BANK RESERVE INCREASES GAIN.

New York Clearing House Shows $29,005,520 Gain In Week.

New York.—The actual condition of Clearing House banks and trust companies for the week shows that they hold $96,681,750 reserve in excess of legal requirements. This is an increase of $29,005,520 from last week.

GREEN'S AUGUST FLOWER

has been a household remedy all over the civilized world for more than half a century for constipation, intestinal troubles, torpid liver and the generally depressed feeling that accompanies such disorders. It is a most valuable remedy for indigestion or nervous dyspepsia and liver trouble, bringing on headache, coming up of food, palpitation of heart and many other symptoms. A few doses of August Flower will immediately relieve you. It is a gentle laxative. Ask your druggist. Sold in all civilized countries.—Adv.

Well Named.

Private A.—Wot kind of cigarette have you got?

Private B. (handing him one)—Flor de Pershing.

Private A. (takes a few puffs and throws it away, remarking)—They would floor better men than Pershing.

RECIPE FOR GRAY HAIR.

To half pint of water add 1 oz. Bay Rum, a small box of Barbo Compound, and ¼ oz. of glycerine. Any druggist can put this up or you can mix it at home at very little cost. Full directions for making and use come in each box of Barbo Compound. It will gradually darken streaked, faded gray hair, and make it soft and glossy. It will not color the scalp, is not sticky or greasy, and does not rub off. Adv.

An Apt Student.

A young woman who went to Columbia to take her degree of doctor of philosophy married her professor in the middle of her second year. When she announced her engagement one of her friends said:

"But, Edith, I thought you came up here to get your Ph-D."

"So I did," replied Edith; "but I had no idea I would get him so soon."

"Cold In the Head"

is an acute attack of Nasal Catarrh. Persons who are subject to frequent "colds in the head" will find that the use of HALL'S CATARRH MEDICINE will build up the System, cleanse the Blood and render them less liable to colds. Repeated attacks of Acute Catarrh may lead to Chronic Catarrh.

HALL'S CATARRH MEDICINE is taken internally and acts through the Blood on the Mucous Surfaces of the System.

All Druggists 75c. Testimonials free.

$100.00 for any case of catarrh that HALL'S CATARRH MEDICINE will not cure.

F. J. Cheney & Co., Toledo, Ohio.

The Most Valuable Book.

The Medico Laurentian museum of Florence, Italy, has in its possession what is said to be the most valuable book in the world. This book is called the "Codex Amiatinus" and is pronounced by some scholars to be perhaps the oldest and by all odds the best ancient Latin manuscript of the Bible. The work is believed to have been copied from the translation by St. Jerome, which he made direct from early Greek and Hebrew scripts. Its origin is placed in the ninth century, and is thought to have been the handiwork of English priests.

Dr. Peery's "Dead Shot" is powerful but safe. One dose is enough to expel Worms or Tapeworm. No castor oil necessary. Adv.

Pathetic.

"What is more pathetic," asked the sentimental young woman, "than a man who has loved and lost?"

"Well,' replied the man of experience," a fellow who has bet about $20 on a sure thing and found out that he was wrong is entitled to a nook at the wailing place."

Proving It.

"Jubbe is a man of great promise."

"Hm! So, he's been borrowing from you, too."

Atlanta has increased salaries of 1,444 city employees.

Back Given Out?

Housework is too hard for a woman who is half sick, nervous and always tired. But it keeps piling up, and gives weak kidneys no time to recover. If your back is lame and achy and your kidneys irregular; if you have "blue spells," sick headaches, nervousness, dizziness and rheumatic pains, use Doan's Kidney Pills. They have done wonders for thousands of worn out women.

A Virginia Case

"Every Picture Tells a Story"

Mrs. P. T. Timberlake, 3 S. Rowland St., Richmond, Va., says: "I suffered for months with frequent spells of cramps in my hands, feet and limbs and was almost helpless for a long time. I don't know how I ever stood the knife-like pains that shot through my body. After I had used thirteen boxes of Doan's Kidney Pills I was cured entirely and I have enjoyed better health since then, than I ever had before."

Get Doan's at Any Store, 60c a Box

DOAN'S KIDNEY PILLS

FOSTER-MILBURN CO., BUFFALO, N. Y.

PATENTS Watson E. Coleman, Washington, D.C. Books free. Highest references. Best results.

Any business is better than loafing; but lots of men don't know it.

Coated tongue, vertigo and constipation are relieved by Garfield Tea. Adv.

Some men who imagine they are cut out for politicians are poor fits.

Piles Cured in 6 to 14 Days

Druggists refund money if PAZO OINTMENT fails to cure Itching, Blind, Bleeding or Protruding Piles. First application gives relief. 50c.

Furniture.

"I'd like to visit the weather bureau."

"That isn't a weather bureau. It's an ice chest."

Wright's Indian Vegetable Pills contain nothing but vegetable ingredients, which act gently as a tonic and purgative by stimulation and not by irritation. Adv.

Ought to Have.

"He hasn't the ghost of a chance with that girl."

"I don't see why not, when he is a lad of spirit."

Bread is the staff of life, but the roll of fame is something else.

Stoppage of the bowels

More cattle die of paralysis of the bowels and being drenched than from all other bowel troubles

Dr. David Roberts' LAXOTONIC, Price 50c fed dry on the tongue will overcome paralysis and stoppage of the bowels thus avoiding drenching which is dangerous in itself.

Read the Practical Home Veterinarian head for free booklet on Abortion In Cows

If no dealer in your town, write Dr. David Roberts' Vet. Co. 100 Grand Avenue, Waukesha, Wis.

MOTHER GRAY'S SWEET POWDERS FOR CHILDREN

Relieve Feverishness, Constipation, Colds and correct disorders of the stomach and bowels. Used by Mothers for 31 years. All Druggists, 25c. Sample mailed FREE. Address A. S. OLMSTED, Le Roy, N. Y.

TRADE MARK.

Soldiers Soothe Skin Troubles with Cuticura

Soap 25c. Ointment 25c & 50c

Names and Addresses for sale. A list of 3300 automobile owners in Lincoln, Nebraska and vicinity. Corrected within 60 days. Price $16.50. FAITH C. PEEKE, College View, Nebr.

W. N. U., BALTIMORE, NO. 5--1918.

SELF DEFENSE

Defeat Backache and Kidney Trouble With Anuric

Many people in this section have suffered from rheumatism and kidney trouble and have found that Anuric was the most successful remedy to overcome these painful and dangerous ailments.

The lucky people are those who have suffered, but who are now well because they heeded nature's warning signal in time to correct their trouble with that wonderful new discovery of Dr. Pierce's called "An-u-ric" (double strength). You should promptly heed these warnings, some of which are dizzy spells, backache, irregularity of the urine or the painful twinges of rheumatism, sciatica or lumbago. To delay may make possible the dangerous forms of kidney disease, such as stone in the bladder. If you want quick relief buy Anuric now (60c a package)—or send Dr. Pierce 10c for trial pkg. This will prove that "Anuric" eliminates uric acid as hot water melts sugar.

Maryland Folks Testify

Brunswick, Md.—"Several months ago I was taken with a severe pain in the small of my back. I saw an advertisement in some newspaper of Dr. Pierce's Anuric Tablets, and was so impressed with it, thought they would possibly be beneficial in my case, and knowing the high reputation of all Dr. Pierce's remedies I immediately sent for a trial package of the Anuric Tablets and began taking them as soon as received, and in a very short time was relieved of the trouble. I believe this remedy, like all Dr. Pierce's remedies, to be everything that is claimed for it."—F. G. HOAR.

Dr. Pierce's reputation is back of this new medicine and you know that his Pleasant Pellets for the liver, his Golden Medical Discovery for the blood, and his Favorite Prescription for the ills of women have had a splendid reputation for the past 50 years.

—that's what thousands of farmers say, who have gone from the U. S. to settle on homesteads or buy land in Western Canada. Canada's invitation to every industrious worker to settle in Manitoba, Saskatchewan or Alberta is especially attractive. She wants farmers to make money and happy, prosperous homes for themselves by helping her raise immense wheat crops to feed the world.

You Can Get a Homestead of 160 Acres Free

or other lands at very low prices. Where you can buy good farm land at $15 to $30 per acre that will raise 20 to 45 bushels of $2 wheat to the acre—it's easy to become prosperous. Canadian farmers also grow wonderful crops of Oats, Barley and Flax. Mixed Farming is fully as profitable an industry as grain raising. The excellent grasses, full of nutrition, are the only food required either for beef or dairy purposes. Good schools and churches; markets convenient; climate excellent. Write for literature and particulars as to reduced railway rates to Supt. of Immigration, Ottawa, Canada, or to

J. P. JAFFRAY,
Cor. Walnut & Broad Sts., Philadelphia, Pa.
Canadian Government Agent

160 ACRE FARMS IN WESTERN CANADA FREE