

CRISIS OF WOMAN'S LIFE

Change Safely Passed by Taking Lydia E. Pinkham's Vegetable Compound.

Wagoner, Okla.—"I never get tired of praising Lydia E. Pinkham's Vegetable Compound because during Change of Life I was in bed two years and had two operations, but all the doctors and operations did me no good, and I would have been in my grave today had it not been for Lydia E. Pinkham's Vegetable Compound."

which brought me out of it all right, so I am now well and do all my housework, besides working in my garden. Several of my neighbors have got well by taking Lydia E. Pinkham's Vegetable Compound."

Such warning symptoms as sense of suffocation, hot flashes, headaches, backaches, dread of impending evil, timidity, sounds in the ears, palpitation of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness and dizziness should be heeded by middle-aged women. Lydia E. Pinkham's Vegetable Compound has carried many women safely through the crisis.

Too Model.

"I think you have a model apartment."

"Yes; my husband says it's a model of the real thing."

ELIXIR BABEK WORTH ITS WEIGHT IN GOLD IN THE PHILIPPINES.
"I contracted malaria in 1906, and after a year's fruitless treatment by a prominent Washington physician, your Elixir Babek entirely cured me. On arriving here I came down with tropical malaria—the worst form—and sent home for Babek. Again it proved its value—it is worth its weight in gold here." Braze O'Hagan, Troop E, 5th U. S. Cavalry, Bataan, Philippines.

Elixir Babek, 50 cents, all druggists or by Parcel Post, prepaid, from Kloczewski & Co., Washington, D. C.

No Amateur Stuff.

"The Browns have invited us to dinner."

"Good. I'd rather eat there than anywhere else."

"Why?"

"All the vegetables they serve were raised by professionals."

Danger From Lightning.

Be careful about carrying pitchforks or umbrellas during a thunder shower or of seeking the protection of trees. Keep away from the stove or the fireplace. Pull your bed away from the walls into the center of the room if the storm is violent and place a plate or cup beneath each bedpost. Glass is a nonconductor. Trees, water, iron and copper are conductors.—Green's Fruit Grower.

Time to Get Ready.

The other day a man telephoned to the draft selection board for Marion county outside of Indianapolis and asked whether it is necessary to have the wife's signature on an affidavit for an exemption claim. He was told it is necessary if he is claiming exemption on the ground that his wife is dependent on him.

"Won't anyone else do?" the inquirer asked. "My wife says she won't sign it."

The board member told the man that the best thing he could do was to "get ready to go."

Reproof Not Effective.

The new maid would not rise early enough. Gentle reproof seemed vain and finally the master and mistress tried the infernal method of blame and left the damsel asleep whilst they prepared the breakfast for themselves.

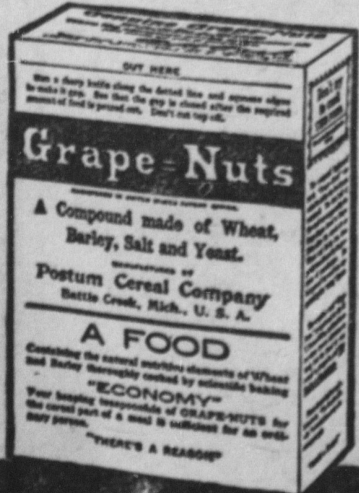
"We'll shame her to it," said the master.

Not a word was said until nine o'clock the same evening, when the girl tapped at the door of the sitting room.

"Is there anything else I can do, mum?" she respectfully inquired.

There was nothing and she turned to go to bed, but at the door remembered something.

"If you're down before me in the morning, mum," she observed, "you'll find the eggs in the larder in the pantry."



The wholesome nutrition of wheat and barley in most appetizing form

SQUEEZE PLAY POPULAR WITH MANAGERS



THREE MANAGERS WHO FAVOR PECULIAR PLAY.

Bill Donovan of the Yankees, Jack Barry of the world's champion Red Sox and Hugh Bezdek, the new manager of the Pirates, are frequent users of the squeeze play. In the first few games of the season the Red Sox conquered the Yankees twice by using this method of scoring. Since then Donovan has worked the squeeze play often and has won a number of close battles with it. Bezdek signals for the squeeze play nearly every time a runner reaches third with only one or none out.

DIAMOND NOTES

Detroit is the best offensive team in the country.

Walter Johnson is still the strike-out king of his league.

Oscar Vitt is hitting much better this year than he did last.

In Pittsburgh the critics say that Infielder Debus is another Arthur Devlin.

Wambsgans of Cleveland is one of the best second basemen in fast company.

The Reds had two reversals of form. One when they went up and one when they came down.

New Yorkers are petitioning for Sunday baseball. Ought to go slowly, they might demoralize that pious city.

Baseball is gaining in favor in Britain, due to Uncle Sam's entry into the war. War is a great educator.

Lee Fohl's accusation that the White Sox are using unfair tactics is not creating much of a furor in the East.

If Pete Kilduff continues to perform wonders around short for the Cubs, Chuck Wortman will soon be hunting a new job.

Grover Land, former catcher for St. Paul, and well-known in big league circles, is doing the receiving for Virginia, Minn.

The work of Larry Cheney and Gene Packard must make great reading for Charley Weegman these sizzling August days.

Shakeups in the Robins, Phillies, Braves and Cubs are surely coming. Some of the old-timers on these teams will walk the plank.

Although hurling for a near fallender, Art Nehf of the Braves threatens to win the season's National league pitching honors.

Babe Borton, former White Sox, Yankee, Brown and St. Louis Fed first baseman, was seriously injured the other day on the Pacific coast.

There is certainly nothing rum about Rumbler, star pinch hitter of the St. Louis Browns. He isn't called upon to perform very often, but when he does it, gee, how he do do it!

Catchers are doing some heavy hitting in the National league this season. Bill Fisher of the Pirates, Tom Clarke of the Reds, and Bill Rariden of the Giants, are all in the .300 class.

The Pirates will not get very high this year, but the team is young and quite sure to improve. In two or three years the Pittsburgh club may be back in the place of prominence which Fred Clarke's team formerly held.

Powell, the new outfielder of the Boston Braves, has long been regarded as one of the greatest outfielders in the International league. He once got a tryout with the Tigers. When he hits the ball he "hits it a mile."

If the Giants win the National league pennant, who will have the honor of pitching the first game, Schupp or Salee? The former did some great work early in the season, but the veteran has been coming along in fine style recently.

ODD STEALING STUNT

Stealing third on a pitcher without the twirler delivering the ball was the odd stunt at a game between the Crescent Athletic club team of Brooklyn, N. Y., and an organization of collegians this year.

The funny part of the play was that the baserunner probably didn't intend to steal right then at all. In the course of the pitcher's elaborate windup, the ball slipped through his fingers and bobbed over his shoulder, landing about fifteen feet behind him.

The runner was off like a shot. The second baseman and the pitcher both went after the ball, the latter getting there first. The runner reached third long before the ball did.

The pitcher's team-mates were slightly incensed over the incident.

BILL DINEEN AS A PITCHER

Better Than Umpire, Says Donnie Bush When Arbitrator Made Remarks About Tiger Heavers.

During a Detroit-Athletic game at Philadelphia, when the Tiger pitchers were getting bumped, Umpire Bill Di-



Donnie Bush.

neen tried to pass a few appropriate remarks about the pitching of the Detroit heavers.

"I could certainly pitch better than that myself, if I went into the box today," Dineen told Bush as Donnie came to bat.

"Yes," answered Bush, "and I wish you were out there pitching. I haven't made four hits in one day since you quit, and you know that I made that off you in one game. At that you were a better pitcher than you are umpire."

WILL DIE A NATURAL DEATH

Dave Davenport, Who Had Narrow Escape Last Winter, Gets Hard Slam in His Short Ribs.

Pitcher Dave Davenport of the Browns seems destined to die a natural death. He exploded a load of buckshot into his anatomy last winter and it didn't faze him. The other day in batting practice he was struck in the short ribs by a ball coming at a terrific clip and crumpled up like a dead man, but soon was up and on his feet. Examination by a physician revealed that he had suffered no serious injury, though the blow might have put an ordinary man in the hospital.

MINNESOTA DRUGGIST PRAISES DR. KILMER'S SWAMP-ROOT

I believe you have a splendid, reliable kidney, liver and bladder medicine in Dr. Kilmer's Swamp-Root, and my customers who have taken it during the past thirty-six years have nothing but praise for what it accomplished for them. On account of the splendid reputation which it enjoys in the trade I have no hesitancy in recommending it for the troubles for which it is intended.

Yours very truly,
J. G. SIEBEN, Druggist,
Sept. 21, 1916.
Hastings, Minn.

Letter to Dr. Kilmer & Co., Binghamton, N. Y.

Prove What Swamp-Root Will Do For You. Send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample size bottle. It will convince anyone. You will also receive a booklet of valuable information, telling about the kidneys and bladder. When writing, be sure and mention this paper. Large and medium size bottles for sale at all drug stores.—Adv.

The Difference. The wife looked at her dress materials just sent with evident dissatisfaction. "There is no body in my purchase," she said.

Her husband opened his parcel, laid in with a view to future emergencies, and sighed with satisfaction. "There's lots of spirit in mine," he smiled.

It's a pity a man can't get a pair of suspenders to hold up his reputation as well as his suspenders.

Washington is to have a new 500-room hotel, to cost \$3,000,000.

Canadian Farmers Profit From Wheat

The war's devastation of European crops has caused an unusual demand for grain from the American Continent. The people of the world must be fed and wheat near \$2 a bushel offers great profits to the farmer. Canada's invitation is therefore especially attractive. She wants settlers to make money and happy, prosperous homes for themselves by helping her raise immense wheat crops.

160 ACRE FARMS IN WESTERN CANADA FREE

You can get a Homestead of 160 acres FREE and other lands at remarkably low prices. During many years Canadian wheat fields have averaged 20 bushels to the acre many yields as high as 45 bushels to the acre. Wonderful crops also of Oats, Barley and Flax.

Obviously. "Who planned the ventilating system for the building?" "Some draftsman, I suppose."

Good for the Liver. Spinach and dandelions used in small proportions daily for 21 days will correct liver complaints.

Our ideal of a true hero is the man who brings a friend home to dinner on washday.

Children Cry For Fletcher's CASTORIA

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS Bears the Signature of

In Use For Over 30 Years

The Kind You Have Always Bought

WHERE HE LOST INTEREST

Working Man Couldn't See Where There Were Any Bones to Be Left From His Sunday Joint.

For half an hour the working-class audience had listened patiently to the talented lady who was speaking to them about economical and nourishing cookery. She had talked about eggless puddings and butterless cakes, and now said, with a smile: "I will now tell you about a splendid soup which can be made for next to nothing. Take the bones left over from your Sunday joint—"

SOOTHES ITCHING SCALPS

And Prevents Falling Hair Do Cuticura Soap and Ointment.

On retiring, gently rub spots of dandruff and itching with Cuticura Ointment. Next morning shampoo with Cuticura Soap and hot water using plenty of Soap. Cultivate the use of Cuticura Soap and Ointment for everyday toilet purposes.

A Slow One.

Mary—He'd make you a model husband.
Elsie—Yes, last year's model.

Seized Her Opportunity.

For nine long years he had been wooing the fair daughter of the farm. "Jennie," he mused, as they sat on the old fence. "I read the other day that in a thousand years the Lakes of Killarney will dry up."

WHENEVER YOU NEED A GENERAL TONIC TAKE GROVE'S

The Old Standard Grove's Tasteless child Tonic is equally valuable as a general Tonic because it contains the well known tonic properties of QUININE and IRON. It acts on the Liver, Drives out Malaria, Enriches the Blood and Builds up the Whole System. 60 cents.

Nothing to It.

"What is this rumor I hear of your having inherited vast estates?" "Groundless."

St. Louis claims 905,650 population; directory estimate.

A GUARANTEED REMEDY FOR HAY FEVER--ASTHMA

Your SOBBY WILL BE REPOSED by your druggist without any question if this remedy does not benefit every case of Asthma, Bronchitis, Hay Fever, and the Asthmatic symptoms accompanying Hay Fever, no matter how violent the attacks or obstinate the case.

DR. R. SCHIFFMANN'S ASTHMADOR

AND ASTHMADOR CIGARETTES

positively gives INSTANT RELIEF in every case and has permanently cured thousands who had been considered incurable, after having tried every other means of relief in vain. Asthmatics should avail themselves of this guarantee offer through their druggist. Buy a 5-cent package and present this testimonial to your druggist. You will be the sole judge as to whether you are benefited and the druggist will give you back your money if you are not. We do not know of any fair proposition which we could make.

R. Schiffmann Co., Proprietors, St. Paul, Minn.

W. N. U., BALTIMORE, NO. 37-1917.