BILIOUS, HEADACHY, ALL ARE ABLE MEN SICK "CASCARETS"

Gently cleanse your liver and sluggish bowels while you sleep.

Get a 10-cent box.

Sick headache, biliousness, dizziness, coated tongue, foul taste and foul breath-always trace them to torpid liver; delayed, fermenting food in the bowels or sour, gassy stomach.

Poisonous matter clogged in the intestines, instead of being cast out of the system is re-absorbed into the blood. When this poison reaches the delicate brain tissue it causes congestion and that dull, throbbing, sickening headache.

Cascarets immediately cleanse the stomach, remove the sour, undigested food and foul gases, take the excess bile from the liver and carry out all the constipated waste matter and poisons in the bowels.

A Cascaret to-night will surely straighten you out by morning. They work while you sleep-a 10-cent box from your druggist means your head clear, stomach sweet and your liver and bowels regular for months. Adv.

An English scientist has discovered that Eskimos have two more ribs than any other human race.

Whenever You Need a General Tonic Take Grove's

The Old Standard Grove's Tasteless chill Tonic is equally valuable as a General Tonic because it contains the well known tonic properties of QUININE and IRON. It acts on the Liver, Drives out Malaria, Enriches the Blood and Builds personal. up the Whole System. 50 cents.

In the near future wireless apparatus will be installed in all important police stations.

Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it

Bears the Signature of Calf Vilitaire. In Use for Over 30 Years. Children Cry for Fletcher's Castoria

When a dentist is buried he has filled his last cavity.

As we grow more sensible, we refuse drug cathartics and take instead Nature's herb cure, Garfield Tea. Adv.

INTERESTING CITY OF PERSIA

Yezd Probably the Most Up-to Date Place That Is Under the Rule

Yezd is quite the most progressive and up-to-date city of Persia. It is not much of a goal for the traveler who seeks the exotic, the flavor of the Orient or the atmosphere of Harun al Rashid's days, but it is interesting as an example of the possibilities and limitations of the modern Persian, and withal full enough of foreign flavor to satisfy the most exacting visitor.

In point of location Yezd can boast few natural advantages. The city lies in a somewhat barren plain, where crops can only be coaxed to grow by the expenditure of much care and the Judicious application of the water that is only obtained with difficulty. The water problem is, in fact, the worst that Yezd has to deal with, for there are no streams with a dependable flow, and water even for drinking must be drawn from the melting snows of the mountains by artificial canals called kanats. In spite of this, the enterprise of the natives has made Yezd quite a producing center and a great point for trade.

An amateur may be a person who has entered the first stage of ignorance.

If a man finds marriage a failure he can put it all in his wife's name.



You Can Snap Your Fingers

at the ill effects of caffeine when you change from coffee to

POSTUM

"There's a Reason"

STRONG COMMISSION APPOINTED BY THE PRESIDENT.

Country Will Have Confidence in Report Made by Body Which Is to Study the Effect of the Adamson Law.

President Wilson, in naming the commission which is to sandy the effect of the Adamson law, has strengthened his position. The entire country has the utmost confidence in General Goethal's ability. As builder of the Panama canal he had plenty of labor problems to solve and he came to know in a very intimate way the relations which must obtain between employer and employee that each may secure the utmost benefit from their co-operation.

Edgar E. Clark, member of the interstate commerce commission, is a practical railroad man. His appointment will please the brotherhoods, for he was grand chief of the Order of Railway Conductors for 16 years. President Roosevelt chose him as one of the commission in the anthracite struggle, and later, appointed him to the interstate commerce commission, where his record was so good that President Wilson continued him in

George Rublee is the lawyer of the new body, and a corporation lawyer at that. He became familiar with raflroads when he was associated with Victor Morawetz, who was formerly general counsel for the Santa Fe. There may be some prejudice against him, but the objections raised against him have been political rather than

On this board, Mr. Rublee can be counted on to represent the opinion of the railroads, Mr. Clark the viewpoint of the employees, General Goethals that of the government.

Country's Faith in Democrats. Campaigns may come and go; wars and rumors of wars fill the earth; the Democrats may capture the offices and hold tight to them; a new program may be absolutely necessary to put the Republican party back upon the map, but there is always one issue of whose true-fixed and resting quality there is no fellow in the firmament. To the tariff be true, and it must follow, as the night the day, you will "come back." It is a pity that even one voice should sound a jarring note in this grand old harmony, but who cares for "Gussie" Gardner? Certainly not the leaders of the house Repubevents of the most decade there seems sallors, but for all that, they will be retained in power if we turn our backs on liberal legislation." But only fourteen Republicans voted with him against abandoning the practice of an open conference for the discredited secret caucus, and the "only positive action" taken by the latter was to adopt a resolution offered by Representative Longworth pledging Republicans in the house to support a motion to recommit the Democratic revenue bill and to instruct the ways and means committee to bring in "a

McAdoo's Position Assured.

ward.-New York Evening Post.

protective tariff measure." If the

ghosts of such notable Republicans as

Dolliver haunt Capitol hill, they must

have been deeply affected by the prog-

ress the Elephant has made since the

days when they tried to push him for-

Secretary McAdoo will need neither the office nor its emoluments to secure for him a high place in the history of the treasury department, over which so many great Americans have presided. If he remains, it will be to nurture two great financial systems in the period of their infancy, rather than draw the salary of the office or strut in the glory of it.

As for a lot of cheap sensation mongers running him out, that is simply out of the question. He is not a man to flee from any such pursuit. We cannot tell, of course, just what the situation is, but Secretary McAdoo's retention seems to be demanded by the highest interests of the country, despite the fact that he is now related to the president, but certainly regardless of the small insolent attacks the sensation mongers have made against him.

President Wilson a Busy Man. The president must see many callers, and discuss with them the questions they present-questions of patronage, of party management, of this and the other thing. He might use a day of a thousand hours, and even then find himself crowded for time. If any man thinks that the man who occupies the White House has a task largely ornamental and does not earn his salary, that man will revise his judgment upon a little investigation.

Party Has Learned Nothing. What the average regular Republican thinks of his Progressive brother is well illustrated by the action of the party caucus of members of the house of representatives. When an amiable Progressive suggested that attention should be given in open conference to various humanitarian measures, a motion that the subject of discussion be confined to the holy protective tariff behind closed doors was carried 108 to 15. That is the way things were done at the national convention last of an alley to earn a livelihood in the

TIME TO SAVE ONE'S MONEY

Mistake Is Too Much a General One in Neglecting the Present for the Future.

Presumably every young man knows, as a physical fact, that he can do nothing next year which he cannot in some degree, do today. He will not grow wings or overcome the law of gravitation or subsist without food. But he is always prefiguring a future in which his mind will operate differently. The time will certainly come when he realizes that there is no future, but only an indefinite extension of today. The important question is whether that time will come early enough in life to do him any particu-

A lazy man cannot possibly make himself industrious in the future; or a tippling man, sober; or an extravagant man, economical. If it is done at all he must do it at an immediate present moment-at some "right now!" No man ever saved a penny in the future, or ever will. He has got to save the penny in his hand at the moment or he will be broke to the day of his death, the Saturday Evening Post insists. That is clear enough to anybody who will think about it. To save the penny in hand he must resist the temptation to spend it. Imagining himself next year as resisting the temptation to spend a handful of pennies will do him the same good that the drunkard gets out of imagining himself reformed next year. Every year that he does not resist weakens his ability to resist.

This spending business is as much matter of habit as tippling. It is within the knowledge of everybody who has the ordinary circle of personal acquaintances that, after a certain time, the man who lives up to the limit of his income-which, about nine times out of ten, means a little beyond-accepts that as a normal condition and just automatically spends

whatever he gets. At twenty a man lives largely in an imaginary future. At thirty he seems still to have fairly incalculable powers and opportunities to draw upon. At forty he begins to realize what he fully knows, probably, at forty-fivenamely, that he has already spent his future, in the sense that he has largely shaped and fixed it; so that it will contain nothing essentially different from what he himself has already put into it.

If he can realize by thirty that he is spending his future every day it will be a good thing for him.

Cooking by Instinct.

In the kitchen of an old monastery in France a group of British women, licans, nor the rank and file, either, if all of good education, are cooking and we may judge from their action. To scrubbing and washing up all day long, one who has in mind the political and they have been doing it for many months. The way they cook potatoes some pertinence in his warning: "The is a thing to write poetry about," and Democrats spend money like drunken the French soldiers who have eaten them will tell you that they want to go back to that monastery, which is now a hospital, because the food is so good. Not only do those women cooks of the educated classes cook well, but they are economical.

Another English woman, who before the war knew nothing about cooking. is a past mistress in the art of making apple dumplings, as many an English soldier, as well as a few English sailors, will bear witness. When asked how she learned, she said that a French friend of hers had lent her her cook for 24 hours, and during that time she had made rapid progress in many things. Then there was the bandy man about the canteen, an Englishman, who had lived in France for many years. He taught her a great deal. But as to the tarts and the apple dumplings, she must have learned to make those by instinct, for no one has taught her how to make the paste or keep the apples dry.

Author No Asset.

At a local bazaar they were offering autographed copies of books by Indianapolis authors.

"Here is a very delightful book, suitable for a gift, and autographed by the author. Only a dollar and a half," said the smiling manager of the booth.

prospective purchaser, a little woman who held her tempted purse close to her breast. "Yes, a dollar and a half. The au-

"A dollar and a half!" gasped the

tograph, you know, has an especial "Why, I can get a copy of that

book at a downtown store for a dol-"Yes, I know you can, but not autographed by the author."

The prospective purchaser's face suddenly took on a look of high wisdom and then she blurted: "Oh, well, I know who wrote it, anyhow."-Indianapolis News.

Titled Lady as Shoemaker.

It is an interesting fact that, although the women of the United Kingdom have invaded most employments that formerly were followed chiefly by men, the shoemaking trade has not experienced much change in this respect. Yet, little over a hundred years ago, shoemaking was one of the "employments of high society" in London. Lady Sarah Spencer, in a letter to her brother, written about the year 1808, says: "In the evening we divide our time between music and shoemaking, which is now the staple trade of the family. I am today in a state of great vanity, for I have made a pair of shoes -there is news for you. So if all other trades fail I shall certainly establish myself, cross-legged, at the corner midst of leather, awls, and hammers,"

THE MARKETS

NEW YORK .- Wheat -- Spot weak; No. 2 hard, \$1.86; No. 1 Northern Duluth, \$1.99; No. 1 Northern Manitoba, \$1.97% f o b New York.

Corn-No. 2 yellow, \$1.091/2 c i f New York. Oats-Standard, 66@67c.

Butter - Creamery higher than extras, 42@42½c; extra (92 score), 411/2 asked; firsts, 361/2@41; seconds, 84 1/2 @ 36.

Eggs-Fresh gathered, extra fine, 46 @47c; extra first, 451/2; firsts, 441/2@ 46; seconds and lower grades, 43@44; refrigerator, seconds to firsts, 371/2@ 891/2: nearby hennery whites, fine to fancy, 48; do, brown and mixed colors, 44 1/4 @ 45 1/4.

Cheese-State, whole milk, flats, held, specials, 25@251/2c; do, average fancy, 24 1/2 @ 25.

Poultry-Dressed firm; chickens, 20 @29c; fowls, 17@24; turkeys, 20@34. Live steady; chickens, 20@21c; fowls, 22@23; turkeys, 25.

PHILADELPHIA. - Wheat - No. 2 red, spot \$1.80@1.89; No. 2 Southern red, \$1.84@1.87; do do, steamer, No. 2 red, \$1.82@1.86; do do, No. 3, \$1.82 @1.86; rejected A, \$1.78@1.81; rejected B, \$1.74@1.77.

No. 3 yellow, \$1.12@1.13; No. 4 yellow, \$1.10@1.11; No. 5 yellow, \$1.08@ | No. 2 Northern.

Oats-No. 2 white, 67@671/2c; stand. ard white, 66@661/2c; No. 3 white, 65@ 66c; No. 4 white, 64@65c; sample oats, 61@62c.

Butter - Western, solid - packed creamery, fancy, specials, 44c; do do, extras, 42@43c; extra firsts, 39@40c; firsts, 37@38c; seconds, 35@36c; nearby prints, fancy, 45c; do do, everage extras, 43@44c; do do, firsts, 38@40c; do do, seconds, 35@36c; jobbing sales of fancy prints, 48@51c.

Eggs-Nezrby extras, 45c; nearby firsts, per standard case, \$12.75; nearby current receipts, \$12.45; Western extras, 45c per dozen; do do, extra firsts, \$12.75 per case; do do, firsts, \$12.45; fancy selected, candled, jobbing at 48@51c a dozen.

Live Poultry-Fowls, 20@22c; roost ers, 15@16c; spring chickens, according to quality, 20@22c; white leghorns, according to quality, 19@21c; ducks, as to size and quality, 19@22c; turkeys, 22@24c; geese, 19@22c; pigeons, old, per pair, 28@30c; do do, young, per pair, 20@25c.

Cheese - New York, full cream, fancy, held, 25% @25%c; fair to good, held, 24%@24%c; do do, part skims,

BALTIMORE. - Wheat - Steamer 2 red spot closed at \$1.62 and steamer 2 red Western spot, \$1.66.

Corn-No. 3 white and No. 3 mixed sold at \$1.071/2 bu. Carlots of No. 3 yellow corn, for domestic delivery, are quotable at \$1.08 bu nominal on spot.

Oats-No. 3 white, 65c asked. Rye-No. 2 Western export, \$1.52; No. 3 do, do, \$1.40 nominal; No. 4 do, do, \$1.48 nominal; bag lots, as to quality and condition, \$1.10@1.25.

Hay-No. 1 timothy, \$18.50; No. 2 do. \$17@17.50; No. 3 do, \$14.50@16; light clover mixed, \$16.50; No. 1 do, do, \$16; No. 2 do, do, \$13.50@15.50; No. 1 clover, \$15; No. 2 do, \$13@14; No. 3 do, \$8@9.

Straw-No. 1 straight rye, \$15; No. 2 do, do, \$13.50@14; No. 1 tangled do, \$10.50@11; No. 2 do, do, \$9.50@10; No. 1 wheat, \$9@9.50; No. 2 do, \$8@ 8.50; No. 1 oat, \$9.50; No. 2 do, \$8.50

Butter-Creamery, fancy, 40@41c do, choice, 38@39; do, good, 36@37; do, prints, 40@42; do, blocks, 39@41; Maryland and Pennsylvania rolls, 28@ 29; Ohio rolls, 27@38; West Virginia rolls, 27@28: storepacked, 27; Maryland, Virginia and Pennsylvania dairy prints, 28@29.

Eggs - Maryland, Pennsylvania and nearby firsts, 41@41%c; Western firsts, 41; West Virginia firsts, 41; Southern firsts, 39@39%c. Cold storage eggs are quoted at 35@38c per

Live Poultry-Chickens-Old hens, 4 lbs and over, 21c; do, small to medium, 20; old roosters, 13; young, smooth, fat, 21@22; do, rough and poor, 19@20; do, white leghorns, 20@ 21. Ducks-Young Pekings, 31/2 lbs and over, 21c; do, puddle, do, 20; do, muscovy, do, 20; do, smaller, 18@19. Geese-Nearby, 20@21c; Western and Southern, 19@20; Kent Island, 22@23. Turkeys-Hens, 28@29c; young gobblers, 26@27; old toms, 25; poor and crooked breast, 20@21. Guinea Fowl -Young, 11/2 lbs and over, each, 25c; do, 1@11/4 Pbs, do, 25@30; old, 25.

Dressed Hogs-Choice lightweights, 14%c; do, medium, do, 13%; do, heavy, do, 12@121/2; boars and rough stock, do, 9%@10%.

Live Stock

KANSAS CITY, MO .- Hogs-Bulk, \$11.60@12; heavy, \$11.80@12; packers and butchers', \$11.60@12.10; light, \$11.30@11.85; pigs, \$9.65@11.25.

Cattle-Prime steers, \$11@11.75; dressed beef steers, \$8.75@10.85; Southern steers, \$7@9.50; cows, \$6@ 9.50; heifers, \$7@11; stockers and feeders, \$6.75@10; bulls, \$6.50@8.50; calves, \$7@18.

They Invested Some of Their Spare Money in Canadian Lands.

S. Joseph & Sons, of Des Moines, Iowa, are looked upon as being shrewd, careful business men. Having some Aurora, Ill.—"For seven long months spare money on hand, and looking for I suffered from a female trouble, with a suitable investment, they decided to purchase Canadian lands, and farm it. With the assistance of the Canadian

Government Agent, at Des Moines, Iowa, they made selection near Champlon, Alberta. They put 240 acres of land in wheat, and in writing to Mr. Hewitt, the Canadian Government Agent at Des Moines, one of the members of the firm says:

"I have much pleasure in advising you that on our farm five miles east of Champion, in the Province of Alberta, Canada, this year (1916 we harvested and threshed 10,600 bushels of wheat from 240 acres, this being an average of 44 bushels and 10 pounds to the acre. A considerable portion themselves how good it is."-Mrs. CARL of the wheat was No. 1 Northern, A. Kieso, 596 North Ave., Aurora, Ill. worth at Champion approximately \$1.85 per bushel, making a total return of \$19.610, or an average of \$81.70 per acre gross yields. Needless to say, we are extremely well pleased with our lands."

It might not be uninteresting to read the report of C. A. Wright of Milo, Iowa, who bought 160 acres at Cham-Corn-Carlots, for local trade, as to plon, Alberta, for \$3,300 in December, location, No. 2 yellow, \$1.13@1.14; 1915. He stubbled in the whole lot of it, and threshed 4,487 bushels Grade

Mr. Wright, being a thorough business man, gives the cost of work, and the amount realized. These figures show that after paying for his land and cost of operation he had \$2,472.67

4,487 bushels, worth \$1.55 at \$6,954.85

Champion	\$
Threshing bill, 11c	
per bushel\$	493.57
seed at 95c	144.00
Orilling	160.00
Outting	160.00
Twine	50.00
Shocking	40.00
Hauling to town, 3c.	134.61

Total cost\$1,182.18 Cost of land 3,300.00

\$4,482.18 \$4,482.18

Net profit after paying for farm and all cost of operation\$2,472.67

-Advertisement.

Saving Space. "It is a very small flat." "Well, hubby, you'll just have to keep me folded in your arms."

FALLING HAIR MEANS DANDRUFF IS ACTIVE

Save Your Hair! Get a 25 Cent Bottle of Danderine Right Now-Also Stops Itching Scalp.

Thin, brittle, colorless and scraggy hair is mute evidence of a neglected scalp; of dandruff-that awful scurf. There is nothing so destructive to

the hair as dandruff. It robs the hair of its luster, its strength and its very life: eventually producing a feverishness and itching of the scalp, which if not remedied causes the hair roots to shrink, loosen and die-then the hair falls out fast. A little Danderine tonight-now-any time-will surely save your hair.

Get a 25 cent bottle of Knowlton's Danderine from any store, and after the first application your hair will take on that life, luster and luxuriance which is so beautiful. It will become wavy and fluffy and have the appearance of abundance; an incomparable gloss and softness, but what will please you most will be after just a few weeks' use, when you will actually see a lot of fine, downy hair-new hair-growing all over the scalp. Adv.

The Hitch. "Are you living within your in-

come?" "I am, all right, but the trouble is my wife isn't."

Whenever there is a tendency to constipation, sick headache or biliousness, take a cup of Garfield Tea. All druggists. Adv.

Most men would rather borrow than be caught begging or stealing.

In a man's autobiography there is no such word as fail.

Backache

In spite of the best care one takes of oneself, any part of the human machine is liable to become out of order. The most important organs are the stomach, heart and kidneys.

The kidneys are the scavengers and they work day and night in separating the poisons from the blood. Their signals of distress are easily recognized and in-clude such symptoms as backache, depressions, drowsiness, irritability, head-aches, dizziness, rheumatic twinges, dropsy, gout.

"The very best way to restore the kidneys to their normal state of health," says Dr. Pierce, of Buffalo, N. Y., "is to drink plenty of pure water and obtain from your favorite pharmacy a small amount of Anuric, which is dispensed by almost every druggist." Anuric is inexpensive and should be taken before meals. You will find Anuric more potent than lithin, dissolves uric acid as water does ithia, dissolves uric acid as water does Sugar-coated, tiny granules, easy to take

WHAT A JEWELRY FIRM DID MRS. KIESO SICK SEVEN MONTHS

Restored to Health by Lydia E. Pinkham's Vegetable Compound.



severe pains in my back and sides until I became so weak I could hardly walk from chair to chair, and got so nervous I would jump at the slightest noise. I was entirely unfit to do my housework, I was giving up hope of ever being well, when my sister asked me to

try Lydia E. Pinkham's Vegetable Com-I took six bottles and today I am a healthy woman able to do my own housework. I wish every suffering woman would try Lydia E. Pinkham's Vegetable Compound, and find out for

The great number of unsolicited testimonials on file at the Pinkham Laboratory, many of which are from time to time published by permission, are proof of the value of Lydia E. Pinkham's Vegetable Compound, in the treatment of female ills.

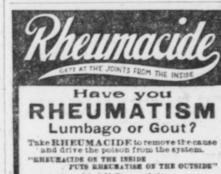
Every ailing woman in the United States is cordially invited to write to the Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass., for special advice. It is free, will bring you health and may save your life.

STOCK LICK IT-STOCK LIKE IT

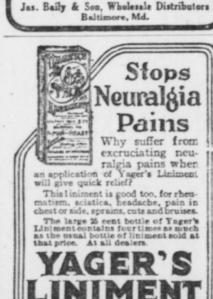


For Horses, Cattle, Sheep and Hogs. Contains Cop-peras for Worms, Sulphur for the Blood, Saltpeter for the Kidneys, Nux, Vomica, a Tonic, and Pure Dairy Salt. Used by Veterinarians 12 years. No Dosing. Drop Brick in feed-box. Ask your dealer for Blackman's or write

BLACKMAN STOCK REMEDY COMPANY CHATTANOOGA, TENNESSEE



At All Druggists



GILBERT BROS. & CO. Baltimore, Md.

The dyspeptic, the debilitated, whether from excess of work of mind or body, drink or ex-MALARIAL REGIONS, will find Tutt's Pills the most genial restora-tive ever offered the suffering invalid.

Salesmen Wanted We can use the services of several responsible men to represent us for the sale of Hoods-Virginia Grown Nursery Stock. Farmers, School Teachers, Students and others can make the work profitable canvassing all or part time Liberal proposition; cash weekly advances; ample territory. Write at once for our SPECIAL OFFER, Outfit free. W. T. HOOD & CO., Ok Deminion Nurseries, Bepl. W. N., Richmead, Ve.

Sheet Music Bargains !! Song hits, successes and catalog of music. P. B. STORY, 1431 Breadway, ... W York

AUTO Owners Hverywhere—Increase mileage; say gasoline; positively guaranteed to prevent carbon; inexpensive. Kasl Co., Sex 184. Michigan City, Ind

METAL SOLDIERS Large set, ppd., only 26a Toy Manufacturing Co., 66 Weld St., Rochester, N. 1

846 ACRE FARM in Albermarie County, Vireginia for \$10.001, complete with stock, crops and machinery. 150 acres finest bottom land. Spiene did ten room house. Large bearing orchard. Edd ward S. Wilder & Co., Charlottesville, Va. W. N. U., BALTIMORE, NO. 7-1917.



BANISHED—pimples, blotches, sores, humors, and eruptions, by Dr. Pierce's Golden Medical Discovery. For a poor complexion, and for the poor blood that causes it, this is the best of all known remedies.

In every disease or discorder of the skin or scalp, in every trouble that comes from impure blood, the "Discovery" is the only medicine sold that does what it promises. Scrofula in all its various forms, Eczema, Telebuncles, Enlarged Glands, and Swellings, and every kindred ailment, are benefited and cured by it.

Cut this out and mail to us with the name of the paper—we will mail you free a medical treatise on above disceases. Address Dr. Pierce's Invalids Hotel, Buffalo, N. Y.

Dr. Pierce's Pleasant Pellets regulate