Thousands Tell It

Why daily along with backache and kidney or bladder troubles? Thousands tell you how to find relief. Here's a case to guide you. And it's only one of thousands. Forty thousand American people are publicly praising Doan's Kidney Pills. Surely it is worth the while of anyone who has a bad back, who feels tired, nervous and run-down, who endures distressing wine distressing with the sure of the case of t who endures distressing urinary disor-ders, to give Doan's Kidney Pills a trial.

A Virginia Case



Get Doan's at Any Store, 50c a Box DOAN'S HIDNEY FOSTER-MILBURN CO., BUFFALO, N. Y.

Effect of Privilege.

Senator Sutherland of Utah was talking about certain "privileged" per-

"I'm a foe to all 'privilege,' he said. "Privilege means trouble. It's like the steamboat captain who had the bar privilege.

"This captain, to whom all the profits went, shouted through his telephone to the engineer:

"'For heaven's sake, Mike, slow her down. We got 'em drinkin' fine.'

10 CENT "CASCARETS" FOR LIVER AND BOWELS

Cure Sick Headache, Constipation Biliousness, Sour Stomach, Bad Breath-Candy Cathartic.

No odds how bad your liver, stomach or bowels; how much your head aches, how miserable you are from constipation, indigestion, biliousness and sluggish bowels-you always get relief 'with Cascarets. They immediately cleanse and regulate the stomach, remove the sour, fermenting food and foul gases; take the excess bile from the liver and carry off the constipated waste matter and poison from the intestines and bowels. A 10-cent box from your druggist will keep your liver and bowels clean; stomach sweet and head clear for months. They work while you sleep .-

IMPORTANT MATTER OF LIGHT

Excellent Reasons Why It Should Always Fall From the Left Side of Writer or Worker.

The well-known fact that, when using the eyes for any near work, the illumination should come from the left side rather than the right, is often disregarded.

Let anyone who considers the matter of little importance once demonstrate to himself the difference and he will never forget it. Take a pencil and paper and try to write while in such a position that the light will fall from the right side.

The shadow of the hand or pencil or both is thrown on the paper in such a way as partly to cover the characters one is making. This necessitates a closer viewpoint and a conscious strain on the eyes. Now let the position of the writer be reversed so that the light falls from the left side.

He will notice that the shadows fall away from the work he is doing, and leave the field unobscured. In making the change he cannot help but notice the feeling of ease that immediately is experienced by the eyes.

This applies to any other kind of near work in which the fingers act under the guidance of the eyes. This fact should be remembered in planning schoolrooms, workrooms, offices and any places where steady, close work is to be performed.

Like the Dodo.

According to the last census the turkey population of the country has fallen off greatly in recent years. One statistician records the sad prediction that the popular bird will before many years be "as scarce as the dodo."

Instead of Worrying

about the high cost of living, just buy a package of

Grape-Nuts

-still sold at the same fair price.

Enjoy a morning dish of this delicious food, and smile over the fact that you've had a good breakfast and

Saved Money

Isn't that a fair start for any day?

Unfailing Source of Help and Satisfaction to Farmer.

First Essential in Breaking Animal for Any Purpose Is to Teach Him to Mind-Pup Learns Quickly What Is Wanted.

Upon farms where stock is kept, a well-broken collie dog is an unfailing source of help and satisfaction, while an unbroken, untrained dog is a continual nuisance. In handling stock with a dog, it is important that the dog be well-trained, and that great care be exercised while the animals are getting used to being managed by him. When those two conditions are fulfilled it is surprising how easily and economically stock can be taken care

The first essential in breaking a dog for any purpose is to teach him to mind. Dogs are intelligent and affectionate animals and are usually gratified to do the will of their master. If possible, an animal should be broken to mind without fear of punish



Friend of Any Farmer.

In breaking dogs to handle stock it is a great advantage to have stock that is used to being driven by a dog, upon which to break the puppy. Stock that is not used to a dog is often easily frightened, or it may fight

It is an excellent plan to have an older and well-broken dog to assist in the training, as dogs are imitative.

The puppy quickly learns what is wanted by association with the older dog. In training dogs avoid shouting. It is as easy to teach them to mind a single word or a whistle, and much more satisfactory, and remember that much more can be accomplished by kindness than harshness.

TEST SEED WITHOUT CHARGE

Department of Agriculture and State Laboratories Will Perform Work for Farmers.

The seed laboratory of the United States department of agriculture, and also the seed laboratories of many of the experiment stations of the state colleges of agriculture, will make without charge tests of alfalfa seed and other seeds both for purity and germination. The test for purity determines the percentage of pure seed

and weed seeds, including dodder. Samples sent to the department should be addressed to the Seed Laboratory. United States Department of Agriculture, Washington, D. C. The name and address of the seller, the year and place of growth, the price paid, and the name and address of the sender of the seed should accompany the sample in so far as this information can be given.

SHED TO STORE THE MANURE

Loss by Leaching When Exposed in Winter Amounts to Considerable Sum-Keep It Covered.

Chemical analysis made during five years at the Ohlo experiment station show that barnyard manure loses about one-half its potassium, one-third its nitrogen and one-fourth its phosphorus when exposed to the weather for three winter months.

At prices prevailing before the European war the fertility constituents in a ton of manure would be worth about \$2. The loss by leaching three months would then amount to about 80 cents. At the present cost of potash the loss would be nearly \$2 from this material alone. A shed to store the manure should pay for itself this win-

FEED VALUE OF SUGAR CORN

Growers of Crop Give It More Attention Than Ordinary Stover-Good Winter Stock Feed.

Large growers of sugar corn think nighly of the fodder derived from this crop and usually give it more care and attention than ordinary stover.

Owing to the sugar it contains, it is a good winter stock feed, since sugar is both fattening and heating. Furthermore, if grown for the cannery or the market trade, it is apt to carry a goodly measure of small

Matured sweet corn possesses practically the same feeding value as field dry

SHAPING UP A STRAW STACK

Few Minutes Spent in Cleaning Up Will Be Well Paid For-Straw Is Valuable Property.

Every straw pile has quite a lot of straw strewn around the stack that will be covered up by snow and pracfically wasted if it is not taken care of. This straw is 7.orth money, and a few hours put in shaping up the stack and picking up the scattered straw will be mighty well spent.

TRAINING COLLIE DOGS HOGS INFESTED WITH WORMS Animal Cannot Produce Pork Economi

cally While in Weakened Condition-Remedy Is Given.

A hog that is infested with worms cannot produce pork economically, because its system is not in normal condition. Furthermore, such a hog is also more susceptible to contagious and other diseases than one not affected in that manner. We have often made the statement that worms are frequently the indirect cause of cholera. Do not understand us to say that worms will produce cholera. says a writer in an exchange. Far from it. Cholera is a germ disease and can be produced only by the cholera germ, but a strong, vigorous hog is not nearly so susceptible to cholera as is one whose system is in a rundown condition.

A very good, practical remedy for of copperas to 100 pigs for a period and satisfactory: of five days. Then feed no copperas for six weeks; after that feed copperas for five days again as before and continue this intermittent copperas feeding from birth to block. The copperas should be dissolved in water and mixed with the grain, preferably hog feeders are using this remedy and recommend it very highly.

PREPARING SOIL FOR WHEAT

Quite as Much Depends on Preliminary Work for Best Development as on Use of Fertilizer.

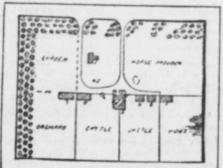
Quite as much depends upon the proper preparation of the soil for the best development of plants as the use of fertilizers. A case in point is that lived in a section where the idea prevailed that wheat could not be profitably grown there. He had tried to raise wheat on his farm, in the old. tweive bushels per acre. He visited College, Fort Collins, Colo. the state experiment station at a time when a plot of ground was being prepared for wheat and became so impressed with their thorough methods of soil preparation that he prepared a field on his farm in the same way, and from this harvested a crop of 35 bushels of good wheat per acre, the only fertilizer used being stable ma-

MODEL PLAN FOR FARMSTEAD

Sketch Shows Suitable Arrangement of Building, Windbreaks, Etc., on Small Farm.

In response to a query The Farmer gives the following plan for placing buildings on a small farm:

We submit herewith a sketch showsuitable arrangement for buildings, windbrenks, etc., on a farm that must face the north. A south or east



Plan for Farmstead-(1) House, (2) Well, (3) Poultry House, (4) Watering Trough, (5) Main Barn, (6) Machine Shed, (7) Hog House, (8) Corn Crib, (9) Granary.

face is very much to be preferred if it can be had. We believe it is better to have the farmstead next to the road. about half way from either corner, rather than to have it set back in the middle of the farm.

COVERING FOR MANURE HEAP

If Protection of Some Kind Is Not Given Valuable Nitrogen and Nitrates Are Lost.

The manure heap is a scene of bacterial activities. When it lies very long the nitrogen is transformed into ammonia and escapes. When it escapes it is gone forever.

Some of the manure changes into nitrates, and these are washed away and lost if the manure heap is uncovered. Nitrates are soluble, and when they are washed away the farm loses all their value. A part of the nitrates are attacked by bacteria and become

BEST PLACE FOR SEED CORN

nitrogen gas.

Unused Room in House Where It Will Escape Severe Freezing and Keep Dry Is Favored.

Seed corn must be stored in a dry place where it is well enough protected to insure it from severe freez-Lofts of stables are not always

The best place to store seed corn is in an unused room in the house.

ICE NECESSARY FOR SUMMER

One-Half Ton Per Cow If Cream Is to Be Produced-Two Tons Per Cow If Milk Is Shipped.

Store one-half ton of ice per cow if cream is to be produced, and two tons per cow if whole milk is to be shipped. This quantity, if properly stored, should provide the ice necessary for dary and household use for a year, making due allowance for melting.

GOVERNMENT EXPERTS TELL OF BEST METHODS.

Directions for Preparing a Cleansing Material That Has Much Virtue-Must Be Applied With Care and Thoroughness.

For the benefit of those who have the care of silver, the office of home economics at Washington has made a thorough study of the electrolytic method of cleaning and has published the results of their work in United States Department of Agriculture Bul letin No. 449.

After discussing several types of commercial cleaners and giving the results of various analyses, they suggest worms consists in feeding one pound the following method as being cheap

"An enamel or agateware dish should be partly filled with a cleaning solution of one teaspoonful of either washing or baking soda and one teaspoonful of common table salt to each quart of water and placed directly on the stove to boil. A sheet of alumiground grain of some kind, Many num or clean zinc should then be dropped into the dish and tarnished silver placed in contact with the metal. It is best that the silver be entirely covered with the cleaning solution and that the solution remain at the boiling temperature. As soon as the tarnish has been removed the silver should be removed, rinsed in clean water, and wiped with a soft cloth. Zinc may be used in place of aluminum, but it becomes corroded and inactive in a much shorter time."

The electrolytic method eleans plated of an intelligent Missouri farmer who or sterling silverware without loss of metal, giving, however, a satin finish rather than a burnished appearance, and has the additional advantages of being both clean and labor-saving .rough way, and could get but ten or Clara Glidden, Colorado Agricultural

Silver Cake. Beat whites of four eggs stiff, one and one-half cupfuls sugar, one-half cupful butter, one cupful cream or rich milk, two and one-third cupfuls flour, two teaspoonfuls cream tartar, one teaspoonful sodn or two and one-half teaspoonfuls baking powder, one teaspoonful scant of salt, flavor with lemon. Cream butter and sugar together. Add egg whites, then milk, alternately, with flour in which baking cream flavor it. Beat hard five minutes and spread on cake.

Delmonico Cream Roll Potatoes.

Here are two Delmonico potato recipes: Pare potntoes and cut them into bits the size of a pea. Keep them in cold water until all are ready. For each scant pint of potatoes make a pint of white sauce, seasoning with onion juice or celery salt. Stir the potatoes into the hot sauce, turn into a well-buttered agate sauce pan and cook in the oven until the potatoes are tender and the sauce is absorbed, with arising. Adv. the exception of just enough to hold the bits of potatoes together. Fold one part over the other as an omelet and turn onto a hot dish. The potatoes should not brown above or below. If necessary, set them on the grate and cover the pan.

Fried Parsley.

We always use a little fried parsley to ornament our meat dishes with. This is how it is done: Wait until a bluish smoke is rising from the fat, then remove it to the side of the fire. When it has cooled slightly throw in the parsley, and leave it until the fat has almost stopped spluttering. Then lift it out at once and drain it well. when it should be a lovely green color. Be careful not to overfry it, or it will turn an ugly brownish color.-Boston

Lemon Pudding.

Sauce-One and one-half cupfuls of sugar, one and one-half cupfuls water, butter size of egg. juice and rind of one

Batter-One cupful sugar, one cupful water, butter size of egg, one teaspoonful baking powder, flour enough to

make batter like cake. Mix the sauce in granite pan and let stand till dissolved, then pour batter over sauce and bake in a medium oven. Good either hot or cold.

Steamed Suet Pudding.

One cupful chopped suet, one-half easpoonful salt, one teaspoonful soda, two teaspoonfuls cream of tartar, one cupful molasses, one and one-half cupfuls milk, two and one-half cupfuls flour, one cupful chopped raisins, one cupful currants, a little cut up citron, one teaspoonful of lemon extract, one tenspoonful nutmeg. Steam four hours, Serve hot with hard sauce.

To Protect Bed Springs.

Cove* your bed springs with a cover of heavy unbleached muslin or ticking. sewing tapes to each corner to keep it fed on firmly. This will protect your mattress from Iron rust and can be taken off and shaken every week and washed when soiled.

Kitchen Bags.

There are bags for corks and bags for string and bags for paper, all of which offer suggestions for the embrolderer who wants to contribute to a kitchen or linen shower.



Some Comfort.

"I hate to wear made-over dresses," sobbed Mary, who was asked to "try encounter on the playground. At the

hetic Tommy, "Cinderella did not have eertain pacific principles, any dresses. She just had a pair of mismated glass slippers, and why, she ought to apologize to Jimmiwasn't even an American."

ACTRESS TELLS SECRET.

powder and salt have been sifted four times. Last add one cupful coconut if liked. Frost with cream frosting made as follows: One and one-half cupfuls powdered sugar, two teaspoonfuls butter and sufficient cream to make of right consistency to spread. No flavoring, as butter and cream flavor it. Beat hard five min-A well known actress gives the follow-

Oaks Impoverish Soil.

As an Italian investigator has given onsiderable time to the investigation of the reason for the failure of olive trees in the presence of oaks, and he has concluded that it is due to the impoverishment of the soil by the oak rather than by transmission of any speics of infection.

Apoint the eyelids with Roman Eye Balsam upon retiring at night, and in the morning observe the refreshed and strengthened sensation in your eyes upon

The fool takes things as they come. but the wise guy always goes after what he wants.

No woman with a new hat enjoys riding in a closed carriage.

A Great Discovery (BY J. H WATSON, M. D.) Swollen hands, ankles, feet are due to

a dropsical condition, often caused by disordered kidneys. Naturally when the kidneys are deranged the blood is filled with poisonous waste matter, which settles in the feet, ankles and wrists; or under the eyes in bag-like formations. As a remedy for those easily recognized symptoms of inflammation caused

Step into any drug store and ask for Anuric, many times more potent than lithia and eliminates uric acid as bot water melts sugar.

medicine. If her existence is made gloomy by the chronic weaknesses, deliby uric acid—as scalding urine, back-ache and frequent urination, as well as sediment in the urine, or if uric acid in the blood has caused the umatism, lumber overworked, nervous, or "run-down," she the blood has caused theumatism, lumbago, sciatica, gout, it is simply wonderful how quickly Anuric acts; the pains and stiffness rapidly disappear.

Take a glass of hot water before meals and Anuric to flush the kidneys.

Take a glass of hot water before meals and Anuric to flush the kidneys.

Take a glass of hot water before meals and Anuric to flush the kidneys. in bearing-down sensations, periodical pains, ulceration, inflammation, and every kindred ailment, the "Favorite Prescrip-tion" is guaranteed to benefit or cure. Dr. Pierce's Pellets cure biliousness.

Canada's Liberal Offer of Wheat Land to Settlers





Two boys had indulged in a physical on", a dress made out of Elleu's old end of the affray they were summoned before the teacher to give an account of "I am just like Cinder-el-la," she their misdeeds. One of them had a sobbed, "but I ain't even got a fairy bloody nose. The teacher looked upon this sanguinary feature with horror, "You goose, you," said unsympa- and endeavored to instill in its inflictor

Just an Accident.

"Now, Billy," she said, "I think you

"Huh! I sin't a-goin' to apologize for no accident!" Billy answered.

"Accident? Why, Billy, how can you call it an accident? Didn't you intend to hit Jimmie on the nose?"

"No, mom, I didn't. I swung fer his

eye an' missed!"



Green's August Flower

Which for 51 years has contributed to the health and well being of countiess thousands everywhere. 25c. and 75c

"ROUGH on RATS" Ends Rats, Mice, Bugs.

are lightened when she turns to the right medicine. If her existence is made