

Don't Neglect Kidneys

Swamp-Root, Dr. Kilmer's Prescription, Overcomes Kidney Trouble

It is now conceded by physicians that the kidneys should have more attention as they control the other organs to a remarkable degree and do a tremendous amount of work in removing the poisons and waste matter from the system by filtering the blood.

The kidneys should receive some assistance when needed. We take less exercise, drink less water and often eat more rich, heavy food, thereby forcing the kidneys to do more work than nature intended. Evidence of kidney trouble, such as lame back, annoying bladder troubles, smarting or burning, brick-dust or sediment, sallow complexion, rheumatism, maybe weak or irregular heart action, warns you that your kidneys require help immediately to avoid more serious trouble.

An ideal herbal compound that has had most remarkable success as a kidney and bladder remedy is Dr. Kilmer's Swamp-Root. There is nothing else like it. It is Dr. Kilmer's prescription used in private practice and it is sure to benefit you. Get a bottle from your druggist.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper. Adv.

A Hungarian inventor has succeeded in perfecting a wooden-soled shoe that is flexible.

If your eyes smart or feel sealed, Roman Eye Balm applied upon going to bed is just the thing to relieve them. Adv.

Pension funds for municipal employees have been established in 153 cities in this country.

Dr. Pierce's Pellets are best for liver, bowels and stomach. One little Pellet for a laxative—three for a cathartic.—Adv.

More than 30,000 government civil employees are paid less than \$20 a year each.

MOTHER'S JOY SALVE

for Colds, Croup, Pneumonia and Asthma; GOOSE GREASE LINIMENT for Neuralgia, Rheumatism and Sprains. For sale by all Druggists. GOOSE GREASE COMPANY, MFRS., Greensboro, N. C.—Adv.

ADULT DEATH RATE TOO HIGH

Australian Commission, After Investigation, Points Out Causes of Mortality in Middle Age.

The statement made in a recent bulletin of the New York board of health by Dr. Charles F. Bolduan that the expectation of life for a man of forty was actually at least a year shorter than it was ten years ago, receives confirmation from Australia in the report of a commission appointed to inquire into the causes of death and invalidity.

The Lancet (London) quotes this commission's report as saying that the principal risk of middle age is in high blood tension. The principal causes of this are found in overstrain and in chronic poisoning of the blood by foods and drinks, and from the bowels and the throat.

The Lancet says the recommendations of the New York and the Australian bodies are somewhat vague, but it welcomes a campaign against avoidable adult mortality which, it says, "need not become an opportunity for the exhibition of rampant faddism, though risk lies in this direction."

Why He Wished to Go to M. T. H. S.

Four-year-old Bobby lives in the country. At his house the butter is kept in the cellar on a swinging shelf quite high, beyond his reach. If his request for bread and butter comes at a time which his careful mother considers inopportune, there is nothing for him to do but to wait her good pleasure.

Recently his father found him sitting dejectedly with his elbows on his knees and his chin in his hands, evidently pondering deeply.

"Bobby, what are you thinking?"

"Thinking that I want to go to manual training."

"Manual training high school? Why? Bobby?"

"So I can learn to make a ladder that will reach to the swing-shelf so I can have bread and butter whenever I want it."—Indianapolis News.

The cheerful feeling you possess after a drink of something hot and flavory should be only the beginning of your satisfaction.

For this very reason more and more people are turning from coffee to

Instant Postum

A lessened tendency to such annoyances as nervousness and sleeplessness repays them

A ten-day trial of this delightful, flavory hot drink has assisted so many to health and comfort that your friend, the Postum drinker, will tell you its well worth while.

"There's a Reason"

STRAW FOR FERTILITY

Practice of Burning Piles After Threshing Is Wasteful.

Soils in Many Sections Would Be Greatly Benefited by Addition of Fertilizing Constituents Present in Stalks.

From the time the prairies were first cultivated up to a year or so ago it was the general custom to burn the piles of straw which dotted the fields after the fall threshing. In fact, it is yet a very common practice and a very wasteful one.

It is an established fact that organic matter is essential for soil fertility. No one disputes the fact that our prairie soils are already rich in this essential, but in many sections the soils would be greatly benefited by the addition of the fertilizing constituents which are present in the straw.

Hopkins of Illinois gives the value of oat straw for manurial purposes at \$3.30 per ton. Wheat straw is valued at \$2.58 per ton. The same relative comparison gives the value of fresh farm manure at \$2.22 and barnyard manure at \$2.34 per ton. Anyone who destroys a ton of wheat or oat straw, therefore, destroys more fertilizing elements than are contained in the average farmyard manure.

The best method of handling straw is to feed it to stock and return the manure to the land. Thus it serves a double purpose—fodder and manure. When fed to horses or cattle on a maintenance ration or those doing comparatively little work, oat straw is considered by Hoard's Dairyman to be from one-half to two-thirds the value of good clover and timothy hay. The manure from one ton of wheat straw is worth \$2.34. Thus the wastefulness of burning straw is evident.

When sufficient live stock is not kept, however, to use all of the straw in this way, the straw can be returned directly to the land. It may be spread and plowed under or used as a top dressing on grain or pasture.

QUALITY IS MOST ESSENTIAL

Greatest Profit Can Be Expected Only From Live Stock of the Very Highest Grade.

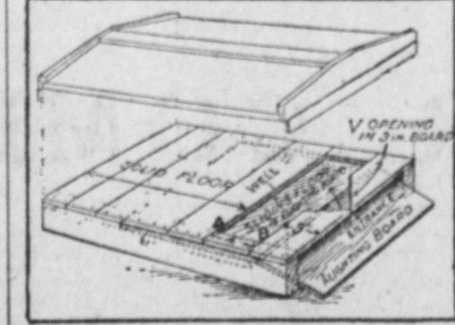
(By E. A. TROWBRIDGE.) Quality becomes more essential to profit in live stock farming each season. When labor, land, and feed were cheap it was possible to realize a profit on live stock of an inferior grade, but with the present high cost of these production factors and a constant discrimination on the market against the "scrub," it has become evident that the greatest profit can be expected only from live stock of good quality. It may be possible for the feeder or dealer to make a profit on inferior live stock if he is able to buy it sufficiently cheap and sell quickly, but usually someone has not realized the greatest possible profit when a "scrub" goes to market. If it is not the feeder, it is the man who produced the animal.

ALIGHTING BOARD FOR BEES

Writer in Gleanings of Bee Culture Describes Device He Uses Successfully on Hives.

A short time ago someone described a floor-board which provided an entrance under the hive, and thus entirely eliminated the porch. The only notice taken of it was by one beekeeper, who said that an entrance under the hive could not be watched against clogging up, etc. I will describe the board I invented some years ago and still use, says a writer in Gleanings of Bee Culture.

The main floor of the hive is composed of boards of the right length



Floor-Board Under Hive.

nalled across battens on edge, say three inches by one. The front board is only three inches wide, and between this and the next is a space of four inches, after which the boarding to the back is solid. Of course the "well" thus made is protected at the sides by pieces of the same thickness nailed on to the battens. The front board has a V-shaped piece cut out from the underside to half its width, the point of the V to the front. The alighting board slides close under this floor on ledges nailed to the battens.

DON'T RAISE CROP OF WEEDS

Expensive Plants to Have in Garden or Anywhere Else—Use Plant Food and Moisture.

Weeds are expensive things to have in gardens or anywhere else; they rob garden crops of food and moisture, many of them are natural food for all kinds of insects, which when they have devoured the choice parts of weeds attack adjacent garden crops.

HAVE LIVE STOCK INSURANCE

Movement First Appeared Along the Atlantic Seaboard and Is Rapidly Moving Westward.

(By J. O. RANKIN, Missouri College of Agriculture.)

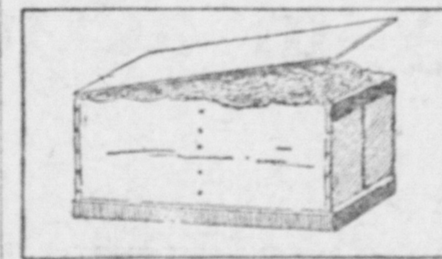
Mutual live stock insurance was the first form of agricultural co-operation to develop in this country and in some others. It appeared along the Atlantic seaboard but has moved steadily westward until it is found in practically every part of the country. The mere fact that it is so prevalent is good proof that it is needed, but it is not nearly so urgently needed in this country yet as it is in Europe, where it has reached a very much greater development that has many lessons for us. Many a man in Europe would be left destitute or at least embarrassed for life by the loss of a horse or cow not covered by insurance. Many a man who prefers to buy one good cow would buy two poorer ones for fear that one good one would die and he would lose all he had if he could not protect himself by live stock insurance. In England he may insure not only the cow but practically everything else on the farm from the laborer in the field to the bees in the hive.

Conditions in this country are every year becoming more and more like those across the water which demand such a great development of live stock insurance. Free farm land is no longer of very good quality, and soon the government will have none at all. Competition will be keener and keener, and the struggle will no longer be to amass a farm-made fortune, but only to make a living and keep what we already have, at least for most of us. Under such circumstances live stock insurance, now a desirable thing will become absolutely necessary and each man will have to decide whether to join a mutual company or patronize a commercial company.

SHIPMENT OF EGGS IN CASES

Parcel-Post Device Shown in Illustration Successfully Used by Missouri Station.

The Missouri poultry experiment station has shipped hundreds of dozens of eggs in the parcel-post package shown herewith, and the eggs have always reached customers in fine shape. Excelsior is tightly packed in layers and indentations are made in



Missouri Egg Case.

which the eggs fit. The eggs are placed on the big ends in one layer of excelsior, while the other layer fits over the eggs and holds them rigidly in place. These packages have handles and are made of heavy cardboard. The top is nailed down securely at both ends. They can be used for a long time.

ATTENTION TO LATE CHICKS

Wet Mash, With Grain Feeding, Morning and Night, Will Give Most Excellent Results.

Late chicks should be given special attention at this time and forced for rapid growth. Wet mash, such as equal parts of cornmeal, bran and middlings, mixed to a crumbly consistency with milk and fed twice per day, with a grain feed morning and night, will give good results.

Chicks that haven't learned to roost as yet will soon be sniffling and sneezing if allowed to sleep on damp ground. Provide perches close to the ground and place near roosting quarters and with a little teaching at first they will soon learn the trick.

SWEET CLOVER IS VALUABLE

One of Greatest Soil Improvers and Stock Feeders—Produces Much Seed for Market.

"Sweet clover, once regarded as a weed, is worth \$1,000,000,000 to South Dakota, because it is one of the great soil improvers and stock feeders," asserts J. G. Hutton, associate agronomist at the state college. He says: "Sweet clover helps to maintain the nitrogen supply in the soil; it makes good hay, and it produces a large amount of valuable seed, for which there is a ready market. There is no danger whatever of its becoming a field weed, which has been demonstrated by experiments where it is followed by a cultivated crop."

KEEP ALL ANIMALS WORKING

Stock Should Be Something That Will Produce Meat, Milk or Eggs in Return for Feed.

(By R. M. GREEN.) In these days of efficiency and economy it is highly important that every man should do everything possible to reduce the total number of horses it is necessary to keep and increase the ways of finding profitable employment for them.

Of course live stock is very necessary if the soil fertility is to be kept up, but aside from work animals the stock should be something that will produce meat, milk or eggs in return for the feed it uses.

THE MARKETS

NEW YORK.—Wheat—Spot, firm; No. 1 Durum, \$2.16 1/4; No. 2 hard, \$2.01 1/4; No. 1 Northern Duluth, \$2.09 1/4; No. 1 Northern Manitoba, \$2.21 1/4 c b New York.

Corn—Spot, firm; No. 2 yellow, \$1.13 1/2 c b New York.

Butter—Creamery, higher than extras, 42 1/2 @ 43c; creamery extras (92 score), 41 1/2 @ 42c; firsts, 39 @ 41c; seconds, 37 @ 38 1/2 c.

Eggs—Fresh-gathered, extra fine, 48 @ 50c; extra firsts, 45 @ 47c; firsts, 42 @ 44c; seconds, 38 @ 41c. Nearby henry whites fine to fancy, 65 @ 70c; nearby henry browns, 59 @ 58c.

Cheese—State specials, 21 1/4 @ 24 1/2 c; do, average fancy, 23 1/4 @ 24c.

Dressed Poultry—Chickens, 20 @ 31c; fowls, 16 @ 23c; Turkeys, 22 @ 31c.

PHILADELPHIA.—Wheat—No. 2 red spot, \$1.84 @ 1.88; No. 2 Southern red, \$1.83 @ 1.85; do do, steamer, No. 2 red, \$1.81 @ 1.84; do do, No. 5, \$1.81 @ 1.84; rejected A, \$1.77 @ 1.80; rejected B, \$1.73 @ 1.76.

Corn—Western, No. 2 yellow, \$1.18 1/2 @ 1.19 1/2; do do, steamer yellow, \$1.16 1/2 @ 1.17 1/2; do do, No. 3 yellow, \$1.13 1/2 @ 1.14 1/2; do do, No. 4 yellow, \$1.10 1/2 @ 1.11 1/2.

Oats—No. 2 white, 63 1/2 @ 64c; standard white, 63 @ 63 1/2 c; No. 2 white, 62 @ 62 1/2 c; No. 4 white, 60 1/2 @ 61 1/2 c.

Butter—Western, solid-packed, creamery, fancy, specials, 45c; do do, extras, 43 @ 44c; do do, extra firsts, 42c; do do, firsts, 39 @ 41c; do do, seconds, 38 @ 38 1/2 c; renovated, extra, 37c; do do, firsts, 36c; do do, seconds, 35c; nearby prints, fancy, 46c; do do, average extras, 44 @ 45c; do do, firsts, 43c; do do, seconds, 39 @ 41c; jobbing sales of fancy prints, 49 @ 52c.

Eggs—Nearby extras, 45c; nearby firsts, per standard case, \$13.20; nearby current receipts, \$12.90; Western extras, 45c per dozen; do do, extra firsts, \$13.20 per case; do do, firsts, \$12.90; refrigerator extras, \$11.70; do do, firsts, \$11.40; do do, seconds, \$10.80; fancy, selected, candled, jobbing at 53 @ 61c.

Live Poultry—Fowls, 16 @ 18c; roosters, 13 @ 14c; spring chickens, according to quality, 16 @ 18c; white leghorns, according to quality, 15 @ 17c; ducks, as to size and quality, 15 @ 18c; turkeys, 21 @ 23c; geese, 15 @ 17c; pigeons, old, per pair, 28 @ 30c; do do, young, per pair, 20 @ 25c; guineas, per pair, old, 66 @ 65c; young, according to size, weighing 1 1/2 lbs apiece and over, \$1.40 @ 1.50.

Cheese—New York, full cream, fancy, 25 1/4 @ 25 1/2 c; specials, higher; do, fair to good, 24 1/4 @ 24 1/2 c; do do, part skims, 13 @ 21c.

BALTIMORE.—Wheat—No. 2 red spot and November, 185 1/2 c; December 2 red, 185 1/2 c; January 2 red, 186 1/2 c; steamer 2 red spot, 165 1/2 c; No. 2 red Western spot and November, 190 1/2 c; December 2 red Western, 191 1/2 c; January 2 red Western, 191 1/2 c; steamer 2 red Western spot, 173 1/2 c.

Corn—Prime soft yellow corn, new, for domestic delivery, is quotable at \$1.04 per bushel for car lots on spot. Cob corn. Quote carloads prime nearby yellow on spot at \$4.35 @ 4.40 per barrel.

Oats—No. 2 white, 63 @ 63 1/2 c; standard white, 62 1/2 c; No. 3 white, 61 1/2 c.

Rye—No. 2 rye, Western, export, \$1.50 1/2; No. 3 do, do, \$1.56 1/2; No. 4 do, do, \$1.55 1/2; bag lots, as to quality and condition, \$1.30 @ 1.40.

Hay—No. 1 timothy, \$16.50 @ 17; No. 2 do, \$15.50 @ 16; No. 3 do, \$13 @ 15; light clover mixed, \$15.50; No. 1 clover mixed, \$15; No. 2 do, \$11.50 @ 13.50; No. 1 clover, \$14 @ 14.50; No. 2 do, \$13 @ 13.50; No. 3 do, \$8 @ 9.

Butter—Creamery, fancy, 41 @ 42c; do, choice, 39 @ 40c; do, good, 37 @ 38c; do, prints, 42 @ 43c; do, blocks, 40 @ 42c; Maryland and Pennsylvania rolls, 31 @ 32; Ohio rolls, 30 @ 31; West Virginia rolls, 30 @ 31; storepacked, 30; Maryland, Virginia and Pennsylvania dairy prints, 30 @ 31.

Eggs—Maryland, Pennsylvania and nearby firsts, 42 @ 43c; Western firsts, 42 @ 43c; West Virginia firsts, 42; Southern firsts, 40 @ 41. Cold-storage eggs moving freely and choice candled eggs quoted at 37 @ 38, and uncandled, 36 @ 37c.

Dressed Poultry—Turkeys—Choice, 24 @ 25c; fair to good, 22 @ 23c; rough and poor, 18 @ 19. Chickens—Choice young, 18 @ 19c; old and mixed, 17 @ 18; old roosters, 12. Ducks, 16 @ 18. Geese—Nearby, 16 @ 17c; Western and Southern, 16 @ 17.

Dressed Hogs—Choice lightweights, 12c; do, medium weights, 11 @ 11 1/2 c; do heavyweights, 10 @ 10 1/2 c.

Live Stock

CHICAGO.—Hogs—Bulk, \$9 @ 9.55; light, \$8.35 @ 9.65; mixed, \$9 @ 10; heavy, \$9.35 @ 10.10; rough, \$9.35 @ 9.55; pigs, \$6.25 @ 8.30.

Sheep—Wethers, \$7.85 @ 8.85; ewes, \$4.40 @ 7.85; lambs, \$9.25 @ 12.05.

Cattle—Native beef cattle, \$6.50 @ 12.05; Western steers, \$6.50 @ 10.15; stockers and feeders, \$4.60 @ 7.70; cows and heifers, \$3.55 @ 9.50; calves, \$9 @ 13.

KANSAS CITY.—Hogs—Bulk, \$9.40 @ 9.90; heavy, \$9.80 @ 10; packers and butchers, \$9.50 @ 9.90; light, \$9.35 @ 9.75; pigs, \$7.25 @ 8.75.

Cattle—Prime fed steers, \$10.50 @ 11.75; dressed beef steers, \$7.50 @ 16.25; Southern steers, \$7.75 @ 8.50; cows, \$4.75 @ 8.50; heifers, \$6 @ 10.25; stockers and feeders, \$5.25 @ 7.75; bulls, \$5 @ 7; calves, \$6.50 @ 11.

ALL POINTING TO ONE FACT

Events Scheduled to Come Off in Petunia Positive Proof That Fool Killer Was on Vacation.

"There are several events of an educational nature to be pulled off in our progressive little city today," the landlord of the Petunia tavern informed a guest who wished for some means by which to pass the time. "At two o'clock Burt Blurt will wheelbarrow old Riley Rezzidew, adorned with a new plug hat and freshly dyed whiskers, three times around the public square. Judge Puffer will eat his own hat without butter at 4:30. Meanwhile, Hyson Hush will chaperon the customary peanut with the usual toothpick round and round 'most all the afternoon, and Doc Snort and Homer Spraddle probably will be fighting off and on until a late hour. And some time during the evening? Purley Purl and Miss Kissie McQuick will be made one—the bet was that if Wilson won Purley would marry Kissie and if Hughes was victorious Kissie would wed Purley. All of these episodes will be instructive, showing beyond a reasonable doubt that the fools are not all dead yet."—Kansas City Star.

YOU MAY LOOK YOUNG

By Keeping Your Complexion Young With Cuticura. Trial Free.

The Soap to cleanse and purify, the Ointment to soothe and heal. These super-creamy emollients do much to keep the skin clear, fresh and youthful, as well as to keep the hair in a live, healthy condition and the hands soft and white.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

ONE SIGHT HE HAD MISSED

American Traveler in Rome Particularly Anxious to View Corral "Where Bulls" Were Kept.

A traveler tells this story of an American fellow wanderer in Rome: The American, who had come from the plains of the West, visited the Vatican, and was shown over the papal palace. He asked many questions and desired to see everything.

After the customary sights had been shown, the priest who attended him asked:

"Is there anything else, Signor Americano, that you would like to see?"

"There is one thing," replied the American, "that I want to see more than anything else, and I haven't been on the edge of it yet."

"What is that, signor?"

"The cattle pens."

"The cattle pens? Why, we have nothing of the sort, signor."

"You haven't? Then where in the world do you keep them papal bulls that we're always hearin' about?"—Exchange.

Important to Mothers

Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the Signature of Dr. J. C. Fletcher in Use for Over 30 Years. Children Cry for Fletcher's Castoria

Ginger, Pep, Punch and Kick

A writer of rejected manuscripts tells in the Contributors' club of the Atlantic Monthly some of the reasons for his lack of success. Ten years ago his manuscripts were returned because they did not "quite compel acceptance"; a little later they "lacked ginger"; then editors wanted "a little more pep, please"; then his contributions did not have the "punch"; and now the long suffering writer gets his offerings back with the comment, "Excellent for their kind, but we prefer stories with more 'kick'!" His letter to the Contributors' club seems to have had all the desirable elements which his earlier efforts lacked, for it was published.—Outlook.

Wright's Indian Vegetable Pills are not a "coal-tar product" nor a "confection," but a good, old-fashioned dose of medicine for regulating the stomach, the liver and the bowels. Get a box and try them. Adv.

They Also Served.

"I presume some of these campaign orators who worked so hard for Mr. Wilson will expect to be rewarded?" "Oh, yes. I wonder what will be done for the specialists who answered hurray calls to spray the orators' throats?"

Charity for revenue only pay very light dividends.

A mule reasons with his hind feet, but he makes himself understood.

Uric Acid Poisoning?

The most eminent physicians recognize that uric acid stored up in the system is the cause of rheumatism, that this uric acid poison is present in the joints, muscles, or nerves. By experimenting and analysis at the Invalids' Hotel and Surgical Institute in Buffalo, N. Y., Dr. Pierce discovered a combination of native remedies that he called Anuric—which drives out the uric acid from the system, and in this way the pain, swelling and inflammation subside. If you are a sufferer from rheumatism, backache, pains here or there, you can obtain Anuric at any drug store and get relief from the pains and ills brought about by uric acid; or send Dr. Pierce 10c for trial pkg. Anuric which you will find many times more potent than lithia and eliminates uric acid as hot water melts sugar. A short trial will convince you.

That Knife-Like Pain

Have you a lame back, aching day and night? Do you feel sharp pains after stooping? Are the kidneys sore? Is their action irregular? Do you have headaches, backaches, rheumatic pains,—feel tired, nervous, all worn-out? Use Doan's Kidney Pills—the medicine recommended by so many people in this locality. Read the experience that follows:

A Pennsylvania Case

E. Geaney, 155 Broadway, Ave. 21, Brooklyn, Pa., says: "The sensations from my kidneys passed too often, obliging me to get up nights and the passages were terribly painful. I had a severe knife-like pain through the small of my back and they bothered me worse in the morning than in any other time. Finally I used Doan's Kidney Pills and I am cured now. The pains left my back and I haven't suffered since."

Get Doan's at Any Store, 50c a Box. DOAN'S KIDNEY PILLS. FOSTER-MILBURN CO., BUFFALO, N. Y.

Advertisement for Yager's Liniment. Includes text: "Stops Neuralgia Pains", "Why suffer from excruciating neuralgia pains when an application of Yager's Liniment will give quick relief?", "This liniment is good too, for rheumatism, sciatica, headache, pain in chest or side, sprains, cuts and lacerations.", "The large 25 cent bottle of Yager's Liniment contains four times as much as the small bottle of liniment sold at that price. At all dealers.", "YAGER'S LINIMENT", "GILBERT BROS. & CO., Baltimore, Md.", "Cheaper, Anyhow."

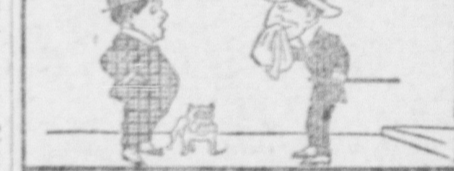
A mere man can't for the life of him see why a lady might not as well go without stockings as wear those thin ones.—Rochester Union and Advertiser.

Dr. Pease's "Dead Shot" is powerful and prompt but safe. One dose only enables to expel Worms or Tapeworm. No other all necessary. Adv.

Refutation. "Women have no practical appreciation of science."

"Haven't they? What's the matter with chemical blondes?"

The Mexican sea coast on the Pacific and the Gulf of California is 4,574 miles.



Propose: "This morning I wish with a thoughtful and earnest 'What's best for you do you want for me?'"

Accept: "Well, you see there's a spring in the bed and I'm sure I'll get you."

Boschee's German Syrup

is a remedy of surpassing excellence for the numerous disorders caused by getting wet feet, or excoriated by exposure to the weather. It has been a standard everywhere for the relief of colds of all kinds for 35 years. 25c and 75c sizes at all Druggists and Dealers.

IF YOU HAVE

No appetite, Indigestion, Flatulence, Sick Headache, "all run down" or fleshless flesh, you will find

Tutt's Pills

just what you need. They tone up the weak stomach and build up the flaccid energies.

FLORIDA FARM FACTS

Write for Booklet to J. HENRY STROHMAYER, SARASOTA, FLA. BALTIMORE, MD.

PATENTS

Watson E. Coleman, Washington, D. C. Booklet free. Highest references. Best results.

GALLSTONES