

Thousands Tell It

Why daily along with backache and kidney or bladder troubles? Thousands tell you how to find relief. Here's a case to guide you. And it's only one of thousands.

A Virginia Case

Mrs. M. W. Rader, "Very Picture Tells a Story" 801 Thawell Ave., S. E., Roanoke, Va. says: "My kidneys were in bad shape and my back was very weak and ached terribly. I had a sharp knife-like pain darting through me. I was nervous, languid and had dizzy spells and headaches. Mornings, I was so stiff I could hardly get up. Doan's Kidney Pills were the first remedy which helped me and six boxes cured me. I haven't suffered since."



Get Doan's at Any Store, 50c a Box DOAN'S KIDNEY PILLS FOSTER-MILBURN CO., BUFFALO, N. Y.

Music for All the Family! Send for This Big Book Today. 10c and This Coupon Bring You the Big 101-Song Book. Contains words and music of 101 favorite songs of the past and present.

Do You Want an Extra Income? You can easily make from 25 to 50 dollars per month extra without interfering with your present employment by distributing our catalogs and other advertising matter among your friends and acquaintances.

SMALL CANNON FOR POCKET Deadly Weapon of War That May Be Readily Concealed in a New Invention.

The smallest breech-loading cannon in the world is now being made for pocket use. It is not a toy, but takes a 22-caliber rim-fire cartridge and fires a bullet that would inflict a nasty wound at close range.

Something New in Law. "What about your case?" demanded the judge, who couldn't quite make out what the prisoner was trying to say.

Insects dislike violet rays. Cumberland, Md.—Viola, 9-year-old daughter of B. L. Moreland, was hurled 40 feet on the National Pike, near the Six-Mile House, when struck by an automobile driven by F. M. Blowers, of Rice's Landing.

"Another Article Against Coffee"—In spite of broad publicity, many people do not realize the harm the 2 1/2 grains of caffeine in the average cup of coffee does to many users, until they try a 10 days' change to POSTUM.



POSTUM Postum satisfies the desire for a hot table drink, and its users generally sleep better, feel better, smile oftener and enjoy life more. A fair trial—off coffee and on Postum—shows "There's a Reason"

RUSSIANS MAKE ANOTHER DRIVE

Keep on Their Steady Advance Toward Lemberg.

TEUTON LINE PUSHED BACK

Two Prolonged Advances Made Toward the Galician Capital—Berlin Admits Russians Have Penetrated German Lines.

London.—The two-pronged advance of the Russians on Lemberg is again gathering full headway, and the Austro-German armies of Prince Leopold of Bavaria and Archduke Karl have been pushed back. Both northeast and southeast of the Galician capital the Russians have registered advances, capturing according to the official report issued in Petrograd, more than 4,000 prisoners. Russian gains are admitted by Berlin.

The two main actions are being waged in the region of the Brody-Krasne railway, about 30 miles northeast of Lemberg, and the Brzezany sector on the Zlota Lipa River, 50 miles southeast of the city.

In the former district the Russians have pressed forward against heavy resistance, taking about 2,000 prisoners. A Teuton position on the right bank of the Zlota Lipa was carried on the southeastern section of the advance.

This new stroke of General Brusiloff is believed to have been made to forestall the offensive contemplated by Field Marshal von Hindenburg. It puts the Teutons upon a strict defensive in the Eastern theater, followed close upon the heels of tentative attacks by them which are believed to have been the first movements of the contemplated push.

The Russian official statement says: "In the neighborhood of the Brody-Krasne Railway and to the southwards, our troops, by heavy fighting are forcing their way forward, the enemy stubbornly resisting the advance. We have captured here 59 officers and 1,928 men of the rank and file.

"The fighting is turning to our favor to the south of Brzezany on the River Taniuvka and in the region of the highest on the right bank of the Zlota Lipa. Here we captured part of the enemy position by assault, taking 112 officers and 2,263 of the rank and file, as well as some machine guns. Enemy counter attacks during the night were frustrated by our fire."

Berlin's report on the operations follows: "The Russians at various places have resumed their attacks. On both sides of the Brody-Lemberg Railway and to the southward as far as Graborna, near Zarkow, the Russian attacks were partially checked by our curtain of fire, while as many as seven repeated charges were completely broken up.

"On the southern wing of this front the Russians have obtained a footing on our first line of defence.

"On the front of Archduke Karl, on both sides of the Zlota Lipa violent hand to hand fighting has been in progress. In the angle between the Ceniovka and the Zlota Lipa the Russians have advanced. Further to the West the Turkish troops ejected by counter attacks the Russian detachments which had forced their way into their lines. Two hundred and thirty prisoners were brought in."

HURLED FORTY FEET BY AUTO.

Girl Stepped From Trolley Track in Front of Machine. Cumberland, Md.—Viola, 9-year-old daughter of B. L. Moreland, was hurled 40 feet on the National Pike, near the Six-Mile House, when struck by an automobile driven by F. M. Blowers, of Rice's Landing.

COVERED WITH ROSIN; BURNED.

Mrs. Email Was First Killed, Physicians Decide. Mountain View, N. H.—An examination by Medical Referee Horne and other physicians led to the discovery that the body of Mrs. Florence A. Small, which was found in the burned ruins of her home in Ossipee Friday, had been covered with rosin after she had been shot, beaten and strangled. Frederick L. Small, the woman's husband is in the Ossipee jail, charged with murder.

THE COUNTRY AT LARGE

Edward P. Ripley, president of the Atchison, Topeka and Santa Fe Railway, appealed to stockholders to work for remedial legislation to meet the situation created by the adoption of the Adamson eight-hour law. The interned German cruisers Kronprinz Wilhelm and Prinz Eitel Friedrich arrived at Philadelphia.

ECONOMY IN HOME

MANY WAYS IN WHICH MONEY MAY BE SAVED.

Substitutes for Expensive Meats and Other Table Furnishings Are Possible, and Health of the Family Will Be Improved.

By Nellie Maxwell, Department of Farmers' Institutes of the University of Wisconsin.

We all know, if we have given the subject any thought that the feeding of the family is the most expensive item in the list of household accounts. Every housewife should keep a careful account of her income and outgo. Too many of us are like the young bride who was given a set of books in which to keep her accounts and when asked by her husband at the end of the month if her accounts balanced, showed him the book, on one page was written: "Received of John, sixty dollars" on the opposite page these words "spent it all."

Since the cost of living is constantly advancing it is vitally necessary that real concern be paid to reducing certain items of expenditure, and as meat is one of the most expensive of our foods, any economy in the purchase of it will make a noticeable reduction in the food bill.

By using meat substitutes of cheese, nuts, milk and eggs which are less expensive but fully as nutritious, the expenses may be reduced. Cheese has a food value of twice that of meat pound for pound, and can be used with much less waste. The use of cheese in combination with milk and eggs makes a most satisfactory substitute for meat.

The cheaper cuts of meat may be utilized more often and on the farm all kinds of meat may be salted, pickled, canned or dried for future use. So that in time of plenty prepare for the famine. Pork sausage, fried to seal both sides of small cakes, packed in large jars and covered with the boiling hot fat so that it makes a perfect seal over the sausage will keep to use in midsummer and is a constant source of satisfaction for it is so easy to get it ready for breakfast as it needs but little more cooking. Chicken may be canned when too much is cooked and set away for another time when an emergency calls it forth.

The utilizing of left-overs in the planning of the meals is another important point for the housewife to consider. It goes without saying that she plans her menus days ahead in order to save expense and use these left-overs acceptably. Fruits and vegetables lend themselves to all sorts of combinations as salads and soups, and make dishes that are tasty and wholesome. The costly habit of eating more than we need is not only wasteful of material, bad on the complexion, but vastly more important, ruinous to the digestive organs. Preparing more food than is used, piling away vegetables and fruits, cooking vegetables in so much water that much of the food value is wasted, throwing away the trimmings and bones of meat, that would make good broths, stews or soups—these are some of the wastes that need to be watched. Constant vigilance is the price of success in expenditures as in other things.

Lemon Preserve.

Peel and cut one dozen lemons in slices and soak for a day in cold water. Then boil four pounds of sugar and a cupful of water for about twenty minutes and stir to keep from burning. Next add the lemons, some chopped raisins and almonds and let thicken slowly. This is a delicious and new filling for sandwiches to serve with iced tea or lemonade on a warm afternoon.

To keep lemons fresh, put a layer of fine dry sand at the bottom of a large earthen jar. Place on this a layer of lemons, stalk end downward, being careful that they do not touch one another. Cover these with a three-inch layer of sand. Add another layer of lemons, and so on until the jar is full. In a cool, dry place lemons packed like this will keep a year.

Some Favorite Potato Recipes.

Potatoes Fried Whole—When nearly boiled enough, put small potatoes into a saucepan with butter or beef drippings. Shake them about to prevent burning until they are brown and crisp. Drain them from the fat. It will be an improvement if they are floured, dipped in beaten egg and rolled in fine bread crumbs and then fried.

Potatoes for Breakfast—Cut cold boiled potatoes in slices lengthwise, dip them in beaten egg and put on a buttered pie plate in the oven. As soon as they are brown and hot, serve.

The Linen Press.

With regard to household linen, as a rule the middle of sheets wear out first; but by the old-fashioned plan of turning sides to middle you can give them a fresh lease of life. When past use for beds they serve as dust sheets and on ironing boards.

For Delicate Fabrics.

To clean fine muslin blouses, table centers, etc., dissolve a tablespoonful of borax in a gallon of water; put the muslin into this and let them remain for half an hour; then gently rub them out in fine white suds.

Washing Comforters.

When washing summer comforters do not wring them. Let them hang and drip from the line. Then before they are quite dry whip with a beater to make them fluff and light.

THE MARKETS

NEW YORK.—Wheat—Spot steady; No. 1 Durum, 174c; No. 2 hard, 166c; No. 1 Northern Duluth, 179c; No. 1 Northern Manitoba, 173 1/2 c o b New York.

Corn—No. 2 yellow, 97 1/2 c o f New York. Butter—Creamery, extras (92 score), 23 1/4 @ 24c; creamery (higher scoring), 24 1/4 @ 25c; firsts, 22 1/4 @ 23 1/4; seconds, 21 @ 22.

Eggs—Fresh gathered, extra fine, 38c; extra firsts, 36 @ 37; firsts, 32 @ 34; nearby hennerly whites, fine to fancy, 43 @ 48; nearby hennerly browns, 28 @ 42.

Cheese—State, fresh specials, 19 1/4 @ 20c; do, average fancy, 19 1/4 @ 19 1/2. Live Poultry—Broilers, 21c; fowls, 20 1/2; turkeys, 20. Dressed Poultry—Chickens, 22 @ 20c; fowls, 17 @ 23 1/4; turkeys, 25 @ 35.

PHILADELPHIA.—Wheat—Car lots in export, No. 2 red spot, \$1.47 1/2 @ 1.49 1/2; No. 2 Northern red, \$1.46 @ 1.47; do do steamer, \$1.45 @ 1.46; do do, No. 1 \$1.45 @ 1.46; rejected A, \$1.42 @ 1.44; rejected B, \$1.38 @ 1.41.

Corn—Car lots for local trade, as to location, No. 2 yellow, 96 1/4 @ 97 1/4; do do, steamer, yellow, 96 @ 96 1/2; do do, No. 3 yellow, 94 @ 95c; do do, No. 4 yellow, 91 @ 92c.

Oats—No. 2 white, 52 1/4 @ 53c; standard white, 52 @ 52 1/2; No. 3 white, 51 @ 51 1/2; No. 4 white, 49 1/2 @ 50 1/2; sample, 46 1/4 @ 47 1/4.

Butter—Western solid-packed creamery, fancy specials, 36 1/2; do do extra, 34 1/4 @ 35 1/4; do do, extra firsts, 33 @ 34c; do do, second, 31 @ 31 1/2; nearby firsts, fancy, 38c; do do, average extra, 36 @ 37c; do do, firsts, 33 @ 34c; do do, second, 31 @ 32c; jobbing sales of fancy firsts, 41 @ 44c.

Eggs—Nearby extras, 35c per dozen; nearby firsts, per standard case, \$9.90; nearby current receipts, \$9.60; Western extras, 35c per dozen; do do, extra firsts, \$9.90 per case; do do, firsts, \$9.30 @ 9.60; refrigerator extras, \$9.50 per case; do do, firsts, \$8.70 @ 9; do do, second, \$7.80 @ 8.40; fancy selected candled jobbing at 40 @ 42c per dozen.

Live Poultry—Fowls, 20 @ 22c; large sizes preferred; roosters, 14 @ 15c; spring chickens, according to quality, 20 @ 22c; do do, white, leghorns, according to quality, 18 @ 20c; ducks, 15 @ 17c; pigeons, old, per pair, 25 @ 28c; do do, young, per pair, 18 @ 22c. Guineas, per pair, old, 50 @ 60c; young, according to size, weighing 1 1/2 pounds, spleen and liver, \$1.10 @ 1.20; smaller sizes, 80c @ 91.

Cheese—New York, full cream, fancy, 20c; do do, fair to good, 19 1/4 @ 19 1/2; do do part, skims, 11 @ 17 1/4.

BALTIMORE.—Wheat—No. 2 red spot and September, 151 1/2; October, 152 1/4; November, 153 1/4; December, 154 1/4; No. 2 red Western spot and September, 160 1/4.

Corn—Spot mixed, 92 1/2; September, 92 1/4.

Oats—No. 2 white, 52 1/4; standard white, 51 1/4 @ 52; No. 3 white, 50 1/4 @ 51. Rye—No. 2 Western, export, \$1.27 @ 1.28; bag lots as to quality and condition, 90c @ 1.10.

Hay—No. 1 timothy, \$18 @ 18.50; No. 2 do, \$17 @ 17.50; No. 3 do, \$13 @ 15; light clover mixed, \$16 @ 16.50; No. 1 do, \$15 @ 15.50; No. 2 do, \$11.50 @ 13.50; No. 1 clover, \$10 @ 11.50; No. 2 do, \$10 @ 10.50; No. 3 do, \$8 @ 9.

Straw—No. 1 straight rye, \$15.50; No. 2 do, \$13.50 @ 14.50; No. 1 tangled do, \$10.50 @ 11; No. 2 do, \$9.50 @ 10; No. 1 wheat, \$8.50 @ 9; No. 2 do, \$7.50 @ 8; No. 1 oat, \$9 @ 9.50; No. 2 do, \$8 @ 8.50.

Butter—Creamery, fancy, 34 @ 34 1/2; do, choice, 32 @ 33 1/2; do, good, 32 @ 32 1/2; do, prints, 25 @ 26; do blocks, 34 @ 34 1/2; Maryland and Pennsylvania rolls, 25; Ohio rolls, 24 1/2; West Virginia rolls, 24 1/2; storepacked, 24 @ 24 1/2; Maryland, Virginia and Pennsylvania dairy prints, 25.

Eggs—Maryland, Pennsylvania and nearby firsts, 35c; Western firsts, 33; West Virginia firsts, 32 @ 33; Southern firsts, 31.

Live Poultry—Chickens, old hens, 4 lbs and over, 22c; do do, small to medium, 21; do do, old roosters, 12; do do, springers, large, flat, 22; do do, small to medium, 22; do do, white leghorns, 21; ducks, young, Pekings, 3 1/2 lbs and over, 17; do do, puddle, do, 16; do do, muscovy, do, do, 15; do do, smaller, 14 @ 15; pigeons, young, per pair, 25c; do, old, do, 25; guinea fowl, young, 1 1/2 lbs and over, each, 60 @ 65; do do, do, 1 1/2 lbs average, do, 50; do do, do, smaller, do, 40.

Live Stock

PITTSBURGH.—Cattle—Choice, \$8.50 @ 9; prime, \$9.25 @ 9.50. Sheep—Prime wethers, \$7.85 @ 8.00; culls and common, \$3.50 @ 8; lambs, \$7 @ 11.40; veal calves, \$12.50 @ 13.

Hogs—Prime heavies, \$11.30 @ 11.35; mediums and heavy Yorkers, \$11.20 @ 11.25; light Yorkers, \$9.75 @ 10.25; pigs, \$9 @ 9.60; rough, \$10 @ 10.50.

CHICAGO.—Hogs—Bulk, \$10.20 @ 11; light, \$9.90 @ 11.10; mixed, \$9.25 @ 11.20; heavy, \$9.75 @ 11.10; rough, \$9.75 @ 10; pigs, \$6.75 @ 9.75.

Cattle—Native beef cattle, \$6.50 @ 11.30; Western steers, \$6 @ 9.25; stockers and feeders, \$4.60 @ 7.65; cows and heifers, \$3.50 @ 9.20; calves, \$5.50 @ 13. Sheep—Wethers, \$6.25 @ 8.50; ewes, \$2.80 @ 7.90; lambs, \$6.75 @ 10.75.

W. L. DOUGLAS

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Save Money by Wearing W. L. Douglas shoes. For sale by over 9000 shoe dealers. The Best Known Shoes in the World.

W. L. Douglas name and the retail price is stamped on the bottom of all shoes at the factory. The value is guaranteed and the wearer protected against high prices for inferior shoes. The retail prices are the same everywhere. They cost no more in San Francisco than they do in New York. They are always worth the price paid for them.

The quality of W. L. Douglas product is guaranteed by more than 40 years experience in making fine shoes. The smart styles are the leaders in the Fashion Centres of America. They are made in a well-equipped factory at Brockton, Mass., by the highest paid, skilled shoemakers, under the direction and supervision of experienced men, all working with an honest determination to make the best shoes for the price that money can buy.

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An Unwelcome Variety. "Is Bliggins an optimist?" "Yes. But he's one of the kind that reminds you of all your troubles and then tells you to cheer up."

Dr. Peery's "DEAD SHOT" is an effective medicine for Worms or Tapeworm in adults or children. One dose is sufficient and no supplemental purge necessary.—Adv.

Quite a Hardship. "Did you hear what happened to young Dowder Simkins?" "No. What was it?" "He hurt his right arm in a motor accident and now he's compelled to hold his highballs with his left. It's deuced awkward, too."

MOTHER'S JOY SALVE for Colds, Croup, Pneumonia and Asthma; GOOSE GREASE LINIMENT for Neuralgia, Rheumatism and Sprains. For sale by all Druggists. GOOSE GREASE COMPANY, MFR'S., Greensboro, N. C.—Adv.

Hard to Please. "I'd like to show this patent cleaner to your wife." "My wife is out." "I'll leave it on approval." "You're taking a long chance, old man. My wife never quite approves anything."

CLEAR RED PIMPLY FACES Red Hands, Red Scalp With Cuticura Soap and Ointment. Trial Free.

The soap to cleanse and purify, the Ointment to soothe and heal. Nothing better, quicker, safer, surer at any price for skin troubles of young or old that itch, burn, crust, scale, torture or disfigure. Besides, they meet every want in toilet preparations.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

Not Converted. "I've just returned from the 'Country,'" said the enthusiastic man. "Three square meals a day, plenty of sleep and nothing to worry about—that's the life!"

"You seem to like it." "And so I do. But just think, I haven't been inside of a theater or a cabaret for a month! We'll have to make the rounds tonight."

Important to Mothers Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of J. C. FLETCHER. In Use for Over 30 Years. Children Cry for Fletcher's Castoria.

Just Like Home Folks. "Have a good time on your trip to New York?" "Yes, but that town has been greatly over-advertised."

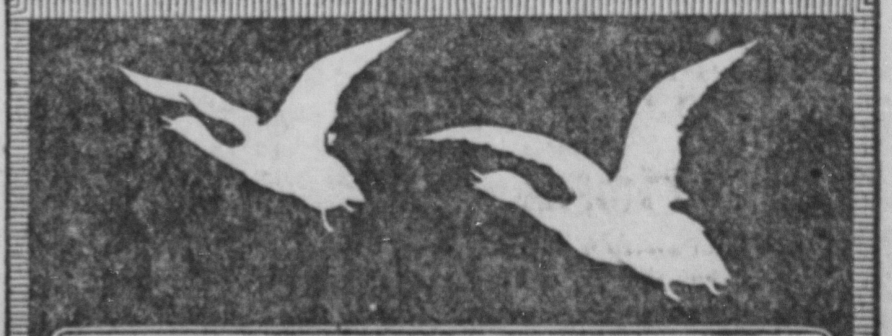
"In what way?" "Well I stopped with friends in one of the residential districts and most of the people there actually went to bed at ten o'clock every night."

Stick, Granulated Erythra, Sore and Inflamed Eyes Soothed promptly by the use of ROMAN EYE BALSAM.—Adv.

Its Sort. "De Jones gives a very spicy account of his victory over a wrestling bear at the show."

"Yes, I heard him say it was a cinnamon bear."

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Husband With a Title. "Mary Ann Simpkins has married a title." "Go 'way! What is it?" "Title to 'Zlar Hopper's 200-acre farm.'"—Browning's Magazine.



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Yager's Liniment is excellent for any kind of pain or congestion. It quickly relieves backache and rheumatic pains, and is a splendid remedy for Neuralgia, Sciatica, chest pains, sprains, strains, swellings and enlargements.

Keep a bottle in your home for emergencies—you never can tell when you will require something of the sort.

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ANTISEPTIC POWDER FOR PERSONAL HYGIENE Dissolved in water for douches stops pelvic catarrh, ulceration and inflammation. Recommended by Lydia E. Pinkham Med. Co. for ten years.

A healing wonder for nasal catarrh, sore throat and sore eyes. Economical. Has extraordinary cleansing and germicidal power. Sample Free. 50c. All druggists, or postpaid by mail. The Patent Toilet Company, Boston, Mass.

PARKER'S HAIR BALSAM A toilet preparation of merit. Helps to eradicate dandruff. For Restoring Color and Beauty to Gray or Faded Hair. 50c. and 10c. at all Druggists.

"ROUGH ON RATS" Rats, Mice, Skunk, Lice, Fleas, etc. Kills them. 10c. and 25c. W. N. U., BALTIMORE, NO. 41-1916.