

In the Bath
Before retiring, use with warm water and insure a restful night.
It **Refreshes**
Contains 30% Pure Sulphur.
Wm's Hair & Whisker Lotion, Black or Brown, 50c

WHY NOT TRY POPHAM'S ASTHMA MEDICINE
Gives Prompt and Positive Relief in Every Case. Sold by Druggists. Price \$1.00. Trial Package by Mail 10c.
WILLIAMS MFG. CO., Props. Cleveland, O.

The buildings of Amsterdam are built largely on pilings. The town hall stands on 13,000 such supports.

An Expert
"There goes Stivers, the famous beauty specialist."
"One of those chaps who undertake to remodel your face if the style of architecture doesn't suit you?"
"Oh, no. Nothing like that. He selects the chorus girls for a producer of musical comedies."

FIERY RED PIMPLES
Soothed and Healed by Cuticura Soap and Ointment. Trial Free.

Smear the affected skin with Cuticura Ointment on end of finger. Let it remain five to ten minutes. Then wash off with plenty of Cuticura Soap and hot water. Dry without irritation. Nothing like Cuticura for all skin troubles from infancy to age.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere—Adv.

Dangerous Place.
"That's a peculiar looking brute you have on the back of your neck," observed the doctor.
"Yes," said his patient. "I'm subject to those. You see, I'm a clarinet player in an orchestra."
"I don't see how that can produce bruises on the back of your neck."
"It doesn't produce them exactly, but it places me in a position where I am very liable to get them."
"How is that?"
"I sit directly in front of the man who plays the slide trombone."

To Extinguish Gasoline Fire.
Experiments recently carried out by a British fire prevention committee show that the best way to extinguish a small gasoline fire is to spread over the burning liquid a mixture of ten pounds of bicarbonate of soda and twelve pounds of common sawdust. The sawdust need not be wet but must be free from chips and shavings. The theory is that the sawdust, by floating on the burning liquid, excludes the oxygen of the air, and the heat of the flame generates carbonic acid gas, which helps extinguish the fire. Sawdust alone gives satisfactory results, better than sand or similar materials.

Harold Yoh, twenty-two years old, of Sinking Spring, near Reading, was fatally hurt, and Francis Noll, also of Sinking Spring, received injuries, when a motorcycle with side car, on which they were riding, crashed into a telegraph pole at Temple, above Reading. Yoh, who was operating the motorcycle, sustained a fractured skull and died on his way to the hospital.

County Superintendent of Public Instruction George A. Grim, has decided to hold the annual Northampton County Teachers' Institute at Easton beginning the week of September 25, instead of October 23-27, on account of the schools not opening until September 29 and also because it will not cause an interruption of one week in the already delayed opening of the schools.

Announcement was made by the Board of Conference Claimants of the Methodist Episcopal Church, that \$50,000 had been raised in the Juniata district of the Central Pennsylvania Conference where an intensive campaign is being made to raise \$400,000 for aged preachers. Twenty-five thousand dollars was given by one prominent layman and a business man of Huntingdon, contributed \$1,000.

Fifteen hundred and eight persons were helped to employment by the State Bureau of Employment, which is a branch of the Department of Labor and Industry, during the month of August, according to a report just issued. This is a greater number than during July. Requests for help were made by 2,687 employers during the month and 2,535 workers asked State aid to get positions, of the latter number, 1,705 were referred to positions.

Price Graffis, a disbarred Altoona lawyer, recently convicted of slandering Attorney H. A. Davis, Governor Brumbaugh's local campaign manager last spring, was sentenced to four months in jail and a \$100 fine by Judge Thomas F. Bailey, of Huntingdon, specially presiding. Judge Bailey said he would release Graffis on parole at the end of two months if he came into court and apologized to those he had wronged. Graffis will appeal.

If Coffee don't agree use POSTUM
There's a Reason
Postum Cereal Co., Ltd. Battle Creek, Mich.

STATE NEWS IN SHORT ORDER

Latest Doings in Various Parts of the State.

PREPARED FOR QUICK READING

William Rettew has been appointed postmaster at Leacock postoffice, filling a vacancy made some time ago.

Residents of Riverside, a suburb of Harrisburg, rejected a plan for annexation suggested by a number of residents.

Tamaqua's water supply is falling so rapidly owing to lack of rain that a pumping station has been established and is in operation day and night.

Caught by a rush of rock and dirt in a chute at the Lehigh Coal & Navigation Company's No. 4 colliery, Tamaqua, William Adams, aged twenty-five years, was killed.

Chester's industrial prosperity is reflected in increased business at the postoffice, where postal savings have increased 138 per cent. within the last year. The increase in other departments has been as great, and additional clerks have been employed.

Charles Marchez, of Chester, was killed and a dozen other workmen narrowly escaped serious injury when chains supporting a casting at the Penn Mairne Engineering & Ordnance Company broke. The casting fell off ten feet, striking Marchez on the head.

The Pastoral Association of the Allentown Lutheran Conference at a meeting held in Bethlehem, elected Rev. F. W. Wackernagel, of Allentown, president; Rev. E. E. Fisher, of Easton, vice-president; and Rev. H. F. Sieger, of Northampton, secretary and treasurer.

A big auto driven by D. E. Parker, president of the First National Bank of Juniata, knocked a trolley car off the track at Altoona. The trolley plunged across the street and smashed a shed in front of ex-Sheriff T. D. Hughes' store. Passengers escaped in jury.

The Pottsville School Board decided that because of the delay in opening the schools, there will be no Christmas holidays, except the day itself. The two weeks' vacation has been eliminated and there will be only one-day celebrations of Thanksgiving and Memorial Day.

While Roy Klem, forty years old, was attempting to drive a team across the Reading tracks at Shamokin, the team was struck by a passenger train. The driver was hurled high in the air, and picked up unconscious; seriously, if not fatally injured. One horse was killed and the other had to be shot.

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TO DISGUISE MILK

MANY WAYS OF PREPARING IT FOR CHILDREN.

Not All Youngsters Like This Most Valuable of All Foods, and Here Are Some Methods of Introducing It Into Diet.

How to introduce the necessary quantity of milk into the diet of a child who dislikes it is a problem which confronts many mothers at this time of year. Milk is such a perfect food for children that it is always a pity when it is not taken readily and enjoyed, but with a little ingenuity, the trouble usually may be overcome. The best authorities on children's diet consider a quart of milk a day the proper allowance for a child past the third year, this quantity to include milk used in preparing food and that served with cereals, as well as milk taken as a beverage.

Where a child shows a disinclination to drink milk, fancy colored glasses with figures sketched on the outside will often change the aspect of things and distract the child's attention. Sucking the milk through a straw is another innocent trick by means of which the desired quantity is absorbed. Cocoa, either hot or cold, is another valuable means of introducing milk into a child's diet, as only enough cocoa need be added to change the appearance and flavor.

An excellent way of introducing milk into a child's diet is with vermicelli, which in many families is considered the nursery form of macaroni. Instead of the familiar white sauce served to adults the final cooking of the vermicelli should be in milk and slightly thickened. Milk should also be used on finely chopped potato and on any other vegetables where a cream sauce would ordinarily be served.

Cereals cooked in milk instead of in water are practically the same in appearance, though much more nutritious because of the milk absorbed in the slow cooking. Half milk and half water may also be used, or the preliminary cooking can be done in water and milk added to the cereal when partly done. Cereal puddings, either hot or cold, also offer a wide range for the attractive use of milk. The simplest of creamy rice puddings can be completely changed in appearance by the addition of cocoa stirred in while the ingredients are being mixed.

An egg poached in milk and served with a spoonful of thickened milk poured over it on a slice of toast will often be enjoyed by a child who refuses milk as a beverage. Another excellent way of combining egg and milk is to beat an egg until light and foamy, adding a scant half cupful of milk and a few grains of salt. Pour into a buttered ramekin and set in a pan of boiling water either on the stove or in the oven. Do not stir but let it cook until thick and creamy. Let the child eat it from the ramekin.

"Hodge Podge Pickle" Recipe.
One dozen cucumbers, sliced thinly; one gallon shredded cabbage, four onions, three teaspoonfuls salt, two cupfuls white sugar, four red peppers, one-half pound dry mustard, one ounce celery seed, one ounce white and black mustard seed. Add enough vinegar to mix thoroughly, and let come to boiling point. Stir in mustard, which has been mixed with cold vinegar. Boil 20 minutes; seal in jars while hot. Excellent to serve with meats.

Stuffed Egg Aurors.
These are made by removing the yolks from hard-boiled eggs, and mixing them with a tablespoonful of fresh cream, the same amount of fresh butter, English mustard, and a teaspoonful of minced tarragon leaves. The mixture should be put through a fine wire sieve, then into a pastry bag and forced through a rose tube into the halved whites of the eggs; each is decorated with a star-shaped piece of pimento and garnished with watercress. They may be served in nests of watercress.—Vogue.

Beef Relish.
Mix well together one quart of finely chopped cabbage, one quart of chopped boiled beef, two cupfuls of sugar, one cupful of chopped onion, one cupful of grated horseradish, one tablespoonful of salt and a small amount of cayenne. Cover with cold vinegar and keep well corked. This is a change from the familiar kinds of pickles kept on hand by the careful housewife.

Tomato Savory.
Take one-half pound of tomatoes, skin them, cut them in slices, put one ounce of butter into a saucepan, add the tomatoes, pepper and salt, and cook them slowly about ten minutes, then add the yolks of two fresh eggs. Stir till the mixture is quite a thick paste and serve it on little croûtes of fried bread.

Ingenious Tray Stand.
There is always more or less trouble with an invalid's tray unless one happens to be the possessor of a bedside table. One woman pushed a drophead sewing machine close to the bed, turned the cover back over the bed, and found that she had an excellent stand for the tray.

Have Salt and Pepper Mixed.
It is a good idea to have a good sized kitchen salt shaker filled with a mixture of salt and pepper. This saves time in seasoning.

THE MARKETS

NEW YORK.—Wheat—Spot easy; No. 1 Durum, 175½c; No. 2 hard, 167½c; No. 1 Northern Duluth, 179c; No. 1 Northern Manitoba, 177½c f o b New York.

Corn—Spot firm; No. 2 yellow, \$1.00 6 f f New York.

Oats—Spot easy; standard, 54½@55½c.

Butter—Creamery, extras (52 score), 33¼@33½c; creamery (higher scoring), 34@34½c; firsts, 31½@33c; seconds, 29½@31c.

Eggs—Fresh gathered, extra fine, 35 36c; extra firsts, 34@34½c; firsts, 34@34½c; nearby hennerly whites, fine to fancy, 45@48c; nearby hennerly, browns, 38@42c.

Cheese—State, fresh specials, 18½@19c; do, average, fancy, 18½c.

Live Poultry—Broilers, 21c; fowls, 18½c; turkeys, 18@20. Dressed poultry, chickens, 25@31c; fowls, 17@23; turkeys, 27@35c.

PHILADELPHIA.—Wheat—Car lots, in export, No. 2 red spot, \$1.52@1.54½; No. 2 Northern red, \$1.51@1.52; do, do, steamer, \$1.50@1.51; do, do, No. 3, \$1.50@1.51; rejected A, \$1.47½@1.49½; rejected B, \$1.55½@1.57½c.

Corn—Car lots for local trade, as to location, No. 2 yellow, 99@99½c; do, do, steamer, yellow, 98½@99c; do, do, No. 3 yellow, 96½@97½c; do, do, No. 4 yellow, 93½@94½c.

Oats—No. 2 white, 54@54½c; standard white, 53@53½c; No. 3 white, 51½@52½c; No. 4 white, 50½@51½c; sample, 48@49c.

Butter—Western, solid-packed creamery, fancy, specials, 36c; do, do, extras, 34@35c; extra firsts, 33@33½c; firsts, 32@32½c; seconds, 31@31½c; nearby prints, fancy, 37c; do, do, average extras, 35@36c; do, do, firsts, 33@34c; do, do, seconds, 31@32c; jobbing sales of fancy prints, 40@43c.

Eggs—Nearby extras, 35c per dozen; nearby firsts, per standard case, 99.90; current receipts, 99.60; Western extras, 25c per dozen; do, do, extra firsts, 99.90 per case; do, do, firsts, 99.20@99.60; fancy selected candied, jobbing at 39@41c per dozen.

Cheese—New York, full cream, fancy, 19½c; do, fair to good, 18½@19c; do, do, part skims, 11@17c.

Live Poultry—Fowls, 20@21c; large, heavy stock preferred; roosters, 14@15c; spring chickens, according to quality, weighing 1½@2 pounds and over, 23@24c; do, do, smaller sizes, 20@22c; do, do, white leghorns, according to quality, 19@21c; ducks, 15@17c; pigeons, old, per pair, 25@28c; do, young, per pair, 18@22c; Guineas, per pair, old, 50@60c; young, according to size, weighing 1½ pounds apiece and over, 90c@1.10; smaller sizes, 70@80c.

BALTIMORE.—Wheat—No. 2 red, spot and September, 156½c; October, 157½c; December, 159½c; No. 2 red Western, spot and September, 161½c.

Corn—Spot and September, 94½c.

Oats—No. 2 white, 54c; standard white, 53@53½c; No. 3 white, 52@52½c.

Rye—No. 2 Western, export, \$1.29@1.30; bag lots, as to quality and condition, 90c@1.10.

Hay—No. 1 timothy, \$17@17.50; No. 2 do, \$16@17.50; No. 3 do, \$11.50@14.50; light clover mixed, \$15.50@16; No. 1 do, \$14@14.50; No. 2 do, \$11@13; No. 1 clover, \$10@11.50; No. 2 do, \$10@10.50; No. 3 do, \$8@9.

Straw—No. 1 straight rye, \$14@15; No. 2 do, \$13@14; No. 1 tangled, \$10.50@11; No. 2 do, \$9.50@10; No. 1 wheat, \$8.50@9; No. 2 do, \$7.50@8.50; No. 1 oat, \$9@9.50; No. 2 do, \$8@8.50.

Butter—Creamery, fancy, 33@33½c; do, choice, 32@32½c; do, good, 30@31c; do, prints, 33@34c; do, blocks, 32@33c; Maryland and Pennsylvania rolls, 24@25; Ohio rolls, 24; West Virginia rolls, 24; storepacked, 24; Maryland, Virginia and Pennsylvania dairy prints, 24@25c.

Eggs—Maryland, Pennsylvania and nearby firsts, 30c; Western firsts, 30c; West Virginia firsts, 30c; Southern firsts, 29c.

Live Poultry—Chickens, old hens, 4 lbs and over, 20c; do, do, small to medium, 19c; do, old roosters, 11c; do, springers, large, 21c; do, small to medium \$19@20; do, do, white leghorns, 19@20; ducks, young, Pekings, 3½ lbs and over, 16c; do, do, puddle, do, do, 15c; do, do, muscovy, do, do, 15c; do, do, smaller, 13@14c.

Live Stock

CHICAGO.—Hogs—Bulk, \$10.35@11.25; light, \$10.40@11.45; mixed, \$10@11.45; heavy, \$9.95@11.45; rough, \$9.95@10.15; pigs, \$6.50@9.50.

Cattle—Native beef cattle, \$6.65@11.50; Western steers, \$6.40@9.25; stockers and feeders, \$4.75@7.75; cows and heifers, \$3.70@9.50; calves, \$8.50@13.

Sheep—Wethers, \$6.65@8.25; ewes, \$3.65@7.80; lambs, \$6.85@11.10.

KANSAS CITY.—Hogs—Bulk, \$10.70@11.95; heavy, \$10.75@11.10; packers and butchers, \$10.70@11.10; light, \$10.75@11.10; pigs, \$8.75@10.

Cattle—Prime fed steers, \$10@11; dressed beef steers, \$7.25@9.75; Southern steers, \$5.25@8.25; cows, \$4.70@7.50; heifers, \$6@10.50; stockers and feeders, \$6.25@8.25; bulls, \$6.25@6.75; calves, \$6.50@11.

Sheep—Lambs, \$10.10@11; yearlings, \$7.50@8.25; wethers, \$7.25@7.75; ewes, \$6.75@7.25.

MOTHER'S JOY SALVE

for Colds, Croup, Pneumonia and Asthma; GOOSE GREASE LINIMENT for Neuralgia, Rheumatism and Sprains. For sale by all Druggists. GOOSE GREASE COMPANY, MFG.'S., Greensboro, N. C.—Adv.

Literary Diet.
"They say Gladys feeds her mind with constant reading."
"Maybe so. Last night she was devouring a novel, and this morning I found her entering a cereal."

Save the Babies.

INFANT MORTALITY is something frightful. We can hardly realize that of all the children born in civilized countries, twenty-two per cent., or nearly one-quarter, die before they reach one year; thirty-seven per cent., or more than one-third, before they are five, and one-half before they are fifteen!

We do not hesitate to say that a timely use of Castoria would save a majority of these precious lives. Neither do we hesitate to say that many of these infantile deaths are occasioned by the use of narcotic preparations. Drops, tinctures and soothing syrups sold for children's complaints contain more or less opium or morphine. They are, in considerable quantities, deadly poisons. In any quantity, they stupefy, retard circulation and lead to congestions, sickness, death. Castoria operates exactly the reverse, but you must see that it bears the signature of Chas. H. Fletcher. Castoria causes the blood to circulate properly, opens the pores of the skin and always cures.

Genuine Castoria always bears the signature of *Chas. H. Fletcher*

Her Idea.
Mrs. Flatbush—Where's your husband these days?
Mrs. Bensonhurst—He's gone to the front with his regiment.
"What! to fight?"
"Oh, no. He won't have to fight. He's an officer."

A woman's idea of domestic economy—make her husband give up smoking.

China yearly imports 200,000,000 gallons of kerosene.

W. L. DOUGLAS
"THE SHOE THAT HOLDS ITS SHAPE"
\$3.00 \$3.50 \$4.00 \$4.50 & \$5.00 FOR MEN AND WOMEN
Save Money by Wearing W. L. Douglas shoes. For sale by over 9000 shoe dealers. The Best Known Shoes in the World.
W. L. Douglas name and the retail price is stamped on the bottom of all shoes at the factory. The value is guaranteed and the wearer protected against high prices for inferior shoes. The retail prices are the same everywhere. They cost no more in San Francisco than they do in New York. They are always worth the price paid for them.

The quality of W. L. Douglas product is guaranteed by more than 40 years experience in making fine shoes. The smart styles are the leaders in the Fashion Centres of America. They are made in a well-equipped factory at Brockton, Mass., by the highest paid, skilled shoemakers, under the direct supervision of experienced men, all working with an honest determination to make the best shoes for the price that money can buy.

Ask your shoe dealer for W. L. Douglas shoes. If he cannot supply you with the kind you want, take no other makes until he writes for interesting booklet explaining how to get shoes of the highest standard of quality for the price, by return mail, postage free.

LOOK FOR W. L. Douglas name and the retail price stamped on the bottom.

W. L. Douglas President
W. L. Douglas Shoe Co., Brockton, Mass.

Boys' Shoes Best in the World \$3.00 \$2.50 & \$2.00

Unfailing.
"When smoke goes straight up in the air, what is it a sign of?"
"That something is burning."

OLD PRESCRIPTION FOR WEAK KIDNEYS
A medicinal preparation like Dr. Kilmer's Swamp-Root, that has real curative value almost sells itself. Like an endless chain system the remedy is recommended by those who have been benefited to those who are in need of it.

Dr. Kilmer's Swamp-Root is a physician's prescription. It has been tested for years and has brought results to countless numbers who have suffered.

The success of Dr. Kilmer's Swamp-Root is due to the fact that it fills almost every wish in overcoming kidney, liver and bladder diseases, corrects urinary troubles and neutralizes the uric acid which causes rheumatism.

Do not suffer. Get a bottle of Swamp-Root from any druggist now. Start treatment today.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

Nature paints things red in the fall—and many a man is able to trace his fall back to the time when he painted things red.

Wright's Indian Vegetable Pills have stood the test of time. Test them yourself now. Send for sample to 372 Pearl Street, N. Y.—Adv.

Boston now has 348,292 names in its city directory.

NEVER HAD A CHILL
After taking ELIXIR BABEK
"My little daughter, 10 years old, suffered nearly a year with chills and fever, most of the time under the doctor's care. I was discouraged and a friend advised me to try ELIXIR BABEK. I gave it to her and she has never had a chill since. It completely cured her." Mrs. Cyrus Heims, 303 E. 9th, N. E., Washington, D. C.
ELIXIR BABEK 50 cents, all druggists or by Parvian Post prepaid from Kloczewski & Co., Washington, D. C.

Too Slow.
"Does Billy get much pleasure out of his new motor car?"
"I don't see how he can. He's had it six months and hasn't been arrested for speeding once!"

The Bathers.
Patience—Aren't you coming in the water?
"Patience—Yes; how is it?"
"Pretty cold."
"I thought so. This bathing suit isn't very warm."
"Where are you going now?"
"Back to the bath-house to get my fur bonnet."

The Right Kind.
"Modern steamers are floating hotels."
"Do they employ the bell boys?"

10c and This Coupon Brings You the Big 101-Song Book.
containing words and music of 101 favorite songs of the past and present. The biggest and best song book ever offered to the music-loving public. Will help you to pass many happy hours of song and music. No home should be without it.

THE CORLEY COMPANY,
The House That Made Richmond Musical.
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Contains songs COUPON.
For Thanksgiving, Christmas, schools, patriotic and college songs.

Do You Want an Extra Income?
You can easily make from 25 to 50 dollars per month extra without interfering with your present employment by distributing our catalogues and other advertising matter among your friends and acquaintances. If you want to help yourself or family, address **COLONIAL CHINA & IMPORTING CO.,** 31-33 East 27th St., New York City.

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A toilet preparation of merit. Tends to eradicate dandruff. For Restoring Color and Beauty to Gray or Faded Hair. 50c and 75c at Druggists.

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"ROUGH ON RATS" Ends Rats, Mice, Bugs, Lice outdoors. Use and see.

W. N. U., BALTIMORE, NO. 39-1916.

THE HUNTER'S MOON
Should Find You Equipped With **WINCHESTER RIFLES AND CARTRIDGES**
Such an equipment will insure your success, as it has thousands of other hunters. Don't take a chance with other makes, but take along Winchester Rifles and Cartridges—the always-reliable kind. Made for all kinds of shooting.

THE W BRAND BRINGS HOME THE GAME