DRINK HOT WATER BEFORE BREAKFAST

Says you really feel clean, sweet and fresh inside, and are seldom ill.

If you are accustomed to wake up with a coated tongue, foul breath or a dull, dizzy headache; or, if your meals sour and turn into gas and acids, you have a real surprise await ing you.

Tomorrow morning, immediately upon arising, drink a glass of hot water with a teaspoonful of limestone phosphate in it. This is intended to first neutralize and then wash out of your stomach, liver, kidneys and thirty feet of intestines all the indigestible waste. poisons, sour bile and toxins, thus cleansing, sweetening and purifying the entire alimentary canal.

Those subject to sick headaches, backache, bilious attacks, constipation or any form of stomach trouble, are urged to get a quarter pound of limestone phosphate from your druggist or at the store and begin enjoying this morning inside-bath. It is said that men and women who try this become enthusiastic and keep it up daily. It is a splendid health measure for it is more important to keep clean and pure on the inside than on the outside, because the skin pores do not absorb impurities into the blood, causing disease, while the bowel pores do.

The principle of bathing inside is not new, as millions of people practice it. Just as hot water and soap cleanse. purify and freshen the skin, so hot water and a teaspoonful of limestone phosphate act on the stomach. liver, kidneys and bowels. Limestone phosphate is an inexpensive white powder and almost tasteless .- Adv

Forty per cent of the people in the United States attend church.

Prince Joachim, youngest son of the German emperor, is a spendthrift

Use Murine after Exposure in Cold. Cutting Winds and Dust. It Restores. Refreshes and Promotes Eye Health. Good for all Eyes that Need Care. Murine Eye Remedy Co., Chicago, Murine Eye Remedy Co., Sends Eye Book on request.

Motorcycles that weigh less than a hundred pounds have been invented in England for women.

Marvelous.

"Speaking of fast young men-"

"It's surprising how much speed some of them can generate on a salary of \$12 a week."

His Dad Knew. Earlie-Say, pa, what is "ready

money" His Dad-All of it is ready, my son. Earlie-All of it ready? His Dad-Yes; ready to get away

As Johnnie Heard It.

Little Johnnie had been accustomed to go to sleep during every sermon. despite the scoldings of his mother One Sunday morning she sent him

off to church and intimated to him that if he went to sleep they would go into executive session in the wood shed on his arrival from church. As a test of his being away she re

quired that he tell her the preacher's text when he went home Johnnie's natural propensity to sleep was offset by his fear as to what

might happen in the woodshed, so he staved awake. He came back conscious of the fact that he was on the safe side, and when his mother asked him what the

text has be unblushingly accused the preacher of the following text: "Moses was an oyster man and made oint ment for the shins of his people." The real text was: "Moses was an

austere man and made atonement for the sins of his people."

THE FIRST TASTE Learned to Drink Coffee When a Boy

If parents realized the fact that coffee contains a drug-caffeine-which is especially harmful to children, they would doubtless hesitate before giving them coffee to drink.

'When I was a child in my mother's arms and first began to nibble things at the table, mother used to give me sips of coffee. And so I contracted the coffee habit early.

"I continued to use coffee until I was 27, and when I got into office work I began to have nervous spells. Especially after breakfast I was so nervous I could scarcely attend to my correspondence

"At night, after having had coffee for supper, I could hardly sleep, and on rising in the morning would feel weak and nervous

"A friend persuaded me to try Pos-"I can now get good sleep, am free

from nervousness and headaches. 1 recommend Postum to all coffee drink

Name given by Postum Co., Battle Creek, Mich.

Postum comes in two ferms: Postum Cereal-the original formmust be well boiled, 15c and 25c pack-

Instant Postum-a soluble powderdissolves quickly in a cup of hot water, and, with cream and sugar, makes a delicious beverage instantly. 30c and

Both forms are equally delicious and cost about the same per cup. "There's a Reason" for Postum

-sold by Grocers.

SUNDAY CHARGES INTO MINISTERS

Preaches His Famous Home Sermon Before an Audience of 20,000 People.

GETS INTO PROHIBITION FIGHT

The Evangelist Was Cheered To the Rafters When He Declared That the "Shut Up the Hell Holes That Make Drunkards."

Baltimore.-Billy Sunday dops into the pit. The evening service was concluded, and the audience of 16,000 persons had begun to leave, when Sunday stooped suddenly without a word, threw back the trapdoor and dropped down into the pt, which brings his chest on a level with the floor of the platform. His outstretched hand was sufficient invitation-the congregation swerved from its outgoing and thronged to the platform. The afternoon audience of 9,000 persons bad done the same thing when Sunday suddenly appeared on the bottom step of the platform and held out his hand. He clasped hands with fully 1,000 men,

women and children. Homer Rodeheaver, winding up the night's preliminary song service, asked the audience to be particularly quiet, and explained that Mr. Sunday found it difficult to make himself heard over the vast building; that he was suffer ing from the effects of weariness and the sudden change in climate, but that the platform and said: he would "soon get used to it and be all right."

Holds Big Throng Rapt.

In spite of his hoarseness, however, Mr. Sunday reached with his voice the four corners of the building, and held his big audiences in rapt attention. With one voice his auditors laughed at his jokes, with remarkable spontaneity they applauded his oratorical periods-for Sunday often does achieve real rhetorical excellence, even though he does generally reach a climax (or anti-climax) of droll slanginess. And when he touched the strings of emotion, the audience responded by sitting in tense silence, while many an eye was moist. *

"Jacob" was the theme on which Sunday based his evening sermon, after there had been a rousing song service, and after the Rev. Dr. Oliver Huckel, pastor of Associate Congregational Church, had delivered the invocation, but he talked generalities more than he did Old Testament. He flayed self-complacency, narrowness, hypo- ment.

crisy, greed and sinfulness. "You Take It Too Easy."

And at the climax, when the congregation was sitting almost open-

"Do you know what's the matter though you ate too much and slept too a very short space of time. well over the old town's going to hell; you look as though you took it too pletely surrounded by a partition, easy!"

He turned aside to assert that Amerthat it was ahead of all nations in sistance in beating back the cold from number of divorces, and that its num- the crowds inside. ber of murders were appallingly numerous, while the chances of legal punishment were small. Or, as he expressed it, "If you commit murder the chances are 80 to 1 that you'll never get the juice.". Science could offer no remedy, he said; the Socialist could offer no remedy-the only remedy was can put pajamas on a goat.

religion, a turning to God. Rewrite Moral History.

"Hey, you preachers!" he shouted dramatically, whirling to face the scores of clergymen gathered in the reserved section: "Hey, you ushers, you choir, you church people! If you I was with it. spend a night in fasting and prayer you'll rewrite the moral history of Baltimore!"

The evangelist began his sermon by saying that the life of Jacob was the history of the Jews in epitome and proceeded at once to pay a glowing tribute to the Jew of yesterday and today. The Jew today, he said, was just as distinctive as was the Jew 6,000 years ago: the Jew 6,000 years hence would be as distinctive as the Jew of today. He praised the thrift of the Jew, praised his loyalty to his family, said that there were no "panhandlers" among Jews; that no Jewish fathers or mothers were to be found in the poorhouse. He said that a Jew had furnished the money by means of which Columbus was enabled to discover America; that a Jew had furnished the money to Washington that made possible the freedom of America.

Congregation Warms Up. The congregation seemed in sympaand warmed up in responsiveness as down the aisle. he progressed. It clapped when he tion of the liquor traffic and when he said: "You can't pray 'Thy kingdom come' and then vote for that rotten, awful temper, but that it was all over stinking business; you can't pray 'Thy kingdom come' and look at God it blows things to thunder while it through the bottom of a beer glass." lasts. It applauded as vigorously when he excoriated graft, and wound up by de worth League meeting and says: "Let's claring that this republic could not last sing Throw Out the Life Line." The if it continued to be ruled by grafters poor boobs haven't got strength enough and crooks.

Outside of Mr. Sunday's sermon, that part of the porgram which impressed the congregation most was the singing, for the great choir has attained a degree of real efficiency and 'Rody" leads it with telling effect. Antiphonal singing-from the choir in front to the members of the congregation occupying the back section of the tabernacle-is a most effective means of arousing enthusiasm, and its effect in whipping alive the dormant emotions of the throng is easily seen.

Blows At Liquor Set The tremendous applause of a vast audience of nearly 20,000 people led Billy Sunday to "butt into" the prohibition fight, and to declare that "they'd better do something before 1

get out of Baltimore." In a stirring sermon on "Home," Way To Stop Drunkenness Was To the evangelist, who had been carrying his hearers along on the force of his eloquence, touched on the liquor question by saying: "The proper way to stop drunkenness is to shut up the hell holes that make drunkards." Half of the ministers' section stood on its feet and cheered; the audience, appreciating the application of the remark to the State liquor fight, cheered likewise until the huge building rang with thunder.

"Better Do Something."

Sunday paused, then quick as a flash ame back with:

"And if the Legislature of Maryland hasn't backbone and grit enough to put it across, let them send it back to the people and we will put it across. They'd better do something before I

get out of Baltimore!" As if by prearranged signal thousands of handkerchiefs appeared, and the concourse, of its own accord, gave the Chautauqua salute, to the accompaniment of shouts.

Blamed For His "Dryness." When handkerchiefs had ceased to lutter, Sunday strode to the front of

"That God-forsaken gang of liquor men blamed me for making three States 'dry,' Iowa, Colorado and West Virginia.'

"All right," a stentorian voice yelled from the middle of the audience. 'make it one more."

"I'd like to," responded Sunday; "if I had my way there wouldn't be a drop to be had after this midnight!"

A House Of Wonder. One of the primary principles of art s "fitness to purpose." The theory is that the more a thing fits the purpose for which it was designed, the more beautiful, the more artistic it is By this standard judged, the Billy Sunday Tabernacle out on the York road is a real work of art.

To an overwhelming majority of the thousands who poured into it on Sunday it was their first view of the great structure. Its completeness, its eveniences, its perfect adaptability to the needs of the revival were subjects of general and admiring com-

There is nothing purely decorative in the entire scheme. Everything is of plain white board, that glistens beautifully under the glare of the arc lights. The structure is like a long. mouthed, he swept an accusing finger low-lying shed, with countless doors, over the vast assemblage and roared affording a maximum of convenience for crowds entering and leaving the place. By the multiplicity of doors it with you, Baltimore? You look as is possible to empty the tabernacle in

The interior of the building is comforming a circle several yards wide. This is an excellent storm and wind ica was leading the world in crime; protection, and is also of material as-

SUNDAY HOT SHOT

A girl can't deceive a worth-while. sharp-eyed suitor any more than she

You say a revival is temporary. Yes, so is a bath, but it does you good all the same.

God never called me to be a pastor of a church; If he did, I would be sure to get a roud-trip ticket. And, beheve me, I would skin the bunch while Women! Never mind the spring

cleaning. Attend to your church and religious affairs. The bugs have been there all winter and it won't hurt you much more to stand a few more bites. Some of the biggest devils are found in the church.

All your religion consists of its trotting to church on Sunday morning and looking pious.

I am getting sick of God's cause being backed on to a side-track for every jack rabbit that comes along.

A member of the Presbyterian Church, who was interested in the booze business, said he intended to give me \$250, but because I exposed him he did not intend to contribute a cent. I told him to go plumb to hell. If you hit their booze, play cards and go to the devil with the good-

fellow gang they call you a game sport. I've been in some churches where icicles hung from the chandeliers and a thick coating of frost was on the thy with his utterances from the first walls. It made me feel like skating

> My, but some women can put on a comes to visit them.

> A woman once told me she had an in a minute. So is a machine gun, but

> Some little sis gets up at the Epto put up a clothes line.

MEMBERS OF CONGRESS FIGHT OVER SETTLEMENT OF BIG PROBLEMS.

LEGISLATION IS HAMPERED

Bill for Government Ownership of Merchant Marine, Materially Changed, May Be Passed-Plans for Raising Revenue Still Undecided.

By GEORGE CLINTON.

Washington .- Politics and legislathe halls of congress, stopping every few feet, metaphorically speaking at any rate, for a fist fight. Heat, rancor, our old friends crimination and recrimination, and the stand-bys, con-

tention and abuse, still are present. Here is a program of the things which the members of both parties will wrangle over before the winter is done, or now are wrangling over, as

the case may be: National defense. New taxation measures

The government ownership of merchant marine. Independence for the Filipinos.

The seaman's law and attempts to change or repeal it. Child labor. The appropriations.

Prohibition and woman suffrage amendments to the constitution. Prohibition for the District of Co-

The Colombian and Hatian treaties. Some of these things, as it will be seen, already are up for discussion. Of course the matter of national defense is foremost and it has been gaining interest and acrimony from the fact that both on the Democratic and Republican sides there is to be found a considerable number of stanch op-

ponents of anything like preparedness. The bill giving a definite promise of cussed at considerable length in the house It will cause more discussion friction before it finally is disposed of The pronouncement of the Republicans in New York that it is the seuse of the party that it would be an in-

wise would have been the case. Shipping Bill Much Changed. ready some murmurs and some ap- and strong enough to put the Ameri in the two houses of congress It will world's fleets. be remembered that last year a merchant marine bill was passed by the house of representatives but met its to death. The measure this year is an appropriation of about \$50,000,000 to be owned, of course, by the govern- cover a period of five years The secment, but to be leased to private par-

One of the chief objections entered by the opponents of the shipping bill | pleted in the future is the essence of f tast year was that under its terms | all true preparedness." the government could and probably intended to (at least so it was charged) purchase merchant vessels belonging do not agree with the secretary of the to a belligerent European power and which then were and still are tied up building program over a series of in American harbors, not being able to

nut to sea for fear of capture. Last year there was denial from government quarters that there was as they put it, the time of need for big any intention of purchasing these ships, big guns and plenty of them ships. Many men hold that it would may come quickly and like a thief in be an unneutral act for the United the night. goes through, to spend virtually all the money in the building of merchant | be \$502.482,214. vessels which can be used in time of war as fleet auxiliaries.

representatives as yet does not know sible to bind future congresses in adwhat form of revenue raising meas- vance to carry it out, the navy in 1921. hile things are still in doubt as to follows: the extent of the preparedness pro- Battleships, first line 27 gram which will be adopted, it virtually is known that something will be done and that the army and navy expenses of the government largely will be increased Therefore it will be necessary to raise money to pay the bills. Immigration Bill Again.

of foreigners who cannot read have Monitors 6 been introduced into house and senate. The senate measure is fathered Supply Ships 4 Carolina, and the house measure by Transports 4 Representative John L. Burnette of

the senate and almost unquestionably jority by only a small margin.

can Federation of Labor strongly sup- the paper plans into the blaze.

ports the measure, voicing its belief that the literacy clause will keep out from this country a horde of aliens who are willing to work for what the labor representatives call un-American pay and to work also under un-American conditions

South and New England Combine. Judging from the signs in the case virtually the entire southern representation in the two houses is in favor of keeping the literacy test in the immigration law, and this means that aimost all the southern representatives will vote favorably on the bill and later, if the president vetoes it, will

vote in favor of over-riding the veto. There is a very considerable contingent of northern Democrats standing in opposition to the literacy clause. Some of the Democrats from the midtion still are moving together through | die West and the far West, however,

are in favor of it.

In this contest there is represented a somewhat curious spectacle of a combination between a good many representatives from New England and nearly all the representatives from the South. It is not often in legislation that New England and the southern states stand shoulder to shoulder on a measure of high national moment. A few New Englanders, however, and these of old American stock, are opposed to the literacy test They stand on the ground that such a test is counter to the spirit of American institutions and counter to the teachings of the early Americans.

It is generally believed in Washington that Mr. Wilson again will veto the immigration bill, provided it is passed by congress, and there seems to be every reason to think that it will be passed. The question, therefore, arises as to whether or not house and senate can muster enough votes to pass the measure over the president's "I for-

Slow With Naval Measure. The house committee on naval af fairs is going ahead with great deliberation with its work of recommending the warship building program for the future. It is, of course, urged that its deliberateness in action is due to its desire to make the report worth independence to the Philippine islands | while. Some of the advocates of preat a certain date already has been dis- paredness, however charge that the committee is simply killing time and senate and to some extent in the that the hope of many of its members is that it will not be obliged to report and many hours of debate heated by out as ambitious a naval program as was contemplated in the first instance.

The navy, of course, is recognized as the first line of defense of the United States. It is a truism that if fustice to the Filininos, and also a our navy is equal to any offensive cowardly act on the part of the United which can be launched at us from States, to turn them loose to care for abroad, our coasts will be secure from themselves at too early a date, has invasion. It is not, however, expected made the island question figure more that congress will authorize the conlargely in the public eve than other- struction of a navy which would be able to stand off the greatest navy now in existence, namely, that of England, The bill providing for the govern- but the friends of preparedness exment ownership of a merchant marine pect, if they do not fully hope, that the will be debated at great length Al. building program will be long enough plause concerning it are being heard can navy into second place among the

Secretary of the Navy Daniels has recommended to congress what is known as a "five-year building profate in the senate, where it was talked | gram." For the first time, it is said in the report of the secretary of the navy in a much changed form It provides a plan is submitted which not only covers the necessities of the immedifor the building or purchase of ships, ate future, but has been extended to retary says in submitting his report, planning today what we will begin tomorrow in order to have it com-

> What Daniels' Plan Means. There are members of congress who navy in his proposal to spread out the years. These opponents of the secretary's plan say that building on a great scale should begin instantly because,

States to buy the vessels. Under the ' The secretary's program as submitprovisions of the bill this year the ted to congress is given in detail of se of such ships still might be ships of all kinds, of ammunition, repossible, but it is understood to be the serves, and of aviation resources. The government's intention, if the measure, grand total of expenditure for five years, if the plan is carried out, will

If the committees on naval affairs of the two houses shall report in bill The ruling majority in the house of form Mr. Daniels' plan, and if it is posures it will report for adoption Even in vessels built or building, will be as

Battle cruisers 6 Battleships, second line 25 Armored cruisers 10 out griping. (ruisers. first class 5 Cruisers, third class 10 Tenders to torpedo vessels 3 Special types 8 This bill unquestionably will pass Ammunition ships 2

will pass the bouse of representatives. | congress over this building plan of the The question therefore is whether or secretary of the navy. The preparedthundered his never-ceasing condemna- prayer-meeting face when the minister out President Wilson again will veto ness folk say it is not ambitious the measure. Last year the bill went enough and is spread out over too through both houses with big majori- much time; the anti-preparedness folk ties back of it, but the house, after a say it is too ambitious, is going to cost hard fight, refused to pass the bill over too much money and ought to be split the veto of the president, the measure in twain The pacifists, and there are failing of the required two-thirds ma- a lot of them in congress, say the whole thing should be chucked into When this immigration measure the fire and they intimate that they comes up for debate there will be live- would not care much if all the ships ly hours in both houses. The Ameri- already built or building should follow

CANADA'S PLANS FOR WAR REVENUE

So Wisely Distributed That Taxation Will Affect Farmers to a Degree Practically Unnoticeable.

So many rumors have been circu-

lated regarding war taxation in a Canada that the statement made by Sir Thomas White, Canadian Minister of Finance, of the Government's plans for raising war revenue should be given the widest circulation. Sir Thomas made it clear that the revenue will be raised by taxing the profits of incorporated companies whenever those profits exceed seven per cent, and the profits of unincorporated firms or partnerships when the profits exceed ten per cent. On all such excess profits these companies or firms will have to contribute one-quarter to the Government. Transportation companies, banks, mining, milling, and other companies will be subject to this taxation. but life insurance companies, and companies with less than fifty thousand dollars capitalization, and companies. firms, or individuals engaged in agriculture or stock raising, are exempt, and pay no part of this taxation. The only other additional taxation proposed is an increase of lifty cents a barrel in the customs duty on apples. and one-half cent a gallon in customs duty on certain kinds of oils.

it will be noticed that this taxation is being applied in such a way that it does not affect farmers in the slightest degree, except, perhaps, through a small increase in cost of apples and oil. The war revenue is to be paid out of the profits of the big firms and companies with capital of over fifty thousand dollars, and even these are allowed seven per cent in some cases. and ten per cent 'n others, of clear profits before they have to pay any part of this taxation. It will be seen that the whole policy is to place the war expenditure taxation on those who nave been making big profits and are able to pay it, and to encourage farming and stockraising by exempting farmers and stock-raisers from the taxation. This ought to set at rest every rumor that the farmer or the farmer's land is being taxed to pay the cost of the war .- Advertisement.

Less than one-fifth of Spain's coal mines are officially recorded as pro-

Dr. Pierce's Pellets are best for liver, bowels and stomach. One little Pellet for a laxative-three for a cathartic.-Adv.

After putting on the boxing gloves a

man realizes why it is far more bles sed to give than to receive. Throw Off Colds and Prevent Grip.

Whe you feel a cold coming on take LAZAFIV. BRAMO UININE R removes cause of
Colus and Gri. Only One BROM' QUININE
E W TROVE'S agnature on pox. 25c

If a leap-year girl has tact she can make her victim believe he did the proposing

RHEUMATISM-ITS CAUSE AND

TREATMENT. The cause of Rheumatism is excess of uric acid and no real relief can be expected until this is eliminated. Many chronic sufferers find permanent relief after taking Rheumacide, on sale at your druggist .- Adv.

Following Fashion

the rage in fashionable circles

Blondine-Live pets in leash are all

Brunetta-1 wonder if that is .. hv Gertrude Giddigad keps so many beaux on a string?-Judge.

FOR SICK CHILD "California Syrup of Figs" can't harm tender stomach. liver and bowels.

Every mother realizes, after giving her children "California Syrup of Figs' that this is their ideal taxative. because they love its pleasant laste and it thoroughly cleanses the cender little stomach, liver and bowers with-

breath is bad, stomach sour took at Cruisers, second class 3 the tongue, mother! If coated, give a teaspoonful of this harmless 'fruit laxative," and in a few hours all the foul, constipated waste, sour bile and undigested 'ood passes out of the nowe's and you have a well playful child again. When its little system is full or cold, throat sore, has stomach-ache, ber a good 'inside cleaning' should always be the first treatment given.

Millions of mothers keep "California Syrup of Figs" handy; they know a There is going to be a hard fight in | teaspoonful today saves a sick child tomorrow. Ask at the store for a 50cent bottle of "California Syrup of Figs," which has directions for babies, children of all ages and grown-ups printed on the bottle. Adv.

His Profit.

Mr. Isaacs-I sell you dot cont at a gread savrifice Customer-But you say that of all your goods. How do you make a liv-

ing? Mr. Isaacs-Mein friendt, 1 niake a small profit on de paper and string.