

THE CHARM OF MOTHERHOOD

Enhanced By Perfect Physical Health.

The experience of Motherhood is a trying one to most women and marks distinctly an epoch in their lives. Not one woman in a hundred is prepared or understands how to properly care for herself. Of course nearly every woman nowadays has medical treatment at such times, but many approach the experience with an organism unfitted for the trial of strength, and when it is over her system has received a shock from which it is hard to recover. Following right upon this comes the nervous strain of caring for the child, and a distinct change in the mother herself.

There is nothing more charming than a happy and healthy mother of children, and indeed child-birth under the right conditions need be no hazard to health or beauty. The unexplainable thing is that, with all the evidence of shattered nerves and broken health resulting from an unprepared condition, and with ample time in which to prepare, women will persist in going blindly to the trial.

Every woman at this time should rely upon Lydia E. Pinkham's Vegetable Compound, a most valuable tonic and invigorator of the female organism.

In many homes once childless there are now children because of the fact that Lydia E. Pinkham's Vegetable Compound makes women normal, healthy and strong.



If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

The Wretchedness of Constipation

Can quickly be overcome by CARTER'S LITTLE LIVER PILLS. Purely vegetable—act surely and gently on the liver. Cure Biliousness, Headache, Dizziness, Indigestion. They do their duty. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature.



Write Marine Eye Remedy Co., Chicago for illustrated Book of the Eye Free.

Queen Elizabeth of Belgium holds a degree of doctor of medicine.

Hale's Honey Of Horehound and Tar. Stops coughs and relieves colds. Contains no opium nor anything injurious. All Druggists.

DROPSY TREATED usually gives quick relief, soon removes swelling and short breath, often gives entire relief in 15 to 25 days. Trial treatment sent FREE. DR. THOMAS E. GREEN, Successor to Dr. H. H. Green's Sons, Box A, Chatsworth, Ga.

And Now They Don't Speak. Annie—It was awfully dark where we met under the trees, and the first thing I knew, he'd kissed me. Fannie—I wouldn't be angry about it, dear. I don't think he'd have done it had it been in the daylight.—Judge.

Credulous. "Very credulous, is he?" "Why, you could sell him a mortgage on a castle in the air."—Judge.

Write Marine Eye Remedy Co., Chicago for illustrated Book of the Eye Free.

Queen Elizabeth of Belgium holds a degree of doctor of medicine.

Can't Do the Work A bad back makes hard work harder. All day the dull throb and the sharp, darting pains make you miserable, and there's no rest at night. Maybe it's your daily work that hurts the kidneys, for jarring, jolting, lifting, reaching, dampness and many other strains do weaken them. Cure the kidneys. Use Doan's Kidney Pills. They have helped thousands and should do so well for you.

DOAN'S KIDNEY PILLS 50¢ at all stores. Foster-Milburn Co. Props. Buffalo, N.Y.

PARKER'S HAIR BALM A toilet preparation of astringent, helps to soothe dandruff. For Restoring Color and Beauty to Gray or Faded Hair. 50¢ and \$1.00 at Druggists.

CANDIDATES AND BOSSES

Bossed candidates will be bossed public officials, if elected. Unbossed candidates will be unbossed officials. This is so self-evident that it would seem hardly necessary to call attention to it. But the voters of Pennsylvania have so often forgotten it or disregarded it, that this reminder may not be amiss.

What is its application to the present situation? In every county of Pennsylvania at this moment certain candidates, chosen and controlled by the annexes of the Penrose machine—called by Ellhu Root on one notable occasion, "corrupt and criminal combinations masquerading under the name Republican"—are seeking election to office. They declare that if elected, they will serve no boss. They expect the voters to believe them, and unfortunately many voters will believe them. If a majority of voters should be so foolish as to believe that men who are willing to accept the help, and to take the orders of the bosses before election, will disregard the bosses and disobey their orders after election, the local government of Pennsylvania will be turned over to the "corrupt and criminal" masqueraders for another term, and the bosses will have another laugh at the expense of the "plain people."

Governor Brumbaugh on the stump, asking the votes of independent citizens, declared his entire independence of bosses, and his determination to annihilate them if they crossed his path. Governor Brumbaugh safely seated in the Governor's chair does as he is told, appoints the gang's puppets and personal attaches to his choicest public positions, places the seal of his own solemn approval upon the gang's puppet candidate for Mayor of Philadelphia, and now, under instruction from his chief, promises to speak twice publicly in his behalf.

Independent voters will sometime learn that the man who is willing before election to lend his good name and his personal reputation for respectability, to cover the sins and designs of political highwaymen, can never be trusted to live up to his professions of clean and untrammelled public service.

The way to make sure of good service from officials, is to elect officials who have no entangling alliances with men who hope to profit politically from bad service. The way to beat the machine in the future is to beat the machine now, by electing anti-machine candidates from top to bottom. The Democratic candidates offer this opportunity.

There is a sudden cessation of talk on the part of Republican politicians and newspapers, about the Wilson Foreign Policy as a campaign issue. Silence, in this case, speaks louder than words.

When you come down to brass tacks, about the only issue left in the Republican grip-sack, can be stated as follows: If the war had not happened, (but it did), something awful might have happened (which did not), and if the war stops (which it will not soon) something awful may happen (but it may not). An inspiring slogan, which should rally clear-headed citizens, to some other banner.

There is one other issue, which seems to appeal to statesmen of a certain type. That is to the effect that a bill, introduced by a Republican, for which most Republicans voted, as well as most Democrats, is a purely Democratic measure which should be repudiated by the election of Republican Congressmen who voted for it. That is substantially the argument on the Seaman's bill. The logic is typically Penroseian.

Daily Thought. There is eloquence in the tongue less wind, and a melody in the flowing brooks and the rustling of the reeds beside them, which, by their inconceivable relation to something within the soul, awaken the spirits to a dance of breathless rapture.—Shelley.

Man's Real Business. The great business of man is to improve his mind and govern his manners; all other projects and pursuits, whether in our power to compass or not, are only amusements.—Pliny.

New Kind of Fertilizer. A new fertilizer has been produced by a Swedish scientist by treating feldspar or another mineral base of potassium with a suitable amount of carbon and iron, in an electric furnace.

Courage of Despair. A schoolboy's composition furnishes the following: "The courage of the Turks is explained by the fact that a man with more than one wife is more willing to face death than if he had only one."

To Prevent Dampness. In damp weather always place a small wooden box filled with lime in the storeroom. This keeps the air dry and sweet, as the lime absorbs all the dampness.

Pines Purify Air. According to a Finnish scientist, the air around pine trees is purer than that around others because their needles disseminate electricity into the atmosphere.

Sporting Risk. Small Youth.—"I ain't goin' to say my prayers tonight, mother. I'm goin' to take a chance."—Life.

THE ISSUES

NATIONAL DEFENSE

It is typical of that peculiar attitude of Woodrow Wilson for vividly expressing in a single phrase the essential force of any great cause, that he should be the first to convert the crusade for larger than an aggressive movement, "National Preparedness," "National Security," "Larger Army and Navy"—all the terms and phrases used by advocates of a larger program for building up the army and navy of the United States—failed to express either the justification or the purpose of program. "National Defense" concisely and completely expresses both.

In assuming the leadership of the cause, President Wilson has done more than merely to lend it the vast influence of the best-balanced, most logical and calmest judgment now in public life in America—he has given it a slogan that makes irresistible appeal to the intelligence and feelings of a vast majority of the citizens of the country, east and west of the Alleghenies.

It is also typical of the Wilson mind and conscience that jingoism and opportunism, passion and prejudice, politics and partisanship, have been rigidly excluded from every utterance on the subject made by any representative of the National Administration. Past presidents and secretaries and congresses have not been blamed and criticized, as they justly might have been, for their failure to enter upon a balanced and adequate program of national defense; partisan critics and petty political assaults have been ignored; no foreign nation has been given the slightest reason to feel alarm or suspicion at the enlarged policy of the American government; no panic of fear or clamor for war has been permitted to gain foothold. The work of the preparation of the plan has been conducted quietly, soberly, scientifically and when completed, it has not been heralded with blare of trumpets for the gratification of fire-eaters or for the kindling of a patriotic fervor that might be turned to partisan advantage.

The whole problem has been approached sanely and judicially, as a business proposition, to be studied in the light of recent events. Withal, the plan as tentatively announced, is thoroughly consistent with the principles enunciated by the President a year ago, when he said that we should "take leave to be strong and upon the sea," and that the nation's best defense was in its intelligent "citizenry trained to arms." The President has again met the high expectations of the people.

QUESTION BOX

Question: "Is it true that the present administration of the Navy Department has permitted enlistments to decline so that there are fewer enlisted men now than before the present administration took office?"

Answer: On March 1, 1913, just before the appointment of Secretary Daniels, the navy lacked 4,100 men of the number permitted by law. With less expenditure for advertising and recruiting than before, the full quota was secured within a year from this time, and there are now enlisted all the men permitted by the law. This was doubtless due to the improvements and opportunities made for the benefit of the men and the good of the service by the present administration.

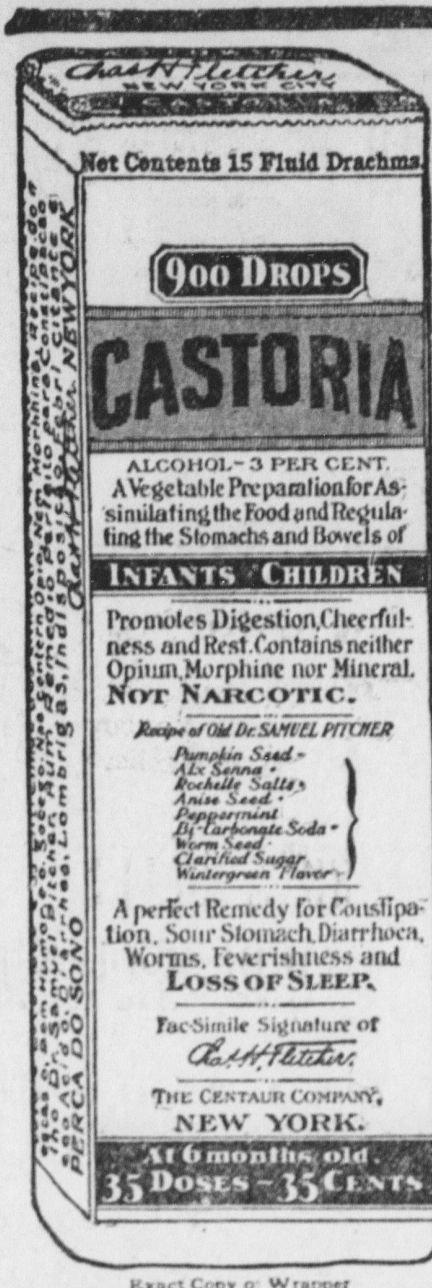
Question: "If the Payne-Aldrich tariff act had been in effect during the past two years, would it have provided enough revenue for the government, without additional taxes?"

Answer: Judging from the returns of the Payne-Aldrich tariff act in the last year of its life, under normal trade conditions when imports were not restricted by the war, the deficit would have been far greater under that tariff than under the Underwood law. The revenue under the Underwood law for the fiscal year ending June 30, 1914, were about \$353,000,000. For the same period, 1913, under the Payne law, the revenues were about \$353,000,000. The loss of revenue from the reduction of imports paying high duties, on account of the war, would, of course, have been far greater proportionately than the loss of revenue from the reduction of imports when those imports paid lower duties. It is clear, therefore, that the Republican tariff law would have left us in a worse hole, respecting revenues, than the Democratic tariff.

Indian-Americans. The Indians have the best title to the name "real Americans," since they were here when the first immigrants from the old world arrived on these shores. The fact that they (the Indians) may have come here from some other continent does not affect the argument.

Franco-Prussian Losses. Block, in his book, the "Future of War," gives the French losses in the war of 1870-71 as follows: 310,449 prisoners, 21,430 killed in battle; dying from wounds, 14,398. He does not give the German losses, but in killed and wounded the losses were about equal between the two armies.

Daily Thought. A great part of the happiness of life consists not in fighting battles, but in avoiding them. A masterly retreat is in itself a victory.—Longfellow.



Children Cry For

Fletcher's CASTORIA

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic, all Teething Troubles and Diarrhoea. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

SCHOOL TOTS TREE A BEAR

Barking Like Dogs, Six Youngsters Frighten Bear and Bring About His Death.

Six school children, the oldest of them aged nine, treed a bear at the Oak Run schoolhouse. During the afternoon recess while the tots were a play, brum bled in to the school grounds. The children, barking like dogs, took after the bear, who, taking fright, climbed a tree to get out of danger.

Miss Vivian Brauer, the teacher, fainted when she saw what the children had done. She called the children into the schoolhouse, locked the door and, womanlike, pulled down the blinds.

A few minutes later the bear climbed down the tree and ran into Amos Welch's field 50 yards farther up the creek. Welch shot and killed the bear.

There was a barbecue at the Oak Run schoolhouse Friday afternoon, bear meat being the important item on the menu.—Redding Dispatch to San Francisco Chronicle.

Food for Thought. "Will you have some of the cereal, dear?" asked the novelist's wife at the breakfast table. "Yes, thank you," replied the author, absently. "You may give me about two chapters."

The Right Place. "Where was it that the students of this college had such a broil last year?" "I guess it was on the gridiron."

MOTHER'S "NOTIONS"

Good for Young People to Follow.

"My little grandson often comes up to show me how large the muscles of his arms are. "He was a delicate child, but has developed into a strong, healthy boy and Postum has been the principal factor. "I was induced to give him the Postum because of my own experience with it. "I am sixty years old, and have been a victim of nervous dyspepsia for many years. Have tried all sorts of medicines and had treatment from many physicians, but no permanent relief came. "I used to read the Postum advertisements in our paper. At first I gave but little attention to them, but finally something in one of the advertisements made me conclude to try Postum. "I was very particular to have it prepared strictly according to directions, and used good, rich cream. It was very nice indeed, and about bedtime I said to the members of the family that I believed I felt better. One of them laughed and said, 'That's another of mother's notions,' but the notion has not left me yet. "I continued to improve right along after leaving off coffee and taking Postum, and now after three years' use I feel so well that I am almost young again. I know Postum was the cause of the change in my health and I cannot say too much in its favor. I wish I could persuade all nervous people to use it."

Name given by Postum Co., Battle Creek, Mich. Postum comes in two forms: Postum Cereal—the original form—must be well boiled. 15c and 25c packages. Instant Postum—a soluble powder—dissolves quickly in a cup of hot water, and, with cream and sugar, makes a delicious beverage instantly. 30c and 50c tins.

Both kinds are equally delicious and cost about the same per cup. "There's a Reason" for Postum. —sold by Grocers.

How the fact that town dogs are bathed regularly must make the country dogs snicker.

CUTICURA COMPLEXIONS

Are Usually Fresh and Clear, Soft and Velvety. Try One.

The Soap to cleanse and purify, the Ointment to soothe and heal. Thus these supercreamy emollients promote and maintain the natural purity and beauty of the skin, scalp, hair and hands under conditions which if neglected might disfigure them.

Sample each free by mail with Book. Address postcard, Cuticura, Dept. XY, Boston. Sold everywhere.—Adv.

If some men were to lose their self-conceit there'd be nothing left.

Had Experience. "So," said the old general, "you think you would make a good valet for an old wreck like me, do you?" "I have a glass eye, a wooden leg and a wax arm that need looking after, not to mention false teeth, and so forth."

"Oh, that's all right, general," replied the applicant, enthusiastically. "I've had lots of experience. I worked six years in the assembling department of a big motor car factory."—Tit-Bits.

Something Better to Watch. "Do your men watch the clock?" "Not since I hired that pretty stenographer."

The girl who smacks of freshness gets a good many snacks, horrid things!

ANURIC!

The Newest Discovery in Chemistry

This is a recent discovery of Doctor Pierce, who is head of the Invalid's Hotel and Surgical Institute at Buffalo, N. Y. Experiments at Dr. Pierce's Hospital for several years proved that there is no other eliminator of uric acid that can be compared to it. For those easily recognized symptoms of inflammation—as backache, scalding urine and frequent urination, as well as sediment in the urine, or if uric acid in the blood has caused rheumatism, it is simply wonderful how surely "Anuric" acts. The best of results are always obtained in cases of acute rheumatism in the joints, in gravel and gout, and invariably the pains and stiffness which so frequently and persistently accompany the disease rapidly disappear. Go to your nearest drug store and simply ask for a 50-cent package of

"Anuric" manufactured by Dr. Pierce, or even write Dr. Pierce for a large trial package (10c). If you suspect kidney or bladder trouble, send him a sample of your water and describe symptoms. Dr. Pierce's chemist will examine it, then Dr. Pierce will report to you without fee or charge.

NOTE.—"Anuric" is thirty-seven times more active than lithia in eliminating uric acid, and is a harmless but reliable chemical compound that may be safely given to children, but should be used only by grown-ups who actually wish to restore their kidneys to perfect health, by conscientiously using one box—or more in extreme cases—as "Anuric" (thanks to Doctor Pierce's achievement) is by far the most perfect kidney and bladder corrector obtainable.

If you intend to do a mean thing, wait until tomorrow; but if you are going to do good, do it now.

Relieves Neuralgia

Nothing gives such quick relief from neuralgia, sciatica or rheumatism as Yager's Liniment. It stops pain and stops the inflammation instantly.

YAGER'S LINIMENT

The great external pain alleviator

TESTIMONY

Mrs. Mary S. Patterson, 811 Pa. Ave. S.E., Washington, D.C. "I have been using your Yager's Liniment and have found it gives great relief from pain."

At all dealers—An eight ounce bottle for 25c.

Prepared by GILBERT BROS. & CO., Inc. Baltimore, Md.

Paxtine

A Soluble Antiseptic Powder to be dissolved in water as needed For Douches

In the local treatment of woman's ills, such as leucorrhoea and inflammation, hot douches of Paxtine are very efficacious. No woman who has ever used medicated douches will fail to appreciate the clean and healthy condition Paxtine produces and the prompt relief from soreness and discomfort which follows its use. This is because Paxtine possesses superior cleansing, disinfecting and healing properties.

For ten years the Lydia E. Pinkham Medicine Co. has recommended Paxtine in their private correspondence with women, which proves its superiority. Women who have been relieved say it is "worth its weight in gold." At drugstores, 50c. large box by mail. Sample free. The Paxton Toilet Co., Boston, Mass.

CITIZENSHIP WOMAN SUFFRAGE NATURALIZATION Every patriotic citizen should know certain facts about his country. Every woman who will sooner or later have a vote should know its meaning. Every foreigner who thinks of becoming a citizen must know the things it contains. There is a book just published that gives you all this information. It should be in every home. Mailed anywhere for \$1. Full size, cloth bound. Money refunded if not satisfactory. Agents wanted. **BOYER BROS., Publishers, 268-70 S. 2d St., Phila., Pa.**

WANTED Men to learn barber trade. Few weeks required. Steady position for competent graduates. Wonderful demand for barbers; free catalogue. **Washington Barber College, 1009 Pa. Ave. N. W., Washington, D. C.**

35c Brings You 6,000 Firms that buy and sell what you want. Don't send stamps. Address **J. W. Roberts, Pope, Tenn.**

Electrician Competent man with \$500 can secure interest and management of paying light plant. Inexpensive. Good terms, under table in cheap town. **J. H. CHOLL, Asheville, Ala.**

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