

LACY EVENING FROCKS

ARE ESPECIALLY SUITABLE FOR THE YOUNG GIRL.

Dainty and Graceful Design Shown Here That Would Make Up Well in Material of Ivory White Chantilly.

The sketch shows a graceful design made up in ivory white Chantilly with pansy purple velvet for the high girle and very tiny circular tunic which is in reality no more than a peplum. In black it runs longer, being about seven inches deep, but the front is not more than four. The girle, carried up to a point in front, meets the point of the V-shaped décolletage and there is a flatly applied bowknot at this point, in narrow silver ribbon, its fluttering ends tacked in place up over the bust. The blouse is lined with flesh-colored mulline, and a frill of this is arranged to extend over the neck of the dress. The tiny sleeves are cut in one with the blouse and gathered closely about the arm, then trimmed with applied silver ribbon bowknots.

The full founce of the underskirt is mounted to a net top which is veiled by the graceful tunic. The tunic itself must have a yoke of net running



Girlish Evening Frock of Fine Lace.

down to form a deep point in front and in back. The founcing is then set on to the edges of this yoke so that the lower edge reaches that of the underskirt at center front and back and covers only half the depth of the skirt at the sides.

SHRINK THE COTTON FIRST

Will Be Found to Make Big Difference in Results When the Garment is Laundered.

Cotton naturally shrinks when wet. This property is greatly increased in the weaving, as the warp threads are stretched to their full length and held in place by the sizing and starch used in finishing.

If the garment is to be laundered it is better to shrink the material before

MATTER OF COMMON SENSE

Girl Who Would Retain Her Beauty Must Exercise Reason in the Selection of Food.

In the Woman's Home Companion, Alice Farnham Leader, a New York physician, tells how girls can keep their good looks. She says that health depends upon food, sleep and fresh air, and not upon pills and prescriptions. Her article is full of practical suggestions as to diet, sleep and exercise. Following is a brief extract from what she has to say about food:

"Rich pastry, frozen creams and candy are difficult to digest and, in addition to menacing the health, they cause positive homeliness. They contain more sugar and fat than the system can possibly assimilate, and the surplus is carried to the skin, where it makes its appearance in the form of pimples and blackheads. To avoid such foods doesn't mean giving up all desserts. Let your choice rest between light custards, fruits and ices.

"Coffee and tea are not always injurious, provided they are taken in moderation. Never drink more than one cup of coffee for breakfast, and add cream and sugar with a grudging hand. Drink plenty of water, hot and cold. Nothing will promote digestion and prevent stickness as will a glass of water slowly sipped immediately upon arising in the morning. The human body requires at least a quart of water a day, that is about a half pint every two or three hours.

"If the average woman gave as much attention to that much abused organ, the liver, as she does to her finger nails, her face would need less

FALL AND WINTER CREATION



The coat of this model originated by Michael of Fifth avenue is of black velvet bound in black braid. It is knee length and lined with black and white satin. With the coat a skirt of black and white striped chevot is worn. The skirt comes to the ankles and displays the Russian boots, the new fall and winter footwear. The most striking feature of the coat is its cross combination, suggesting the work done by the noble band of women on the battlefields of Europe. The particular one shown in the photo is of white fur background. The cross is of dark fur.

making it up as it is not easy to make the proper allowance for shrinkage.

Fold the material smoothly and place flat in a tub or large receptacle, the bath tub is excellent. Pour in enough cold water to cover. When the material is thoroughly saturated, pour in hot water, gradually increasing the temperature until the water is as warm as the hand can stand. The hot water is needed to loosen the sizing.

The material should stand in the water over night when possible, but at least two or three hours. Pour off the water and press as much out of the material as possible, but do not wring. Hang on a line in the open air, stretching out smooth and pinning along one selvaige.

Before the material is thoroughly dry take it down and press.

One must be sure that the colors in the material are fast before attempting to shrink it.—Charlotte E. Carpenter, Colorado Agricultural College, Fort Collins, Colo.

Ups and Downs in Scallops.

If you are planning one of the new ruffled dresses that bring one back to the days of hundred-leaved roses, let the bottom ruffle be scalloped; or if you are brave have them all scalloped. Quaint net dresses are being shown with the scallops bound in silk, or edged with tinter ruffles or chiffon velvet. Most of the net founcings are scalloped and soft taffetas have half-inch picotéd ruffles placed in a scalloped line at the top of a straight hem, or are tucked up in most unexpected places to give an uneven line at the bottom of the skirt.

attention. No wonder the liver rebels and reacts upon the complexion, its spite being betrayed in the form of pimples, sallowness and black shadows under the eyes.

In the Trunk.

If there is an abundance of space in a trunk, it is a good idea to leave coats on hangers, first filling out the sleeves and fronts, but if this is not convenient, fold the coat inside out, placing the sleeves together, front touching front, then fold once lengthwise, with tissue paper in between. The sleeves also being kept in shape with a slight stuffing.

Some soft gowns are kept smoother by being rolled over a heavy newspaper roll that has been first covered with sheets of tissue paper, then by straight packing. This, of course, depends upon the material and whether you can accommodate it to a given space.

Bordered Fabrics.

Bordered fabrics, probably because they are eminently suited to the skirt made with founcers, are in vogue this summer. There are some charmingly embroidered crepes, with deep or narrow embroidered borders in color. There is embroidered lace cloth, too—sheer and thin, with light, dainty embroidery in pastel shades. There are embroidered borders on chiffons and nets. Sometimes ribbon is embroidered into festoons in these borders.

High Collars.

High, unyielding collars destroy the round softness of the throat. Shun them. Every night massage the neck with a good skin food.

EGAN BLAMES MOVIES

Fans Shun Games to Give Families Whirl at Jitney Shows.

Shifty Athlete of Boston Braves Advances Reason for Poor Attendance This Season—Hits at Minor League Chiefly.

After many reasons have been advanced for poor attendance at baseball games this season, along comes Dick Egan, the shifty athlete of the Boston Braves, with a hunch that the movies are largely responsible. And there is good logic in Egan's argument.

There are, without doubt, a lot of chaps who, instead of spending a quarter for solitary enjoyment at the ball park as in former years, are providing entertainment for the entire family at the movies for the same amount of money.

Egan thinks the movie argument applies especially in the minor leagues. In the major league cities the attendance has been split a good deal between clubs of organized baseball and the Federals.

The minor league clubs, except in a few cases, do not have competition from the Feds, so another reason for poor attendance has to be found. Egan seems to have hit the nail on the head.

The movies have made a big hit in the smaller cities of the country, and men, in many, many cases, are



Dick Egan.

sacrificing their own pleasure in watching ball games so the missus and the kiddies can have some fun.

There are lots of men who can afford both, but there are lots of good baseball fans who have to keep a pretty close watch on the nickels and dimes.

Egan has been busy helping the Braves get toward the top and has not been around in the minors, but he is a student of things in general.

PLAYERS ALLOWED TO THINK

Manager Gaspar of Sioux City Believes Men Will Try Harder to Win in Batting Own Way.

Members of the Sioux City baseball club of the Western league in the future will do their own thinking when they go to bat instead of being instructed by the manager when they leave the bench, according to Harry Gaspar, the Indians' new leader. Gaspar decided to accept this policy shortly after becoming manager of the Sioux City club.

"The players are better satisfied when they think for themselves, and they will work harder to win ball games," said Manager Gaspar. "In case a player goes to bat and pulls a



Harry Gaspar.

play that should happen to win a game, he is better satisfied and will try harder to duplicate his feat the next time he comes up. The players all should be able to think what to do in a pinch. If they are not capable of thinking they should not be in baseball."

Praise for Merkle. Fred Merkle as an outfielder is getting a lot of favorable comment.

HOW THE BOSTON BRAVES WIN BALL GAMES



Manager George Stallings.

I never play two games the same. A winning pitcher needs regular work. Don't rush a young player. Give him the time to master the big league methods.

Confidence comes first. I tell my players they're the best team in the league. Walter Maranville is the greatest player to enter baseball since Ty Cobb arrived.

We're trying to win every game, never thinking about the pennant. I can't say that I favor the hit and run over the sacrifice. Mix 'em up—that's my policy.

Stealing bases alone will not always win—that's why I don't pay so much attention to the steal for my club. Christy Mathewson is a wonderful pitcher, if he isn't overworked. He's at his best with four or five days' rest.

NOTES of the DIAMOND

Ward Miller has his job clinched with the Scufeds.

Jack Glascock is now working at his trade of carpenter in Wheeling, W. Va.

Al Wickland, formerly a Whale, is playing a great game in left field for the Rebels.

The Red Sox are playing a very aggressive game, and the breaks are all going against them.

Bill Donovan has released one of his catcher's, but don't tell it to Sweeney; that is, personally.

Ten-cent baseball is all right enough, but the fan in the bleachers wants his ten cents' worth.

Why so many jokes about Umpire Byron singing during games? The president of the League is a Tenor.

Maybe that \$2,000,000 England sent to New York the other day is that much boasted Federal league war fund.

On the recommendation of Mike Finn the Detroit club has purchased Pitcher Rube Marshall from Chattanooga.

The truth of the matter is, ten-cent baseball has been played for a long time, but fans had to pay 25 cents to see it.

Sailing an aeroplane over a baseball park is a dangerous pastime. If Ed Reulbach is pitching there is likely to be a collision.

Ivy Wingo's batting average is what his golf card ought to be, while his golf card is what his batting percentage ought to be.

Haddock and Herring are two pitchers on the New Haven Colonial league team. They do say the article of ball put up in that circuit is fishy.

Wilbert Robinson says weight is not a handicap in baseball. He weighs about 300, but his Brooklyn club has come up like a cork.

After years of search a second Jake Daubert has really been discovered. That's his name, and he is a short-stop sold to the Pirates for \$500.

Generals in Europe have alibis to excuse defeat. There are no umpires or officials in their game, so they blame it on "a lack of munitions."

MILAN GREAT BASE STEALER

Washington Player Was Troublesome to White Sox in Their Attempt to Win 1908 Pennant.

Clyde Milan, center fielder of the visiting Washington Senators, is a valuable asset to the club. He has stolen many bases this season and is among the leaders in the American league. Milan also is leading the Washington club as a batsman.

This same Milan was troublesome for the White Sox in their attempt to win an American league pennant in 1905. By his base stealing and hitting that season Milan robbed the White



Clyde Milan.

Sox of several close games near the close of the year, when each contest had a direct bearing on the race for the flag. Milan and Walter Johnson were the Senators who did the most damage to White Sox hopes. Milan is proving troublesome to Boston this season.

Mack Stanns Pat. Frank Baker, slugging third baseman of the Philadelphia Athletics, is eager to join the White Sox, but Connie Mack says he is a standpatter.

"Not for any amount will I part with Baker," says Mack. "He will play for me or for no one else in organized baseball."

Hits John McGraw.

The 21-man limit in the National league this year has hit John McGraw harder than any of the others, because he cannot go out and buy players as he needs them. He did it before when he got down in the race.

FARMER'S WIFE TOO ILL TO WORK

A Weak, Nervous Sufferer Restored to Health by Lydia E. Pinkham's Vegetable Compound.

Kasota, Minn.—"I am glad to say that Lydia E. Pinkham's Vegetable Compound has done more for me than anything else, and I had the best physician here. I was so weak and nervous that I could not do my work and suffered with pains low down in my right side for a year or more. I took Lydia E. Pinkham's Vegetable Compound, and now I feel like a different person. I believe there is nothing like Lydia E. Pinkham's Vegetable Compound for weak women and young girls, and I would be glad if I could influence anyone to try the medicine, for I know it will do all and much more than it is claimed to do."—Mrs. CLARA FRANKS, R. F. D. No. 1, Maplecrest Farm, Kasota, Minn.



Women who suffer from those distressing ills peculiar to their sex should be convinced of the ability of Lydia E. Pinkham's Vegetable Compound to restore their health by the many genuine and truthful testimonials we are constantly publishing in the newspapers.

If you have the slightest doubt that Lydia E. Pinkham's Vegetable Compound will help you, write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass., for advice. Your letter will be opened, read and answered by a woman, and held in strict confidence.

HE ASKED THE RIGHT MAN

Railroad Man Has His Curiosity Satisfied in a Startling Manner.

A Louisville attorney and a railroad man who has his "stop-over" here went to a theater the other night. The railroad man saw a flashily dressed, red-faced, sporty-looking individual sitting in one of the boxes.

"Who is that, tough person sitting in the box?" the railroad man asked pleasantly. "He looks like a drunken burglar."

"That," said the attorney, "is my cousin."

The railroad man gasped a couple of times before he could get a grip on himself. Then a smile spread over his face as he remarked:

"Well, I went straight to headquarters for information, didn't I?"—Louisville Times.

Of Course. Mamma was taking daughter to task.

"I don't like the way you and Jack hang over the front gate every evening," she remonstrated.

"Well, as to that, there's a great deal to be said on both sides," replied daughter.—Judge.

A good many cases of love in a cottage turn out badly through lack of the cottage.

Makes Rapid Headway

Kidney disease often advances so rapidly that many a person is firmly in its grasp before aware of its progress. Prompt attention should be given the slightest symptom of kidney disorder. If there is a dull pain in the back, headaches, dizzy spells or a tired, worn-out feeling, or if the kidney secretions are offensive, irregular and attended by pain, use Doan's Kidney Pills at once. No other kidney medicine is so well recommended.

A Pennsylvania Case

Harry House, 30 Bound Ave., Milton, Pa., says: "My back was weak and hurt me when I was working. The kidney secretions passed too frequently and I had to get up at night on this account. I gradually got worse until I had to quit work and go to bed. My back grew stiff and sore and I had terrible headaches and dizzy spells. After doctors' medicine failed, Doan's Kidney Pills restored me to good health."

Get Doan's at Any Store, 50c a Box DOAN'S KIDNEY PILLS FOSTER-MILBURN CO., BUFFALO, N. Y.

In the Bath

Before retiring, use with warm water and insure a restful night. It Refreshes

(All Diseases.) Contains 20% Pure Sulphur. Hitt's Hair & Whisker Dye, Black or Brown, 50c

PARKER'S HAIR BALM A toilet preparation of merit. Helps to eradicate dandruff. For Restoring Color and Beauty to Gray or Faded Hair. 50c and \$1.00 at Drugists.

DROPSY TREATED usually gives quick relief, soon removes swelling and short breath, often gives entire relief in 12 to 24 hours. Total treatment cost FREE. DR. THOMAS E. GREEN, Successor to Dr. H. H. Green & Sons, Box A, Chatsworth, Ga.