

# THE CHARM OF MOTHERHOOD

Enhanced By Perfect Physical Health.

The experience of Motherhood is a trying one to most women and marks distinctly an epoch in their lives. Not one woman in a hundred is prepared or understands how to properly care for herself. Of course nearly every woman nowadays has medical treatment at such times, but many approach the experience with an organism unfitted for the trial of strength, and when it is over her system has received a shock from which it is hard to recover. Following right upon this comes the nervous strain of caring for the child, and a distinct change in the mother results.

There is nothing more charming than a happy and healthy mother of children, and indeed child-birth under the right conditions need be no hazard to health or beauty. The unexplainable thing is that, with all the evidence of shattered nerves and broken health resulting from an unprepared condition, and with ample time in which to prepare, women will persist in going blindly to the trial.

Every woman at this time should rely upon Lydia E. Pinkham's Vegetable Compound, a most valuable tonic and invigorator of the female organism.

In many homes once childless there are now children because of the fact that Lydia E. Pinkham's Vegetable Compound makes women normal, healthy and strong.



If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

**In the Bath**

Before retiring, use with warm water and insure a restful night.

**Glenn's Sulphur Soap**

It Refreshes

(All Druggists.)  
Contains 30% Pure Sulphur.  
Hill's Hair & Whisker Dye, Black or Brown, 50c

**LADIES!!**

USE GILBERT'S **JEWEL TALCUM POWDER**

The Talcum of Quality, for refined people; Perfume rich, lasting, and exquisite; Powder of velvety fineness.

In Glass Jars—15c. and 25c.  
Sold by all dealers.

MADE BY **GILBERT BROS. & CO. BALTIMORE, MD.**

**We Want an Agent** in every locality to sell Remedium. Big offer. **JOHN BERRY CO., Richmond, Va.**

Curious.  
"Young Fetherhedde has gone insane."  
"How did they find it out?"

**SOFT WHITE HANDS**

Under Most Conditions If You Use Cuticura. Trial Free.

The Soap to cleanse and purify, the Ointment to soothe and heal. Nothing better or more effective at any price than these fragrant supercreamy emollients. A one-night treatment will test them in the severest forms of red, rough, chapped and sore hands.

Sample each free by mail with Book. Address postcard, Cuticura, Dept. XY, Boston. Sold everywhere.—Adv.

Experience is a great teacher, but even experience can't teach some people.

**Danger in Delay**

The great danger of kidney troubles is that they so often get a firm hold before the sufferer recognizes them. Health will be gradually undermined. Backache, headache, nervousness, lameness, soreness, lumbago, urinary troubles, dropsy, gravel and Bright's disease may follow as the kidneys get worse. Don't neglect your kidneys. Help the kidneys with Doan's Kidney Pills. It is the best recommended special kidney remedy.

**A Virginia Case**

Mrs. M. A. Eenes, 708 Polk St., Lynchburg, Va., says: "I had kidney complaint and rheumatic pains for four years. My hands were swollen and sore and I had sharp pains all through my body, especially in my joints. Doan's Kidney Pills rid me of the swelling and pain and made me feel fine. I have had no cause for complaint since."

Get Doan's at Any Store, 50c a Box  
**DOAN'S KIDNEY PILLS**  
FOSTER-MILBURN CO., BUFFALO, N. Y.

**PARKER'S HAIR BALSAM**

A relief preparation of merit. It is a reliable hair dressing. For Restoring Color and Beauty to Gray or Faded Hair. 50c. and \$1.00 at Druggists.

## EASY TO MAKE LOADER

Will Handle All the Hay Six Wagons Can Bring In.

Device Shown in Illustration Has Proved Quite Satisfactory to Farmer Who Designed It—Keep the Mow Ventilated.

A home-made loader can be easily rigged up. An Illinois farmer has made one which he thinks a great help. He says this stacker when equipped with a fork and an active horse, will handle all the hay six wagons can bring in. The rope is fastened at the top and bottom of a strong, slanted pole, and the fork hangs over the center of the stack. The wagon is placed alongside the board sideways and the fork used the same as in the barn.

If the hay is to be stored in the barn, you will need a steady team on the wagon. The hayrack ought to be about sixteen feet long and ten feet wide. If you are a good loader, boards at the ends and sides will not be necessary.

When you arrive at the barn with a load, hitch a steady horse on the end of the rope attached to the hay fork, set the harpoon as deeply as possible, and the horse will draw up 300 pounds in a twinkling.

When the hay has run along the carrier to the point where it is to be dropped, pull the whipcord, and there you are.

With a bright boy to handle the horse on the rope and an experienced man on the load, it can be put into the barn in ten minutes or less.

Always begin at the back end of the mow, or the end farthest from the chute to the barn floor; because when hay is put in in that way, it will come out easier when being fed.

It is a good plan to place the hay level in the mow when it is being unloaded. If you can get an extra man to help, so much the better; if not, do the best you can between bites with the fork, and keep the mow as level as possible.

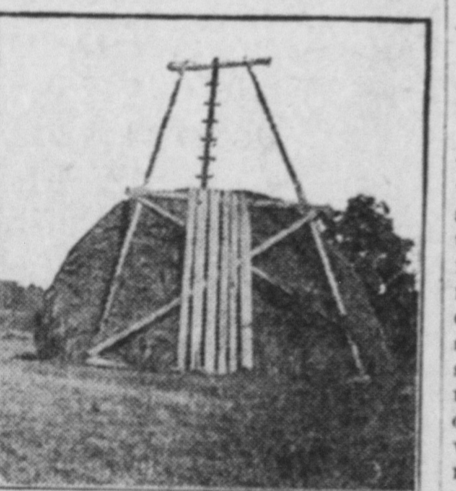
Keep the mow ventilated as long as possible, always being careful to close the doors and windows to keep out rainstorms.

Although haying is probably the hardest work done on the farm, there is a satisfaction and joy in seeing the grass fall in symmetrical swaths over the sickle bar and in reveling in its fragrance, while the hay is being wrestled from the field to the barn and into the cool, dark corners of the mow, that comes with no other labor.

When beginning the haymaking do not start the mower until the dew is off the grass. If cut while wet the grass will require longer for the sun to dry it than when standing.

Cut just what you can easily handle in one-half day. The next afternoon rake the hay into windrows, and if not thoroughly dry, better leave it overnight.

In order to be perfectly sure that hay is well cured on our father's farm, we always put it up into good-sized cocks and allowed it to remain



Easily Made Hay Loader.

about two days. This second handling exposes all the damp hay to the air and is swift in its curing.

Timothy hay may be baled directly from the swath without much danger of heating, although it is safer to have the hay thoroughly cured before being baled. If hay is baled directly from the swath it must be entirely free from rain or dew, and this process can be employed only under the best of weather conditions.

## PROMOTE GROWTH OF TREES

Thick, Compact Mulch of Straw Will Serve as Excellent Means of Conserving Moisture.

To protect trees from grass or weeds, make a thick, compact mulch of straw or hay at their roots. It is also excellent to retain moisture and promote the growth of the trees. It should be five or six inches thick and should extend two or three feet out from the tree, and should be packed down firmly so as to keep down the vegetation. After a few weeks Bermuda grass will creep through the mulch, which can be checked by putting more hay on.

More hay should be added two or three times during the growing season. If the ground is dug up and pulverized at the root of the tree before the hay mulch is put on, if it is heavy, the mulch will preserve the moisture almost all summer.

**Robber Cow.**  
A dairy cow that does no more than pay for feed and care is a robber that should not be allowed to live.

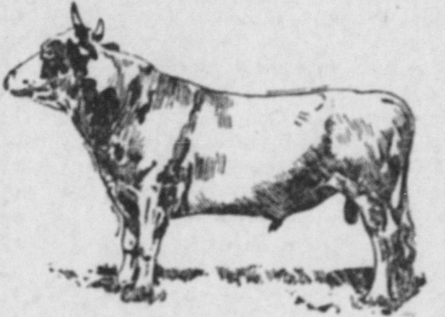
## FOUNDATION OF DAIRY HERD

Little Points, Seemingly Trivial, Go Far Toward Making Success in Breeding Fine Cattle.

We are all quite familiar with the fact that the weak, bad points of both plants and animals seem to be more easily established in the young than the strong characteristics. There seems to be a natural tendency to regression, or a cropping-out of the bad points in animals; and these are the things which we desire to guard against. "Like begets like" is a law of nature. We expect the offspring to be like the parent. This being the case, a poor, lean, long, lank, ill-shaped animal, possessing a mean, snarly disposition, will impart these same characteristics to his offspring.

In the same ratio that this is true of the poor animal, which does not adhere to any particular type, so it is true of the good, well-bred animal, adhering closely to a fixed type and possessing the characteristics of this breed. How often do you hear your neighbor say: "Johnny Jones should be a big, strong, fine-looking fellow, for his father before him was one of the best-looking men in the town." The same is true of animals.

Since this is a fact, let us think for a moment as to the sire we select for our foundation. What sort of sire did this animal have? How long has his family been known? How many brothers and sisters has he, and what



Healthy and Vigorous Type.

kind of animals are they? Was his dam a good individual—was she a good mother? If of a class of animals that bring forth young in two or in a litter, has he a twin brother, or litter brothers? If so, how many? What percentage are good individuals, and what records have they?

Now, these may seem at first to be of little value, but without them upon what can you base your estimates of future success as a breeder?

## BREED FOR EARLY MATURITY

Leghorn Pullet Laid First Egg in Four Months and Fourteen Days From Date of Hatching.

A single-comb White Leghorn pullet that laid her first egg just four months and 14 days from the date of her hatching is one of the results of breeding for early maturity obtained by the College of Agriculture, Ohio State University. The usual age at which pullets begin laying is about six months. This extraordinary fowl was one of a group of 720 that were hatched at the same time. Five or six others from this group began laying much earlier than ordinary fowls, showing that it pays to breed for early maturity. They were from a strain of single-comb White Leghorns, bred especially to develop early laying. It may be interesting to know just how this flock was fed.

From the first day of the sixth week they received twice a day a grain ration of two pounds fine cracked corn and three pounds cracked wheat. Up until the twenty-first day they also received three times a day a moist mash composed of four pounds rolled oats, three pounds wheat middlings, six pounds wheat bran, four pounds sifted meat scraps, two pounds alfalfa meal, one-fourth pound bone meal, one-fourth pound fine charcoal. This was mixed with skim milk or buttermilk and fed in shallow trays.

From the sixth week to maturity they received a grain ration of two pounds cracked corn and two pounds whole wheat in open hoppers. From the twenty-first day to maturity they received a mash composed of one pound rolled oats, one pound cornmeal, one pound wheat middlings, two pounds wheat bran, one pound sifted meat scraps, half pound alfalfa meal, two ounces fine charcoal. This was fed dry in open hoppers. In addition they were given green foods and grits

## BEWARE OF JOHNSON GRASS

All Fodder Plants Related to Sorghum, as Feed for Stock, Must Be Used With Discretion.

(By H. GLOVER, Colorado Experiment Station.)  
Johnson grass is closely related to sorghum. Poisoning of cattle from sorghum and kafir corn is well known. After chemical analysis of many plants Brunlich gave the following advice: "All fodder plants related to sorghum must be used with discretion in either the green or dry state, and should not be given in large amounts to animals which have fasted for some time." The poison in these plants is hydrocyanic acid. Poisoning usually occurs when the plants have made a stunted growth from drought and have been eaten in large quantities when the animals are very hungry.

Animals poisoned in this way usually die within half an hour and sometimes live only a few minutes. Hydrocyanic acid is the most deadly of poisons and in large doses kills almost instantly. Animals usually die suddenly from paralysis of respiration and before remedial measures can be thought of, or prepared for use.

## THE MARKETS

**NEW YORK.**—Wheat—Weak; No. 2 red, \$1.18, and No. 2 hard, \$1.19; c i f New York; No. 1 Northern Duluth, \$1.11; c i f Buffalo.

Corn—Spot, easy; No. 2 yellow, 91 1/2c prompt shipment.

Oats—Spot, easy; standard, 64 1/2c; No. 3 white, 64c.

Butter—Creamery, extras (92 score), 26c; creamery (higher scoring), 26 1/2@27c; firsts, 24@25 1/2c; seconds, 22@23 1/2c.

Eggs—Fresh-gathered, extras, 23 1/2@25c; extra firsts, 21@22 1/2c; firsts, 18 1/2@20c; seconds, 16 1/2@18c; nearby henneries, whites to fancy, 28@29c; nearby henneries, browns, 24@26c.

Cheese—State, whole milk, fresh, flats and twins, white and colored, specials, 13 1/2@14c; do, average fancy, 13 1/2@13 3/4c.

Live Poultry—Western chickens, broilers, 22c; fowls, 17c; turkeys, 11@12c; dressed, steady; Western frozen roasting chickens, 18@12c; fresh fowls, feed, 13 1/2@17c; fresh turkeys, feed, 15@16c.

CHICAGO.—Hogs—Bulk, 66.25@69.00; light, 67@77.50; mixed, 66.25@77.50; heavy, 66@77; rough, 66.15; pigs, 65.50@74.00.

Cattle—Native beef cattle, 56.25@10.25; Western steers, 56.85@8.15; cows and heifers, 52.25@9.25; calves, 57.50@11.

Sheep—Sheep, 46@65; lambs, 46.50@8.50.

PHILADELPHIA.—Wheat—No. 2 red, new, spot and July, \$1.14@1.16; No. 2 red, Western, new, \$1.18@1.20; No. 2 Southern red, new, \$1.12@1.14; steamer No. 2 red, new, \$1.10@1.12; No. 3 red, new, \$1.10@1.12; rejected A, new, \$1.06@1.08; rejected B, new, \$1.01@1.02; No. 1 Northern Duluth, old, \$1.56@1.61.

Corn—No. 2 yellow, 91@92c; steamer, yellow, 90@91c; No. 3 yellow, 88@89c.

Oats—No. 2 white, 64@64 1/2c; standard white, 63 1/2@64c; No. 3, white, 62 1/2@63c.

Butter—Western fresh solid-packed, creamery, fancy, special, 26c; extra, 27c; extra firsts, 26@26 1/2c; firsts, 25@25 1/2c; seconds, 23@24c; ladle-packed, 19@21c; nearby firsts, fancy, 30c; average extra, 28@29c; fair to good, 25@26c; jobbing sales of fancy prints, 34@37c.

Eggs—Nearby extra, 24c per dozen; nearby firsts, 24c per standard case; nearby current receipts, 25.70 per case; Western, extra firsts, 26 per case; do, do, firsts, 25.70@25.85 per case; fancy, selected, candied and fresh eggs, jobbing at 26@27c per dozen.

Cheese—New York, full cream, fancy, new, 14 1/2@14 1/4c; fair to good, new, 13 1/2@14c; do, do, part skims, 6@13c.

Live Poultry—Fowls, 16@16 1/2c; roosters, 11@12c; broiling chickens, fancy, not legorns, weighing 1 1/2@2 pounds apiece, 21@22c; exceptional lots, higher; do, do, smaller, 1@1 1/4 pounds apiece, 17@21c; do, do, leg-horns, weighing 1 1/2@2 pounds, 17@18c; do, do, weighing 1 1/4 pounds apiece, 15@16c; ducks, Pekin, old, 12@13c; do, do, Indian runner, old, 12@13c; do, do, young, according to size, 15@16c; large sizes preferred; pigeons, old, per pair, 21@23c; do, do, young, per pair, 20@21c.

BALTIMORE.—Wheat—No. 2 red spot and July, 109 1/2c; August, 108 1/2c; September, 108 1/2c; No. 2 red Western spot, 113 1/2c nominal.

Corn—We quote car loads prime nearby yellow on spot at \$4.45 per barrel.

Oats—Standard white, 63 1/2@64c; No. 3 white, 63.

Rye—No. 2 Western rye for early delivery in fair demand. Export delivery, on spot, per bu; No. 2 rye, Western, \$1.05; bag lots of new rye, as to quality, 85@95c.

Straw—No. 1 straight rye, \$11.50@12; No. 2, do, \$10.50@11; No. 1 tangled, \$10; No. 2, do, \$9@9.50; No. 1 wheat, \$8@8.50; No. 2, do, \$7@7.50; No. 1 oats, \$10; No. 2, do, \$9@9.50.

Butter—Creamery, fancy, 27@27 1/2c; creamery, choice, 25@26c; creamery, good, 24@25c; creamery, prints, 27@29c; creamery, blocks, 27@28c; ladies, 20@21c; Maryland and Pennsylvania, rolls, 18 1/2@19c; Ohio, rolls, 18@18 1/2c; West Virginia, rolls, 18@18 1/2c; store-packed, 18@18 1/2c; Maryland, Virginia and Pennsylvania, dairy prints, 18@18 1/2c.

Live Poultry—Chickens—Old hens, 4 lbs and over 16c; do, small to medium, 15 1/2c; old roosters, 10c; spring, large, 20c; do, extra large, 21c; do, small, 19c; do, white leghorn, 18. Ducks—Muscovy, 3 lbs and over, 11c; Pekins, 3 lbs and over, 12c; piddle, 3 lbs and over, 11c; smaller, 10c; young, 3 lbs and over, 15@16c; do, smaller, 13@14c. Pigeons—Young, per pair, 15@20c; old, do, 15@20c. Guinea fowl, each, 25c.

Eggs—Maryland, Pennsylvania and nearby firsts, 18c; Western firsts, 18c; West Virginia firsts, 18c; Southern firsts, 16@17c. Recrated and rehandled eggs, 1/2c higher.

## Live Stock

PITTSBURGH.—Cattle—Choice, \$9.60@9.90; prime, \$9@9.50.

Hogs—Prime heavies, \$7.40@7.50; mediums and heavy Yorkers, \$8.10@8.15; light Yorkers and pigs, \$8.15@8.20; roughs, \$6@6.25.

**\$10,000 Conscience Fund.**  
Ten thousand dollars was added to the treasury department's conscience fund, the other day when a special delivery letter from New York, containing that sum in currency, was received at Secretary of the Treasury McAdoo's office.

"While the sender has paid double to the United States the amount he stole, yet his conscience is not satisfied, and here's another payment," read a letter accompanying the contribution.

This is the third largest contribution to the conscience fund. Some contributions are as low as a penny.

**Modern Hero-Worship.**  
"What's the big celebration? Conquering hero or something?"

"No. One of the town boys murdered a fellow some years back and he's just been declared sane by a jury. That's the reception committee."—Buffalo Express.

Don't kick because your neighbor gets a bigger salary than you do. He is probably worth more to his boss.

## Save the Babies.

**INFANT MORTALITY** is something frightful. We can hardly realize that of all the children born in civilized countries, twenty-two per cent., or nearly one-quarter, die before they reach one year; thirty-seven per cent., or more than one-third, before they are five, and one-half before they are fifteen!

We do not hesitate to say that a timely use of Castoria would save a majority of these precious lives. Neither do we hesitate to say that many of these infantile deaths are occasioned by the use of narcotic preparations. Drops, tinctures and soothing syrups sold for children's complaints contain more or less opium or morphine. They are, in considerable quantities, deadly poisons. In any quantity, they stupefy, retard circulation and lead to congestions, sickness, death. Castoria operates exactly the reverse, but you must see that it bears the signature of Chas. H. Fletcher. Castoria causes the blood to circulate properly, opens the pores of the skin and allays fever.

Genuine Castoria always bears the signature of *Chas. H. Fletcher*.

## MUSSEL MUD AS FERTILIZER

Organic Remains of Shellfish Secure Fertility to Poorest and Most Exhausted Soil.

Consul Frank Deedmeier, writes from Charlottetown, P. E. I., Canada:

In most of the bays indenting the shores of Prince Edward Island are found extensive deposits of mussel mud, so-called locally, being organic remains of countless generations of oysters, mussels, clams, and other bivalves of the ocean, and of crustaceans generally. The shells, usually more or less intact, are found imbedded in dense deposits of mud-like substance and this combination is a fertilizer of high value and potency. It supplies small quantities of phosphates and alkalies. An ordinary dressing of it secures fertility in a striking manner to the poorest or most exhausted soil. The shells decay slowly, year by year, throwing off a film of fertilizing stuffs. The deposits around Prince Edward Island vary from five to twenty-five feet in depth. They are taken up by dredging machines worked from rafts in summer or from the ice in winter.

## A Benevolent Refusal.

"Senator, I wish you would give me a job as your private secretary."

"Oh, my boy," responded the oily senator, "don't get mixed up with the government service. Nothing to it. Ruins a young man. Besides, I have promised that position to my son."—Kansas City Journal.

## Needed Gift.

The Widow—Well, why don't you kiss me?

Bashful Youth—I would, only I have some sand in my mouth.

"Swallow it, young man. You need it in your system."—Life.

A woman's pleasures often beget heartaches; a man's headaches.

## NO IDEA

What Caused the Trouble.

"I always drank coffee with the rest of the family, for it seemed as if there was nothing for breakfast if we did not have it on the table."

"I had been troubled for some time with my heart, which did not feel right. This trouble grew worse steadily."

"Sometimes it would beat fast, and at other times very slowly, so that I would hardly be able to do work for an hour or two after breakfast, and if I walked up a hill, it gave me a severe pain."

"I had no idea of what the trouble was until a friend suggested that perhaps it might be coffee drinking. I tried leaving off the coffee and began drinking Postum. The change came quickly. I am glad to say that I am now entirely free from heart trouble and attribute the relief to leaving off coffee and the use of Postum."

"A number of my friends have abandoned coffee and have taken up Postum, which they are using steadily. There are some people that make Postum very weak and tasteless, but if made according to directions, it is a very delicious beverage." Name given by Postum Co., Battle Creek, Mich.

Postum comes in two forms: Postum Cereal—the original form—must be well boiled, 15c and 25c packages.

Instant Postum—a soluble powder—dissolves quickly in a cup of hot water, and, with cream and sugar, makes a delicious beverage instantly. 30c and 50c tins.

Both kinds are equally delicious and cost about the same per cup.

"There's a Reason" for Postum.

—sold by Grocers.

## OFFICER CARROLL CURED OF BAD CASE OF ECZEMA

He writes from Baltimore as follows: "I am a police officer and had long suffered from a bad case of Eczema of the hands and had to wear gloves all the time."

"I was under treatment by eminent physicians for a long time without success. Last summer Hancock's Sulphur Compound and Ointment were recommended to me and my hands improved on the first application. After a week's trial I went to the Johns Hopkins Hospital to have my hands treated with X-rays. Under their advice, I continued to use your Sulphur Compound and Ointment for 6 or 8 weeks, and at the end of that time my hands were cured. I cannot recommend your preparations too highly."

(Signed) John T. Carroll.  
Hancock's Sulphur Compound and Ointment are sold by all dealers. Hancock Liquid Sulphur Co., Baltimore, Md.—Adv.

Beauty is only skin deep and lots of so-called wisdom is likewise.

An Empire Ranch.  
We hear often of "captains of industry," "Napoleons of finance," and "land barons," but what title is imposing enough to fit the Australian cattleman who owns or controls 28,800,000 acres of ranch land—a domain as large as Pennsylvania?—Youth's Companion.

Quite Likely.  
"What made Bill go off so violently?"  
"I guess he was loaded."

Up to the time a girl is thirty she looks for a rich husband. After that she looks for a husband.

**The General says:**

We have built up the biggest Roofing and Building Paper mills in the World by selling materials that last—at reasonable prices.

**Certain-teed Roofing**

Our Certain-teed Roofing is giving excellent service on all classes of buildings all over the world in all kinds of climate. It is the roofing with a guarantee of 5, 10 and 15 years for 1, 2 or 3 ply respectively, and is backed by the responsibility of our big mills. Try it once—you'll buy it again. For sale by dealers everywhere at reasonable prices.

**General Roofing Manufacturing Co.**  
World's largest manufacturers of Roofing and Building Papers  
New York City Chicago Philadelphia St. Louis Boston Cleveland Pittsburgh Detroit San Francisco Cincinnati Minneapolis Kansas City Seattle Atlanta Houston London Hamburg Sydney

**Mrs. S. A. Allen's Hair Color Restorer**

Never Fails to give beautiful color to GRAY HAIR

More than a half century of success. If your dealer hasn't it, send \$1.00 and a large bottle will be sent you by parcel post.

MRS. S. A. ALLEN, 55 Barclay St., New York

Renews Your Youthful Appearance

**The Wretchedness of Constipation**

Can quickly be overcome by **CARTER'S LITTLE LIVER PILLS.**

Purely vegetable—act surely and gently on the liver. Cure Bileousness, Headache, Dizziness, and Indigestion. They do their duty. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature

*W. N. U.*

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*W. N. U.*

**W. N. U. BALTIMORE, NO. 33-1915.**