

# BIG EATERS HAVE BAD KIDNEYS AND BACKACHE

Take a Glass of Salts at Once If Your Back Is Hurting or Kidneys and Bladder Trouble You.

The American men and women must guard constantly against kidney trouble, because we eat too much and all our food is rich. Our blood is filled with uric acid which the kidneys strive to filter out, they weaken from overwork, become sluggish; the eliminative tissues clog and the result is kidney trouble, bladder weakness and a general decline in health.

When your kidneys feel like lumps of lead; your back hurts or the urine is cloudy, full of sediment or you are obliged to seek relief two or three times during the night; if you suffer with sick headache or dizzy, nervous spells, acid stomach, or you have rheumatism when the weather is bad, get from your pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush and stimulate clogged kidneys; to neutralize the acids in the urine so it no longer is a source of irritation, thus ending bladder disorders.

Jad Salts is inexpensive; cannot injure, makes a delightful effervescent lithia-water beverage, and belongs in every home, because nobody can make a mistake by having a good kidney flushing any time.—Adv.

### Mysteries of Golf.

Josephus Daniels, secretary of the navy, was invited the other day to go out and play golf.

"I can't play it," said Daniels; "I made up my mind some time ago not to go in for golf until they change the rules."

"How do you mean?"

"Well, until they change the rules and make it as good a game as shinty."

That recalls the tale they tell about the time Franklin K. Lane, now secretary of the interior, first undertook the mastery of golf.

Two enthusiasts over the game lent a large set of clubs to Lane and they played a round. When they had reached the last hole Lane walked over to the nearest teeing place and began attempts to drive off with each club in his sack, one after another.

"The game's all over," they explained, gently.

"Well," asked Lane, picking up another kind of club, "can't I play my hand out?"—New York Sun.

### Her Platform.

At the Marshall home there was much discussion of woman suffrage and other political questions, and little Vera had always been a very much interested listener.

"What will you do when you can vote?" a visitor asked her.

"Help to put candy on the free list," was the unexpected reply.—Youth's Companion.

### Unnecessary Effort.

His Wife.—This paper says an army of 100,000 men has wrecked a railroad in Belgium.

Railroad Magnate.—What a waste of energy! A board of five directors could have done it just as thoroughly.—Life.

### Not Supplying the Two.

The Angry One.—For two cents I'd knock your block off!

The Calm One.—Well, you won't get your working capital from me.

### The Way He Did.

"How did you catch that cold?"

"How do you suppose? I chased it in my racing car till I caught it."

### BAD DREAMS Caused by Coffee.

"I have been a coffee drinker, more or less, ever since I can remember, until a few months ago I became more and more nervous and irritable, and finally I could not sleep at night for I was horribly disturbed by dreams of all sorts and a species of distressing nightmare.

Finally, after hearing the experience of numbers of friends who had quit coffee and were drinking Postum, and learning of the great benefits they had derived, I concluded coffee must be the cause of my trouble, so I got some Postum and had it made strictly according to directions.

I was astonished at the flavor and taste. It entirely took the place of coffee, and to my very great satisfaction, I began to sleep peacefully and sweetly. My nerves improved, and I wish I could wear every man, woman and child from the unwholesome drug—coffee.

"People do not really appreciate or realize what a powerful drug it is and what terrible effect it has on the human system. If they did, hardly a pound of coffee would be sold. I would never think of going back to coffee again. I would almost as soon think of putting my hand in a fire after I had once been burned. Yours for health."

Postum comes in two forms: Regular Postum—must be well boiled. 15c and 25c packages.

Instant Postum—is a soluble powder. A teaspoonful dissolves quickly in a cup of hot water and, with cream and sugar, makes a delicious beverage instantly. 30c and 50c tins.

The cost per cup of both kinds is about the same.

"There's a Reason" for Postum.

—sold by Grocers

# THE WARSHIP PLAN STANDS

### House Naval Committee Discounts Value of Submarines.

### GOOD ONLY ALONG COAST

### Report Shows Germany Lost 47 Battleships, While England Lost But 31—Debate Next Month.

Washington, D. C.—Informally reporting the \$148,000,000 naval bill to the House, the Naval Committee said that while in the European war "the submarine has been effective in harbor and coast defense it has not been able to control the sea as the superior battleship fleet has done, causing an enemy with an inferior battleship fleet to suffer great loss of merchant ships, blockade its ports and drive its commerce off the seas."

The committee reported that therefore the two-battleship program had not been changed. It added that the "effectiveness of the submarine in the European war demonstrated it to be a naval weapon of great value," and that "the airship for scouting purposes, likewise, has demonstrated its effectiveness."

### Carries Increase Of \$3,000,000.

The bill probably will be reached for debate about February 1. It carries an increase of \$8,492,096 in the building program over what the Navy Department recommended.

The committee report contained a list, furnished by the Navy Department, of the men-of-war lost by the European belligerents from July 1, 1914, to January 1, 1915, totaling 99 vessels in all, not including interned ships. The list summarizes these losses: Germany, 47; England, 31; France, Japan and Austria, 5 each; Russia, 4; and Turkey, 2.

The total number of vessels in the United States Navy on July 1, the report summarizes was 396 with a total displacement of 1,658,647 tons of which 336, with displacement of 1,354,884, are "fit for service," including those in the Pacific, the rest being under construction or authorized. Those listed as fit for service include 10 first-line battleships, 25 second-line battleships, 10 armored cruisers, 24 other cruisers, 9 monitors, 50 destroyers, 19 torpedo boats, 30 submarines and numerous other craft.

### WILSON IS A GRANDFATHER.

### Mrs. Sayre Gives Birth to a Boy At the White House.

Washington, D. C.—A son was born at the White House Sunday to Mrs. Francis Bowes Sayre, President Wilson's second daughter. Mrs. Sayre and the child were reported to be doing well.

The child was born at 4:30 o'clock P. M., but the fact was not formally announced until 6 o'clock, when Secretary Tumulty gave out the following statement:

"Dr. Grayson, the White House physician, states that at 4:30 o'clock Mrs. Sayre gave birth to a fine boy. Everything went perfectly and both are doing well."

The boy weighed 7 1/2 pounds. He announced his arrival by a series of cries which gave assurance that his lungs were in excellent condition.

President Wilson made no effort to conceal his joy when informed that the child was a boy and that Mrs. Sayre was well. His face was wreathed in smiles for hours afterward. It was his first grandchild, and the President had no boys of his own.

### CHILD WAS BEATEN TO DEATH.

### Housekeeper For Absent Father Detained By Police.

Tacoma, Wash.—That Clarence Hall, 3-year-old son of Amos H. Hall, a widower, came to his death from blows and abuse administered by some person unknown was the verdict returned by a coroner's jury here. Mrs. Bertha Diffe, housekeeper in the Hall home, was held on a charge of assault as a result of the inquest. The child was buried last Wednesday in the father's absence from the city, a physician's certificate giving as the cause of death epileptic convulsions and cerebral hemorrhage. On complaint of neighbors, who alleged that the woman had beaten the child cruelly, the body was exhumed.

### BOMBS ON OSTEND.

### Nine Aviators in Raid, London Hears, Hit Station and Barracks.

London.—Nine British, French and Belgian aviators dropped bombs on the railroad station and barracks at Ostend causing considerable damage, according to a dispatch to Lloyd's News from its correspondent on the Franco-Belgian border.

### ITALY BUYS HORSES.

### Not a White One Will Be Accepted in 8,000 Order.

East St. Louis.—The Italian Government has signed contracts with a firm here for the delivery of 8,000 war horses, it was announced by a member of the firm. The contract calls for the delivery of 200 horses a day, none of which is to be white.

# JOY KILLERS



# WARNING SENT TO GENERAL CARRANZA

### British Ambassador and Oil Concerns Make Complaint.

# PLANTS CLOSED DUE TO TAX

### The Threatened Action By the Constitutional Leader Brings Urgent Protest From Great Britain.

Washington, D. C.—The United States government has sent a warning to General Venustiano Carranza pointing out that "serious consequences may follow" his threatened confiscation of foreign-owned oil plants in Tampico. This announcement was made by Secretary Bryan after the latter had conferred with Sir Cecil Spring-Rice, the British ambassador, and representatives of American oil concerns.

Already the Carranza officials have practically enforced an embargo on the exportation of oil by a big English company. The British Ambassador, at the suggestion of Mr. Bryan, sent an urgent telegram to the British consul at Vera Cruz, which he was instructed to show to General Carranza. As the British fleet obtains much of its fuel from the Tampico oil fields, the possibility of serious complications over the Carranza government's attitude is fully realized by the American government.

### Fear Confiscation.

Mr. Bryan said that the foreign-owned oil companies "feared confiscation of their wells" by Carranza and that the urgent representations had been made to forestall such action.

A decree issued by the Carranza government makes it impossible for some of the foreign oil companies to operate without the consent of the Mexican authorities, and some of the American concerns, it is said, have been forced to pay so heavy a tax that they have been practically compelled to shut down their plants. Although there are Dutch interests at Tampico, no representations have as yet been made by the Netherlands government.

The prospect of a battle on the outskirts of Tampico between the advancing forces of General Villa and the columns of Carranza, under Gen. Pablo Gonzales, is expected here to develop the situation further. If the Villa forces are victorious a solution of the problem is confidently expected because of previous assurances given by the Villa-Gutierrez officials in that district.

### CALLS HOLY WAR FRUITLESS.

### Bishop Anderson Thinks Mohammedans Loyal.

New York.—Among the 24 passengers on the Atlantic Transport liner Minnetonka, which arrived here after a rough passage from Liverpool, were Bishop William F. Anderson, of Cincinnati, and his family.

Bishop Anderson said he had spent several months visiting the Methodist Episcopal mission stations in Northern Africa. He said that he was impressed by the fact that the holy war proclaimed by Turkey had not affected the Mohammedan subjects of France in Africa, and as far as he could learn from other missionaries who were in close touch with the natives of Egypt and India, they, too, were loyal to the British.

Regarding the African tribes, he said they were treated well by the French and had, in fact, little unity, so that there was no chance, anyway, of a concerted rising.

### NEEDED TO GUARD NEUTRALITY.

### Norway Has No Warship To Spare For Exposition.

Christiania, via London.—Norway has decided definitely that it will be impossible for her to send a warship to take part in the naval ceremonies in connection with the opening of the Panama Canal. Her entire fleet will be required for the defense of Norwegian neutrality.

### AMERICAN GIRL WEDS PRINCE.

### Miss Rogers, Of Washington, Bride Of German Emperor's Nephew.

Berlin, via London.—Miss Elizabeth Reid Rogers, daughter of Mr. and Mrs. Richard Reid Rogers, of Washington, D. C., was married at noon in Trinity Church to Prince Christian of Hesse. The Prince is a nephew of the German Emperor and is a captain in the German navy.

# WOMAN SUFFRAGE LOSES IN HOUSE

### Resolutions For Constitutional Amendment Defeated.

# TWO-THIRDS VOTE NEEDED

### Speaker Clark Frequently Impelled To Pound Desk For Order and Threatens Clearing Of Galleries.

Washington, D. C.—The House of Representatives by a vote of 204 to 174, refused to submit to the States an amendment to the Federal Constitution to enfranchise women.

The vote came at the close of a day of long-prepared oratory, during which the many speakers were listened to with frequent evidences of approval or disapproval by packed galleries. The question was before the House on the Mondell resolution to submit a constitutional amendment providing that the right of suffrage should not be abridged "because of sex."

### Two-Thirds Vote Needed.

A two-thirds affirmative vote was necessary to pass the resolution, which was defeated by a majority of 39.

Party lines were not strictly drawn in the fight, although Democratic Leader Underwood, voicing the attitude of his party that suffrage is a State issue, strongly opposed the resolution, while Republican Leader Mann was one of the chief speakers of the suffragists.

Enthusiasm mingled with dejection when Speaker Clark announced the result, and into the corridors from opposite galleries filed the hundreds of suffragists, with the purple and yellow sashes, and the red rose-bedecked anti-suffragists.

### NEW YORK LEADERS TO PRISON.

### Convicted Of Offering and Receiving a Bribe.

New York.—Joseph Cassidy, former Democratic leader of Queens county, and William Willett, Jr., a former Congressman, were sent to Sing Sing Prison to serve one year and six months each. Their commitment followed the affirmation by the Court of Appeals of the verdict of the jury which convicted Willett of offering and Cassidy of receiving a bribe to obtain Willett's nomination to the Supreme Court in 1911.

### MAKES ELECTION DISTRICT DRY.

### New York Anti-Saloon League Local Option Bill Out.

Albany, N. Y.—The State Anti-Saloon League's local option bill designed to let political units as small as an election district decide whether or not intoxicants shall be sold in the restricted territory was introduced in the Legislature. The measure would provide for a referendum election on a proposition to create an anti-saloon district after 25 per cent. of the voters had indicated their desire for such action.

### VOTE TO MAKE ALABAMA "DRY."

### Bill Passed For Prohibition After June 30, 1915.

Montgomery, Ala.—A bill to make Alabama a prohibition State after June 30, 1915, was passed by both houses of the Legislature. Should Governor O'Neal disapprove it prohibition leaders claim it can be passed over his veto. The vote was 74 to 27 in the House and 26 to 9 in the Senate.

# EARTHQUAKE KILLS THOUSANDS

### Alps Are Rocked By Second Quake in Italy.

### THE DEATH TOLL IS HEAVY

### The Survivors in Dread of More Shocks.

### KING VICTOR AT AVEZZANO

### Four Thousand Persons Buried Alive In Ruins Of Avezzano, Where King Is Aiding in Work Of Rescue.

### ITALY'S HORROR.

### List Of the Number Of Victims In the Various Cities.

Number of dead estimated at 18,990.

Number of injured estimated at 20,000.

Cities in which the loss of life was greatest are:

Avezzano and Vicinity—15,000 killed and injured.

Sora—450 bodies recovered; town completely wrecked.

Aielli—Nearly 1,000 dead and injured.

Arluno—150 known dead; scores injured.

Megliano—Death list large, as whole town was destroyed.

Pon—500 reported dead.

In addition the following towns have been reported practically destroyed:

Antrosano, Castromovne, Capelle, Collarmele, Cerchio, Celano, Capistrello, Giosamari, Lodi, Marsa, Mascadalo, Paterno, San Felino and Scuroia.

These are reported to have been seriously damaged:

Bisegna, Balsorano, Canistro, Cocullo, Civitellanovino, Castellum, Ortucchio, Ortona, Marsa, Pagliotta, Pescina, San Benedetto and Sorbo.

Towns slightly damaged were:

Cappadocia, Carsoli, Ovindoli, Peralucio, Poggio Filippo, Ronacero, Santi Marie, San Donato, San Stefano, Taglicozzo and Trasacco.

Rome.—Demolished or partly demolished towns dot that part of Italy from Naples northward to Ferrara and crosswise the peninsula from the Tyrrhenian to the Adriatic Sea, over which the earthquake passed.

Thousands of dead lie beneath the mounds of debris which once were dwellings, churches and public institutions which crumbled under the earth's vibrations.

Not even an estimate of the aggregate fatalities is yet obtainable, as numerous places are still isolated owing to the severance of telegraphic, telephonic and railroad communication. It is known, however, that Avezzano is a necropolis, and that also in Sora, some 25 miles to the southeast, which was almost completely destroyed by a later shock, a large number of lives were lost. In Avezzano and vicinity it is estimated that 15,000 perished and that the dead in Sora will total 1,000.

So far as is known, about 20 towns have been absolutely leveled while an almost equal number suffered serious damage.

In all these places persons were killed or injured. In the ruins throughout the day volunteers worked heroically endeavoring to extricate wounded or rescue the bodies of the dead. King Victor Emmanuel himself directed the work at Avezzano, where the piteous appeals of persons caught beneath wreckage could be plainly heard.

It is estimated that in Avezzano 4,000 persons are buried alive, some of them school children in an institution which collapsed. Only four soldiers of the garrison of 400 in the town escaped when the barracks fell.

In Sora all the municipal and Government authorities perished. Four hundred and fifty bodies already have been taken from the ruins there and a large number of injured are under treatment.

About two-thirds of the houses collapsed under the shock and others, which were cracked, tumbled down later. Rossi Palace fell in burying 20 laborers who were working in the courtyard.

In Rome several shocks occurred. They caused the collapse of some buildings already severely damaged, resulting in the injury of a number of persons engaged in rescue work in various towns. These shocks were not violent, but they increased the alarm of the people and made more difficult the work of rescue.

With every hour, as additional and more accurate details are received, the horror increases, threatening to place it in the list of similar catastrophes in Europe second only to the Messina disaster of 1908.

The list of dead, dying and injured has increased from a relatively small figure to more than 50,000 according to an official announcement, and it is expected that this number may grow.

# Stop That Backache

There's nothing more discouraging than a constant backache. You are lame when you awake. Pains pierce you when you bend or lift. It's hard to rest and next day it's the same old story.

Pain in the back is nature's warning of kidney ills. Neglect may pave the way to dropsy, gravel, or other serious kidney sickness.

Don't delay—begin using Doan's Kidney Pills—the medicine that has been curing backache and kidney trouble for over fifty years.

### A Pennsylvania Case

Mrs. A. Wilber, 2136 Woodland Ave., West Philadelphia, Pa., says: "Kidney complaint in my case began with vertigo, dizziness, pains through my joints. The least cold I caught put my back in bad shape and I was often laid up. I had terrible pains through my side and could hardly straighten a t t e r e e s t o o p i n g. The kidney secretions were unnatural, too. After doctoring without relief I used Doan's Kidney Pills and they completely cured me."



Get Doan's at Any Store, 50c a Box  
**DOAN'S KIDNEY PILLS**  
POSTER-MILBURN CO., BUFFALO, N. Y.

# Tutt's Pills

The dyspeptic, the debilitated, whether from excess of work of mind or body, drink or exposure in

**MALARIAL REGIONS,** will find Tutt's Pills the most genial restorative ever offered the suffering invalid.

### FARMERS NEED THE BIRDS

For Purely Selfish Reasons the Destruction of Feathered Songsters Should Be Stopped.

Birds are the chief protectors of our trees. Who ever heard of codling moth and San Jose and other scales when the orchards were full of birds? Now that these feathered helpers have been driven out of wood and field, man is compelled to resort to all sorts of vexatious and difficult struggles against the enemy of fruit and tree.

The birds are the very best destroyers of weeds. Native sparrows, finches, grosbeaks, redpolls, longspurs, cowbirds, mourning doves and similar birds feed hungrily upon the fall weed seeds at a time when the crops have been gathered and they can do no harm to it.

The best helper a farmer can have is a host of birds. But instead of recognizing these efficient helpers, so generously provided by nature, we wantonly slay them by the hundreds for fun.—Kendallville News-Sun.

### Important to Mothers

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Fitcher* in Use For Over 30 Years. Children Cry for Fletcher's Castoria

### Stock Exchange.

"What does her husband do? I heard her say something about the stock exchange."

"He's a horse trader."



EVERY HORSE OWNER SHOULD KEEP A BOTTLE OF

# YAGER'S LINIMENT

There is Nothing Just as Good For SPAIN SWINEY WOUNDS SWELLINGS GALLS SPRAINS SCRATCHES COLLAR BOILS, &c.

**SOME TESTIMONY.**  
"I unhesitatingly pronounce Yager's Liniment I have ever used. Have been handling and training horses for speed for twenty years and have had hundreds of different brands of so-called horse remedies. I wish your Yager's Liniment the large sale so well deserves, and recommend it most highly."

B. L. TUFT, Salem, N.J.  
Driver and Trainer of Wm. Penn. Record, 1:24 1/2

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