the centre reporter, centre hall, pa.


Since Lydia E. Pinkham's Vegetable Compound Restored Her Health.


Another Sufferer.Relieved. Romayor, Texas. - "I suffered terri-
bly with a displacement and bladder
troubie. I was in misery all the time
 mother advised me to try Lydia E. Pink-
ham's Vegetable Compound and I Idid
-I am cured of the displacement and "I am cured of the displacement and
the bladder trouble is relieved. Ithinks
the Compound is the finest medicine on the Compound is the finest medic
earth for suftering women.,
VioLA JASPER, Romayor, Texas. If yon want special adrice write to
Iydia E . Pinkham Meeticine Co. (confi-
diential) Lynn, Mass. Your letter will dential) Lymn, Mass. Your letter will
be opened, read and answered by a
woman and held in strict conflencea

## Constipation

 Vanishes Forever improve the complexion, brighten the eyes
SMALL PILL, SMALL DOSE, SMALL PRICE Genuine must bear Signature,
Brea Tlood


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|  |  | Alfalfa Hay for Cows.

Because of the hilgh proteen conte for dairy cows for breeding animal
and for growing young stock. It is o
cole considerable economic value when
grown and fed on the farm, as it takes
the place of hikh-priced, concentrates, suuh as bran anond cotton
seed meal. it is more economical. un It as a part ration either with corn of some carbohydrate rourhage, as ch
stover or grass hay, rather than


Common Garden Toad.
found; in another fifty-five army
worms. One toad in captivity snapped
eighty-aix house fies in tes miptes. worms. One toad in captivity snapped
eighty-six hoose filies in ten minutes
enother was given tent-four gypy
mothe at one feeding With so much
mequired to satisfy the appetite of a
read and required to satisfy the appetite of a
toad at a single meal. it would be dif
finult inded to pun an estimate on the
huge amount of insect food consumed huge amount of insect food consumed
in a single seasone
The natural enemies of the tgads are hawks, owls, crows, snakes and
skunks, and poutry destro many
young toads. The littlo animals Which are to be found in every gar
den, should be protected with the
same care as are the useful birds ROTATE OR FAILURE, WHICH? Weeds and Insects, Too Numerous to
Mention, All Accumulate Under The accumulation of noxious weeds.
diseases. and insects on the farm tis
one of the most serious sources
is one ore The most serious sources of
loss. This rexults as a rule from the
constant growth or too long continued
culture of the same culture of the same crong or class of
crops on the same land. Wit fin
various crops, bacterial diseases,
grain tust, and weets and insects too grain rusts, and weeds and insects too
numerous to mention all accumulate
in the soll under the one-crop gystem
Those pests often multiply
The Thase peets often multiply to such
an extent that utitmately it becomes
impossible to secure profitabie re imposible to secure proftabie re
turns from land thus infested. Re.
sistant varieties must then be secured
or crops cultivated on land not subsistant varieties must then be secured
or crops cultivated lon land not sub-
ject to thees pests. All theso troubles
can be avoided and the fertillty of the soil greatly Improved by intelligent
systems for any locality or type of
farming, so far as they have been deCarming, so far as they have been de-
yeloped, ana usaully be obtalned from
state experiment stations or from the

## Small Farms in Demand. The U. S. Reclamation Servic

 The U. S. Reclamation Serrice an-nounces that an increased desire on
the part of settlers on irrigation projects to take up small farms has ne-
cessitated regulations faclitating the
subdivision of eatablished farm units subdivision of established farm unite
So most of the sovernment projects
the farm unit consists of 40 and 80



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Ready to eat direct from package with cream and sugar-sometimes add fruit.
A genuine treat that meets favor with guests and home folks.
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