

CONSTIPATION



Munyon's Paw-Paw Pills are a tonic to the stomach, liver and nerves. They invigorate instead of weaken; they enrich the blood instead of impoverishing it; they enable the stomach to get all the nourishment from food that is put into it. Price 25 cents. All Druggists.

Agreeing With Her.
"I was a fool when I married you!"
"Yes, and you married a fool!"

PILES CURED IN 6 TO 14 DAYS.
Young's Patent will refund money if PAINFUL HEMORRHOIDS fail to cure any case of Hemorrhoids, Bleeding or Protruding Piles in 6 to 14 days. 50c.

It is far better to make your mark in this world than it is to be an easy one.

This Will Interest Mothers.
Mother Gray's Sweet Powders for Children relieve Feverishness, Headache, Bad Stomach, Teething Disorders, move and regulate the Bowels and destroy worms. They break up Colds in 24 hours. They are so pleasant to take children like them. Used by mothers of 22 years. All Druggists, 25c. Sample FREE. Address, A. S. Orin, Le Roy, N. Y. Adv.

Sometimes They Are Stolen.
"After all, you ought to buy an auto."

"Buy one, child? That would be difficult. But I might try to get one."

Important to Mothers
Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Fletcher*. In Use For Over 30 Years. Children Cry for Fletcher's Castoria

Connoisseur.
"Mother, is father in the fruit business?"

"No, son. What put that idea into your head?"

"Well, when he took me for a walk the other day he met Mr. Jones, and all they talked about was peaches, pippins and dates."—Judge.

Surely a Good Cook.
Mrs. Champ Clark was engaging a new cook. The applicant, a nice looking woman, made a fine impression on Mrs. Clark. After the usual preliminary questions, the speaker's wife asked:

"Can you really cook?"

"Can I cook?" exclaimed the applicant. "I should say I can cook!"

"But are you a good cook?"

"Am I a good cook!" echoed the woman. "I go to mass every morning."

Know It All.
An old but sturdy Irishman, who had made a reputation as a gang boss, was given a job with a railroad construction company at Port-au-Prince, Haiti. One day, when the sun was hotter than usual, his gang of black Haitians began to shirk, and as the chief engineer rode up on his horse the Irishman was heard to shout:

"Allez—you sons of guns—allez!" Then turning to the engineer, he said: "I curse the day I ever learned their language."

Occasional Visitor.
A notable housekeeper of the past generation, before the days of screens had just announced with decision that she never had any flies.

"But, Aunt Augusta," faltered the timid visitor, "it seems to me that I saw a few in the dining-room."

"Oh, those," replied her aunt, with a majestic wave of the hand, "were the neighbors' flies. They will come in occasionally. But I was saying, we never have any of our own."—Youth's Companion.

A DIFFERENCE.
It Paid This Man to Change Food.

"What is called 'good living' eventually brought me to a condition quite the reverse of good health," writes a N. Y. merchant.

"Improper eating told on me till my stomach became so weak that food nauseated me, even the lightest and simplest lunch, and I was much depressed after a night of uneasy slumber, unfitting me for business."

"This condition was discouraging, as I could find no way to improve it. Then I saw the advertisement of Grape-Nuts food, and decided to try it, and became delighted with the result."

"For the past three years I have used Grape-Nuts and nothing else for my breakfast and for lunch before retiring. It speedily set my stomach right and I congratulate myself that I have regained my health. There is no greater comfort for a tired man than a lunch of Grape-Nuts. It insures restful sleep, and an awakening in the morning with a feeling of buoyant courage and hopefulness."

"Grape-Nuts has been a boon to my whole family. It has made of our 3-year-old boy, who used to be unable to digest much of anything, a robust, healthy, little rascal weighing 32 pounds. Mankind certainly owes a debt of gratitude to the expert who invented this perfect food." Name given by Postum Co., Battle Creek, Mich. "There's a reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest. Adv.

SNAPSHOTS AT STATE NEWS

All Pennsylvania Gleaned for Items of Interest.

REPORTS ABOUT CROPS GOOD

Farmers Busy in Every Locality—Churches Raising Funds for Many Worthy Objects—Items of Business and Pleasure that Interest.

The Borough of Emmaus is agitating the installation of a fire-alarm system.

Mifflin county, "dry" for five years, has three hotel applications for liquor licenses.

Owing to many landslides, the J. H. Hower slate quarry at Danielsville has been abandoned.

During the first month of the parcel post system in Reading 27,000 parcels were handled.

Isaac Trupp, of Keamstown, who fell into a creek, contracted pneumonia and died.

John M. Bossert and Daniel Marquette have been appointed assistant fire chiefs in Pottstown.

Bricklayers and masons of Hazleton and vicinity have submitted a demand for a wage increase of 5 cents an hour.

Ten golden half-eagles were given to Mr. and Mrs. Charles F. Weaver, of Cressonia, on their golden wedding day.

John Rigency and wife celebrated their golden wedding anniversary at Shamokin with children and other relatives.

Thirteen candidates from Schuylkill county have taken examinations for cadetships at Annapolis and West Point.

The Reading Company has a 70-ton steam shovel and two locomotives stripping outcropping coal near its Alaska shaft.

The Overbrook Garage has instituted suit at Norristown against H. P. Moore to recover \$423, representing six months' repairs to his auto.

Paul B. Huyett, of Wernersville, a student at Mt. Airy Theological Seminary, will probably be called to the Oakbrook-Shillington pastorate.

Thomas O'Neill, a passenger engineer on the East Penn road, who has a farm at Frush Valley, Berks county, has located valuable ore beds on it.

Getting into the house of Irwin Herner, in Pottstown, by mistake, Michael Yusick had to be removed by the police, and was then fined \$3.

Montgomery county's new House of Detention in Norristown was turned over to the Probation Society connected with the Juvenile Court.

Berks County Commissioners will offer \$5,000 for a small piece of ground owned by the Berks County Trust Company to enlarge the courthouse.

The five breweries of Reading, during the last year brewed 255,195 barrels of beer, and most of it was retailed in the 470 hotels and saloons in the county.

There are 100 representatives in Berks belonging to various clubs who will join the Federation of Social Organizations to fight against the proposed bill to license clubs.

There are 33 cases of typhoid fever in Reading, and residents who use water that comes from Maiden Creek, the only water not filtered, have been warned to boil it.

The homes of Richard Dearolf, Mrs. Kate Treschler and Christian Huber, in Norristown, and the Seven Stars Hotel of William Johnson were robbed of jewelry and clothing.

Anton Will has applied for a liquor license for his property in Pottstown; but the Montgomery County Court has refused applications for the same stand for several years in succession.

James Hart, the oldest resident in Hollidaysburg, has celebrated his eighty-third birthday anniversary. Mr. Hart came across the water from Ireland in the year 1840. He helped in the building of the Pennsylvania Railroad yards in Hollidaysburg in the early fifties.

John B. Leisher, for several terms Prothonotary of Clinton county, and more recently active in the councils of the Lincoln and Progressive parties; has been appointed by Judge H. A. Hall as probation officer of the county, at a salary of \$25 a month.

The Amusement Committee of the Greater Wilkes-Barre Industrial Exposition has arranged for several nights, such as Welsh, Irish, English, Society, etc., in connection with the exposition to be held in that city during the week of May 10.

METAL BOTTLE TOP REMOVER

Ordinary Table Fork Will Perform Operation With Neatness and Dispatch—Knife Also Used.

Everybody is familiar with the little metal tops used on bottles. But the general opinion is that a top can not be removed without the aid of a specially designed opener. A Philadelphia man was recently confronted with the problem of removing one of these tops without the official instrument. This is the way he did it: He took an ordinary table fork and placed one of the outside tines beneath the edge of the cap. He then



Metal Top Remover.

took a knife and inserted the end of the blade between the other outside tine and the center one. By pressing down on the knife handle he secured just the upward pull on the edge of the crown top that is needed to dislodge it. An ingenious and simple substitute.

GOOSE LAYING SEASON HERE

Advisable to Start Upon Small Scale and Run Two Geese With Each Gander—Get Early Eggs.

One of the best seasons for purchasing geese is during the latter part of the year, for then the birds have a chance to settle down properly before the laying season, which in the case of geese begins at the end of January. It is advisable to start upon a small scale and to run two geese to each gander. They should be housed in roomy, dry floored quarters that are well ventilated without being draughty. Use dry straw as litter and renew frequently.

When the birds are of the right type the young usually take after them in this respect, but to assure size it is necessary that early eggs be produced, for unless the young are hatched early they have no time to develop before the cold days are encountered. The way to produce early eggs is to see that the birds are well fed during the autumn, a time when much of the natural food picked up is apt to be short of nutriment.

ONE PRACTICE IS WASTEFUL

By Burning Corn Stalks Farmer Is Destroying His Land—Much Benefit in Plowing Under.

(By B. E. LAIRA.)

It always makes me feel sad to see the smoke rising from the burning corn stalks in the field, because the farmer is burning up his land and doesn't know it. How can we expect to burn up stock which the soil produces and put nothing back in the way of humus and then hope to keep our soil in good condition? Maybe I'm wrong when I say that farmers do not know what they're doing, for doubtless some of them do know that it is a bad practice, but burning stalks is easier than disking or cutting them up and they are a nuisance to plow under. Some farmers say there is no benefit in plowing under stalks, but I cannot figure it out that way because I do not see how we can go on robbing our soil and keep up the fertility. It costs very little to keep a sheep and a flock of 50 sheep is worth money.

Sickness Among Fowls.

The causes for sickness among fowls can be traced to lice, flth, no grit, over-fat, sour food, leaky roofs, lack of exercise, crowded quarters, cracks in the wall, exposure to hot suns, cold houses in winter, hot houses in summer, irregularity in feeding, damp houses and runs, nor enough bulky food, impure drinking water, poorly ventilated houses, exposure to bad weather, and too much heating food in summer.

Making Stables Comfortable.

Stop the cracks and chinks in the stables. The horses and cows will not get cold outside if it isn't raining, but in the stable, with the wind blowing in through some little hole, they will actually suffer. Get in a warm room and let the cold air from outside reach you through just one little opening, if you don't believe it.

Shoeing the Colt.

The first shoeing of a colt is the most important, not only in the fit of the shoes, but also in seeing that the colt is not badly scuffed by the forge, the unusual handling and new sounds. Horses mean to shoe are generally the result of improper handling at early shoeings.

Needless Cruelty.

To tie up a horse so short that he cannot comfortably lie down is a needless cruelty.

ECONOMY OF STEEL WHEELS

Seems to Have Large Measure of Common Sense Back of Claims Advanced in Its Favor.

The agricultural college and experiment station of the University of Wyoming has proved the value of steel wheels to its complete satisfaction, and in a recent bulletin one of the experts of that institution said:

"Low, wide-tired steel wheels will give any farmer better equipment for his work. Under all conditions of the field and nearly all conditions of the road it is estimated that broad-tired steel wheels pull from 30 to 100 per cent. lighter than the narrow tires."

The steel wheel for farm use seems to have a large measure of common sense back of the claims that have been advanced in favor of it.

From the standpoint of convenience the farm wagon that has been made over into a low-down vehicle with wide steel tires has a strong appeal. It is easily loaded and overcomes all the objections to high wagons of the old type.

Users of steel wheels say their economy cannot be denied, as they make a much lighter draft, are, therefore easier on the team, and, moreover, soon pay for themselves in the elimination of tire troubles, so common to wood wheels.

Their practical value is further vouched for in the experiences of those who find that wide-tired steel wheels do not cut up the pastures, do not become "mired" in soft fields or muddy roads, and do not cause the heavy pulls that "rutty" roads have always meant for narrow tires.

CAREFUL FEEDING OF COLTS

Must Be Kept Growing if Best Horses Are to Be Made of Them—Oats Make Good Feed.

Some people seem to think that the colts can live out in all kinds of weather, and thrive on any kind of feed that they can get. This is a great mistake, however. Colts, like any other young animals, must be kept growing by careful feeding if the best horses are to be made of them. Now is the time of the year to prepare for feeding and sheltering the colts. Make preparations to feed them a little, gradually increasing the amount as the grass becomes shorter. Fix a small inclosure in the pasture where the colts run, so that they can run under the rails at a gap, but mares will be excluded.

If the inclosure is made near the salting or watering place the mares will not be so liable to toll the colts away before they are through eating. Oats, with a little bran mixed in them, make an excellent feed. Feed once a day, and lightly at first. In a little while they can be fed twice daily and will eat a quart of feed a day.

RAISING PONIES FOR PROFIT

Little Fellows Always Find Ready Sale in All City Markets—Cost of Rearing Is Small.

Did you ever investigate the raising of the little ponies that are the delight of every child's heart. The cost of keeping the ponies would not be a great deal for a farmer who has other colts and horses to raise,

Pleasure and Profit.

and these little fellows find a ready sale in the city markets. Your own children would be made happy by the possession of a beautiful little pony, and then, of course, your neighbors' children would have to have one—so your profits would begin at once by the creation of a market for them right at home.

Mining Mules Pay.

What are called mining mules are being raised profitably in the middle west. There are two classes necessary for the occupation—the surface mules and the pit mules, the size and weight of the latter determined by the size of the tunneling. These animals are wanted to range from 600 pounds to 1,350 in weight, and twelve to sixteen hands in height. They must have deep bodies, good feet and those from five to eight years are preferred.

Harm of Too Much Grain.

It never occurs to the average farmer that the effect of a long continued diet of grain is as injurious to fowls as to cattle, nor that the concentrated grain food gives the best results when diluted or mixed with some bulky succulent material.

Reasons for Eating.

The hen has three reasons for eating: To repair the tissues of her body, to keep herself warm, and to make eggs. It therefore follows that her diet must be varied and plentiful.

Pure Bred Boar.

At any rate get a pure bred boar. Then you have half the drove thoroughbred anyway.

COMMERCIAL

Weekly Review of Trade and Market Reports.

Dun's Review says:

"The business expansion which began in 1912 was steadily maintained throughout the first month of the new year, and reports from various sections continue satisfactory. Weather conditions affect distribution adversely in certain industries and tariff uncertainty is responsible for conservative buying in lines affected. Labor troubles now apparently approaching adjustment have interfered with the demand for materials used in the manufacture of clothing, but the general effect on the dry goods trade is comparatively slight."

Bradstreet's says: "Wheat, including flour exports from the United States and Canada for the week, aggregate 5,379,916 bushels, against 5,157,469 bushels this week last year."

Wholesale Markets

NEW YORK.—Wheat—Spot steady; No. 2 red, 108½¢ elevator and 110 f o b, aboat nominal; No. 1 Northern Du-luth, 101 f o b, aboat.

Corn—Spot easy; export, 56¢ f o b, aboat.

Cheese steady; receipts, 937 boxes. State, whole milk, held white or colored, average fancy, 16½¢@17½¢.

Dressed Poultry—Steady; fresh killed Western chickens, 12¢@13¢; fowls, 12¢@15¢; turkeys, 14¢@23¢.

PHILADELPHIA.—Wheat—Unchanged. Corn—Easier; No. 2 mixed, in export elevators, 54¢@54½¢.

Butter—Firm; Western creamery extra, 36¢; nearby prints, fancy, 35¢.

CHICAGO.—Cattle—Beeves, \$6.25@9.25; Texans, \$4.90@5.75; stockers and feeders, \$4.75@7.50; cows and heifers, \$3.75@7.50; calves, \$6.50@10.25.

Hogs—Light, \$7.40@7.75; mixed, \$7.45@7.75; heavy, \$7.20@7.80; rough, \$7.30@7.45; pigs, \$6@7.40; bulk, \$7.65@7.70.

Sheep—Native muttons, \$4.60@5.90; yearlings, \$6.25@7.75; lambs, \$6.60@8.75.

BALTIMORE.—Wheat—Spot, 105½¢; February, 107¢ nominal; March, 108½¢ nominal.

Corn—Spot and February, 53¢; March, 53½¢.

Oats—White—No. 2, 39¢@39½¢; standard, 38¢@38½¢; No. 3, 27¢@27½¢; No. 4, 25½¢@25¢.

Rye—Western Domestic—No. 2, 70¢@72¢; No. 3, 62¢@64¢; No. 4, 60¢@61¢.

Hay—Timothy—No. 1, \$18.50@19; standard, \$17.50@18; No. 2, \$17@17.50; No. 3, \$14@15. Clover, Mixed—Light, \$16@16.50; No. 1, \$15@15.50; No. 2, \$12.50@13.50; heavy, \$12.50@14.50. Clover—No. 1, \$13@13.50; No. 2, \$11@12.50.

Straw—Straight Rye—No. 1, \$17.50@18; No. 2, \$16.50@17. Tangled Rye—No. 1, \$12.50@13; No. 2, \$11@12.

Wheat—No. 1, \$8.50@9; No. 2, \$8@8.50. Oats—No. 1, \$9@10; No. 2, \$8@8.50.

Butter—Creamery, fancy, 24¢@25½¢; creamery, choice, 23¢@24; creamery, good, 21¢@22; creamery, prints, 35¢@37; creamery, blocks, 34¢@36; ladies, 22¢@24; Maryland and Pennsylvania rolls, 20¢@22.

Cheese—Quotations for jobbing lots, per lb., 18¢@18½¢.

Eggs—Maryland, Pennsylvania and nearby firsts, 23¢; Western firsts, 23¢; West Virginia firsts, 22¢@23¢; Southern firsts, 21¢@22¢. Recrated and rehandled eggs, ½¢@1 higher.

Live Poultry—Chickens—Old hens, heavy, 17¢; do, small to medium, 16¢; old roosters, 10¢; young, choice, smooth, 18¢@19¢; do, rough and staggy, 16¢@17¢. Ducks—White Pekings, 18¢; muscovy, 16¢@17¢; puddle, 16¢@17¢.

Geese—Nearby, 14¢@15¢; Western and Southern, 11¢@12¢; Kent Island, 16¢@17¢. Turkeys—Choice hens, 22¢; young gobblers, 20¢; old toms, 18¢; rough and poor, 10¢@12¢.

Dressed Poultry—Turkeys—Choice, 21¢; fair to good, 20¢@21¢; old toms, 18¢. Chickens—Young, 17¢@18¢; mixed, 16¢@17¢; old hens, 16¢; old roosters, 10¢@11¢. Ducks—16¢@18¢. Geese—Nearby, 16¢@15¢; Western and Southern, 11¢@13¢. Capons—7 lbs and over, 23¢@24¢; mediums, 21¢@22¢; small and slips, 18¢@19¢.

Live Stock

KANSAS CITY.—Cattle—Dressed beef and export steers, \$7.50@8.75; fair to good, \$7@7.50; Southern steers, \$5.75@7.75; Southern cows, \$3.75@5; bulls, \$5@6; calves, \$6.50@9.75.

Hogs—Bulk of sales, \$7.40@7.55; heavy, \$7.35@7.52½¢; packers and butchers, \$7.45@7.57½¢; light, \$7.45@7.55; pigs, \$6.25@6.75.

Sheep—Colorado lambs, \$7.75@8.30; yearlings, \$7@7.50; wethers, \$3@3.50; ewes, \$4@5.

PITTSBURGH.—Cattle—Choice, \$3.25@8.40; prime, \$7.85@8.10.

Sheep—Prime wethers, \$5.60@5.75; culls and commons, \$2.50@3.50; lambs, \$5@8.75; veal calves, \$10@10.50.

Hogs—Prime heavies, \$8.70@8.85; mediums, \$8.15@8.20; heavy Yorkers, \$8.15@8.20; light Yorkers, \$8.15@8.20; pigs, \$8.15@8.20; roughs, \$6.50@7.

Mrs. Sarah Scott, of St. Louis, mother of 10 children, has entered a nursery.

HAVE YOU TRIED THIS?

Simple Prescription Said to Work Wonders for Rheumatism.

This has been well known to the best doctors for years as the quickest and most reliable cure obtainable for rheumatism and backache. It has been published here for several winters and hundreds of the worst cases cured by it in a short time. "From your druggist get one ounce of Toris compound (in original sealed package) and one ounce of syrup of Sarsaparilla compound. Take these two ingredients home and put them into a half pint of good whiskey. Shake the bottle and take a tablespoonful before each meal and at bedtime." Results come the first day. If your druggist does not have Toris Compound in stock he will get it in a few hours from his wholesale house. Don't be influenced to take some patent medicine instead of this. Insist on having the genuine Toris compound in the original, one-ounce sealed, yellow package. Published by the Globe Pharmaceutical Laboratories of Chicago.

At the Studio.
A motor stopped in front of the photographer's, and a woman lacking none of the artificial accessories deemed necessary to "looks," entered the studio.

A couple of days later the photographer submitted proofs for her approval.

"Not one of those pictures looks anything like me," the woman insisted.

The photographer tried in every way to pacify her, but finding this an impossibility, lost control of his temper: "Madam!" he exclaimed, "did you read my sign?"

"Yes."

"Well! It does not say 'cleaning, dyeing and remodeling.' It says 'portraits.'"

Credit and "Confidence."
First Bank Official—I just loaned Bulger \$50,000 on his business.

Second Ditto—Is his business good enough to warrant it?

"Sure! He showed that he was employing over fourteen hundred children!"—Life.

Stealing away from bad company is justifiable larceny.

Backache Is a Warning

Thousands suffer kidney ills unawares—not knowing that the backache, headache, and dull, nervous, dizzy, all tired condition are often due to kidney weakness alone.

Anybody who suffers constantly from backache should suspect the kidneys. Some irregularity of these secretions may give just the needed proof.

Doan's Kidney Pills have been curing backaches and sick kidneys for over fifty years.

A South Carolina Case
Mrs. Mary West, Spartanburg, S. C. says: "I was so run down with my back I could get about. My appetite became poor and I fell all worn out and discouraged. Doan's Kidney Pills put me in good shape and I now feel better than before in years."

Get Doan's at Any Store, 50c a Box

DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., Buffalo, New York

Make the Liver Do its Duty

Nine times in ten when the liver is right the stomach and bowels are right.

CARTER'S LITTLE LIVER PILLS

gently but firmly compel a lazy liver to do its duty.

Cures Constipation, indigestion, Sick Headache, and Distress After Eating.

SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature

Carters Little Liver Pills

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