Strictly Up to Date.

Alice-How oddly some men pro-Kate-I should say so. A gentleman asked me last week if I felt favorably disposed to a unification of in-

terests. For SUMMER HEADACHES Hicks' CAPUDINE is the best remedy—no matter what causes them—whether from the heat, sitting in draughts, feverish condition, etc. 10c., 25c. and 50c. per bottle at medicine

Yes. Cordelia, a romantic man may be all to the good as a lovemaker, but he isn't in it with the matter-of-fact man as a family supporter.

# SEVEN YEARS OF MISERY

How Mrs. Bethune was Restored to Health by Lydia E. Pinkham's Vegetable Compound.

time every month,



was so nervous and weak that I dreaded have anyone move in fricts. the room. The doctors gave me medicine to ease me at

those times, and said that I ought to have an operation. I would not listen to that, and when a friend of my husband's told him about Lydia E. Pinkham's Vegetable Compound and what it had done for his wife, I was willing to take it. Now I look the picture of health and feel like it, too. I can do all my own housework, work in the garden and entertain company and enjoy them, and can walk as far as any ordinary woman, any day in the week. I wish I could talk to every suffering woman and girl, and tell them what Lydia E. Pinkham's Vegetable Compound has done for me."-Mrs. DEMA BETHUNE, Sikeston, Mo.

Remember, the remedy which did this was Lydia E. Pinkham's Vegetable

It has helped thousands of women who have been troubled with displacements, inflammation, ulceration, tumors, irregularities, periodic pains, backache, that bearing down feeling, indigestion, and nervous prostration, after all other means have failed. Why don't you try it?



is a simple, reliable remedy that should be in every family medicine chest, especially during the summer months.

IT GIVES INSTANT RELIEF

Cramps, Colic, Nausea, Acute Indigestion, Diarrhoea, Dysentery, Sick Headache, Alcoholic Excesses

Good for that "morning after" feeling. Contains no chloroform, opium or dangerous drugs.

Get a bottle today. 25c At Your Druggist's If he can't supply you, send 10c in stamps for trial size.

BROWN BROS. 128 S. Charles, St., BALTIMORE Mail orders promptly filled. MUTH EROS. & CO. - - Wholesale Distributors



For Heat Rashes Pimples Oily Skin Itchy Skin Eczema Hives Blackheads

Ivy Poisoning Sold by Hill's Hair and Whisker Dye, black or brown, Sec.

To cure costiveness the medicine must be

possess these qualities, and speedily restore to the bowels their natural peristaltic motion, so essential to regularity.

Vaseline SPECIAL OFFER HAIR TONIC "It Saves the Hair" Trial bottle sent on receipt of 10c. Write to-day. Chesebrough Mfg. Co. (Consolidated)
Dept. K., State St. New York, N. Y.



namental, convenient, cheap. Lasts all season. Made of metal, can tepillor tip over; will not soil or injure anything Guaranteed effective large of the season.

CAN CANCER BE CURED? IT CAN! he many hundreds of subserver from call-has treated during the past fifteen years we been endorsed by the Benate and Legis-d Virginia. We Guarantee Our Cures Physicians treated free.

KELLAM HOSPITAL 1617 W. Main Street, Richmond, Va.

# EDUCATORS RAP RURAL SCHOOLS

National Council of Educators On at Chicago.

REVIVE INTEREST

Is Submitted. Criticising Our Rural School System. Country Child Is Neglected.

Chicago.-The little red schoolhouse is so "unattractive" that "more than two-thirds of the 12,000,000 pupils in the rural public schools fail to reach a high standard in their studies."

That condition was described as a Sikeston, Mo. - "For seven years 1 menace to educational progress and suffered everything. I was in bed for as one of the reasons why the counfour or five days at a try child looks longingly toward the city, in a report submitted before the and so weak I could National Council of Education here. hardly walk. I had The conditions surrounding the tradicramps, backache tional little red schoolhouse were deand headache, and soribed as so deplorable that the counoil considered a plan to have the national association employ an expert to see anyone or to investigate and report on rural dis-

E. T. Fairchild, state superintendent of public instruction, Topeka, Kas., and James Y. Joyner, Raleigh, N. C., declared that the "country child is the neglected child, and the country schoolhouse a neglected schoolhouse. They said the importance of rural equeation was shown in the fact that of the 20,000,000 school children in the United States 12,000,000 attended country schools, yet less than onethird of the rural pupils were able to meet their grades.

"There must be a revival of interest in the country school if the education of the country is to progress," said Mr. Joyner. "We must cease gentering all our attention on the city school. There must be aroused in the schoolhouse in the desert, on the mountain or on the farm a love of rural life, and not a hatred of it. Neglect our rural schools and they will be deserted; make them attractive and comfortable and education will flourish."

The teaching of scientific farming and fruit growing with special reference to local conditions were recommended as an incentive to renewe interest in rural education.

KEYNOTE AUGUST 7.

That Date Agreed Upon For Notification At Sea Girt.

Sea Girt, N. J .- Gov. Woodrow Wilson and Senator-elect Ollie James, of Kentucky, who was permanent chairman of the Baltimore convention, decided to have the Governor formally notified of his nomination on the lawn of New Jersey's "Little White House" here at 2 o'clock on the afternoon of Wednesday, August 7. Mr. James came up from Washington and had a long talk with the nominee, during which he was requested to name as late a date as possible to afford Governor Wilson an opportunity to catch up with his correspondence, now some 10,000 letters and telegrams behind.

DON'T WANT A FORTUNE.

A Gardener Heir To Millions Refuses To Go After It.

London.-It has just been learned that Richard Walters, an aged gardener who died recently in Auckland, New Zealand, was the long missing heir to 1111/2 nominal; July, 1061/2. a \$15,000,000 estate in Chancery. Walters knew he was the heir and his employer urged him to prosecute his claim, but the old man said he was satisfied with his station in life and sent word that he regarded the fortune as not worth the trouble.

MORE THAN 50 PERSONS HURT.

Collision. Greensboro, N. C .- Engineer Thomas C. Beach, of Alexandria, Va., received injuries from which he died and more than 50 passengers were hurt when the Southern Railway limited train No. 36, Atlanta to Washington, ran into an open switch and collided head on with a freight engine in the yards here.

TO FIGHT PLAGUE IN EARNEST.

Government Takes Charge Of Porto

Rican Situation. Washington. - Two deaths from plague occurring in Porto Rico within and helfers, \$2.75@8.50; calves, \$5.50 the past three days and the discovery @8.50. of a plague-carrying rat there caused the United States Public Health Service to assume full charge of the campaign for the eradication of the disease from the island.

POPULAR ENTERTAINMENTS. Baptist Society Would Vie With Mov-

ing Pictures. Toledo. O .- In an organized effort to wrest public favor from moving picture shows and saloons, social servce workers attending the International Baptist Young People's Union, in \$6.50@8.15; Western steers, \$6.00@ session here, indorsed a policy of pro 9.00; stockers and fresh, \$4.25@7.00; viding church entertainments for Southern steers, \$5.00@8.65; Southern young people that would prove more attractive than those supplied by popu- 7.50: native heifers, \$5.50@8.90; bulls, lar amusements opposed.

## COMMERCIAL

Weekly Review of Trade and Market Reports.

Bradstreet's says:

"Better weather, favorable crop reports, increased orders for future delivery, better retail trade, heavy consumption of finished steel, which taxes mill producing capacity, and higher prices for plates, shapes and bars, comprehend the leading features of the week.

"Withal, current trade in the larger lines has decreased, as a natural proceeding at this season of the year, when wholesale dealers and jobbers are about to take stock to find out how they stand from the viewpoint of profits and to make preparations for fall and beyond. Jobbers, especially those purveying staple goods, have done a little better in the way of reorders. Still, as a general proposition, these distributors, especially those engaged in selling the various lines of dry goods, are doing little on regular spot business, although clearance sales of odds and ends, suitable for the bargain counters of retail dealers, tend to prevent marked

"Wheat, including flour, exports from the United States and Canada for the week aggregate 3,187,531 bushels, against 4,784,034 bushels last week and 21,078,405 bushels this week last year. Corn exports for the week are 149,635 bushels, against 59,463 bushels last week and 618,848 bushels in 1911."

### Wholesale Markets

NEW YORK .- Wheat -- Spot strong; No. 2 red, 119 1/2c; elevator, domestic basis and export, 121 f o b affoat to arrive; No. 1 Northern Duluth, 126%

f o b affoat. Corn-Spot strong; export, 881/20 f o b afloat.

Oats-Spot quiet; standard white, 591/2c in elevators; No. 2, 60; No. 3, 59 1/2; No. 4, 59; natural white and white clipped, 59@63 on track.

Poultry - Live steady; Western broilers, 28c; fowls, 111/2; turkeys, 13. Dressed quiet and steady; Western broilers, 26@32c; fowls, 13 1/2 @151/3; turkeys, 13@23.

Potatoes-Weak; Southern, new, brl, \$2@2.50; seconds, \$1.25@1.50; domestic, old, brl, \$1.50@2.25.

PHILADELPHIA. - Wheat - 1%0 higher; No. 2 red winter in export elevators, 112@113. Corn-1/2c higher; No. 2 yellow for

local trade, 84@841/4. Oats-Firm; No. 2 white natural, 59 1/2 @ 60c.

Butter-Steady; Western creamery special, 29c; do, extra, 271/2 @ 28; nearby prints, extra, 30. Eggs-Firm; Pennsylvania and oth-

er nearby firsts f c, \$6.30 per case; do, current receipts f c, \$5.85@6.00 per case; Western firsts f c, \$6.30 per case; do, current receipts f c, \$5.85@ 6.00 per case. Cheese-Steady; New York full

creams, new, 15 1/2 c; do, part skims, 9@1334. Live Poultry-Quiet; fowls easier;

fowls, 15 1/2 @ 16c; old roosters, 10 1/2 @11; spring chickens, 24@30; ducks, old, 12@13; do, spring, 15@16.

Dressed Poultry-Steady; fowls, Western choice to fancy, 14 1/2 @15c; do, smaller sizes, 13@14; old roosters, 10 1/2; broiling chickens, Western, 30 @35.

BALTIMORE.-Wheat-No. 2 red Western, 110%; contract, 110%. The closing was firmer; spot and June,

Corn-Contract, 76c. Butter-Creamery fancy, 271/2@28; creamery choice, 26@27; creamery good, 24@25; creamery prints, 28@30;

creamery blocks, 27@29. Cheese-We quote, jobbing lots, per lb. 16 1/2 @ 17c. Eggs-Maryland, Pennsylvania and

nearby firsts, 18c; Western firsts, 18; West Virginia firsts, 17; Southern Engineer Killed in Head-On Southern firsts, 16. Recrated and rehandled eggs, %@1c higher.

Live Poultry-Chickens-Old hens, heavy, 12 1/2c; do, do, small to medium, 141/4: old roosters, 9; spring, 11/4 lbs and over, 26; 11/4 lbs. 24; 1 lb and under, 24. Ducks-White Pekings, 12c; Muscovy, 11; puddle, 11; spring, 3 1bs and over, 17@18; do, smaller, 14@

## Live Stock

CHICAGO .- Cattle - Market firm; beeves, \$5.75@9.60; Texas steers, \$6@ 7.60: Western steers, \$6.30@7.80; stockers and feeders, \$4@6.60; cows

Hogs-Market steady to 5c higher; light, \$7.10@7.50; mixed, \$7.10@7.55; heavy, \$7.05@7.55; rough, \$7.05@7.25; pigs, \$5.25@6.85; bulk of sales, \$7.85 @7.50.

Sheep — Market slow; generally steady; native, \$3@5.10; Western, \$3.25@5.15; yearlings, \$4.75@6.75; lambs, native, \$3.75@7.25; Western, \$4.20@7.40; spring lambs, \$4.75@8.60.

KANSAS CITY, MO .- Cattle-Market steady to weak. Dressed beef and export steers, \$8.25@9.50; fair to good, cows, \$3.50@6; native cows, \$3.50@ \$4@5.75; oalves, \$4@7.75.

Helpmates and soulmates are not always synonymous.

Why be constipated when you can get Gar-field Tea at any drug store? It will quickly re-lieve and its benefits will be realized.

One always thinks there is a lot of money to be made in any kind of business that he isn't in.

To keep artificial teeth and bridgework antiseptically clean and free from odors and disease germs, Paxtine Antiseptic is unequaled. At drug-gists, 25c a box or sent postpaid on receipt of price by The Paxton Toilet Co., Boston, Mass.

Standard of Sanity.

Shakespeare was asked if Hamlet

"As sane as the Fourth of July," he With the Lid Off. "Mother," asked Bob, with a hope ful eye on the peppermint-jar, "have been a good boy this afternoon?" "M-m-yes," answered mother, dubi-

was sane.

ously, recalling a certain little rift within the lute. The four-year-old diplomat looked anxious. "Please," he begged, "say a wide open yes!"-Harper's Bazar.

Willing to Oblige,

A story comes from a town where firms advertise to sell fish direct to small purchasers. The glowing advertisements asked for the sending of half a dollar with a list of the varieties of fish preferred. One letter

"I want two salmon, a dozen whiting, a dozen fresh herring, some flounders, and if you have them you can add a lobster."

The next day the lady received a letter, which ran: "Dear Madam: Please send another

dime and we will forward the fisherman."-Dallas News.

Noted Author. "See that man over there with the black mustache?" said Tompy.

"Yes," said the visitor. "Well," said Tompy, "he is the author of one of the most popular serials in a hundred years." "Really?" said the visitor. "Why,

he doesn't look like a literary man." "No," said Tompy. "He isn't-he's the inventor of popped grits, the best selling cereal on the market."-Har-

Where He Drew the Line.

An English earl, lately deceased, who had no family, was notorious for his hatred of children, and on one occasion he engaged as lodge keeper an army pensioner named McMicken. Some few months later McMicken's wife presented him with a son and heir. On learning of the occurrence his lordship rode down to the lodge in a terrible rage.

"I hear," said he to Mr. McMicken, "that your wife has a son."

"Yes, my lord," said the man proud-"Well, now, look here, McMicken; when I put you here, it was to open and shut a gate, but by the Lord Har-

ry, not to propagate." Springs in Their Brains.

Two Frenchmen, in visiting an art gallery, stopped to admire a painting by an American. The artist happened to be in the gallery and in broken English one of the Frenchmen asked: "How did monsieur ever catch such a

wonderful picture?" "O," replied the artist, with a faraway look, "that painting was an off-

spring of my brain." The other Frenchman was greatly interested and asked his friend what

that American had said. "I can hardly explain," whispered the first Frenchman excitedly; "he said ze picture was one spring off of his brain. Ees eet any wonder zat ze Americans act queerly when they have springs on their brains."

GOOD NIGHT'S SLEEP No Medicine So Beneficial to Brain and Nerves.

Lying awake nights makes it hard to keep awake and do things in day time. To take "tonics and stimulants" under such circumstances is like setting the house on fire to see if you can put it out.

The right kind of food promotes refreshing sleep at night and a wide awake individual during the day. A lady changed from her old way of

eating Grape-Nuts, and says: "For about three years I had been a great sufferer from indigestion. After trying several kinds of medicine, the doctor would ask me to drop off potatoes, then meat, and so on, but in a few days that craving, gnawing feeling would start up, and I would vomit everything I ate and drank.

"When I started on Grape-Nuts, vomiting stopped, and the bloated feeling which was so distressing disappeared entirely.

"My mother was very much bothered with diarrhoea before commencing the Grape-Nuts, because her stomach was so weak she could not digest her food. Since using Grape-Nuts food she is well, and says she don't think she could do without it.

"It is a great brain restorer and nerve builder, for I can sleep as sound and undisturbed after a supper of Grape-Nuts as in the old days when I could not realize what they meant by a 'bad stomach.' There is no medicine so beneficial to nerves and brain as a good night's sleep, such as you can enjoy after eating Grape-Nuts." Name given by Postum Co., Battle Creek, Mich.

Look in pkgs, for the famous little book, "The Road to Wellville."

Ever rend the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

Helped a Little.

At Dinard one summer there was a beautiful young countess, the wife of a millionaire, whose bathing dress was -well-

A couple of men about town were talking in shocked tones about the countess' bathing dress on the casino

"It's shocking; it's most improper,

said the first. "But," said the second, "I can't be-Heve it's any worse than the dinner dress she wore at Mrs. Hughes-Hallet's ball last night.

"Oh, well," said the other, "she had her diamonds on then."-Rochester Evening Telegram.

Same Purpose Accomplished. "Oh, Georgie!" exclaimed a fond mother, when she saw her small boy considerably battered up and dirty, "you have been fighting again! How often have I told you that you shouldn't fight?"

"Well," said he, "what are you going to do when a fellow hits you?" "Why, keep out of his way," said the mother.

"I bet," said the youngster, "he'll keep out of mine after this."

Modern Miracle. "Do you believe in miracles?" asked

Dobkins. "You bet I do," said Snobkins. "Why, only the other day my wife bought me a box of cigars, and by George, Dobky, I could smoke 'em."-Harper's Weekly.

The man who falls out of an airship probably feels as badly hurt as the one who is thrown out of the political band wagon.

After they reach the age of 40 women laugh only when they feel like it.



SANDWICHES! What's tastier than Potted Ham

It's exceptional in flavor and doesn't cost a bit more

than ordinary kinds. At All Grocers

Libby, Mc Neill & Libby Chicago







The woman pugilist knows just how to assert her "rights."

When in need of a good laxative give Gar-field Tea a trial and be convinced of its merits. It is made entirely from pure herbs.

If some cooks land in heaven they will be awfully annoyed to find that

they can't leave Important to Mothers Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it

Bears the Bignature of Chart Fletchire.
In Use For Over 30 Years. Children Cry for Fletcher's Castoria

Blessed Sympathy. Sympathy with animals blesses and humanizes men and women. To get into real relations with an animal is a liberal education. It is something to be really interested even in a plant and to observe the working of life in any sphere not our own. How much more when that life is directing a personality which consciously looks up to us and will love us if we will let it!-Christian Register.

Ruling Spirit Still Strong. Mrs. J. L. Story, who has just published a volume of reminiscences, tells of a lady relative who had all her life been afraid of damp sheets. When she was dying Mrs. Story entered the room, to find the fireplace barricaded ingly praised by an Englishman for with a large assortment of bed linen. the purity of her English and who re-She was having her winding sheet warmed.

"I never have lain in damp bedclothes while I was alive," said the old lady in a feeble whisper, "and I'm not going to do it when I'm dead."

Singing and the Lungs. It is well known that singing, like Johnny his Golden Text, the words of whistling, is a fine exercise for the which were: "Whatsoever a man sowlungs, and some doctors advise those eth, that shall he also reap." Johnny who fear consumption to go in for repeated it after his father several singing for this reason.

At the same time they, of course, the correct wording. do not advance the claim that singing taking the big deep breath, which is a 'Tet's have the Golden Text once more primary requisite of any kind of sing. without any help from me: ing, bad or good, and the physical joy derived from it will never allow you to relapse into lazy breathing.

Some men find it cheaper to stay married than to pay alimony.

Your working power depends upon your health. Garfield Tea helps toward keeping it. Would you say money paid for sheet

Mrs. Winslow's Soothing Syrup for Children teething, softens the gnms, reduces inflamma-tion, allays pain, cures wind colic, 25c a bottle. The reason a girl won't let a young

music is invested in rolling stock.

man kiss her is because she wants him to. DOES YOUR HEAD ACHE?

Try Hiers CAPUDINE. It's liquid—please ant to take—effects immediate—good to prevent Sick Headaches and Nervous Headaches also Your money back if not satisfied. 10c., 20c. and 50c. at medicine stores. Two Indispensable Supports. Of all the dispositions and habits that lead to political prosperity, religion and morality are indispensable

supports.-George Washington. Explanation.

Lottle-How dare you ask Mrs. Bullion to a one-course luncheon? Hattle-She won't know it. She's a Fletcherite, and by the time she has finished she'll have to move on to some five o'clock tea .- Harper's Bazar.

Her Special Advantages. James Fullerton Muirhead in him book, "The Land of Contrasts," tells of an American girl who was patroniaplied: "Well, I had special advantages, inasmuch as an English mis-

sionary was stationed near our tribe." And So True, Too. Father was walking to Sundayschool with little Johnny, and endeavoring to improve the time by teaching

times, and seemed to have mastered As they drew near the Sunday alone will save anyone from or cure school the father gave Johnny his consumption. Acquire the habit of last rehearsal. "Now, son," he said,

This is what he got from Johnny: "Whatsoever a man sews always rips."

If there ever is a time when you are justified in cussing, It is when the summer weather sets your appetite to fussing; But there isn't any need to risk your soul and shock the neighbors-Tempt your appetite with Toasties and go singing to your labors.

Written by W. J. MUSGROVE, Tempe, Aris.

-Harper's Bazar.

One of the 50 Jingles for which the Postum Co., Battle Creek, Mich., paid \$1000.00 in May.