

HOW GIRLS MAY AVOID PERIODIC PAINS

The Experience of Two Girls Here Related For The Benefit of Others.

Rochester, N. Y.—"I have a daughter 13 years old who has always been very healthy until recently when she complained of dizziness and cramps every month; so bad that I would have to keep her home from school and put her to bed to get relief.

"After giving her only two bottles of Lydia E. Pinkham's Vegetable Compound she is now enjoying the best of health. I cannot praise your Compound too highly. I want every good mother to read what your medicine has done for my child."—Mrs. RICHARD N. DUNHAM, 811 Exchange St., Rochester, N. Y.

Stoutsville, Ohio.—"I suffered from headaches, backache and was very irregular. A friend advised me to take Lydia E. Pinkham's Vegetable Compound, and before I had taken the whole of two bottles I found relief. I am only sixteen years old, but I have better health than for two or three years. I cannot express my thanks for what Lydia E. Pinkham's Vegetable Compound has done for me. I had taken other medicines but did not find relief."—Miss CORA B. FOSNAUGH, Stoutsville, Ohio, R. F. D., No. 1.



Hundreds of such letters from mothers expressing their gratitude for what Lydia E. Pinkham's Vegetable Compound has accomplished for their daughters have been received by the Lydia E. Pinkham Medicine Company, Lynn, Mass.

W. N. U., BALTIMORE, NO. 24-1912.

CONSTANT DRAIN ON NATION

Cost of Tuberculosis and Other Preventable Diseases Has Been Put Into Figures.

While state commissions and other bodies are trying to find a method for reducing the cost of life insurance, Prof. James W. Glover of the University of Michigan demonstrates that every policy-holder of a \$10,000 ordinary whole life policy could save about \$20 a year on his premiums if tuberculosis and typhoid fever were eliminated. Tuberculosis alone causes a loss to such a policy holder of from \$16.70 at twenty to \$17.50 at the age of sixty. At age of twenty, with the present high death rate from tuberculosis, this one disease alone shortens the complete expectation of life by two years and 158 days. While the death rate from tuberculosis seems to be declining, the National Association for the Study and Prevention of Tuberculosis says that the combined effort of every man, woman and child is necessary to bring about a radical reduction in life insurance rates such as Professor Glover has indicated.

Destined for Many Trips. "I have written a short story," said the amateur literary person. "What is the first step to take in selling it?" "Buy ten dollars' worth of stamps," advised the old hand at the business.

Eight Lives Shy. "I have only one life to live." "That proves that you are not a cat, after all."

Perhaps Lot's wife was turned to salt because she was too peppery.

What has become of the old fashioned girl who used to chew "wax"?

In the Growth of Corn

there's a period when the kernels are plumped out with a vegetable milk, most nutritious.

As the corn ripens the "milk" hardens, and finally becomes almost flinty.

Post Toasties

Are made from this hard part of choice selected corn.

It is carefully cooked; treated with sugar and salt; rolled into thin bits; then toasted to an appetizing brown—without a hand touching the food.

It has been said that Post Toasties are the most deliciously flavoured particles of cereal food yet produced.

One can render an opinion upon trial.

"The Memory Lingers"

Sold by Grocers

Postum Cereal Company, Ltd. Battle Creek, Mich.

Woman

Her Home, Her Interests.

LACE ON EVERYTHING

NEVER WAS THERE SUCH A FUSION AS THIS SEASON.

Almost Every Article of Feminine Raiment Carries This Adornment—Used for the Most Part With Much Cleverness.

If one were to start upon a shopping tour with the determination to buy gowns or wraps or millinery in which no lace appeared she would be likely to return weary and empty handed to her home, for laces are everywhere. The most unpretentious of little silk or wool gowns are designed with the lace collar and cuffs presupposed and even on the least expensive models these are supplied in cheap but effective laces. There never was a time when good-looking gowns and wraps cost so little. Besides the collar and cuffs of lace, pretty trills of it, laid in the plaits, full over the hands and one occasionally sees a falling frill about the neck.

Lace blouse, lace coats and coat effects, lace fichus and overdresses are in great demand, to be worn with silk or other gowns. These are all separate garments which, like the collar and cuffs, may be adjusted with any costume. Nothing is smarter than the small coats of heavy lace made to be worn with silk or satin skirts or one-piece dresses. They are very beautiful worn with linen dresses also, and certain laces, as for instance Irish crochet, seem especially adapted to linen.

But it is in the body of the gown itself, where laces are made to play a part in the construction and shaping of the design, that they are used with consummate cleverness. There are



SLEEVES WILL BE FULLER

Everything Indicates a Speedy Return to the Lines in Favor of a Few Seasons Ago.

There is a tendency, slight at present, but likely to assert itself and be accentuated as the season wears on, towards sleeves fuller below the elbow.

Perhaps the large cuffs are partly to blame for this, for one must need have sleeves to fill them out.

But it is difficult to place the latest sleeves in any one period since many individual models combine points of fashion from two or even more periods.

There is one sleeve, however, which has not been copied or adapted and that is the "leg-of-mutton," for one thing at least is certain—the fashionable shoulder must slope unimpeded by gather or tuck into the arm, in a pure outline to form.

Thus the fashions are easily and quite naturally slipping from one extreme to another, from the very scant frocks devoid of trimming to more voluminous styles in which the trimming is the feature.

Baby's Afghan.

A pretty summer afghan for the baby's carriage is made of strips of handkerchief linen held together with inch and a half wide cluny lace, which also edges the cover, says the Philadelphia Times. This is lined with pink or blue silk, and ornamented on the outside with a large satin bow. This makes a dainty protection, and is not heating.

HOME DRESS



Our model has a high-waisted skirt made with panel front and back; it is joined to the bodice, which fastens diagonally in front; buttons form trimming. The cut of the bodice is Magyar, with one wide tuck on shoulder.

All the summer dresses have chimerees or gimpes of lace. Models made of voile or marquisette, or any of the sheer summer fabrics employ the lace trimmed fichu and frills of lace at the sleeves and neck. Heavier laces are used on silk dresses and on the long wraps of satin which are so useful and so graceful.

It is the same story of high favor if one explores the millinery field to find out what millinery of fashion most admires. With the advance of summer and the donning of lingerie gowns we may expect to see the vogue increase in the matter of lace hats. And it is not likely that laces will pass out with the summer, for some of the newest ones are superb when combined with velvet, whose vogue is just well started. So we may expect to see them in the models for fall. In fact the bodice of lace or net or chiffon is more beautiful than any made of heavier fabrics and far more supple and becoming. It is the day of laces and only the morning of that day.

JULIA BOTTOMLEY.

Fashion's Fancies

A soft cerise satin sash is often a smart touch.

The latest Paris blouses are buttoned at the back.

Fluffy white net is used for girlish evening gowns.

Black and white chantilly laces are strong in favor.

The sleeves of the newest blouses are set with beading.

The narrow ruching is another finishing note of the season.

Many of the smartest afternoon frocks have girdles and sashes of velvet and satin.

Belts of patent leather, soft morocco and suede are all modish. They are rather narrow.

Another smart combination of silk and lingerie is found in the short tunic style, where the tunic is of taffeta, richly embroidered or lace trimmed.

With all light suits, white topped and taupe topped shoes are the more fashionable. They are worn together with bright colored silk stockings.

Mull Scarfs.

Inexpensive, yet pretty, for summer evening use are shaped scarfs made from squares of colored silk mull, says the New York Times. Hem the edges and up each side of the front in an inch and a half wide hem, and above it put an inch-wide strip of Valenciennes or imitation Cluny insertion. Use white silk tassels or knotted ends of ribbon finished in small ribbon flowers.

"I'M ONLY A LITTLE GIRL"

Falling Eyesight Responsible for an Old Man's Mistake—Rebuke Hardly Effective.

A certain group of youngsters in an exclusive West Side residential section had been very noisy throughout the forenoon.

The children were still doing their utmost to imitate a bedlam, when a very angry old man appeared at the door of a nearby apartment house. He was quite old, and it was evident that his eyesight was not the best, but he finally succeeded in picking out a youngster who was adding very strenuously in the noise making.

The aged man walked over to the child, took it by the hand and walked back to the apartment. When he reached the doorway he turned to the child and said:

"Don't you know it's against the law to make so much noise?"

"Yes, sir," was the meek reply.

"Well, don't you know that you'll be arrested and put in jail, and then you can never be president of the United States?"

"Please, sir?" replied the child, "I don't care; I'm only a little girl."—New York Mail.

SCALP ITCHED TERRIBLY

"One evening while combing my hair, I noticed a few brown crustlike spots on my scalp and, of course, I thought it was only a little dust that had settled there during the week. So I washed my hair thoroughly but I saw that they wouldn't come out. Then at the end of the next week I washed my hair again, and to my astonishment I saw not only those few but many more had come. Then my head became worse and worse, and my scalp started to itch terribly, so that I could not sleep nor keep from scratching my head.

"The crustlike places later opened and made sores which bled, and they also itched something terrible. I tried many remedies but none helped and instead they made my head worse. This condition of my scalp kept up for a month, and then one day I met a friend and she advised me to use Cuticura Soap and Ointment which I did. In two weeks I was rid completely of this trouble, through the use of the Cuticura Soap and Ointment. I am never without them, for they are my most highly valued friends." (Signed) Miss Alva Gustafson, 677 Second Ave., New York City, May 17, 1911. Although Cuticura Soap and Ointment are sold everywhere, a sample of each, with 22-page book, will be mailed free on application to "Cuticura," Dept. L, Boston.

Oddities of Justice.

That the whole theory of penal codes is practically unsound and opposed to the modern conceptions of the relation of the state to crime, is the contention of Eugene Smith of the New York bar, writing in the May number of Case and Comment, the lawyers' magazine, illustrating the absurdity and disparity between penalty for crimes in different states. Mr. Smith says: "The average sentence for perjury in Florida is ten years, in Maine one year; for larceny, in Delaware ten years, in the District of Columbia ten months; the penalty for arson in Pennsylvania is twice that of burglary, but in Connecticut the guilt of burglary is twice that of arson; the guilt of counterfeiting in Ohio is twice that of perjury, but in Rhode Island the guilt of perjury is twice that of counterfeiting."

What She Wants.

"I want you to build me a fashionable home."

"Have you any special ideas as to the style of house you want?" asked the architect.

"Not exactly. I want one of those modern places. You know the kind I mean—one with a living room too big to keep warm, and a kitchen too small to cook in."—Detroit Free Press.

Piecing Out.

"Writing a story?" the caller asked the busy author.

"Yes; in dialect."

"I didn't think you ever made use of dialect."

"I don't, as a rule, but I have to now. Several letters are broken on my typewriter."

Baby Cried Day and Night

with Colic till she was 3 months old, then we got Kopp's Baby's Friend and that cured her. Used it also when she was teething and cannot speak too highly of it, so writes Mrs. L. P. Plummer, Rockland, Me. Sold by druggists, 10c, 25c and 50c, or sent direct by Kopp's Baby's Friend Co., York, Pa. Sample by mail on request.

The Condensed Product.

"Oh, auntie, can I go to the fancy dress ball as a milkmaid?"

"No, darling; you're too small."

"Well, then, can I go as a condensed milkmaid?"

Important to Mothers

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the

Signature of *Dr. J. C. Fletch* In Use For Over 30 Years.

Children Cry for Fletcher's Castoria

The Worst of It.

"Do you keep a cook, Mrs. Suburb?"

"Madam, I not only keep the cook, but also her entire family."

For years Garfield Tea has been on the market. This must mean a remedy worth while.

Reading maketh a full man. So does the wine when it's red.

Here's The Road to Comfort
A vanished thirst—a cool body and a refreshed one; the sure way—the only way is via a glass or bottle of
Coca-Cola
Ideally delicious—pure as purity—crisp and sparkling as frost.
Free Our new booklet, telling of Coca-Cola's vindication at Chautauque, for the asking. Demand the Genuine as made by THE COCA-COLA CO., ATLANTA, GA.

BIG FORTUNE WELL HANDLED

Millions Left by the Late Russell Sage Are Being Expended for the Welfare of Humanity.

While the late Russell Sage was in the flesh he was one of the most prudent, shrewd and persistent money-grubbers in Gotham. The astute financier never plunged nor risked any money in wild-cat schemes. He was a "sure-shot" operator in Wall street, and when he died he left in the hands of his lone widow a fortune of something like \$75,000,000. Since becoming possessed of this enormous fortune she has worked as persistently and assiduously in scattering the money as her husband did in gathering it. The scriptures tell us that the miser is the man that "heaps up riches and cannot tell who shall gather them." Russell Sage knew better, and the good lady upon whose shoulders was imposed the burden of this enormous sum of money has worked hard in lightening the burden. Her philanthropies have been productive of as much wisdom as marked her husband's operations in the market. She is reported to be failing in health, and her task is only begun. Should she be taken from the world thousands will regret her departure, and it is very earnestly to be hoped that further care of the property will fall into good hands.

Not Reliably Informed.

The gentleman who wore evening clothes and the remnants of a jag at 9 o'clock in the morning was clinging to the footboard of a crowded surface car in Chicago. As the car rounded a sharp curve with a jerk the person in incongruous apparel fell quickly and heavily to the cobblestones. He was picked up by the strong hands of the conductor and about 20 passengers.

"Collision?"

"Collision?" he asked in a dignified tone of voice.
"No," said the conductor.
"Off the track?" further questioned the victim of the accident.
"No," said the conductor.
"Well," concluded he of the jag, "if I had known that I wouldn't have got off."—Popular Magazine.

A very successful remedy for pelvic catarrh is hot douches of Paxtine Antiseptic, at druggists, 25c a box or sent postpaid on receipt of price by the Paxton Toilet Co., Boston, Mass.

A Hint.

Knicker—Did you explain baseball to your girl?
Bocker—Yes; she said she understood all about diamonds.

For HEADACHE—HICKS' CAPSIDINE
Whether from Cold, Heat, Stomach or Nervous Troubles, Capsidine will relieve you. It's liquid—pleasant to take—acts immediately. Try it. 10c, 25c, and 50c at drug stores.

She Wasn't.

"Come into the garden, Maude."
"What do you think I am—a farmer?"

The old friend is better than the new. Garfield Tea is not only old but tried and found true. Made of pure wholesome herbs.

Some people away up in the social scale are really too light to bring the scale down.

Mrs. Whimsy's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

We all like to see a man who is up and doing, providing he isn't doing us.

Liver and kidney complaints will be greatly helped by taking Garfield Tea regularly.

A good memory is essential to a successful liar.

Carbolated Vaseline
The best dressing you can find for wounds, bites of insects, abrasions, etc.
The Carbolic Acid helps to prevent infection; the "Vaseline" cleanses and soothes.
Especially valuable where there are children.
For sale everywhere in handy glass bottles. Be sure you get "Vaseline."
Only genuine "Vaseline" preparations make up a complete medicine chest that should be in every home. Write for free booklet telling all about them. Address Dept. K.
Chesebrough Manufacturing Company
17 State Street (Consolidated) New York

CAN CANCER BE CURED? IT CAN!

The record of the Kellam Hospital is without parallel in history, having cured to stay cured permanently, without the use of the knife or X-ray over 90 per cent of the many hundreds of sufferers from cancer which it has treated during the past fifteen years. We have been endorsed by the Senate and Legislature of Virginia. We guarantee Our Cure.

Physicians treated free.

KELLAM HOSPITAL
1817 W. Main Street, Richmond, Va.

PROTECT YOUR HOME

Imagine the comfort of a good suit of clothing as a protection against the elements in general. Imagine the satisfaction you have in knowing that you are fully protected in the insurance you carry. Imagine the comfort you have in being able to provide for old age and a dependent family and you only realize in part the comfort you experience during a severe Thunder and Lightning storm when under protection offered by

Send for freebooklets 488 N. American St., Philadelphia

Sleeplessness
may be overcome by a warm bath with
Glenn's Sulphur Soap
Solely by Druggists. Hill's Hair and Whisker Dye, black or brown, 50c.

HIRE'S HOUSEHOLD EXTRACT
FOR HOUSEHOLD PURPOSES
HOME-MADE ROSEBUDS
Every home should make rosebuds in springtime for its delicacy and its fine tonic properties.
One package makes 8 gallons. If you grow your own, we will mail you a package of rosebuds for \$1.00. Please give his name.
Write for premium puzzle.
THE CHARLES S. HIRE'S CO.
255 N. Broad St., Philadelphia, Pa.

A WONDERFUL DISCOVERY.

This is the age of research and experiment, when all nature, so to speak, is ransacked by the scientific for the comfort and happiness of man. Science has indeed made great strides during the past century, and among the by no means least important discoveries in medicine comes that of Therapion, which has, we understand, been used with great success in the treatment of those who suffer from kidney, bladder or nervous diseases, chronic weakness, indigestion, eruptions, piles, etc. We think there is no doubt, in fact, it is an eminent remedy for all these ailments. It is of course impossible to tell in advance all we should like to tell them in the short article, but those who are interested and would like to know more about this remedy that has effected so many a cure, should send for our pamphlet, which will be sent addressed envelopes for FREE. Write to: The French Remedy, "THERAPION," in what they require and which they may have been seeking in vain during a life of mental misery, suffering, ill health and unhappiness.

ADVICE TO THE AGED

Age brings infirmities, such as sluggish bowels, weak kidneys and terribil liver.

Tutt's Pills

have a specific effect on these organs, stimulating the bowels, gives natural action, and imparts vigor to the whole system.

TYPEWRITERS
All makes \$25.00, \$30.00, \$40.00 and \$50.00.
First class order.
CASH REGISTERS
We buy, sell and exchange. National Cash Registers.
W. W. Lacy & Co., 225 W. Fayette St., Baltimore

DAISY FLY KILLER
Kills anywhere, attracts and kills all flies, mosquitos, houseflies, and other household pests. Lasts all season. Made of natural, non-toxic ingredients. Will not stain or injure anything. Guaranteed effective. Sold by dealers or sent prepaid for 5c.
HAROLD SOMERS, 180 DeKalb Ave., Brooklyn, N. Y.

OLD AGE FORCES SALE OF FARM, STOCK AND TOOLS
30 acres, 2-story, 2-room house, large barn, 3 fine cows, wagon, mow, rake, plow, harness and other tools, 1/2 miles from Troy, 5 miles from city of Troy, 1000 population. All for \$2500, your cash. RALEY'S FARM AGENCY, BALTIMORE, CHESBROUGH COUNTY, N. Y.

Treated Formulas
Give of Clothes Cleaners, Furniture Polish, Baking Powder, etc. each, W. WESTER CEREAL CO., Rocky Hill, Conn.

SEND 15c

In stamps for 25 Views of Cowboys or Rocky Mountains. DELAWARE BOOK STORE, Colorado Springs, Colo.

Agents wanted in every town (exclusive territory) to sell: Oxford Brand History, Good profits. Write for full particulars. S. & S. Books, Frothing, Pa.