SAVED FROM AN **OPERATION**

By Lydia E. Pinkham's Vegetable Compound



I suffered from inflammation, and your Sanative Wash relieved me. Your Liver Pills have no equal as a cathartic. Any one wishing proof of what your medicines have done for me can get it from any druggist or by writing to me. You can use my testimonial in any way you wish, and I will be glad to answer letters."— Mrs. CHRISTINA REED. 105 Mound St.,

Another Operation Avoided. New Orleans, La.-"For years I suffored from severe female troubles. Finally I was confined to my bed and the doctor said an operation was necesetable Compound a trial first, and was saved from an operation."—Mrs. Lily Peyroux, 1111 Kerlerec St., New

The great volume of unsolicited testimony constantly pouring in proves conclusively that Lydia E. Pinkham's Vegetable Compound is a remarkable remedy for those distressing feminine ills from which so many women suffer.

Orleans, La.

HOW IT HAPPENED.



tramp?"

"I wuz a war correspondent in Manchuria, mum. I got so used ter doing nuthin' dat I hain't been no good since."

Ended Cat's Sojourn.

Felix Smith of Easton, Pa., bough! a cat the other day. He paid \$5 for her. Why did Felix pay ave bucks for the cat? Answer-Because she was guaranteed to be a good ratter. Did Felix have rats? We should say he did-the house was full of 'em! And the cat cleaned 'em out! No: tha's the curious part of it. After the cat had been on the job a week the rats were as plentiful as ever. Felix couldn't understand it until one evening he concealed himself in the basement to watch the cat. About 9 p. m., as the cat sat with her eye on a rat hole, Felix says that rat after rat came out of the hole, walked up to the old cat, kissed her good-night and then returned to the hole. After that Felix kicked the cat out of the house.-Boston Post.

The worst thing about having money is the way everybody worries for fear he won't be able to prevent you from keeping it.

"That's Good"

Is often said of

Post **Toasties**

when eaten with cream or rich milk and a sprinkle of sugar if desired.

That's the cue for housekeepers who want to please the whole family.

Post Toasties are ready to serve direct from the package-

Convenient

Economical

Delicious

"The Memory Lingers"

Sold by Grocers

POSTUM CEREAL CO., Ltd., Battle Creek, Mich.

RULES AND RECIPES SOMETHING NEW IN FORKS

FOR THE PREPARATION AND PRESERVATION OF JAM.

Remarkable Precautions Are Imperative if One Would Achieve Perfection-Some Things That Must Be Kept in Mind.

Granted a little care, jam making at home does not present great difficulties and really entails very little expense, especially if the fruit is home grown. There are a few rules to be implement, but there are many occaborne in mind, as follows:

Do not allow tin, iron, or pewter to touch the jam, as any of these are liable to spoil the color.

Everything employed in the jam making must be scrupulously clean. The sugar must be the best.

The fruit must be gathered on a dry day, any that is imperfect or damaged being discarded. It should be fust ripe. The jam should be boiled until on

dropping a little on a plate it jellies. Jam should be beiled tast to preserve the color of the fruit, and kept well stirred. All scum must be carefully removed

as it rises. Dry fruit requires the addition of a

titte 'fould to prevent its burning, and for this either water, rhubarb or currant juice may be used. Jam must be stored in a cool, dry

place, free from drafts and in an even temperature. If any jam is spilt on the jars when pouring it in, wipe it off at once with a

damp cloth wrung out in hot water. some good, ripe pears, slice them. crush them well in a bowl, and wring fork. Sometimes it sticks to the fork the pulp through very strong muslin. For every pound of this pulp add onehalf pound of sugar, previously boiled off without looking around for some to a thick syrup. Cook it very slowly on the stove until reduced to about two-thirds its original quantity. It should, when ready, be of the consistency of honey. Pour in jars, let cool

and seal. Rose Leaf Jam-Make a syrup of one pound loaf sugar and as little rose water as you can manage. Take one pound of rose leaves (the old red cabis very sweet. It is a Greek recipe.

ADD WEAR TO HANDKERCHIEF

Careful Washing of Delicate Fabrics Will Materially Prolong Their Time of Use.

Delicate handkerchiefs can be done up easily at home, and careful handling causes them to wear much better. Wet them, rub each gently over with good white soap, and soak in tepid water over night. Squeeze out (do not wring), put them in a small enameled pan, cover with cold water and half a teaspoonful of borax. Boil slowly, pour into a basin, add cold water and squeeze out all soap. Next, immerse them in clear tepid water, rinse about in this; then plunge into cold water tinged with blue. Leave them in this half an hour, squeeze and dip into a slight stiffening (one teaspoonful of corn starch to a cupful of boiling water). squeeze and roll caefully in a towel and iron with a moderately hot iron.

Cantaloupe Glace.

Cantaloupe glace is a delicacy that is truly delicious. Take melons that have been thoroughly chilled, cut in balves lengthwise, and scrape out the seeds. Fill the hollow of each half with vanilla ice cream, packing it in as firm as possible, leaving a little mound in the center. Place the halves together tightly, thus forcing the cream up into the fruit, causing the melon juice to mingle with the cream. When ready to serve, a knife run between the halves separates the fruit and slices the cream.

Fudge Cake.

One-third cup butter, two cups sugar, one cup sweet milk, two and one-half cups flour, one-half cup cocoa, three eggs, whites and yolks beaten separately, two level teasspoons baking powder, pinch salt, vanila to flavor, baking powder and salt together, milk and flour alternately, then add well beaten yolks, sift flour, cocoa, baking powder and salt together, milk and flour alternately, then add well beaten whites. Any good icing can be used.

Cold Process Cherries.

Pit nice cherries and cover with good vinegar and let stand over night, dsain from the vinegar, and take a pound of white sugar to every pound of cherries; stir thoroughly and stand in cool place. Stir every few hours and when sugar is all dissolved and syrup is thick seal in self-sealing jars. Extra fine and superior to cranberries as a relish with meats or fowl.

Chrysanthemum Salad.

Shred a crisp cabbage and simmer en minutes, drain and chill, then heap roughly on a bed of foliage. Mix two tablespoonfuls of tarragon vinegar, one tablespoonful of salad oil, one teaspoonful of celery salt, dash of pepper, pour over salad, garnish with tiny sweet peppers and hard bolled eggs. Allow to absorb dressing before serv-

The Latest Has an Attachment for Pushing Things Off the Tines -Handy in Kitchen.

A fork with an attachment for removing things that may be stuck on the tines has been devised by an Illinois man. The attachment consists of a piece of wire wound around the tines and doubled upon itself to form a long shaft that runs up the handle of the fork. By pushing this device down the wires scrape off anything that may be clinging to the points of the fork. Only the cook will appreciate the usefulness of this



sions in the kitchen when it will come in handy. For instance, in transferring a piece of meat from the dish to the pan, or vice versa, the Pear Jam-Core out, but do not peel, clean cook does not touch the meat with her hands, but lifts it with a and then the attachment here shown comes in handy, as it can be pushed other implement.

TWO WAYS TO COOK POTATOES

Methods That Possibly May Be New to Some of Our Housewife Readers.

First-Take fresh, new potatoes. bage is the best rose for this) and about the size of a marble, and boil dry these in the shade, after which them about 20 minutes. When done, scald them for a minute in boiling pour off water and let steam evaporwater; then drain and dry them and ate. Have boiling lard in skillet; fry add them to the syrup with a spoon- about five minutes. Lift out and ful of orange flower water, Cook it drain quickly, then put them into a all to a marmalade, let cool, pour in saucepan with two tablespoons of glasses and cover with paraffin. This butter, into which you have rubbed a teaspoon prepared mustard. Add dash of cayenne pepper and two teaspoons vinegar. Cook three minutes, shaking constantly. Add yolks of two eggs, well beaten. Serve immediate

Second-Boil, peel and mash fine six potatoes. Add one tablespoon but ter, minced parsley and half an onion minced very fine. Add yolks of two eggs, beaten very light; then form the potatoes into balls and throw them for two minutes into boiling wa ter; take out, brush with the whites of the eggs, roll in powdered bread crumbs and fry in boiling lard. Drain and serve with fish or meat.

will be made much easier if all greage is rubbed from it or the gas stove with a newspaper while still hot.

When light oak trays have been badly marked, wash well and rub with warm beer until the stains have disappeared. Polish in the usual way. When sweeping carpets always re-

member to sweep the way of the grain. To brush the wrong way is not only bad for the carpet, but it tends to brush the dust in instead of out. Traces of mud may be removed

slices of raw potato. Stains in table linen may be easily removed by plunging the articles in pure boiling water. Soap and water would have the effect of fixing the

from black materials by rubbing with

Scalloped Macaroni and Beef.

Take the remnants of any fresh roasted meat and cut in thin slices Lay them in a dish with a little plain boiled macaroni if you have it, and season thoroughly with pepper, salt and a little catchup. Fill a deep dish half full, add a very little finely chopped onion and a layer of sliced tomatoes, having previously covered the meat with stock or gravy. Make a thick crust of mashed potato, and bake till this is brown in a not too hot

A Cleaning Hint.

When you are cleaning your sewing machine and cannot reach parts of it with a cloth, try using a bicycle pump. The suction of the pump will drive away the dust and threads. Use the pump first, then wipe the more accessible parts with a soft cloth and end with a thorough oiling.

Summer Drink,

Mix in a jub one-half ounce cream of tartar and one quart of boiling water, flavor with lemon peel or es sence of lemon and sweeten to taste. This is a pleasant and refreshing drink.

Currant Ice. To one pint of currant juice add one pound of sugar, one pint of water: when partly frozen add the whites of two eggs well beaten and freeze.

COMMERCIAL

Weekly Review of Trade and Market Reports.

NEW YORK - Wheat - Spot steady; No. 2 red new, 91 1/2 c elevator and 92% f o b affoat; No. 1 Northern Duluth, 109% fob affoat. Corn-Spot quiet; export new No. 2, 68 1/2 c f o b affoat.

Butter firm; receipts, 7,775 packages. Creamery seconds, 21 1/2 @ 22 1/2 c; factory current mark firsts, 20; seconds, 19@191/2.

Poultry-Alive steady; Western spring chickens, 16c; fowls, 15@16; turkeys, 13. Dressed easy; Western broilers, 16@20c; fowls, 11@151/2; turkeys, 12@15.

PHILADELPHIA. - Wheat firm: contract grade No. 2 red in export elevator, 88@881/2 c. Corn unchanged: No. 2 yellow for

local trade, 71 1/2 @ 72c. Oats weak, 1/2c lower; No 2 white natural, 46@46 1/2 c.

Butter firm, extra Western creamery, 28c; do, nearby prints, 30. Eggs firm; Pennsylvania and other nearby firsts, free cases, \$6

cases, \$5.40; Western firsts, free cases, \$6; do, current receipts, free cases, \$5.10@5.40. Cheese firm; New York full

to good, 12@121/2

Live poultry dull; fowls, 14 1/2 @ chickens, 16@18; ducks, old, 12@ 13; do, young, 14@15. Dressed poultry quiet; fowls low-

er; fresh killed fowls, nearby, 15 1/2 @16c; Western, 12 1/2 @15; old, roosters, 10; broiling chickens, nearby, 23@25; do, Western, 17@22. BALTIMORE-Wheat-No. 2 red

Western, 90 %c; contract, 89; No. 3 red, 87; steamer No. 2 red, 85; steamer No. 2 red Western, 86 1/2. Corn-Contract, 67 1/2 c.

Oats-Old oats on spot, per bu: White-No. 2, 44@44 1/2c; standard, 43 1/2 @ 44; No. 3, 43 @ 43 1/2.

Hay-No. 1 timothy, \$26; No. 2, do, \$25; No. 3, do, \$20@22; choice clover mixed, \$22.50@23; No. 1 do, \$21.50@22; No. 2 do, \$19@20.50; No. 1 clover, \$18; No. 2 do, \$17. Straw-No. 1 straight rye straw, \$10.50@11; No. 1 tangled, do, \$8.50 @9; No. 1 wheat straw, \$6.50@7;

NO. 1 oat do, \$7.50@8. Butter-Creamery fancy, 25@ 25 1/2c; Creamery choice, 23@24; creamery good, 21@22; creamery

imitation, 18@20. Cheese-Jobbing prices, per lb. 14@14%c.

Eggs - Maryland, Pennsylvania and nearby firsts, 18c; Eastern Shore, Maryland and Virginia, 18: Western firsts (Ohio), 18; West Virginia firsts, 18; Southern (North Carolina), 17@17%; guinea, 7@8. Live Poultry-Chickens-Spring large, 16c; do, small to medium, 16; old hens, heavy, 14; do, light to medium, 13; old roosters, 9. Ducks -Old Muscovy and mongrel, 11c; old white Pekings, 12; old puddle, 11; spring, 3 lbs and over, 13.

Live Stock

CHICAGO - Beeves, \$5.10@7.25; Texas steers, \$4.40@6.10; Western steers, \$4 @ 6.10; stockers and feeders, \$3@5.40; cows and helfers, \$2.10@5.85; calves, \$5.50@8.

Hogs-Market active, 5c to 10c higher than yesterday's average. Light, \$6.50@7.121/2; mixed, \$6.60 @ 7.12 1/2; heavy, \$6.30 @ 7.05; rough, \$6.30 @ 6.55; good to choice heavy, \$6.55@7.021/2; pigs, \$5.30@6.70; bulk of sales, \$6.80@7.

Sheep-Market weak. Native, \$2.50 @ 4.25; Western, \$2.50 @ 4.25; yearlings, \$3.90@5.25; lambs, native, \$3.75@7.15; Western, \$4.50@7.25.

KANSAS CITY .- Cattle-Market steady to strong, active; dressed beef and export steers, \$6.10@7; fair to good, \$4.90@6; Western steers, \$4.75@6.30; stockers and feeders, \$3.25@5.45; Southern steers, \$4.25 @ 5.95; Southern cows, \$2.75@4.75; native cows, \$2.50@5; native heifers, \$3.50@7; bulls, \$3.25@3.50; bulls, \$3.25@5.25; calves, \$4@7.

Hogs-Market 10 to 15c higher; bulk of sales, \$6.70@6.90; heavy, \$6.85@6.90; packers and butchers, \$6.75@6.90; lights, \$6.65@6.90.

Sheep-Market steady to weak; lambs, \$5.50@7.10; yearlings, \$4.50 @5.50; wethers, \$4@4.25; ewes, \$3.50@4; stockers and feeders,\$2.50 @ 3.25.

PITTSBURG .- Cattle steady; supply light; choice, \$6.70@6.90; prime, \$6.20@6.50.

Sheep steady; supply light; prime wethers, \$3.90@4.10; culls and common, \$1@2; lambs, \$3.50@ 6.50; veal calves, \$8.50@8.75.

Hogs active; prime heavies, \$7.10 @7.20; mediums, \$7.30@7.40; heavy yorkers, \$7.40@7.50; light Yorkers, \$7.40@7.50; pigs, \$6.50@ 7; roughs, \$5.75@6.15.

The Hagenbeck ostrich farm at Stellingen, near Hamburg, was founded three years ago, and is growing rapidly in importance as well as size. It was Mr. Hagenbeck's theory that the ostrich, although a native of tropical or hot countries, would thrive in colder localities, and as a result be stronger in health and grow a heavier coat of feathers.

The lumber interest of the Far Northwest has shown a growth of 144 per cent. in 10 years.

THERE ARE OTHERS.



Teacher-Whit is Yalevard university noted for?

Tommy-For its football team. NURSE TELLS OF SKIN CURES

"I have seen the Cuticura Remedies used with best results during the past twenty years. In my work as a nurse, many skin disease cases came under my observation, and in every instance, I always recommended the Cuticura Remedies as they always gave entire satisfaction. One case in particular was that of a lady friend of mine who, when a child, was afflicted with eczema which covered her face and per case; do, current receipts, free hands entirely, breaking out at interonce a set of the Cuticura Remedies. creams, fancy, 12 % @ 13c; do, fair After the use of only one set she was perfectly well.

"A grown lady friend was afflicted 15c; old roosters, 10 1/2 @ 11; spring with salt rheum in one of her thumbs, and she was cured by the Cuticura Remedies. Still another lady had dry salt rheum in both palms of her hands every fall of the year. They used to be so painful she could scarcely wet her hands until she began to use the Cuticura Remedies which cured her. I have also seen them cure children of ringworm. The children's faces would be all circles and rings around the cheeks, and the neck, and after treatment with Cuticura Soap and Ointment, they were completely cured. My husband had rheumatism on his arm and I used the Cuticura Ointment. It made his arm as limber and nice, whereas it was quite stiff before I began to apply the Ointment.

"Last May I had an ingrowing toe nall which was very painful, as the side of the nail was edging right down in the side of my toe. I cut the nail out of the cavity it made, and of course applied the Cuticura Ointment to the part affected. It soothed it and in less than ten nights it was all healed through constant use of the Ointment. Ten days ago, I had my left hand and wrist burned with boiling lard, and Cuticura Ointment has completely cured them. I have just recommended the Cuticura Remedies to another friend, and she is recovering nicely. I will gladly furnish the names of the people referred to above if anybody doubts what I say." (Signed) Mrs. Margaret Henderson, 77 Highland Ave., Malden, Mass., Oct. 1, 1910. Although Cuticura Soap and Ointment are sold by druggists and dealers everywhere, a sample of each. with 32-page book, will be mailed free on application to "Cuticura," Dept.' 6 L Bo n.

Sufficient Evidence. Having vouched for the honesty of the woman who wished a situation as scrub-woman the good-natured man was subjected to a severe examination by the superintendent of the building.

"There are degrees of honesty," said the superintendent. "How honest is she?"

The good-natured man reflected. "Well," said he, "I'll tell you. She is so honest that if you throw anything that looks to be worth a copper into the waste basket you have to tag it 'Destroy this,' or she will fish it out and put it back on your desk night after night, no matter how badly you want to get rid of it. I don't know that I can say anything

"No more is necessary," said the superintendent, and he proceeded to hire the woman.

Immortality. "Speaking of immortality, what's the matter with the hen?" "Go on."

"Her son never sets."

Father Time. "Time flies."

"Got the old man in an airship have they?"

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflamma-tion, allays pain, cures wind colic, 25c a bottle. Instrumental music is sometimes

only instrumental in making the people next door move.

To Laugh at Tuberculosis. Much ignorance prevails among the unfortunate victims of tuberculosis and families of these unfortunates, according to the Los Angeles Herald. For such as these the words spoken by Adolphus Knopf should be chiseled in imperishable granite. Or, better still, they should be published in every public print, viz: "There is no such thing as hereditary tuberculosis, The remedy is simple and all should know it. It is one of the most easily curable of all the chronic infectious diseases. You can cure consumption by the unstinted use of God's good fresh air, twenty-four hours in twentyfour, plenty of good food and plenty of good water, inside and out. You all know that cleanliness is next to godliness. Children should get all the fresh air possible. They should sleep and play in the open air. They

should attend open-air schools." Exhibition of Real Faith. William Spill's little girl, who had been playing at making mud pies, aided by a tiny sprinkling can for a reservoir, ran to her father as he alighted from a car, bearing a package of dry-cleaned wearing apparel. Pointing to her muddy little boots Father Spill admonished his tiny daughter, impressing her with the value of

a neat appearance. That night the young lady offered her usual prayer with great earnestvals with severer torture. She could ness. "And don't forget, dear Lord," not go to school as the disfigurement she prayed fervently, "to dry-clean our looked terrible. I told her to get at street, and my shoes, for Jesus' sake, amen!"-Cleveland Leader.

> Truthfully Said. "My friend, you should join the church. As the prophet says 'Come thou with us and we will do thee

good.' "You have already, parson. I was at your church fair last night."-Smart Set Magazine.

The Ultimate Limit. First Dentist-My work is so painless that my patients often fall asleep while I am at their teeth. Second Dentist-That's nothing.

taken to catch the expression of delight on their faces CHILDREN WHO ARE SICKLY. Mothers should never be without a box of Mother Gray's Sweet Powders for Children. They Break up Gray's Sweet Powders for Omisarch Colds, Relieve Feverishness, Constipation, Teething Colds, Relieve Feveriabness, Constipation, Teething Disorders, Headache and Stomach Troubles. Used by Mothers for 22 years. THESE POWDERS NEVER FAIL. Sold by all Drug Stores, 25c. Don't accept any substitute. Sample mailed FREE to any mother, Address Allen S. Olmsted. Le Boy, N. Y.

Mine all want to have their pictures

Consolation.

Knicker-My wife is always praising the men she rejected for me. Bocker-Never mind; she will praise you to her second husband.

TO DRIVE OUT MALARIA

Patient Creditors. Gibbs-Do you ever think of the debts you owe your ancestors? Dibbs-No; they are not pushing me

like my tailor and grocer. For HEADACHE-Hicks' CAPUDINE Whether from Colds, Heat, Stomach or Nervous Troubies, Capudine will relieve you. It's liquid-pleasant to take-acts immediately Try it. 10c., 25c., and 50 cents at drug stores.

Wanted to Know. Ella-She has a rosebud mouth. Stella-Does that explain her making so many flowery speeches?

The art is to bring the state of mind bred of large thinking into the routine of life .- N. S. Shaler.



Silver, Platinum, Old Jewelry, False Teeth of all kinds. Highest prices paid. PENN SMELTING & REFINING WORKS, 906 Filbert Street, Philadelphia.

W. N. U., BALTIMORE, NO. 32-1911,

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The People's Common Sense Medical Adviser, in Plain English, or Medicine Simplified, by R. V. Pierce, M. D., Chief Consulting Physician to the Invalids' Hotel and Sur-gical Institute at Buffalo, a book of 1008 large pages and gical Institute at Buffalo, a book of 1008 large pages and over 700 illustrations, in strong paper covers, to any one sending 21 one-cent stamps to cover cost of mailing only, or, in French Cloth binding for 31 stamps. Over 680,000 copies of this complete Family Doctor Book were sold in cloth binding at regular price of \$1.50. Afterwards, one and a half million copies were given away as above. A new, up-to-date revised edition is now ready for mailing. Better send NOW, before all are gone. Address World's Dispensary Medical Association, R. V. Pierce, M. D., President, Buffalo, N. Y.

DR. PIERCE'S FAVORITE PRESCRIPTION THE ONE REMEDY for woman's peculiar ailments good enough that its makers are not afraid to print on its outside waapper its

every ingredient. No Secrets-No Deception. THE ONE REMEDY for women which contains no alcohol and no habit-forming drugs. Made from native medicinal forest roots of well established curative value.