

ARE YOU FREE FROM—

Headaches, Colds, Indigestion, Pains, Constipation, Sour Stomach, Dizziness? If you are not, the most effective, prompt and pleasant method of getting rid of them is to take, now and then, a desertspoonful of the ever refreshing and truly beneficial laxative remedy—Syrup of Figs and Elixir of Senna. It is well known throughout the world as the best of family laxative remedies, because it acts so gently and strengthens naturally without irritating the system in any way.

To get its beneficial effects it is always necessary to buy the genuine, manufactured by the California Fig Syrup Co., bearing the name of the Company, plainly printed on the front of every package.



ANXIETY WAS FOR THE KEG

Overcharge a Small Matter, but Customer Did Hate to See Good Material Hurt.

Every nail-peg in the store had its occupant, the checker-board was working overtime, and mittens and mufflers were stuffed in bulgy pockets, as their owners drew closer round the big, rusty stove.

The door opened noisily, letting in a blast of the storm raging outside, and in its wake followed Rufe Bleivins, a giant wood-chopper, whose good nature and ready wit made him a welcome addition to the store circle.

The loafer moved a little closer together to make room for Rufe on a soap-box, but he marched past the friendly circle, plumped an empty molasses-keg down on the counter, and drew a stained bill from his pocket, which he held out to the proprietor of the store.

An expectant grin went round the circle, for Storekeeper Jones had the reputation of never wronging himself by overweighing or undercharging. The merchant adjusted his glasses and looked expectantly from the bill to the wood-chopper.

"Notice you charged me for five gallons of molasses last time I had this four-gallon keg filled," drawled Rufe. "I don't mind payin' for the extra gallon, Mr. Jones, but I do kinder hate to have a good keg strained to pieces."

It was Muffing. "Bugs" Raymond, the handsome and brilliant pitcher of the New York Giants, is a great wit on the field," said a sporting editor at the Pen and Pencil club in Philadelphia.

"Raymond was disgusted one day at his team's wretched outfielding. Battered after batter sent up high flies, and these easy balls were muffed alternately by left and center.

"Bugs at the sixth muffed threw down his glove and stamped on it. "There's an epidemic in the outfield," he said, "but, by jingo! it isn't catching."

Met His Match. Alkali Ike—They have just taken Roaring Bill to the hospital. Pistol Pete—What happened to him? Alkali Ike—He tried to break up a quagmire meeting—Judge.

A WIDOW'S LUCK Quit the Thing That Was Slowly Injuring Her.

A woman tells how coffee kept her from insuring her life: "I suffered for many years chiefly from trouble with my heart, with severe nervous headaches and neuralgia; but although incapacitated at times for my housework, I did not realize the gravity of my condition till I was rejected for life insurance, because, the examining physician said, my heart was so bad he could not pass me."

"This distressed me very much, as I was a widow and had a child dependent upon me. It was to protect her future that I wanted to insure my life.

"Fortunately for me, I happened to read an advertisement containing a testimonial from a man who had been affected in the same way that I was with heart trouble, and who was benefited by leaving off coffee and using Postum. I grasped at the hope this held out, and made the change at once.

"My health began to improve immediately. The headaches and neuralgia disappeared, I gained in flesh, and my appetite came back to me. Greatest of all, my heart was strengthened from the beginning, and soon all the distressing symptoms passed away. No more waking up in the night with my heart trying to fly out of my mouth!

"Then I again made application for life insurance, and had no trouble in passing the medical examination.

"It was seven years ago that I began to use Postum and I am using it still, and shall continue to do so, as I find it a guarantee of good health."

Name given by Postum Company, Battle Creek, Mich.

"There's a reason." Read the big little book, "The Road to Wellville," in pkgs.

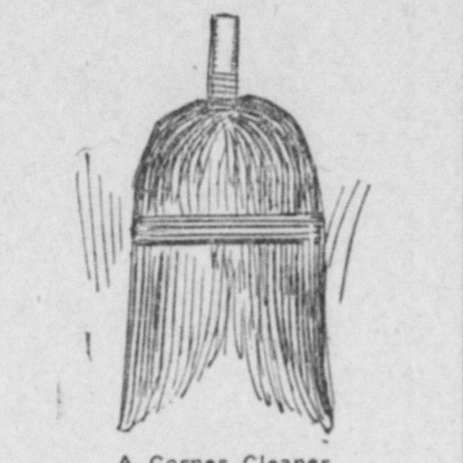
Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.



CLEANER FOR SMALL CORNERS

One Shown in Illustration Will Be Found Handy in Getting at Places Broom Won't Reach.

Use for a corner cleaner an old whisk broom, or a large one, if desired. Cut it down to the form shown in the cut. Do not make the points



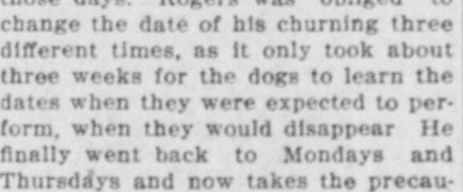
A Corner Cleaner.

too long, or they will not be stiff enough to drag out the dirt. This will be found handy in cleaning stairs, corners and other places which cannot be reached by a common broom.

KEEP TRACK OF CHURN DAYS

Collie Dogs Used on Treadmill Disappear on Monday and Thursday—Animals Got Wise.

Clark Rogers, a farmer, for more than a year has used his two big collie dogs in his treadmill to run the dairy churn. Churning days were Monday and Thursday. The dogs became tired of the job and made it a point to disappear from the farm on those days. Rogers was obliged to change the date of his churning three different times, as it only took about three weeks for the dogs to learn the dates when they were expected to perform, when they would disappear. He finally went back to Mondays and Thursdays and now takes the precaution to chain up the dogs on Sunday and Wednesday afternoons, in order to insure their presence on churning days.



Kept Track of Churning Days.

Dairy Tests. George H. McFadden of Bryn Mawr, Pa., won the second prize of \$50 in the home dairy test of Ayrshires. For the year ending March 31, 1910, his five cows gave 47,136 pounds of milk, 2168.10 pounds of fat and were credited with 85,178 points. In the same test five cows belonging to the Friends' asylum, Frankfort, Pa., fifth prize of \$20 was given, the record being 46,136 pounds of milk, 1617.16 pounds of fat and 74,435 points. In the test which ended September 30, Ashley farm, Media, Pa., won third prize of \$40 for five cows giving 46,957 pounds of milk, 1885.23 pounds of fat and 79,948 points. The Friends' asylum won fourth prize of \$30 for 44,260 pounds of milk, 1980.92 pounds of fat and 78,926 points.

Produce Good Stock. As to whether to produce pure-bred cows or grade cows you must decide for yourself. There is more profit in pure-bred cows, but you can begin the production of grades with less capital and for the inexperienced there is perhaps less opportunity for loss. But a pure-bred bull and a good one you must have. The only way to economize in buying a bull is to get the very best one you can possibly afford. From the breeder's viewpoint the bull is half the herd; \$150 is little enough to pay for a bull calf and \$400 invested in a bull will bring you greater returns \$ you have only ten cows than will the same amount invested in a team of horses to work on your farm or to drive to your milk wagon.

Remedy for Constipation. If the cow is constipated give one round of epsom salts, one handful of fine table salt and half an ounce of ground ginger, mixed in two quarts of water, well sweetened with molasses. After it is dissolved, give in one dose; it may be mixed with the wheat bran. If mixed in the bran it should be well sweetened or the cow will not eat it.

Minimize Bacteria Content. Anything that tends to eliminate dust previous to, or during milking, will minimize the bacteria content of the milk.

No Best Grade. No one grade of dairy products is best suited for all conditions.

PRACTICE SOILING FOR COWS

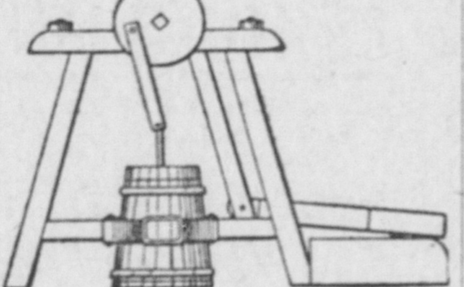
Tried at New Jersey Experiment Station, Where Three Animals Kept on Feed From One Acre.

The Jersey experiment station practices soiling altogether for their cows. They sow rye, which comes on first in the spring. With the rye hairy vetch is seeded and the two make a splendid feed, besides the vetch enriches the land. The next crop is wheat, which also has vetch seeded with it. Following the wheat are oats and Canada field peas, and again the peas not only help to balance up the oats, but at the same time improve the land, being a legume. Following the cutting of the rye, cowpeas and soy beans, fodder corn, etc., are planted. These can be harvested in time to sow the ground down to the same crops for next year, and later on the silo is opened. Professor Minkler stated that he had been able to keep three cows during the summer on the feed grown on one acre of ground. Could this method not be practicable on many farms? Suppose an acre or two is fenced off in the cow pasture and seeded to oats and Canada field peas in March, this crop cut off and fed in June, the first of July the ground sown to cowpeas and these harvested in September, and the ground seeded to rye and hairy vetch. In this way the land would not become exhausted very rapidly. The roots and stubble would almost or quite furnish the humus content, the legumes the nitrogen, and by adding a little potash and phosphorus one should grow crops for years on the same ground.

OPERATING CHURN BY FOOT

One Shown in Illustration Is Patterned After Grindstone—Plunger Connection Attached.

Hundreds of churns of all kinds have been invented in past years, but



Foot-Operated Churn.

The idea shown in the illustration is somewhat unique because patterned after the foot-worked grindstone. A wooden wheel takes the place of the grindstone, and to this is attached the plunger connection. The churn is attached to the under part of the frame by a belt.

MAKING INVESTMENT IN FEED.

Man With New Viewpoint May Make 200 Per Cent. Per Annum Interest.

To look upon the buying of millfeed as an investment rather than an expense may change a dairyman from a miser into a business man. For, while the short-sighted individual may feed one dollar's worth of concentrates per month to a good cow and realize there for \$1.50, the man with the new viewpoint may, by increasing to \$4 per month, get a return of \$5. He has gone the same number of times to the grain bin and silo, milked the same number of times, and cleaned the stable the same number of times, yet the simple investment of \$3 has at the end of one month earned 50 cents interest. If he turns this \$3 over again and again as a business merchant does, at the end of six months the investment has been doubled. In other words, it has made 200 per cent. per annum interest.

Care After Freshening. For a short time after freshening a good cow will give a good mess of milk with just ordinary care, but if she is to continue the good work it will take a careful choreman and a good feeder to look after her.

DAIRY NOTES

See that the drinking places are clean and safe.

Jersey cows are noted the world over for their rich milk.

Give the regular ration in the stable until the pastures are full.

Cheese curd may sometimes be improved by washing in order to remove defects.

Probably the most common form of contamination of milk is by means of bacteria.

If a small number of calves are fed and it is possible to grind cob meal, there is no finer feed.

Tests show that a cement floor is colder than a board floor where other conditions are the same.

The one thing paramount in the mind of the dairyman is the question of economical production.

Milk as it leaves the udder of a healthy cow is practically pure, free from germs and foreign matter.

It appears that the only way to have good cows is to raise them yourself, and weed out some of the poorest.

The Holsteins and Ayrshires are great milk-producing breeds, the Holsteins possibly leading just a little in quantity.

COMMERCIAL

Weekly Review of Trade and Market Reports.

R. G. Dun & Co.'s weekly review of trade says:

Business continues to move slowly. Its volume, though large, being much below producing capacity and displaying a lack of interest and vigor. The accumulating deposits and reserves of the banks are one of the results of the general trade recession, but they impart strength to the banks and will enable them readily to finance the forward movement of enterprise whenever it sets in.

Bradstreet says: Trade and industry are quiet to fall, reports varying with sections and lines reporting. For this weather, crop and tariff uncertainties are held variously responsible. The season as a whole has been cold and backward. In wholesale lines, price uncertainties and the pending tariff discussions tend to restrict future trade. There is also a rather widespread complaint as to slow collections. Industry is quiet, waiting upon demand, which is cautious to the limit of conservatism. Commodity prices show a tendency to steady, though Canadian reciprocity discussion tends to unsettle trade in farm produce.

Wholesale Markets

NEW YORK. — Wheat — Spot steady; No. 2 red, 93 1/2 elevator and 94 1/2 f o b afloat; No. 1 Northern Duluth, \$1.05 1/2 f o b afloat.

Corn—Spot easy; exports No. 2, 67 1/2 f o b afloat.

Hay firm; prime, \$1.20; No. 1, \$1.10; No. 2, \$1; No. 3, 80¢@90¢.

Butter firm; receipts, 12,398. Creamery, special, 22 1/2@23¢; extras, 22¢; firsts, 20¢@21¢; seconds, 18¢@19¢; creamery, held extras, 19 1/2¢@20¢; firsts, 18¢@18 1/2¢; seconds, 16 1/2¢@17 1/2¢; state dairy, finest, 21¢@22¢.

Eggs firm; Pennsylvania and nearby hennery brown, 17 1/2¢@18 1/2¢; do, brown and mixed, gathered, 17¢@17 1/2¢; Western duck eggs, 23¢@26¢.

PHILADELPHIA.—Wheat steady; contract grade No. 2 red in export elevator, 90 1/2¢@91 1/2¢. Oats firm; No. 2 white natural, 39¢.

Butter firm, 1 c higher; extra Western creamery, 24¢; do, nearby prints, 25¢.

Eggs steady; Pennsylvania and other nearby firsts f c, \$5.10 per case; do, current receipts, f c, \$4.95 per case; do, Western firsts f c, \$5.10 per case; do, current receipts, f c, \$4.95 per case.

Live poultry quiet; fowls lower. Fowls, 16 1/2¢@17¢; old roosters, 11 1/2¢@12¢; chickens, choice, 19¢@20¢; do, stagger, 17¢@18¢; ducks, 18¢@19¢; geese, 13¢@14¢.

BALTIMORE. — Wheat — No. 2 Red Western 90¢; contract, 90 1/2¢; No. 3 Red, 88¢; steamer No. 2 Red, 86¢; steamer No. 2 Red Western 86¢. The closing was dull and lower; spot and April, 90 1/2¢ bid; May, 90 1/2¢.

Corn—Contract, 54¢; steamer mixed, 51 1/2¢; steamer yellow, 51 1/2¢; no established grade, 50¢. The closing was firm; spot and April, 54 1/2¢; May, 54¢.

Oats—No. 2 white, 38¢@38 1/2¢; standard white, 37 1/2¢@37 3/4¢; No. 3 white, 37 1/4¢@37 1/2¢.

Hay—No. 1 timothy, \$20.50@21¢; No. 2, \$19.50@20¢; No. 3 do, \$14@15.50; clover mixed, \$18.50@19.50; No. clover mixed, \$17.50@18.50; No. 2 do, \$14@16; No. 1 clover, \$16@16.40; No. 2 do, \$14.50@15.50; meadow grass and packing hay, \$10@12; no grade hay, as to kind, quality and condition, \$8@12.

Butter—Creamery, fancy, 22 1/2¢@23¢; creamery, choice, 21¢@22¢; creamery, good, 19¢@20¢; creamery imitation, 18¢@20¢; creamery, prints, 25¢@27¢.

Eggs — Maryland, Pennsylvania and nearby firsts, 16¢; Western firsts, 16¢; West Virginia firsts, 16¢; Southern firsts, 15¢@15 1/2¢; guinea eggs, 8¢; duck eggs, nearby, 21¢; do, Southern, 21¢; geese eggs, 30¢.

Live Poultry—Chickens; old hens, heavy, 16¢; do, small to medium, 16¢; young, choice, 20¢@22¢; winter, 2 lbs and under, 25¢@28¢; spring, 1 to 1 1/2 lbs, 35¢@40¢; old roosters, 10¢. Ducks—White Pekings, 15¢@16¢; Muscovy and mongrel, 14¢@15¢; puddle, 14¢@15¢.

CHICAGO, ILL.—Close: Cattle market weak at early decline. Beeves, \$5.15@6.70; Texas steers, \$4.00@5.60; Western steers, \$4.80@5.80; stockers and feeders, \$4@5.75; cows and heifers, \$2.70@5.80; calves, \$4.75@6.50.

Sheep; market weak; early decline; native, \$3@4.70; Western, \$2.15@4.70; yearlings, \$4.30@5.25; lambs; native, \$4.50@6.15; Western, \$4.75@6.15.

KANSAS CITY, MO.—Cattle; market 15c lower. Calves, 25c lower. Dressed beef and export steers, \$5.85@6.35; fair to good, \$5.35@5.80. Western steers, \$4.75@6; stockers and feeders, \$5@5.75; Southern steers, \$4.75@5.85; Southern cows, \$3.25@5.25; native cows, \$3@5.50; native heifers, \$4.75@6; bulls, \$4@5.25; calves, \$4.50@7.

Hogs—Market 10c to 20c lower. Bulk of sales, \$6.10@6.25; heavy, \$6.05@6.17 1/2¢; packers and butchers, \$6.15@6.20; lights, \$6.20@6.35.

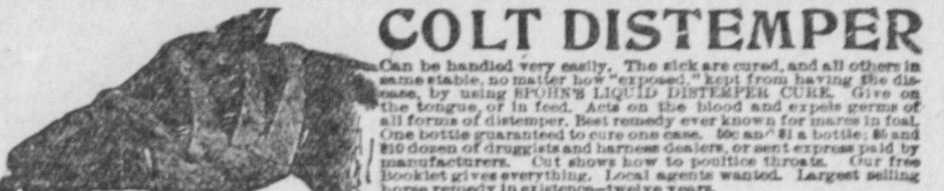
That Tired Feeling

That comes to you every spring is a sign that your blood is wanting in vitality, just as pimples and other eruptions are signs that it is impure. Do not delay treatment; begin at once to take

Hood's Sarsaparilla, which effects its wonderful cures, not simply because it contains sarsaparilla, but because it combines the utmost remedial values of twenty different ingredients, raised to their highest efficiency for the cure of all spring troubles, that tired feeling and loss of appetite. There is no real substitute; insist on having

Hood's Sarsaparilla

"I felt tired all the time and could not sleep nights. After taking Hood's Sarsaparilla a little while I could sleep well and the tired feeling had gone. This great medicine has also cured me of scrofula, which had troubled me from childhood." Mrs. C. M. Root, Box 25, Gilead, Conn.

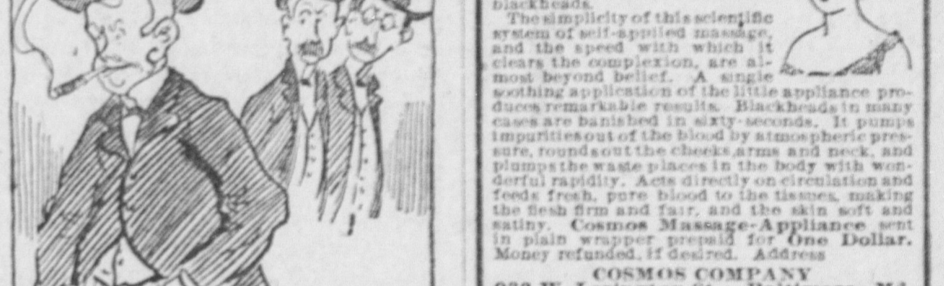


COLT DISTEMPER

Can be handled very easily. The sick are cured, and all others are made stable, no matter how "sprayed" kept from having the disease, by using Hood's Light-Light Distemper. It is a powerful disinfectant of the lungs, of the food, acts on the blood and expels germs of all forms of distemper. Best remedy ever known for horses in feed. One bottle guaranteed to cure one case. See also a bottle, \$1 and \$2 doses of Druggists and Lumber Dealers, or sent express paid by manufacturer. Cut shows how to position throat. Cut free booklet gives everything. Local agents wanted. Largest selling horse remedy in existence—twenty years.

A Country School for Girls in New York City

Best Features of Country and City Life. Out-of-door Sports on School Park of 35 acres near the Hudson River. Full Academic Course from Primary Class to Graduation. Upper Class for Advanced Special Students, Music and Art. Certificate admits to College. School Coach Meets Day Pupils. Miss Bangs and Miss Whiton, Riverdale Ave., near 252d St., West



Howell—He does everything in his power. Powell—Then I'm glad that I'm not in his power.

THIS WILL INTEREST MOTHERS. Mother Gray's Sweet Powder for Children, a Certain Relief for Feverishness, Headache, Bad Stomach, Teething Disorders, move and regulate the bowels and destroy Worms. They break up Colic in 15 hours. They are so pleasant to the taste Children like them. They never fail. Sold by all Druggists. See Sample mailed FREE. Address Allen B. Gimsted, Le Roy, N. Y.

No Girls. "You didn't stay long at Wombat's country place."

"No, he promised to show me the beauties of the neighborhood and then tried to point out a lot of scenery."

TO DRIVE OUT MALARIA. Take the Old Standard GIBBERIN TASTELESS BILE TONIC. You know what you are taking. The formula is plainly printed on every bottle, showing it is simply Quinine and Iron in a tasteless form. The Quinine drives out the malarial and the iron builds up the system. Sold by all dealers for 30 years. Price 50 cents.

It is impossible a man who is false to his friends and neighbors should be true to the public.—Bishop Berkeley.

For HEADACHE—Hicks' CAPSIDINE. Whether from Colds, Heat, Stomach or Nervous Troubles, Capsidine will relieve you. It's liquid—pleasant to take—acts immediately. Try it. 10c, 25c, and 50c cents at drug stores.

Who is to blame? Women as well as men are made miserable by kidney and bladder trouble. Dr. Kilmer's Swamp-Root the great kidney remedy promptly relieves. At druggists in fifty cent and dollar sizes. You may have a sample bottle by mail free, also pamphlet telling all about it. Address, Dr. Kilmer & Co., Binghamton, N. Y.

GOUT & RHEUMATISM. The Great English Remedy BLAIR'S PILLS. Safe, Sure, Effective. 50c & \$1.00. DRUGGISTS, or 91 Henry St., Brooklyn, N. Y.

DEFIANCE STARCH—16 ounces to the package. Other starches only 12 ounces to the price and "DEFIANCE" IS SUPERIOR QUALITY. W. N. U., BALTIMORE, NO. 18-1911.

Weak Heart

Many people suffer from weak hearts. They may experience shortness of breath on exertion, pain over the heart, or dizzy feelings, oppressed breathing after meals or their eyes become blurred, their heart is not sufficiently strong to pump blood to the extremities, and they have cold hands and feet, or poor appetite because of weakened blood supply to the stomach. A heart tonic and alterative should be taken which has no bad after-effect. Such is Dr. Pierce's Golden Medical Discovery, which contains no dangerous narcotics nor alcohol.

The ingredients, as attested under oath, are Stone root (Caulis Radix Canadensis), Bloodroot (Sanguinaria Canadensis), Golden Seal root (Hydrastis Canadensis), Queen's root (Squilla Syriaca), Black Cherrubark (Prunus Virginiana), Mandrake root (Podophyllum Peltatum), with triple refined glycerine, prepared in a scientific laboratory in a way that no druggist could imitate.

This tonic contains no alcohol to shrink up the red blood corpuscles; but, on the other hand, it increases their number and they become round and healthy. It helps the human system in the constant manufacture of rich, red blood. It helps the stomach to assimilate or take up the proper elements from the food, thereby helping digestion and curing dyspepsia, heart-brain and many uncomfortable symptoms, stops excessive tissue waste in convalescence from fevers; for the run-down, anemic, thin-blooded people, the "Discovery" is refreshing and vitalizing. Stick to this safe and sane remedy, and refuse all "just as good" medicines offered by the druggist who is looking for a larger profit. Nothing but Dr. Pierce's Golden Medical Discovery will do you half as much good.

\$2,000 in Prizes for Big Game Fish Field and Stream

"America's Magazine for Sportsmen." Offering 203 Prizes for the Biggest Fresh and Salt Water Game Fish Caught During 1911.

Prizes for the biggest fish caught each month and grand prizes for the entire season in each class, including \$50 silver cup, silver medals, rods and reels, guns and sportsman's equipment. List of prizes and conditions of contest published each month. Read the stories of How, When, Where and with what tackle these big fish were killed. Special introductory offer of a three months' trial subscription to FIELD AND STREAM, together with the 1911 Angler's Guide, including the latest Game and Fish Laws for 1911 and a five-foot Heddon split bamboo bait casting rod.

Send in your order today and learn all about this great contest. FIELD AND STREAM PUBL. COMPANY, 26 East 21st Street, New York City

W. L. DOUGLAS

1876 \$2.50 \$3 \$3.50 & \$4 SHOES FOR MEN

W. L. Douglas Spring Styles include more Snappy and Up-to-Date Shapes in Oxfords and High Cuts than ever before produced.

W. L. Douglas warrants every pair of his shoes to hold their shape, look and fit better and wear longer than any other make, giving you better value for the money than you can obtain elsewhere.

BEWARE OF SUBSTITUTES. The genuine have W. L. Douglas name and the retail price stamped on the bottom, which guarantees full value and protects the wearer against high prices and inferior shoes. If your dealer cannot supply you with the genuine W. L. Douglas shoes, write for Mail Order Catalog—Shows and direct from factory to wear, all charges prepaid. W. L. Douglas, 145 Spring St., Brockton, Mass. \$2.00, \$2.50 & \$3.00