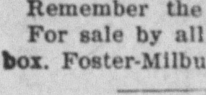


WEAK BACKS MADE STRONG.

Backache in most cases is kidney-ache, and usually accompanied by irregularities of the urine. To remove the pain and weakness you must cure the kidneys. Do so with Doan's Kidney Pills, Mrs. Perry Hillman, Monongahela City, Pa., says: "I was so bad with kidney disease I despaired of relief. I had inflammatory rheumatism and finally dropsy set in. My ankles became bloated, my heart was affected and the doctors gave me no relief. Soon after using Doan's Kidney Pills, I grew stronger and ere long I was able to do my household."

Remember the name—Doan's. For sale by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.



Exhorting the Ducks.

There are two tiny boys in this town whose mother sings often to them at their request, and as she is an ardent church woman, the children hear as many hymns as anything else. The other day they were playing with their wooden ducks in the bathtub, and strangely enough the ducks were more inclined to float sideways than in the approved manner. After several attempts to keep the misguided ducks straight the older boy shouted: "Stand up, duck, stand up!" Then two-year-old, noting the familiar phrase, leaned over the tub and exhorted. "Tand up, duck! Tand up for Jesus!"

Warned.

A serious-minded New Yorker, who, because of his dignified outlook on life, has sent his son, aged twelve, to a particularly strict and proper boarding school in New England, unexpectedly visited the school last week. Ascertaining the location of his young hopeful's room, he climbed the four flights of stairs necessary to reach it—and entered. On a mammoth placard suspended from a steel engraving of "Washington and Generals" (presented to the youth as a Christmas gift by his admiring parent) was the cheerful sentiment: "Don't spit on the ceiling. We have lost our ladder."

In Its Due Order.

Champ Clark, at a dinner in Washington, pleaded indulgence for a somewhat rambling speaker. "He'll arrive," said the Democratic leader, "if you'll only give him time. He is like Dr. Thridly. "Dr. Thridly was dividing up his sermon into its appropriate heads one Sunday morning when a member of the congregation shouted frantically: "Meat, man! Give us meat!" "Well," said Dr. Thridly promptly, "hold on, then, till I'm done carving."

A Way to Keep Lovers In.

Mrs. Honeybird—But, Dickey, dear, the fat is so tiny. Why, the windows are so small a mouse couldn't crawl through. Mr. Honeybird—That is all the better, dear. When poverty comes in love can't fly through the window.

To render your neighbor a service willingly shows the generosity of your character; to preserve silence over it, the grandeur of your soul—Fuyssieux.

EDITOR BROWNE
Of The Rockford Morning Star.

"About seven years ago I ceased drinking coffee to give your Postum a trial."

"I had suffered acutely from various forms of indigestion and my stomach had become so disordered as to rebel almost every sort of substantial food. My general health was bad. At close intervals I would suffer severe attacks which confined me in bed for a week or more. Soon after changing from coffee to Postum the indigestion abated, and in a short time ceased entirely. I have continued the daily use of your excellent Food Drink and assure you most cordially that I am indebted to you for the relief it has brought me."

"Wishing you a continued success, I am Yours very truly,
J. Stanley Browne,
Managing Editor."

Of course, when a man's health shows he can stand coffee without trouble, let him drink it, but most highly organized brain-workers simply cannot.

The drugs natural to the coffee berry affect the stomach and other organs and thence to the complex nervous system, throwing it out of balance and producing disorders in various parts of the body. Keep up this daily poisoning and serious disease generally supervenes. So when man or woman finds that coffee is a smooth but deadly enemy and health is of any value at all, there is but one road—quit.

It is easy to find out if coffee be the cause of the troubles, for if left off 10 days and Postum be used in its place and the sick and diseased conditions begin to disappear, the proof is unanswerable.

Postum is not good if made by short boiling. It must be boiled full 15 minutes after boiling begins, when the crisp flavor and the food elements are brought out of the grains and the beverage is ready to fulfill its mission of palatable comfort and renewing the cells and nerve centers broken down by coffee.

"There's a Reason." Get the little book, "The Road to Wellville," in pkgs.

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

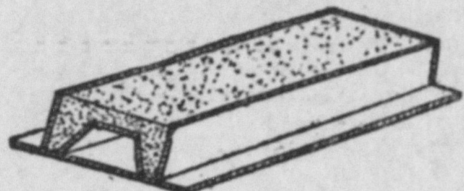


CONCRETE TROUGH FOR FEED

Very Easily Cleaned With Hoe or Spade Which Cannot Be Done With Round Forms—How Built.

As may be seen by the illustration, this trough is very easily cleaned with a hoe or spade, which cannot be done with the round or V-shaped forms usually employed. It also has an advantage over the square trough by the slanting sides, which cause all the feed to flow toward the center of the trough, where the animals may easily reach it, says Orange Judd Farmer.

A flat board is first laid upon the ground, and upon this is erected a square board form of the length, width and height of the trough to be made. Inside this is placed the core or inside form. This is made with two side boards set slanting and held in place by end boards, cut on each end with the slant you wish to give the sides. This form is covered by a



board which should be the width of a hoe or spade blade. The core form is at least 8 inches shorter than the outside form to make the ends of the trough. The bottom must be at least 2 inches thick and the sides at least 2 1/2 inches thick for a trough 8 feet long. These dimensions should be increased for a larger trough.

To avoid the square edges at the top of trough, lay in the four corners where the outside form and core set upon bottom board small bevel strips or concave molding. These may be just laid in position, as the concrete will hold them securely, and they mold a beveled or rounded edge to the trough, which will not chip easily or injure the animals feeding from same.

HEALTHIEST FOOD FOR HOGS

Should Be Fed Wheat Bran and Crushed Oats, Mixed into Thick Slop—To Fatten Shoats.

The most economical as well as the healthiest food for brood sows is wheat bran and crushed oats made into a thick slop—they should have all they will eat with a relish. Give a dry, roomy yard to exercise in. An animal, especially a brood sow, cannot be kept in health when shut in a dirty pen and a small yard filled with slush and mud. Give once a week to each one shovelful of a mixture of one bushel of dry wood ashes mixed with one pint of salt and one pint of sulphur. Mix these well together, keep in covered box where it can be kept dry. This is an excellent tonic for keeping the blood pure and the animal in health. Burnt wood may take the place of the ashes. If roots and cabbage cannot be had, and grass pasture cannot be given, cut up a few grass sods and throw into the yard. The grass roots will take the place of roots. Fattening shoats for the early spring market should be given all the corn they will eat and plenty of clean, fresh well water twice a day. Keep the troughs clean. Pigs do best on warm millfeed and ground oat slop. Have the pens clean and dry. The pen may be kept comfortable by banking up the outside with long fodder. Do not put too many pigs in one pen. The younger and weaker ones should be placed in a pen by themselves and fed a little extra millfeed slop. Bed with cut straw or leaves. The feeding and care of the stock should be done by the farmer and not left to boys or the help.

Silage for Steers.

The use of silage for fattening beef cattle has been tested at a number of experiment stations and by stockmen with excellent results. In experiments conducted by the writer in 1904, it was found that silage-fed steers sold at \$4.95 per 100 pounds, while those fed no silage brought only \$4.70 per 100 pounds, a gain of 25 cents in favor of the silage-fed animals. It was found that for every 100 pounds of gain, 471 pounds of silage-fed saved 18 pounds of grain and 156 pounds of alfalfa.

In these tests silage was fed in connection with alfalfa hay, corn chop, kafir corn chop, and cottonseed meal. The average soil, in unusual seasons, will produce 12 to 15 tons of green corn per acre. Even with a yield of 10 tons per acre, there is an income, according to this experiment, of about \$35 per acre.

The financial statement of this experiment showed that the silage-fed steers made a profit of \$4.10 per head, while the same grade of steers fed on the same feed except silage lost \$1.47 per head.

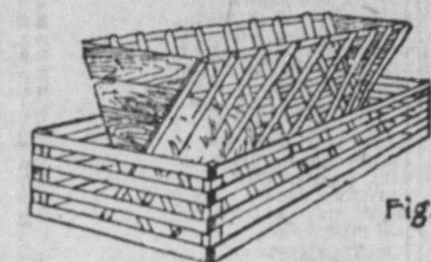
Teaching the Colt.

The colt should be taught to respect the whip and it will never be worn but on him.

SHELTER WITH FEEDING RACK

Economy and Convenience Are Essentials to Be Considered in Constructing Feed Place.

There are two important questions which ought to be considered in building a feed rack. These are, economy, which includes convenience in feeding, and location. Most feed racks are built in the middle of an open lot which is not sheltered from storms and about which there is likely to be a depression worn out by the hoofs of the animals until water or ice forms the footing, or else it becomes

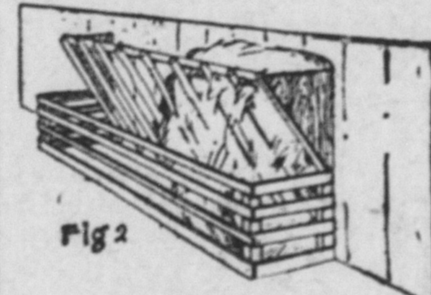


Ordinary Feed Rack.

filled with waste hay which is almost equally objectionable, says Kansas Farmer. Such racks cannot be filled readily nor can the cattle feed at them in the greatest comfort.

The first drawing shows a feed rack in very common use which has been constructed with a view to obviate some of these difficulties. It is a good rack, not difficult of construction and quite saving of feed. It is a decided improvement over the one our Johnson county friend describes in that his is made with the slats running horizontally instead of vertically as here shown.

The lower drawing shows about the same construction except that it is only a half rack which is backed by a high, tight board fence. This form has several advantages. The driver can reach it from the other side of the fence without having to open gates or drive among the hungry cattle to unload. It also furnishes a splendid windbreak if the fence is set east and west and the rack built on the south side of it. I have seen this form of rack used by a good many farmers and feeders who express their satisfaction with it, though some of them had built it against an-



Half Rack.

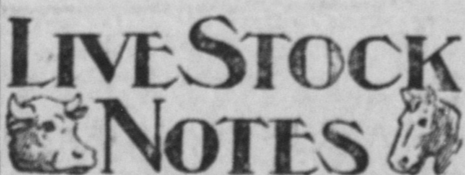
other building or behind a hedge row or a grove of trees. In these cases the protection was secured though the convenience in filling was lost. Cattle will eat more and do better when made comfortable.

Make Your Own Horse.

As a general rule, a man may own good-pulling horses or balky ones of the worst type—just whichever he chooses. If a colt were properly handled while being broken in, and then loaded decently after it had learned to pull, balky horses would be few and far between. Indeed, we doubt very much if there would be a balky horse to be found in the whole world.

Worst Enemy of Sheep.

One of the worst enemies of sheep at the present time is that known by sheep men as the stomach worm (strongylus contortus). This is a small red thread-like worm which infests the fourth stomach and is often found in such large numbers as to cause the death of the victim by actual starvation.



Hogs are high, so be careful about bringing disease on the place. Feed a little tankage to the brood sows. A rich feed and it counts. Experiment stations are doing some fine work in testing hog feeding.

No pay in wintering hogs over. A little more feed will market them.

Don't let your sheep and lambs get at the straw stack. It gets into their noses and injures them.

Use some of that straw for bedding for the hogs. They need a warm and dry place to sleep, and must have it.

The same breed which you are quitting because they are slow growers the other man is buying because they mature early.

We should sell off all live stock that we cannot keep as we should this winter. Let the man keep them who can do it.

Do not breed from any mare that is deformed, sick, diseased, vicious, unsound, unsuitable, a poor milker, or a cross mother.

Keep your animals out of the draughts. A little batting, odds and ends of lumber, tar paper, old rags, etc., will do wonders.

Rice meal, when it is not adulterated with rice bran, and the like, is a very good feed and has about the same feeding value as corn.

Rheumatism Advice
Gives Prominent Doctor's Best Prescription—Is Easily Mixed.

"Get one ounce of syrup of Sarsaparilla compound and one ounce of Toris compound. Then get half a pint of good whisky and put the other two ingredients into it. Take a tablespoonful of this mixture before each meal and at bed time. Shake the bottle before using. This is not new in this city as many of the worse cases of rheumatism and back-ache have been cured by it. Good results come the first day. Any druggist has these ingredients on hand or will quickly get them from his wholesale house. Any one can mix them.

Brought the Tears.
An unusual incident marked a recent fire in New York. The fire started in the cellar of a five-story tenement and before it was extinguished the 18 families in the building and all the firemen were weeping copiously from inflamed eyes. In the cellar many bags of onions had been stored. The chief fireman allowed the tenants to remain in the building, assuring them that the fire was confined to the cellar. They did not stay, however, when the onions had got well aflre.

Dare to Be Happy.
Let us never be afraid of innocent joy; God is good and what he does is well done; resign yourself to everything, even to happiness; ask for the spirit of sacrifice, of detachment, of renunciation, and above all, for the spirit of joy and gratitude, that genuine and religious optimism which sees in God a Father, and asks no pardon for his benefits. We must dare to be happy and dare to confess it, regarding ourselves always as the depositaries, not as the authors of our own joy.—Ansel.

Home and School.
Home and school are two different spheres and have of necessity different duties to perform and different work to accomplish in the training and teaching of the child. But unless the ideals are the same and unless there is a systematic attitude of mind between parents and teachers, the best result cannot be achieved and the child must suffer.—Mrs. E. L. Franklin, Secretary Parents' National Educational Union, England.

A Matter of Size.
Wife—I want a cap, please, for my husband.
Shopkeeper—Yes, madam. What size does he wear?
Wife—Well, I really forget. His collar are size sixteen, though I expect he'd want about size eighteen or twenty for a cap, wouldn't he?

SPOHN'S DISTEMPER CURE will cure any possible case of DISTEMPER, PINK EYE, and the like among horses of all ages, and prevents all others in the same stable from having the disease. Also cures chicken cholera, and dog distemper. Any good druggist can supply you, or send to Mrs. Spohn, 50 cents and \$1.00 a bottle. Agents wanted. Free book. Spohn Medical Co., Spec. Contagious Diseases, Goshen, Ind.

Among Colleagues.
"I am afraid that man speaks before he thinks."
"Impossible!"
"Why?"
"He never thinks."

You will sneeze; perhaps feel chilly. You think you are catching cold. Don't wait until you know it. Take a dose of Hamlin's Wizard Oil and you just can't catch cold.

The Practical Agriculturist.
Adam sniffed at the book farmer.
"I don't believe in spraying apple trees," he snorted.

For HEADACHE—Hicks' CAPSIDINE Whether from Cold, Cough, Stomach or Nervous Troubles, Capsidine will relieve you. It's a liquid—pleasant to take—acts immediately. Try it. 10c, 25c, and 50 cents at drug stores.

A woman can straighten up a man's desk in five minutes so effectively that he won't be able to find anything he wants in five hours.

Taylor's Cheroke Remedy of Sweet Gum and Mullen is Nature's great remedy—Cures Coughs, Colds, Croup and Whooping Cough and all throat and lung troubles. At druggists, 25c, 50c and \$1.00 per bottle.

A man who thinks his work is worth dollars a minute will spend an hour looking for a dime he dropped in a room.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

And the man who is driven to drink by adversity probably would have it brought to him by prosperity.

Garfield Tea is Nature's laxative and blood purifier; it overcomes constipation and its many attendant ailments.

The longer we live the more we realize what we might have done but didn't.

MILD, GENTLE LAXATIVE
FOR WOMEN GIVEN FREE

So many of the ills of women are due to habitual constipation, probably because of their false modesty on the subject, that their attention cannot be too strongly called to the importance of keeping the bowels open. It is always important to do that, regardless of the sex, but it is especially important in women.

From the time the girl begins to menstruate until menstruation ceases she has always vastly better prospects of coming through healthy if she watches her bowel movements. If you find yourself constipated, with bad breath, pimply complexion, headaches, belching gas and other symptoms of indigestion and constipation, take a small dose of Dr. Caldwell's Syrup

PUTNAM FADELESS DYES

Color more goods brighter and faster colors than any other dye. One 10c package colors all fibers. They dye in cold water better than any other dye. You can dye any garment without fading. Write for free booklet—Slow to Dr. Black and Dix Co., 309 W. Washington St., Chicago, Ill.

PROOF POSITIVE.



He—Oh, yes; I write verse occasionally—but I tear it all up as soon as I write it.
She—Ah! I knew you were clever.

Plenty of Time to Fatten Up.
Cheerful Old Idiot—I say, you'll excuse me, but you know that you are the thinnest policeman I've ever seen.
Robert—Yes, I'm a new hand, and haven't got to know the cooks yet.—London Opinion.

FOR COLDS AND GRIP
Hicks' CAPSIDINE is the best remedy—relieves the aching and feverishness—cures the cold and restores normal conditions. It's quick—effects immediately. 10c, 25c, and 50c. At drug stores.

It's easy for a pretty young widow to make a man think he wants to marry her.

Garfield Tea corrects constipation, cleanses the system and purifies the blood. Good health is maintained by its use.

The chap who gets a free ride in a patrol wagon isn't carried away with enthusiasm.

In the Spring cleanse the system and purify the blood by the use of Garfield Tea.

Each penny saved means one less pang of foreboding.

A Helpless Invalid

Restored to Health by Lydia E. Pinkham's Vegetable Compound

A woman who is sick and suffering, and won't at last try a medicine which has the record of Lydia E. Pinkham's Vegetable Compound, is it would almost seem, to blame for her own wretchedness. Read what this woman says:
Richmond, Mo.—"When my second daughter was eighteen months old I was pronounced a hopeless invalid by specialists, and was pronounced to be in a dangerous condition. My father insisted that we try Lydia E. Pinkham's Vegetable Compound, and brought me six bottles. I soon began to improve, and before it had all been taken I was as well and strong as ever—my friends hardly recognized me so great was the change."—Mrs. Woodson Bransetter, Richmond, Mo.

There are literally hundreds of thousands of women in the United States who have been benefited by this famous old remedy, which was produced from roots and herbs over thirty years ago by a woman to relieve woman's suffering.

Read what another woman says:—
Jonesboro, Texas.—"I have used Lydia E. Pinkham's Vegetable Compound for myself and daughter, and consider it unequalled for all female diseases. I would not be without it for anything. I wish every mother in America could be persuaded to use it as there would be less suffering among our sex then. I am always glad to speak a word of praise for Lydia E. Pinkham's Vegetable Compound, and you are at liberty to use this testimonial."—Mrs. James T. Lawrence, Jonesboro, Texas.

Since we guarantee that all testimonials which we publish are genuine, is it not fair to suppose that if Lydia E. Pinkham's Vegetable Compound had the virtue to help these women it will help any other woman who is suffering from the same trouble?

For 30 years Lydia E. Pinkham's Vegetable Compound has been the standard remedy for female ills. No sick woman does justice to herself who will not try this famous medicine. Made exclusively from roots and herbs, and has thousands of cures to its credit.

If the slightest trouble appears which you do not understand, write to Mrs. Pinkham at Lynn, Mass., for her advice—it is free and always helpful.

The Discoverer.
Of faults a seeker he would be.
Of recompense he found a dearth.
Save in the truthful claim that he
Had picked the easiest job on earth.
Constipation causes and aggravates many serious diseases. It is thoroughly cured by Dr. Pierce's Pleasant Pellets. The favorite family laxative.
Loud apparel naturally proclaims the man

WHY SUFFER FROM PILES?
FABRAN PILE REMEDY is a powerful preparation for itching, protruding and bled piles. It cures pain instantly, stops itching and all irritation. It is not only an excellent remedy for mild cases but is just as effective in the severe and chronic ones. Many of the salves and ointments now on the market do little more than soothe the pain. **FABRAN PILE REMEDY** never fails. Send for it today and stop suffering. Price 50c. The Fabran Co., 48 Broad Street, New York, N. Y.

CAP-DE-GRIP is a simple, effective, but powerful remedy for RHEUMATISM, GRIPPER, NEURALGIA, Mrs. Lydia writes, "Lap-De-Grif is just what I need. It is so good and so simple to give to my friends." For a list of druggists, Free samples, **PARK BROTHERS**, Governor-Baltimore, Maryland.

FOR ALL EYE DISEASES **Pettis' Eye Salve**
W. N. U., BALTIMORE, NO. 11-1911.

Spring Medicine

There is no other season when medicine is so much needed as in the spring. The blood is impure and impoverished—condition indicated by pimples, boils and other eruptions on the face and body, by deficient vitality, loss of appetite, lack of strength.
The best spring medicine, according to the experience and testimony of thousands annually, is

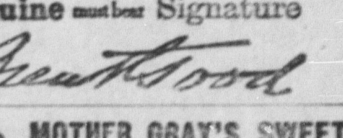
Hood's Sarsaparilla

It purifies and enriches the blood, cures eruptions, builds up the system. Get it today in usual liquid form or chocolate tablets known as Sarsatabs.

Constipation Vanishes Forever

Prompt Relief—Permanent Cure

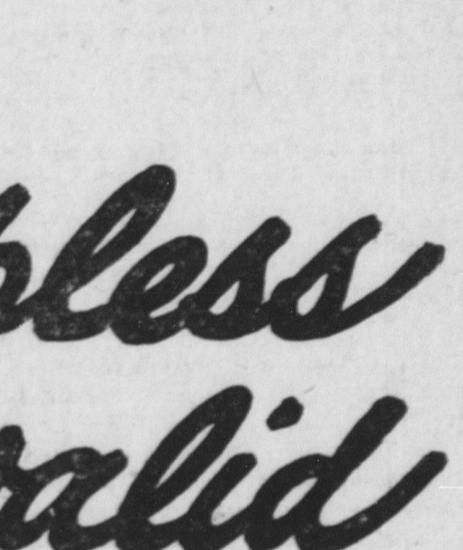
CARTER'S LITTLE LIVER PILLS never fail. Purely vegetable—act surely but gently on the liver. Stop after dinner—cure indigestion—improve the complexion—brighten the eyes. Small Pill, Small Dose, Small Price.
Genuine must bear Signature
W. Carter



MOTHER GRAY'S SWEET POWDERS FOR CHILDREN

Relieve Feverishness, Constipation, Colds and other disorders of the stomach and bowels. Used by Mothers for 25 years. At all Druggists 25c. Sample mailed FREE. TRADE MARK. Address: A. J. Stensley, La. Roy, N. Y.

If afflicted with sore eyes, use **Thompson's Eye Water**



A Country School for Girls in New York City
Best Features of Country and City Life
Out-of-door Sports on School Park of 25 acres near the Hudson River.
Full Academic Course from Primary Class to Graduation. Upper Class for Advanced Special Students. Music and Art. Summer Session. Certificate admits to College. School Coach Meets Daily Pupils.
180 Kings and Elm Hills, Decatur Ave., near 75th St., West.

WHY SUFFER FROM PILES?
FABRAN PILE REMEDY is a powerful preparation for itching, protruding and bled piles. It cures pain instantly, stops itching and all irritation. It is not only an excellent remedy for mild cases but is just as effective in the severe and chronic ones. Many of the salves and ointments now on the market do little more than soothe the pain. **FABRAN PILE REMEDY** never fails. Send for it today and stop suffering. Price 50c. The Fabran Co., 48 Broad Street, New York, N. Y.

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