natures sianals. The first indi
order is often b
pain in the hips



 To mire





 THE Doctor's IDEA.




## Convenient

For Any Meal

## Post

Toasties
Are always ready serve right from the bo
with the addition cream or milk.
Especially pleasin with berries or fresh

Delicious, wholesome economical food which
saves a lot of cooking in bow watam
"The Memory Lingers"


## TILE DRAINS IN CLAY SOIL





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## Muyons wir

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DYSPEPSIA










DEFIANCE STARCH-mome
Ginacraithompson'sEyeWater
PATENTS Wanatir

Woman's Poque


