Mabitual Constipation

May be permanently overcome by proper personal efforts with the assistance of the one truly beneficial laxative remedy. Syrup of Figs & Elixir of Senna, which enables one to form regular habits daily so that assistance to nature may be gradually dispensed with when no longer needed as the best of remedies when required are to assist nature, and not to supplant the natural functions. which must depend ultimately upon proper nourishment, proper efforts and right living generally. To get its beneficial effects always buy the genuine,

CALIFORNIA FIG SYRUP CO. SOLD BY ALL LEADING DRUGGISTS ONE SIZE ONLY-REGULAR PRICE 50 PER BOTTLE

CLASSIFIED ADVERTISEMENTS SALESMEN WANTED

WANTED-Active, energetic men to represent us. Profitable positions. Hustlers make big money. Cash weekly advances. Complete outfit free. Write immediately for our liberal offer. W. T. Hood & Co.

OLD DOMINION NURSERIES.

Mention this Paper.

LADY AGENTS WANTED. WANTED-Lady agents in all parts of the United States to advertise and sell "Black Crow Stockens" to wearers. Good comsion. Address, BLACK CROW STOCKEN Co., Newton, N. C.

The new line to the interior of Mexico means a shorter route for merchandise coming from China and Japan and the Pacific coast states in the North, and new markets will probably be found for certain classes of California products, such products as California wines shipped through the port of Manzanillo.

\$100 Reward. \$100.

The readers of this paper will be pleased to learn that there is at least one dreaded dis-ease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroy-ing the foundation of the disease, and giving the patient strength by building up the con-stitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address F. J. Cheney & Co., Toledo, O.

Sold by Druggists, 75c.
Take Hall's Family Pills for constipation.

A Knowledgeous Person.

An English marvel has come to this country to answer any question as to quantity or date that may be but on the other hand, it is very likely he is nothing of the kind. man may know so much that the knowledge is in his way and interferes with his thinking and doing.

Knowledge is power only when it put to work, and to reach this point there must be a disposition or resolution in this person to be something. Always getting knowledge, but never assimilating it or putting t to some good use, is apt to make the individual negative if not worthless. So our educational institutions should always weave purpose alongside of instruction. The person who cannot or will not make the fact he has learned vital is not edu-Industrial training recognized this doctrine, and so does every other true educational purpose.-Ohio State Journal.

Didn't Need Help.

Four-year-old Helen wished to get into the playroom, but the gate (which had been put at the door to keep her baby brother in) was lock-She tried again and again to tlimb over it, when at last her mother "Dear God, please heard her say. help me get over this gate." then she tumbled over, and said, 'Never mind, I got over myself."-Harper's Magazine.

SISTER'S TRICK But it all Came out Right.

How a sister played a trick that brought rosy health to a coffee fiend is an interesting tale:

"I was a coffee flend-a trembling, nervous, physical wreck, yet clinging to the poison that stole away my strength. I mocked at Postum and would have none of it.

"One day my sister substituted a cup of piping hot Postum for my morning cup of coffee but did not tell me what it was. I noticed the richness of it and remarked that the coffee tasted fine, but my sister did not tell me I was drinking Postum for fear I might not take any more.

"She kept the secret and kept giving me Postum instead of coffee until I grew stronger, more tireless, got a better color in my sallow cheeks and a clearness to my eyes, then she told me of the health-giving, nervestrengthening life-saver she had given me in place of my morning coffee. From that time I became a disciple of Postum and no words can do justice in telling the good this cereal drink did me. I will not try to tell it. for only after having used it can one be convinced of its merits."

Ten days' trial shows Postum's power to rebuild what coffee has destroyed. "There's a Reason." Look in pkgs. for the famous little

book, "The Road to Wellville." Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human

NEWS OF PENNSYLVANIA

EXPECT GOOD FISHING.

Shenandoah Anglers Look Forward To Improved Season.

Shenandoah.-Fishermen are look ing forward to one of the best trout and snow has raised the temperature town for several weeks. of the water, which is remarkably clear. The mild weather caused the

much joy in nimrod circles. To add to the bright outlook thousands of trout fry from the State dition is regarded as critical. hatcheries have been deposited in the numerous streams hereabouts for the last three seasons by the local anglers, who now hope to be rewarded for all their trouble in the past.

BURGLAR DRUGS WOMAN.

Sufferer From Toothache Put Under Chloroform Unkindly.

Lancaster -- While resting on a bouch at her home, and suffering with toothache, Mrs. H. E. Hoffman, wife of the Pennsylvania Railroad fire by playing with matches, was station agent at Rheems, was chloroformed and bound by a burglar and the house ransacked. The masked intruder secured all the money in the house and a number of articles of clothing.

When the woman regained consciousness she succeeded in freeing accident happened at Campbill Road herself from her bonds and groped and Bethlehem Pike Camphill meets her way to where her husband was Bethlehem Pike at a sharp angle, and employed. The burglar is believed is shut off from all sight of trolleys. to be a resident of Rheems or of that

TRAIN GETS THE HOOK.

Nine Cars And Some Eggs Tumbled Over Track.

Bloomsburg .-- A big steel hook. hanging down behind the engine of a fast freight train, caught in one of the rods of a switch at Catawissa, ped, nine cars were thrown from the children, track and demolished.

Their contents, consisting of eggs, barley, wheat and coal, were scattered along the track for several hundred yards. Two of the cars rolled into the yard of Casper Rhawn and stopped just before striking the

COAL STOVE EXPLODES.

Family Narrowly Escapes Burning Embers, Which Cause Fire.

South Bethlehem .- At the home of asked him. It is said that know- Jacob Bachman at Hellertown, while dealer, surrendered himself to Disledge is power, and according to this, the family was sitting about the trict Attorney Ammon. It is alleged that man must be a powerful man, heater a terrific explosion blew off that Pfaltzgraff gave worthless the stove doors and hurled chunks of burning coal over the room.

The family had a narrow escape dodging the flying embers which set fire to the furniture. The flames were soon extinguished. It is believed a dynamite cartridge among the coal was responsible for the ex-

FURNITURE FLOATS AWAY.

Sunbury Man's Novel Plan To Move His Goods Fails.

Sunbury, attempted to move his fur- cave-ins in territory embracing a niture to Herndon by putting it on a float with the intent of floating the property down the Susquehanna River to the destination. Passing the shoot in the dam above here, the float O. J. Glesser, constable, of Woodsunk and all the furniture was drifted away.

Shelly and three companions exhauted their strength trying to recover the furniture and were barely saved from drowning.

WOMAN BETRAYS MURDERER.

Conscience Stricken Italian Confess. pneumonia. ed To Her And Is Arrested.

woman, Giatano Toreto, who murder- years, ed his benefactor. Anthony Afigan. at Pittston, on March 6, was cap- aged 40 years, was struck by a tro'tured at Wanamie, near here, and

was lodged in jail, after confessing. Conscience stricken, Toreto, couple of days ago admitted the murder to a woman with whom he was infatuated. Afigan had brought the peace: Toreto to this country and got him work. The murder was the result of a drunken dispute.

SCHWAB DENIES CONTRACT.

Has Not Received Battleship Order

Despite Lowest Bid. Bethlehem .- President Charles M. Schwab, of the Bethlehem Steel Company, absolutely denied the report in a Central Railroads, with office at Philadelphia paper that he had receiv- Minneapolis. ed the contract from the Argentine The "Brown and White," the news-Republic for the construction of three paper run by Lehigh University stubattleships, to cost nearly \$20.000,- dents, will be managed the next

From a semi-official source, however, it has been learned that Mr. Schwab's bid was considerably lower than the rest.

BURNED TO DEATH.

Miner Killed And Three Injured In Explosion At Pottsville,

Pottsville.-By explosions at the Silver Creek colliery four miners were badly burned, one of them suc- Lancaster will have free band concumbing to his injuries. Michael Gregolis, aged 39, was burned so badly that he soon died in awful Charles Shukos, William ausdus and William Druse severely burned and cut by flying

BRIDE ATTEMPTS SUICIDE.

Boyertown Woman Found Unconscious By Her Husband-May Die.

Pottstown. - Despondent because seasons of many years. The advance of some reason unknown to her famguard who made a special tour of ily, Mrs. Donald Lupfer, of Pottsmany streams have returned and re- town, a bride of a year, attempted port this year has the earmark of suicide in the room of her husband upprecedented conditions. They at the Union House, Boyertown. claim the early disappearance of ice Lupfer has been working in Boyer-

The woman drank about two ounces of laudanum, and was not thaw to be gradual, doing away with discovered until two hours later. icy waters, cold and muddy, causing when her husband came to his room and found her lying on the bed in an unconscious condition. Her con-

Lupfer said he could ascribe no reason for his wife's act, but admitted that she objected to residing in Boyertown.

BOY'S COSTLY FUN.

Plays With Matches; Fire Destroys Home; Sister Burned To Death. Wilkes-Barre,-The home of Tim-

othy Sullivan, at Nanticoke, was destroyed by fire. His 6-year-old daughter, Mary, perished in the flames. Her twin brother, who caused the

rescued in an unconscious condition.

Driver And Horse Killed By Trolley. Ambler .- William Coleman was instantly killed by a trolley car at Fort Washington and the horse, which he was driving, met the same fate. The As Coleman was driving on the pike the trolley struck the wagon. Coleman is survived by a widow and a

School Principal's Wire A Suicide.

Doylestown.-After leaving a note n the kitchen informing her family that they would find her body in the woodshed, Mrs. Frank H. Hartman. wife of the principal of the Richlandtown schools, committed suicide, by shooting herself in the head. She is and before the train could be stop- survived by her husband and four

New National Bank At Bally. Bally .- A charter was received

for the First National Bank of this town, and the directors elected the following officers: President, George W. Melchoir: vice presidents, Dr. I. B. Yeakel and S. B. Latshaw; treasurer, Charles Gensler; secretary. Charles Taggert.

York Fugitive Gives Up.

York .- After being a fugitive from justice for more than a year, checks in payment for two horses.

STATE ITEMS.

Christian Lichty, a Paradise Township farmer, Lancaster County, was relieved of his wallet, which he carried in an inside vest pocket by a pickpocket. It contained \$900 in cash and about \$2,300 in checks. The robbery occurred in front of a hotel in Lancaster.

Locust Gap expresses fear for the safety of seventy school children, caused by the threatened Lehigh Val-Selinsgrove. - Norton Shelly, of ley Coal Company Sayre Colliery school building in North Mt. Carmel Township.

Judge Hart, of Williamsport, has announced the following appointments: John H. Oliver, auditor, and ward Township; Flemen M. Smith, tax collector of Duboistown; Jacob Lamb, constable of Brown Township.

The union painters of Hazleton went on strike for an increase in wages from 30 to 33 cents an hour. John Fritz, the world renowned iron master, of Bethlehem, is ill of

Thomas Laubach, a wealthy retir-Wilker-Barre. - Betrayed by a Bethlehem, died of paralysis, agd 79 ed farmer and former councilman, of

Stephen Karoski, of Pottstown, ley car on the Pottstown and Reading line and instantly killed, his body being cut in twain.

Governor Stuart has named the following persons to be justices of Charles Krzykwa, Coal Township, Northumberland County: James B. Collins, Palo Alto, Schuylkill County; Fred L. Grumm, Girardsville, Schuylkill County, and William Weaklim, St. Clair, Schuylkill County.

R. G. Kenly, formerly general superintendent of the Lehigh & New England Railroad at Bethlehem, has been appointed chief engineer of the Minneapolis and St Louis & Iowa

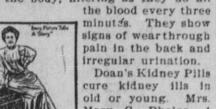
scholastic year by this staff: Editorin-chief, J. H. Graybill; assistant editors, E. R. Lowry and J. R. Becker; business manager, S. P. Hess; assistant business manager, A. P. Spooner.

H. S. Williamson, a wealthy retir-ed merchant of Lancaster, has launched a project for the establishment of public playgrounds for the poor children of the city. The local clergy have taken up the matter and the playgrounds seem to be assured. For the first time in its history certs during the coming Summer The movement has been started by the Fourth Regiment Band, the Iroquois Band and the band composed entirely of women. The bands will give free concerts in the several city

OLD PEOPLE'S KIDNEYS

Often Need Helpful Stimulation.

The kidneys are the busiest organs of the body, filtering as they do all



Doan's Kidney Pills cure kidney ills in old or young. Mrs. Mary C. Phelps, 4 Spring St., Westfield, Mass., says: "I am past 92 years

old, and am to-day without a sign of kidney trouble, backache, pain in the sides, etc., which had bothered me. Doan's Kidney Pills cured me so that kidney trouble has never returned." Sold by all dealers. 50 cents a box.

Foster-Milburn Co., Buffalo, N. Y. Corporal Punishment.

The moral delinquency of the rising generation is attracting the earnest attention of students of social and moral questions throughout the and asking for Houseowner's Pain .-

To check this, many remedial and disciplinary plans are being suggested. The lack of parental instruction and discipline in one fruitful cause of moral deficiency. Many this duty which the parent neglects. Every child must be taught obedience to law and a higher authority. A return to corporal punishment in shoes, polish, porcelain and glassthe public schools is, therefore, being advocated by many teachers and publicis's.

President Hall of Clark University has recently proposed some novel remedies for the waywardness of American youth. He says that sound rebuke from parents and teachers usually has a salutary effect, especially if the scolding, when necessary, is followed up by punish-ment which has fallen still more into desuctude, 'flogging.' "-- Milwaukee Sentinel.

A New Ism. "Kitty," sa'd her mother, rebuk-

ingly, "you must sit still when you "I can't mamma," protested the litile girl. "I'm a fidgetarian."-Chicago Tribune.

Only One "Bromo Quinine" That is Laxative Bromo Quinine. Look for the signature of E. W. Grove. Used the World over to Jure a Cold in One Day. 25c.

A record for long distance direct telegraphy recently was established between London and Karachi, India, 5.532 miles.

For COLDS and GRIP. Hick's CAPUDINE is the best remedy-relieves the aching and feverishness-cures the Cold and restores normal conditions. It's liquid-effects immediately. 10c., 25c. and 60c., at drug stores.

The train which the Kaiser uses on his travels was three years build-Red, Weak, Weary, Watery Eyes

Relieved by Murine Eye Remedy, Compounded by Experienced Physicians, Conforms to Pure Food and Drug Laws, Murine Doesn't Smart; Soothes Eye Pain The largest pin factory in the

world is at Birmingham, England. It turns out 37,000,000 pins every Mrs. Winslow's Soothing Syrup for Children

teething, softens thegums, reduces inflamma tion, ailays pain, cures wind colic. 25c a bottle Made Himself Solid.

Tom-I ate some of the cake she made just to make myself solid. Dick-Did you succeed? Tom-I couldn't feel any more

solid if I had eaten concrete or building stone.-Utica Herald. Beginning with January 22 the Chinese New Year's Day, a reduc-

tion of 20 per cent, was made in the rates for internal telegrams; but, in spite of this reduction, which is considered to be substantial, the Chinese telegraph tolls remain the highest in the world.



I want every chronic rheumatic to throw away all medicines, all liniments, all plasters, and give MUNYON'S RHEUMATISM REMEDY a trial. No matter what your doctor may say, no matter what your friends may say, no matter how prejudiced you may be against all advertised remedies, go at once to your druggist and get a bottle of the RHEUMATISM REMEDY. Hi fails to give satisfaction, I will refund your meney.—Munyon Remember this remedy contains no salicylic acid, no opium cocaine, morphine or other harmful drugs. It is put up under the guarantee of the Pure Food and Drug Act. For sale by all denociets. Price, 25c.

Mind Your P's And Q's.

The most probable derivation of this phrase is that it comes from the printing office, and rose from the fact that the p's and q's in Roman type very but slightly in form, and that when reversed, as they necessarily are in type, they are easily confounded by young compositors. Another derivation refers it to the "scot" written up in the ale-house, where were used to designate and O pints and quarts. Still another rivation refers it to the toupees and queues of olden times.

THE CRACKING OF PAINT.

Property Owners Can Save Money by Learning the Cause.

Do you know what is wrong when paint peels, or cracks, or otherwise necessitates premature re-painting? Well, sometimes it hasn't been properly applied-the surface being damp or there being too much turpentine or too much drier.

But, nine times out of ten, the trouble is caused by adulterated white lead.

To avoid all such trouble, every houseowner should know in a general way, when a surface is in proper condition to receive paint, what kind of primer and finishing coats different surfaces require, and how to avoid adulteration in materials.

A complete painting guide, including a book of color schemes, specifications for all kinds of painting work. and an instrument for detecting adulteration in painting materials, with directions for using it, can be had free by writing National Lead Company, 1902 Trinity Bldg., New York, ing Outfit No. 49.

This company, the largest makers of pure white lead, invite tests, by means of the blowpipe (included in outfit), or in any other way, of the purity of the white lead sold under their famous "Dutch Boy Painter" feel that the school must assume trademark. That trademark on a keg of white lead is in itself an absolute guarantee of purity and quality.

Turkey wants American collars, ware, and Spain wants American steel, bolts, nuts and wire.

Piles Cured in 6 to 14 Days. Psec Ointment is guaranteed to cure any care of Itching. Blind, Bleeding or Protruding Piles in 6 to 14 days or money refunded. 50c.

Nearly 45 per cent, of all the imports to China last year paid duty at Shanghai.

For HEADACHE-Hicker CAPUDINE Whether from Colds, Heat, Stomach or Nervous Troubles, Capudine will relieve you. It's liquid-pleasant to take-acts immedi-ately. Try it, 10c., 25c, and 56c, at drug

During the present year the entire railway system of Buda-Pesth | Barga will be electrified.

Cured sweeney and Removed a Spavin.

Dr. Sloan's Liniment and Vetinary Remedies are well known all over the country. They have saved the lives of many valuable horses and are a permanent institution in thousands of stables.

Mr. G. T. Roberts of Resaca, Ga.

R. F. D. No. 1, Box 43, writes:--"I have used your Liniment on a horse for sweeney and effected a thorough cure. I also removed a spavin on a mule. This spavin was as large as a guinea egg. I regard Sloan's Liniment as the most penetrating and effective Liniment I have ever known." Mr. H. M. Gibbs, of Lawrence, Kans., R. F. D. No. 3, writes: -- "Your Liniment is the best that I have ever used. I had a mare with an abscess on her neck and one 50c, bottle of Sloan's Liniment entirely cured her. I keep it around all the time for galls and small swellings and for every-

thing about the stock." Dr. Sloan will send his Treatise on the Horse free to any horseman. Address Dr. Earl S. Sloan, Boston, Mass .. Station A.

It is sa'd that silicide and boride of titanium, products of the electric

furnace, are as hard as the diamond. To have more of fiealth and more of Life, take Garfield Tea! This Natural laxative regulates liver, kidneys, stomach and bowels, corrects constipation, purities the blood

and eradicates disease. At the present rate of increase the population of this country in 1919.

will be 100,000,000. In case of accident, cuts, wounds, burns, scalds, sprains, bruises, etc., nothing will so quickly take away all pain and soreness as Hamlins Wizard Oil.

A Painful Expression. William G. Rockefeller is the

president of the National Beague Club and an authority on dogs no less than on finance. Discussing the training of dogs at

feller said: "Yes, training is an art. simplest appearing canine performis. properly understood, difficult thing. It looks easy, brat it is hard; and thus"-Mr. Rockefeller smiled-"thus it is like the man at the photographer's. 'This man, sitting for his por-

trait, said impatiently to the artist: 'Well, have I got now the pleasant expression you desire? 'Yes, thank you,' said the photo-That will do nicely. grapher. 'Then hurry up,' growled the man. 'It hurts my face.'

Plenty Of Precedent. "Will that young man ever go home?" demanded the irritated head

of the house. "I guess so, father," replied the "He always has." -Washington Herald.



WORTH MOUNTAINS OF GOLD

During Change of Life, says Mrs. Chas. Barclay

Graniteville, Vt. - "I was passing

through the Change of Life and suffered from nervousness and other annoving symptoms, and can truly say that LydiaE.Pinkham's Vegetable Compound has proved worth mountains of gold to me, as it restored my health and strength. never forget to tell

LydiaE. Pinkham's Vegetable Compound has done for me during this trying period. Complete restoration to health means so much to me that for the sake of other suffering women I am willing to make my trouble public so you may publish this letter." - Mrs. Chas. Barclay,

my friends what

R.F.D., Graniteville, Vt. No other medicine for woman's ills has received such wide-spread and un-qualified endorsement. No other medicine we know of has such a record of cures of female ills as has Lydia E.

Pinkham's Vegetable Compound. For more than 30 years it has been curing female complaints such as inflammation, ulceration, local weaknesses, fibroid tumors, irregularities, periodic pains, backache, indigestion and nervous prostration, and it is unequalled for carrying women safely through the period of change of life. It costs but little to try Lydia E. Pinkham's Vegetable Compound, and, as Mrs. Barclay says, it is "worth mountains of gold" to suffering women.

Farm For Sale 7.000 ing Farms in 14 States. Strout's New Monthly Bulletin of Real Dargains, profusely illustrated, mailed free; we pay your R. R. fare. E. A. STROUT CO., Book C 1. World's Largest Farm Dealers, Land Ittle Bidg., Phila.

The number of postoffices in the United States is nearing 62,000.

Itch cured in 30 minutes by Woolford's Sanitary Lotion. Never fails. At druggists.

Uruguy will spend \$26.850 hunting for native coal. CHILD ATE CUTICURA.

Spread Whole Box of It on Crackers. -Not the Least Injury Resulted -Thus Proven Pure and Sweet.

A New York friend of Cuticura writes: "My three year old son and heir, after being put to bed on a trip across the Atinvestigated the stateroom and located a box of graham crackers and a box of Cuticura Ointment. When a search was made for the box, it was found empty and the kid admitted that he had eaten the contents of the entire box spread on the crackers. It cured him of a bad cold and I don't know what else."

No more conclusive evidence could be offered that every ingredient of Cuticura Ointment is absolutly pure, sweet and harmless. If it may be safely eaten by a young child, none but the most beneficial results can be expected to attend its application to even the tenderest skin oryoungest infant. Potter Drug & Chem. Corp., Sole Props. of Cuticura Remedies, Boston, Mass.

Germany has to import about 7f







New York City. A. S. OLMSTED, Le Roy. N. Y USE CRAFT'S DISTEMPER and COUGH CURE

A safe and sure pre-ventive and positive sa-for all forms of Distem-per, Influenza, Pinkepe

DROPSY NEW DISCOVERY

FADELESS