

YOU'RE TOO THIN.

Even Slight Catarrhal Derangements of the Stomach Produce Acid Fermentation of the Food.

It's Stomach Catarrh

Some people are thin and always remain thin, from temperamental reasons. Probably in such cases nothing can be done to change this personal peculiarity.

But there are a large number of people who get thin, or remain thin, who naturally would be plump and fleshy but for some digestive derangement.

Thin people lack in adipose tissue. Adipose tissue is chiefly composed of fat.

Fat is derived from the oily constituents of food.

The fat-making foods are called by the physiologists, hydrocarbons. This class of foods are not digested in the stomach at all. They are digested in the duodenum, the division of the alimentary canal just below the stomach.

The digestion of fat is mainly, if not wholly, the work of the pancreatic juice. This juice is of alkaline reaction, and is rendered inert by the addition of acid. A hyperacidity of the digestive fluids of the stomach passing down into the duodenum, destroys the pancreatic fluid for digestive purposes. Therefore, the fats are not digested or emulsified, and the system is deprived of its due proportion of oily constituents. Hence, the patient grows thin.

The beginning of the trouble is a catarrhal condition of the stomach which causes hyperacidity of the gastric juices. This hyperacidity is caused by fermentation of food in the stomach. When the food is taken into the stomach, if the process of digestion does not begin immediately, acid fermentation will take place. This creates a hyperacidity of the stomach juices which in their turn prevent the pancreatic digestion of the oils, and the emaciation results.

A dose of Peruna before each meal hastens the stomach digestion. By hurrying digestion, Peruna prevents fermentation of the contents of the stomach, and the pancreatic juices thus preserved in its normal state. It then only remains for the patient to eat a sufficient amount of fat-forming foods, and the thinness disappears and plumpness takes its place.

Don't be a growler—that's a trait commonly found in dogs.

Hicks' Capudine Cures Nervousness. Whether tired out, worried, overworked, or what not, it refreshes the brain and nerves. It's liquid and pleasant to take. 10c, 25c, and 50c, at drug stores.

When woman meets woman then comes a struggle for the last word.

Chasing The Coin.

Tom—Yes, he married because she was wealthy; but I understand she has led him a merry chase ever since.

Jack—In other words, she is giving him a run for her money.—Chicago News.

Not The Same.

"The sun shines not on all alike," said the maid unto the man; "For some girls it merely freckles, while others it does tan."—Chicago News.

There is a large number of people who get thin, or remain thin, who naturally would be plump and fleshy but for some digestive derangement.

Thin people lack in adipose tissue. Adipose tissue is chiefly composed of fat.

Fat is derived from the oily constituents of food.

The fat-making foods are called by the physiologists, hydrocarbons. This class of foods are not digested in the stomach at all. They are digested in the duodenum, the division of the alimentary canal just below the stomach.

The digestion of fat is mainly, if not wholly, the work of the pancreatic juice. This juice is of alkaline reaction, and is rendered inert by the addition of acid. A hyperacidity of the digestive fluids of the stomach passing down into the duodenum, destroys the pancreatic fluid for digestive purposes. Therefore, the fats are not digested or emulsified, and the system is deprived of its due proportion of oily constituents. Hence, the patient grows thin.

The beginning of the trouble is a catarrhal condition of the stomach which causes hyperacidity of the gastric juices. This hyperacidity is caused by fermentation of food in the stomach. When the food is taken into the stomach, if the process of digestion does not begin immediately, acid fermentation will take place. This creates a hyperacidity of the stomach juices which in their turn prevent the pancreatic digestion of the oils, and the emaciation results.

A dose of Peruna before each meal hastens the stomach digestion. By hurrying digestion, Peruna prevents fermentation of the contents of the stomach, and the pancreatic juices thus preserved in its normal state. It then only remains for the patient to eat a sufficient amount of fat-forming foods, and the thinness disappears and plumpness takes its place.

Don't be a growler—that's a trait commonly found in dogs.

Hicks' Capudine Cures Nervousness. Whether tired out, worried, overworked, or what not, it refreshes the brain and nerves. It's liquid and pleasant to take. 10c, 25c, and 50c, at drug stores.

When woman meets woman then comes a struggle for the last word.

Chasing The Coin.

Tom—Yes, he married because she was wealthy; but I understand she has led him a merry chase ever since.

Jack—In other words, she is giving him a run for her money.—Chicago News.

Not The Same.

"The sun shines not on all alike," said the maid unto the man; "For some girls it merely freckles, while others it does tan."—Chicago News.

There is a large number of people who get thin, or remain thin, who naturally would be plump and fleshy but for some digestive derangement.

Thin people lack in adipose tissue. Adipose tissue is chiefly composed of fat.

Fat is derived from the oily constituents of food.

The fat-making foods are called by the physiologists, hydrocarbons. This class of foods are not digested in the stomach at all. They are digested in the duodenum, the division of the alimentary canal just below the stomach.

The digestion of fat is mainly, if not wholly, the work of the pancreatic juice. This juice is of alkaline reaction, and is rendered inert by the addition of acid. A hyperacidity of the digestive fluids of the stomach passing down into the duodenum, destroys the pancreatic fluid for digestive purposes. Therefore, the fats are not digested or emulsified, and the system is deprived of its due proportion of oily constituents. Hence, the patient grows thin.

The beginning of the trouble is a catarrhal condition of the stomach which causes hyperacidity of the gastric juices. This hyperacidity is caused by fermentation of food in the stomach. When the food is taken into the stomach, if the process of digestion does not begin immediately, acid fermentation will take place. This creates a hyperacidity of the stomach juices which in their turn prevent the pancreatic digestion of the oils, and the emaciation results.

A dose of Peruna before each meal hastens the stomach digestion. By hurrying digestion, Peruna prevents fermentation of the contents of the stomach, and the pancreatic juices thus preserved in its normal state. It then only remains for the patient to eat a sufficient amount of fat-forming foods, and the thinness disappears and plumpness takes its place.

Don't be a growler—that's a trait commonly found in dogs.

Hicks' Capudine Cures Nervousness. Whether tired out, worried, overworked, or what not, it refreshes the brain and nerves. It's liquid and pleasant to take. 10c, 25c, and 50c, at drug stores.

When woman meets woman then comes a struggle for the last word.

Chasing The Coin.

Tom—Yes, he married because she was wealthy; but I understand she has led him a merry chase ever since.

Jack—In other words, she is giving him a run for her money.—Chicago News.

Not The Same.

"The sun shines not on all alike," said the maid unto the man; "For some girls it merely freckles, while others it does tan."—Chicago News.

There is a large number of people who get thin, or remain thin, who naturally would be plump and fleshy but for some digestive derangement.

Thin people lack in adipose tissue. Adipose tissue is chiefly composed of fat.

Fat is derived from the oily constituents of food.

The fat-making foods are called by the physiologists, hydrocarbons. This class of foods are not digested in the stomach at all. They are digested in the duodenum, the division of the alimentary canal just below the stomach.

The digestion of fat is mainly, if not wholly, the work of the pancreatic juice. This juice is of alkaline reaction, and is rendered inert by the addition of acid. A hyperacidity of the digestive fluids of the stomach passing down into the duodenum, destroys the pancreatic fluid for digestive purposes. Therefore, the fats are not digested or emulsified, and the system is deprived of its due proportion of oily constituents. Hence, the patient grows thin.

The beginning of the trouble is a catarrhal condition of the stomach which causes hyperacidity of the gastric juices. This hyperacidity is caused by fermentation of food in the stomach. When the food is taken into the stomach, if the process of digestion does not begin immediately, acid fermentation will take place. This creates a hyperacidity of the stomach juices which in their turn prevent the pancreatic digestion of the oils, and the emaciation results.

A dose of Peruna before each meal hastens the stomach digestion. By hurrying digestion, Peruna prevents fermentation of the contents of the stomach, and the pancreatic juices thus preserved in its normal state. It then only remains for the patient to eat a sufficient amount of fat-forming foods, and the thinness disappears and plumpness takes its place.

Don't be a growler—that's a trait commonly found in dogs.

Hicks' Capudine Cures Nervousness. Whether tired out, worried, overworked, or what not, it refreshes the brain and nerves. It's liquid and pleasant to take. 10c, 25c, and 50c, at drug stores.

When woman meets woman then comes a struggle for the last word.

Chasing The Coin.

Tom—Yes, he married because she was wealthy; but I understand she has led him a merry chase ever since.

Jack—In other words, she is giving him a run for her money.—Chicago News.

Not The Same.

"The sun shines not on all alike," said the maid unto the man; "For some girls it merely freckles, while others it does tan."—Chicago News.

There is a large number of people who get thin, or remain thin, who naturally would be plump and fleshy but for some digestive derangement.

Thin people lack in adipose tissue. Adipose tissue is chiefly composed of fat.

Fat is derived from the oily constituents of food.

The fat-making foods are called by the physiologists, hydrocarbons. This class of foods are not digested in the stomach at all. They are digested in the duodenum, the division of the alimentary canal just below the stomach.

The digestion of fat is mainly, if not wholly, the work of the pancreatic juice. This juice is of alkaline reaction, and is rendered inert by the addition of acid. A hyperacidity of the digestive fluids of the stomach passing down into the duodenum, destroys the pancreatic fluid for digestive purposes. Therefore, the fats are not digested or emulsified, and the system is deprived of its due proportion of oily constituents. Hence, the patient grows thin.

The beginning of the trouble is a catarrhal condition of the stomach which causes hyperacidity of the gastric juices. This hyperacidity is caused by fermentation of food in the stomach. When the food is taken into the stomach, if the process of digestion does not begin immediately, acid fermentation will take place. This creates a hyperacidity of the stomach juices which in their turn prevent the pancreatic digestion of the oils, and the emaciation results.

A dose of Peruna before each meal hastens the stomach digestion. By hurrying digestion, Peruna prevents fermentation of the contents of the stomach, and the pancreatic juices thus preserved in its normal state. It then only remains for the patient to eat a sufficient amount of fat-forming foods, and the thinness disappears and plumpness takes its place.

Don't be a growler—that's a trait commonly found in dogs.

Hicks' Capudine Cures Nervousness. Whether tired out, worried, overworked, or what not, it refreshes the brain and nerves. It's liquid and pleasant to take. 10c, 25c, and 50c, at drug stores.

When woman meets woman then comes a struggle for the last word.

Chasing The Coin.

Tom—Yes, he married because she was wealthy; but I understand she has led him a merry chase ever since.

Jack—In other words, she is giving him a run for her money.—Chicago News.

Not The Same.

"The sun shines not on all alike," said the maid unto the man; "For some girls it merely freckles, while others it does tan."—Chicago News.

There is a large number of people who get thin, or remain thin, who naturally would be plump and fleshy but for some digestive derangement.

Thin people lack in adipose tissue. Adipose tissue is chiefly composed of fat.

Fat is derived from the oily constituents of food.

The fat-making foods are called by the physiologists, hydrocarbons. This class of foods are not digested in the stomach at all. They are digested in the duodenum, the division of the alimentary canal just below the stomach.

The digestion of fat is mainly, if not wholly, the work of the pancreatic juice. This juice is of alkaline reaction, and is rendered inert by the addition of acid. A hyperacidity of the digestive fluids of the stomach passing down into the duodenum, destroys the pancreatic fluid for digestive purposes. Therefore, the fats are not digested or emulsified, and the system is deprived of its due proportion of oily constituents. Hence, the patient grows thin.

The beginning of the trouble is a catarrhal condition of the stomach which causes hyperacidity of the gastric juices. This hyperacidity is caused by fermentation of food in the stomach. When the food is taken into the stomach, if the process of digestion does not begin immediately, acid fermentation will take place. This creates a hyperacidity of the stomach juices which in their turn prevent the pancreatic digestion of the oils, and the emaciation results.

A dose of Peruna before each meal hastens the stomach digestion. By hurrying digestion, Peruna prevents fermentation of the contents of the stomach, and the pancreatic juices thus preserved in its normal state. It then only remains for the patient to eat a sufficient amount of fat-forming foods, and the thinness disappears and plumpness takes its place.

Don't be a growler—that's a trait commonly found in dogs.

Hicks' Capudine Cures Nervousness. Whether tired out, worried, overworked, or what not, it refreshes the brain and nerves. It's liquid and pleasant to take. 10c, 25c, and 50c, at drug stores.

When woman meets woman then comes a struggle for the last word.

Chasing The Coin.

Tom—Yes, he married because she was wealthy; but I understand she has led him a merry chase ever since.

Jack—In other words, she is giving him a run for her money.—Chicago News.

Not The Same.

"The sun shines not on all alike," said the maid unto the man; "For some girls it merely freckles, while others it does tan."—Chicago News.

There is a large number of people who get thin, or remain thin, who naturally would be plump and fleshy but for some digestive derangement.

Thin people lack in adipose tissue. Adipose tissue is chiefly composed of fat.

Fat is derived from the oily constituents of food.

The fat-making foods are called by the physiologists, hydrocarbons. This class of foods are not digested in the stomach at all. They are digested in the duodenum, the division of the alimentary canal just below the stomach.

The digestion of fat is mainly, if not wholly, the work of the pancreatic juice. This juice is of alkaline reaction, and is rendered inert by the addition of acid. A hyperacidity of the digestive fluids of the stomach passing down into the duodenum, destroys the pancreatic fluid for digestive purposes. Therefore, the fats are not digested or emulsified, and the system is deprived of its due proportion of oily constituents. Hence, the patient grows thin.

The beginning of the trouble is a catarrhal condition of the stomach which causes hyperacidity of the gastric juices. This hyperacidity is caused by fermentation of food in the stomach. When the food is taken into the stomach, if the process of digestion does not begin immediately, acid fermentation will take place. This creates a hyperacidity of the stomach juices which in their turn prevent the pancreatic digestion of the oils, and the emaciation results.

A dose of Peruna before each meal hastens the stomach digestion. By hurrying digestion, Peruna prevents fermentation of the contents of the stomach, and the pancreatic juices thus preserved in its normal state. It then only remains for the patient to eat a sufficient amount of fat-forming foods, and the thinness disappears and plumpness takes its place.

Don't be a growler—that's a trait commonly found in dogs.

Hicks' Capudine Cures Nervousness. Whether tired out, worried, overworked, or what not, it refreshes the brain and nerves. It's liquid and pleasant to take. 10c, 25c, and 50c, at drug stores.

When woman meets woman then comes a struggle for the last word.

Chasing The Coin.

Tom—Yes, he married because she was wealthy; but I understand she has led him a merry chase ever since.

Jack—In other words, she is giving him a run for her money.—Chicago News.

Not The Same.

"The sun shines not on all alike," said the maid unto the man; "For some girls it merely freckles, while others it does tan."—Chicago News.

There is a large number of people who get thin, or remain thin, who naturally would be plump and fleshy but for some digestive derangement.

Thin people lack in adipose tissue. Adipose tissue is chiefly composed of fat.

Fat is derived from the oily constituents of food.

The fat-making foods are called by the physiologists, hydrocarbons. This class of foods are not digested in the stomach at all. They are digested in the duodenum, the division of the alimentary canal just below the stomach.

The digestion of fat is mainly, if not wholly, the work of the pancreatic juice. This juice is of alkaline reaction, and is rendered inert by the addition of acid. A hyperacidity of the digestive fluids of the stomach passing down into the duodenum, destroys the pancreatic fluid for digestive purposes. Therefore, the fats are not digested or emulsified, and the system is deprived of its due proportion of oily constituents. Hence, the patient grows thin.

The beginning of the trouble is a catarrhal condition of the stomach which causes hyperacidity of the gastric juices. This hyperacidity is caused by fermentation of food in the stomach. When the food is taken into the stomach, if the process of digestion does not begin immediately, acid fermentation will take place. This creates a hyperacidity of the stomach juices which in their turn prevent the pancreatic digestion of the oils, and the emaciation results.

A dose of Peruna before each meal hastens the stomach digestion. By hurrying digestion, Peruna prevents fermentation of the contents of the stomach, and the pancreatic juices thus preserved in its normal state. It then only remains for the patient to eat a sufficient amount of fat-forming foods, and the thinness disappears and plumpness takes its place.

Don't be a growler—that's a trait commonly found in dogs.

Hicks' Capudine Cures Nervousness. Whether tired out, worried, overworked, or what not, it refreshes the brain and nerves. It's liquid and pleasant to take. 10c, 25c, and 50c, at drug stores.

When woman meets woman then comes a struggle for the last word.

Chasing The Coin.

Tom—Yes, he married because she was wealthy; but I understand she has led him a merry chase ever since.

Jack—In other words, she is giving him a run for her money.—Chicago News.

Not The Same.

"The sun shines not on all alike," said the maid unto the man; "For some girls it merely freckles, while others it does tan."—Chicago News.

NEWS OF PENNSYLVANIA

COAL COMPANY WINS.

Somerset (Special).—Judge Francis J. Kooser handed down an opinion in the appeal of the Reading Coal & Iron Company from the assessment placed upon its coal holdings by the County Commissioners, in which he orders that the assessment be reduced, excess taxes, if paid, be returned and the county pay the costs of the proceedings.

The Reading Company appealed on the ground that their coal was assessed at a much higher rate than similar property held by individuals. The County Commissioners argued that the coal company's property should be assessed higher because no tax could be realized after the coal was mined.

The Reading's appeal was a test. In sustaining the appeal Judge Kooser says:

"It is contended for appellants (the commissioners) that coal lands of mining companies, developed and being operated, may be equitably assessed at much higher valuations than may be the estimate upon the coal underlying farms in the same neighborhood in arriving at the total valuation of said farm lands the argument being that the companies operating on a large scale produce annually a considerable worked out area which will bear but light taxation thereafter, and will within what may be termed a definite period have no estate worth assessment and taxation, while the undeveloped, and in some instances untested, or unexplored stratum under the neighboring farms, yet held by the owners of the surface, will be subject to taxation for an indefinite time.

"This argument is forceful, but must be addressed to the Legislature rather than to the courts. In the absence of law authorizing it we cannot impose increased valuation upon coal acreage because it is being removed. In assessing real estate, coal or other property, its value and not its ownership is the criterion. Uniformity of taxation is the constitutional mandate, and ought to be the result, and although a 60 per cent. valuation is not contemplated by the law, yet where it is adopted it must be uniformly applied.

"The coal tax question has been of great interest here ever since the coal companies filed their appeal a year ago. The Court ordered the following reductions on the Reading's holdings: Quehannon Township, from \$20 to \$15 per year; Lincoln Township, \$24 to \$12; Somerset and Stony Creek Townships, \$24 to \$10.

EXPLODING BOILER KILLS.

Warren (Special).—The boiler of the Keeler Mill blew up, instantly killing one man and fatally wounding another, while several were slightly injured by flying debris. The dead man was Frederick Markum, stoker. John Passenger was fatally hurt.

How the accident occurred will probably never be known. The mill was running as usual when, with a deafening roar, heard for miles, the boiler let go, demolishing the mill and machinery. Markum was blown to pieces. His head was severed from the trunk and not found until hours after the accident.

STATE ITEMS.

Falling to leave the track in time, Alvin Geschwindt, aged 36 years, a Pennsylvania Railway repairman, on the Hamburg section, was struck and instantly killed by the Wilkes-Barre express at Five Locks. A widow and four children survive.

During a fit of insanity, Michael Dohin, married, aged 33, of Pittston, hanged himself with a piece of hay wire in Exeter Borough.

Because he bought goods from boys, who were proven to be the property of the Reading Railway, Aaron Ostlaw, a pawnbroker of Mahanoy City, was sentenced to two months in jail by Judge Marr.

The jury at Wilkes-Barre has found William Klonsa, Judge of election of the Upper Lehigh District, guilty of willful fraud in not filing the election returns from his district with the Prothonotary.

The First Presbyterian Church, of Lancaster, has extended a call to Rev. Lewis Seymour Mudge, of Princeton, N. J. He will accept. Mr. Mudge was formerly a member of the faculty at Princeton University, subsequently preaching in Princeton and Trenton.

Charles D. Garrett, deputy sheriff of Chester County, a son of Sheriff R. Thomas Garrett, died at his home, near West Chester, aged 37 years. He was prominent as a Republican.

Michael Neiswinter was struck by a Reading passenger train at Mt. Carmel and sustained a fractured leg and internal injuries that are likely to prove fatal. One horse of the team he was driving was instantly killed.

Annie, the 4-year-old daughter of Martin Barowski, of Mt. Carmel, played with matches and set her clothing afire. She was so badly burned that she died a few hours later in the State Hospital at Fountain Springs.

Simon P. Snyder, aged 73 years, a former chief of the Allentown Fire Department, attempted suicide by inhaling illuminating gas in his cigar store, located in the heart of that city. Patrons smelled the gas and rescued the man. He is not expected to recover. Failing health is supposed to have caused the man to try to take his life.

Dyke Hughes and William Dixon were convicted of highway robbery in the Blair County courts, at Altoona, and both were sentenced to the Riverside Penitentiary. Hughes got two years and Dixon six.

COMMISSIONERS SURCHARGED.

Clarion (Special).—County Auditors who have been re-auditing the accounts of the Commissioners of this county as officers of the Clarion County Poor District for the years 1904 and 1905, have filed reports in which they surcharged Commissioners J. A. Summerville, G. W. Dexter, J. S. Saxton to the amount of \$19,392.31.

These surcharges grow out of the alleged misappropriation of the county funds in connection with the erection of the county home during the years 1904 and 1905. The auditors, after hearing a large amount of testimony on the erection of the home, relative to Contractor William Zortman, of Pittsburg, substituting inferior materials for those called for in the specifications, decided this to have been done by Zortman with the permission and knowledge of Commissioners Summerville and Dexter, to the extent of \$12,730, and by Summerville, Dexter and Saxton, the entire board, to the extent of \$6,662.31 additional, and they surcharged accordingly.

30 MEN IN MINE EXPLOSION.

Monongah (Special).—Three miners were killed, two others perhaps fatally burned and 15 entombed by an explosion at the Ellsworth No. 1 mine, of the Pittsburg Coal Company, near here. The imprisoned men were rescued several hours later.

Of those taken from the mine, John Beal is the only one identified. The others are foreigners whose features were too scorched to be recognized. The two burned men were hurried to the hospital here, where it was said they will probably die.

Little is known as to the cause of the explosion. It occurred when all but 25 men working on the day shift had left the workings. Of this number 15 were near the mouth of the slope and rushed out before the force of the explosion reached them. Had the crash occurred five minutes earlier the entire force of over 500 men would have been entrapped with probably many fatalities.

FARMERS LOSE HEAVILY.

York (Special).—Farmers from all parts of York County have lost thousands of dollars by the United Butter & Eggs Company, which began business here several weeks ago. The company claimed to have a cash capital of \$75,000, and the officers were E. P. Valentine, president; Anthony Butler, vice president; J. H. Mangin, secretary, and L. C. Elman, treasurer.

Numerous creditors began actions against the company. But there remained only a couple of clerks and a room full of egg and butter crates, most of them empty. They had procured from the farmers hundreds of crates of butter and eggs on credit, having offered higher prices than what was being paid on the

Election Judges Fined.

Wilkes-Barre (Special).—Jonn Scott, judge of election of the Highland District, and William Klonsa, judge of the Upper Lehigh District, who were this week found guilty of willful neglect in not making their election returns to the proper officials, were each fined \$200. John Haverilla, judge of Sandy Run District, was fined \$100.

"Strange Bird" A Turkey Buzzard.

Harrisburg (Special).—The strange bird reported as being captured by Reading Railway section men near Lansdale a few days ago, turns out to be a turkey buzzard. The sample sent to the Capitol for inspection by Zoologist Surface is a well-developed specimen. It came to the Capitol by express, much surprised by its surroundings.

THIS AND THAT.

Siam has an area of 9,000 square miles. American window glass is sent all over the world.

The Paris - to - London telephone rate is to be cut in half.

The telephone service of Switzerland is operated by the government. The average price of the American potato last year was 61.7 cents a bushel.

There are 200 newspapers in China, while 10 years ago there was only one recognized as such.

Marriage at an early age is frequent in Mexico. Recently a boy of 16 and a girl of 14 were married in the capital.

A method of bluing small steel goods by dipping in to melt saltpeter in an iron pot, then immerse the previously polished and cleaned articles until sufficiently blued. The goods should then be removed and cooled in petroleum and afterward dried in sawdust.

A remarkable bird found in Mexico is the bee martin, which has a trick of ruffling up the feathers on the top of the head into the exact semblance of a beautiful flower, and when a bee comes along to sip honey from the supposed flower it is snapped up by the bird.

In the village of Blackwell (Somersetshire, England) has been revived the ancient custom known as wedding toll. This consists of stretching a rope across the road as the bride and bridegroom, are returning from the church and demanding toll before they are allowed to pass.

Government experts are investigating seaweed with the object of determining its economic value.

The Laplanders are the shortest people in Europe, the men averaging 4 feet 11 inches, the women 4 feet 9 inches.

The Aptness Was Too Much. A minister, a man of great vigor and vehemence, while preaching one Sunday, bent forward and shouted out with great force the words of his text: "The righteous shall stand, but the wicked shall fall."

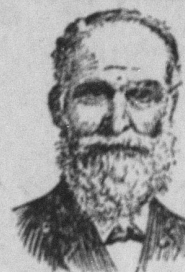
Just as these words escaped from his lips the pulpit broke from its fastening, and he fell out and rolled over on the floor before his congregation: Picking himself up he said:

"Brethren, I am not hurt, and I don't mind the fall, but I do hate the connection."—Ladies' Home Journal.

VETERAN OF THREE WARS.

A Pioneer of Colorado and Nebraska. Matthias Campbell, veteran of the Civil War and two Indian wars, and a pioneer of Colorado, now living at 218 East Nebraska street, Blair, Neb., says: "I had such pains in my back for a long time that I could not turn in bed, and at times there was an almost total stoppage of the urine. My wife and I have both used Doan's Kidney Pills for what doctors diagnosed as advanced kidney troubles, and both of us have been completely cured."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.



Book Of Many Uses.

The book agent had spent a discouraging morning, and when he had an opportunity to scan the face of Eli Hobbs at close range he felt that there was small chance of making a sale. However, he had more than one method of suggestion.

"Sitting out here on the piazza afternoons with your wife this would be the very book to read aloud," he said ingratiatingly to Mr. Hobbs, taking the other rocking chair and opening the large red covered volume.

"I don't read and I haven't a wife," replied Mr. Hobbs, dryly.

"Dear me!" said the book agent. "Well, if your wife is dead perhaps there are children. Now, children find this book—"

"There are no children," interrupted Mr. Hobbs. "There's nobody but myself and my cat."

"Well," said the book agent, "don't you ever want a good, heavy book to throw at her just to ease your feelings?"—Youth's Companion.

Small Farms in Denmark.

Denmark has nearly 200,000 farms and farm gardens of 10 acres or less, and about 1,000,000 farms of between 10 and 15 acres. There are less than 1,000 farms in the kingdom of 500 acres or over, the aggregate of these last named being less than 1,000,000 acres.

There are 1,085 co-operative dairies, with 158,170 members, and a co-operative egg-exporting society, with 590 local centers. The business transacted by these co-operative concerns is enormous.

Quite Right.

"Yes," said the suffragist on the platform, "women have been wronged for ages. They have suffered in a thousand ways."

"There is one way in which they never suffered," said a meek-looking man, standing up in the rear of the hall.

"What way is that?" demanded the suffragist.

"They have never suffered in silence."—Tit-Bits.

Held A Grudge.

White—What's the trouble between you and Green?

Brown—Oh, there's no trouble, only he refuses to speak to me. Claims I did him a mean trick about a year ago.

White—How's that?

Brown—We were both counting the same girl and I withdrew from the race and let him marry her.—Chicago News.

Somewhat Serious.

Parson Flatfoot—Mawrin' Sistah Snowball, how am Brudder Snowball dis mawrin'?

Sister Snowball—He am pow'ful bad dis mawrin', parson. De doctah lone say he have a lignant ulcer on his back an' Ah's fraid he am a gwine ter be a "firm d'infid."—Chicago News.

FULLY NOURISHED

Grape-Nuts Perfectly Balanced Food.

No chemist's analysis of Grape-Nuts can begin to show the real value of the food—the practical value as shown by personal experience.

It is a food that is perfectly balanced, supplies the needed elements of brain and nerves in all stages of life from the infant, through the strenuous times of active middle life, and is a comfort and support in old age.

"For two years I have used Grape-Nuts with milk and a little cream, for breakfast. I am comfortably hungry for my dinner at noon."

"I use little meat, plenty of vegetables and fruit, in season, for the noon meal, and if tired at tea time, take Grape-Nuts alone and feel perfectly nourished."

"Nerve and brain power, and memory are much improved since using Grape-Nuts. I am over sixty and weigh 155 lbs. My son and husband seeing how I had improved, are now using Grape-Nuts."

"My son, who is a traveling man, eats nothing for breakfast but Grape-Nuts and a glass of milk. An aunt, over 70, seems fully nourished on Grape-Nuts and cream." "There's a Reason."

Name given by Postum Co., Battle Creek, Mich. Read "The Road to Wellville," in pkgs.

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

My, But Isn't He Nasty!

Young Green—Do you know, sir, I believe that woman is really endowed with a sixth sense.

Old Grouch—Humph! Just about a sixth, all the women I've met.—Tribune.

A railway man says the block system is a signal success.

Capudine Cures Indigestion Pains, Belching, Sour Stomach, and Heartburn, from whatever cause. It's Liquid. Effects immediately. Doctors prescribe it. 10c, 25c, and 50c, at drug stores.

After a small boy acquires the cigarette habit the next downward step is easy.

To Drive Out Malaria and Build Up the System

Take the Old Standard GROVE'S TASTELESS CHILL TONIC. You know what you are taking. The formula is plainly printed on every bottle, showing it is simply Quinine and Iron in a tasteless form, and the most effective form. For grown people and children, 50c.

It's awful mean of a man to go off fishing alone when he knows it would ruin his wife's complexion by sunburn to go along and spoil his fun