### YOU'RE TOO THIN.

Even Slight Catarrhal Derangements of the Stomach Produce Acid Fermentation of the Food.

# It's Stomach Catarrh

Some people are thin and always remain thin, from temperamental reasons. Probably in such cases nothing can be done to change this personal peculiarity.

But there are a large number of people who get thin, or remain thin, who naturally would be plump and fleshy but for some digestive derangement. Thin people lack in adipose tissue.

Adipose tissue is chiefly composed of

Fat is derived from the oily constitnents of food.

The fat-making foods are called by the physiologist, hydrocarbons. This class of foods are not digested in the stomach at all. They are digested in the duodenum, the division of the alimentary canal just below the stomach.

The digestion of fat is mainly, if not wholly, the work of the pancreatic juice. This juice is of alkaline reaction, and is rendered inert by the addition of acid. A hyperacidity of the digestive fluids of the stomach passing down into the duodenum, destroys the pancreatic fluid for digestive purposes. Therefore, the fats are not digested or emulsified, and the system is deprived of its due proportion of oily constituents. Hence, the patient grows

The beginning of the trouble is a catarrhal condition of the stomach which causes hyperacidity of the gastric juices. This hyperacidity is caused by fermentation of food in the stomach. When the food is taken into the stomach, if the process of digestion does not begin immediately, acid fermentation will take place. This creates a hyperacidity of the stomach juices which in their turn prevent the pancreatic digestion of the oils, and the emaciation results.

A dose of Peruna before each meal hastens the stomach digestion. By hurrying digestion, Peruna prevents fermentation of the contents of the stomach, and the pancreatic juice is thus preserved in its normal state. It then only remains for the patient to eat a sufficient amount of fat-forming foods, and the thinness disappears and plumpness takes its place.

Don't be a growler-that's a trait commonly found in dogs.

Hicks' Capudine Cures Nervousness, Whether tired out, worried, overworked, or what not. It refreshes the brain and nerves. It's Liquid and pleasant to take. 10c., 25c., and 50c., at drug stores.

When woman meets woman then comes a struggle for the last word.

#### Chasing The Coin.

Tom-Yes, he married he because she was wealthy; but I understand she has led him a merry chase ever Jack-In other words, she is giv-

ing him a run for her money .- Chicago News.

# Not The Same.

'The sun shine not on all alike," Said the maid unto the man; 'For some girls it merely freckles, While others it does tan.' -Chicago News.

# Products Libby's **Veal Loaf**

is made of the best selected meat, scientifically prepared and evenly baked by damp heat in Libby's Great White Kitchen. The natural flavor is all retained. When removed from the tin it's ready to serve.

It can be quickly prepared in a variety of styles and nothing makes a better summer meal.

In the home, at the camp, and for the picnic Libby's Veal Loaf is a satisfying dish; full of food value that brings contentment!

Libby, McNeill & Libby. Chicago.

WALL-PAPER FOOM \$1.00 rolls side, 8 ceiling, 3 border, for Parlor, Dining oom, Library or Bed-room. New designs, any colo ou wish. Shippes treight or express, for \$1,00, JOS, £. HARRISON, 715 N. Howard St. Baltimore, Md.

of the weak Thompson's Eye Water

# \* NEWS OF PENNSYLVANIA \$

COAL COMPANY WINS.

Somerset (Special) .- Judge Francis J. Kooser handed down an opinion in the appeal of the Reading Coal County Commissioners, in which he orders that the assessment be returned and the county pay the costs | 392.31. of the proceedings.

The Reading Company appealed on the ground that their coal was assessed at a much higher rate than similar property held by individuals. The County Commissioners argued that the coal company's property should be assessed higher because no tax could be realized after the coal was mined.

The Reading's appeal was a test. In sustaining the appeal Judge

Kooser asys: "It is contended for appellees (the commissioners) that coal lands of mining companies, developed and being operated, may be equitably assessed at much higher valuations than may be the estimate upon the coal underlying farms in the same neighborhood in arriving at the total valuation of said farm lands the argument being that the companies operating on a large scale produce annually a considerable worked out area which will bear but light taxation thereafter, and will within what may be termed a definite period leave no estate worth assessment and taxation, while the undeveloped, and in some instances untested, or unexplored stratum uuder the neighboring farms, yet held by the owners of the surface. will be subject to taxation for an indefinite time.

"This argument is forceful, but must be addressed to the Legislature rather than to the courts. In the absence of law authorizing it we cannot impose increased valuation upon coal acreage because it is being removed. In assessing real estate, coal or other property, its value and not its ownership it the criterion. Uniformity of taxation is the constitutional mandate, and ought to be the result, and although a 60 per cent valuation is not contemplated by the law, yet where it is adopted it must be uniformly applied."

The coal tax question has been of great interest here ever since the

#### EXPLODING BOILER KILLS.

another, while several were slightly cured from the farme injured by flying debris. The dead man was Frederick Markum, stoker. John Passenger was fatally hurt.

How the accident occurred will probably never be known. The mill was running as usual when, with a deafening roar, heard for miles, the boiler let go, demolishing the mill and mahcinery. Markum was blown to pieces. His head was severed from the trunk and not found until hours after the accident.

# STATE ITEMS.

Failing to leave the track in time. Alvin Geschwindt, aged 36 years, a Pennsylvania Railway repairman, on the Hamburg section, was struck and instantly killed by the Wilkes-Barre express at Five Locks. A widow and four children survive.

During a fit of insanity, Michael Dobin, married, aged 33, of Pittston, hanged himself with a piece of hay wire in Exeter Borough.

Because he bought goods from boys, which were proven to be the property of the Reading Railway, Aaron Oslaw, a pawnbroker of Mahanoy City, was sentenced to two months in jail by Judge Marr.

The jury at Wilkes-Barre has found miles. William Kloss, judge of election of the Upper Lehigh District, guilty of wilful fraud in not filing the election returns from his district with the Prothonotary.

The First Presbyterian Church, of Lancaster, has extended a call to Rev. Lewis Seymour Mudge, of Princeton, N. J. He will accept. Mr. Mudge was formerly a member of the faculty at Princeton University, subsequently preaching in Princeton and Treaton.

Charles D. Garrett, deputy sheriff of Chester County, a son of Sheriff R. Thomas Garrett, died at his home. near West Chester, aged 37 years. He was prominent as a Republican.

Michael Neiswinter was struck by a Reading passenger train at Mt. Carmel and sustained a fractured leg and internal injuries that are likely to prove fatal. One horse of the team he was driving was instantly killed.

Martin Barowski, of Mt. Carmel, of ruffling up the feathers on the played with matches and set her clothing afire. She was so badly blance of a beautiful flower, and when burned that she died a few hours a bee comes along to sin honey from burned that she died a few hours a bee comes along to sip honey from later in the State Hospital at Foun- the supposed flower it is snapped up tain Springs.

Simon P. Snyder, aged 73 years, a former chief of the Allentown Fire Department, attempted suicide by inhaling illuminating gas in his cigar store, located in the heart of that city. Patrons smelled the gas and rescued the man. He is not expected to recover. Failing health

is supposed to have caused the man to try to take his life. Dyke Hughes and William Dixon were convicted of highway robbery in the Blair County courts, at Al-Loona, and both were sentenced to the Riverside Penitentiary. Hughes

got two years and Dixon six.

COMMISSIONERS SURCHARGED.

Clarion (Special) .-- County Auditors who have been re-auditing the accounts of the Commissioners of & Iron Company from the assessment this county as officers of the Clarion placed upon its coal holdings by the County Poor District for the years 1904 and 1905, have filed reports in which they surcharged Commissioners J. A. Summerville, G. W. Texter, J. duced, excess taxes, if paid, be re- S. Saxton to the amount of \$19,-

These surcharges grow out of the alleged misappropriation of the county funds in connection with the erection of the county home during the years 1904 and 1905. The auditors, after hearing a Targe amount of testimony on the erection of the home, relative to Contractor William Zortman, of Pittsburg, substituting inferior materials for those called for in the specifications, decided this to have been done by Zortman with the permission and knowledge of Commissioners Summerville and Texter, to the extent of \$12,730, and by Summerville, Texter and Saxton, the entire board, to the extent of \$6,662,-31 additional, and they surcharged accordingly.

#### 30 MEN IN MINE EXPLOSION.

Monongah (Special) .- Three miners were killed, two others perhaps fatally burned and 15 entombed by an explosion at the Ellsworth No. mine, of the Pittsburg Coal Company, near here. The imprisoned men were rescued sevral hours later.

Of those taken from the mine, John Beal is the only one identified. The others are foreigners whose features were too scorched to be recognized. The two burned men were hurried to the hospital here, where was said they will probably die.

Little is known as to the cause of the explosion. It occurred when all but 35 men working on the day shift had left the workings. Of this number 15 were near the mouth of the slope and rushed out before the force of the explosion reached them. Had the crash occurred five minutes earlier the entire force of over 500 men would have been entrapped with probably many fatalities.

#### FARMERS LOSE HEAVILY.

York (Special) .- Farmers from all parts of York County have lost thoucoal companies filed their appeal a sands of doilars by the United Butyear ago. The Court ordered the fol- ter & Eggs Company, which began lowing reductions on the Reading's business here several weeks ago. The holdings: Quehamoning Township, company claimed to have a cash capfrom \$20 to \$15 per year; Lincoln ital of \$75,000, and the officers were Township, \$24 to \$12; Somerset and E. P. Valentine, president; Anthony Stony Creek Townships, \$24 to \$10. Butler, vice president; J. H. Mangin, secretary, and L. C. Eisman, treas-

Numerous creditors-began actions Warren (Special) .- The boiler of against the company. But there rethe Keeler Mill blew up, instantly mained only a couple of clerks and a killing one man and fatally wounding room full of egg and butter crates, most of them empty. They had procrates of butter and eggs on credit, having offered higher prices than what was being paid on the

# Election Judges Fined.

Wilkes-Barre (Special). - Jonn Scott, judge of election of the Highland District, and William Kloss. judge of the Upper Lehigh District. who were this week found guilty of willful neglect in not making their election returns to the proper officials, were each fined \$200. John Haverilla, judge of Sandy Run District, was fined \$100.

'Strange Bird" A Turkey Buzzard. Harrisburg (Special)-The strange bird reported as being captured by Reading Railway section men near Lansdale a few days ago, turns out to be a turkey buzzard. The sample sent to the Capitol for inspection by Zoologist Surface is a well-developed specimen. It came to the Capitol by express, much surprised by its surroundings.

# THIS AND THAT.

Siam has an area of 9,000 square American window glass is sent all

over the world. The Paris - to - London telephone

rate is to be cut in half. 'ine telephone service of Switzer-

land is operated by the government. The average price of the American potato last year was 61.7 cents a bushel.

There are 200 newspapers in China, while 10 years ago there was only one recognized as such. Marriage at an early age is fre-

quent in Mexico. Recently a boy of 16 and a girl of 14 were married in the capital. A method of bluing small steel goods by dipping is to melt saltpeter

in an irou pot, then immerse the previously polished and cleaned articles until sufficiently blued. The goods should then be removed and cooled in petroleum and afterward dried in sawdust.

A remarkable bird found in Mexico Annie, the 4-year-old daughter of is the bee martin, which has a trick top of the head into the exact sem-

> In the village of Blackwell (Somersetshire, England) has been revived tne ancient custom known as wedding toll. This consists of stretching a rope across the road as the bride and bridegroom, are returning from the church and demanding toll before they are allowed to pass.

> Government experts are investigating seaweed with the object of determining its economic value.

The Laplanders are the shortest, people in Europe, the men averaging' 4 feet 11 inches, the women 4 feet

The Aptness Was Too Much, A minister, a man of great vigor and vehemence, while preaching one

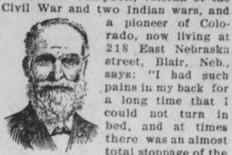
Sunday, bent forward and shouted out with great force the words of his text: "The righteous shall stand, but the wicked shall fall." Just as these words escaped from

his lips the pulpit broke from its fastening, and he fell out and rolled over on the floor before his congregation: Picking himself up he said:

"Brethren, I am not hurt, and I don't mind the fall, but I do hate connection." - Ladies' Home

#### VETERAN OF THREE WARS.

A Pioneer of Colorado and Nebraska. Matthias Campbell, veteran of the



total stoppage of the urine. My wife and I have both used Doan's Kidney Pills for what doctors diagnosed as advanced kidney troubles, and both of us have been completely cured."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

#### Book Of Many Uses.

The book agent had spent a discouraging morning, and when he had an opportunity to scan the face of Eli Hobbs at close range he felt that there was small chance of making a sale. However, he had more than one method of suggestion.

"Sitting out here on the piazza afternoons with your wife this would be the very book to read aloud." he said ingratiatingly to Mr. Hobbs, taking the other rocking chair and opening the large red covered vol-

'I don't read and I haven't any wife," replied Mr. Hobbs, dryly. 'Dear me!" said the book agent. Well, if your wife is dead perhaps

there are children. Now, children find this book-There are no children," interrupted Mr. Hobbs. "There's nobody but

myself and my cat. 'Well," said the book agent, "don't you ever want a good, heavy book to throw at her just to ease your feelings?"-Youth's Companion.

# Small Farms In Denmark.

Denmark has nearly 200,000 farms and farm gardens of 10 acres or less. and about 100,000 farms of between 10 and 15 acres. There are less than 1,000 farms in the kingdom of 500 acres or over, the aggregate of these last named being less than 1,000,000

There are 1,085 co-operative dairies, with 158,170 members, and a co-operative egg-exporting society. with 500 local centers. The business transacted by these co-operative concerns is enormous

# Quite Right.

'Yes," said the suffragist on the platform, "women have been wronged for ages. They have suffered in a thousand ways."

never suffered," said a meek-looking man, standing up in the rear of the 'What way is that?" demanded

"There is one way in which they

the suffragist. "They have never suffered in silence."-Tit-Bits.

# Held A Grudge.

White-What's the trouble between you and Green? Brown-Oh, there's no trouble, only he refuses to speak to me. Claims I did him a mean trick about year ago

White-How's that? Brown-We were both courting the same girl and I withdrew from the race and let him marry her .--Chicago News.

# Somewhat Serious.

Parson Flatfoot-Mawnin' Sistah Snowball. How am Brudder Snowpall dis mawnin'

Sister Snowball-He am pow'ful oad dis mawnin', parson. De doctah ione say he have a 'lignant ulster on his back, an' Ah's 'fraid he am rwine ter be a "firm d infidel."-Chitago News.

#### FULLY NOURISHED tirape-Nutsa Perfectly Balanced Food.

No chemist's analysis of Grape-Nuts can begin to show the real value of the food-the practical value as shown by personal experience.

It is a food that is perfectly balanced, supplies the needed elements of brain and nerves in all stages of life from the infant, through the strenuous times of active middle life, and is a comfort and support in old

"For two years I have used Grape-Nuts with milk and a little cream, for breakfast. I am comfortably hungry for my dinner at noon.

"I use little meat, plenty of vegetables and fruit, in season, for the noon meal, and if tired at tea time, take Grape-Nuts alone and feel perfectly nourished "Nerve and brain power, and mem-

ory are much improved since using Grape-Nuts. I am over sixty and weigh 155 lbs. My son and husband seeing how I had improved, are now using Grape-Nuts. "My son, who is a traveling man, eats nothing for breakfast but Grape-

over 70, seems fully nourished on Grape-Nuts and cream." "There's a Name given by Postum Co., Battle Creek, Mich. Read "The Road to

Nuts and a glass of milk. An aunt,

Wellville," in pkgs. Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human

My. But Isn't He Nasty!

Young Green-Do you know, sir, I believe that woman is really endowed with a sixth sense.

Old Grouch-Humph! Just about a sixth, all the women I've met,-Tribune.

A railway man says the block system is a signal success.

Capudine Cures Indigestion Pains, Belching. Sour Stomach, and Hearthurn, from whatever cause. It's Liquid. Effects immediately. Doctors prescribe it. 10c., 25c., and 50c., at drug stores.

After a small boy acquires the cigarette habit the next downward step is easy.

#### To Drive Out Malaria and Build Up the System

Take the Old Standard GROVE'S TASTE-LESS CHILL TONIC. You know what you are taking. The formula is plainly printed on every bottle, showing it is simply Quinine and Iron in a tasteless form, and the most effectual forw. For grown people and children, 50c. and children, 50c.

It's awful mean of a man to go off fishing alone when he knows it would ruin his wife's complexion by sunburn to go along and spoil his

FITS, St. Vitus Dance: Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. \$2 trial bottle and treatise free. Dr. H. R. Kline, Ld., 931 Arch St., Phila, Pa.

If a man's meals are cooked to suit him his other troubles don't

Mrs. Winslow's Soothing Syrup for Children teething, softens theguns, reduces inflammation, allays pain, cures wind colic, 25ca bottle

amount to much.

A woman can win any kind of argument by crying hard enough,

# FEARFUL ECZEMA ALL OVER HIM.

No Night's Rest for a Year and Limit of His Endurance Seemed Near-Owes Recovery to Cuticura.

"My son Clyde was almost completely covered with eczema. Physicians treated him for nearly a year without helping him any. His head, face, and neck were covered with large scabs which he would rub until they fell off. Then blood and matter would run out and that would be worse, Friends coming to see him said that if he got well be would be disfigured for life, When it seemed as if he could possibly stand it no longer, I used some Cuticura Soap, Cutieura Ointment, and Cuticura Resolvent. That was the first night for nearly a year that he slept. In the morning there was a great change for the better. In about six weeks he was perfectly well.

There's hardly anything that wears off as soon as the sweetness from

Mrs. Pinkham, of the Lydia E. Pinkham Medicine Company, of Lynn, Mass., together with her son, Arthur W. Pinkham, and the younger members of her family, sailed for Naples on May 20 for a three months' tour throughout Europe and a much needed vacation.

The trouble with having a good emper is all you then from those with bad ones.

# Truth and Quality

appeal to the Well-Informed in every walk of life and are essential to permanent success and creditable standing. Accoringly, it is not claimed that Syrup of Figs and Elixir of Senna is the only remedy of known value, but one of many reasons why it is the best of personal and family laxatives is the fact that it cleanses, sweetens and relieves the internal organs on which it acts without any debilitating after effects and without having to increase the quantity from time to time.

It acts pleasantly and naturally and truly as a laxative, and its component parts are known to and approved by physicians, as it is free from all objectionable substances. To get its beneficial effects always purchase the genuinemanufactured by the California Fig Syrup Co., only, and for sale by all leading drug-



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# CHICKENS EARN MONEY! If You Know How to

Whether you raise Chickens for fun or profit, you want to do it intelligently and get the best results. The way to do this is to profit by the experience of others. We offer a book telling all ject—a book written by a 25 years in raising Poultry, had to experiment and spend way to conduct the business—CENTS in postage stamps, and Cure Disease, how to Market, which Fowls to Save indeed about everything you must know on the subject to make a success. SENT POSTPAID ON RECEIPT OF 25 CENTS IN STAMPS.

Book Publishing House, 134 Leonard St., N. Y. City.



After suffering for seven years, this woman was restored to health by Lydia E. Pinkham's Vegetable Compound. Read her letter.

Mrs. Sallie French, of Paucaunla, Ind. Ter., writes to Mrs. Pinkham: "I had female troubles for seven years - was all run-down, and so nervous I could not do anything. The doctors treated me for different troubles but did me no good. While in this condition I wrote to Mrs. Pinkham for advice and took Lydia E. Pinkham's Vegetable Compound, and I am now strong

## FACTS FOR SICK WOMEN.

For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills. and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness, ornervous prostration. Why don't you try it?

Don't hesitate to write to Mrs. Pinkham if there is anything about your sickness you do not understand. She will treat your letterinconfidence and advise you free. No woman ever regretted writing her, and because of her vast experience she has helped thousands Address, Lynn, Mass.





From a Railrond Conductor. From a Mullrond Conductor.

'I am a busy man, but must take time to write you about Allen's Foot-Ease. I am a Conductor and on my feet most of the time. My feet often got so sore of could hardly take a step. A friend gave me a box of Allen's Foot-Ease and said it would cure me. I used all of the box but two chvelopes and my feet are now 0. K. and I forget I have feet. It is a Godschol to R. R. meu.

"G. McCLURE, 5820 Superior St., Austin, Ill."

SHAKE INTO YOUR SHOES

Allen's Foot Ease, a powder. It cures painful, smarting feet and ingrowing nails, and instantly takes the sting out of corns and bunions. Sold by all Druggists and Shoe stores, 25c. Don't accept a substitute, Trial package FREE. Address, allend Olmsted Lo Roy, N. Y.



Send dealer's name and top from pound

carton of "20-Mule-Team" Bornx with 4c.

stamps and we will mail illustrated book-

let, giving many uses for "Bornx in the Home, Farm and Dairy," also this lace de-

sign, 15 by 16 inches, on cloth ready for

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working. FREE. Address,