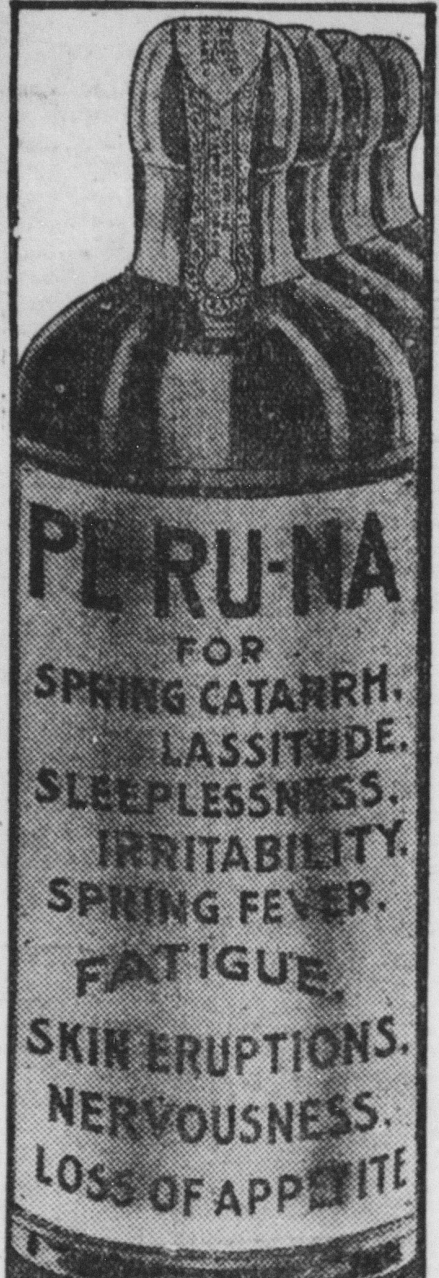


HEALTH NOTES FOR JUNE.



PERU-NA
FOR
SPRING CATARRH.
LASSITUDE.
SLEEPLESSNESS.
IRRITABILITY.
SPRING FEVER.
FATIGUE.
SKIN ERUPTIONS.
NERVOUSNESS.
LOSS OF APPETITE.

Spring Catarrh is a well defined Spring disease. The usual symptoms are given above. A bottle of Peruna taken in time will promptly arrest the course of the disease known as Spring Catarrh.

Mica Axle Grease

Best lubricant for axles in the world—long wearing and very adhesive.

Makes a heavy load draw like a light one. Saves half the wear on wagon and team, and increases the earning capacity of your outfit.

Ask your dealer for Mica Axle Grease.

STANDARD OIL CO.
Incorporated

HICKS' CAPUDINE

IMMEDIATELY CURES HEADACHES
Breaks up COLDS
IN 6 TO 12 HOURS

Where The Boy Started.
"Your boy," said the professor, "has a fine head."
"He gets that from me," interrupted the old man.
"For learning," finished the professor.
"He gets that from me, John," spoke up the old lady. "I was in the third reader when you married me."—Atlanta Constitution.



Paint Buying Made Safe

White Lead and Linseed Oil need no argument, no advertising to maintain themselves as the best and most economical paint yet known to man. The difficulty has been for the buyer to be always sure of the purity of the white lead and oil.

We have registered the trade mark of the Dutch Boy painter to be the final proof of quality, genuineness and purity to paint buyers everywhere. When this trade mark appears on the keg, you can be sure that the contents is Pure White Lead made by the Old Dutch Process.

SEND FOR BOOK
"A Talk on Paint," gives valuable information on the paint subject. Free upon request.

NATIONAL LEAD COMPANY
In wholesale of the following cities to nearest you:
New York, Boston, Buffalo, Cleveland, Chicago, Cincinnati, Louisville, Philadelphia, St. Louis, St. Paul, Pittsburgh, Toledo, and all other cities.

NEW YORK FRUIT SUPPLY.

STRAWBERRIES ON SALE FOR EIGHT MONTHS IN THE YEAR.

In the Height of the Season a Million Quarts Are Sometimes Received in a Day—Cantaloupes From Colorado—Watermelons Shipped by the Carloads.

Strawberries come to New York in January, February and March from Florida; from South Carolina between March 15 and April 16; from North Carolina from the middle of April to May 10; from the region of the vicinity of Norfolk from the first to the middle of May; from Maryland and Delaware between May 10 and June 1; from New Jersey, up to the Hudson River and then from the Oswego district until September. The berries in the Southern fields are picked by darkies who receive from 1 cent to 2 cents a quart and are carried to the packing house by a man who is paid 75 cents a day. In the packing house white girls "face up" the berries and put them in the crate, which is taken to the railroad station. The transportation charge on berries from North Carolina in carload lots is 72 cents a crate; in less than carload lots 80 cents a crate. There are thirty-two quarts in a crate. From Florida the charge is \$1.30 per crate in 200 crate lots.

During the season of greatest production it is not unusual for New York to receive 30,000 to 35,000 crates of strawberries in one day. They quickly perish and must be disposed of at once at the market price.

Cantaloupes come from Florida and California in carload lots from April 25 to July 16; from Georgia from June 15 to July 16; from South and North Carolina from July 1 to July 20; from Texas from June 1 to August 1; from Colorado from August 10 to frost; from Idaho, Utah and northern California from July 15 to October 15.

Cantaloupes decay if left on the vine within three days after ripening. They must be picked during the first thirty-six hours to be in condition for shipment. They are shipped in refrigerator cars and must be marketed and eaten at once. In Florida they bring the consumer 75 cents to \$1.25 a crate of forty-five and the freight rate is 60 cents to New York. The price is about the same in Georgia and the freight rate is 55 cents. The freight rate from South Carolina is 40 cents and from North Carolina 36 cents. In Colorado the grower gets 91 cents a crate and the freight rate is 74 cents; in California the price is \$1.64 and the freight rate \$1.10.

As there are forty-five cantaloupes to the crate it will be seen that the freight rate runs from less than a cent for the Carolinian melon to about two and a half cents for that from California. The standard retail price for the ordinary cantaloupe is 15 cents for one or two for 25 cents the retail price not being affected by the freight rates. The first Rockyford melons were brought to New York in 1897. The receipts of cantaloupes from all places average about thirty-five per day from June 15 to September 15.

The expensive Montreal melons get their delicious flavor by a hand process of milk feeding, milk during the growing period being injected into a melon through an incision in the stem.

Watermelons come from Florida from the latter part of May to the middle of June, from south Georgia, June 10 to July 10; from South Carolina, July 4 to August 4; from North Carolina, July 10 to August 10; from Norfolk, Va., throughout September. The first watermelons usually pay the Floridian grower \$200 to \$300 for a car averaging 1,100 melons; the freight from Florida is \$150 a car. These melons will bring \$500 a car in the New York market and retail from 50 to 75 cents apiece. After the novelty has worn off, sometimes in a week or two, the price drops abruptly \$100 or even \$200 a car. The prices during the season range from \$60 to \$100 per car from south Georgia, whence the freight is \$110 per car, to from \$40 to \$60 from Norfolk, whence the freight is \$60 per car.

In August and September the melons from Norfolk and New Jersey bring from \$100 to \$150 per car and retail at about 25 cents. Although because of their bulk and comparatively low value the freight rate on melons often exceeds the price at the farm, the dealers admit that the transportation charge does not enter into making the price, which is fixed entirely by supply and demand. The fact that the growers are constantly increasing the supply shows that they do not suffer. During June about 40,000 melons a day are received in New York and during July and August about 60,000. They are loaded four deep in the cars, the long melons being preferred, as they do not so easily break.—New York Times.

A HAVEN OF REST.

Beautiful Atmosphere of the Home of the Blue Nuns at Fiesole. The most conspicuous object in a northern view of Florence is the flanking, twin-peaked hill, in the hollow of which nestles the erstwhile Etruscan city of Fiesole, that Fiesole whose very name is music, evoking sweet memories of sunshine and art. The whole fertile slope is dotted with dwellings; stately, historic villas; ancient, fortified manors; modern houses, replete with comfort and

luxury, enfolded in rich mantles of verdure. Yet, lovely though they be, the fairest spot of all is the old convent of San Girolamo. Standing against a background of feathery, gray-green olives, just below the summit of the hill where once soared the European citadel and now stands a Franciscan monastery, it dominates the whole wide, smiling valley of the Arno.

From the steep, winding road which was the only approach to Fiesole before electric trams were thought of, close to the spot where an inscription marks the fact that here several early Christians were martyred, an arched gateway gives access to a wide flight of shallow steps which mount between a double row of stately cypress trees to the triple-arched atrium of a little chapel just beyond is a modest door. Your ring is responded to by a sweet, serene-faced nun, who answers your inquiry in English and who, if she has learned that you have a right to enter, cheerfully admits you. As she closes the door behind you, she seems to exclude by that act the outer world with all its sordid cares and worries.

Your first step brings you into a little square, arched cloister shrub and creeper shaded and rose screened, in the midst of which stands a porticoed stone well-head that bears on one side the inscription "Co's nus Medices" and on the other "Flore Dux II." Thus at once you are transported back in time, and the breath of present tranquillity and long-dead repose envelops you. Over all spreads a subtle atmosphere of love, of peace on earth, of good will to men, that visibly emanates from the kindly sisters who are your guides, hosts, or, as the case may be, your nurses.

From this beautiful little courtyard several doors give access to the convent buildings, as well as to the tiny, dainty chapel and to corridors and cheerful rooms flooded with sunlight and air. For this monastic abode has become adapted to modern use, having been converted into a convalescent home by an order of English nursing sisters who have had the good luck to pitch upon this favored spot. No aseptic bareness marks the apartments of the invalids, nor do the medieval standards of luxury prevail in any of the arrangements. So skillfully and with such good taste has the blending of old and new been accomplished, such loving care for all that is precious in the old, such tactful concessions to the needs of modern life, that there is no sense of clashing, as is so often the case. Instead, an impression of perfect harmony has resulted.

Harmony, indeed, is the dominant note that greets those who cross the threshold of San Girolamo today—harmony in nature; in the lovely gardens, in which every advantage offered by the matchless site has been utilized; harmony in art, in the noble simplicity of the building and its quiet, sober decoration; harmony, above all, among the human occupants, the cheerful, unselfish devotion of the sisters seeming to spread to all those living within their influence.—Helen Zimmern in the Century.

Unnecessary Suffering.

An actor without funds managed in some way to get a second class ticket on a line of steamships running between Seattle and San Francisco. The voyage consumed the better part of three days, and in view of the fact that his finances were at low ebb he solved the question in this way: The first day out he slept all day to keep from eating and remained up all night to keep from sleeping. The second day he took physical culture exercises.

On the third day he could not stand the strain any longer, and went down in the dining room and ordered the best meal on board the boat. While eating this meal he could see in his mind's eye a picture of a cell in the bastille in San Francisco.

After finishing his meal he said to the waiter, "How much do I owe you?"

"Nothing," replied the waiter, "your meals are included in your ticket."—Philadelphia Public Ledger.

Penal Code of Mexico.

Mexico's penal code is patterned after that of the French. Incommunicado, often mentioned in criminal cases, means solitary confinement, without power to communicate with any one. When a man is arrested on a serious charge he is put in a cell for three days incommunicado. At the end of that time he is given a judicial examination. It is quite different from the American procedure, but it must be said that after a man has been in solitary confinement for three days and is interviewed by the judge in the first instance he often comes nearer telling the truth and the whole story than if he has been in communication with lawyers and outside parties all the time.—Modern Mexico.

Animals at Church Services.

Animals attend a church service in Peru. Pigs, goats, cattle and poultry are brought by their owners to be blessed on All Souls' Day, and the church is turned into a domestic menagerie. The seats are removed and the animals can trot about or lie down where they will. After the ceremony the live stock is formally handed over to the monks, who receive little other payment for their services.—New York Journal.

FITS, St. Vitus' Dance, Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. \$2 trial bottle and treatment free. Dr. H. R. Kline, Ltd., 601 Arch St., Phila., Pa.

Some people want to be on a jury so they get the testimony that is not printable.

BLACK, ITCHING SPOTS ON FACE.

Physicians Called It Eczema in Worst Form—Patient Despaired of Cure—Cuticura Remedies Cure Her.

"About four years ago I was afflicted with black spots on my face and a few covering my body, which produced a severe itching irritation, and which caused me a great deal of suffering, to such an extent that I was forced to call in two of the leading physicians of ——. After a thorough examination of the dreaded complaint they announced it to be skin eczema in its worst form. Their treatment did me no good. Finally I became despondent and decided to discontinue their services. Then my husband purchased a single set of the Cuticura Remedies, which entirely stopped the breaking out. I continued the use of the Cuticura Remedies for six months, and after that every spot was entirely gone. I have not felt a symptom of the eczema, since, which was three years ago. Mrs. Lizzie E. Sledge, 30 Jones Ave., Selma, Ala., Oct. 28, 1910.

Where Newspapers Fail.

Senator Curtis, of Kansas, the one-time horseman, was praising newspapers.

"They are, taken all around," he said, "wonderful institutions, and most of the complaints made against them are to the infinite as groundless as the complaint of a young lady I overheard at a race meeting.

"Plague on the old papers! They're always behind the times," she said.

"How so?" asked her husband.

"Oh, taking racing for instance! They never print the winner's name till the day after the race, when it's too late to bet."

Paper Mattresses.

Mattresses of paper shavings are supplied to the soldiers of the German army. They are said to be more comfortable than those of straw. One filling will last three years.

SUFFERED TORTURES.

Racked With Pain, Day and Night, For Years.

Wm. H. Walter, engineer of Chatsworth, Ill., writes: "Kidney disease was lurking in my system for years. I had torturing pain in the side and back and the urine was dark and full of sediment. I was racked with pain, day and night, could not sleep or eat well, and finally became crippled and bent over with rheumatism. Doan's Kidney Pills brought quick relief, and, in time, cured me. Though I lost 40 pounds, I now weigh 200, more than ever before."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

The Facts.

Not long ago a city editor in Ottumwa, Iowa, was told over the telephone that a prominent citizen had just died suddenly. He called a reporter and told him to rush out and get the "story." Twenty minutes later the reporter returned, sat down at his desk and began to rattle off copy.

"Well, what about it?" asked the city editor.

"Oh, nothing much," replied the reporter. "He was walking along the street when he suddenly clasped his hands to his heart and said, 'I'm going to die!' Then he leaned up against a fence and made good."—Everybody's Magazine.

Easing His Mind.

Rural Passenger—I hear as how accidents are quite frequent on this here railroad.

Traveling Man—Pooch, pooch! All balderdash! Why—let's see—this is Thursday, 11:25 A. M.—why, man, there hasn't been an accident on this road since Tuesday night at 6:30! Do you call that frequent?—Puck.

New Coinage Designs.

The American Numismatic and Archeological Society advocates an expenditure of \$100,000 by the United States in obtaining new designs for coinage. According to the society, \$10,000 should be appropriated for each of the 10 denominations, of which awards of \$1,000 each should be given to the six best designers for each coin and an award of \$4,000 to the winner of the six in each class.

WENT TO TEA

And It Wound Her Bobbin.

Tea drinking frequently affects people as badly as coffee. A lady in Salisbury, Md., says that she was compelled to abandon the use of coffee a good many years ago, because it threatened to ruin her health and that she went over to tea drinking. But finally she had dyspepsia so bad that she had lost twenty-five pounds and no food seemed to agree with her.

She further says: "At this time I was induced to take up the famous food drink, Postum, and was so much pleased with the results that I have never been without it since. I commenced to improve at once, regained my twenty-five pounds of flesh and went some beyond my usual weight.

"I know Postum to be good, pure and healthful, and there never was an article, and never will be, I believe, that does so surely take the place of coffee as Postum Food Coffee. The beauty of it all is that it is satisfying and wonderfully nourishing. I feel as if I could not sing its praises too loud." Read "The Road to Wellville," in pkgs. "There's a Reason."

WORKING WOMEN, WHAT THEY SHOULD KNOW



MRS. SADIE ABBOTT MRS. PREE MCKITTRICK

Women for the most part spend their lives at home, and it is these women who are willing and ambitious that their homes shall be kept neat and pretty, their children well dressed and tidy, who do their own cooking, sweeping, dusting and often washing, ironing and sewing for the entire family, who call for our sympathy.

Truly the work of such a woman is "never done" and is it any wonder that she breaks down at the end of a few years, the back begins to ache, there is a displacement, inflammation or ulceration of the abdominal organs, a female weakness is brought on, and the struggle of that wife and mother to continue her duties is pitiful.

Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs, is the exact medicine a woman needs whose strength is overtaxed. It keeps the feminine organs in a strong and healthy condition. In preparing for childbirth and recuperating therefrom it is most efficient. It carries a woman safely through the change of life and in making her strong and well assists her to be a good wife and mother.

Mrs. Sadie Abbott, of Jeannette, Pa., writes:

Dear Mrs. Pinkham—

I suffered severely with pain every month and also a pain in my left side. My doctor prescribed for me but did me no good; a friend advised Lydia E. Pinkham's Vegetable Compound and I wrote you in regard to my condition. I followed your advice and am a perfectly well woman. The pains have all disappeared and I cannot recommend your medicine too highly.

Lydia E. Pinkham's Vegetable Compound Succeeds Where Others Fail.

Women suffering from any form of female weakness are invited to promptly communicate with Mrs. Pinkham, at Lynn, Mass. From the symptoms given, the trouble may be located and the quickest and surest way of recovery advised. Out of her vast volume of experience in treating female ills Mrs. Pinkham probably has the very knowledge that will help your case. Her advice is free and always helpful.

Lydia E. Pinkham's Vegetable Compound Succeeds Where Others Fail.

The Aluminum Boom.

One of the striking results of the great progress of the automobile industry has been the tremendous development of the manufacture of aluminum, of which some idea may be had merely by quoting a few figures. In France no less than 35,000-horsepower are continually employed in the making of aluminum; Germany utilizes some 21,000 for the same purpose, the United States something like 82,000-horsepower in round numbers—an amount that can easily be doubled in the works now in existence. As each horsepower represents an annual output of 200 kilos of aluminum, Automobile calculates that the total yearly production is something like 16,500 tons, of which 12,300 are produced in Great Britain and on the Continent of Europe.

Wellington's Service Of Plate.

The Dutchess of Wellington possesses the splendid service of Sevres made for Napoleon I., of which every single piece is different, the set being practically priceless.

In the cellars at Apsley House is also the wonderful service of plate presented by Portugal to the Iron Duke, which has been valued at \$200,000. The center-piece is five feet high, and four men are required to lift it on to the table.

In His Last Hours.

"My dear," moaned the patient as he tossed restlessly on his bed, "it's the doctor, I'm thinking of. What a bill his will be!"

"Never mind, Joseph," said his wife. "You know there's the insurance money."—Philadelphia Inquirer.

That our American forests abound in plants which possess the most valuable medicinal virtues is abundantly attested by scores of the most eminent medical writers and teachers. Even the untutored Indians had discovered the usefulness of many native plants before the advent of the white race. This information, imparted freely to the whites, led the latter to continue investigations until to-day we have a rich assortment of most valuable American medicinal roots.

Dr. Pierce believes that our American forests abound in most valuable medicinal roots for the cure of most obstinate and fatal diseases. If we do not properly investigate them, and if we do not believe in this conviction, he believes with good reason, the almost marvellous cures effected by his "Golden Medical Discovery," which has proven itself to be the most efficient stomach tonic, liver invigorator, heart tonic and regulator, and blood cleanser known to medical science. Dyspepsia, or indigestion, torpid liver, functional and even valvular and other affections of the heart yield to its curative action. The reason why it cures these and many other affections, is clearly shown in a little book of extracts from the standard medical works which is mailed free to any address by Dr. R. V. Pierce, of Buffalo, N. Y., to all sending request for the same.

Not less marvelous, in the unparalleled cures it is constantly making of woman's many peculiar affections, weaknesses and distressing derangements, is Dr. Pierce's Favorite Prescription, as is amply attested by thousands of published testimonials contributed by grateful patients who have been cured by it of catarrhal, pelvic, ovarian, irregularities, prolapsus and other ailments caused by venereal infection, or after many other advertised medicines, and physicians had failed.

Both the above mentioned medicines are wholly made from the glyceric extracts of native medicinal roots. The processes employed in their manufacture were original with Dr. Pierce, and they are carried on by skilled chemists and pharmacists with the aid of apparatus and appliances specially designed and built for this purpose. Both medicines are entirely free from alcohol and all other harmful, habit-forming drugs. A full list of their ingredients is printed on each bottle-wrapper.



Libby's Food Products

Libby's Corned Beef Hash

Is made with the exact satisfying flavor you enjoy so much.

Prepared from the most select Beef in Libby's Great White Kitchen. A absolute purity and cleanliness guaranteed.

A Delicious Dish for Quick Service.—Libby's Corned Beef Hash, while in the tin placed in boiling hot water for a few minutes, or removed from the tin and browned in the oven for a few minutes, makes a most delightful center for luncheon or dinner.

Ask your grocer for Libby's and insist upon getting Libby's.

Libby, McNeill & Libby
Chicago



MULE TEAM BORAX

IN THE LAUNDRY

Softens Water
Saves
Cleans and Whitens
Clothes

FREE

To convince any woman that Paxtine Antiseptic will improve her health and do all we claim for it. We will send her absolutely free a large trial box of Paxtine with book of instructions and genuine testimonials. Send your name and address on a postal card.

PAXTINE

cleanses and heals in 10 to 15 minutes all eye, nose, throat, ear, and nasal affections, such as nasal catarrh, pelvic, ovarian and inflammation caused by feminine ills; sore eyes, sore throat, and mouth, by direct local treatment. Its curative power over these troubles is extraordinary and gives immediate relief. Thousands of women are using and recommending it every day. 50 cents at drug stores or by mail. Remember, however, IT COSTS YOU NOTHING TO TRY IT. THE R. PAXTON CO., Boston, Mass.

DROPS NEW DISCOVERY!

Send me, book of testimonials, give quick relief and cure all eye, nose, throat, ear, and nasal affections. Dr. R. H. GREEN'S 6028, Box E, Astoria, Ore.

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PATENTS Do you wish to know about PATENTS? Do you wish to know about TRADE-MARKS? Do you wish to know about PENSIONERS? Do you wish to know about BAY AND BOINNY? Then write to W. B. Wills, Attorney-at-Law (Notary Public), 212 Indiana Avenue, Washington, D. C. 14 years in Washington. Union Soldiers and Sailors—war 1861-65 entitled to pension on age after they reach 62. If pensioner desires wife she may be entitled to all his pension.