

A SOCIAL LEADER  
OF KANSAS CITY  
Attributes Her Excellent Health to  
Peruna.



MRS. W. H. SIMMONS, 1119 E. 8th St., Kansas City, Mo., member of the National Annuity Association, writes:  
"My health was excellent until about a year ago, when I had a complete collapse from overworking socially, not getting the proper rest, and too many late suppers. My stomach was in a dreadful condition, and my nerves all unstrung."  
"I was advised by a friend to try Peruna, and eventually I bought a bottle. I took it and then another, and kept using it for three months."  
"At the end of that time my health was restored, my nerves no longer troubled me, and I felt myself once more able to assume my social position. I certainly feel that Peruna is deserving of praise."  
"There are many reasons why society women break down, why their nervous systems fail, why they have systematic pelvic catarrh. Indeed, they are especially liable to these ailments. No wonder they require the protection of Peruna. It is their shield and safeguard."

**PATENTS** Do you wish to know about PATENTS? Do you wish to know about TRADE-MARKS? Do you wish to know about INVENTIONS? Do you wish to know about PAY and BOUNTY? Then write to W. H. Williams, Attorney-at-Law (Notary Public), 312 Building, 312 Indiana Avenue, Washington, D. C. 21 Years in Washington. Union Soldiers and Sailors—war 1861-65—entitled to pension on age after they reach 62. If pensioner desires a wife she may be entitled to half his pension.

**HICKS' CAPUDINE**  
CURES  
**ALL ACHES**  
And Nervousness  
Trials the Life Astringent

Instead of sending a friend on a fool's errand, go yourself.

**BABY WASTED TO SKELETON.**  
In Torments With Terrible Sores on Face and Body—Tore at Flesh—Cured by Cuticura.

"My little son, when about a year and a half old, began to have sores come out on his face. They began to come on his arms, then on his chest, worse than the others. Still he grew worse. At the end of about a year and a half of suffering he grew so bad I had to tie his hands in cloths at night to keep him from scratching the sores and tearing the flesh. He got to be a mere skeleton and was hardly able to walk. I sent to the drug store and got a cake of Cuticura Soap and a box of Cuticura Ointment, and at the end of about two months the sores were all well. He has never had any more of any kind since, and I can sincerely say that only for the Cuticura Remedies my precious child would have died from those terrible sores. I used only one cake of Soap and about three boxes of Ointment. Mrs. Egbert Sheldon, R. F. D. No. 1, Woodville, Conn., April 29, 1907."

In reply to an advertisement for a woman typist at a salary of \$3.75 a week, a London firm, on March 4, received no fewer than 397 replies.

**What Ails You?**  
Do you feel weak, tired, despondent, have frequent headaches, coated tongue, bitter or bad taste in morning, "heart-burn," belching of gas, acid risings in throat after eating, stomach gnaw or burn, foul breath, dizzy spells, poor or variable appetite, nausea at times and kindred symptoms?

If you have any considerable number of the above symptoms you are suffering from biliousness, rapid liver with indigestion, or dyspepsia. Dr. Pierce's Golden Medical Discovery is made up of the most valuable medicinal principles known to medical science for the permanent cure of such abnormal conditions. It is a most efficient liver invigorator, stomach tonic, bowel regulator and nerve strengthener. The "Golden Medical Discovery" is not a patent medicine or secret nostrum, a full list of its ingredients being printed on its bottle-wrapper and attested under oath. A glance at its formula will show that it contains no alcohol, or harmful habit-forming drugs. It is a fluid extract made with pure, triple-refined glycerine, of proper strength, from the roots of the following native American forest plants, viz., Golden Seal root, Stone root, Black Cherry bark, Queen's root, Bloodroot, and Mandrake root.  
The following leading medical authorities, among a host of others, endorse the foregoing roots for the cure of just such ailments as the above symptoms indicate: Prof. E. Bartholow, M. D., of Jefferson Med. College, Philadelphia; Prof. H. C. Wood, M. D., of Univ. of Pa.; Prof. Edwin M. Hale, M. D., of Hahnemann Med. College, Chicago; Prof. John King, M. D., Author of American Dispensatory; Prof. Geo. M. Scudder, M. D., Author of Specific Medicines; Prof. Laurence Johnson, M. D., Med. Dept., N. Y.; Prof. Finley Ellingwood, M. D., Author of Materia Medica and Prof. in Bennett Medical College, Chicago. Send name and address on Postal Card to Dr. R. V. Pierce, Buffalo, N. Y., and receive free booklet giving extracts from writings of all the above medical authorities and many others endorsing, in the strongest possible terms, each and every ingredient of which "Golden Medical Discovery" is composed.  
Dr. Pierce's Pleasant Pellets regulate and invigorate stomach, liver and bowels. They may be used in conjunction with "Golden Medical Discovery" if bowels are much constipated. They're tiny and sugar-coated.

**NEWS AND NOTES FOR WOMEN**

**BLACK FOREST GIRLS.**

The one special glory of the Black Forest girl is her "schappel," which she wears only on occasions of marriage, christening or some high feast day. In effect it is a towering bush covered with gold and silver ornaments, scraps of pearl, coral beads, bits of glass, mixed here and there with artificial flowers. Many of these are two and three hundred years old, and their value varies according to the wealth of the possessor.

The glass ornaments which seem to form the basis of these remarkable creations were brought from Venice and Florence by early travelers. Girls of succeeding generations, on their bridal days or other festival occasions, have added the bits of coral and precious stones. The unwieldy decoration is tied on the head by broad ribbons, and together with a wide Elizabethan ruff, a black dress, a string of ornaments around the neck and a silver girdle complete the wedding costume.

There are usually not more than one of these headresses in a family, yet at the weddings of the wealthiest peasants in the neighborhood of St. George's, 20 or 40 such ornaments may be seen at the ceremony and at the dance that invariably follows.

The bridal dress of the Black Forest maiden is henceforth her festival garment. The outfit that her mother gives her remains unchanged through all the vicissitudes of her married life. In fact, the older the garment the greater the value it possesses in the eyes of the owner, and the girls who went to the grand duke's celebration in dresses that came from the home loom 200 years ago, and which had seen wear in 10 different generations, had, in peasant eyes, the most attractive garments that were seen there.

**"BY A HAIR."**

A story of a clever defeat of a German army officer by a young French countess at Hamburg has just come over and is being repeated along the avenue. He had foolishly criticized her taste in jewelry, and in a flash she had replied that there was no comparison between France and Germany in the jeweler's art, that Berlin was hopelessly behind Paris. "Why," she exclaimed, "you can give me anything, anything I say, and I will send it to France to show you how we excel!" The big German officer had not expected a challenge, but he was equal to it. Pulling a hair from his mustache, he said, "There, have something artistic made of this." Days passed, and then a week, and the German officer credited himself with having won out. He plumed himself when he met the Countess on the fact that she did not broach the subject of jewelry again. In time the Countess unpacked a little case, and behold, the adornment of the hair of the German's mustache. The hair was drawn through the claws of a Prussian eagle. Hanging on each end was a golden ball, one inscribed "Alsace" and the other "Lorraine." On a scroll by the side of the bird were the words, "You hold them by but a hair." The ruffled Teuton at sight of the Countess, although silent to him, smilingly whispered to a friend, "He won't argue with one of our race again."—New York Press.

**WOMAN IN OVERALLS; RAISING TURKEYS.**

Mrs. Ida M. Cook, a Lynn woman, wear overalls, tills the soil, guides the plow, does carpentry work and shoots small game with the proficiency of an old marksman.

A few years ago, says the Boston Herald, Mrs. Cook was obliged to give up life indoors on account of poor health. The physician told her that plenty of air and outdoor work would restore her to her former vigor, so she started to cultivate a garden.

One day when she was pulling weeds out of the cabbage patch she tripped and stumbled on her skirt, tearing a hole in it. While going into the house to take off the torn dress she noticed a pair of her father's overalls hanging in the entry, and the thought struck her that they were just the thing for a woman to wear while working in the garden.

She lost no time in putting them on, found them a great improvement on the clumsy skirt, and has worn overalls ever since when pursuing outdoor tasks around her estate.

A farmer's wife near Parsons has found that raising turkeys is better than digging gold or holding Standard Oil stock. She marketed her turkeys last week and went home with her pocket full of gold.

This woman was Mrs. J. F. Leonard, living seven miles southeast of Parsons. Last spring she started to raise this year's crop of turkeys with a big flock of young birds. She worked hard during the spring and summer months to keep the rats and rain from getting away with them. Last fall she looked upon the flock of fine large birds. When she rounded them up and brought them to Parsons to market there were 133 of them, and, as the average weight was ten or twelve pounds each, at the market price she received more than \$150 for the two loads they made.—Parsons (Ind.) Sun.

**A LIFE WORTH LIVING.**

To be happy, hopeful, buoyant, kind, loving from the very depths of my heart; considerate and thoughtful regarding the peculiarities and eccentricities of human nature; adjusting myself to each so as to produce harmony and no friction; to be pure in words, thought and deed; broad-minded and liberal, not given to petty denunciation of my fellows; moderate in methods of life; never adding a burden or sorrow where a little forethought would give pleasure; not hasty in speech or action; sincere, candid and truthful in every detail; conscientious in the execution of every duty; composed, unpretentious and simple, keeping close to nature's heart and always relying upon Him I most earnestly strive to serve, keeping ever before me that exemplary life as my rule of conduct toward men, thus creating an influence for good. This is my idea of making "Life worth living."—Louis Waddell, in The Nurse.

**MAXIMS.**

To love is to be useful to yourself; to cause love is to be useful to others. Nothing but love has ever reigned on the throne of creation; nothing but love will ever reign.

Love is never satisfied with doing or giving anything but the best. That which is to be loved long is to be loved with reason, rather than with passion, says Woman's Life.

As love without esteem is capricious and volatile, esteem without love is languid and cool.

To love for the pure sake of loving is almost the characteristic of an angel.

Those whom love cements in holy faith and equal transport, free as Nature, live, disdaining fear.

**DON'T THINK YOU ARE OLD.**

A certain amount of social life is absolutely essential to the old as well as to the young. A woman never grows so old that she ceases to enjoy the company of others, and generally the older she grows the more she enjoys it. It is always a pity to see a man fall into a state which he explains by saying: "Oh, we're getting old, and don't care for so much variety in our lives," says Woman's Life. In the pure selfishness of his soul he always speaks of "us" and "we," as if it naturally follows that because he is getting antiquated his wife must keep pace with him in his decline. Let him keep in touch with the world, and both he and his wife will be the better and the younger for it.

**THE PASSING OF THE EMPIRE.**

"The most notable change of form is this," says Harper's Bazar, which "sets the fashion": "The Empire is disappearing rapidly. This does not mean that well-gowned and even handsomely dressed women will drop it all at once, especially if the Empire happens exactly to suit them; but it indicates a modification of forms, and that, as regards Empire gowns, this modification is going to be a short process quite in contrast with the changes which the bolero, the blouse, and Eton forms have been undergoing for many seasons, though all the while retaining a decided hold upon the favor of fashionable women."

**MME. NELLIE MELBA.**

Mme. Nellie Melba signed a contract recently with a talking machine company that calls for the largest remuneration a singer ever received for a single week's effort.

The soprano is to receive more than \$50,000 for singing a week. This sum will be paid in royalties, but the company has guaranteed the sum, equal to the annual salary of the President of the United States, and the total amount probably will be far in excess of that figure.—New York Herald.

**WOMEN'S ALTERNATIVES.**

Some women frankly admit that they hate pandering to the bumptious youth of the day, but that if they snub him, as he frequently deserves to be snubbed, they get left without partners at dances or anyone to talk to at "teas," which is only another proof of the fact that man and not woman dictates to society in England.—From the Ladies' Field.

**FASHION NOTES.**

Draped bodices continue in high favor among slender girls.

Plaids naturally need very little trimming, and that generally is subdued colors.

The scarf must not be confounded with the veil (now worn very long and bordered round the edge.)

Tans, very light modes and grays are the best shades to buy in gloves if you want to be right up to date in your dress.

The lithe lines and small waist demanded by the fashionable figure make careful corseting imperative.

The truly fashionable woman nowadays is careful that her coiffure is in keeping with the elegance and trimness of her costume.

**FARM AND GARDEN**



**COL. W. A. HARRIS ON SHORT HORNS.**

Col. Harris, of Kansas, who is one of the best informed men about Short-horn cattle, in a recent address, referring to the Scotch and other types of this breed said:  
"The sage of Sittyton, was an unknown young breeder away off in Scotland. There was a great war going on between the Booths and the Bates, so that the only thing left for him to do was to breed a class of bulls for the farmers. He did this. He wanted the farmers to feel that they could not afford to do without the bulls that he produced, and he did not care for finish as much as he did for constitution.

"This is a practical day. We have to know that cattle we produce will be a source of profit, or some other breed will be chosen. We must build up the cattle, and I do not think we have a right to say the Short-horn bulls are all of a kind that will be of profit to use. We must concentrate our efforts in this direction.

"The Angus, the Devons, the Short-horns are each found in their particular shire of England, but there is a peculiar adaptability in the Short-horn breed. They seem to adapt themselves to almost any locality. They seem to grow to fit the surroundings. The Short-horns are now spread all over England. They would seem to thrive everywhere; it is wonderful. From Argentine to Scotland, everywhere, they seem to adapt themselves to the conditions which they find. And yet there are modifications. It seems to me that there are differences. There is no single type that will fit every condition, and we must allow for the difference of climate and surroundings.

"We must pay greater attention to the milking qualities. Everything must be turned to profit. We must have an animal in which the sum total of qualities yield a profit. A great deal has been said and written in regard to type. There are some men who run things at our agricultural colleges who are very good, while others are long in theory and short in experience. They say absolutely that two and two equal four. Things won't always work out that way. There are many secrets of gestation and reproduction which we can never know. They insist upon a type which they call the dairy type, and say that nothing can be a great producer of milk except that type."

**HINTS ON BREEDING SHEEP.**

As the result of several years of experience, the Wisconsin station has published the following conclusions:  
"From the breeding records of 154 ewes at this station we conclude that, for such animals and conditions as ours, the normal period of gestation ranges from 144 to 150 days after the date of service, and that more ewes will lamb 146 days after service than at any other time.

"There is no appreciable difference in the period of gestation for male and female offspring in sheep.

"There is an apparent relation between the duration of the period of gestation and the period required for maturity. Quick-appearing maturing breeds to carry their young for shorter periods than those breeds requiring more time to mature.

"Large lambs are on the average carried in utero for an appreciably longer period than small or medium lambs.

"Lambs dropped before the one hundred and forty-fourth day and after the one hundred and forty-ninth day of pregnancy are lacking strength and vitality at birth.

"Shropshire ewes were more prolific than any of the other breeds and crosses, except the fourth cross of Shropshire rams on a Merino ewe foundation.

"One-year-old rams are not so prolific as those of two-year-old. Ewes average a larger percentage of increase in lambs after they reach full maturity, at three years of age, until after they are six years old, when the rate of increase diminishes.

"The amount of service required of the ram in breeding has an influence on the percentage of increase in offspring of the ewes that produce lambs. Ewes bred early in the season of mating to a single ram dropped a larger percentage of lambs than those near the latter end of the season."

**MATCH UP THE HORSES.**

This does not imply that those of the same markings or same color are to be worked together. Matching farm teams is more difficult than matching driving teams. A slow walking horse should never be put with a fast walking one, for you will have to constantly urge the slow one, and this soon irritates the other one. Match gaits; match temperaments, and match horse power. These are the essentials to keep in mind when matching up the team for heavy work. Never put a young horse to very heavy, steady work, such as plowing, alongside an old staid horse. The youngster is apt to do more than his share, in spite of all you can do to equalize the work.

When breaking a colt I have always found it best to put it alongside a steady even-tempered horse that is not easily "rattled." Such a mate

**How to Open a Can of Salmon.**

To open a can of Argo Red Salmon properly, lay the can on its side, insert the can opener at the seam, then stand the can on end, and pressing the top firmly down, work the can opener around the top, removing the entire top. The Argo will then come out in one solid piece.

Consul F. W. Mahin, of Nottingham, reports that cremation is increasing in Great Britain, the number of bodies cremated being 742 in 1906, against 604 in 1905.

**Deafness Cannot Be Cured**

by local applications as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a running sound or imperfect hearing, and when it is entirely closed Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever. Nine cases out of ten are cured by catarrh, which is nothing but an inflamed condition of the mucous surfaces. We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that can be cured by Hall's Catarrh Cure. Send for circulars free. F. J. CHENEY & Co., Toledo, O. Sold by Druggists, 75c. Take Hall's Family Pills for constipation.

The town of Paoli, Ind., is named for General Paoli, of Corsica, who defended that island against the French in favor of the British. He died in England and has a monument in Westminster Abby.

FITTS, ST. VITUS' DANCE; NERVOUS DISEASES permanently cured by Dr. Kline's Great Nerve Restorer. 23 trial bottle and treatise free. Dr. H. B. Kline, Ltd., 931 Arch St., Phila., Pa.

The first almanac was printed in Hungary in 1470.

Argo Red Salmon is the fish that made Alaska valuable to the United States.

**Smuggling Up.**

O! yes, 'twas true, no love was lost between them; There couldn't be, as you would quite agree, If it had been your pleasure to have seen them— They sat so close together, he and she.

—Philadelphia Press.

**Argo, Argo, Argo, Argo, Argo, Argo, Argo, Argo, Argo, Argo.**

**Explaining Who He Is.**

A Colorado man who is visiting in Wellington told H. L. Woods this story: The game warden of Colorado was walking out in the mountains the other day, when he met a hunter with his gun. The official suggested that that ought to be a good country for hunting.

"It certainly is," said the hunter, proudly. "I killed one of the finest bucks yesterday I ever saw and he weighed over 200." It was the season when deer may not be shot without subjecting the hunter to a heavy fine. "Well, that's a fine one," said the warden, "and do you know who you are talking to?" Being assured that he did not, the official said: "Why I am the chief game warden of Colorado." The hunter was only taken aback for a moment, when he asked, "And do you know who you are talking to?" The warden didn't know.

"Well, sir," said the hunter, apparently much relieved, "you are talking to the biggest liar in the whole State of Colorado."—Kansas City Star.

**Not The Real Thing.**

"So this is the opal ring Mr. Porrey gave you?" said Miss Bright, examining it. "Are you—er—pleased with it?"

"Oh, yes," replied Miss Dumley, "but you know the old superstition about opals. I'm afraid it'll bring me bad luck."

"But—er—this can't bring you anything worse than an imitation of bad luck."—Philadelphia Press.

**ROMANTIC DEVONSHIRE**

The Land Made Famous by Philpotts' Novels.

Philpotts has made us familiar with romantic Devonshire, in his fascinating novels, "The River," "Children of the Mist," etc. The characters are very human; the people there drink coffee with the same results as elsewhere. A writer at Rock House, Orchard Hill, Bideford, North Devon, states:

"For 30 years I drank coffee for breakfast and dinner but some 5 years ago I found that it was producing indigestion and heart-burn, and was making me restless at night. These symptoms were followed by brain fog and a sluggish mental condition.

"When I realized this, I made up my mind that to quit drinking coffee and having read of Postum, I concluded to try it. I had it carefully made, according to directions, and found to my agreeable surprise at the end of a week, that I no longer suffered from either indigestion, heart-burn, or brain fog, and that I could drink it at night and secure restful and refreshing sleep.

"Since that time we have entirely discontinued the use of the old kind of coffee, growing fonder and fonder of Postum as time goes on. My digestive organs certainly do their work much better now than before, a result due to Postum Food Coffee, I am satisfied.

"As a table beverage we find (for all the members of my family use it) that when properly made it is most refreshing and agreeable, of delicious flavour and aroma. Vigilance is, however, necessary to secure this, for unless the servants are watched they are likely to neglect the thorough boiling which it must have in order to extract the goodness from the cereal." Name given by Postum Co., Battle Creek, Mich. Read the little book, "The Road to Wellville," in pigs. "There's a reason."