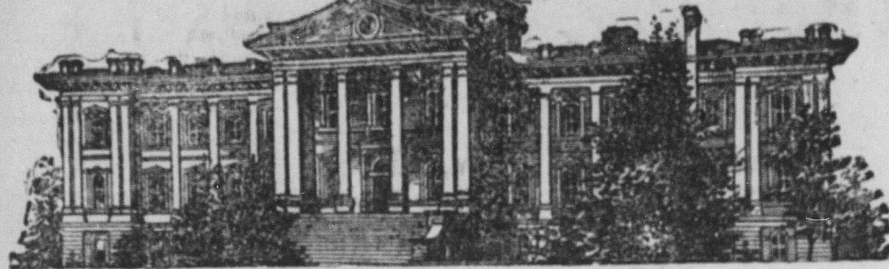


Governor Makes Use of His Family

**OF OREGON
Pe-ru-na in
For Colds.**



CAPITOL BUILDING, SALEM, OREGON.

Peruna is known from the Atlantic to the Pacific. Letters of congratulation and commendation testifying to the merits of Peruna as a catarrh remedy are pouring in from every State in the Union. Dr. Hartman is receiving hundreds of such letters daily. All classes write these letters, from the highest to the lowest.

The outdoor laborer, the indoor artisan, the clerk, the editor, the statesman, the preacher—all agree that Peruna is the catarrh remedy of the age. The stage and rostrum, recognizing catarrh as their great enemy, are especially enthusiastic in their praise and testimony.

Any man who wishes perfect health must be entirely free from catarrh. Catarrh is well-nigh universal. Peruna is the best safeguard known.

Ask Your Druggist for Free Peruna Almanac for 1906.

A Letter From the Ex-Governor of Oregon.

The ex-Governor of Oregon is an ardent admirer of Peruna. He keeps it continually in the house. In a letter to Dr. Hartman, he says:

STATE OF OREGON,
EXECUTIVE DEPARTMENT.
The Peruna Medicine Co., Columbus, O.:
Dear Sirs—I have had occasion to use your Peruna medicine in my family for colds, and it proved to be an excellent remedy. I have not had occasion to use it for other ailments.
Yours very truly, W. M. Lord.

It will be noticed that the Governor says he has not had occasion to use Peruna for other ailments. The reason for this is, most other ailments begin with a cold.



FIRST "WOMAN'S RIGHTS" MEETING.

The first recorded public meeting in the interest of "woman's rights" was held in the town of Medford in 1701. The gallery of the church was occupied by the young unmarried people of the congregation, one side and one half the front gallery being given to the young men, the other side and the other half being given to the young women. But in the seating in the eventual year the young men were given the entire front of the gallery as well, and the young women were allowed only one side of the gallery.

Then it was that things began to happen. Treatment like this wasn't to be tolerated, even for a moment. The blood of the future mothers of the Revolution was fully aroused, and the young women made such an uproar and commotion that it speedily became a town matter, and a town meeting was called to restore to their rights in half of the front gallery.

The young men of the day were bitterly opposed to extending any new privileges to women, and the fight extended beyond Medford. Shortly after the introduction of pews into the churches, by which families were separated from the remainder of the congregation, the selectmen of the town of Newbury gave permission to a group of young women to build a pew in the gallery of the church, upon their own side of the house. This extension of privilege was resented by the young bachelors to such a degree that they broke a window of the church, forced an entrance and backed the pew in pieces. For this act of sacrilege the young men of Newbury were fined \$10 each and sentenced to be whipped or pilloried. But they were manly enough to confess their folly and ask pardon, so this part of their punishment was omitted. So you see the "woman's rights" movement isn't a modern one.—Boston Herald.

RESOURCEFUL WOMAN.

They were discussing stocks and jolts in the dairy lunch room the other day, and one of the newspaper men contributed his experience. "Never found your wife running a candy butcher's cart on Seventh street, did you?" he inquired of the crowd. "Well, that is what happened to me the other day. Found she was making a pretty good saleswoman, too. I was sauntering down the street the other day when I found the head of my household chattering one of the aforesaid candy carts, and when I had picked myself up, after dropping dead with astonishment, she asked me if I wanted some Turkish delight or peanut brittle. Just about that time the candy man came back, and blessed if she did not hand him over a quagier in dimes and nickels that she had taken in while he was gone.

"When I wanted to know the why-foreness of it, she explained calmly that she had asked him where a store was that she was looking for, and he obligingly went over to the next corner to ask a policeman. In the meantime somebody came along and wanted some candy, and as she said she thought it was a shame that he should miss the sale on her account, she sold a nickel bag of candy that was already done up on the cart. I don't know if it was sympathy for a lady reduced to throw trade her way, and before the Italian had gotten back, she had sold three five-cent bags and a ten-cent bag, and turned over the quarter to the proprietor of the cart. Search me if you can ever tell what a woman will be up to next, but I have come to the conclusion that if I get out of a job I will borrow enough to set up a candy cart and let her support the family. If she made sales at the rate of twenty-five cents in three minutes and a half, she would make more in an eight-hour day than I do, and that is no joke, either."—Washington Star.

A FEW EXPLANATIONS.

Violin, wall-sower.
Canneberge, cranberry red.
Capucine, the nasturtium color.
Furnace, a rich heavy smoke gray.
Roubeux green, a shade between olive and hunter's.
Van Dyck brown, rather the tobacco shade.
Steam, the gray shade that is fairly white.
That sort of work, but people seemed Pierrot, a neck roche, usually of tulle.
Crimoline, a stripe of haircloth set into some underskirts.
Duck blue, a rich deep watery shade between blue and green.
Chemisette, merely a lingerie front, or a dickey.
Framboise, the soft, rich raspberry red.
Beaver skirt, a skirt-shaped piece of felt from which a draped hat may be made.
Empire coat, a coat falling straight or flaring from a yoke.
Willow, plume, an ostrich plume the end of which is left in wavy, trailing effect instead of being curled.
Ribbonine, dainty ribbon embroidery revived from the time of Louis XVI and earlier.
DESIGNS IN BUTTONS.
Buttons for the most part are large and flat, though some are slightly convex. Large buttons will be used almost entirely on tailor-made suits, but so ornate are they that they will be ornamental rather than useful and other modes of fastening will be employed. A new button suitable for black costumes is covered with silk or some soft woolen fabric with knots of a gay color embroidered on it with buttonhole silk. Very beautiful buttons are made of onyx and malachite and Jasper and these are surrounded with narrow metal rims. For white or very light materials crystal buttons are very effective. These are also large and flat with metal rims and a delicate design in silver or gold. The bead button is a pretty novelty formed of small cut beads inclosed in an encircling rim, the beads either matching the costume in color or of cut steel, gold or silver, and the embroidered button with a design worked in colored silks on a light background is always pretty and effective.—Indianapolis News.

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FASHION AND MOURNING.

Only on elderly women is the close-fitting small bonnet with long veil seen. The crepe veil is worn, but more often on a hat than on a bonnet, and with its fullness adjusted in most graceful folds, until the original idea of a veil to hide one's features from the gaze of too curious or sympathetic friends has apparently been quite lost sight of. Small round hats, turbans, and flat hats worn a little over the face are all considered good style worn with a long crepe veil, while as soon as the veil is shortened the millinery at once takes on a most coquettish appearance.
Combined with crepe for hat trimming are stiff wings, dull jet, and for lighter mourning, still with crepe, black ostrich plumes fastened with jet buckles are not thought at all extreme.
Black serge is now included, but of as dull a black as possible; again trimmings of crepe are used, and buttons of dull jet. A crepe hat with stiff wing at the side completes a neat and smart street gown built on the latest lines for mourning.

WHEN YOU BUY READY-MADE GOODS.

Look to the lining. No good suit has a poor lining.
See that every buttonhole is finished perfectly.
Be particular about the set of the collar.
Examine the seams and the skirt hem.
Do not let the smallest detail of the making escape your eye for a good suit is bound to be well lined and finished.
If your money is limited choose a good quality cloth and good finish, rather than trimmings.
A cheap, trimmed suit soon becomes tiresome, and if you can't have but one it is much better to get it plain and good.
For the same reason, it is best to avoid extreme styles, such as will be met at every step for a while and then suddenly die out. Choose rather a standard mode that is always in good taste and never goes out.—Scranton Tribune.

IGNORE THE DISCOMFORTS.

The road to home happiness is said to lie over small stepping stones. So small sometimes are the causes of our unhappiness that we wonder the consequences can be so great. One great palliative is the determination by every member of the family not to dwell on the circumstances, whatever they may be, which are alike sad to all.
If it be poverty, let it be cheerfully and silently borne; if it be the ill-temper of grandpa try to make a joke of it. If it be something infinitely worse and also hopeless accept it bravely; do not talk of it.
Try in the family circle to ignore it; accept every little envenoming circumstance; let in all the sun and air; work on cheerily and hopefully, knowing that however near an unhappiness may be, however innocently we may have incurred the stroke of fate, there is the ray of sunshine somewhere that has only to be looked for to be found.

FASHION NOTES.

If a woman has sharp or prominent features, let her avoid hats that are set back or off the face. She should wear a hat brought well forward and her hair should be as fluffy as possible.
For the creation of the most sumptuous headwear that will be devised for the new season, thus far velvets promise to be in the lead.
For the street and reception there will be worn many velvet costumes. Black, but relieved with touches of color or white facings, and trimmed with braid, will be very smart, while in the light colors, gray and tan (a queer new shade of it) and green, will be the favorites.
It is a fad to have sofa pillows combine as many shades of one color as possible without introducing a foreign tone. Various shades of red which harmonize well are excellent for a couch.
Braid and fancy passementerie and bands of fur will be the favorite trimmings, here again showing how much choice exists.
Scarlet flowers do not accord with gray hair and wrinkles.
The chic of a bow may be due to just a little twist in the ribbon as each loop is formed, says a milliner.



KISSES.

One egg, one cup sugar, one-half cup butter, one-half cup of milk, one teaspoonful cream of tartar, one-half of soda, flour enough to make a stiff dough; drop on tins and sprinkle over with powdered sugar. Bake in a quick oven.

MAYONNAISE.

Take the yolks of two eggs, pepper and salt, stir continuously, always turning the spoon slowly from left to right, add to the yolks, by degrees, olive oil until thick and the quantity required; next put in a teaspoonful of tarragon still stirring. Place on ice until ready to serve.

PLUM PIE.

Have a light crust of puff paste, bake this in the oven then put in, if fresh, plums previously stoned, sweetened and slightly stewed. If canned add sugar. Place on the top of the pie and heat again. Put on ice will cold.

FRIED TURNIPS.

Peel and slice the turnips, and throw into cold water. At the end of half an hour drain and put over the fire in a saucepan with a little salted water. Cook until they begin to get tender, or until a fork pierces them easily. Be careful not to break them; drain and, when cold, put them dry between the folds of a towel. Dip first in cracker-crumbs, then in beaten egg, then in cracker-crumbs. Lay on a dish in the ice-box for the crust to harden. Fry in butter to a light brown. Serve very hot.

SCALLOPED CELERY.

The coarse outer stalks of celery may be used for this dish. Cut into inch lengths, and cover with salted water. Stew until tender. Drain, and keep hot while you make a white sauce by cooking together a tablespoonful each of butter and flour, and when these bubble pouring upon them a cup of milk. Stir to a smooth white sauce, put the celery into this, and turn into a buttered pudding dish. Dust the top with buttered crumbs, and set in the oven until lightly browned. This is a simple and very palatable dish.

SHEPHERD'S PIE.

Two cups minced veal, one tablespoon butter, one tablespoon flour, one cup water or stock, salt and pepper, one teaspoon minced onion. Make sauce with butter, flour and water, add seasoning and minced onion; add one egg beaten slightly; boil gently three minutes; add minced meat, stir until hot, but not boiling; turn into buttered baking dish, put over it a layer of potatoes mashed and creamed with quarter cup milk and one tablespoon butter for two cups potatoes. Brush over with butter. Brown in good hot oven.

PEPPER RELISH.

Pepper relish is usually made of green peppers, green tomatoes and celery; but cabbage may be substituted for the peppers. For the latter, chop fine a small head of firm, white cabbage, six large green peppers, taking care not to leave in any seeds, and a nice bunch outer leaves; put into a large bowl, sprinkle with a half cupful of salt, mix well, cover and let stand over night. The next morning drain in a colander, then pack in a stone jar with two tablespoonfuls of vinegar, two tablespoonfuls of sugar, one tablespoonful each of whole cloves, allspice and whole pepper, a clove of garlic and one onion minced; simmer gently twenty minutes, to extract the virtues of the spices; strain and pour boiling hot water over the vegetables. There should be enough of vinegar to cover. When cold cover the jar and keep in a cool place. A little red pepper may be added, if you like it very hot.

USEFUL HINTS.

Battered and salted popcorn is often used as a substitute for salted almonds.
A good filling for sandwiches is made by mixing finely chopped pecan nuts with Chutney.
An ordinary headache may generally be cured by applying water as hot as it can be borne to the feet and back of the neck.
Flat irons should be kept with particular care, and occasionally rubbed over with wax to keep their surface perfectly smooth.
Varnished paint can be kept as bright as though freshly done by soaking in water some time a bag filled with flaxseed, and then using it as a cloth to clean the paint.

FOR DRESS GOODS.

Lemon juice with a little fine silver sand is excellent. They should afterwards be rinsed with boiling water and polished with a soft rag.
For cleaning spoons of tea and coffee pots always have a small bottle brush hanging in your pantry. This helps wonderfully in cleaning and costs only a few cents.
Stirring anything over a hot stove often causes brittle finger nails. Try rubbing a little almond oil in every night and keep a pair of loose gloves to slip on when cooking.

In color the squirrel fish is a brilliant red.

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CENTRAL RAILROAD OF PENNSYLVANIA
Condensed Time Table. Week Days.

Read Down.	Stations	Read Up.
No. 1, 3, 5, 7	Stations	No. 2, 4, 6, 8
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