



HOW THE HARDY PILGRIM FATHERS CELEBRATED THEIR FIRST THANKSGIVING 284 YEARS AGO

THANKSGIVING
First Thanksgiving Day dawned coldly and cheerlessly two hundred and eighty-five years ago, when from the deck of the frail bark the Pilgrim Fathers gazed upon the forbidding line of the New England coast. Even to-day the shores of Cape Cod present an anything but cordial face to the ocean, and what must the 102 venturesome passengers on the Mayflower have thought as they saw the sand dunes rising up out of the sea that chilly morning of November 21, 1620? Stern and deterring as their own religion, lay that New World to which they had sailed to find liberty of belief; inhospitable, wind-swept, treeless, loomed the land. It must have taken dire necessity or dauntless courage to make a landing at such a spot.

But the Pilgrims were made of stern stuff, and what lay behind them was infinitely worse—to them—than what lay before. So they stoutly called their women and children together and ventured ashore to plant the banner of a gloomy religion upon a still more gloomy shore. From that landing sprung the town of Plymouth, and from those men and women sprang the mighty race which now, from the Atlantic to the Pacific, gives thanks each year for the blessings of the last twelve months.

Edward Winslow, historian of the Plymouth Colony, has left us an account of the first Thanksgiving Day. It was celebrated in 1621, after a year of cruel cold, hardship, and difficulties overcome. The work of settlement had been hard, and the houses, of rough-hewn logs, had risen slowly. Exposed to the fury of a New England winter, offering suffering from hunger, constantly threatened by roving bands of Indians, those heroic souls, with sublime faith, could still thank God for benefits received. A row of graves lay near the sea, almost half the number of those who had landed the previous year, but, undaunted, they, inch by inch, fought the wilderness, the elements, and the savages. And they gave thanks that their condition was not worse.

Of just what the first Thanksgiving dinner consisted Brother Winslow does not relate, but contemporaries tell us that even in those strenuous times there was good cheer. They had turkeys, you may be sure, and fat geese, reminiscent of Michaelmas feasts at home. There was feathered game a plenty, and venison for the killing. Oysters lay before their very doors, and fish galore. Then there were the home-made barley loaves and cakes of Indian meal—a dainty borrowed from the aborigines. For vegetables they had peas and, of course, beans; parsnips, carrots, turnips, onions, cucumbers, beets, cabbages and "coleworts." Then they had grapes—"very sweet and strong," history tells us—with melons and other toothsome products of the vine. And last, but by no means least, copious supplies of what the Indians called "comfortable warm water," but what the grim Puritans know as "Hollands." So some broad leather belts were loosened, probably, after the meal was over, and the long-stemmed pipes were lighted.

It was on such a day that the Puritan housewives were in their glory. Cunning recipes, handed down from granddames who flourished "while James I. was king," rare cordials, made from berries and herbs; compelling "pasties," most excellent tarts, wheat-en biscuits, calculated to lead men's thoughts away from holy things; forcemeats, preserves and jellies, all fresh and sweet from the spotless kitchens of Dame Brewster and Priscilla Alden.

Nevertheless, with all the feasting, religious things were not forgotten. The first harvest festival was ushered in with prayer and the giving of thanks. The Indians were mainly friendly, and King Massasoit and his retainers were bidden to the festivities with that New England hospitality which has continued ever since. Long-winded prayers there were, without a doubt, to which the impassive Indians listened with stolid calm. A man who could not pray for one solid hour without repeating himself was not considered of much account those days and



It is pretty certain that the endurance of the worshippers was tested that day. So dawned and waned the first Thanksgiving.

The first national observance of the day followed the proclamation of President George Washington, issued in January, 1785. It will be read with interest, as it was the first real "crow" that our forefathers permitted themselves after the stirring times of the Revolution. It was as follows:

"When we review the calamities which afflict so many other nations, the present condition of the United States affords much matter of consolation and satisfaction. Our exemption hitherto from foreign war, an increasing prospect of the continuance of that exemption, the great degree of internal tranquillity by the suppression of an insurrection which so wantonly threatened it, the happy course of our public affairs in general, the unexampled prosperity of all classes of our citizens, are circumstances which particularly mark our situation with the indications of the Divine beneficence toward us. In such a state of things it is in an especial manner our duty as a people, with devout reverence and affectionate gratitude, to acknowledge our many and great obligations to Almighty God, and to implore Him to continue and confirm the blessings we experienced.

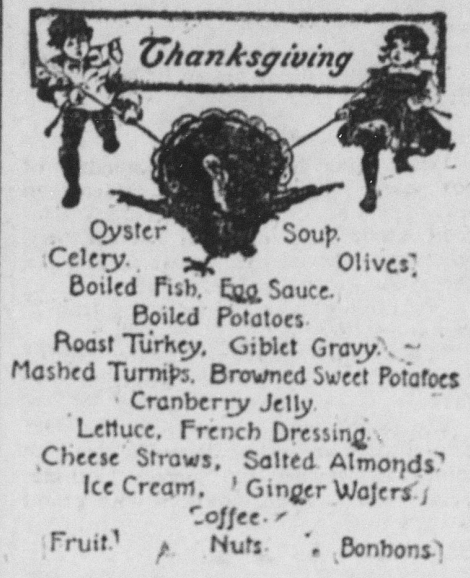
"Deeply penetrated with this sentiment, I, George Washington, President of the United States, do recommend to all religious societies and denominations, and to all persons whomsoever,

and establish habits of sobriety, order, morality, and piety, and finally to impart all the blessings we possess or ask for ourselves to the whole family of mankind.

"In testimony whereof, I have caused the seal of the United States of America to be affixed to these presents, and signed the same with my hand, done at the city of Philadelphia the first day of January, 1795.

"GEORGE WASHINGTON, By the President:

"Edward Randolph." Thus did the eagle scream in 1795 and the noble bird has been lifting up his voice annually ever since.



Thanksgiving

- Oyster Soup
- Celery
- Boiled Fish, Egg Sauce
- Boiled Potatoes
- Roast Turkey, Giblet Gravy
- Mashed Turnips, Browned Sweet Potatoes
- Cranberry Jelly
- Lettuce, French Dressing
- Cheese Straws, Salted Almonds
- Ice Cream, Ginger Wafers
- Coffee
- Fruit
- Nuts
- Bonbons

The Invalid's Thanksgiving

How to Serve an Attractive Dinner on Trays.

For those persons confined to their rooms, but whose condition allows of their eating a moderate Thanksgiving dinner, it may be served more attractively in courses on trays than all masses on one tray at the same time, gaining zest by being a series of surprises.

Heat a bouillon cup by letting hot water stand in it while you quickly boil the soup from a small can, to which add a good shake of celery salt and other preferred seasonings.

Toast one cracker in the oven. Cover your smallest waiter with a pretty doily; place on it the cracker laid on a dainty bread-and-butter plate, the cup of bouillon on a fine breakfast plate, a thin tumbler of water with a fresh chrysanthemum lying beside it, and serve, having placed the large napkin under the breakfast plate.

The next tray should be carried up and set down outside the invalid's room until the previous one is brought out. On it have a small platter containing what looks for all the world like a Lilliputian turkey, beautifully browned, stuffed and garnished with parsley, and which is, in reality, a plump partridge or a squab. To go with this there is a spoonful of currant or grape jelly.

But as this is posing for turkey, have a little mold of cranberry jelly turned out on a very small saucer, and on a hot plate, covered, a slice of sweet

For Peace, Plenty and Happiness Let a Grateful People Bow in a Prayer of Thanksgiving



With hearts and lips in worshipful accord
 Do we recount the blessings on us poured
 And lift our voices hymns of praise to sing
 For all Thy care.

within the United States, to set apart and observe Thursday, the 19th day of February next, as a day of public thanksgiving and prayer, and on that day to meet together and render sincere and hearty thanks to the great Ruler of nations for the manifold and signal mercies which distinguish our lot as a nation; particularly for the possession of constitutions of government which unite and, by their union, establish liberty and order; for the preservation of our peace, foreign and domestic; for the reasonable control which has been given to a spirit of disorder in the suppression of the late insurrection, and generally for the prosperous condition of our affairs, public and private, and at the same time humbly and fervently beseech the kind Author of these blessings graciously to prolong them to us; to imprint on our hearts a deep and solemn sense of our obligations to Him for them; to teach us rightly to estimate their immense value; to preserve us from the arrogance of prosperity, and from hazying the advantages we enjoy by delusive pursuits, to dispose us to merit the continuance of His favors by not abusing them, by our gratitude for them, and by corresponding conduct as citizens and as men to render this country more and more a safe and propitious asylum for the unfortunate of other countries; to extend among us true and useful knowledge; to diffuse

The Day of Thanks
 With songs approach your God to-day,
 Ye saints, be swift your vows to pay
 And bless the Lord
 With one accord,
 Whose love the year hath richly crowned,
 He smiled, when winter darkly frowned,
 And by His gentle, balmy breath
 Woke ice-bound nature from her death;
 He gave the blossoming of spring,
 And bade the birds their carols sing;
 Vouchsafed the summer's ripening heat
 And all the fruits that autumn greet.
 Then haste to pay,
 On this glad day,
 As well ye may,
 The debt of love to Him ye owe,
 Who doth unceasing goodness show.
 "Praise God from whom all blessings flow."

LUCKY, AFTER ALL
 Mrs. Newlywed—"Mother writes that she can't be with us this Thanksgiving."
 Mr. Newlywed—"Geel! And I was just thinking I had nothing to be thankful for."—Puck.

There is Money in Growing Ginseng

Prof. W. L. Howard of the Missouri State Agricultural College says: "I advise American farmers to cultivate Ginseng. Big profits may be realized. It is a hardy plant and is easily grown."—A recent bulletin issued by the Pennsylvania State Agricultural College in part says: "The supply of native Ginseng root is continually diminishing and the price per pound is correspondingly increasing, while the constant demand for Ginseng in the future. The market for our cultivated root will exist as long as the Chinamen exist."—Consul General W. A. Rublee of Hong Kong says in the U. S. Consular reports: "The sale of Ginseng root grown in America is very large here and the demand is so great that much more could be disposed of advantageously. The root is as indispensable to the 400,000,000 Chinese as is their rice."

Ginseng is a staple on the market the same as corn, wheat and cotton. The present market price varies from \$5 to \$8 per pound according to quality, while the cost of production does not exceed \$1.50. There is room in an ordinary garden to grow several hundred dollars worth each year. The plant is hardy and thrives in all parts of the United States and Canada, except in arid regions. We are successful growers and can show you how to make money growing Ginseng. You can get a good start in the business for a small outlay, and soon have a comfortable income. We have several thousand choice roots for sale for fall delivery. The planting season begins in August and continues till the ground is frozen. Write us today for literature.

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