

PAINFUL PERIODS

Suggestions How to Find Relief from Such Suffering.



While no woman is entirely free from periodical suffering, it does not seem to be the plan of nature that women should suffer so severely. Menstruation is a severe strain on a woman's vitality. If it is painful or irregular something is wrong which should be set right or it will lead to a serious derangement of the whole female organism.

More than fifty thousand women have testified in grateful letters to Mrs. Pinkham that Lydia E. Pinkham's Vegetable Compound overcomes painful and irregular menstruation.

It provides a safe and sure way of escape from distressing and dangerous weaknesses and diseases.

The two following letters tell so convincingly what Lydia E. Pinkham's Vegetable Compound will do for women, they cannot fail to bring hope to thousands of sufferers.

Miss Nellie Holmes of 540 N. Davison Street, Buffalo, N. Y., writes:

Dear Mrs. Pinkham:—
Your medicine is indeed an ideal medicine for women. I suffered misery for years with painful periods, headaches and bearing-down pains. I consulted two different physicians but failed to get any relief. A friend from the East advised me to try Lydia E. Pinkham's Vegetable Compound. I did so, and no longer suffer as I did before. My periods are natural, every ache and pain is gone, and my general health is much improved. I advise all women who suffer to take Lydia E. Pinkham's Vegetable Compound."

Mrs. Tillie Hart, of Larimore, N. D., writes:

Dear Mrs. Pinkham:—
I might have been spared many months of suffering and pain had I only known of the efficacy of Lydia E. Pinkham's. Ask Mrs. Pinkham's Advice—A Woman Best Understands a Woman's Ills.

Vegetable Compound sooner; for I have tried so many remedies without help.

"I dreaded the approach of my menstrual period every month, as it meant so much pain and suffering for me, but after I had used the Compound two months I became regular and natural and am now perfectly well and free from pain at my monthly periods. I am very grateful for what Lydia E. Pinkham's Vegetable Compound has done for me."

Such testimony should be accepted by all women as convincing evidence that Lydia E. Pinkham's Vegetable Compound stands without a peer as a remedy for all the distressing ills of women.

The success of Lydia E. Pinkham's Vegetable Compound rests upon the well-earned gratitude of American women.

When women are troubled with irregular, suppressed or painful menstruation, leucorrhoea, displacement or ulceration of the womb, that bearing-down feeling, inflammation of the ovaries, backache, bloating, (or flatulency), general debility, indigestion and nervous prostration, or are beset with such symptoms as dizziness, faintness, lassitude, excitability, irritability, nervousness, sleeplessness, melancholy, they should remember there is one tried and true remedy. Lydia E. Pinkham's Vegetable Compound at once removes such troubles. Refuse to buy any other medicine, for you need the best.

Don't hesitate to write to Mrs. Pinkham if there is anything about your sickness you do not understand. She will treat you with kindness and her advice is free. No woman ever regretted writing her and she has helped thousands. Address Lynn, Mass.

SANG IN OPEN STREETS.

Vienna Stage Celebrates Test Public's Judgment of Music.

A merry quartette of performers made an interesting experiment in the streets of Vienna, says the New Orleans Times-Democrat, in order to see with their own eyes how the general public would appreciate the highest artistic talent if it were exhibited in the open street, unannounced and unadorned.

Miss Gerda Walde, prima donna of the Vienna stage; Louis Treumann, the popular comedian of the Carl theater; Edward Eysler, the composer, and Alfred Deutsch-German, the playwright, arrayed in the garb of ordinary street musicians, made a tour through the principal streets of the city. The composer, Eysler, performed the duties of organ-grinder, while the others sang a repertoire which included such well-known songs as "Geh, Mach Dein Fenster Auf" (Go, Open Your Window), "Kussen Ist Keine Sunde" ("Kissing Is No Sin") and "Jetzt Spielts Uns an Tanz" (Now They Play and Dance for Us).

The incognito of the celebrated band remained undiscovered and the day's "takings" aggregated a paltry 6 kreutzers (about 1 shilling 2 pence), which they laughingly divided among themselves. Their previous doubts as to the ability of the public to judge of the value of art unassisted by the atrial effect have now given way to settled conviction. But, nevertheless, it would have been interesting to find out what the day's takings would have amounted to had the quartette openly announced themselves as the leading lights of the Austrian musical world. Doubtless the man in the street, even in Vienna, does not look for talent in the streets.

Cannot Reduce a Rate.

It is stated in Washington that under the Townsend rate bill if a rate is fixed by the commission it cannot be lowered by a railroad. Should an emergency arise calling for a decreased rate the railroads or shippers would have to appeal again to the commission, there being no latitude allowed, whatever the circumstances. Hitherto a maximum rate has been the rule, but no such concession is made under the proposed legislation.

Optical Convention.

An optical convention will be held in London the latter part of May, under the presidency of Dr. R. T. Glaesbrook, F. R. S. The object of the convention is to bring into cooperation men interested in optical matters. A sub-committee has been appointed to consider the subjects of papers on optical questions which should be brought before the convention, and suggestions as to subjects for discussion will be welcomed. It has been decided to organize an exhibition, of a scientific character, of instruments manufactured in this country. England, with a view to show the progress recently made, and to stimulate further efforts.

CURE YOUR KIDNEYS.

When the Back Aches and Bladder Troubles Set In, Get at the Cause.

Don't make the mistake of believing backache and bladder ills to be local ailments. Get at the cause and cure the kidneys. Use Doan's Kidney Pills which have cured thousands.

Captain S. D. Hunter, of Engine No. 14, Pittsburg, Pa., Fire Department, and residing at 2725 Wylie avenue, says:

"It was three years ago that I used Doan's Kidney Pills for an attack of kidney trouble that was mostly backache, and they fixed me up fine. There is no mistake about that, and if I should ever be troubled again I would get them first thing, as I know what they are."

For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, N. Y.

Every Congratulation.

A very famous American dentist met the English husband of an American friend of mine with the genial congratulation: "My dear sir, I wish you joy! You have married a first-rate set of teeth."—Fortnightly Review.

Deafness Cannot Be Cured by local applications as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever. Nine cases out of ten are cured by catarrh, which is nothing but an inflamed condition of the mucous surfaces.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars free. F. J. CROSBY & Co., Toledo, O. Sold by Druggists, 75c.

Take Hall's Family Pills for constipation.

English Shopkeepers.

The upper class in England is sinking; the middle is rising rapidly, and those who belong to the former keep shops in assumed names, while those who belong to the latter endeavor to conceal that they themselves are connected with trade. The conversation of both, however, betrays that they are shopkeepers.—London Truth.

Popular Cars.

The Pope-Hartford and Pope-Tribune gasoline cars and runabouts meet the specific demands of a large class of automobile users. They are simple in construction, free from complication and efficient. Prices from \$500 to \$1800. For finely illustrated catalogues and descriptive matter, address Dept. A, Pope Manufacturing Co., Hartford, Conn.

Glass houses may soon be made stone-proof.

THE KEYSTONE STATE

Latest News of Pennsylvania Told in Short Order.

The Monroe County Mountain Resort Association is trying to secure better railroad facilities between Monroe County and Philadelphia.

Women of Oxford are collecting money to build a public hall.

Mayor McCall, of York, has decided that in case a prisoner is unable or refuses to pay a fine imposed for a misdemeanor, he shall be placed at work upon the city highways.

A syndicate of Philadelphia and Baltimore capitalists has purchased the plants and franchises of the Consumers' Water Company, in Hanover, and the McSherrystown Water Company. The syndicate has also bought several hundred acres of land, gaining control of all the water supplies in that vicinity.

An unexpected flow of gas at the depth of 900 feet in a well in the Dehaven farm, Clarion, was ignited, destroying the derrick and rigging. The loss is \$1500.

Rebecca Laird, of Carlisle, has presented to the Dilworthtown Presbyterian Church a baptismal font, in memory of Mrs. Mary D. Biddle, late of Edgewood, Birmingham Township, and of Lydia Spencer Baird, who died, in 1875.

When the grand-mother of 11-year-old Arthur Brossman, of Reading, caught him playing truant she punished him with a broomstick. Thereupon the boy, it is alleged, hurled a bar of iron at her and broke her nose. The grand-mother caused the boy's arrest and in preferring charges against him declared that he had forged his mother's name to checks upon which he secured \$11 from a local bank. It is said that the boy found his mother's check book, and induced a companion to draw a check for \$1.50. This was promptly cashed and then he tried again. Further success made him bold and he, it is said, tried a \$6 check, which the cashier refused to honor. His mother would have kept the matter quiet, but the assault on the grand-mother brought the matter to light. The boy will probably be sent to a reformatory.

On January 5 last a dangerous fire broke out at night in a livery stable in the heart of the business district of Harrisburg. The fire baffled the firemen and destroyed the stable and an adjoining building. Charles Schaeffer, aged 19, was arrested, charged with setting fire to the stable. It is said he had told of his crime to a friend, who informed the detectives.

A delegation of residents of the Cumberland Valley called on Governor Pennypacker to invite him to participate in the dedication of the monument to soldiers of the Revolutionary war, at Middle Springs Presbyterian Church, two miles from Shippensburg, on June 1. He promised to be present and make an address.

The strike of the union miners in the Meyersdale district has been declared off, the union having withdrawn its support. The strike has been in progress for sixteen months.

The Bethlehem Steel Company started the erection of three large crucible and open hearth furnaces.

Associate Judge Joseph Wertz, 71 years, of Lewistown, fell in his kitchen and sustained a fracture of the right leg.

John McClurg, of Oxford, a thirty-five foot pole, when it suddenly broke. He fell and was rendered unconscious. Upon being brought to his senses again it was found that despite his fall he was uninjured.

Fifty leaders in the Sterling Colliery, Shamokin, operated by the Philadelphia Coal & Iron Company, went on strike, refusing to pick slate out of chutes before loading coal into wagons.

The college women of Scranton have formed an organization with Mrs. J. M. Wainwright, of Vassar graduate, as president, and Miss Anna Russ of Smith College, secretary. The organization will engage in philanthropic work.

A. D. Hoover, who has been postmaster at Zion's View for ten years, has resigned.

The West Chester branch of the Women's Auxiliary of the Chester County Hospital has elected the following officers: President, Miss Hannah A. Marshall; vice-presidents, Miss Elma Hoopes, Mrs. George Bidden; secretary, Mrs. Alice Shafer; treasurer, Mrs. F. S. Hickman.

Orders have been issued by Colonel Rufus C. Elder, of the Fifth Regiment, National Guard, to muster out the hospital corps at Altoona and organize a new corps in Bellefonte, where the surgeon, Dr. Albert G. H. Hayes, resides.

D. W. Tyron, cashier of the Spartansburg Bank, which failed in March, has been arrested, charged with embezzlement, on complaint of W. E. Rice, of Chicago. Rice alleges that he contracted with Tyron for the erection of a chair factory in Spartansburg and paid Tyron \$1500 to be used in conducting the business, but, he says, Tyron diverted the money to his own use.

Ten feet below the earth's surface a vein of anthracite coal has been discovered near Royer, Blair county. Some of the coal was taken out and burned, and found to be of excellent quality. The extent of the vein has not been ascertained. Much excitement has resulted among the farmers in that locality.

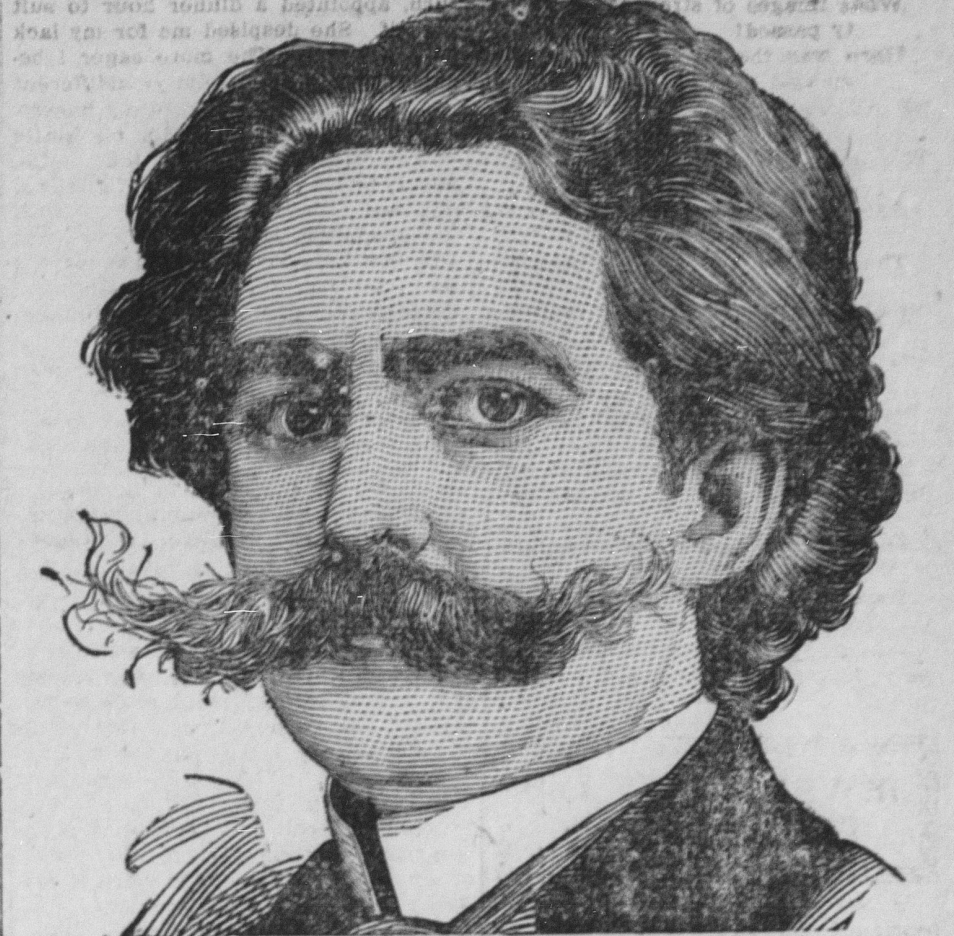
Dison McKenna, a 13-year-old boy of Shickshinny, near Wilkes-Barre, died of hydrophobia. He frother at the mouth, snapped like a dog and suffered intense pains until his death. He was bitten about five weeks ago by a dog which was not then thought to be mad.

John Bygosh is in jail on the charge of blowing up the house of William Millbak, in Luzerne Borough. Millbak declared at the hearing that he heard a man stumbe and swear, and that the voice was that of Bygosh. A few minutes later the house was blown up with dynamite.

The Schuylkill county poor directors have filed a case stated in court to secure an opinion as to whether or not they are to be paid under the new controller act, which fixes a salary of \$1,500 a year. They have been receiving \$2 a day under the old law.

CUBAN MINISTER TO THE U. S.

Recommends Per-una



Senor Quesada, Cuban Minister to the United States.

Senor Quesada, Cuban Minister to the United States, is an orator born. In an article in The Outlook for July, 1899, by George Kennan, who heard Quesada speak at the Esteban Theatre, Matanzas, Cuba, he said: "I have seen many audiences under the spell of eloquent speech and in the grip of strong emotional excitement; but I have rarely witnessed such a scene as at the close of Quesada's eulogy upon the dead patriot, Marti." In a letter to The Peruna Medicine Company, written from Washington, D. C., Senor Quesada says:

"Peruna I can recommend as a very good medicine. It is an excellent strengthening tonic, and it is also an efficacious cure for the almost universal complaint of catarrh."—Gonzalo De Quesada.

Congressman J. H. Bankhead, of Alabama, one of the most influential members of the House of Representatives, in a letter written from Washington, D. C., gives his endorsement to the great cathartic remedy, Peruna, in the following words:

"Your Peruna is one of the best medicines I ever tried, and no family should be without your remarkable remedy. As a tonic and cathartic cure I know of nothing better."—J. H. Bankhead.

There is but a single medicine which is a radical specific for catarrh. It is Peruna, which has stood a half century test and cured thousands of cases.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, O. All correspondence held strictly confidential.

Senor Garofalo, the Italian criminologist, reckons that throughout Europe 10,000 persons are annually condemned for murder and that only one criminal out of three is brought to justice.

Compulsory education will become general in Cape Colony soon.

FITs permanently cured. Noddy or nervousness after first day's use of Dr. King's Great Nerve Restorer, 2 trial bottle and treatise free. Dr. R. H. KING, Ltd., 381 Arch St., Phila., Pa.

In some of the London schools the boys take lessons in cooking.

Ask Your Dealer For Allen's Foot-Ease. A powder. It cures Corns, Bunions, Swollen, Sore, Hot, Chafed, Itching, Sweating Feet and Ingrowing Nails. Allen's Foot-Ease makes new or tight shoes easy. At all Druggists and Shoe stores, 25 cents. Accept no substitute. Sample mailed FREE. Address, A. L. Olmsted, LeRoy, N. Y.

The crown forests of Russia comprise 30,000,000 acres belonging to the Czar.

A former army officer plays a hand organ on the streets of Sheffield, England.

Mrs. Winslow's Soothing Syrup for children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, etc. Abbott's.

Fruits grown in China are usually inferior in flavor.

Itch cured in 30 minutes by Woolford's Sanitary Lotion. Never Fails. Sold by all druggists, 5c. Mail orders promptly filled by Dr. E. Detton, Crawfordville, Ind.

The Peruvian railways have all been consolidated.

Fiso's Cure is the best medicine we ever used for all affections of throat and lungs.—W. O. EXCELLEY, Vanburen, Ind., Feb. 10, 1903.

The present population of Great Britain and Ireland is about 42,750,000.

Potash

CORN FIELDS ARE GOLD FIELDS to the farmer who understands how to feed his crops. Fertilizers for Corn must contain at least 7 per cent. actual Potash.

Send for our books—they tell why Potash is as necessary to plant life as sun and rain; sent free, if you ask. Write to-day.

GERMAN KALI WORKS
93 Nassau Street, New York.

ADVERTISE IN THIS PAPER IT PAYS

WRITE FOR FREE BOOKLET "HOW TO PREPARE A QUICK, SURE AND FRESH BORDEAUX." THE BEST KNOWN FUNGICIDE FOR Fruits, Vegetables and Potatoes. AMERICAN HORTICULTURAL DISTRIBUTING CO. MARTINSBURG, W. VA. Manufacturers of Agricultural Chemicals.

PENSION FOR AGE. A new order will give pension for age. Write me at once for blanks and instructions. Free of charge. No Pension, No Pay. Address W. B. WILLS, Wills Building, 312 Indiana Ave., Washington, D. C. Patents and Trade-Marks Solicited.

W. L. DOUGLAS SHOES \$3.50

THE WORLD'S GREATEST SHOEMAKER

W. L. DOUGLAS MAKES AND SELLS MORE MEN'S \$3.50 SHOES THAN ANY OTHER MANUFACTURER IN THE WORLD. \$10,000 REWARD to any one who can improve this statement.

W. L. Douglas's \$3.50 shoes are the greatest sellers in the world because of their excellent style, easy fitting and superior wear. They are just as good as those that cost from \$5.00 to \$7.00. The only difference is the price. W. L. Douglas's \$3.50 shoes cost more to make, hold their shape better, wear longer, and are of greater value than any other \$3.50 shoe on the market today. W. L. Douglas guarantees their value by stamping his name and price on the bottom of each shoe. Look for it. Take no substitute. W. L. Douglas's \$3.50 shoes are sold through his retail stores in the principal cities, and by shoe dealers everywhere. No matter where you live, W. L. Douglas shoes are within your reach.

"The Best I Ever Wore." "I write to say that I have worn your \$3.50 shoes for the past few years, and find them the best ever worn. Best Dress, E. Spry, 68 East Jefferson St., Louisville, Ky."

Boys wear W. L. Douglas \$2.50 and \$2.00 shoes because they fit better, hold their shape and wear longer than other makes.

W. L. Douglas uses Corona Calfskin in his \$3.50 shoes. Corona Calfskin is considered to be the finest patent leather produced.

Fast Color Eyelets will not wear drabby. W. L. Douglas has the largest shoe mail order business in the world. No trouble to get a fit by mail. 25 cents extra prepay delivery, you receive further instructions and our Illustrated Catalogue of Spring Styles.

W. L. DOUGLAS, Brockton, Mass.

CONCENTRATED Crab Orchard WATER

TRADE MARK

A SPECIFIC FOR—

Dyspepsia Sick Headache Constipation...

The Three "I'lls" That Make Life a Burden.

Nature's Great Remedy

In Use for Almost a Century. SOLD BY ALL DRUGGISTS. CRAB ORCHARD WATER CO., LOUISVILLE, KY.

DROPSY NEW DISCOVERY. Write for particulars and 10 day's treatment free. Dr. E. E. GREEN'S BROS., Box 8, Atlanta, Ga.

FISO'S CURE FOR CONSUMPTION. Write me at once for blanks and instructions. Free of charge. No Pension, No Pay. Address W. B. WILLS, Wills Building, 312 Indiana Ave., Washington, D. C. Patents and Trade-Marks Solicited.

Facts Are Stubborn Things

Uniform excellent quality for over a quarter of a century has steadily increased the sales of LION COFFEE. The leader of all package coffees.

Lion Coffee

is now used in millions of homes. Such popular success speaks for itself. It is a positive proof that LION COFFEE has the Confidence of the people.

The uniform quality of LION COFFEE survives all opposition. LION COFFEE keeps its old friends and makes new ones every day.

LION COFFEE has even more than its Strength, Flavor and Quality to commend it. On arrival from the plantation, it is carefully roasted at our factories and securely packed in 1 lb. sealed packages, and not opened again until needed for use in the home. This precludes the possibility of adulteration or contact with germs, dirt, dust, insects or unclean hands. The absolute purity of LION COFFEE is therefore guaranteed to the consumer.

Sold only in 1 lb. packages. Lion-head on every package. Save these Lion-heads for valuable premiums.

SOLD BY GROCERS EVERYWHERE
WOOLSON SPICE CO., Toledo, Ohio.

BEST FOR THE BOWELS

Cascarets

CANDY CATHARTIC

THEY WORK WHILE YOU SLEEP

GUARANTEED CURE for all bowel troubles, appendicitis, biliousness, bad breath, bad blood, wind on the stomach, bloated bowels, foul mouth, headache, indigestion, pimples, pains after eating, liver trouble, callow skin and dizziness. When your bowels don't move regularly you are sick. Constipation kills more people than all other diseases together. It starts chronic ailments and long years of suffering. No matter what ails you, start taking CASCARETS today, for you will never get well and stay well until you get your bowels right. Take our advice, start with Cascarets today under absolute guarantee to cure or money refunded. The genuine tablet stamped C. C. C. Never sold in bulk. Sample and booklet free. Address Sterling Remedy Company, Chicago or New York.

E. B. Smith has sold nearly \$1,000,000 of the new Lehigh Navigation bonds.

BABY'S AWFUL ECZEMA

Face Like Raw Beef—Thought She Would Lose Her Ear—Healed Without a Blemish—Mother Thanks Cuticura.

"My little girl had eczema very bad when she was ten months old. I thought she would lose her right ear. It had turned black, and her face was like a piece of raw meat, and very sore. It would bleed when I washed her, and I had to keep cloths on it day and night. There was not a clear spot on her face when I began using Cuticura Soap and Ointment, and now it is completely healed, without scar or blemish, which is more than I had hoped for. (Signed) Mrs. Rose Ether, 231 Eckford St., Brooklyn, N. Y."

America is today consuming more pig iron than ever before.

THE GRAND PRIZE

THE HIGHEST AWARD AT THE ST. LOUIS WORLD'S FAIR WAS GIVEN TO TOWER'S WATERPROOF OILED CLOTHING SLICERS, HATS, FOMMEL SLICERS A. J. TOWER CO. ESTABLISHED 1836

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