PENNSYLVANIA R. R. Philad. & Erie R. R. Division and Northern Central Ry.

TRAINS LEAVE MONTANDON, EASTWARD 7.38 A. M.-Train 64. Week days for Sunbury Harrisburg, arriving at Philadelphia, 11.48 a. m. New York 2.03 p. m., Baltimore 12.15 p. m., Wash ington 1.20 p. m. Parlor car and passenger coach to Philadelphia.

9.22 A. M.—Train 30. Daily for Sunbury Wilkesbarre, Scranton, Harrisburg and intermediate stations. Week days for Scranton, Ha Belton, and Pottswile. Philadelphia, New York Baltimore, Washington. Through passenge coaches to Philadelphia.

1.23 P. M.—Train 12. Week days for Sunbury, Wilkesbarre, Scranton, Hazelton, Pottsville, Har risburg and intermediate stations, arriving at Philadelphia at 6.23 p. m., New York, 9.30 p. m. Baltimore, 6.00 p. m., Washington at 7.15 p. m Parlor car through to Philadelphia, and passenger coaches to Philadelphia, Baltimore and Washington. Washington.

4.45 P. M.—Train 32. Week days for Wilkes barre, Scranton, Hazelton, Pottsville, and daily for Harrisburg and intermediate points, arriving at Philadelphia 10.47 p. m., New York 3.53 a. m. Baltimore 9.48 p. m. Passenger coaches to Philadelphia and Baltimore.

deipnia and Baltimore.

8.10 P. M.—Train 6. Daily for Sunbury, Harrisburg, and all intermediate stations, arriving at Philadelphia 4.23 a. m., New York at 7.13 a. m. Baltimore, 2.20 a. m., Washington, 3.30 a. m. Pullman sleeping cars from Harrisburg to Philadelphia and New York. Philadelphia passengers can remain in sleepers undisturbed until 7.30 a. m.

WESTWARD.

5.33 A. M.—Train 3. (Daily) For Erie, Can-andaigua, Rochester, Buffalo, Niagara Falls and intermediate stations, with passenger coaches to Erie and Rochester. Week days for BuBois Beliefonte and Pittsburg. On Sundays only Pullman sleeper to Philadelphia. 10.00 A. M.—Train 31. (Daily) For Lock Haven and intermediate stations, and week days for Tyrone, Clearfield, Philipsburg, Pittsburg and the West, with through cars to Tyrone.

1.81 P. M.—Train 61. Week days for Kane, Tyrone, Clearfield, Philipsburg, Pittsburg, Canandaigua and intermediate stations, Syracuse, Rochester, Buffalo and Niagara Falls, with through passenger coaches to Kane and Rochester, and Parlor car to Philadelphia.

5.36 P. M.—Train 1. Week days for Renovo. Elmire, and intermediate stations. 10.07 P. M.—Train 67. Week days for Williams port and intermediate stations. Through Parlos Car and Passenger Coach for Philadelphia. 9.10 P. M.—Train 921. Sunday only, for Williamsport and intermediate stations.

	LEWISBURG	AND TYRONE Week Days.	RAILROAD.
	WESTWARD.	Week Days.	EASTWAR

P.M. A.M. 1 38 5 44 1 48 6 34 2 56 6 44 2 66 6 66 2 2 20 7 62 2 28 7 66 3 16 7 56 8 16 7 57 8 26 8 16 8 36 8 18 8 45 8 24 8 56 8 35 8 35 8 35	Montandon Lewisburg Biehl Vicksburg Mifflinburg Millmont Glen Iron Paddy Mountain Coburn Zerby Rising Springs Penn Cave Centre Hall Gregg Linden Hall Oak Hall	A.M. 9 15 9 05 9 58 8 58 8 53 8 45 6 8 33 8 26 7 43 7 35 7 7 28 7 7 22 7 17 7 10 7 06	P.M 4 33 4 21 4 11 4 10 3 54 3 10 3 02 2 54 2 41 2 36 2 22 2 22
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Additional trains leave Lewisburg for Montandon at 5.20 a. m., 7.25 a. m., 9.45 a. m., 1.15, 5.22 and 7.55 p. m., returning leave Montandon for Lewisburg at 7.40, 9.27 a. m. 10.08 a. m., 4.50, 5.46 p. m. and 8.12 p. m.
On Sundays trains leave Montandon 9.23 and 10.61 a. m. and 4.46 p. m., returning leave Lewisburg 9.25 a. m., 10.03 a. m. and 4.45 p. m.
W. W. ATTERBURY

. W. ATTERBURY, J. R. WOOD, General Manager Pass. Traffic Mgr. GEO. W. BOYD, General Pass ger Agt.

CENTRAL RAJLROAD OF PENNSYLVANIA Condensed Time Table. Week Days.

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...LEE'S... NEW LIFE TEA

CONSTIPATION, INDIGESTION, SICK HEADACHE,

And imparts new life to the whole system. At all druggists and dealers, 25c, or sent by mail, if your dealer will not supply you. Address, John D. Langham, Holley, N. Y.

For sale by J. Frank Smith, Centre Hall, Pa.



Safe, Quick, Reliable Regulator omen. Price, 25 Cents. Dr. LaFranco, Philadelphia, Pa.



spoiled from a front view.

sided.

A crooked nose is caused by bury their playthings in order. ing the face in the pillow. As the Let each child have its own shelf or twig is bent the tree is inclined, and cupboard, but teach unselfishness the woman who begins as a little and regard for others' rights, while girl to sleep with her face buried respecting his own. will grow up with a pug nose, or Worse.

naturally and saucily tip tilted and a great deal of fresh air, sunlight and turns up.

If the nose were taken in childnose is formed of a soft cartilage in the sunny part of the day. In which in childhood can be bent this warm weather it should be brought way or that.

The great ugly bump which in time air is felt.-Newark Advertiser. becomes a too prominent Roman nose could be prevented if treated in time. Even in old age it can be perprominent position.

Nearly all are too highly colored.

The great cause of this is poor

and make the nose very red. ed. Unless the woman eats the the belt or ribbon.

the standpoint of her complexion. that there is such a thing, you can also employed in the same way. reassure yourself by attending a liant complexion.-Health.

NEW CONCEITS IN CUSHION TOPS.

An effect of life may always be given to the one-color room by the introduction of a sofa pillow of some NEW STYLES AND OLD FASHbrilliant or positive coloring, for the green room, the light or porcelain blue pillow, for the ivory-tinted room a scarlet pillow, and for the blue room a bronze cushion or the sunshine of a golden yellow pillow; these are artistic touches.

The distinctive feature which the shopper finds in this never too plenteous house-furnishing, is the use of enormous tassels at diagonal ends to finish the heavy rope cord around the edge. The bigger the tassels the more in vogue the pillow, and though, together with the cords, they can be had in all colors, black forms the best frame for the artistic heads or the spreading flowers which form the centers.

An entire goat or calfskin, either tanned or untanned, forms a novel top, and is held fast to the pillow by leather strings run through cyclet holes in the skin and interlaced across the pillow's satin back. Burning-point and paint-brush make the tanned skins a background for the sharp features of high-checked Indian or the full bloom of a California poppy, and not infrequently scenes of country life with the haymakers, the lovemakers and the fun-

makers are shown. The girl who has blistered her hands and the hands of her friends rying to get sufficient needles from the knotty pine boughs to bring an odor of the woods to her city home. will find large and small oblongs in the coarsest of linen pine crash, dec. air. A stepladder to run up and prated in green and brown with pine down is a great incentive to health; ones and needles. The fronds must be first sewed into a close motions, all keep the body lithesome, mesh, cheese cloth bog. On a dark, and prevent stoutness. Then diet rainy day a whift of their fresh sweetness will recall the pleasure of liquid should never be taken with the steep mountain climb in search meals; too much meat is bad. There of the balsam .- Newark Advertiser.

FURNISHING OF THE NURSERY, deal to persuade an ordinary woman The nursery should be the sunniest, pleasantest room in the house. If possible let it occupy the southeast corner and be arranged conveniently and furnished simply. Finsh the soft or hard wood floor in oil costume, no matter what the shade and use rugs. These should be of the gown. shaken daily to free them from dust. Wipe the floor frequently.

THE NOSE AND THE PROFILE. | Let the furniture be of light wood, A woman who makes a study of and durably made. Have shades, not faces and their profiles says: The drapery curtains at the windows, time to alter the shape of your nose which should open easily from top is in the cradle. You can look over and bottom. Give each child a sepa whole audience and hardly see a arate bed, and use a crib for the single side face. Even when the side baby until old enough for a single face is pretty, the effect is apt to be bed. The baby's sleep will be sweeter and more quiet, and mother's rest The nose that is graceful looked at more refreshing. Hang a few bright from a side sitting may become ugly pictures on the wall; though cheap, and unshapely when looked at from see that they are good; arrange low in front. Often it is actually one book shelves, and have a closet where the children may learn to keep

Keep in a little closet, out of the children's way, a bandage roll, a lit-There is a fashion now for the tle lint, plaster for cuts, a pair of nose that turns up saucily. But the scissors, a sponge, castile soap, women whose noses do not turn up sweet oil, listerine, camphor, arnica, are earnestly advised to let well vaseline, some simple salve and enough alone. There is a great dif- some liniment. When needed they ference between the nose that is will be at hand. Children require the nose that is tortured until it sleep. Cold weather should not prevent young infants from being taken outdoors in the late morning and nood and gently trained there would early afternoon. In very cold weathbe no such thing as ugly noses. The er, wrap it well and give it the air in before the change of the evening

STYLES IN BUCKLES.

The hallmark of the smart bodice suaded to be a little less aggressive or coat, whether fur or cloth, is the if the hump be massaged daily and buckle which adorns it. The imgently kneaded with the finger tips mense vogue of rosettes, high girto call it down from its proud and dles, directoire hats, and fancy shoes has brought with it an unprecedent-The great trouble with the nose is ed use of buckles, from the tiniest its complexion. There are few noses clasp to huge plastrons of filigree that look as they ought to look and enamel which nearly encircle the waist.

Truly wonderful in brilliancy and blood . The evil can be remedied in beauty of design is the endless vathree or four ways, all of which riety of this telling finish to a womshould be worked at the same time. an's get-up. Cut steel and jet buckles First of all, loosen the clothing are in high favor, while the white and loose shoes. Tight collars and metal is delicately tinted in all the tight shoes will injure the circulation soft shades. Metal or leather buckles are set off by marquis Then a rigid diet must be observ- stones, which show the same color as

right kind of food, and plenty of it Rhinestones, emeralds and rubles she will continue to blush at the tip are employed in profusion as stud-She must not eat meat. The near animals and tiny chips in green, purding for miniature reproductions of er she comes to a vegetarian diet, ple, red, blue and yellow sprinkle without actually embracing it, the band-buckles of Egyptian filigree. better off she will be, speaking from The girl who is fortunate enough to have an old cameo, large or small, The vegetarian complexion is a cannot use it to better advantage add salt, spread carefully into hot thing not to be forgotten by those than as the center of a buckle show. buttered omelet pan or chafing dish; ing the wing design. Mosaics are

Peculiarly suited to the very broad vegetarian banquet. The women metal buckles are the popular design may be ever so plain, but they are of Egyptian wings or the spreading glorified by a clear and even bril- bat wings These curve gracefully from the middle, both back and front, nearly encircling the waist, and are remarkably stunning in gunmetal inlaid with an occasional tiny rhinestone.-Philadelphia Telegraph.

IONS.

Novelty in this season's fashions is perhaps the keynote to its extravagance and elegance. New ideas are coming forth every day, and they are all beautiful in the extreme. The new theatre scarfs made of chiffon and crepe de chine are among the latest and they are embroidered in bautiful style, with all sorts of flowers and quaint designs. Inside of the evening cloak they give a decidedly ooft finish.

Suits of tan broadcloth with dark velvet collars, are quite the thing for spring days, and although they have been worn considerably they are indeed popular.

Artificial flowers are worn on many of the dainty frocks for afternoon and evening functions, and they make attractive decorations.

They make plain hats extremely smart and give a touch of chicness to the shape. Bunches of velvet violets nestle

Quills are much in favor again.

and latest hats.

HOUSEHOLD WORK PROMOTES FIGURE.

The fountain of youth today is largely to be had in exercise and the will, with plenty of fresh air. Before going to sleep a few exercises should be gone through with open windows, inhaling the good fresh wind exercises, hip exercises, rotary has to be considered; too much is nothing beter for the figure than household work. It takes a great that it is continuing these things that make a success of it, not starting them and then leaving them to

fate.-Washington Times. Of course, the veil must match the

When such lace is used, very effective models are turned out.



A NOVEL CRANBERRY PIE.

Take a good-sized cupful of cranberries, cut them in two and put them in cold water to draw out the seeds. Mix a tablespoonful of flour with a cupful of sugar, and then add slowly a scant cupful of boiling water and half a cupful of raisins stoned and cut in two. Lift the cranberries out of the cold water, which should be thrown away, and mix them with the other ingredients. Bake between two crusts. Sometimes a teaspoonful of vanilla is ad-

FRIED GRAHAM MUFFINS.

For them mix one and a half pints of graham flour with half a cup of sugar, a cup of wheat flour and a teaspoonful of salt. Sift with two teaspoonfuls of cream of tartar and one of soda, or two "rounded" teaspoonfuls of baking powder. Then add two well beaten eggs and a pint of milk. Dip large spoonfuls of the dough in hat lard, and fry them a golden brown. Serve hot.

TOMATO CHOWDER.

Slice one-quarter of a pound of salt pork very thinly; fry it a light brown; add one medium sized onion. minced; cook to a delicate brown, then add two level tablespoonfuls of flour; cook, stirring for five minutes; turn this into a stewpan; add one quart of water, quarter cup of washed rice, one quart can of tomatoes and simmer, covered, an hour; season with salt and pepper.

An old way of making "English meat pie" is to take finely chopped cold beef, put in a deep baking dish a layer of the meat, stew lightly with breadcrumbs, season highly with salt, pepper, butter and a few drops of onion juice; repeat the process till the dish is full or your meat used up. Pour over it a cup of stock or gravy, or, lacking these, hot water with a teaspoonful of butter melted in it; on top a good layer of breadcrumbs should be put and seasoned and dotted with butter. Cover and bake half an hour; remove the cover and

ORANGE SOUFFLE.

Pulp and juice of two oranges, onehalf teaspoonful of orange extract, two eggs, two teaspoonfuls of butter, three tablespoonfuls of powdered sugar, one teaspoonful caramel, onehalf saltspoonful of salt. Beat the yolks of the eggs until light and thick. Beat the white of one egg until stiff, add gradually one teaspoon of sugar, fold into the yolks, when well puffed spread the pulp of the oranges over the top, spread over that the other beaten white, to which the sugar and extract are added gradually; when well puffed and brown, fold, sprinkle on the caramel, pour over all the orange juice and

BAKED MACARONI.

Cook a cup of macaroni, broken in inch length pieces, in rapidly boiling water until tender; drain and rinse in cold water. Turn into a buttered baking dish. Beat two eggs, and a few grains of casenne, until a full spoonful of the mixture can be taken up; then add one cup and a half of milk and pour over the macaroni in the dish. Bake in a moderate oven until the custard is set. Half a cup or less of grated cheese may be mixed through the macaroni before the liquid is poured over. Serve hot.

WALNUT LAYER CAKE.

Beat to a cream two-thirds cup butter and one cup sugar, add the well-beaten yolks of four eggs, one cup of milk and a saltspoon of salt, then two heaping cups of flour into which two teaspoonfuls baking powder have been sifted. Beat thorough-This should make four layers and will bake in fifteen minutes. For the filling take two cups sugar and two tablespoonfuls of water, put on the stove and boil ten minutes; beat the whites of the four eggs to a stiff froth, remove your syrup from among the lace trimmings of the new | the fire and let cook five minutes; add the whites, beating fast to avoid cooking your eggs Now, to one-half of this add one pound seedless raisins (washed and chopped), and to the other half one pound of walnuts, shelled and chopped, and place them between the layers. Frost the top of the cake if desired, and lay on walnuts halved.

USEFUL HINTS.

To keep moths from furs and woolen articles: When putting away furs and woolen articles for the summer, carefully wrap each article separately in newspaper, and put pieces of carbon away with them in tin box or cupboard. Printer's ink is death to moths.

Mildew is one of the most difficult stains to remove. Rub well with brown soap, then apply a paste of chalk and water, and put the article in the sun. After two or thre applications the mildew will be bleached

The fire can be drawn from a burn by applying cloths wet in strong alum water. It will also assist in relieving the pain.

Admiration Disgusted Gorky.

Maxim Gorky went to the theater at Moscow one evening to see a play by a popular writer. Instead of paying attention to the stage the entire audience rose and greeted Gorky with prodigious acclamation. Then he delivered this address: "What on earth are you staring at me for? I am not a dancing girl nor the Venus of Milo nor a drunkard just picked out of the river. I write stories; they have the luck to please you, and I am glad of it. But that is no reason that you should keep on staring. We have come here to see a charming play. Be good enough to attend to that and leave me alone." More delighted than ever, the audience shouted with joy. Gorky jumped out of his seat and left the theater in disgust.

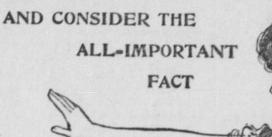
Interest rates for call money are get-ting a little stiffer in Philadelphia. The rate went to 41/2 per cent. in Wall Street. Filial Obedience.

A sixty-year-old son who asked his mother's permission to marry is the proud distinction of Western North Carolina. This splendid example of filial obedience and devotion is J. M. Thrash of Davidson River, who has just been married to Miss Molly Maxwell of Brevard. The aged mother, 91 years old yesterday, the day of the wedding, had a birthday gift in this request of her son.-Columbia State

Housewife's Little Slip.

A certain West Falmouth, Me., woman, who prides herself on the precise. ness with which she does her work. got a jar that may mean nervous prostration last Saturday. She had cooked her Saturday brown bread in a lard pail for years, but never until last Saturday has she steamed a covered pail half full of lard and tried to serve it with beans.

STOP! WOMEN,



That in addressing Mrs. Pinkham you are confiding your private ills to a woman -a woman whose experience with woman's diseases covers a great many years. You can talk freely to a woman when it is revolting to relate your private troubles to a man-besides a man does not under-

stand-simply because he is a man. Many women suffer in silence and drift along from bad to worse, knowing full well that they ought to have immediate assistance, but a natural modesty impels them to shrink from exposing themselves to the questions and probably examinations of even their family physician. It is unnecessary. Without money or price you can consult a woman whose knowledge from actual experience is great.

Mrs. Pinkham's Standing Invitation:

Women suffering from any form of female weakness are invited to promptly communicate with Mrs. Pinkham at Lynn, Mass. All letters are received, opened, read and answered by women only. A woman can freely talk of her private illness to a woman; thus has been established the eternal confidence between Mrs. Pinkham and the women of America which has never been broken. Out of the vast volume of experience which she has to draw from, it is more than possible that she has gained the very knowledge that will help your case. She asks noth-ing in return except your good-will, and her advice has relieved thousands. Surely any woman, rich or poor, is very foolish if she does not take advantage of this generous offer of assistance. — Lydia E. Pinkham

Medicine Co., Lynn, Mass. Following we publish two let-

" Dear Mrs. Pinkham:-cight years I have suffered son terrible every month with my periods. The pains are excruciating and I can hardly stand them. My doctor says I have ovarian and womb trouble, and I must go through an operation if I want to get well. I do not want to submit to it if I can possibly help it. Please tell me what to do. I hope you can relieve me."—Mrs. Mary Dimmick, 59th and E. Capitol Streets, Benning P. O., Washington, D. C.

When a medicine has been successful in restoring to health so many women whose testimony is so unquestionable. Capitol Str., Bennir g P.O., Washington, D.C. Second letter.

' Dear Mrs. Pinkham :--"After following carefully your advice, and taking Lydia E. Pinkham's Vegetable Compound, I am very anxious to send you my testimonial, that others may know their valueand what you have done for me.

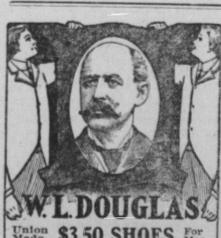
ters from a woman who accepted this invitation. Note the result.

"As you know, I wrote you that my doctor said I must have an operation or I could not live. I then wrote you, telling you my ailments. I followed your advice and am entirely well. I can walk miles without an investment of the said I was my life to you and ache or a pain, and I owe my life to you and to Lydia E. Pinkham's Vegetable Compound. I wish every suffering woman would read this testimonial and realize the value of writing to you and your remedy."—Mrs. Mary

When a medicine has been successful whose testimony is so unquestionable, you cannot well say, without trying it, 'I do not believe it will help me." you are ill, don't hesitate to get a bot-tle of Lydia E. Pinkham's Vegetable Compound at once, and write Mrs. Pinkham, Lynn. Mass , for special adviceit is free and always helpful.

Giants in Greenland.

Christian Jensen, who has just returned from a year's voyage in the Arctic seas, reports that while his vessel was trading on the southwest coast of Greenland there arrived from the interior a party of giants, the shortest of whom was seven feet in height and the tallest nine feet. They had the copper-colored complexions and the features of North American Indians .--London Tit-Bits.



Union \$3.50 SHOES For Men

EQUAL \$5.00 SHOES. "I have worn W. L. Donglas \$3.50 shoes for years, and consider them equal to any \$5.00 shoe now on the market. They have given entire initial action." — Wm. H. Anderson, Real Estate Manil, Kangas City, Mo.

Brockton, Mass.



3 Sick Headache 3 Constipation... Stimulates the Liver, cures Biliousness, Sour Stomach, irregularities of the Bowels.

Dyspepsia

A NATURAL product, prepared by con-centration; a genuine natural water. Crab Orchard Water Co., Louisville, Ky.

