The Open Life.

Are you livin' a life with th' blinds clear up An, th' doors flung open wide? Have you nothin' hid out in yer clos

ets-eh?-Where nobody sees inside?

If not, then you'd better spruce up a bit

An' h'ist up yer winders some, An' open th' doors so th' sweatenin' sun

Can shine right into yer home.

Th' life that is hid is a dang'rous to himself. life;

Th' Tempter can sneak in, sly,

seed-A harvest'll come, bime-by.

Now maybe this reasonin's new to you-

Hain't knowed it myself fer long; If ev'ry one knows what y're goin' t' do,

You shorely won't do much wrong. -Baltimore American.

ONLY A LOAN.

By A. E. Anderson, Constantion of the second seco

Nan Kendall held her pretty brown head son one side and critically examined the picture which she had just finished.

"Yes," she said, with a self-satisfied dimpling smile, "I think it will pass muster, mother, dear. Confess, now, that I managed those bits of an old master! And am I not repre- bound." sented 'as large as life,' only more SO?"

'And what shall you call it, dear?" asked Mrs. Kendall, a fair, brownher daughter.

"'Under the Lilacs,' I think. to paint oneself, but, in the dearth of she would copy an oll portrait from models. I was compelled to do so."

"As if a prettier model could be with motherly pride.

self," said Nan, "and make-oh, ever this one, though almost hidden by the loss of her purse had brought all rugs, is undeniably shabby. And I this good fortune. shall get my piano tuned, and buy last week, and-and I'm sure I don't know what else.'

Nannette," said her mother, warning- brush. ly, "for you may be disappointed, after all."

But brave little Nannette's hopeshe had worked so long on this pic- my best." ture, and had been so painstaking.

pocket. Nan had not seen the action, but

the quick-witted waiter had. "I beg your pardon," Curtis said, this must be the missing coin. Doubtless you have taken it out of your purse, laid it beside your plate, and then forgotten it. Very lucky

I chanced to look down." "How can I ever thank you, sir?"

Nan exclaimed, while the walter gave Curtis a slight wink, and discreetly kept all knowledge of the little ruse

But a diligent search on Nan's part, aided by both the waiter and Van act as, perhaps, the most powerful An' show y' his samples an' sow his Tassels, brought no purse to light, and she was compelled to go home without it. How the money could be there and not the purse was a

mystery she was unable to solve. Only a day or two later Curtis was passing Harrison's picture shop when a painting in the window attracted his attention. Its execution was graceful and vigorous, but it was the central figure in it that he noticed. It was the very girl whom he had met

at the cafe. "I am a fool," he thought, as he entered and asked the price of the picture.

But for all that he bought it, paying twenty pounds for it, though Mr. Harrison thought that the artist would consider ten pounds a munificent sum.

"Very fine indeed," Mr. Harrison said, volubly, glad of a chance to

make a bargain, even if it brought no perfect likeness of the artist-Miss Kendall, sir. If she wasn't as poor as a church mouse the world would diameter. sunlight and shade with the skill of have heard of her long ago, I'll be

Curtis thought so too, and wanted very much to know Miss Kendall's

address, but he did not say so. "My mother has long wished to haired widow, who looked very like have her portrait painted," he said, artfully. "but she wants it to be the It work of a lady's brush. Do you think doesn't look very modest, I suppose, if I sent Miss Kendall a photograph

lit?' "She would be only too glad, Mr. desired!" exclaimed Mrs. Kendall. Van Tassels," said Mr. Harrison, effusively, "and you couldn't get a lady "I shall go to London with it my- better fitted for the work than she." And Nan worked diligently and hapso much money on it, mother dear! pily on her first order, never dream-Then we shall have a new carpet, for ing by what chain of circumstances

She knew nothing about Mr. Van those new waltzes Hetty spoke about Tassels, except that he had purchased "Under the Lilacs" and was so pleased with it that he wanted his "Don't build too many air castles, mother's portrait from the same tains fully 28 per cent .- Report of U.

"I hope he will like it," she said. on the very afternoon when Curtis Van Tassels was coming for the finfulness was not dashed in the least; ished picture. "I have certainly done

Mr. Van Tassels did like it, and he Surely in the great city, ten miles liked the little artist, too-so well away, there must be someone who that he came again and again on one

abtsarcted a sovereign from his own ency to become rancid is unsuitable for the dyspeptic patient.

Perhaps the most important differences, however, from a dietetic point of view between beef and turkey is quickly and courteously, "but I think that whereas beef contains a high percentage of extractive matters turkey contains hardly any at all. The extractive matters in beef account largely for its peculiar and marked flavor, and owing to their absence in poultry generally and in the pheasant and partridge the flavor of these meats is delicate. But there is no doubt that the extractives of beef as well as of mutton are valuable, for not only are they flavoring agents but they also stimulants to gastric digestion.

SOAP TREE OF ALGERIA.

Many Chemists Produce From it Articles for Toilet Purposes.

The Sapindus utilis or "soap tree" was introduced into Algeria in 1845. The soap tree in Algeria appears to be a hybrid and has characteristics quite different from those of any of the known varieties coming from India, Japan, China and Céntral America, and it is superior to all in general usefulness.

The Sapindus utilis is a large tree with a smooth, straight trunk. The plants reach to about ten feet in height in two years and begin to bear in six years. The berry is round, but with a distinct keel like that of a walnut encircling it. It is when fresh smooth; shiny and fleshy. When dried it is tough, gummy and transmoney into his own pocket, "and a lucid; the color varies from yellowish green to brown. In size it varies from about half an inch to an inch in

So far the cultivation of this tree in Algeria has been confined to the low-lying lands near the coast (the orange belt), but it is believed that it would endure a more severe climate. The only large plantation of these trees is that of M. Bertrand at his property of Boukandoura, about eighteen miles from Algiers, covering some hundred and fifty acres.

There are no important manufactures of soap tree products in Algeria. The entire product of the plantation referred to above went last year to Germany. A good deal of the fruit is employed in its natural state, and many chemists produce specialties from it, such as "saponine," an excellent washing powder; "sapindine," a reputed hair wash, and other articles for toilet purposes. Panama wood, which is extensively used in Europe for washing, contains on an average about 8 per cent of saponine, while the dried fruit of the soap tree con-S. Consul Kidder, Algiers.

The Magnitism of a Sunshiny Nature. Enthusiasm in life is the great generator of sunshine. Without a living interest in the busy world, and that sympathy of feeling which connects us with every other living being, we can not infuse any warmth into our manners, or bring others into sympathy with us. Helen Keller, whose sunshiny soul is as sensitive to impressions as a delicate flower is to atmosphere, in her "Story of My Life," writes: "The touch of a hand may seem as impertinence, while that of another is like a benediction. I have met péople so empty of joy that, when I clasped their frosty finger tips, it seemed as if I were shaking hands with a northeast storm. Others there are whose fingers have sunbeams in them; their grasp warms my heart." It is as natural for us to be attracted toward sunshiny natures as it is for flowers to turn toward the sun. In spite of a life of almost constant iliness, Robert Louis Stevenson you did. I don't think I can ever for. charmed all who came under his influence by his spontaneous cheerful-"Oh, yes, you can!" said Curtis, ness and absolute freedom from all shadow of bitterness or repining. He found the keynote of each day in this simple prayer, born of his own inspithe very next day, with the money ration: "The day returns and brings Yes, Nan had met with a great dis- intact. I had left it on one of his us the petty round of irritating conappointment. She had been unable counters. I felt very angry with you cerns and duties. Help us to play the to dispose of the picture round which then, and if I had known you I would man, help us to perform them with her hopes had centered so long, and have sent the money you gave me laughter and kind faces, let cheerfulness abound with industry. Give us "And now that you do know me, you help to bo blithely on our business all She had walked about London all are going to give yourself to me in- this day, bring us to our resting beds day, not quite despairing of success, stead!" exclaimed Curtis, triumphant- weary and content and undishonored, until the approach of evening. Then, ly. "It was only a loan, you see."- and grant us in the end the gift of sleep."-- Juccess.



A CHAFING DISH HINT. A new use for the chafing dish hotwater pan has been discovered. A clever woman who had no pudding dish fit to come to the table baked the pudding in a common porcelain dish and transferred it, dish and all, to the hot-water pan of her handsome copper chafing dish. The cover of the blazer went on over this, and the whole thing looked very well on the table at dessert.

REMOVING STAINS.

White linen or lawn that has been stained with coffee can be freshened by rubbing the spots with the yolk of an egg, to which has been added twenty drops of glycerine, stirred to gether. Rinse off with warm water. Scorch stains on white goods may be removed by squeezing a lemon over the spot, sprinkling it with salt, and placing it where the direct rays of the sun will fall upon it. When on delicately tinted cotton goods, sprinkle the spot thickly with cornstarch and place in the sun, covering every part of the goods with newspaper, except the part covered with cornstarch. There really should be no chance of scorch stains on tinted goods, and there is no excuse for using a hot iron, a flat iron that is merely warm being advised for ironing all colored garments.

THE ART OF FURNISHING. Purple and green is one of the lat est decorative schemes for bedrooms. Chairs of East Indian rattan, hourglass shape, so popular for porch use in warm weather, are to be quite as much seen in fashionable living rooms this winter.

Japanese and Indian cottons, in either old blue and white, or old blue and yellow, make both unusual and very attractive as well as inexpensive curtains.

In buying chairs it is well to bear in mind the rules laid down for the cabinetmakers themselves-simplicity, stability, strength, perfection of execution in harmony with its object, and, last but not least, beauty of outline.

While an entire absence of frieze, with just a molding in the angle of wall and ceiling, is correct at present, many people object to this as looking unfinished; so, as a compromise, a plain frieze a tone lighter than the side walls is used.

CARPETS IN THE LIVING ROOMS. The writer of this article grew up

on a bare oaken floor, his early years being spent upon an old-fashioned, back-woods puncheon floor-punchcons split from the trunks of large trees, the rougher places being chipped off with a broad-ax, but which had never been touched by saw or

plane.



would admire and buy it.

Not quite a week later Mr. Curtis one of the West End cafes toward she had answered "Yes." dusk, and settled himself, with a dissmall tables, covered with whitest, softest damask, and glittering with silver.

Business had been unutterably dull Spring." during the past week, and Mr. Van Tassels' affairs had suffered more than a little. Hence his unwonted perturbation of mind.

So preoccupied was he that he did not notice he had a vis-a vis till coffee and rolls had been brought him.

The cloud lifted suddenly from his handsome forehead, and he glanced with deep interest at the girl opposite him-Nannette Wendall herself. Curtis thought it was one of the most beautiful faces he had ever seenexquisite in its modeling, perfect in its contour. Her eyes looked sad and I ever deceived you?" disappointed, as if ready to drop tears.

now she must return home even poor- back at once." er than before.

fearful lest her mother might be anx- New York News. ious, she had left the picture at a kindhearted print sellers, who had promised to sell it for her, if possible. She had decided to take the five Weight for Weight the Fowl is the o'clock train; but she had missed it, and now even her brave heart quailed a little at thought of riding home alone at night.

Faint for lack of food, she had en- Lancet says: tered the cafe, never dreaming she the West End.

clamation of terror and dismay.

gone!

sovereign in it."

1y.

Stooging down, quick as thought he fact, is harder and owing to its tend- Honduras.

pretext or another. And before many months he had Van Tassels sauntered listlessly into asked Nan Kendall to marry him, and

"Nan," said Curtis, quizzically, one satisfied sigh, at one of the numerous day. "did you ever lose a sovereign?" Nan stared and laughed. "What do you mean, Curtis," she

said. "No; but I thought I did, last "Thought you did!" Curtis exclaim-

"Why, didn't you really lost it?" ed. "Curtis, you are not the gentleman who

Nan stopped.

"Yes," nodded Curtis Van Tassels, with smiling lips. "I have sometimes wondered where

I had seen you before. Oh, it was monstrous of you to deceive me as give you."

confidently. "But how do you know

"Mr. Harrison sent me my purse

BEEF OR TURKEY AS A FOOD.

More Nourishing.

Discussing the comparative foodvalue of roast beef and turkey the

First, it may be said that weight was guilty of extravagance unparal- for weight the flesh of the turkey is leled, as it was one of the most fash- more nourishing than that of beef, ionable and expensive restaurants in but the latter is, generally speaking, cheaper than the former. The mois-Her repast finished Nan put her ture in beef, however, exceeds the hand into her pocket for her purse. amount preant in the flesh of the The next moment she uttered an ex- turkey and the latter contains a better percentage of proteid or flesh-Her purse and money were both forming substance. In either case the percentage of moisture is seldom Her walter stood beside her with less than 70 per cent. In lean beef outstretched hand, a faint smile of the amount of fat is much the same increduality on his smooth counte- as in a not too well-fed turkey, but it nance. People who could not find must be pointed out that the flesh of contributes an introduction. The their purses were by no means rare. poultry differs from that of beef or Major, like the late Queen Victoria, "But I have lost it!" faltered poor mutton in not having its muscular can write with either hand and use Nan, pale and trembling with terror fibres permeated by fat, and, morestolen it from me-my purse, with a fowl are short and readily yield to the is demanded.-London Mail. disintegrating action of the digestive

Curtis Van Tassels had heard every processes. A large amount of fat in

Training the Left Hand.

It is one of the good signs of the times that the use of the left hand is coming into fashion in education. Our children, let us hope, are not to be forever crippled by being brought up "one-handed." We are learning at last the absurdity of allowing one of our hands to fall into practical disuse, and the excellent names behind the newly formed Ambidextral Culture Society give ground for hope that common sense may prevail on the subject and lead to the development of a twohanded instead of a one-handed race. The founder and secretary of the society, Mr. John Jackson, has embodied his philosopy in a highly interesting book on "Ambidexterity; or, Two-Handedness and Two-Brainedness," to which Major R. S. S. Baden Powell the two hands interchangeably for any and distress, "or else someone has over, the fibres in the flesh of the purpose. That of course is all that

Fifteen million bunches of bananas word. He looked at Nan critically, either case is apt to interfere with the were brought to the United States and at the same time sympathetical- digestibility of the meat. The fat of last year by one fruit company, which heef is more digestible than the fat runs 83 steamers. They came chiefly A forilliant idea came to him, of the turkey. The fat of birds, in from Cuba, Costa Rica, Jamaica and

sponsible for my prejudice against a carpet on the floor of the living room. It is the dust, the filthy dust, the germ carrying, disease breeding dust, that will gather in the carpet, and that will fill the room every time a person passes through, no matter

how lightly that person may walk. If you do not like to see bare floors, linoleum, in its various figures, makes a cheap and tasty covering, and one that will not catch and hold the dust. and may be easily cleaned every day. But it is cold, almost always cold to the touch.

If you must have carpets, let us suggest a plan which we have never seen suggested-put them down in sections, and without stretching or fastening, in sections that may be lifted and shaken, dusted, every day or two, like rugs are treated.

We know the objection that will be urged, but if they be nicely fitted, there need not be so much annoy. ance in getting out of place as one would think. All will soon learn to step and to move things about the room so as not to disturb them.

RECIPES

Cherry Dumplings .-- Roll out a layer of tea biscuit dough to a quarter of an inch in thickness, spread with butter and sprinkle with granulated sugar; then lay preserved cherries over it, roll and steam for one hour. This makes a very delicious dessert when served with a rich egg sauce.

Beefsteak Roll .-- Have a steak weighing one and a half" pounds cut very thin. Make a filling of one cupful of breadcrumbs, one-half teaspoonful of salt, two-thirds of a cupful of cold water and one well-beaten egg. Season the steak with a little salt and pepper, spread the dressing on it and roll up. The the roll to keep it in place. Now place four tablespoonfuls of fat salt pork in a frying pan and put it over the fire. Dredge the roll well with flour and put it in the hot fat. Cook until brown on all sides, then place it in the stewpan, with a little onion.

Add (to the sauce) one tablespoonful of flour and stir until a light brown, then gradually add two cupfuls of boiling water and stir until the sauce boils up. Strain this over the steak, cover the stewpan and let all simmer for three hours. When tender remove the strings and serve with the sauce.

The race of Todas, in India, which practices polyandry (one wife having | in Denver about a year ago. two or more husbands), which was 100,000 strong a century ago, has dwindled to 101 persons.

But I do not think this fact is re- | \$12 worth of dishes to obtain satisfact tion for \$3 worth of wages, and the Judge fined her \$25.

A London dealer in such wares last year received from India the skins of 6000 birds of paradise to adorn the hats of the feather-wearing British women. The president of the Automobile Syndicate estimates that about 100,000 persons (including 20,000 chauffeurs) are employed in the French automobile industry.

Experiments are being made in Charottenberg, near Berlin, with a device for lighting and extinguishing all the street iamps simultaneously from the gas works.

Field Marshal Lord Roberts has unveiled in the Central Synagogue, London, a memorial to the Jewish soldiers who fell in the British army in the South African campaign.

On the occasion of the hundredth anniversary of the death of Schiller (May 9, 1905), the Swiss Government intends to give every pupil in the public schools a copy of that poet's play, "William Tell

According to a decision rendered the other day by the Supreme Court of the United States, the various boards of health of the State of Massachusetts have the right to enforce compulsory vaccination to prevent the spread of smallpox.

PERSONAL GOSSIP.

David Rankin, of Tarkio, Mo., is worth \$1,000,000, all made oy farming. D. L. Bingham has been appointed librahan of Manchester. Mass., for his twenty-fourth year

Sir Walter Parratt, "master of the King's musick." at the British Court, s sixty-four years old.

The founder of popular Paris restaurants, M Pettau Duval, died recently at his splendid estate at Pontievy

Jonn W. Hutchinson, last of the fanous band of singing Abolitionists, is still living at his home in Lynn, Mass. Ciarence H. Mackay, head of the big elegraph and cable system estabished by his father, is an enthusiast about all sports.

Herman Flacksmann, a poor ragpicker of Hanover, inherited \$10,000 from an American uncle. When the was paid over to him he money dropped dead.

Colonel John Sobieski, of Los Angeles. Cal. is said to be the only direct descendant in the male line of the last native king save one of Poland, King John Sobleski

John Hollingshead, a famous London theatre manager, who died recently, is credited with the discovery of the coilaborative genius of W. S. Glibert and the late Sir Arthur Sullivan.

Colonel Lorenzo Alexis De Clairmont, chief of staff to President Cabrera, of Guatemala, and military dietator of that country was tickel-taker

Henry M. Dellinger of Washington. D. C., hale and hearty at the age of eighty-three, fitted up the telegraph experiment station at Washington for Morse, the inventor of the telegraph.



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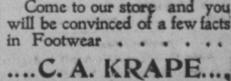
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