

HORSES IN SPRING.

winter, and go into spring work with around her body forward of her udder. soft muscles. At this time they need more care than many owners will be milked; they will soon give up and give. Work pushes and the feeling become gentle if one is patient. Talk is the team must pay for the winter's to her gently, use no harsh language, feed by helping to get ground in or- speak kindly at all times. I have der for planting as rapidly as possi- broken in a good many, and generally ble. It is no fault of the horses that they have been made soft by months cows have naturally bad dispositions. of inactivity, and they must be sea- This is hard to overcome. One must soned to hard work if the owner would treat them fairly. A few days logg in the Epitomist. hard work in the first warm spell of spring can cut flesh that heavy feeding throughout the summer will not | winter, such as we have been having, replace. Moderation in work the first it is of the utmost importance that few weeks is repaid by a moderate the laying hens should be given spegrain bill later on, and by more hard cial care. They are exhausted by a

buiky ration may be all right for a carefully looked to there is danger part of the time, and we believe they that serious difficulty will be encounneed a rest from heavy grain feeding. tered. but the month previous to the opening of spring work, the horses should borne in mind. These are that we be given a good grain ration. Noth- must furnish the laying hen more ing else puts on the flesh that stays. than enough feed to keep her to lay, They should be made to shed their as she cannot manufacture eggs withold coat of hair early. A bran mash. out she has egg-material out of which a double-handful of oil meal a day to make them. Of all the egg-makand a vigorous use of the curry comb ing foods green cut bone and cut will bring this about. The animal clover are the two that are most imthat gets no laxative food and little portant, Green cut bone contains all grooming, and must wait for the the elements that go to the production heavy sweating in the furrow to start of eggs, and cut clover contains all its old coat, cannot do full work and of them also, but in a more diluted or keep in good flesh.

Start the season with the collars A good many poultrymen make the tight. Draw the hames in snugly to mistake of thinking they can omit the neck so that the collar has no meat feed as soon as spring comes. play. Wide collars, loose at the top, They also think it unnecessary to are responsible for many a sore shoul- feed any green stuff. Green stuff in der. The skin on the shoulders should late winter is usually scarce and hard be toughened before the work begins, to get. " Cut clover is a perfect subby bathing with any good wash. stitute for green stuff, so far as green Where white oak trees are conven- stuff alone is concerned, and has the by boiling the bark in water. The large quantity of lime and other eleapplication should be continued for a ments that go to promoting egg-profew weeks after the beginning of duction. hard work. The sweat on the shoulders should be washed out every night with plenty of cold water. Salt water is especially good.

CURRANT CUTTINGS. To inquiry of the best method of starting and managing currant cuttings the following has been suggest. eggs. ed and tested and proved successful. Several cuttings can be made from one cane. Rub off all but two eyes men to put on their overalls and get your little finger, and for whom you

the cow is disposed to kick, never Most farm horses are idle during punish her, but buckle a strong strap This is my way of breaking cows to make gentle cows of them. Some be patient to conquer .-- C. W. Kel-

SPRING CARE OF FOWLS. Just at the close of a long, cold work for the season taken as a whole. long course of confinement and con-Wintering farm horses on a cheap, centrated feeds, and if they are not

> There are two things that should be bulky form.

ient, a cheap and good wash is made additional advantage of containing a

POULTRY NOTES.

In the midst of the spring time sunshine prepare a home for the little chicks.

Backward springs are not conducive to the very best proportion of fertile

The season of poultry shows is over for this year and it behooves poultryof the part which is to be in the out among the growing young stock.



If the poor little girl who at 17 or 18 sebs over her broken heart could only look ahead about 10 years she would wipe ber eyes and brace up. What would she see? Well, for one thing, she would find out that her heart had not been broken at all; only crushed and bruised, perhaps, but not past the point of resuscitation, Hearts do not break so easily.

For another, she would know that all men are not shallow and faithless, just because one man was. There are plenty of men in the world who make love as easily as they breathe, and mean absolutely nothings by it; but there are many of a very different sort, who woo and win in real earnest, and whose love is as deep and final as a true woman's.

For a third thing-and this is most important of all-she would see this idol of her girlhood in an entirely different light, looking at him through the wisdom and experience which 10 years would bring. Between the standards of a girl of 18 and a woman of 28 or even 25 there is a world of difference. In comparison with the the idol of her teens will most likely pal to utter insignificance. Ten chances | to one, if she should meet him for the first time at this more mature stage of her life she would scorn the idea of marrying him.

At 17 she pathetically imagines she is going to languish away and fill an early grave for his sake. She takes a mournful pleasure in picturing the false one as wailing around her tombstone, smiting his breast and calling upon her to come back.

But he won't wall about her tombstone. As the contented spouse of some other woman, he will have a less tragic and more useful occupation. And she won't languish away. In a few years, if she thinks of him at all, it will be to thank her lucky stars that | she was saved from the vast mistake of tying herself to him forever. This being the case-and it is the case with nine hearts out of ten-isn't it foolish, little girl, for you to miss, so much of the joy of life and make all your friends miserable while you mope in the corner, crying away your

HEARTS DO NOT BREAK EASILY. striking proofs of the fact that a mod erate amount of highly nutritious food, taken three times a day-twice a day if the appetite is not keen-each mouthful being completely and thoroughly masticated, not only produces the greatest amount of strength, but conduces to health and long life.

> DRIVING IS HEALTHY EXERCISE. In these days of athletic women, when any and every sport seems open to them, the problem which confronts femininity is not whether she shall take up some branch of athletic sport, but which one she shall elect to make her favorite; for the fashionable women of today is far too busy to devote much time to more than one pursuit. As a consequence, she is inclined to favor the one which affords the greatest pleasure and the greatest phy-

For a combination of these things there is no sport which can compare with driving. It benefits health because it is done in the open air and every muscle of the body is brought into play when one holds the reins over a spirited team. In addition, the real, men she has come to know since brain is stimulated, the eye is quickened and one's pluck is aroused as in no other sport in the world.

> Then, too, driving enables one to combine social amenities with exercise to a greater degree than does any Giber sport.

As a developer of a woman's character nothing surpasses the handling of horses. It gives her coolness in the face of danger, it teaches her to decide instantly and to act on the decision of the moment, and it teaches her that gentleness and firmness, hand in hand, are the best means in the world for commanding respect and obedience. And the best part of this training is that the qualities thus obtained are not dropped with the

reins. I am a firm advocate of baving every woman who intends to drive at all a practical horsewoman. By that I mean that she should know the points of a horse, the allments he is subject to and their cures, how fast and how far a horse may be dirven when he is in good condition, and when not, when he is tired and ween shicking She health and your good looks for the should also know how much her horses sake of some man who isn't worth eat, how they are bedded, and all the other minor points which crop up evreally won't care a penny's worth a err day around the stable of horses. In



GREEN PEA SOUP.

Put ito saucepan ore ounce of but ter, and when it has melted add a sprig of mint and half a peck of green peas, shells and all, well washed and bruised. Season with a teaspoonful of salt and about half that quantity of white pepper. When these have ab sorbed the butter add a quart of cold water, and boil altogether with three young onions till quite soft. Press ali through a fine sleve, return to the pan with a lump of sugar, and stir un til boiling, then serve with fried dice of bread.

DEVILED SPACHETTI.

Hold the ends of six ounces of mac aroni or spaghetti in boiling water as they soften press them down; cook until tender; drain and chop fine; put one tablespoonful of butter in 2 pan, when melted add one tablespoon ful of flour and stir until smooth; add gradually one pint of milk, boil and stir until thickened; add spaghetti, a teaspoonful of salt, a pinch or two of paprika, and the yolks of two eggs; put this mixture into shells, sprinkle with buttered crumbs and brown ip a quick oven.

GRAHAM POPOVERS OR PUFFS.

Beat three eggs until thick, add two cupfuls of milk to them, one tablespoonful of sait; pour half this mixture upon one cup of sifted gra ham and one cup of sifted wheat flour. Beat well, then add je remainder of the milk and egg and one tablespoonful of melted butter; beat vigorously; butter earthen cups, place them in a pan and let them get quite hot, then fit them two-thirds full and bake in a quick oven forty minutes; they should be three times the original size and hollow.

DELMONICO PUDDING.

Put one quart of milk on in a double boiler. When milk is scalding hot pour in four tablespoonfuls of cornstarch which has been previously dissolved in cold milk. Stir well in and then add the yolks of three eggs which have been beaten up with haif. a cup of granulated sugar. When cooked pour in a baking dish and when partly cold spread over the top a tumbler of jelly. Over this put the whites of the eggs which have been beaten up with powdered sugar. Place in oven and brown. Serve cold.

MACAROON CREAM JELLY.

Soak one-fourth box of gelatine in one-fourth cupful of cold water; beat the yolks of three eggs; add three tashe should be able to rise sablespoonfuls of sugar to them; pour over them half a cupful of scalding milk, having two cupfuls in the double boiler over the fire; turn the eggs and milk into the double boiler; add a pinch of salt and stir until creamy; then add the soaked gelatine and half a cupful of macaroons pounded and one teaspoonful of vaniila extract; stir until well mixed; then add the whites of the eggs beaten stiff and dry; furn into a mouid; stand in a cool place; serve with a garnish of whipped cream.

COMMERCIAL REVIEW.

R. G. Dun & Co.'s "Weekly Review of Trade" says:

Commercial conditions have improved somewhat during the past week, although there is still much to be desired. Despatches from the South are most encouraging. At the East more seasonable weather prevailed, yet Spring trade is till below normal. The best news of the week was the settlement of many labor controversies, or at least resumption of work pending arbitration.

Manufacturing returns are still confusing, notable improvement in the iron and steel industry being offset by less favorable reports regarding textile and footwear factories. Agricultural work progresses rapidly under better than average conditions, cottor being planted unusually early. It is a good sign that the month opened with prices of commodities less inflated Transporting interests are overcoming freight congestion, while railway earn ings in March were only 7 per cent smaller than in 1903, and largely sur-

passed all preceding years. Bradstreets says: Wheat, including flour, exports for the week aggregate 1,854.437 bushels, against 1,267,430 las week, 2,833,285 this week last year 2,842,012 in 1902, and 6,405,601 in 1901 Corn exports for the week aggregate 1,028,907 bushels, against 1,438,212 las: week, 2,654,732 a year ago, 158,565 ir 1902 and 2,623,884 in 1901.

WHOLESALE MARKETS.

Baltimore. - FLOUR - Firm and unchanged. Receipts, 9,185 barrels

wHEAT-Firmer. Spot, contract 1.05@1.051/4; No. 2 red Western, 1.05 @1.061/4; April, 1.05@1.051/4; May 1.03; July, 93 asked; steamer No 2 red, 1.00@1.001/4. Receipts, 1.664 bushels. Southern, by sample, 976 1.051/2; Southern, on grade, 976 1.051

CORN — Dull. Spot, 5134@517% April, 5134@517%; May, 5214@5214 steamer mixed, 461/1@461/2. Receipts 80,486 bushels; exports, 137,142 bush Southern white corn, 40@52 Southern yellow corn, 40@52.

OATS-Firm. No. 2 white, 481/2 @49; No. 2 mixed, 46@461/2. Re ceipts, 7.510 bushels. RYE-Firmer. No. 2, uptown, 8;

@83; No. 2 Western, uptown, 84@85 Receipts, 536 bushels.

HAY-Active and firm and un changed. GRAN FREIGHTS-Dull and un-

changed BUTTER -- Firm and unchanged

Fancy imitation, 19@20; fancy creamery, 251/2@26; fancy ladle, 15@16: store packed, 12@13. EGGS-Steady; 18.

SUGAR - Strong and unchanged. Coarse granulated, 4.85; fine, 4.85. 4.85; fine, .4.85

New York .- BUTTER-Easy. Extra fresh creamery, 32; creamer, common to choice, 15@22; State dairy, 13 @21; "heid creamery, 13@20; renovated, 10@171/2; factory, 10@141/2; imita-

tion creamery, 14@17. CHEESE - Steady. State full cream, fancy small colored, September. 12; late made, 1034; small white, September, 12; late made, 1034; large ored September 12: 1034: large white, September, 12; late made, 1034 EGGS-Firm. State and Pennsylvania near-by average finest, 19: State and Pennsylvania firsts, 181/2; Western firsts, 18 FLOUR - Receipts, 46,998 barrels; exports, 42,947. Markets very quiet, with a firm undertone. Winter patents, .20@5.50; winter straights, 5.00@5.20; Minnesota patents, 5.20@5.50; winter extras, 3.35@4.00. Minnesota bakers'. 4.10@4.40; winter low grades, 3.15 RYE FLOUR-Dull. Fair to good. 4.30@4.55; choice to fancy, 4.60@4.80. CORNMEAL-Firm. Yellow Western, 1.08@1.10; city, 1.10@1.12; kiln dreid, 3.10@3.15. HAY-Quiet. Shipping, 70@721/2: good to choice, 97%@1.00. HOPS-Steady. State, common to choice, 1903, 27@36; 1902, 23@27; olds, 9@14; Pacific Coast, 1903, 24@31; 23@27; olds, 9@14. HIDES-Steady. Galveston, 20 to 25 pounds, 18: California, 21 to 25 pounds, 19; Texas, dry, 24 to 30 pounds, 14. LEATHER-Firm. Acid, 23@26. WOOL-Firm. Domestic fleece, LARD-Firm. Western steamed. .40; refined firm; continent, 7.50 South America, 8.00; compound, 65% 663 PORK-Firm. Family, 15.00; short lear, 14.75@16.00; mess, 14.75@15.25. TALLOW-Quiet. City, 47%; coun-COTTONSEED OIL-Quiet Prime crude nominal; prime yellow,

sical benefit.

ground, and the soil should be well November. Make a square, clean cut, need. have the ground mellow, that the cause in so doing one gets a two she might spend producing them. years' growth in one. If it is very Now is the time for the fancier to ground is warmer than the atmos- to scientific rules, as any well informshould live. In starting for making be a poukry raiser in the true sense. amount of sales is very large, far stock. more than people would imagine, and The diary and the poultry yard are plan for the cherry currants will not what stage they may be found. thirds should be thinned out annual- ter. ly. These and currants should be well manured every year. Thus they GROWING PLUMS WITH PROFIT will never fail of having abundant supplies. It is known that the bushes

o fthis fruit have been planted from fifteen to twenty years .--- Ella M. Hess, in the Epitomist.

EXPERIENCE WITH HEIFERS. My experience in raising young heifer calves runs back forty years.

When the calf is first born I let it suck the mother till the milk is good- is similar it will be wise to follow some five days if in winter. I tie their example. During a recent meet to drink its mother's milk twice a day, gradually adding a small handful young calves out with the dairy fearing it will learn to suck other cows. it much. This will make it ugin when it becomes a mother. I always years .- Indianapolis News, practice kindness. I have had good success in raising calves to become

Just a little time and a little hammer and a little saw and a few nails ed into a plant the year it is grown, are all that are necessary to construct a woman's portion. But bear it pati- arrive, be it what it may, from a by setting any time from August to those coops you will now begin to ently, quietly and as cheerfully as you

young rootlets may meet with no ob. and understood the more poultry breedstructions, and then push the dirt ers we find who have concluded to disclosely around the bottom of the cut. card the hen as a hatches, for they ting. The fall is decidedly the best consider her too valuable as a layer time to commence operations, be to spend the time covering eggs that

dry, some mulching will be required, get in his best work as a poutry raisbut generally at this season, the er. He has mated his stock according phere, and ninety-eight per cent. ed fancier will do, and he must now sales of roots, have the rows three It costs more money to get a start and a half feet apart, and the plant breeding thoroughbreds than it does eight inches in the row. The cur- scrubs, but it pays so much better in rant is one of the small fruits, which the long run that there is really no has been very much neglected. The argument in favor of keeping mongrel

there is an opportunity for an indef- naturally mutually beneficial instituinite extension of this cultivation. It tions. The milk and the curd and the should be understood, however, that cheese that are produced in the dairy these directions do not apply to all are all quite beneficial to the inmates * kinds of cuttings. For instance, this of the feathered harem, no matter in

answer. The currant has extraordin- Chicks that show leg weakness are ary durability both regarding the life seldom cured. It is a harsh remedy of the wood, and the season in which for their distress, but death is sure its fruit can be picked. Similar di- to come to them, and the sooner they rections apply to gooseberries. Two- are put out of their misery the bet-

There has been many failures in plum growing, due in part to setting the trees on soil not suited to them, but, in the majority of cases, to the selection of improper varieties. The best way to ascertain what varieties are best suited to a section is to find out what successful growers in such section are growing, and if the soil it close to its mother then teach it ing of fruit growers one of the most extensive growers of plums in the East said that he had tested all the of wheat middlings, increasing the promising varieties catalogued, even amount as the calf grows older. Put- obtaining varieties from Europe and ting some bright clover hay in its had finally dug out all his trees exreach, it will soon learn to eat it. cept the Reine Claude. He grows This is necessary to extend the size plums for market, and the Reine of its stomach. When spring comes Claude suited consumers. Moreover, take to a yard where the calf can it is a strong, healthy tree, not growexercise and pick grass. I never turn ing very large, but is very productive. In general, this man advised against the planting of plums for other than When a year old it will do to run with local markets. Those who are interthe dairy. Salt must be given in ested in plum growing would do well small quantities from the start. If to examine into the merits of the the scours attack it break a raw egg in its milk until this stops. In handling the calf when young I don't pet good old sorts which has proved its value in many sections through long

In the schools of Rhenish Prussia a mothers. Then comes the breaking change of stockings and shoes is pro- unusual exertion brings a sensation of done with kindness at all times. If who arrive with wet feet.

year or two hence?

can, and by and by it will soon be over The more the incubator is studied and your heart will be light again. "Sorrow and trouble will soon pass by," sings the poet, so "there, little girl, dou't cry."

TO EAT CORRECTLY.

Run up three flights of stairs and, at the third landing, stop and see if you are "out of breath." Most likely you of quantity. will not need to be admonished to "stop." You will be apt to stop before you get to the top of the third stairway because you are short of wind. The heart will beat more rapidly, quickening the puise, and accelerating the circulation, while the sensation of exhaution runs through the entire body. While you are panting like a brown spaniel in July the thought comes to you that a trip up appearance. three flights of stairs when a boy in the country would have produced no [11] if you are tall. sensation of heart weakness or exbaustion. You are in "good flesh," apparently strong and ruddy, with no ailment of any kind, and yet running if you are short. up two or three flights of stairs brings a sensation of "goneness"-a feeling akin to that of fainting, says What to Eat

What is the trouble? Lack of exercise and of muscle-making foods, you for woman, not woman for dress. will say. And you at once decide to class. Now it may be that a rational course of mild gymnasium exercises will do you good, but, 'he chances are that it will do you harm because you will consider it your duty to use ali modern gymnasium, the most of which

is injurious. If you could stretch yourself on a dress.

play a game of tennis, while getting cloth gown frivolous with thin rainthe oxygen in the outdoor air, it would bow bunch behind.

But the fact is your are suffering for all the summer frocks must fall

ficient pabulum. If the experiments in feeding the human body prove any. violet and purple are among the pretthing it is that the greater amount liest hair ornaments. of strength and endurance come from cating a small amount of highly nu- arm failing from shoulder to elbow tritious food and thoroughly chewing with a long, tight cuff the rest of the

Silk drop-skirts are no longer part digestive juices of the mouth. Nine out of ten persons eat too much and of the handsome gown; one wears with

cated and is not affected by the gastric juices. It 'is passed into the stomach in such a way that the diges. than would be possible otherwise. tive juices can not get hold of it. The system gradually becomes clogged evening are to be worn more the comwith waste matter, the bowels become Ing summer than for years past.

distended, the muscles flabby, the respiration and heart action feeble. There is no reserve strength in the quaint little touch of brown is favored

It is sorrowful, of course. Sorrow is perfor to any emergency which may Illustrated Sporting News.

SENSIBLE DON'TS FOR DRESS.

Don't sacrifice fitness to fashion. Bon't spoil the gown for a yard of stuff.

Don't sacrifice neatness to artistic effect. Don't neglect quality for the sake

Don't dress more fashionably than becomingly.

Don't dress to startle people's eyes. but to satisfy them.

Don't look a frump because you cannot look especially smart.

Don't dress your head at the expense of your hands and feet.

Don't buy foolishly and then blame your limited income for your shoddy

Don't wear vertically striped mater-

Don't expect great bargains to tura out great savings.

Don't wear big sleeves and big hats

Don't jump into your clethes and expect to look dressed.

Don't put cost before cut. Corded silk won't cover a res, fit.

Don't forget that dress was made

Don't put all your allowance outside. eat more beef and join a gymnasium A shabby petticoat kills the smartest gown.

FASHION NOTES.

Heavy embroidery, but always openthe ridiculous apparatus found in the work and cut work, is in great demand. Those long gloves of violet kid strike

a new note with the white or violet

horizontal bar in your back yard, or] It is quite permissible to make your

Stiff petticoats are under the ban be highly beneficial if not overdone.

from too much food, instead of a de- over something soft. Silk orchids in lovely shades of

Sleeve ruffles have moved up the

it so that it may be mixed with the way.

what they eat is imperfectly masti- it a separate slik petticoat. A yoke of lace will carry the cloth gown's usefulness later into the season Silk gowns both for afternoon and

> Instead of the little touch of black on white once accounted smart, a

body to draw upon and the slightest by those who know. Ashes of rose, dove's breast and the cow to be milked. This must be vided for the use of school children complete exhaustion. Most experi- shadow mauves are colors much need of training than others of their ments have been among the most sought after in silka

STEAMED LEMON PUDDING.

Make a lemon mixture with three tablespooonfuls of lemon juice grated rind of one lemon and three level tablespoonfuls of butter; cook these for two minutes; add one cupful of sugar and three eggs beaten a little; stir until the mixture thickens; cool and add one tablespoon of brandy; spread six slices of stale bread with the lemon mixture and arrange them in a buttered pudding mould; beat two eggs a little; add three tablespoonfuls of sugar, a pinch of salt and one cup of milk; pour this over the bread; cover closely; stand in a pan of boiling water and bake one hour in a moderate oven.

CALVES' LIVER. STEWED.

Cut the liver in thin slices; pour boiling water over it; put in a stew pan one small onion, a pinch each of sage and summer savory; salt and pepper to season; drain the liver from the water and put it in a stew pan; add boiling water to barely cover; cover the pan and let simmer two hours: just before serving add one cevel tablespoonful of butter and one level tablespoonful of flour, rubber to gether over the fire; stir it into the stew pan and stir until boiling and thickened; serve very hot, straining the gravy over the liver.

BROILED SWEETBREADS.

Cover the sweetbreads with cold water; allow them to stand half an hour, drain, cover with boiling water and simmer twenty minutes, then plunge them into ice-cold water some what saited. Allow them to lie in this ten minutes, wipe them very dry and with a sharp knife split in half lengthwise. Broil over a "ear, hot fire, turn ing whenever they begin to drip, Have ready upon a deep plate melted but ter, well salted and peppered, mixed with catsup. When the sweetbreads are done to a fine brown lay them in this preparation, turning them over several times. Serve on toast, a piece of sweetbread on each. Pour on the hot butter and send to table.

College girls attended a murder trial at Beaver, Pa. as an incident of their training. As they did not carry flowers to the killer they showed less sex.

POTATOES-Firm. Long Island, 1.50@4.00; Jersey, 3.25@3.75; State and Western, sacks, 3.25; Jersey sweets, 1.50@4.50. CABBAGES-Firm. Florida, 3.59

a 3.75.

Live Stock.

New York - BEEVES - Dressed beef, steady, at 61/2@81/2c per pound for native sides; a little choice beef, at 83/4c. Exports, today, 1,386 cattle, 10 sheep, and 8,200 quarters of beef. CALVES-Common to prime veals sold at 4.50 to 8.00; city dressed veals, at 8(a 121/2C

SHEEP AND LAMBS-Sheep. nominally steady; lambs, more active and 5@ toc higher; good to choice

ambs sold at 6.12/26.25. Chicago. - CATTLE - Good to prime steers, nominal, 4.25(2,5.80; poor medium 3.50/05.00; stockers and feeders, 2.50/14.25; cows, 1.75/04.25; heifers, 2.00@4.50; canners, 1.75@2.50 balls, 2.00(14.00; calves, 2.50(75.50; Texas fed steers, 4.00(a)4.60.

SHEEP-Good to choice wethers, 4.75(0 5.40; native lambs, 4.50(0 3.90.

. WORLD OF LABOR

An effort is being made to organize a union for garment workers in New Moany, Ky.

The team drivers' international body has over 100,000 members and 875 local unions.

The trade unions of Chicago contain 35.000 women. Even the scrubwomen are organized.

Painters and paperhangers at Des Moines, Iowa, are on strike against the open-shop rule.