## FRem an Cunder 5



## （8）WOMAN

| HEARTS DO NOT BREAK EASILY If the poor little cirl who at 17 or | Striking proofis of tho fact that a mod |
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|  | food，taken three times a day－twice |
| 18 sobs over her broken heart could |  |
|  |  |
| thing，she would find out that her |  |
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| heart had rot been broken at all；only crushed and bruised，perhaps，but not | ， |
| past the point of resuschation．Hearts |  |
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| just because one man was．There ar plenty of men in the world who make |  |
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| mean abzoluey nothing by ftit here are many of a very dinerent |  |
| orrt，who woo and win fin real earnostand whoee iove is as doep and final |  |
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| of tying herseif to mim forever the |  |
| nine hearts out of |  |
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| of some man wio isnt worth |  |
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t．e original size and bollow．
DELMONICO PUDDING．
Put one guart of mik on in a dou
ble boile．When millk is scalding
wis．
ed and one teasponffll of vanlila ex－
tract：stir unti well mixed；then
add the whites of the egss beaten stiff
and dry；turn into a mouid；stand in
a cool place；serve with a garnish of


MTke a temon mixture with three
tablespoononfuls of temon juice grated
rind of one lemon and three level
tablespoonfuls of butter；cook these
for two minutes；add one cuptul of
sugar and three egss beaten a little；
$x=2=$
$2 \mathrm{ar}=\square$$x_{2}=2=$Sobturp on：24ำ上

COMAERCAL KEVIEw．
${ }_{\text {R．G．Du }}$











Wholesale markets．
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The braad cover closely：stand
a pan of of oinng water and bah
one hour in a moderate oven．


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|  | changed GRAN FREIGHTS－Dull and un changed BUTTER－Firm and unchanged |
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| STEAMED LEMON PUDDING |  |
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|  | CALVES－Common to prime veals |
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| ate |  |
|  | The team drivers international body has over 100000 members and $87 \%$ local unions． <br> The trade unions of Chicago contain 35.000 women．Even the scrubwomen are organized． <br> Painters and paperhangers at Des Noines，Iowa，are on strlke against the open－shop rule． |
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