## PERIODS OF PA

How Three Women Found Relief.



While no woman is entirely free from periodical suffering, it does not seem to have been the plan of nature that woman should suffer so severely. Lydia E. Pinkham's Vegetable Compound is the most thorough female regulator known to medical science. It relieves the condition which produces so much discomfort and robs menstruation of its terrors.

The three letters here published should encourage every woman who suffers:

stomach every

morning, every-thing I eat hurts

me, am very weak.

"I have tried a

thin, and sallow.

doctor, but he did

not seem to do me any good." - Miss

MAGGIE POLLARD,

April 23, 1900.

Richmond, Va.

MAGGIE POLLARD 319 So. 4th St.,

"Since receiving your answer to my letter I have been taking your Vegetable Compound, and it has done me more good than any medicine I

have ever taken. My menses are all

right now, and appear once a month,

and I feel so much stronger. I shall always praise your medicine."— Miss Maggie Pollard, 319 So. 4th St.,

"I was troubled with female weak-

Richmond, Va.

ness, irregular and

painful menstrua-

ation, and leu-

corrhoea. The

doctor's medicine

did me no good.

I have taken one

bottle and a half

of your Vegetable

thanks to your f

Compound, and

Aug. 6, 1898. "DEAR MRS. PINKHAM: - I have suffered since the age of sixteen with painful menstruation. I have been treated for months, and was told that the womb had fallen a little. The doctor says that is now in place again, but I still have the same pain. Please tell me what to do."—Mrs. Emma KUEHL, 113 Trautman St., Brooklyn, E. D., N.Y.

Jan. 19, 1899.
"Deab Mrs. Pineham: — After receiving your reply to my letter of Aug. 6 I followed your kind advice, and am glad to tell you that I have been cured of the severe pain at time of menstruation through the use of Lydia E. Pinkham's Vegetable Compound. I have taken six bottles of it, felt better after the first bottle, and after a while had no more pain

or womb trouble. "I had doctored from the age of six-teen to twenty-six, and had lost all hope, but your medicine has made me well.

"I would like to have you use my testimonial, so that others may see, and be inspired with hope, and take your medicine."—Mrs. Emma Kuehl, 112 Trautman St., Brooklyn, E. D., N.Y.

Feb. 20, 1900. "I saw your medicine so highly recommended I thought I would write to you for advice.

struation occurs every two medicine, my pains timma J. PRIBBLE weeks, lasts a week, and is painful. I are gone. I advise

FAST COLOR BANK

have been troubled in this way for all women suffering as I have to use some time. I suffer from sick head-your Vegetable Compound."—EMMA some time. I suffer from sick head-ache and backache all the time, appe-J. PRIBBLE, Indianola, Ill. If there is anything about your case about which you would like special advice, write freely to Mrs. Pinkham. No man will see your letter. She can surely help you, for no person in America has such a wide experience in treating female ills as she has had. She has helped hundreds of thousands of women back to health. Her address is Lynn, Mass., and her advice is free.

You are very foolish if you do not accept her kind invitation. LYDIA E. PINKHAM MEDICINE CO.

REWARD. —We have deposited with the National City Bank of Lynn, \$5000, which will be paid to any person who can find that the above testimonial letters are not genuine, or were published before obtaining the writer's special permission.

falling gently, yet steadily. The streets almost deserted, and the clean, wet asphalt gleaming in the gray light. The sidewalks, the paths of the park wet and shining as the streets. The trees, raising their bare branches heavenward, show black against the gray.

Etched in the Rain.

Twilight in Madison Square. Rain

In the background, wrapped in fog, stands the tower of Madison Square Garden, crowned with golden Diana, almost invisible on her lofty perch. The outlines of the tower show dimly through the gray rain and mist, and the lights burn a pale yellow. Few signs of life, and little noise. Gray streets, gray walks and rain, black trees and sullen sky. Madison Square in the dull dusk of this rainy April day offered an etching worthy of Whistler.

All goods are alike to PUTNAM FADELESS Dyes, as they color all fibers at one boiling. Sold by all druggists.

Only one colored soldier wears the Victoria cross—Lance-Sergeant Gordon, of the West Indian regiment.

France changed its Constitution four times during Queen Victoria's reign.

Ask Your Dealer for Allen's Foot-Ease, A powder to shake into your shoes; rests the feet. Cures Corns, Bunions, Swollen, Sore, Hot, Callous, Aching, Sweating Feet and Ingrowing Nails. Allen's Foot-Ease makes new or tight shoes casy. At all druggists and shoe stores, 25 cts. Sample mailed FREE. Address Allen S. Olmsted, LeRoy, N. Y.

On some of the Japanese railways terra cotta sleepers are used. They are far more durable than those of wood.

If You Have Dyspepsia Send no money, but write Dr. Shoop, Racine Wis., Box 148, for six bottles of Dr. Shoop's Restorative; express paid. If cured, pay \$5.50; if not, it is free.

Austria and Mexico have resumed intercourse for the first time since the execu-tion of Emperor Maximilian.

Moxsie's Croup Cure Whi check a cold in one hour, and cures Croup in a few minutes. 50 cents.

Spain's kingdom of Asturias boasts of twenty-eight centenarians in a population

Cheap in Price, But as a medicine worth its weight in gold is Crab Orchard Water. Many have been re-stored to perfect health by its use.

The largest body of water in the world having no outlet in the ocean is the Cespian Sea, it being 180,000 square miles in

Happiness cannot be bought, but one of the great hindrances to its attainment can be removed by Adams' Pepain Tutti Frutti. Newport, Ky., has passed an ordinance requiring sufficient fire escapes on all houses over two stories high.

Mrs. Winslow's Scothing Syrup for children teething, soften the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle

In 1862 a "dogs' home" was founded in London for homeless and ownerless dogs. Piso's Cure for Consumption is an infallible nedicine for coughs and colds.—N.W. SAMUEL,

Ocean Grove, N. J., Feb. 17, 1909. Lignum vitae is the tonghest wood known. It cannot be worked by splitting.

J. C. Simpson, Marquose, W. Va., says: "Hall's Catarrh Cure cured me of a very bad case of catarrh." Druggists sell it, 75c.

England spends about \$600,000 a year in the purchase of canary birds.

FITS permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. \$2 trial bottle and treatise free Dr. B. H. KLINE, Ltd., 981 Arch St., Phila., Pa.

About fifteen of the capitals of the States in Mexico have an altitude of 5000 feet or more.

There is more false hair worn in the United States than in all the rest of the world put together.







OIL

CO.



A TRIMMING FASHION.

The fashion of trimming goods with their own border is bringing out many or rulns the pleture,—New York Tricinds of materials. Flowered silks have bune, half-inch border of plain silk matching one of the colors of the design.

PARASOLS FOR THE SUMMER. Parasols in black and white will be touch for dainty toilettes, ased extensively this year, their utility in combining with vari-colored costumes being undisputed. In trimmed finished with a broad colla parasols extremely beautiful effects are the broad shoulder effect. seen in accordion pleatings. The "rain and shine" umbrella is dressy enough to pass as a parasol, yet a perfect protection in rainy weather is always in de-

A CULTIVATED FRENCH

WOMAN. Mme. Carnot, widow of the late Presilent of France, is one of the most cultivated and agreeable women in the European continent. She is the daugher of Dupont White, a secretary at the ministry of justice, and a noted writer. She translated into French the edition of Stuart Mill, which was published in her father's name. She is a beautiful woman now, with silver hair and gentle all public events.

THE FAD FOR OLD JEWELRY. fashions for the beginning of the new century none is more decided than the fancy for old jewelry; the older and cretonne designs are applique is one of things in Europe is extreme; Parisian tervals. goldsmiths are reproducing antique jewelry, and in England the pawn-brokers' shops are ransacked for what has escaped the melting-pot. Great-grandfathers' knee-buckles—silver, gold or paste—make the most desirable of A pretty gown of white batiste is tions are bringing forth such treasures. The combination is a good one. and taking them to the jewelers to be adapted. Most of them need to have are of the applique order, but have the something done to them before they can be worn, but none of them are altered

WHAT MOTHERS SHOULD KNOW.

A sunny room is most essential for a nursery. Sunlight and air are as necessary to children as to flowers. Neither thrive without them.

It is a mistake to crowd the nursery with furniture. Leave plenty of space for running about and playing. Wall paper, curtains and carpet should be

light and bright hued. Children who are reared in bright, artistic surroundings have a much better chance of growing up happy and

sociates have them. True politeness be- in a hermetically sealed glass jar. carefully considered.—American Queen. grate to encourage a disspirited fire.

ACCESSORIES FOR THE FOUL-ARD GOWN.

duty as trimming. The last are used down into the skirt for several inches Stranger still, it has no mouth. around the hips; the becoming skirt yoke that results is one of the most toad from its peril and dropped it into approved features of the season,

shown in wavy designs, with points on one edge at regular distances apart. A it will hop. Renaissance stitch joins the floral patterns wrought in batiste, and tiny linen no shadow of doubt, but unfortunately buttons add to the beauty of the con- the cavity in the coal could not be preceit, which is shown in white and deep served, as the lump, which had been ecru tints and is especially suitable for giving a decorative finish to the top time, fell to pieces when struck with of a deep circular flounce on either a the poker. foulard or soft wool gown. Insertion to match may be used in making the

A novel lace introduced this season is wrought out of a linen twine which is may be used together or separate.

THE WOMAN IN WHITE.

It is curious how juxtaposition will affect the appearance of the individual. We all know how it is with colors, how a lovely tint in itself will pale and look quite washed out and faded if placed beside a brighter tone of the its eyes are exceedingly bright, it does hood." same color, and how a discordant con- not see, this having been proved by plactrast will destroy all beauty. But wo- ing a lighted match close to the toad's men seldom realize how their own ap- eyes without causing it to recoil. pearance is affected by being near their opposites. A fat woman will look fatter and a thin woman thinner if standing near each other. A girl with a vivid bloom will make all the rest of the group appear wan. A tall person has much the advantage of a the fire and was slightly damaged about short one in such comparisons and the the hindquarters before being rescued, slight figure over the one inclined to accounts for this .- London Mail. embonpoint.

It is a sad fact, but it is nevertheless true, that a mother generally suffers greatly in contrast with her tall, slim, young daughter; she suddenly looks old and shapeless when she apconsidering this law of contrast, older women should avoid bright colors: black and white suit them the best. If this seems to them too sombre a single touch of color may be used. A fall gle touch of color may be used. A tall ment

white haired woman at a recent function wore a black velvet costume and hat with a single orange colored rosette amid the jet of the trimmings of the latter. This looked extremely well. In summer older women may always wear white with propriety. Nothing is so effective with silver hair, but it must be pure white-one touch of col-

FASHION NOTES.

Broad twelve-inch sash ribbon in very soft finish is the smartest finishing

The latest bolero is short at both ends, being cut out in the neck and finished with a broad collar which gives

The newest flowers used to trim evening gowns are made of tissue with gauze leaves. White pearl buttons so tiny that they

are a mere speck are much used for The broad, flat toed shoe no longer

reigns. Toes are not only more pointed, but heels are higher, even on walking For low outing shoes very business-

like ones come in pigskin. It is possible to have one's purse and shoes match. The three-inch Louis heels require

practice in walking. Not many women will buy them, but there are a few who believe in them.

voice, and can converse fluently in six languages. She reads all the leading papers of Europe, and is interested in languages. Taffeta waists made bolero fashion and worn over fronts and undersleeves or full blouses of white linen or musling are very chic and services like. Taffeta waists made bolero fashion are very chic and serviceable.

Outlining the seams, or the places where seams might be, with strips of lace incrusted is a very charming way Among the many revivals of old of trimining thin gowns. It gives them a particularly airy appearance.
A trimming of black lace on which

quainter the better. Old ornaments of the novelties of the season. The lace all kinds are available if only they be may be in the form of an insertion with good of their kind. The rage for such cretoone flowers embroidered in at in-

Grass cloth parasols are made over color which shows through. Some very attractive parasols have a num-

A pretty gown of white batiste is belt-buckles, while nothing in neck- trimmed entirely with narrow bands of wear is more stylish than a band of a rather heavy but openwork linen lace velvet ribbon fastened with an old shoe- about half an inch wide. In this gown buckle. Fashionable women who have the trimming runs up and down the inherited the ornaments of past genera- front of the waist and also of the skirt.

foilage and the open spaces filled with cobweb threads of gold or silver. Malor reset .- Woman's Home Companion. tese and cluny laces are among the most perular. Even painted faces are in evidence, the flower designs being colored true to nature's own blossoms.

TOAD IN A LUMP OF COAL

Taken Alive Out of the Fire and Put Into a Jar.

The disbelievers who have smiled at the notion of a live toad being found in a lump of coal will be shocked by an event which has just happened at Rug-

The oft-derided toad has appeared cheerful than those who have not been from the midst of the ruins of the oft-so treated. dren will not have nice manners hermit is, moreover, now alive, and is unless those who are their constant as- destined to be handed down to posterity

gins in the nursery, as does thoughtful This historic toad was introduced to consideration and unselfishness, and modern society through the instrumenmother or nurse must, by her own tality of a small poker, wielded in a every day example, teach the little ones, utillitarian spirit by Mr. Clarke of Heu-Pretty habits at the table are also reux Villa, Bath street, Rugby. The taught in the nursery, when to say happy event occurred, not in Heureux "thank you" and "please," etc.; therefore it is easy to see that if the mother Clarke's office, in North street, Rugby, is not the child's constant companion where, one morning, three large lumps of the selection of a nurse cannot be too Baddesley coal had been placed in the

Mr. Clarke took up the small poker. He smote one of those lumps of Warwickshire coal. It fell in pieces. Conventional designs in lace appear Among them sat a good-sized toad of on some of the new foulard gowns, linky blackness. So Mr. Clarke informed where squares, circles and festoons do a representative of the Daily Mail. If he had added that the toad winked, never effectively as a hip trimming outlining the yoke. Another mode of decoration for these smart summer gowns is joker. The toad did not wink, for the found in the lace points that extend very good reason that it apparently had up into the bodice from the belt and no eyes. It has since developed them.

Mr. Clarke fortunately rescued the a pail of water, where it revived. It is HAD TO KEEP BOTH LIGHTED An effective batiste trimming is now able to crawl. Before it is consigned to its new tomb it is hoped that

> As to its genuineness, there can be smoldering on the fire for a considerable

That the toad is not the ordinary common or garden animal is patent to the most casual observer. A Daily Mail correspondent had an opportunity of wrought out of a linen twine which is examining it at Mr. Clarke's office yes-formed into large sunburst designs, and terday. Much of its sooty appearance disappeared in the water, and it is now a dull brown. It has been sealed up in a glass, and is to be submitted to the

examination of experts. As stated, it has no mouth, but small nostrils can be seen. There is a constant motion in the throat, and also occasional motions of the sides, as the lungs contract and expand. Although

In shape, it varies little from the ordinary toad, but its forelegs, instead of being underneath the body, grow out at right angles. It does not move with freedom, but doubtless its long incarceration, coupled with the fact that in falling from the coal it dropped into

A New Electrical Wind Register.

Considerable difficulty has been experienced in indicating at a distance the revolutions of anemometers, as the answer.' looks old and shapeless when she appears in society attended by her pretty debutante. Fortunately most mothers In a recent design this has been inare so unselfish that they do not mind this, but some do, and show it. In considering this law of contrast, old-amounts to the armature of a smalldynamo operated by wind power. The can never be attained by anything that



EFFORT.

Man falls-but, rising, tries again-Ofttimes with patience glad; And just because, I must explain, His failure makes him mad. -Chicago Record-Herald.

CIRCUS FEATS.

"Great is the man behind the gun." "I don't know; the woman who gets fired out of a cannon is no small pota-

THE HENCENESS OF THE CHILL. Smith-"Brown seems to act coolly toward you. Does he owe you money?" Jones—"No, but he wanted to.—Baltimore World.

BUILT THAT WAY. "What makes men of genius often so

Because they would be irritable if they hadn't any genius."-Chicago Record-Herald.

AN ADEPT.

"That bookkeeper of yours never seems to be sick. "No; he's the most expert germdodger we've ever had in the establish-

ment."-Chicago Tribune.

A MAN OF PEACE.

Biggs-"There goes a man who will fight at the drop of a hat."

Diggs—"Who is he?"

Biggs—"Justice of the peace."—Ohio

State Journal.

THE HAT GOT IT. Dashleigh-"Did Miss Avoirdupois make an impression on you at the reception last night?"

Flashleigh—"No, I am happy to say it was my hat."—Ohio State Journal. JUST EIGHT FEET. "Cats were much larger formerly

than now. 'What proof have you?" "When those Kilkenny cats fought on the line there were eight feet between them."--Philadelphia Times.

"If I were you I would take Mr. Thornton with a grain of salt," said Miss Frocks.

"I'd be willing to take him any way at all," replied Miss Swayback, who was much in love. - Detroit Free Press.

LEFT. Wylkyns-"Did you ever run for of-

Watkyns-"Yes." Wylkyns-"What luck?" Watkyns-"The office ran about twice

as fast as I did."-Sommerville Journal. THE HUMORS OF TRAVEL. "Did Clara bring home an interest-

ing lot of photographs of her foreign "Yes-dreadfully funny; she didn't write names on them and can't tell what more than half of them are."

SLEEP, BABY, SLEEP.

"See here," exclaimed Mr. Popleigh, "I don't propose to have that burglar alarm in our bedroom. We'll put it down stairs in the hall." "Nonsense!" replied his wife. "Then we won't hear it when it goes off."

"Neither will the baby. That's the main point."-Philadelphia Press. HOW TO LIVE LONG. "Scientists say that a man would live longer if he walked on all fours, as he

used to do. "Of course; other men would lock him up in a cage and take care of him." -Chicago Record-Herata.

SWELL AFFAIRS.

Miss Fortysummers-"Now, I remember the time when hoopskirts were considered quite the proper thing." Alex Smart-"I guess they were swell affairs in those days."-Ohio State

He looked down in her wonderful

Light of my life!" he faltered. "Nit!" she answered. "No turn out the gas to-night. Pop's been kickin'." -Indianapolis Sun.

ON THE CONTRARY.

"I understand that visionary chap is regarded as being twenty years ahead of his time. "No," answered the grave-looking citizen, "I am his landlord, and I know better than that. He is about six months behind time."—Washington Star.

HER COMMENT.

"Fame," said the youth with the earnest intellectual expression," is so hard to attain! It is so difficult for one to get himself talked about!" "Humph!" rejoined the woman with cold blue eyes and a firm jaw. just ought to live up in our neighbor-

THE COMPLETION.

"I have written an article on 'How to Live on \$2.50 a Week,' he explained to "Well," said the editor, "you had bet-

ter write the sequel to it.' "I do not understand." "Why, 'How to Get the Two-fifty.' " Baltimore American.

NO REASON IN EITHER, "Aw, really, Miss Pert, it's rather rude to say you don't like my face. Why don't you?

'Oh, because." "Because? There's no reason in that "Neither is there any in your face,"

-Philadelphia Press. Two hundred miles an hour, scientific men have concluded, after numberless experiments, is a speed which

The cream of a book is not obtained

moves on wheels.