## WOMEN MUST SLEEP.

Avoid Nervous Prostration.

If you are dangerously sick what is the first duty of your physician? He quiets the nervous system, he deadens

the pain, and you sleep well. Friends ask, "what is the cause?" and the answer comes in pitying tones, nervous prostration. It came upon you so quietly in the beginning, that you were not alarmed, and when sleep deserted you night after night until your eyes fairly burned in the darkness, then you tossed in nervous gony praying for sleep.



MRS. A. HARTLEY.

You ought to have known that when you ceased to be regular in your courses, and you grew irritable without cause, that there was serious trouble somewhere.

You ought to know that indigestion, exhaustion, womb displacements, fainting, dizziness, headache, and backache send the nerves wild with affright, and you cannot sleep.

Mrs. Hartley, of 221 W. Congress St., Chicago, Ill., whose portrait we publish, suffered all these agonies, and was entirely cured by Lydia E. Pinkham's Vegetable Compound; her case should be a warning to others, and her cure carry conviction to the minds of every suffering woman of the unfailing efficiency of Lydia E. Pinkham's Vegetable Compound.



To produce the best results in fruit, vegetable or grain, the my guide and I came across a sugar fertilizer used must contain lecting and boiling down the sap," said enough Potash. For particulars see our pamphlets. We and ate maple sugar. When we started to leave one of the men, who had been send them free.

GERMAN KALI WORKS,



Cures Eczema, Itching Humor. Costs Nothing to Try.

B. B. (Botanic Blood Balm) is now rec ognized as a certain and sure cure for Eczema, Itching Skin, Humors, Scabs, Scales, Watery Blisters, Pimples, Aching Bones or Joints, Boils, Carbuncles, Prickling Pain in the Skin, Old Eating Sores, Ulcers. Botanic Blood Balm taken internally cures the worst and Balm taken internally cures the worst and most deep-seated cases by enriching, purifying and vitalizing the blood, giving a healthy blood supply to the skin. Other remedies may relieve, but B. B. B. actually cures, heals every sore, and gives the rich glow of health to the skin. B. B. builds up the broken down body and makes the blood red and nourishing. B. B. B. tested 30 years. Over 3000 voluntary testimonials of cures by B. B. B. Druggists \$1. Trial treatment free and pre-Druggists, \$1. Trial treatment free and pre-paid by writing Blood Balm Co., 12 Mitchell St., Atlanta, Ga. Describe trouble, and free medical advice given.

There are several large factories in the United States devoted to the manufacture of rose water.

Crab Orchard Water

Is not a "cure-all," but for all diseases of the liver, stomach or bowe's it supplies a place not filled by any other medicine. It assists nature and is at all times prompt, reliable and efficient The shoe dealer is always on the lookout

for slippery customers. Mrs. Winslow's Soothing Syrup for children teething, soften the gums, reduces inflamma-tion, allays pain, cures wind colic. 25c a bottle It's generally the man with well-shaped

legs who goes in for golf. I am sure Piso's Cure for Consumption saved my life three years ago. —Mrs. Thomas Rob-bins, Maple St., Norwich, N.Y., Feb. 17, 1900.

The newly-seeded area of winter wheat is estimated at 30,282,564 acres.

Happiness cannot be bought, but one of the great hindrances to its attainment can be removed by Adams' Pepsin Tutti Frutti.

"You make me tired," remarked the wheel to the wheelwright.

We refund 10c, for every package of PUT-NAM FADELESS DYE that fails to give satisfac-tion. Monroe Drug Co., Unionville, Mo. It is computed that at the second inau-guration of President McKinley \$4,000,000 was spent.

No woman really enjoys wealth unless she feels that she is inspiring cavy.

STATE OF ORIO, CITY OF TOLEDO, | ss. FRANK J. CHENEY makes oath that he is the enior partner of the firm of F. J. CHENEY &

Co.,doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of one HUNDRED DOLLARS for each and every case of CATARRH that cannot be Sworn to before me and subscribed in my presence, this 6th day of December, A. D., 1886. A. W. Glesson.

Notary Public.

Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces of the system. Send for testimonials, free. F. J. Chener & Co., Toledo, O. Sold by Druggists, 75c. Hall's Family Pills are the best.

The Island of Formosa has only one rail-

Carter's Ink best for school, home and office. It costs no more than poor ink. Always ask for Carter's.

About 25,000 robin-redbreasts are exported from England annually. New Use for Necktle.

"While I was over in the Arkansas nountains last winter on a hunting trip maple orchard where two men were col-Memphis man.

"We sat around with the natives awhile regarding my tie very closely, asked the guide, in a low voice, why I wore

that rag around my neck. 'That's to keep his nose from bleeding,' replied the guide, who was a man some humor.

As we walked away I heard the natives telling each other how sorry they felt for me on account of my affliction.

Girl Wanted.

Mistress-Susan, I'm sure I heard ome one kissing you in the kitchen last night. I don't like that. Susan-Yes, ma'am, the master said you didn't like kissing much, and that was why he kissed me.

What Did She Mean?

"Well, good-night," said Mr. Borem finally breaking away. "I've had a most enjoyable evening. Er-by the way, I expect to pass your house to-morrow evening and I thought I might-"



## "TAKE THIS! My Bilious Friend,"

said the doctor, "it is the best laxative mineral water known to medical science."

A glass of Eunvadi Janos

will do more for a disordered stomach or a torpid liver than all the pills in the world.

IT CURES CONSTIPATION AND BILIOUSNESS. Average Dose: One-half glassful on getting up in morning.

Your druggist or grocer will get it for you. Ask for the full name, "Hunyadi Janos." Blue label, red centre panel. imported by Firm of ANDREAS SAXLEHNER, 130 Fulton St., N. Y.

W. L. DOUGLAS \$3 & \$3.50 SHOES UNION





FACTORY LOADED SHOTGUN SHELLS

No black powder shells on the market compare with the "NEW RIVAL." in uni-mity and strong shooting qualities. Sure fire and waterproof. Get the genuine. New Haven, Com. NOHESTER REPEATING ARMS CO. - - - -

DON'T LEAVE GROUND BAKED. Any plot of ground not required for a regular crop should be seeded to something that may be plowed under. Cow peas, millet, rape or even corn or of green material, which may be turned under at any stage of growth. Sow

COWS THAT ARE JUST PUR-CHASED.

rather than leave it naked.

Much dissatisfaction may exist when grinding bills. cows are purchased owing to the

## SELECTING SEED CORN.

In the first place those stalks bearing good ears should be looked out as soon as the corn begins to ripen, and pected with the next year's crop.

HANDY ROPE AND FORK.

rope to lead the horses to water. Have | nate in a week. out one. For carrying straw, etc., take a big iron fork and put a short shovel handle in it. This prevents the fork can carry a big load. Have a convenient hook to hang it up. You will save much time in using these two things .- H. J. Shrock, in The Epitomist.

IRRIGATING THE GARDEN.

Irrigation is being adopted by the successful gardeners and small fruit growers throughout the world. The fact that water can be applied to fruit and vegetables at any time required is argument enough to convince any one of the value of irrigation. Thorough tests in the rain belt region have demonstrated that irrigation makes better flavored products and more than have been thoroughly tested and found doubles the yield. In this sense the true. application of moisture by hand has become a science. This science dissuccesses. At best the rain dependence worry. is only an uncertain substitute for independent soil moisture by irrigation. Gardens, small fruit orchards and vineyards are especially benefited by irrigation, even though there be an abundance of rain for general field crops. The scientific application of water just at the exact time needed solves the long mooted problem of whether or not the garden pays for gardener.

For a small garden and fruit patch | the hens. I have successfully irrigated for sevmill. My way, though primitive, an- learn to eat eggs. swered very well. It consisted of a main canal into which the water was the best material for hens' nests, turned directly from the tank; there though any kind of clean hay will anare as many channels as needed open- swer the purpose. ing from the main channel, the ground sort of pond, situated in the hog yard. heat during the long night. The water is turned on late in the morning the ditches are well soaked liable to develop feather pulling. out, so there is no scalding of the find the profits increase in a most may help themselves. gratifying way.-Geneva March, in Agricultural Epitomist.

DAIRY RATION FROM HOME-GROWN FEEDS.

is not stated.

can be grown so cheaply we must de- excellent .- Meehans' Monthly.

pend upon it for the basis of our ration even for dairy cows. With the grains mentioned I should advice feeding six pounds corn and cob meal, three pounds oatmeal and three pounds bran per day, with all the mixed hay and cat hay, equal parts, that the cows will eat. Each animal will probably consume sixteen to twenty pounds per day depending upon the individuality of the cow and also upon the condition of the hay. Oat hay if cut while oats will cover the ground with a mass it is still green and if properly cured makes an excellent feed for dairy cows. The oats do not pass through whole anything that will cover the ground when fed in this manner, but are remasticated with the hay and nearly all ground with the teeth, which is not the case when whole threshed oats are fed. This saves both the treshing and

Clover hay is one of the best hays change made in removing the cows. we have for cows, because it is rich in The best milkers will sometimes fall albuminoids, and this is the class of off in yield when taken to a strange substances almost invariably lacking place. A change in the kinds of food, in the dairy rations of the corn belt. when made suddenly, will also affect | Timothy hay is one of our poorest hays cows in the amount of milk yielded. for cows. I should advise replacing These facts should also be considered a pound or two of the corn and cob by those who purchase fresh cows to meal with gluten meal or oil meal, as take the places of those that become this adds to the variety and also makes a much better balanced ration-W. J. Fraser, of the Illinois Experiment Station.

VINES FROM SEED. The morning glories are an intermarked by tying a bright-colored bit esting vine, and some are brave growof cloth to them. Then at husking ers. If the object in planting a climber time they should be subjected to an- is shade, the Brazilian morning glory other examination, and those ears is suited to the purpose. It branches which are extra good saved to be used in every direction, and the ample as seed. Each ear selected, however, leaves overlap one another with the should be perfect in every detail; in regularity of shingles, forming a comlength not less than ten inches, hold- plete curtain through which little suning its size well to within an inch of light can penetrate. It requires very the tip, and admirably filled at both little attention beyond a rich soil for butt and tip. The grains too should the roots to revel in, the necessary be long and square at the top so as to watering and a pinching back of the have no crease between the rows, lateral shoots if they encroach beyond though the more rows there are on their limits. The blossoms are borne the ear the better. Every ear, also in the greatest profusion, a rosy pink should be as near the same shade as in color, followed by ciliated reddish possible. If these requisites can be seed pods that add to the beauty of found in full, good results may be ex- the vine. The seeds are rather difficult to germinate, being very hard shelled. They must be placed in almost boiling water, and allowed to remain in a Take a rope about four feet long and warm place for a week, when they will fasten to snap at both ends instead of swell and puff out to twice their noruntying the halter strap. Use this mal size. Plant and they will germi-

a staple fastened to the tank, and if | A vine that blossoms during autumn your bedding is handy you can bed the is the ivy-leaved cypress vine. The horse while he is drinking. If the seeds germinate very slowly, often rehorse is tied properly in the stall their | quiring from four to six weeks' time, is no danger of him getting lose or be- but once above mother earth they bid ing tied too long or short as the strap fair to rival Jack's famous beanstalk. remains at the manager. To prevent It will cover a trellis or summer house halter straps from being worn by completely with its dark, ivy-shaped horses rubbing, bore a hole about two leaves, and in late summer be a blaze incres from the edge of the manger, of color. The individual flowers are and another about two inches below small, but they are borne on great the first, and put strap through the forked racemes and are a brilliant red, holes instead of edge of manger. Try a perfect foil to the dark leaves .- E. such a rope and you will not do with- M. Lucas, in New England Homestead.

POULTRY NOTES.

from turning in your hands, and you over three weeks old, and three days or less would be better.

> Millet hay is good for the scratching shed, and the seed will be found a splendid egg producer.

Don't try to set the big ten-pound hens. Those that weigh only four pounds will do better. Coal ashes should be thrown in the

poultry yard, where the hens may pick over and wallow in them. When the straw and litter in the

scratching shed becomes foul, replace it with bright, clean straw or leaves. Don't trust a poor, thermometer in your incubator. Buy only those that

Don't try to keep several breeds of fowls. One good breed is enough, and pels droughts, and makes crops annual will spare you lots of hard work and

> Provide a box filled with dust, so that the hens may take a bath. No lice will remain on them that roll in the dust.

When the combs and wattles are a bright red and the hens keep busy all day, you may be sure the flock is

Don't make nests of any material any except the professional market with seed or grain in it. The temptation to scratch will be too great for

Egg shells are good for the folws, eral years from a large tank which but should be crushed fine before was supplied with water by a wind feeding, as otherwise the hens may

Wheat straw broken in the hand is

Warm corn or wheat will be relished is gently sloping, so the water runs by the hens on cold days, and will the length of the channel, then into a greatly assist in keeping up the animal

Fowls should be allowed to run out afternoon, and by the time the men are every day that the weather will perdone choring it is shut off and by mit. They will be healthier and less

Lack of grit destroys the digestive roots. I would earnestly advise all organs of fowls and causes bowel market gardeners and truckers to ar- trouble. Have the grit box conrange to irrigate this season, they will | veniently arranged, so that the fowls

> English Ivy for Shady Places. The need for a vine that will thrive

in shady places is often felt, and perhaps no other meets the want better A northern Illinois subscriber wants than the English ivy. In fact, as beto know how to compound the best tween full sunlight and moderate milk ration from corn and cob meal, shade it will prove more satisfactory oatmeal, bran, oat hay cured in the in the latter position; during the winbundle, mixed timothy and clover hay, ter the sun is injurious to the everclover forming one-fourth of the mix- green foliage. Under greenhouse ture. The price of the different feeds | benches in rather dark places, through open cellar windows into a house and While corn is too carbonaceous to beneath trees, this ivy has been seen be a good food for dairy cows, yet in luxuriantly growing. For covering this section of the country where it' bare spaces beneath trees it is west



VIENNA FLOWER GIRLS.

der. They are rather picturesque rubies. white paper.

A CLEVER IDEA.

tle is shown by the jewelers. It is a a silver wedding gift from the Grand little ball of chased openwork gold, Lodge of Free Masons was a butterfilled with a little sponge wet with a perfume which sends out a faint but Brazilian diamonds, with eyes of that may be attached to a lorgnette of pearls from the women of Liverpool, and to the fan during the evening.

AGRICULTURE FOR WOMEN.

in agriculture and horticulture was which was given to her on her maropened recently in the School of Agri- riage by her eight bridesmaids. It is culture, Moscow, with the authority of in eight divisions, each containing a the Russion Minister of Agriculture. miniature portrait of one of the brides-The subjects included agriculture maids, set in brilliants. A diamond stock breeding, rural economy, book- tiara of 365 superb diamonds is one of keeping, dairying, bee keeping, gard- the finest ornaments in the casket, ening and arboriculture, theoretical and one of the most treasured is a and practical. The course of instruc- jewelled cross that is an exact replica tion lasted four months, and was at of one made several centuries ago for tended by fifty students, whose ages Queen Dagmar, still cherished as an ranged from seventeen to forty-five, heirloom in the Danish royal family. and who were either engaged in agriculture or preparing to teach in agricultural schools.

CHAMPION PIE BAKER OF THE tive. WEST.

world.

ing a few pies and doughnuts, one pie Then shake till quite dry. strongly in her favor.

and fortune.-Topeka Capital.

Eggs for hatching should never be ORIGIN OF THE KITCHEN GAR. thrown. This will make it fluff up and DEN

> Miss Emily Huntington, principal of the New York Cooking School, talked at a recent meeting of Civitas upon the origin and development of the kitchen garden. Miss Huntington es. liners' flower garden. tablished the first kitchen garden in The shape and make of the hat and Eighth street, twenty-five years ago. ability. The first lessons were given with toys, tic training schools, a recognized factor in the modern educational system. Sweeping, dusting, bed making, dishwashing, table setting and similar household duties are now taught in the kitchen gardens, which are a part of the curriculum of mission schools and similar institutions. One of the developments of the work at the Wilin progressive housework for girls who are too old to be taught with the chil. raised roses, made of violet crepe and dren. Kitchen gardens have been in- outlined in silver cord. troduced into Indian schools in the South .- New York Tribune.

CONCERNING NECKWEAR.

man dresses her neck, whether she treated. looks well or not, and women who A popular form of flat hat for spring study the subject of looking their best is the ruffled tulle, which has dear litbestow the greatest amount of atten- tle flat frills all over it. The crown tion on what might be thought to be is not raised, but in front is lifted off the frivolous details of a stock-collar. the face by a few flowers or soft satin They are very careful never to wear choux. A light blue tulle is encircled with a plain shirt-waist a tie that by with a wreath of dainty blue forgetrights belongs to a more elaborate me-nots. silk waist, etc.; but especially are they careful as to the height of the collar. A woman at all inclined to be stout, when she wears too high and It is simply finished, and held together too tight a collar, shows her defect much more clearly than when she wears a low collar and one that does lar, although their chief beauty seems not fit too tightly. As a rule the shaped collar is the best, lower in front than at the back, and with a tie pulled well down in front. If a woman has a long neck she can, as a rule, look much smarter than her short-necked sister, for she can wear any sort of collar and tie, provided only it is high enough. Just now the long handkerchiefs wound once or twice around the neck and tied in the front either in stiff bows or in long ends, are considered particularly smart, but the soft and the most unobtrusive garments lace ties and those of chiffon with the possible. What is a superb gown in lace ends are so becoming that they are always in fashion. There must be a line of either black or white around dividuality is swallowed by the dress, the throat, that is one of the present whereas a gown should be only a rules, and the little touch of contrast frame, so to speak, for the wearer. is quite effective and as a rule becom ing .- Harper's Bazar.

QUEEN ALEXANDRA'S JEWELS. as much of a sin as profanity. There contains many superb ornaments, those who whistle are fined and put in Pearls and diamonds are her favorite prison.

gems, but she has some particularly fine specimens of rubies also. Her husband's wedding gift was a diadem of brilliants in two rows, each of ten large stones, surmounted by scroll ornaments connected by a Greek design in brilliants. One of his first gifts was a necklace of diamonds and The flower girls constitute a goodly pearls, and on the twenty-fifth anniportion of the inhabitants of Vienna. versary of their marriage his gift was How such hundreds can live is a won- a magnificent cross of diamonds and

figures, done up in their shawls, with A parure of opals and diamonds was trays swung from their shoulders and a gift from Queen Victoria, and rubies filled with rigid bouquets fastened to and diamonds are combined in a necka stick encircled by cornucopias of lace that was given by Queen Alexandra's sister, the wife of the late Czar.

A diamond and pearl necklace, with earrings to match, was a present A dainty evolution of the scent bot. from the Corporation of London, and fly made of two hundred of the finest constant aroma. It is a pretty idea, rubies. A diamond cross on a string chain or the muff chain for the day a diamond and opal bracelet from the women of Manchester and a diamond bracelet from the women of Leeds are beautiful and cherished gifts.

The Queen has a large collection of A course of instruction for women bracelets, the most remarkable of

> CLEANING WHITE FEATHERS. The following method of treatment will be found very simple and effec-

Shave four ounces of white soap and Mrs. Annie Frazier, of Atchison, dissolve in four pints of water rather Kan., has made probably 1,000,000 pies hot. Make ready in a large basin and in ten years, and doughnuts beyond lather the solution by beating it with computation. She is believed to be your hands. The feathers must now the champion woman pie baker of the be put in and clapped softly between the hands for five or six minutes. Eleven years ago, by stress of cir- After this soaping wash again in hot cumstances, Mrs. Frazier began bak- water, as hot as the hand can bear.

and one dozen doughnuts every day, Now for the recurling. Take ar for the Woman's Exchange, Atchison, Ivory paper knife and go over the her gross receipts per week for four feather spray by spray, starting from months averaging only eighty-five the point and working down. The cents. Gradually the demand began to spray must be stretched out over the grow, and at the end of the year her knife, blade edge up, and this edge income was \$15 a month, with the tide must be smartly, though carefully, drawn along the under edge of the Mrs. Frazier's business during the spray tili it curls up tightly. Repeat last ten years has grown enormously, this process till the whole feather is and now she is baking 700 pies and curled. Take care not to break or inbushels of doughnuts every day. Her jure the feather by harsh treatment. work is all done at her residence, and For this reason a sharp penknife must she uses but two stoves, an ordinary never be used. When a feather range and a family gasoline stove. As comes out of curl from exposure to a pie baker she is winning both fame damp of rain, it should be gently shaken close to a hot fire, upon which a little salt has been previously look full again, instead of thin and meager. It will also make it curl.

FASHION NOTES.

Madame Rose is queen in the mil-

the Wilson Industrial Home, in East the style of the wearer decide its suit-

Dainty little handkerchiefs have colthe initial one being on table laying. ored insertions and embroidery in the From this have developed the domes- corners, making quite an elaborate

Panne cloth is likely to be a formidable rival of crepe de chine, as it combines the softness and - pliability of that fabric with the firmness and fin-

ish of light weight broadcloth. Ribbon embroidery is being used on gowns in floral designs, and is exson Industrial Home has been a class tremely pretty. A charming gown of pale violet satin is embroidered with

Some of the new satin foulards are West and colored schools in the made with skirts plaited in narrow kilt plaitings all around. Several insertions of lace are introduced across the lower part of the skirt and in the Everything depends upon how a wo- bodice. The sleeves are similarly

A revival of a pretty fashion is the black velvet ribbon bracelet, which is being worn now by Parisian women. by a dull gold slide, sometimes jewelled. Egyptian armlets, too, are poputo lie in their barbaric effects.

A pretty blue silk blouse is trimmed with stitched bands of white cloth and gold buttons. The sleeves, open the entire length on top, are strapped across with the cloth bands ending in a point at either side with a flat button and the undersleeves and vest of lace are also strapped with cloth.

The woman who knows not how to dress should wear the most inoffensive itself generally looks as if it does not belong to such a wearer, and her in-

Fined for Whistling.

Whistling in Iceland is considered Queen Alexandra's jewel collection are some parts of the world where