

REV. DR. TALMAGE.  
THE EMINENT DIVINE'S SUNDAY DISCOURSE.

Subject: The Chariot of Triumph—Beligion Represents Life, Not the Grave—Advice About Physical Health and a Prescription For Prolonging Life.

WASHINGTON, D. C.—In this discourse Dr. Talmage gives prescriptions for the prolongation of life and presents the gospel of physical health. The text is Psalm xci, 16, "With long life will I satisfy him." Through the mistake of its friends religion has been chiefly associated with sick beds and graveyards. The whole subject to many people is odorous with chlorine and carbolic acid. There are people who cannot pronounce the word religion without hearing in it the clipping of the scythe from the tombstone cutter. It is high time that this thing were changed and that religion, instead of being represented as a hearse to carry out the dead, should be represented as a chariot in which the living are to triumph.

Religion, so far from subtracting from one's vitality, is a glorious addition. It is sanative, curative, hygienic. It is good for the eyes, good for the ears, good for the spleen, good for the digestion, good for the nerves, good for the muscles. When David in another psalm prays that religion may be dominant, he does not speak of it as a mild sickness or an emanation or an attack of moral and spiritual cramp. He speaks of it as "the saving health of all nations," while, in the text, promises longevity to the pious, saying, "With long life will I satisfy him." The fact is that men and women die too soon. It is high time that religion joined the hand of medical science in attempting to improve human longevity. Adam lived 930 years. Methuselah lived 969 years. As late in the sixteenth century Peter Zartian died at 185 years of age. I do not say that religion will ever take the race of man to a length of 135 years old, but I do say the length of life will be increased.

It is said in Isaiah, "The child shall die a hundred years old." Now, if, according to Scripture, the child is to be a hundred years old, may not the men and women reach to 300 and 400 and 500? The fact is that we are mere dwarfs and skeletons compared with some of the generations that are to come. Take the African race. They have been under bondage for centuries. Give them a chance, and they develop a Frederick Douglass or a Toussaint L'Ouverture. And if the white race shall be brought from under the serfdom of sin, what shall be the body, what shall be the soul? Religion has only just touched our world. Give it four centuries more, and you will see what it will do. It will lift up the strength of man and the beauty of woman and the longevity of all.

My design to show that practical religion is the friend of long life, I prove it, first, from the fact that it makes the care of our health a positive Christian duty. Whether we shall keep early or late hours, whether we shall take food digestible or indigestible, whether there shall be thorough or incomplete mastication, are questions very often deferred to the realm of whimsicality. But the Christian man lifts this whole problem of health to a higher plane. He says, "God has given me this body, and He has called it the temple of the Holy Ghost, and to deface its altars, or mar its walls, or crumble its pinnacles, is God defying sacrifice." He sees God's calligraphy in every page, anatomical and physiological. He says, "God has given me a wonderful body for noble purposes, and He has entrusted me with forty-six curious muscles and all under the brain's telegraphy, 350 pounds of blood rushing through the heart every minute for twenty-four hours beating 100,000 times, during the twenty-four hours the lungs taking in fifty-seven hogsheads of air, and all this mechanism more mighty than delicate and easily disturbed mechanism. The Christian man says to himself, "If I hurt my nerves, if I hurt my brain, if I hurt any of my physical faculties, I insult God and call for dire retribution." Why did God tell the Levites not to offer to Him in sacrifice animals imperfect and diseased? He meant to tell us in all the ages that we are to offer to God our very best physical condition, and a mark through irregular or gluttonous eating ruins his health is not offering to God such a sacrifice. Why did Paul write for his cloak at Troas? Why should such a great man as Paul be anxious about a thing so insignificant as an overcoat? It was because he knew that with pneumonia and rheumatism he would not be worth half as much to God and to the church as with respect to God and to church as with respect to easy and foot free.

An intelligent Christian man would consider it an absurdity to kneel down at night and pray and ask God's protection while at the same time he is indulging in his bedroom tight shut against fresh air. He would just as soon think of going out on the bridge between New York and Brooklyn, leaning over and then praying God to keep him from getting hurt. Just as long as you refer this whole subject of physical health to the realm of whimsicality or to the pastry cook or to the butcher or to the baker or to the apothecary or to the clothier you are not acting like a Christian. Take care of all your physical forces—nervous, muscular, bone, brain, cellular tissues—for all you must be brought to judgment. Smoking your nervous system into fidgets, burning out the coating of your stomach with wine logwood and strychnine, walking with this shoe that makes your feet look delicate, pinched at the waist until you are nigh out in two and never put forth anything, graining about sick headache and palpitation of the heart, which you think come from God, when they came from your own folly!

What right has any man or woman to deface the temple of the Holy Ghost? What is the ear? It is the whispering gallery of the soul. What is the eye? It is the observatory God constructed, its telescope sweeping the heavens. What is the hand? An instrument so wonderful that, when the Earl of Bridgewater bent over in his will \$40,000 for freestones to be written on the wisdom, power and goodness of God. Sir Charles Bell, the great English anatomist and surgeon, found his greatest illustration in the construction of the human hand, devoting his whole book to that subject. So wonderful are these bodies that God names His own attributes after different parts of them. His omniscience—it is God's eye; His omnipresence—it is God's ear; His omnipotence—it is God's arm; the apostrophe of the mighty heavenly it is the work of God's fingers; His life-giving power—it is the breath of the Almighty; His dominion—"the government shall be upon his shoulder."

men, but I do not know half a dozen had old men. Why? They do not get old. Lord Byron died at Missolonghi at 36 years of age, himself his own Maseppa, his unbridled passions the horse that dashed with him into the desert. Edgar A. Poe died at Baltimore at 38 years of age. The black raven that alighted on the bust above his door was delirium tremens.— Only this and nothing more.

Napoleon Bonaparte lived only just beyond middle, then died at St. Helena, and one of his doctors said that his disease was induced by excessive snuffing. The hero of Austerlitz, the man who by one step of his foot in the center of Europe shook the earth, killed by a snuff box. How many people we have known who have not lived out half their days because of their dissipation and indulgences! Now, practical religion is a protest against all dissipations of any kind.

"But," you say, "professors of religion have fallen, professors of religion have got drunk, professors of religion have misappropriated trust funds, professors of religion have absconded." Yes, they threw away their religion before they died their morality. If a man on a White Star line steamer, bound for Liverpool, in mid-Atlantic jumps overboard and is drowned, is that anything against the White Star line's capacity to take the man across the ocean? And if a man jumps over the gunwale of his religion and goes down never to rise, is that any reason for your believing that religion has no capacity to take the man clear through? In the one case, if he had kept to the steamer, his body would have been saved; in the other case, if he had kept to his religion, his morals would have been saved.

There are aged people who would have been dead twenty-five years ago but for the defense and the equipage of religion. You have no more natural resistance than hundreds of people who lie in the cemeteries, to-day slain by their own vices. The doctors made their case as kind as kind as they could, and it was called congestion of the brain or something else, but the snakes and the blue flies that seemed to crawl over the patient was the delirious patient showed what was the matter with him. You, the aged Christian man, walked along by that unhappy one until you came to the golden pillar of a Christian life. You went to the right; he went to the left. That is all the difference between you. If this religion is a protest against all forms of dissipation, then it is an illustrious friend of longevity. "With long life will I satisfy him."

Again, religion is a friend of longevity in the fact that it takes the worry out of our temporality. It is not work that kills men; it is worry. When a man becomes a genuine Christian, he makes over to God not only his affections, but his family, his business, his reputation, his body, his mind, his soul, everything. Industrious he shall be, but never worrying, because God is managing his affairs. How can he worry about business when in answer to his prayers God tells him when to buy an when to sell? And if he gains, that is best, and if he loses, that is best.

Suppose you had a supernatural neighbor who came in and said: "Sir, I want your cash on me in every emergency. You are my fast friend. I could fall back on \$20,000,000. I can foresee a panic ten years. I hold the controlling stock in thirty of the best monetary institutions of New York, New Jersey, New England and New York. Whenever you are in trouble call on me, and I will help you. You can have my money, and you can have my influence. Here is my hand in pledge for it. How do you want to be paid for it? In gold, silver, or diamonds? Why, you would say, 'I'll do the best I can, and then I'll depend on my friend's generosity for the rest.'"

Now, more than that is promised to every Christian business man. God says to him, "I own New York and London and St. Petersburg and Pekin, and Australia and California are mine. I can foresee a panic a hundred years. I have all the treasures of the universe, and I am your fast friend. When you get in business trouble or any other trouble, call on me, and I will help. Here is my hand in pledge of complete deliverance. How much should that man worry? Not much. What lion will dare to put his paw on that Daniel? Is there not rest in this? Is there not an eternal vacation in this? "Oh," you say, "there is no man who asked God for a blessing is a certain enterprise, and he lost \$5000 in it! Explain that!"

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Is your breath bad? Then your best friends turn their heads aside. A bad breath means a bad liver. Ayer's Pills are liver pills. They cure constipation, biliousness, dyspepsia, sick headache. 25c. All druggists.

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**JUSTICE IN CHINA.**

A Story of Li Hing Chang and Would-Be Prisoners.

Of Li Hing Chang numberless stories are told in Chinese society. Now and then one reaches this country through our consuls in China. On one occasion when the premier was having a bitter fight with some of the more conservative members of the tsung-li-yamen he received as a present a magnificent cake, which he had reason to suspect contained poison. He put the cake aside and set all his powerful machinery to work to find out who was at the bottom of the plot. The investigation was partly successful, the crime being traced to three men, of whom one, at least, was absolutely guilty. Li had the trio arrested and brought to his yamen. When they arrived they were ushered into his presence and were received in his courteous manner. The cake was produced, with the remark that "politeness forbade his tasting it until the three generous donors had had an opportunity to enjoy its excellence." Li cut the cake and one of his servants handed it to the unwilling guests. Each took a piece and ate, or pretended to eat it. One crumbled the pieces and let them fall upon the floor, but the other two ate calmly, without manifesting any emotion. Ten minutes and the two men began to show symptoms of suffering. Li smiled benignantly and said to the man who had not eaten: "Your wisdom is so great that I am compelled to preserve your head as a souvenir to transcendence." The man was removed and promptly decapitated. To the other two the premier remarked: "The cake that you are eating is not the one you sent me, but one which I had my cook imitate. The poison from which you are suffering exists only in your imagination. I know of no way to cure your present pain except by letting you share the same fate as your friend who has just left the room."

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**'Spectacled' Animals.**

Birds are furnished with a peculiar membrane, which in a state of repose lies in the inner angle of the eye, but is movable by two distinct muscles which draw it over the cornea. It is to a certain extent transparent, for, according to Cuvier, birds can look through it, as the eagle does when looking at the sun. This membrane forms a pair of spectacles, or, at least, answers the same purpose. This membrane is called the third eyelid. One of the most comical and grotesque animals is the "spectacled bear" (*Ursus ornatus*), which derives its chief attraction from the light-colored rings around its eyes. These—the greater part of the face being, like the body black—have exactly the appearance of a pair of common "roggles," through which the beast seems to look with an air of mingled wisdom and imbecility. The spectacled bear is only found in the mountainous regions of Chili, South America.

**Cook in Earthenware Vessels.**

Cook nothing in iron vessels that you can cook in earthenware. The heat in the latter is more uniform, the flavor better preserved and there is less liability to burn.

**Quite Attached to It.**

Philadelphia Record: Dedbroke—"I hear you called on the lady's father last night. How did he like your suit? Harduppe—"Very much, I think. He kept half the coat collar when I left."

**How's This?**  
We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.  
J. J. CHENEY & Co., Toledo, O.  
We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligation made by their firm.

**Who Ever Does?**  
She—"I wonder if it is hard to write dialect stories?" He—"I should think it might be. I know it's hard to read them."—Somerville Journal.

**To Cure Constipation Forever.**  
Take Cascara Candy Cathartic. 10c or 50c. If C. C. C. fail to cure, druggists refund money.

**Major Marchand** is busy writing a book giving an account of his journey across Africa.

**I have found Pin's Cure** for Consumption an unfailing medicine.—F. E. LOTT, 185 Scott St., Covington, Ky., Oct. 1, 1894.

**Momson**, the German historian, is 87 years old. He is a great traveler, and is still engaged in literary work.

**Educate Your Hovel's With Cascara.**  
Candy Cathartic, cure constipation forever. 10c, 50c. If C. C. C. fail, druggists refund money.

**Nine Policies.**  
Chicago News: Insurance Clerk—"Here is a woman that wishes her pet cat insured." Manager—"All right, but tell her she'll have to take out a policy on each one of the cat's lives."

**No-To-Bac for Fifty Cents.**  
Guaranteed tobacco habit cure. makes weak men strong, blood pure. 10c, 50c. All druggists.

**Story of a Long Beard.**  
Cornelius Breckenridge of Tallahassee, Ky., was in town the other day and while talking to a friend he thrust his hand under his waistcoat and pulled out a snowy white beard which reached almost to his knees, says the Denver Times. "I am going to tell you an incident of my life that has never before been made public," he said. "That beard of mine is now thirty-one inches long and the cause of its length is all due to the fact that I once made a bet. When the war broke out I was one of the southerners who enlisted and fought with the confederates. Quite naturally my feeling toward Abraham Lincoln was not of the best. When old Abe came up the second time for election I said to a friend: 'Bob, if old Abe is elected I will never again shave.' 'Well,' said Bob, 'if Abe Lincoln is not elected I will never shave.' Both of us agreed it should stand as a bet and the election day rolled around and the result is well known."



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CURES WHILE ALL ELSE FAILS. Does Not Hurt. Pleasant to Use. In 10 min. Sold by druggists. CONSUMPTION.

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**FORMULA** The formula of GROVE'S is plainly printed on each bottle showing what it contains. The reason the imitators do not advertise their formula is because they know the people would not buy their medicine if they knew its ingredients.  
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Grove's is a prescription that does cure MALARIA, CHILLS AND FEVER.