WHEN ALL THE WORLD IS YOUNC, said with truth, needed in fine weather then, but I'm glad to hear ye speak, LAD.

When all the world is young, lad, And all the trees are green, And every goose a swan, lad, And every lass a queen; Then hey for boot and horse, lad, And round the world away;

Young blood must have its course, lad, And every dog his day.

When all the world is old, lad, And all the trees are brown, And all the sport is stale, lad. And all the wheels run down, Creep home and take your place there, The spent and maimed among; God grant you find one face there You loved when all was young. -Charles Kingsley.

MY RUSSIAN BISHOP.

"Keep her steady, Mac, and tell Brown, in the engine-room, to stick to all things considered, is decent going, even downstream, on one of these Rusbound, you know, to economize the dies. ecmpany's firewood, cheap as it is."

"Aye, aye, Capt. Burton," cheerfully huddled together in a mob when a question of thrift.

chief engineer, were, with myself, John steamer, of light draught but consider- fever-stricken wretches on whom the able engine-power, belonging to the miasma of the muddy river had done Anglo-Russian Steam Navigation Com- its work, and who had been left behind his right wrist chained to the stirruppany and built expressly for service on it at Bykhow, a sad procession went by the Dnieper. We were pretty far to the the wharf alongside of which the I on account of the weakness caused by than a skiff or a flatboat, and were com- volt near Minsk, and now on their way where I was duly lodged in prison. ing down now with a string of rafts in to Siberia. They were of all ranks and Very bitter were my reflections as I

inspection, but I, who had just then no ment; others who showed the marks of where herds of black buffalo and There was something in the proud ennorth, which forms a valuable article of meaner export to the more pastoral and treeless from sun and rain; and at the edge of sacrifice themselves for a dream." poles in their hands kept watch in case the overseer's new hands were hard to lie. And so weeks went by,

the shallows and mud-banks.

but scanty accommodation. Students, though it is that way, for I though ye nuns and himself could rough it, only thankful for a speedy journey. And the payment he would leave to me to apportion. "A compliment," added the prelate

with a laugh and a shrug, "which I my own countrymen. But you English have a conscience."

tion for fair dealing by charging His ye, laddle, how can I do it, seeing I lie Worthiness—for such I believe to be here, tied neck and heels, ling a calf up my own quarters to the bishop. As coming o' the police." for the students, the weather was fine, But, alas! when the

surely make shift to keep the deck.

nuns, two of them being tall, burly unharmed, we found that from the Polparently shy and ill at ease, and who presence.

fresh laborers in the room of a dozen plices.

ages; some with delicate hands and Macgregor left me on his round of faces that told of culture and refine-

call of duty, remained idly leaning honest toil; but all bore themselves to the shrill squeaks and pattering feet against the taffrail and gazing, now at with a certain air of quiet dignity of rats distressingly tame that haunted the summer sky of greenish blue, now which seemed to impress even the haif the jail. What was I to do? My emat the swampy and reed-grown shores, savage Cossacks who guarded them, ployers would probably supersede me ficeks of sickly sheep browsed on the durance of the captives which touched Siberia I had no serious fear, but a rank grass, and once again at the brown me. They were in chains, their clothes long imprisonment might end only in waters of the sluggish Borysthenes, now were worn and ragged. Their faces expulsion from Russia. Annie was lost swollen by recent rain. Astern of the were wan with the privations of a Rus- to me. I knew the rooted prejudices of steamer was the long array of rafis sian prison, and all were footsore and her father too well to believe that he which we were towing, composed of weary. Yet it was impossible not to would ever accept a son-in-law who had timber, cut down in the forests further admire the patient courage of their de- conspired against the imperial authori-

south of Russia. Most of these rafts these Poles," said the bishop, taking a matter? I could fancy him in his armhad shells or straw-thatched hovels pinch of snuff and offering to me the chair stolidly declaring, in reply to

the clumsy craft should ground among coax away from the vodka shops,

though when they did arrive they cer- are free!" It was an officer of rank I had now spent over two years in tainly turned out to be fifteen as strap- who spoke, pleasantly enough, tapping Russia, and had acquired some little ping fellows as I had ever seen; men. his boots with his gold-mounted riding knowledge of the country, and, what too, who walked with the steady step whip as he stood on the damp stone was harder, a tolerable smattering of of old soldiers. Of this however, since floor of my cell, with the door open bewas harder, a tolerable smattering of the out southers. On this ballers, on the peasantry hind him, admitting welcome air and its very difficult language, while there conscription passes half the peasantry hind him, admitting welcome air and through the ranks, I thought little, but daylight. "Your innocence and that of were those who regarded me as singu- through the ranks, I thought little, but daylight, harly lucky in having been argented, gree orders to east off the moorings, the other British subjects confined at young as I was, to the command of the get up a fuller Lad of steam to make Fiew has been at last fully proved by Fair Helen. The duties, however, in- up for lost time, and push on to Roga- the confession of the principal rebel, steambost in Russia were not much to my inclination, and t believe I should gleam among the tall reeds of the bank know of whom I talk. Well, he was ing inclination and "believe I should of Cossack lance points, and soon, your passenger." your passenger." your passenger." "The bishop?" I asked, hail stupefied. "The bishop?" I asked. "The bishop?" I life had it not been that I feis in love kafila of prisoners. These latter and that my love was returned. Increded but slowly, and their mount-Fretty Annie Clements, only child of led guards, under the orders of an offi- the last batch of raft laborers being, all the English manager of Prince Demi- 1. or in green uniform-a major, as I of them, Cisbanded Pelish soldiers who doff's paper mills at Mohilew, was the gue. see by his medals and the glitter, were willing to rick their lives for the rescue of the Mitsk prisoners; an extress whose bright eyes detained of his epaulettes-were driving them re in Russia, and only two months had on with . lows and threats. Just as we ploit in which they succeeded only too elapsed since our troth-plight had re- came abreat of the captives I heard completely. As for the nuns, two of weived the sanction of Annie's father, the overseer of the rafts shouting them were men in female apparel and the others were simply Polu h ladies of hoarsely orders which seemed worse ba.L up filled lucrative positions in the than useless, for by some mismanagenoble birth whose husbands were Czar's dominion and had saved money, ment of the poles the raftsmen had among the exiles, and who were rewas a good type of a class of English- grounded one of the cumbrous strucsolved to aid in their deliverance or to men who may be described as Anglo- tures on a sand bank. The tough towfollow them to Irkuisk. Your vessel, the Fair Helen, you will find at Kiew, habits had given him a marked superi-ority ever the people among whom he gines!" I called out: but scarcely had I of her. And now, Mr. Burton, it only dwelt; but at the same time he was im- done so before, to my utter amazement, remains for me, on the part of the goving. bued with an almost superstitious re- the travelling bishop drew from beernment, to express our regrets, &c.' spect for the government under which neath his purple-hemmed cassock a sil-Annie and I are married, years since, he had long lived and for every abuse ver whistle and blew a long, shrill note. and I command a ship of which I am and every freak of administrative tyr. The effect of this signal-cail was magpart owner, but we do not live within ical in its rapid.ty. Wading waist-deep the range of green-and-white frontier "T'is must be Eykhow," said I, start- in the water, the raft-workers whom we posts that mark the Czar's dominions. ing from my reverie, as I caught sight had taken in at Stostitza hurried to of the copper-coated cupola of the shore, scrambled up the slippery bank Queen Victoria's Pets. Church of St. Michael overtopping the and rushed like so many tigers upon Much has been written and told from wooden roofs of the tiny town; "but the escort that guarded the prisoners. out time to time of the Queen's pet dogs, "Ha, traitors! Cut the villains down!" put off from the wharf and was soon thundered the Russian major, whisking but little do we learn of her other pets. trouble ? The Queen is a regular animal lover. alongside of the steamer, which had cut his saber and aiming a heavy stroke and takes almost as much interest in slackened speed in obedience to a sig-al from the shore "Why, it is a ""t a cudgel parried the blow, and in slackened speed in observe, "Why, it is a but a cudget parried the offi-nal from the shore. "Why, it is a lices time than it takes to tell it the offi-lices time than it takes to tell it the offihorses as in dogs; and I may tell that, unlike most householders, she has so hindly a feeling for cats that when the And, indeed, the most prominent per- cer was disarned and dragged from his sonage of the group which presently saddle. Of the nine Cossacks eight Court flits from place to place the cats boarded us was, to judge by his garb were dismounted and bound without and kittens are not left behind in the bleak world alone while the family enand mien, a prelate of the Russian any serious resistance, but the r. 4 Church. He wore gracefully flowing eluded the hands that clutched at his joys itself, but are conveyed with the pet dogs to the home for which Her robes of almost Oriental aspect, and the bridle, fired, wounding the man nearest Majesty is bound. Of her horses the quaint mitre, with its narrow edging of to him, and, wheeling his shaggy steed, Queen's favorites are two venerable purple and gold, which distinguishes a rode off at a gallop, pursued by a storm stay carriage horses, Alma and Flora, given by the late Victor Emmanuel of - gurgled in "Help, Captain! Cap"sier-bearer, and another, who tinkled a choking accents a well-known voice, Italy. These are relegated to the quietlittle silver bell, at the sound of which and I looked round, to see Macgregor ude of farm life, and enjoy an honored our Russian sailors and deckmen vainly struggling in the grasp of three old age together. In a shed near the old grays resides dropped upon their knees and struggled ecclesiastical students, one of whom with one another who should be the held him by the throat. Another of the superb chestnut charger once befirst to kiss the bishop's ungloved hand, these interesting neophytes was presslonging to the Emperor Frederick of ing the muzzle of a revolver to the fore-Germany, and given in his lifetime to head of the scared helmsman, while five Prince Christian (a very excellent I found the bishop, who was a young or six had found their way to the en-man, not more than two years older gine-room, to judge by the sounds of judge, by the way, of horseflesh). For some time the charger was happy in than myself, very urbane and affable. scuffling that proceeded from the hatchthe youthful companionship of a little white donkey, the property of one of way. the Princesses of Connaught, and brought by Her Majesty as a surprise "Secure him!" cried the false bishop, pointing to me, and three young fel-The bishop's business with me was lows, all well armed and all with their gift for her granddaughter from Grasse. soon stated. He wanted a passage to black robes disordered and revealing Nothing could be more amusing than the city of Klew for himself and attend- the very secular garb which they wore to see the dignified charger and impuants, and also for a party of ecclesi- beneath, rushed upon me. Bewildered dent donkey at play together, and as I was, the English instinct of giving when at length Ninette had to be restery of Glinka, who were bound for the as good as I got prompted me. One moved, great was the grief in that shed. same place to be solemnly inducted antagonist, stunned by a well-directed within the pale of the Russo-Greek blow, dropped like an ox beneath the Space fails me to tell of all the Queen's pets: of Jack, an enormous bison, which was bought in exchange priesthood by the Archbishop of Kiew. pole-axe; a second was tripped up and There were, moreover, some three or four nuns who desired to avail them-saives of the same opportunity for re-turning to their abbey. for another by the Queen ,at the Zoological Gardens; of a darling little pony called Sanger, the gift of the circus proprietor; a Zulu cow, such a fine-looking At first I was somewhat puzzled, world seemed to swim away from me "Truth to tell, the vessels of the Anglo- as I fainted. animal, presented to the Queen by Lord Wolseley, and which had once been the property, I learn, of Cetewayo's When I regained my senses it was little business in the passenger carry- night. The stars were twinkling above brother, and of the little Jersey cows. us and the wash and ripple of the river and superb Spanish red cattle. The were the first sounds which reached my Queen has herself named each animal a decent dividend; but although we had dulled ear. How my head ached! The upon her estate, and when she drives an elaborate printed tariff of charges, throbbing pains it occasioned me made through the private road leading from me try to lift my hands to my brow, Windsor to her farm she will stop and for first-class passengers had come to but I could not stir. I was bound and call her favorites to the railings and be sadly conspicuous by their absence. helpless, and I groaned aloud. However, the bishop, with his easy way. "Is it you, Capt. Burton?" said a mass things pleasant. Russians, he lugubrious voice near me. "'Deed, her friends.—Lady's Pictorial.

were dead." "What has happened, Mac?" I asked feebly. "Can you not help me get up? Who boarded us-pirates, or

"Nae pirates, captain," interrupted the mate. "The job's a poleetical one, assure you, captain, I would not offer to nae doubt, and Sharpe himself was a saint to you fause-tongued loon o' a I did not forfeit the national reputa- leader o' the gang. And as for helping

the correct designation of a Muscovite for the shambles? Brown and the firebishop-too much for the meagre com- man and the rest of the crew are all in fort which I was able on board the Fair irons below, with the hatches battened Helen to supply to this clerical com- down over them. The overseer and the pany. We set to work with hammer raft laborers have run off, frightened, and saw, and as all sailors, even Rus-sian fresh-water mariner, are body fellows, we soon knocked up some are about as comfortable, Capt. Burton, lough cabins for the nuns, while I gave as oursel's. Curbest hope is in the

But, alas! when the police and miliand a set of hardy young fellows might tary, in the gray dawn, came lagging up in obedience to the summons of the There were, as it turned out, four solitary Cossack who had ridden off

her present rate of speed. Seven knots, Tsvorniks, of that she-grenadier aspect ish frying-pan we had been promoted so common among the Russian peasant to the Russian fire. The major, who women who take the vows, and the had passed some hours in impatient other two slight, delicate in manner's durance tied to a willow tree, with a sian rivers; and then we are in duty and apearance, and unmistakably la- gag between his teeth and a cord There were twenty-three stu- around his wrists, actually foamed with dents, well-grown lads enough, but ap- rage when we were hustled into his

"But for your help, English hounds." responded my tall, raw-boned first offi- brought on board, and shunned conver- he reiterated, "yonder rebel scum could ver, entering with national alacrity into sation. Nor were the nuns very com-not have interfered with the Emperor's municative; but the bishop, who was a justice. Prisoners have been rescued, fuent and agreeable talker, made loyal soldiers have been bruised, dis-Macgregor, chief mate, and Brown. amends for the taciturnity of the rest. armed and deprived of their horses. I At Stostitza, where we stopped to myself --- Here, corporal, take the Burton by name, the only three Eng- take in firewood, and where the over- scoundrels away. They shall suffer for lishmen on board the Fair Helen, a fine seers of the rafts went ashore to hire the success of their rascally accom-

Macgregor and Brown, being able to walk, were sent off to Kiew, each with leather of a mounted policeman, while north just then, in the government of steamer lay. This consisted of some a severe blow on the head inflicted with Mchilew, where the great river first be- thirty political prisoners, Poles, as we the butt end of a pistol, was conveyed comes navigable for anything bigger were told, implicated in an abortive re- in a jolting country cart to Tchernigov,

lay on my hard pallet bed watching the scanty sunbeams that played upon the barred window of my cell and listening as commander of the Fair Helen. Of And who was to persuade Mr ties.

"Bah! They are not of our century, Clements that I was blameless in the Annie's pleadings on my behalf, that there was no smoke without fire, and that as I had made my bed so I must

"Mr. Burton, or Capt. Burton, you

JOKER'S BUDGET.

Jests and Yarns by Funny Men of the Press.

FRUITS. "Why do you recognize that old duffer?" "By their fruits ye shall know them." * 'Eh ?"

"He has a daughter who's a peach." FRIENDLESS. Mrs. Wellment-Poor fellow! Have

you no friends? Beggar (sobbing)-No. leldy; I hain't got nuthin' but relatives.

FORCING A SMILE. Mother - Tommy, what on earth is baby crying for? Tommy-He's angry with me mamma

because I was trying to make him smile with your glove stretcher. TAXING NO CHANCES.

"Slingink has got out a new book-Poets an i Poetry of Patagonia.' "Why, he doesn't know anything about Patagonia."

"Neither do the people to whom he sells bis book."

RE WOULD LOVE HER STILL. "Archibald, I am afraid you love me only because you know that I am worth \$3,000,000."

"No, dearest; I would not desert you if you only had a million." "Darling!

A FINE ARRANGEMENT.

"See here, young man," said the stern father, "if you don't come home earlier after this. I'll know the reason why." "Glaito bear it, governor, that will

save all explanations on my part." SAVED.

"Yes" mused the returned Aretic explorer, "at one time we came within one of freezing to death. Luckily, however

He gazed reflectively at the ceiling. 'We had the presence of m nd to fall into a heated discussion. Yes."

WELL NAMED. "Henry !"

"Yes, your excellency?"

"The European Powers manifest an in clination to sit upon the Ottoman Empire," They do, sire

"But then an Ottoman is intended to be sat upon, itenry."

DE MEANT IT.

The Young Man-My darling, do you realize that 1 am willing to b cell for you The Maiden - Edwin, yo 1 are lovely The Young Man (enthusiastically)-Yes, just show me some one to bleed, and see what I'll do.

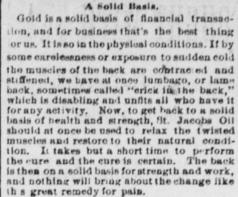
BELIND THE FEASON. Inergetic (iti en-You great, lary hulk, you ought to be in ail.

Perry , a ettic -1 know it is the correct thing in our set to be in jail this time o year, but the winter is so mild that I ain t felt in no hurry about it.

SON BY ADOPTION.

"What do you mean sir," roarel the irate father, by bringing your trunk to my house and ordering a room ?

"i'm adopted as one of the family," coolly answered the young man. "Your daughter said s e would be a sister to A DARGEBORS ACOULTS CANCE. "Counsie," called his mother, "stop using that had language." "Why," replied the boy, "Th kespeare said what I just did." "Well," replied the mother, growing infuriated, 'you should stop going with him-he's no fit companion for jou."



When a woman has a beau younger than she is, she bosses him unmercifully.

The wise and brave dares own that he was wrong.

No-To-Bac for Fifty Cents. Over 400,000 curel. Why not let No-To-Bac regulate or remove your desire for tobaccof Saves money, makes health and manhood. Cure guaranteed. 60 cents and \$1.00, at all demonstrates. druggists.

Business is what you make it by adverising.





Hood's Pills act easily, promotly and effectively. 25 cents.

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growers of fruits, berries, and all kinds of vegetables, know that the largest yields and best quality are produced by the liberal use of fertilizers containing at least 10% of

Actual Potash.

Without the liberal use of Potash on sandy soils, it is impossible to grow fruits, berries and vegetables of a quality that will command the best prices.

All about Potash --the results of its use by actual ex-periment on the best farms in the United States--its told in a little book which we publish and will gladly mail free to any farmer in America who will write for it. GERMAN KALI WORKS, C: Natsau St., New York.

from the day I teck your advice and boucht your "ADVANCE" MA HINE!" "I wish I had taken it



Green figs are excellent food.

The great majority of small fresh eed fruits are laxative.

Walnuts give nerve or brain food, muscle, heat and waste.

Pine kernels give heat and stay. They serve as a substitute for bread.

Apples supply the higher nerve and muscle food, but do not give stay.

Oranges are refreshing and feeding. but are not good if the liver is out of order.

Dried figs contain nerve and muscle food, heat and waste; but are had for the liver.

Green water-grapes are purifying but of little food value); reject pips and skins.

Blanched almonds give the higher nerve or brain and muscle food; no heat or waste

Blue grapes are feeding and blood purifying; too rich for those who suffer from the liver.

Juicy fruits give more or less the ligher nerve or brain, and some few. nuscle food and waste; no heat.

All stone fruits are considered to be Injurious for those who suffer from the liver, and should be used cautiously.

Tomatoes-Highernerveorbrain food and waste; no heat; they are thinning and stimulating. Do not swallow skins

To prevent chapped hands, put a little borax in the wash water; or one ounce of glycerine to fifteen drops of tincture of hydrastis.

Prunes afford the highest nerve or brain food; supply heat and waste, but are not muscle-feeding. They should be avoided by those who suffer from the liver.

A great many mysterious headaches have their origin in overstrained eyes. This kind is cured only by giving the eyes a vacation or by the oculist. Of course, care in the use of the eyes is also a help. Reading, writing or sewing in a dim or flickering light must be given up.

Caught Up with the Herd.

Southern railroads have a reputation for slow travel, and in some cases it is well merited. A western traveling man making a trip on these lines suffered a great deal of annoyance from this particular failing, but up to the time of the following incident he had enjoyed himself immensely guying the con-"My Profits Doubled ductors, trainmen or any persons having to do with the roads about their rapid transit. He was traveling one afternoon on an exceptionally slow

and that my love was returned.

ench Mr. Clements, who had from his youth Russians. His industry and business rope jerked and creaked. anny on the part of the higher powers.

what have we here!" I added, as a boat

Muscovite bishop. Behind him came of pistol balls and curses. three attendants-his chaplain, his croon, which glistened a great amethyst ring.

He spoke French and German, too, fluently, and was in tone and bearing quite a citizen of the world.

astical students from the great monas-

Russian Navigation Company did very ing line. By towing, by the transport of light goods, and so forth, we earned 'the neat private cabins" and "saloon"

AN APPEAL LODE Wigsby-W. II, i. . did ibs game progress after I left you last night / tholly Yan I olkadot-Deucel Habl luck. don't i'know: 1 ost 400 dollans Wigsby-Great guns, man that's ton

Cholly-Yaas, and two dollars of it was in cold, babd cash, t or

SALING THE EIGHT THING. "When I was your age," sail Mr. Cuntrox, sternly. "I carned my own liv-

His son looked uneasy, but was silent. "Well have you nothing to say for your elf in that connection :

"N-nothing, sir, except that I sympathize with you, and cong atulate you on the fact that it's all over with."

> RATHER WEAHING. India Rubber Man-I'm getting worn

Manager (anxiously) -- Why, what's the

India Rubber Man (sadly)-Why, ev ry time that Circassian girl writes a love letter sh uses me for an juk craser, and I'm getting used up.

And he nervous y surveyed himself in the mirror.

SCURLCHED.

The bachelor who had boarded at the same hotel for tweaty 'ears was perturbed when the thought ess head waiter set the couple on their bridal trip right opposite him at the table

"There is no marrying in heaven, I am hap, y to say," he said to no one in particular

"Well, I don't care," said the b'ushing bride. 'There is h aven in marria e, anyway. Isu't there, dearie." she continued, turaing toward her accomplice, and the bachel r b arder went dow.stairs and quartelled with the clerk.

Valuable Swords.

The most valuable sword in existence is said to be that owned by the Gaekwar of Baroda. Its hilt and belt are set with diamonds, rubies and emeralds, and it is valued at \$1,100,000. The Shah of Persia has a sword valued at \$50,000, which his father wore on his first visit to Europe. The most valua-ble sword in England is that which was presented to Lord Wolseley by the Egyptians. It is valued at \$10,000.

Power of a Horse.

On an ordinary dirt road a horse can draw three times as much weight as he can carry on his back. On a good macadamized road the animal can pull three times as much as on a dirt road. while on an asphalt pavement the power of the horse is multiplied to such a degree that he can draw eleven times as much as on a dirt road, or thirtythree times as much as he can carry on his back.

There are no less than 6,000 resident Spaniards at Tangiers, Morocco.

sconer ?" One of the successful Weil Drillers who ness our machiner and tools for Drilling Wells in Onlo conde this remark a fee class ago. He did over \$5900 worth of Drilling in 16 months last y ar. LOOMIN & NYMAN, TIFFIN, OH O.

An Old Couple.

One of the oldest couples in the United States dwell at Bethel, Vt., Mr. and Mrs. Whitman Dean, Mr. Dean was born in 1607 and Mrs. Dean in 1814. They celebrated their golden wedding They celebrated their golden wedding | ed their contracts at three complains in 1882. Mr. Dean can remember hear | ed their contracts at three complains ing the Lig sums at the battle of Platts | by angry locks. The conductor had fr-burg. He liss read the Pible through [Cont. the engineer in every pendible burg. He liss read the Pible through ; several times find it has been a gria stady to him all his life. In years past ministers came to him to inquire where to find certain passages of Scripture, This aged couple nover rode on the stoam cars or steamboat and were never out of their corn State. They have been blessed with seven children.

empire contains C5.520 terchers.

train, which came to a stop every now and then without any apparent court After entring binaelf very audibly o the passengers he realgaed himself to the inevitable and dozed off intoshort maps, which were interrupted by the sundry jerks of the train, at which be complained. The passengers show-The last apology had been that cattle obstructed the track. The train had started again and proceeded about ten minutes when it halted with a jerk. Up waked the impatient traveler and petulantly remarked: "Dear dear! I the worse that the worse that clow train has struck another ba: cattle." "Struck another one! Not According to the official reports of I had we are into the reader official reports of I had been simply careful the conductor was

One of Mrs. Pinkham's Talks

Concerning a Mother's Duty to Her Young Daughter. Together will a Chat with Miss Marie Johnson.

The balance wheel of a woman's life is menstruation. On the proper performance of this function depends her health.

Irregularity lays the foundation of many diseases, and is in itself symptom ALCONTRACTOR OF of disease. It is of the greatest importance that regularity be accomplished as soon as possible after the flow is an established fact.

Disturbance of the menstrual function poisons the blood. In young girls suppression develops latent inherited tendencies to scrofula or consumption, and no time must be lost in restoring regularity. Many a young girl goes to her grave because this difficulty has been thought lightly of, and mother has said, "Time will bring about a cure; she is young, I don't worry about her."

Mother, when you see your daughter languid and indifferent to things that usually interest a young girl, when you note that flush on her check, that glassy appearance in her eyes; when your Q daughter tells you that even the weight of her dress waist oppresses her, and that she has terrible pains in her stomach shortly after eating, don't ignore these signs? If you do, you will be follow-ing your daughter to the grave, for she will die?

This is gospel truth-she is developing consumption of the bowels ! Lordia E. Pinkham's Vegetable Compound is the greatest regulator known to medicine. Make haste to use it on the first appearance of the tell-tale symptoms; it will restore all the female organs to their normal condition. Miss Marie Johnson's letter to Mrs. Pinkham, which follows, should interest all mothers and young ladies. She says:

"My health became so poor that I had to leave school. I was tired all the time, and had dreadful pains in my side and back. I would have the headache so badly that everything would appear black before my eyes, and I could not go on with my studies. I was also troubled with irregularity of menses. I was very weak, and lost so much flesh that my friends became alarmed. My mother, who is a firm believer in your remedies from experience, thought perhaps they might benefit me. and wrote you for advice. I followed the advice you gave, and used Lydia E. Pinkham's Vegetable Compound and Liver Pills as you directed, and am now as well as I ever was. I have gained flesh

and have a good color. I am completely cured of irregularity. Words cannot express my gratitude, and I cannot thank you enough for your kind advice and medicine."-Miss MARIE F. JOHNSON, Centralia, Pa.

