



One of the best household remedies for bruises...

The best way to treat headaches is to avoid them...

A glass of pure cream or glass of fresh milk...

Liniments and ointments should always be applied to the patient with the hand...

Roughness and coarseness of the skin, when not depending upon any particular disease...

Coughs and sore throats may be much alleviated by glycerine and lemon juice...

Headache which is the result of exposure to colds or draught or sudden changes...

Very convenient little articles for a sick room are the glass covers for tumbler holding medicines...

"It is too bad," said Gohang, "that it should have rained the first time you wore your new dress and spoiled it."

The Searcher. The searcher after truth is generally regarded, although it is said that "Truth lies at the bottom of a well..."

No-To-Bac for Fifty Cents. Over 400,000 cured. Why not let No-To-Bac regulate or remove your desire for tobacco?

People who live alone remain strangers to themselves. CASCAROLS stimulate liver, kidneys and bowels. Never sicken, weaken or grip.

After six years' suffering, I was cured by PINK PILLS. MARY THOMPSON, 251 OHIO AVE., Allegheny, Pa., March 19, 34.

One symptom of backsliding is a lack of thankfulness. Jew try a 10c. box of Cascarets, easily cathartic, best liver and bowel regulator.

Religion pure and undefiled never works by the mouth.

Now Hood's Sarsaparilla. It's good time to put your physical system in good order by purifying your blood and building up your system in order to avoid sickness. Take Hood's Sarsaparilla. The best in fact the one True Blood Purifier that does not cause pain or gripe. All druggists, 25c. More Potash in the fertilizers applied on the farm means larger and better yields of crops, permanent improvement of the soil and More Money in the farmer's pocket.

PISO'S CURE FOR CURDS WHERE ALL ELSE FAILS. It's the only Food that does not cause pain or gripe. Sold by druggists.

FARM AND GARDEN NOTES.

ITEMS OF TIMELY INTEREST TO THE FARMERS.

Making Hogs Profitable—Farming With One Horse—Nitragin—Fruit Gardens—Feeding Hogs for Quality.

MAKING HOGS PROFITABLE. Most of the profit in hogs, excepting from breeding sows, is made by fattening them when they are six to seven months old.

FARMING WITH ONE HORSE. There are already very many small farms where the expense of keeping two horses is greater than the profit from the land will stand.

NITRAGIN. It was long ago pointed out by Hellriegel that the nodules on the roots of leguminous plants contain minute organisms which are the active agents in bringing the free nitrogen of the atmosphere into action for the nourishment of the plants.

THE RIPENING OF CREAM. Since the discovery of the special germs which so much affect the various operations of the dairy by reason of their action upon the milk, the cream and butter after it is churned, it is to be feared that too much significance is given to these, or rather it may be said that not enough attention is paid to the effect of other causes, most especially the influence of the food in this way.

FRUIT GARDENS. While it is a mistake generally to plant fruit trees in soil intended for growing garden vegetables, it is good policy to have the various kinds of fruits and especially the small fruits in gardens by themselves.

FEEDING HOGS FOR QUALITY. The market to-day demands pork with a fair admixture of lean meat, such as cannot be produced as a rule by a pure corn diet.

FOREIGNERS AT A DISCOUNT.

Fever of Them in North Carolina than in Any Other American State.

North Carolina is one of the oldest States in respect to settlement, having been first colonized in 1587. It is one of the thirteen original States, and by reason of its extensive coast and good ports has always been easily accessible to immigrants.

This fact being undisputed, the question naturally arises, what is the cause? Some say that it is due to the fact that North Carolina is a State practically without cities, and that as the foreign born population of every State is to be found chiefly in the large cities, the case is easily explained.

Now we know, taking one extreme view of this case, that without food we would get no butter at all, and that unless the food has in it all the elements of a perfect milk the butter cannot be looked for.

MANLIUS STREET, SYRACUSE, N. Y. "For the past ten years I have been a sufferer from the most painful type of inflammatory rheumatism, which would make it impossible on the least possible provocation, to walk or to stand."

"I was in the most terrible condition, my pastor, Rev. Mr. Campbell, called to see me, and told me he knew of a case very similar to mine that had been entirely cured by the use of Dr. Williams' Pink Pills for Pale People."

How many fathers and mothers make religion such a cruel thing that their children hate it.

OF RINGS.

Middle aged it was not only generally believed that rings could be charmed by the power of the magician, but that the engraved stones on ancient rings which were found on old sites possessed supernatural properties, the good or evil influence of which would be imparted to the wearer.

Feathered Ventriloquists. Ornithologists assert that some birds, especially sparrows, thrushes and robins, have ventriloquist powers.

STATE OF OHIO, CITY OF TOLEDO, Lucas County. FRANK J. CHERNEY makes oath that he is the senior partner of the firm of F. J. CHERNEY & CO., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for every and every case of CAVARIS that cannot be cured by the use of HALL'S CATARRH CURE.

Sarsaparilla Sense. Any sarsaparilla is sarsaparilla. True. So any tea is tea. So any flour is flour. But grades differ. You want the best. It's so with sarsaparilla. There are grades. You want the best.

ANDY CATHARTIC. CASCAROLS CURE CONSTIPATION. REGULATE THE LIVER. ALL DRUGGISTS. ABSOLUTELY GUARANTEED to cure any case of constipation, Cascarets are the local laxative, never grip or gripe, but cause easy natural relief. Sold and bottled by - A. S. STERLING REMEDY CO., Chicago, Montreal, Can., or New York. 25c.

ALABASTINE. IT WON'T RUB OFF. Well Paper is Unshrinkable. KALSOMINE IN TEMPORARY LOTS, RUBS OFF AND SCALES. ALABASTINE is a pure, permanent and artistic wall coating, ready for the brush by mixing in cold water.

Money in Chickens. For 25c, in stamps we will give you a practical poultry course - one of the best and most profitable in the world. It is written by a man who has spent 20 years of his life in the study of the science of raising chickens, and is the only book of the kind that is so practical and so profitable.

OPPIUM HAITI DRUNKENNESS AND ANXIETY CURED BY DR. J. L. STEPHENS, 1231 N. W. 3d ST., MIAMI, FLA. 25c.

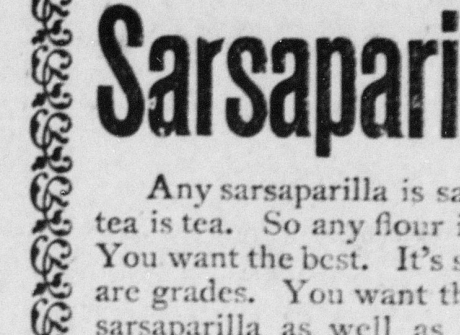
RIPANS Tabules. I first heard of them through a fellow-workman who, on hearing my tale of woe, one day offered me a Tabule and said he would guarantee it to act on the liver. I took it under protest, but was surprised with the result.

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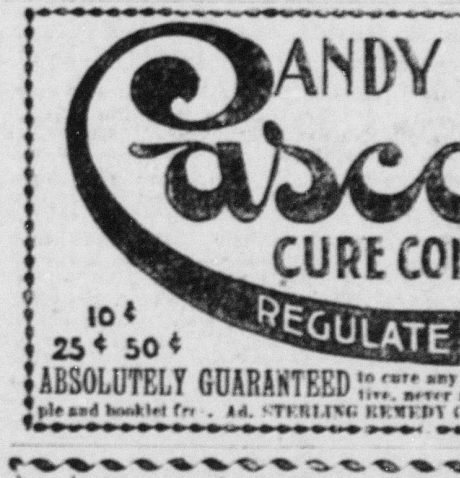
Every person who enters this contest and sends in a testimonial to our office, will be entitled to receive a watch, a pocket watch, a pair of binoculars, a camera, a pair of glasses, a pair of shoes, a pair of gloves, a pair of socks, a pair of stockings, a pair of drawers, a pair of trousers, a pair of shoes, a pair of gloves, a pair of socks, a pair of stockings, a pair of drawers, a pair of trousers.

FREE. OPPIUM HAITI DRUNKENNESS AND ANXIETY CURED BY DR. J. L. STEPHENS, 1231 N. W. 3d ST., MIAMI, FLA. 25c.



"You see, to start with," said a Cleveland, Ohio, compositor, my work - that of setting type at the case - allows me little chance for exercise, and is too confining for anybody who is in the least subject to indigestion or dyspepsia."

That has been my trouble for years, and I attribute the recent noticeable improvement in my physical condition to the occasional use of



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