(1)

[^0]boiled makes them tender
That
Om ife by rubbing the
That dipped in alcohol
that a paste of crude potash an
Tharble will
itre and water witin a brus.
That broiled youns turkey.
nhmost equal to chicken partridge.
That if greasespots appear on tion
all paper tivey may be cradicated with
plece
nd frestened by rubbing down with
read or by applising coramena with
That oilcloths are made much more
urable by applyng a coat of lingeed
a. Brush with varnish when thor
That the taste of fish may be effect
rubbing them with fresh orange or
That siverware may be kept brigh
the use of water in which potatoe
ve leen boiled
That a sponge may be cleansed by
ubing hair a fresh lemon thoroughiy
nto it and rinsing several times in
nikewarm titor
oit and rinsing several times in
kewarm - torn

## shake it off

## doctors is that consump

 doctors is that consumption itself is very rarel inherited. But the belie the tendency to consump tran is very generall transmitted from paren to child. If there ha family, each membe should take special ca to prepare the systen
against it. Live out doors keep the body well nour
ished; and treat the firs Scoltis Emulsion of Cod-liver Oif, with producing food and nerve by improved nutrition richer blood, stronger
nerves and a more healthy action of all the organs. of the body the power ease. If you have in herited a tendency to weak
lungs, shake it off JUST AS GOOD IS NO
SCOTT'S EMULSION.

HNOS






## Be Sure

Tis pure Cocoa, and not made by the so-called "Dutch Process." Walter Baker 80 Co.'s Breakfast Cocoa is absolutely pure - no chemicals.


[^0]:    When men aroo rowing in $g$ gen
    be tound try ing to be

