An Indiana doctor has recently discovered in a common weed whose medicinal qualities have never before been suspected, a valuable remedy for bowel disorders.

There is nothing particularly strange out this fact.

abNothing,

And yet the very simplicity of the new discovery would, with some, seem to throw just doubt upon its power. To make it one has only to pour hot water over the leaves of the plant. In its preparation no vast chemical works and appliances are required.

Is it to be wondered at since such plainly prepared remedies are accounted as of such great merit in these days, that such wonderful results attended our grandmothers, whose teas and infusions of roots and herbs and balsams, have exerted so great an influence in the maintenance of health and life? Certainly not!

The greatest pieces of machinery strike us most by their exceeding sim-

The secret of the success of grandmother's remedies was their freshness and simplicity. Every autumn found | color. the little Log Cabin abundantly supplied with fresh leaves, roots, herbs and balsams, which were carefully dried and prepared and laid away for use. Dreading to call a doctor because of the expensiveness of his far-made trips, they immediately gave attention to the disease and routed it before it had gained a foothold.

The old Log Cabin grandmother, in dep and high tucked gown, and per-chance bespectacled in rough silver, her weary feet encased in "hum made" slips, is the dear sweet nurse who rises to the view of many a man and woman to-day as the early years of life pass in retrospect.

The secrets of grandmother's medithe world was not growing in the grace of good health. To restore the lost art of log cabin healing has been for years the desire of a well known philanthropist in whose ancestrial line were eight "good physicians" of the old style, men who never saw a medical college save in the woods, nor a "medical diploma" except that inscribed on the faces of healthy and long lived patients. Much time and money was expended in securing the old formulæ, which to-day are put forth as "Log Cabin remedies," -sarsaparilla, hops and buchu, cough and consumption, and several others, by Warner, whose name is famous and a standard for medical excellence all over the globe. These oldest, newest and best preparations have been recognized as of such superexceilence that to-day they can be found

with all leading dealers. When Col. Ethan Allen was making history along our northern frontier during the revolution, Col Seth Warner, the fighting Sheridan of that army, who was a skillful natural doctor, used many such remedies, notably like the Log Cabin extract, sarsaparilla and cough and consumption remedy, among the soldiers with famous success.

They are a noble inheritance which we of to-day may enjoy to the full, as

## FARM NOTES.

TRIM THE TREES LOW .- Nearly all old apple trees are too high headed. The idea of their planters and early trainers seems to have been that it would not do to let the branches hang so low that the largest horse could not plow or cultivate close to them without injury. The consequence is the stems mostly run up seven or eight feet without a limb, and most of the fruit exposed to winds is blown off and spoiled for marketing. If not it is extremely difficult and dangerous to gather it by ladders. The way the business is managed now is to train low-keep the branches so that when loaded they will almost touch the ground. Keep the surface under the tree well mulched with manure and this will suppress most of the grass that would otherwise creep in. Many of the apples thus grown can be picked from the ground or by low step ladders set under trees.

SAVING SEED .- Seed to be used next season should be saved early, says \$1,000." the Ploughman, To be of any advantage to the saver it should be saved carefully. In the first place attent on should be paid to the growth of several plants, that the best may be invariably selected for perpetuation. As soon as the seeds are gathered, no matter how pressing the needs of the hour may be, they should be put into packages that shall contain the names of the seeds and any memoranda that it may be essential or desirable to know when the sowing time comes,

ered richer in flavor than the white week.

THE peanut yields from 40 to 50 per cent. of nearly colorless oil of quality not far below olive oil, for which it is at the back. largely sold. Last year 10,000,000 bushels of peanuts were imported into that? Marseilles, France, to be pressed for oil, very little of which was sold under its proper name. The residual pomace is employed in adulterating chocolate.

As food is indispensable for the promains to adjust the ration to the ability of the cow to digest it and turn it to profit. This ability varies with the cow, and must be learned by the owner. No standard ration has an iron-clad limit, it is a standard to be used as a starting point. starting point, to be lessened or increased as each case may warrant.

ANIMALS are constantly growing fatter or poorer, and it is for the farmer's interest to note which way the

## HOUSEHOLD.

RUSSIAN SALAD. - Boil some carrots and some turnips in salted water with a small piece of butter, but do not let them be overdone, when cold cut from them with a vegetable scoop a number cupful of each of the above, and a similar quantity of preserved fresh (not dried) haricot beans, ready cooked, and of asparagus points preserved in the same way two tables.

A discouraging situation, truly.

"Never mind, I can row you there inside of two hours," said the guide who had charge of the party, as their on writing.

"Good morning, sir," said the Governor, looking up; "take a chair. I'll be through in a moment"—and went on writing. of pieces the size of an olive, cut some same way, two tablespoonfuls respectively of capers, of French pickled gherkins cut into the shape of capers and big job you undertake," said one. of anchovies, washed perfectly clean, "No matter, I have done the likes and cut into small pieces, a couple of dozen or more olives stoned, one tablealso minced. Mix the whole lightly and the boat was soon under headway into a sauce made with raw yolks of again. eggs, oil, vinegar, pepper, and salt well worked together. Ornament with hard-boiled eggs, caviare, lobster spawn olives, pickles, truffles, etc. The Spanish preserved sweet capsicums (Pimitaste, but on account of their brilliant

a ccuple of calves' feet, chopped in small pieces, a few slices of ham, and the carcass of a fowl, with a couple of ran down almost to a skeleton." onions and a few carrots cut in slices, a head of celery, one shallot, parsley, sweet herbs, spices, pepper and salt to taste, fill up with any common stock, and set the whole to simmer gently for | much." three or four hours. Strain off the liquor into a basin, and when cold carefully remove all the fat. Then put the jelly into a saucepan, and add to it as much suc colorant as may be required to give it the proper color. Fut the saucepan on the fire, and when the jelly is melted whisk into it the whites of cines were rapidly being forgotten and two eggs and a wineglassful of tarragon vinegar, let it come to boiling point and strain it through a jelly bag. If not quite clear, warm it again and strain it a second time.

DELICIOUS SANDWICHES. - Boil three thoroughly fresh eggs for twenty minutes, then let them cool. Take six anchovies, wash them, wipe them in a cloth, cut off the heads and fins and scrape away the skins. With the fingers and thumb split them open down the back and take the fillets or sides from the backbone. Prepare some lettuce by tearing it up into tiny bits and dressing it with mayonnaise. Then cut six thin slices of German rye bread or homemade graham bread—the ordinary baker's brown bread crumbles too much. Butter them and lay between each two, one of the eggs shelled and cut into very thin slices, a layer of the salad and the fillets of two anchovies. Press the slices together, with a sharp knife divide them into small squares, and arrange them on a dish covered with a napkin. The loaves of bread must, of course, be large to make the sandwiches of proper size.

WATERMELON PRESERVES. - Cut and prepare the rind, boil very hard tire walk, did our forefathers, and using, reap, as thirty or forty minutes in alum water did they, the harvest of a life full of quite strong, take out and put in clear, thirty or forty minutes in alum water cold water, and allow them to stand over night, in the morning change the Judge, water and put them to boil, let them cook until they have changed color and are quite soft. Then make a syrup, allowing one and one half pounds of white sugar to a pound of fruit, then add fruit, which needs but little more cooking. Mace, ginger or lemon flavors



Log Cabins were not hot-houses and the people who dwelt in them were not hot-house growths. They were a hardy healthy zeneration and the remedies used were simple preparations reproduced in Warner's Log Cabin Cough and Consumption Remedy and Warner's "Tip-

pecanoe" the great stomach tonic. AN HEROIC TASK. - "You don't mean to say, John, that you are going to have a steam heating arrangement in the basement, do you."

"I do, Maria," said John, with iron flemness, "I'm going to keep those feet of yours warm this winter if it costs

Proof Better Than Assertion. With such proof as the following letter from W. H. Dean, of No. 278 Seventh street, New York, it is not necessary to make the bare assertion that ALLCOCK's POROUS PLASTERS cure lumbago. Mr.

Dean says: Some ten days ago I was taken with a very violent pain in the small of my back. It was so severe that I could hardly breathe; every movement caused great agony. I finally found out it was lumbago. Being entirely helpless, a friend sent calities advance prices are paid for to a druggist and got two Allcock's Po-"white Leghorn eggs," The market- ROUS PLASTERS; these were well warmed scholars by the learned. men attribute this to the fact of their and applied to my back, one above the good size and pure white color, Many other. In half an hour, to my great delight consumers entertain the idea that all and surprise, I found the pain began to fresh eggs of any breed are white and abate. In two hours I was able to walk as these grow stale they take on a out and attend to my business, the pain bebrownish tint. In some markets the ing almost gone. Next day I was all right brown eggs are preferred, being consid- but continued wearing the plasters for a

> Cousin Jack (who has just been showing a Hebrew Bible)-Funny way they have of reading books-beginning

Mabel - Why, doesn't everybody do

Stany People refuse to take Cod Liver Oil on account of its unpleasant taste. This difficulty has been overcome in Soott's Emulsion of Cod Liver Oil with Hypophosphites. It being as palatable as milk, and the most valuable remedy known for the

apart for the stump rooted varieties. Pork made on clover is not only ity peculiar to French cream, and may cheap meat. but very delicious, if be used with any flavoring with good finished off with grain in autumn.

Where Log Cabins Flourish.

A party of American gentlemen, who summer, were returning in a sail-boat Gaines wanted to see Governor Taylor and were yet seven miles from port about something one day, and marched when the sun went down, and with it into his private office, where he was

are four of us in this heavy boat-its a

before and can do it again," chearfully replied the broad shouldered Irishman, spoonful of tarragon and chervil minced as he stowed away the sail and bent to fine, and balf that quantity of chives the oars. He was a splendid oarsman

"What would I not give to enjoy your health and strength," remarked

the Proffessor. "Yes, I am pretty healthy, and though I am past sixty I feel as strong entos dulces) are a great addition to the above, not only for their exquisite only three years ago I stood at Aspic Jelly.—Pack into a stewpan got into the water one day and caught a dime museum? cold. It settled on my lungs and had a bad cough which hung on till I

> "Call in a physician?" "Yes, I went twenty miles through the bush to see a doctor; he gave me some medicine, but it didn't help me

> "How was the cure effected?" "An old Scotch lady, who had come over from the States, gave me a preparation of basims and herbs, which she said the early settlers in America used, and it seer stopped my cough and put me on my feet again."

One has but to travel along the frontier to learn how easy it is to get along without doctors, and how effective are the natural remedies which the old grandmothers know how to prepare. They often cure where the best physicians fail.

Every mother of a family knows how coughs and cods are quickly and radically cured with syrups and teas made from balsams and herbs which "grandmother taught us how to make."

Warner's Log Cabin cough and consumption remedy was, after long investigation into the merits and comparison with other oli time preparations, selected from them because proved to be the very best of them all. It has brought back the roses to mano a pallid cheek-there is no known remedy its equal as a cure for coughs and

CRIMINALLY CARELESS. - MISS Maude (meeting her cousin, young Mr. Sissy)-Why, you are not looking well, Charley.

Mr. Sissy (kebly)—No, Maude, I'm suffawing from shock. I was wun down lahst veek by a cawwidge in Central Park

Miss Mand (indignantly)-I think it is a perfectioutrage, Charley. These nurses seem to think they own the en-

A REFINE PRISONER. - "Your honor," said a vagrant to the Police "it's a shame to impose that fine; I belong to the refined classes, I

"Yes, sir, wasn't I fined the last time I was uphere?" "Yes."

"And wasn't I refined this time?" The court iscluded sixty days in the work house in the sentence. HE KEPT HIS PLACE. - Dignified

dame-Pardon me, but I cannot imagine what business you can have with

Awkward puth (coolly)-I called to get you to prevent your husband from discharging me." "I have nothing whatever to do with

my husband's business affairs, and-" "I'm a typewriter operator, and he thinks of sending me off because I make so many mistakes. He has nearly engaged a retty girl for my place." "Oh! Youwill retain your position. By the way, when at leisure please consider my house your home,"

IDENTIFICATION. - Young man to Coroner-I see by the newspapers that there is an unclaimed body at the Morgue.

Coroner-Yes, sir. "I think the body is that of a friend of mine."

"Was there any peculiarity about your friend by which you could identify the remains?" "Yes, sir; he stuttered horribly."

A VIENNESE parvenue sarcastically asked how it happened that learned men were a often seen at the houses of the rich, and the rich so rarely seen

Saphir quickly retorted: "Because scholars knew the value of wealth, but the rich aperarely aware of the worth of learning.

"YES" aid she, "the waves in a storm remind me of our hired girls at home, "

"Hired girls, madam?" "Yes; they are such awful breakers.

OFFICE BOY (to editor)-There's ady outside, sir, with some poetry. Editor-How old is she? Bout serenteen. Show her in.

VANILIA ICE CREAM.-Make custard of one quart of milk and three quarters of a pound of sugar, with the yolks of eight eggs. Stir the custard until it thickens, but do not allow it to boil. Strain and flavor with three tablespoonfuls of extract of vanilla Set away to cool and when quite cold place the custard in the can of the freezer, and proceed as for any other ice, When nearly frozen remove the can, and add a pint of cream which has Carrots should be thinned and been previously whipped to a froth. weeded, and left to stand two inches The cream will be found a delicious ad dition, as it gives the smooth, cily qual-

GAINES is a pompous little chap who married a daughter of Colonel Colethe richest man in Nashville-and has had been camping out on an island in all the boys laughing at him for eternthe great Lake Nipissing, Canada, last ally bragging of his father-in-law.

know who I am. I am Mr. Gaines." "Glad to know you, Mr. Games; take a chair; I will be at leisure in a moment," said the Governor, busily

writing away. "But, Governor," expostulated aines, "evidently you do not know Gaines, that I am Col. Cole's son-in-law."

The Governor glanced up again and said in the same quiet tone: "Ah! Mr. Gaines, take two chairs;" and went on writing.

CAUTIOUS CUSTOMER - Is this a

hand-made cigar? Indignant cabbage factor - Handmade? Is it hand-made? Looky here, death's door, and never thought to cull, do you think we got time in dis pull an oar again. You see, I was in shop to make seegars wid our feet? the woods all winter, logging, and I We ain't no freaks; do you take us fer

## True Economy

It is true economy to buy Hood's Sarsaparilla for "100 Doses One Dollar" is o iginal with and true only of this popular medicine. If you wish to prove this, buy a bottle of Hood's Sarsaparilla and measure its contents. You will find it to hold 100 teaspoonfuls. Now read the directions, and you will find that the average dose for persons of different ages is less than a teaspoonful. This is certainly conclusive evidence of the peculiar strength and economy of Hood's Sarsaparilla. "I took Hood's Sarsaparilla for loss of appetite,

dyspepsia, and general languor. It did me a wast amount of good, and I have no hesitancy in recmending it." J. W. WILLEFORD, Quincy, III. Hood's Sarsaparilla

Sold by all druggists. \$1; six for \$5. Prepared only by C. I. HOOD & CO., Lowell, Mass. 100 Doses One Dollar

ENAMORED YOUTH - Your father treats me with the most distinguished consideration. The other night he called to me as I was leaving and reminded me that I was forgetting my

umbrella. Sweet girl-Yes; papa was afraid you would be coming back after it the next evening."

Do Not Think for a Moment that catarrh will in time wear out. The theory is false. Men try to believe it be-cause it would be pleasant if true, but it is not, as all know. Do not let an acute attack of cold in the head remain unsubdued. It is liable to develop into catarrh. You can rid yourself of the cold and avoid all chance of catarrh by using Dr. Sage's Catarrh Remedy. If already affilted rid your-self of this troublesome disease speedily by the same means. At all druggists.

VISITOR-Want a good Chinese joke? Editor -Let's hear it.

Hop Ping." "Well, what of it?" "He doesn't like the action of the Senate on Chinese immigration. He says it is an insult."

'Well. where's the joke?" "Well, he is Hop Ping mad about it, don't you see?"

"Yes, and you'd better be hopping out of here as quick as you can, too, or the occupants of the lower floor will hear something drop."

IN CHICAGO. -Old Resident (reminiscent)-Ah, my boy, those were the good old days to make money. Why, I could have bought an acre in what is now the heart of the city for a mere

Young Resident-Why didn't you? "Alas, 1 never could sing a note.

Very Sensible "Japs." In Japan the old-school physicians are ermitted to wear only wooden swords. This is a gently sarcastic way of expressing the opinion that they kill enough people without using weapons. But the druggist who introduced Dr. Pierce's Golden Medical Discovery into the Empire, carries a fine steel blade. It was found that all who tried this wonderful remedy for coughs, colds, consumptive tendencies, blood, skin and liver troubles, were, without exception, greatly benefitted. The Mikado himself is said to have "toned up" his system by its use, and the importer was therefore permitted the exceptional honor of wearing the sword of the nobility.

Cover plants with newspapers before sweeping.

Stamping and Embroidery. "Yes, Lizzie, I like to do fancy work, but I haven't felt like trying that pattern or anything else—for a week. These awful dragging-down pains are just killing me!" "I know how you feel, and I can tell you where to look for relief. Dr. Pierce's Favorite Prescription is a certain cure for all those peculiar waknesses and distressing allments. Why! it even cured me of prolapsus, and many of my lady friends have been cured of various grave maladies peculiar to our sex by this won-derful medicine." It is the only medicine sold by druggists, under a positive guarantee from the manufacturers, that it will give satisfaction in every case, or money refunded. Read guarantee on bottle-wrap-

Wet tobacco applied to a bee or wasp sting will give instant relief.

Nearly everybody nee s a good medicine at this season, to purify the blood and build up the system. Hood's Sarsaparala is the most popular and successful spring medicine and blood purifier. cures scrofula, all humors, dyspepsia, sick head ache, that tired feeling.

The weeds must be kept down, or farm cannot be successfully run.

Nothing Cores Dropsy, Gravel, Bright's, Heart, Disbates, Urinary, Liver Diseases, Nervousness, &c., ike Cann's Kidney Core, Office, 821 Area St., Phila. \$1 a bottle, 6 for \$5. At Druggista. Cures the worst cases. Cure guaranteed. Try it. Be sure that the water supply in th

the pasture holds out. FITS: All Fits stopped free by Dr. Kline's Great Nerve Restorer. No Fits after first day's use. Mar-velous cures. Treatise and \$2.00 trial bottle free to Fit cases. Send to Dr. Kline, 931 Arch St. Phila., Pa.

Drain land and cultivate for moist-Frazer Axle Grease.

The Frazer Axle Grease is the best and, intrinsically, the cheapest. Don't work your horses to death by the poor axle

## My Poor Back!

That "poor back" is held responsible for more than its share of the sufferings of mankind. If your dog bites a man who kicks it, do you biame the dog? On the same mankind. If your dog bites a man who kicks it, do you biame the dog? On the same principle the kidneys utter their protest resulting constipation. These force them system of the poisons which are the blood. Then the sufferer says the eased. "Not yet;" but they will the blood purified, and the constipation of kidney troubles, and Paine's Celery With its tonic, purifying, and laxative kidneys, making it almost infallible in the back aches; the kidneys are dispensed. These are the causes compound removes them quickly. Effect, it also strengthens the weak curing all diseases of the nerves and kidneys. If your hores of cure have not seen realized, try Paine's Celery Compound. neys. If your hopes of cure have not been realized, try Paine's Celery Compound; it gives perfect health to all who complain of "their poor backs." Price \$1,00. SOLD BY DRUGGISTS. SEND FOR ILLUSTRATED PAPER.

WELLS, RICHARDSON & CO., Proprietors, BURLINGTON, VERMONT.



"I CAME to you, ma'am," said the tramp, "because they told me you was a friend of the human race."

"So I am," replied the lady of the house, with a pleasant smile, "but you will excuse me if I do not see how that fact can be of the slightest interest to

"WHAT'S the meaning of all those funeral coaches going along in solemn procession when there's no coffin at the head of them?" "Oh, probably they're rehearsing."

ROBINSON - You know Dumley, don't you, Brown?

Brown-O, yes.

"Well, as a man how does he strike vou?" "Sometimes for five dollars and sometimes for ten."

OMELET WITH MINCE .- For this a small pan must be used, as each omelet must not exceed four inches in length. Break three or four eggs, according to the number of omelets you require, allowing one egg for each, into a basin, with pepper and salt to season, beat them lightly for a few minutes, and pour just enough to make one omelet into the pan, in which one ounce of butter is at boiling point. Stir with a knife until it begins to set, and then fry until it is of a pale golden color, but not in the least burnt. Take it out with a slice, and lay in the centre a small quantity of minced meat, about one tablespoonful spread in the middle of the omelet, in the shape of the spoon. fold over each end of the omelet and lay them side by side, either on a dish-"Well, my laundryman's name is paper, or on a white napkin, garnish with sprigs of parsley. should be made either of poultry, game or white meat, finely chopped, well seasoned, mixed with a little cream to moisten it, and heated through over

the fire. Would You Believe

The Proprietor of Kemp's Balsam gives Thousands of Bottles away yearly? The mode of advertising would prove ruinous if the Balsam was not a perfect cure for Coughs and all Throat and Lung troubles. You will see the excellent effect after taking the first dose. Don't hesitate! Procure a bottle to-day to keep in your home or room for immediate or future use. Trial bottle Free at all druggists'. Large Size 50c and \$1.

Velvet for toques is enriched with bullion embroidery in gold tinsel.

Rupture cure guaranteed by Dr. J. B. Mayer, 831 Arch St., Phil'a, Ease at once, no operation or de lay from business, attested by thousands of cures after others fail, advice free, send for circular.

Almond meal or oatmeal is excellent for washing face and hands. Corn endures drouth remarkably well, but to do so it is absolutely essen-

tial that it be kept clean.

MARVELOUS DISCOVERY.

Any book learned in one reading.

Mind wandering cured.

Speaking without notes.

Wholly unlike artificial systems,
iracy condemned by Supreme Court,
reat inducements to correspondence classes,
ospectus, with opinions of Dr. Wm. A. Ham
id, the world-farned Specialist in Mind classes
tel Greenlenf The ampean, the great Payode. mond, the world-famed Specialist in Mind diseases, Daniel Greenleaf Thompson, the great Psychol-ogist, J. M. Buckley, D. D., Editor of the Chris-tian Advocate, Richard Proctor, the Scientist, and others, sent post free by PBOF. A LOISETTE, 22 Fifth Ava., New York.

C STOPPED FREE WANTED TO BUY A FARM in this locality U.S. Mail Routes Bend for chr

PIUM HABIT pamiessly cured in 10 to 22 Treatment, Trial Free, No Cure, No Pay. The Humane Rem edy Co., La Fayette, Ind.

PISOS CURE FOR CONSUMPTION

W. L. DOUGLAS \$3 SHOE. GENTLEMEN. only calf \$3 SEAMLESS Shoe smooth NO TACKS or WAX THREAD to be feet, casy as hand-sewed and WILI hurt the feet, casy as hand-sewed and WILL
NOT RIP
W. L. DOUGLAS \$4 SHOE, the original
and only hand-sewed welt \$4 shoe. Equals custom-made shors costing from \$6 to \$9.
W. L. DOUGLAS \$3.50 POLICE SHOE.
Railroad Men and Letter Carriers all wear them.
Smooth inside as a Hand-Sewed Shoe. No Tacks
or Wax Thread to hurt the feet.
W. L. DOUGLAS \$2.50 SHOE is unexcelled
for heavy wear. Best Cair Shoe for the price. for heavy wear. Best Calf Shoc for the price.
W. L. DOUGLAS \$2.25 WORKINGMAN'S SHOE is the best in the world for MAN'S SHOE is the best in the rough wear; one pair ought to wear a man a year.
W. L. DOUGLAS \$2 SHOE FOR BOYS
is the best School Shoe in the world.
W. L. DOUGLAS \$1.75 YOUTH'S School
Shoe gives the small Boys a chance to wear the
best shoes in the world.
All made in Congress, Button and Lace. If not
sold by your dealer, write W. L. DOUGLAS,
BROCKTON, MASS.

DA Sea Shells THE GRANGE GROVE BUY A HOME IN FLORIDA GROVE.







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