

A TERRIBLE CONFESION.

A PHYSICIAN PARENTS SOME STARTLING FACTS.

Can it be that the Danger Indicated is Universal.

The following story—which is attracting wide attention from the press—is so remarkable that we cannot excuse ourselves if we do not lay it before our readers entire:

To the Editor of the Rochester (N. Y.) Democrat. Sir:—On the first day of June, 1881, I lay at my residence in this city surrounded by my friends and waiting for death. Heaven only knows the agony I then endured, for words can never describe it. And yet, in a few years previous any one has told me that I was to be brought so low, and by so terrible a disease, I should have scoffed at the idea. I had always been uncommonly strong and healthy, and weighed over 200 pounds, and hardly knew, in my own experience, what pain or sickness were. Very many people who will read this statement realize at times they are unusually tired and cannot account for it. They feel dull pains in various parts of the body and do not understand why. Or they are exceedingly hungry one day and entirely without appetite the next. This was just the way I felt when the relentless malady which had fastened itself upon me first began. Still I thought nothing of it, that probably I had taken a cold which would soon pass away. Shortly after this I noticed a heavy, and at times neuralgic, pain in one side of my head, but as it would come one day and be gone the next, I paid little attention to it. Then my stomach would get out of order and my food often failed to digest, causing at times great inconvenience. Yet, even as a physician, I did not think that these things meant anything serious. I fancied I was suffering from malaria and doctored myself accordingly. But I got no better. I next noticed a peculiar color and odor about the fluids I was passing—also that there were large quantities one day and very little the next, and that a persistent froth and scum appeared upon the surface, and a sediment settled. And yet I did not realize my danger, for, indeed, seeing these symptoms gradually, I finally became accustomed to them, and my suspicion was wholly disarmed by the fact that I had no pain in the affected organs or in their vicinity. Why I should have been so blind I cannot understand.

I consulted the best medical skill in the land. I visited all the famed mineral springs in America and traveled from Maine to California. Still I grew worse. No two physicians agreed as to my malady. One said I was troubled with spinal irritation, another, dyspepsia; another, heart disease; another, general debility; another, congestion of the base of the brain; and so on through a long list of common diseases, the symptoms of many of which I really had. In this way several years passed, during which time I was steadily growing weaker. My condition had become so pitiable. The slight symptoms I at first experienced were developed into terrible and constant disorders. My weight had been reduced from 207 to 130 pounds. My life was a burden to myself and friends. I could retain no food on my stomach, and lived wholly by injections. I was a living mass of pain. My pulse was uncountable. In my agony I frequently fell to the floor and clutched the carpet, and prayed for death! Morphine had little or no effect in deadening the pain. For six days and nights I had the death-premonitory hicoughs constantly! My water was filled with tube-casts and albumen. I was struggling with Bright's Disease of the kidneys in its last stages!

While suffering thus I received a call from my pastor, the Rev. Dr. Foose, at that time rector of St. Paul's Episcopal Church, of this city. I felt that it was our last interview, but in the course of conversation Dr. Foose detailed to me the many remarkable cures of cases like my own which had come under his observation. As a practicing physician and a graduate of the schools, I derided the idea of any medicine outside the regular channels being in the least beneficial. So solicitous, however, was Dr. Foose, that I finally promised I would waive my prejudice. I began its use on the first day of June, 1881, and look it according to directions. At first it stung me; but this I thought was a good sign for one in my debilitated condition. I continued to take it; the sickening sensation departed and I was finally able to retain food upon my stomach. In a few days I noticed a decided change for the better, as also did my wife and friends. My hicoughs ceased and I experienced less pain than formerly. I was so rejoiced at this improved condition that, upon what I had believed but a few days before was my dying bed, I vowed, in the presence of my family and friends, should I recover I would both publicly and privately make known this remedy for the good of humanity, wherever and whenever I had an opportunity, and this letter is in fulfillment of that vow. My improvement was constant from that time, and in less than three months I had gained 26 pounds in flesh, became entirely free from pain and I believe owe my life and present condition wholly to Warner's safe cure, the remedy which I used.

Since my recovery I have thoroughly re-investigated the subject of kidney difficulties and Bright's disease, and the truths developed are astounding. I therefore state, deliberately, and as a physician, that I believe more than one-half the deaths which occur in America are caused by Bright's disease of the kidneys. This may sound like a rash statement, but I am prepared to verify it fully. Bright's disease has no distinctive features of its own, (indeed, it often develops without any pain whatever in the kidneys or their vicinity), but has the symptoms of nearly every other common complaint. Hundreds of people die daily, whose burials are authorized by a physician's certificate as occurring from "Heart Disease," "Apoplexy," "Paralysis," "Spinal Complaint," "Rheumatism," "Pneumonia," and the other common complaints, when in reality it is from Bright's disease of the kidneys. Few physicians, and fewer people, realize

the extent of this disease or its dangerous and insidious nature. It steals into the system like a thief, manifests its presence, if at all by the commonest symptoms and fastens itself in the constitution before the victim is aware of it. It is nearly as hereditary as consumption, quite as common and fully as fatal. Entire families, inheriting it from their ancestors, have died, and yet none of the number knew or realized the mysterious power which was removing them. Instead of common symptoms it often shows none whatever, but brings death suddenly, from convulsions, apoplexy or heart disease. As one who has suffered, and knows by bitter experience what he says, I implore every one who reads these words not to neglect the slightest symptoms of kidney difficulty. No one can afford to hazard such chances. I make the foregoing statements based upon facts which I can substantiate to the letter. The welfare of those who may possibly be sufferers such as I was is an ample inducement for me to take the step I have, and if I can successfully warn others from the dangerous path in which I once walked, I am willing to endure all the professional and personal consequences.

J. B. HENSON, M. D., ROCHESTER, N. Y., Dec. 30.

HOUSEHOLD.

LEMON MARMALADE.—To make lemon marmalade slice the lemons very thin, only taking out the seeds; add three pints of cold water to each pound of fruit, after being cut in pieces, let it stand twenty-four hours; boil it until tender, pour into an earthen bowl until the following day, weigh it, and to every pound of boiled fruit add one and one-half pounds of lump sugar; boil the whole together until the syrup jellies and the chips are rather transparent.

BEEF SOUP.—Take a shank of beef with plenty of meat upon it, put over in cold water, and boil five or six hours, the day before using. The next day skim off the grease, put the jelly in soup kettle and one hour before serving add turnips, carrots, onions, cabbage and potatoes chopped fine in quantity desired; a few tomatoes and a little celery improves it. Season with salt and pepper, and drop in a few noodles. Three tablespoonfuls of rice may be added with the vegetables.

NOTHING tarnishes silver more quickly than rubbing the ring around the neck of a fruit jar being enough to color a whole closet full of silver in one night. Coal gas is also inimical to bright silver or plated ware, but a lump of gum camphor in a closet will do much to protect the goods. Silver spoons, discolored by contact with cooked eggs, are easily brightened by rubbing with common salt.

PRESERVING CELERY DURING WINTER.—Take a box five or six feet long, twelve inches wide and twenty to twenty-four inches deep. Put in three inches of sand or soil and stand the celery upon this closely packed to exclude the air. Celery thus treated will keep well until March. This method was first recommended by Peter Henderson.

MOUCHER CASES.—Get two Japanese ties, without trimming; around each sew narrow black velvet, attaching it with "herring-bone" stitch on the edges. Next make a puff of satin about an inch and one-half wide, connect the two ties back to back with the puff, then a portion of the satin over the top, so as to form the before mentioned parts into a bag; attach strings either to draw or remain stationary.

EGG SAUCE.—One cup of chicken broth, heated and thickened, with tablespoonful of butter rolled thickly in flour; poured over two beaten eggs; boiled one minute, with tablespoonful parsley stirred in; then seasoned and poured upon pounded yolks of two boiled eggs placed in bottom of bowl. Stir up, and it is ready.

MOST farmers feed corn to everything. Corn to the cows, corn to the colts, and corn to the pigs. What were oats made for? For all young animals. Corn is good to fatten grown-up animals and to be a part food to fatten young ones. Very little of it should be used for food for young animals, as it does not contain enough of the elements to make a perfect body.

A GOOD way to roast a spare rib is to crack the bones in the middle, fold over and stuff with regular turkey dressing; sew it up with a stout thread, put into the dripping pan and put in a coffee-cup of water; sprinkle pepper and salt over the meat, and let it cook until tender and brown. Then it is so that each side will be equally brown.

RAILROAD CAKE.—One cup sugar, one tablespoonful of butter beaten to a cream, three eggs beaten to a froth, one cup flour, three tablespoonfuls sweet milk, one tablespoonful cream of tartar, half a teaspoonful soda, half teaspoonful salt.

A REFRESHING DRINK IN FEVERS.—Put a little sage, two sprigs of balm, and a little sorrel into a stone jar, having first washed and dried them. Peel thin a small lemon, slice it, and put a small piece of the peel in; then pour in three pints of boiling water. Sweeten, and cover it close.

In the Hospital.—Baltimore and Philadelphia hospital physicians are prescribing the new proprietary medicine, Red Star Cough Cure. It contains neither morphia, opium or any other injurious ingredients. The price is only 25 cents.

He who resolves to deal with none but honest men, must leave off dealing.

EXPRESS HIS GRATITUDE.—Albert A. Larson, of Kirkman, Ia., writes to the proprietors of Allen's Lung Balm: "I firmly believe my wife would have died of consumption, if not for the timely use of your Balm." Price 25c, 50c, and \$1 per bottle, at Druggists.

When a great man stoops or trips, the small men around him become greater.

A cow should always be taught to allow anyone to milk her either man or woman, and for this reason it is best to change about in milking occasionally, so that the cow will not become too much accustomed to one person's attention.

SCIENCE IS APPROACHING the cure of consumption—a disease caused by a deposit from the blood of impure matter in the lungs. For stimulating a healthy action the spleen, liver, kidneys and skin, organs which remove waste and poisonous matter, no remedy is equal to DR. WALKER'S CALIFORNIA VINEGAR BITTERS.

AVOCADO PEARS, commonly called "alligator," are delicious for breakfast or lunch. Quarter them, and remove the pulp with a silver knife; spread it on slices of bread, and season with salt and pepper to taste.

Scrofula, salt rheum, all humors, boils, pimples, and diseases of the blood, general debility, dyspepsia, biliousness, sick headache, kidney and liver complaints, catarrh and rheumatism, are cured by Hood's Sarsaparilla. Take it now. 100 Doses One Dollar.

If shade is excessive about the house thin out some trees.

The Indians have at last made a rapid and gigantic stride towards civilization. They advocate the use of Carboline, the great Petroleum Hair producer; it gives them an additional chance to collect scalps.

If afflicted with sore eyes use Dr. Isaac Thompson's Eye Water. Druggists sell it 25c.

Whoever makes the fewest persons uneasy, is the best bred in the company.

The best Ankle Boot and Collar Pads are made of zinc and leather. Try them.

Beauty and death make each other seem purer and lovelier, like snow and moonlight.

Petroleum V. Nasby. D. R. Locke, Petroleum V. Nasby, editor Toledo "Blade," writes: "I had on a forefinger of my right hand one of those pleasant pets, a 'run-round.' The finger became inflamed to a degree unbearable and swollen to nearly twice its natural size. A friend gave me HENRY'S CARBOLIC SALVE, and in twenty minutes the pain had so much subsided as to give me a fair night's rest, which I had not had before for a week. The inflammation left the finger in a day. I consider it a most valuable article.

Heaven will be more than you ever dreamed it to be.

FOR DYSPEPSIA, indigestion, depression of spirits and general debility in their various forms; also as a preventive against fever and ague and other intermittent fevers, the "Ferro-Phosphoric-Elixir of Calhaya" made by Cassell, Hazard & Co., New York, and sold by all Druggists, is the best tonic and restorative recovering from fever or other sickness, it has no equal.

The barber should be made to pay his poll-tax.

ANY man looks like a sloven with run-over heels. Lyon's Heel Stiffeners keep boots straight, 25c.

There is no sky without its cloud—no gold without its alloy.

No Opium in Piso's Cure for Consumption. Cures where other remedies fail. 25c.

DYSPEPSIA. A dangerous as well as distressing complaint. It is remedied by... BROWN'S IRON BITTERS... THE BEST TONIC...

AGENTS WANTED! Men and Women who have from one to two hours spare time per day, can easily... P. NEUSTAEDTER & CO., 83 MERCER STREET, New York

CONSUMPTION. I have a positive remedy for the above disease, by the use of... RISO'S CURE FOR CONSUMPTION... PAY WHEN CURED...

Religion is the homage which the intellect pays to the feelings.

Burned at the stake.—The fingers of the girl who was frying it.

The best scientific compound for the cure of coughs, colds and all throat and lung troubles is Dr. Bigelow's Positive Cure. It is pleasant, prompt and safe. 50 cents and \$1.

The best way to condemn bad traits is by practicing good ones.

RED STAR COUGH CURE. Absolutely Free from Opium, Emetics and Poison. SAFE. SURE. PROMPT. 25 Cts. ST. JACOBS OIL. THE GREAT GERMAN REMEDY FOR PAIN. Cures Rheumatism, Neuralgia, Headache, Toothache, etc.

Many horses have a habit of sleeping standing. It is not a good one, and horses should be broken of it if possible.

What Would the World Do without woman? asks the essayist who starts out to say something new on this oft-treated subject. Of course, the human element of the world would not exist without woman, so the question is gratuitous.

The vigorous idea keeps warm, though wrapped in few words.

Nightmare, sick-headache, depression of spirits, and want of ambition are symptoms of a diseased liver. The lungs, stomach, and bowels are all in sympathy. Life is only a living death.

Engraving on Glass.—The hard point for inscribing and engraving rare stones is doubtless older than the lathe, and was certainly used in engraving glass during classical and medieval times.

Everything is allowable in office, except leaving it.

Hood's Sarsaparilla. This successful medicine is a carefully prepared extract of the best remedies of the vegetable kingdom known to medical science as Alteratives, Blood Purifiers, Diuretics, and Tonics.

VINEGAR BITTERS is the great Blood Purifier and Life-giving Principle; a Gentle Purgative and Tonic; a perfect Renovator and Invigorator of the system.

CATARRH. ELY'S CREAM BALM. Cleanses the Head. Alleviates Inflammation. Heals the Sores. Restores the Sense of Taste. Snell Hearing. A POSITIVE CURE.

HAY-FEVER. ELY'S CREAM BALM. Cleanses the Head. Alleviates Inflammation. Heals the Sores. Restores the Sense of Taste. Snell Hearing. A POSITIVE CURE.

Not Like Other Kinds. HOY PLASTER acts instantly when applied. Try them for Backache Pain in the side, Stitches, Rheumatism, Headache, Sore and Weak Chest, and all local aches and pains.

WANTS STOPPED FREE. Issues Person Restored. Dr. KLINE'S GREAT NERVE RESTORER. For all BRAIN & NERVE DISEASES.

RUPTURE. Once guaranteed by Dr. J. H. Rogers, the successful operation of Dr. Rogers' method is proved by hundreds of cures.

WELL BORING. DRILLING MACHINES. Tools for all kinds of work. Loomis & Nyman, Tiffin, Ohio.

PENNYROYAL. "CHICHESTER'S ENGLISH." The Original and Only Genuine. Also and always reliable. Beware of cheap imitations.

PATENTS. Obtained. Send stamp for name, Patent Lawyer, Washington, D. C. Palmer's Business College, Philadelphia, Pa. Terms only \$4. Situations furnished. Write for circulars.

HOME-MADE FRENCH BREAD.—Wash perfectly clean half a pound of potatoes, and then steam them without removing the skins. Mash them thoroughly with half a pint of flour, half a pint of tepid water and half an ounce of salt.

COURTESY TOWARD OUR OWN HOUSEHOLD.—One thing to remember, to have your home, every-day table, just as attractive as the one to which you invite your honored guest.

Allen's Lung Balm. ALLEN'S LUNG BALM. It Contains No Opium in Any Form. It Cures Croup, Whooping Cough, Bronchitis, etc.

BAUGH'S S25 PHOSPHATE. Contains the Life and Essence of Animal Bone. We are selling Baugh's Strictly Pure Raw Bone Phosphate.

LEPAGE'S GLUES. Used by the best manufacturers and mechanics in the world. FILLMAN PATENT VARNISH CO., MANUFACTURERS.

WORMS. In the human body eradicated by CLARK'S WORM SYRUP! INFALLIBLE.

WANTED. An active man or woman in every county to sell our goods. Salary \$100 per month and expenses. Carrying credit FREE! Write Standard Silver-ware Co., Boston, Mass.

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PENSIONS INCREASED. Write L. Bingham, Washington, D. C.

MORPHINE. Chloral and Opium Habits. EASILY CURED. ADVICE FREE. DR. J. C. HOFFMAN, Jefferson, Wisconsin.

Blair's Pills. Great English Gout and Rheumatism Remedy. Price 25c. BOTTLED BY THURSTON'S PEARL TOOTH POWDER.

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R.R.R. RADWAY'S READY RELIEF. CURES AND PREVENTS Colds, Coughs, Sore Throat, Influenza, etc.

DR. RADWAY'S Sarsaparillian Resolvent. Builds up the broken-down constitution, purifies the blood, restores health and vigor.

Allen's Lung Balm. ALLEN'S LUNG BALM. It Contains No Opium in Any Form. It Cures Croup, Whooping Cough, Bronchitis, etc.

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