

The Centre Reporter.
SUPPLEMENT.

Centre Hall, Pa., June 23, 1881.

HOW TO KEEP COOL.

As warm weather approaches, we devise all sorts of plans to keep cool, and by every earnestness defeat our purpose. To be cool, one must be tranquil—and avoid unnecessary exertions. The prudent housekeeper will wake her morning fire suffice to do the chief part of the cooking for the day. Cold boiled meats, cold vegetables, cold desserts for dinner, when that meal comes in the middle of the day, are in order. Potatoes made into salad are not to be scorned by any lover of that vegetable. If a cup of coffee is desired, it can be made on an oil stove, and such food as prepared warm can be warmed over. But custom renders cold food as palatable as, and during hot weather even more palatable, than hot food is in cold weather. A little persistence on the part of the house-mother will prove this the case, and the experiment is certainly worth trying. Farmers' wives who stow over the stoves in mid-summer noons have a harder time of it than farmers do in the fields, and there is no necessity for this. Iced tea and coffee and milk are as delicious as hot tea and coffee when one's palate is accustomed to them. The hardest part of the work should be done in the morning, if possible, and if you can lie down for a while in the bested part of the day, so much better. Plenty of sleep, with frequent baths, will enable almost any one to bear the warm weather philosophically.

—That was a fearful storm they had in parts of Missouri and Kansas last week, and many families are great sufferers in life and property. How fortunate that we have no such devastation here in good old Pennsylvania. Besides all the safety we enjoy in this regard what an additional satisfaction it is to know too that we are secure against high and fearful prices in clothing. Thanks to the Philad. Branch, with its gentlemanly manager, Sam'l Lewins, and his obliging assistant, ex-mayor Sternberg, of Bellefonte. These gentlemen always offer bargains in ready-made clothing that no customer refuses to purchase of them.

TO CURE COLIC.—For the violent internal agony termed colic, take a spoonful of salt in a pint of cold water; drink it and go to bed. It is one of the speediest remedies known. The same will revive a person who seems almost dead from a heavy fall.

STICKING-PLASTER.—An excellent sticking-plaster for fresh cuts and cracked hands is made of three pounds of rosin, a quarter-pound of a beeswax, a quarter of a pound of mutton tallow. When well melted and dissolved together, remove from the fire and keep stirring till it is as cool as it will pour; then add one table-spoonful of spirits of turpentine; then pour the whole into a pail of cold water, and when cool enough take it out and work it as a shoemaker does his wax. When sufficient worked, roll it out in small sticks. This is equal to any plaster ever bought. Keep the hands greased, to prevent it sticking to them while working it.

A lunatic named John H. Griscom is now endeavoring to outdo Dr. Tanner in fasting. Griscom started on a forty-five days fast in Chicago on the 30th of May. He is a large man, weighing about 200 pounds. Thus far he has lost some 25 pounds since he commenced the fast. He eats nothing and drinks but little water, and says he never felt better in his life.

A man named Harman and his son were killed by lightning on Thursday, 9, near Baltimore. Another had his thigh broken and several were stunned by the shock.

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All that is said here is meant. Go and See, and carry the news to your neighbor that

Money can Positively be saved at the PHILA. BRANCH.

HOME, SWEET HOME.

There is an old artist residing in the village. He is a thoroughly good fellow, but is somewhat egotistically and self-opinioned. He is a first-class artist and disciple of Wagoner. He paints wagons.

He is very fond of the girls.

The other night the vicious boys of the village put up a job on our hero. They sent him a letter by mail, in which they asked him to meet a distracted and infatuated maiden who had fallen dead in love with him and longed for acquaintanceship. They signed a fictitious name.

He was to meet the imaginary young lady in front of the church, and in order to prevent mistake was to whistle "Home, Sweet Home," for all it was worth. He walked up and down in front of the church and whistled that good old tune till his mouth looked like a putty blower. He scared all the cats in the neighborhood and the residents began to pour buckets full of slugs in their double-barreled guns.

The boys were behind the fence with unripe centennial eggs, and just as the master was about getting tired they saluted him.

When he arrived home the noses of the other boarders went up to the ceiling. He now turns pale every time he hears "Home, Sweet Home" whistled, which is every hour of the day. When questioned as to the cause of the loudness of the cough he wore home that night, he said he kicked a cat on the street, and afterwards ascertained that it wasn't that kind of a cat. — *New York Dispatch.*

A good work has been done by our young friend Clevan Dinges in lowering prices, so that other merchants in order not to be left have to lower prices also. But Cleve is leading them all, both for quality and price.

PREVENTION OF DISEASE.—A man can do his own business the best. Hence, it is safer to prevent disease by a proper care of ourselves, living temperately in all respects, using plain and simple food, than to pay doctors' bills. Especially it is easier to prevent the dyspepsia than to cure it, at least, cases of long standing. Medicine will effect little so long as we eat the richest and most indigestible food; eat at all hours, particularly at bed time, or eat as if "on a wagon," consume the meal by aid of hot drinks in the shortest possible time. Dyspepsia is a certificate of wrong and gross eating, ordinarily, or of too much mental effort robbing the stomach.

A young Japanese couple are about to be married in Boston. The expectant groom is a student, and the bride was his playmate in his native land. They will buy all their goods of Dinges.

A SUSPENSION BRIDGE BURNED.

PITTSBURG, June 19.—About 1 o'clock this afternoon the suspension bridge over the Allegheny river caught fire from some unknown cause and was partially destroyed. The loss will reach \$40,000, on which there is no insurance, as the bridge was considered fire proof. It was an imposing structure and cost \$300,000 when built in 1859. As the largest portion of the travel between Allegheny City and this city was over this bridge, the public will experience great inconvenience until repairs are made.

ANOTHER DYNAMITE MINE DISCOVERED.

Berlin, June 7.—A dynamite mine has been discovered under Metals, close to the Galchins railway station, Russia, connected with a battery in the railway telegraph office. All officials have been arrested.

Isaac Alfrey's dog bit Anderson Johnson's hog, at Owensville, Kentucky. Then Johnson shot Alfrey's dog. Next Alfrey shot Johnson's hog. Finally, Johnson shot Alfrey, killing him, and the latest report said that a mob had gone to hang the murderer.

—That Dinges is doing a large business is evident from the stock he carries, and of the customers that throng his store.

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Proprietor, Lewistown, Pa.

The undersigned respectfully informs the public of Pennsylvania that he is prepared to do all kinds of work in **MARBLE AND GRANITE** at

Cheaper Rates Than Elsewhere

Write or call on Clevan Dinges for terms and designs.

I have accepted this agency with the view of introducing the work turned out by the Lewistown Marble & Granite Works.

Confident that I can furnish first class work at greatly reduced prices from what has been usually paid; all work warranted and executed on the premises.

Respectfully,
Clevan Dinges,
Centre Hall.