

All that I have this day is thee,
A heart whose faith has never falter'd,
A love that knew no other shrine
And through all changes lives unalter'd.

Had I a thousand hearts to give,
Thine all their love and faith should be,
Had I a thousand years to live
I'd gladly spend them all with thee.

There's not a joy in all the world
Like that of love beyond deceiving,
Though bolt on bolt be as it hurried
The heart will triumph—when believing

This day my joy hath sworn away—
A joy which but with thee I know,
The rapture of a first fond love
Which, wedded, makes a heaven below!

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The following touching verses from the *Du in Freeman*—wonderfully pathetic in its simple fidelity to one of the noblest and most emotions in human nature—represent Irish mother's message to her emigrant sons and daughters. Another emigrant just about to sail, and will find appreciative echo in all hearts:

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THE WIDOW TO HER SON.

Remember, Denis, all I bade you say;
To tell him we're well and happy, thank
 Lord;
But of our troubles since he leaves away
You must not say, and never say a word
Of care and troubles, ere, we're all
 shame.
The finest summer isn't always fair.
Tell him the spotted heifer calved in May;
She did poor thing; but that you need
 mind;
For how the constant rain destroyed the hay
But tell him I stand to it wile ever I live
And wish the fever spread the country o'er
His mercy kept the "sickness" from our
 door.

-19

Give ye them till they know the neighbors own
 And cut the corn and stored in the barn;
 Would be well to mention them by name
 The Murphy, Ned McEale, and Shamus
 Call them by name, Till they feel behind the bill,
 And say, agra—oh, say, I think him still,
 they came with ready hands our toil to share
 'Twas then I missed him most—my own—
 hand:
 felt, almost all hearts round were found
 The kindest heart beat in a foreign land.
 Strong hand! leave heart!—one sever
 far from me
 By many a weary league of shore and sea
 and tell him she was with us—oh! he know
 the name of the man, the wife, the witness
 The darkest, dearest, brightest, honestest
 I ever saw, except in summer skies;
 And such black hair as—'tis in the black
 hair—
 And such a good long neck so fair,
 tell him old Finister missed him may a day,
 And moped, poor dog! 'Twas well he did,
 he did,
 roused by the roadside, how he watched the
 way,
 And saw the travelers as they passed him
 'Twas
 Hail, rain, or sunshine, sure 'Twas all the
 hail,
 He listened for the foot that never came,
 the
 tell him the house a loomlike edifice and cold,
 the heart's acorns rotted of half its light
 but may be 'tis my eyes are growing old,
 And things look dim before my falling sight
 For all that, tell him 'twas myself that spun
 the web of his young, and stirred the
 every one.
 Give him my blessing: morning, noon, and
 night,
 Tell him my prayers are offered for his good,
 that he may keep his Maker still in sight,
 and

**The Full Story and Terrible Sufferings of
the Polaris Crew who were Six months
on an Ice Floe.**

The story told by the rescued crew of the *Polaris*, of their six months' existence on an ice floe is thrilling in the extreme. The vessel, the *Albatross*, was blown off the vessel after Captain Hall had abandoned the expedition altogether, and started for home on August 15. The vessel was blown off the ice and drifted from latitude 80 deg. 2 min. to 77 deg. 35 min., where she encountered a heavy ice field. The crew was jammed by a heavy pressure of ice and bergs. The ice lifted her out of the water, so that she only drew six feet. She lay on her beam ends for a week. At the six feet water mark she broke her stern and started toward the north. On the night of the 15th, fearing the vessel would be crushed, the crew reported looking very badly, and a plan was made to shift provisions from ship to ice. They continued landward for two or three days, and then, on the 20th, the *Polaris*, under the command of Captain Tyson, thrust out on board and asked the sailing master if the vessel was making any more water than she was before; he reported none. Then the pump was started, and ascertained that she was not making any more water than she had been all summer. The vessel was then towed to the rescued party on the ice floe, and the vessel where the provisions were deposited; the remainder of the ship's company came on board, and the vessel was crushed, and, in a few minutes, broke up into pieces. The rescued crew broke her fastenings, and she lay on her side, the water rising to her gunwales.

[illegible]

they took to be Northumberland Island. They were then hauling to the northeast, the floe commencing drifting southwards, opening a little bay to the northeast of Northumberland Island.

There was the vessel in harbor, and the boats were sent out to the north-eastern stack. They then attempted driving the boats across the floe in a westerly direction, hoping to find water and reach the shore, to board the vessel there. They were in dragging the boats across, took the water and attempted to reach the shore some distance below the vessel, but were driven back. They then, under the influence of the wind, were compelled to haul up the boats once again. The vessel was about five or five miles from the floe at this time. The mainland was to the east, about 15 miles.

Tyson says:—"All that prevented reaching the vessel was 'alob'—the 'push' too thick for us to pull the boats through. I had gone what was called 'up' to have known that was 'alob'."

[illegible]

These huts were houses of snow, constructed of a circular form at the base, gradually converging towards the top, and terminating in a conical roof of snow, which formed the roof, leaving a small hole for ventilation.

The entrance was a large vacuum, which would destroy the usefulness of the hut in case of a wind. These houses, while the weather continues hard and dry, are warm and tolerably comfortable, but they are generally to be abandoned. The disposition of the Esquimaux to consume meat is not attributable to any want of food. I constantly observed them indulging themselves to the damp cold of setting huts.

Their food from this time to present was very scanty, such provisions as they had, with a large proportion of fish fat, and consequently, were very unpalatable.

Three of the huts were for dwelling purposes and one for a storeroom. I saw five Captain Tyson, Joe, an Englishman, Hans Christian, wife and four children; in the third, Mr. Myers and eight men. These huts were built side by side, and were occupied from November to April, when they were obliged to abandon them. They had no materials for fuel, and consequently, were very uncomfortable—which had to be used very sparingly, and only when it was necessary to warm themselves.

So, that for nearly the whole season, the huts were without fire, a position, especially distressing under the circumstances, as the natives are extremely cold.

The last day of the month, a blizzard came on, and lasted some time, and commenced with a heavy snow.

On December 1, prevented the catching of seals or other animals except by accident. The weather cleared, and did not repeat until the end of January or beginning of February. The darkness was not so distinguishable from night, except by the appearance of a streak of light on the southern horizon, which, however, afforded no opportunity for hunting. The darkness was a darkness unlike that of the northern latitudes. There was no cold, and the air was cheerless and desolate. Day succeeded day, and still the darkness continued. Gradually the eye became accustomed to the darkness, and the men and Indians could be plainly distinguished at a distance. The Esquimaux, however, could not distinguish dark water and thought light to be light, but it was not so with the Americans and the other members of the expedition. The Esquimaux had no experience in the northern latitudes, but never such a trying one as this, and, therefore, they were not so patient when they thought of the dreary period which spread out before them. Those who read this narrative in the future will find it difficult to comprehend the expression of the sufferings which these people endured. The greatest privation was the want of food. It was not that it was a step for the time to the hunting, which to the crew was the only means of sustenance. The Esquimaux, however, were not so patient, seeing such at any distance, and the pursuit of it is in the midst of darkness was a task which they could not bear, and the temerity to engage in it. Even the Esquimaux, who were familiar with the habits of the seal, could not distinguish almost even the seal from hunting it during the Egyptian darkness. It must not be understood that the darkness was not the same nights does not vary in duration, and lasts months longer in some latitude than in others; but it must be remembered that the darkness was not so gradually diminishing the period of darkness which reigned at North Cape, but that it was a darkness of the "dreadful light" of "other days."

There was twilight for six or seven hours the days after that rapidly grew longer until the party was picked up.

On the last of February they had exhausted their provisions brought from the vessel only two cans of pemmican and a few small pieces of dried meat and moulty. One of the boats was turned up to make fuel to melt the ice water to drink. During the time they were without rubber their provisions were almost exhausted.

The natives were very faithful in their exertions to kill seals during the months of darkness; but, as said before, they rarely succeeded, the darkness being very great. Starvation now stared the party in the face, and the return of the sun, though it gave some promise of success, found them in a very weak condition. Their provisions were despicable. But work and exertion were necessary to sustain life, and Captain Tyson set an example of cheerfulness and industry.

The Esquimaux dogs drifted

ally floo, most of which Hans and I finally relieved themselves upon. The whales were so close that the natives, who were not far off, and subsequently, they have eaten a roast dog.

Captain Tyson says he wanted to go to the hills to kill and eat a sheep up for some hungry day; but he would not, not thinking at the time that they would eat seals' entrails.

After the provisions gave out the men ate not only the flesh and fat of the seals, but also the bones, skins, entrails, and all the rest of the animal. Captain Tyson showed two of his front teeth broken by chewing up frozen seal bones. He said that he had been so hungry to get a lump of blubber to hold in the mouth to suck, to keep out the cold. The people confined themselves to the blubber, and the seal's skin, and the cold fish, spending the time less in warping up in skins.

In March they got among the seals, and they began to eat the blubber, which they were entirely supplied with. One night a very large bear appeared, and the natives were all so concerned eating their seals' skins lying about. The natives were directed to imitate the seals, lying on their backs, and the bear, like the monster within a convenient short distance; but they were all afraid of the whites and all, and fled. Tyson fired at the bear, but he did not kill him. The meropon had attacked him, and he had to retreat to get more ammunition. He was very angry, and he said, "This was a welcome addition to my seal's storehouse, so they took the precaution to save up bears' flesh." He collected enough food to last them till the middle of May, should they not find time reach some land or vessel. He said that he had never seen any overtook the heroic little boat and the settlers on the ocean. About the

They had a heavy load of provisions, which they had lived so many months, and which they had stored their homes of snow and ice. They were now nearly starved, and they had been nearly five miles in a day. The conference was a by this untoward calamity reduced to a pun of ice. The consequence was that they were surrounded, by the advice of Captain Tyson, and after much altercation and difficulty, they were forced to leave their homes and endeavor to regain the main pack. This was done on the 1st of April. They abandoned all their stock of meat, a large quantity of ammunition, oil, clothing, skins, and other articles. But a small quantity of provisions they carried with them, in which they now again took the water; but owing to the boat being so heavily laden, it became necessary to lighten it. On the 4th and 5th of April the other men, the body of ice was regained, and the men were able to land. The elements still adverse, a tremendous gale and heavy sea breaking the ice in smaller pieces, continuously hindering their progress. In the afternoon, so that they were obliged to confine themselves to small parties, changing their positions from time to time. It was impossible to launch the boat, no sea could be taken, and actual starvation became inevitable.

It was on this crisis that, on the 21st of April, fortune sent the Polar bear, which they happily obtained possession of. The men were now able to launch the starwark got into the water, and they worked their way west and southward every day in the hope of reaching some open water. The men were now remaining shelter was a covey of ice, created after the annihilation of the last camp. The boat was now the boat happened to become separated

On this text some seven or eight feet above the weather, which had been fine for some time, suddenly shifted, and a terrific storm, accompanied with sleet and snow, burst upon the ship. The wind, which had been without any warning sounds whatever, came between the boat and tent but was not understood, with a loud and deafening roar, as the wind came from the rear, and was understood by the "Fred Meyer" as the darkness (for it was night) came sweeping down upon the ship. The "Fred Meyer" narrowly escaped being swung to the chasm caused by the separation of the ice floe, and in which the men were scattered and scattered fragments of the vessel were tossed wildly against each other. The first act was to look round for safety his first act was to look round for his companions. None were to be seen, and nothing but the saving of his own life, and the grinding and the crushing of the clumpers as they were driven with terrific violence by the sea. The first act was to look round for his companions. None were to be seen, and nothing but the saving of his own life, and the grinding and the crushing of the clumpers as they were driven with terrific violence by the sea. The first act was to look round for his companions. None were to be seen, and nothing but the saving of his own life, and the grinding and the crushing of the clumpers as they were driven with terrific violence by the sea.

fied with awe. But for them the scene was a horror as for the women. In a second the horrors of the preceding moment were forgotten. Hence more bloomed in all its fullness regardless of the innumerable pain which it caused. The women, with eager hope, the boat was launched they joyfully rejoined their companions.

On the 23rd of April two steamers here in sight of the stormy sea, new vessels, and all their loved ones, cherished and constantly blighted expectations of rescue. They made calls, but were probably not observed. The boat was seen, but no attempt was atoned for on the morning when the sealing steamship *Tigress* of St. John's, Newfoundland, accidentally ran aground on the rocks, and in a dense fog, steamed against the rocks, and was wrecked. The inhabitants of the island, who were in the boat, Three cheers from the rescued complement the air, and were as vehement and joyously sent back by the 130 men who composed the *Tigress*' crew.

Criminals in Prison.

The presence of the Prussian system for effecting the reformation of criminals is contained in the single word "work." There are religious books, books of prayer, but no books of instruction forced upon the prisoners—rather reverse. They are encouraged to read biographies, histories, books of travel, and the like. They are supplied with illustrated magazines and are forbidden them. While they are allowed to expend a portion of the small amount of money they receive on books, they are in grammars, dictionaries, and works on other subjects, they are on no account permitted to buy religious books. They are also warned against the tricks of hypocrisy. Even one committed to the Straßburg prison for a crime of this nature may be, is set to work at some kind of trade.

In Prussia men are found everywhere doing a certain amount of work for prisoners ignorant of any trade whose services they receive gratuitously during the first month. At the expiration of the first month they are set to work on the straw, and receive 10 pfennigs (100 pfennigs = 1 mark) or ten cents per day for each man they employ; but this is merely the starting-point, the rate of wages increasing gradually from day to day, until at the time as the prisoner becomes more proficient. The contractor who employs the prisoners is paid 10 pfennigs when he quits the prison. A prisoner wishing to earn the regulation six pfennigs per day paid for him by the government, must employ 100 men. His earnings in excess of this amount of six is allotted to him by way of encouragement. A certain portion of the earnings is paid to him for his expenses on the Sunday, under various restrictions, in such delicacies as butter, cheese, beer, stout, and such like. It should be noted, strictly prohibited should the convict prefer mental to a material food, he can pay out his money for such articles as he may desire, and receive his share of earnings is given

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The New President of France
 Marshal MacMahon, who Succeeded General Thiers.

Marie Edme Patrice Maurice de MacMahon, Duke of Magenta, a letter to the Emperor as Marshal MacMahon, the distinguished Marshal of France, who had been elected to succeed M. Thiers as President of the French Republic, is the descendant of a family of French nobility of Ireland whose ancestors followed the fortunes of James II., the last of the Stuarts, and after the fall of the Stuart emigration to France, where he formed a home in the province of 'Savoie' and Loire, on the 13th of July, 1808. His father was a peer of France, and a personal friend of Charles X., and he was admitted in the year 1825 to the military school of St. Cyr. Graduated thence, he entered the army and was immediately after promoted to the rank of Major, and he was subsequently elected himself. In December, 1833, he was commissioned captain. He was

revived in the Algerian campaign of 1830, especially in the assault on Constantine. From this time forth MacMahon's motion was rapid. In 1843 he became a general, in 1846 a lieutenant-general, in 1848 a grade of brigadier-general. Appointed general of division in 1852, he commanded the Constantine division in 1853, and in 1854 he was recalled to France, by the Emperor Napoleon and was placed in command of a division of infantry in the army of the Rhine. He received additional laurels in this campaign, and was his division which carried off the formidable Malakoff on the 8th of September, 1855, and held it against the protracted and desperate efforts of the Russians. He was further honored by being awarded for this service by his imperial master. Already made officer of the Legion of Honor, in 1857, command of the 1st division of the 2nd corps was further honored, a few days after the capture of the Malakoff with the rank of Grand Cross of the Legion, and in 1858 he was invested with the dignity of Senator of France.

General MacMahon commanded the French Expedition of 1857 against the Kabyles of the Algerian highlands. There he vanquished, and not long afterwards was placed in command of the 1st division of the 2nd corps. In the outbreak of the Austro-Franco-Sardinian war in 1859 MacMahon entered the field in command of the second division of the 1st corps. It was in this war that his military genius culminated. He was the victor of the bloody battle of Solferino, and he was honored by receiving the high honor of being declared upon the battlefield, by the Emperor Napoleon III, "the savior of France."

In 1861 Marshal MacMahon represented France in Berlin at the coronation of William III, now the Emperor of Germany. On returning to France he was placed

command of the Third Army Corps of Vice-Marshal Canrobert, and by the Emperor's appointment of MacMahon was appointed Governor-General of Algeria. Upon the 19th of September, 1868, in a proclamation to the army, MacMahon, in the name of the Emperor, announced the plan of government which the Emperor sent to the army in the way of agricultural programme provided for a monarchy as the Arabs, but the event proved a failure. The French and European nations were not deterred by the failure and hoped for never reached proportions as to justify the expectations of the European nations. The Algerians were not deterred by the agricultural laws which were established, and many of the colonists were not deterred by the laws which were established. They crossed the Atlantic to America and especially to Brazil, which offered them at that period exceptional inducements in the way of agricultural advantages.

The personal government of the strictness which prevailed in the Algerian Government of MacMahon's administration, and the severity of law and regulations which had scarcely diminished the number of the Algerian dominions. The natives suffered horrors of famine, and cannibalism resorted to to furnish sustenance to the army. The Algerians were numerous were the deaths from hunger, establish orphan asylums in Algeria, shelter the children of the Algerians, and the Algerians who were in France and subscriptions were opened in their behalf, and in March, 1868, the Algerians were allowed to return for the relief of the victims of the famine. Publication in France arose in protest against the horrors that were being perpetrated in Algeria. The Government, and serious charges were brought against MacMahon. The

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Russia's Cavalry.
THE HORSEMEN OF THE Czar—A Russian Cavalryman's Story.

Writing of a review held in St. Petersburg in honor of the visit of the Emperor of Germany to the Czar, our correspondent of the London *Times* says:

"The great attraction of the day was the cavalry, and that far surpassed the thing which I have ever seen. The elements of excellence were, of course, the horses themselves, and the leaders of the troops. I was anxious to explain the peculiar character about the horses. I asked the Russian Cavalryman his answer my own question. I think I can put on this one word with truth. The horse seems to be to educate the leader to make him trustworthy, faithful, obedient; and to dispense with all the contrivances which, in more civilized countries, are necessary to make the beasts. In what other country can we see horses like those which dash over the Nevooska so free, and fresh."

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Riot in Shamokin, Pa.
Restating a New Yorker's Claim to Worth \$250,000

A letter was received by Mr. S. H. Newell from Mr. O. H. Wheeler in Shamokin, Pa., saying that houses had been burned in that by a mob, and that an army of 1000 men had been sent there. Serious trouble is apprehended. Newell's story of the origin of the break is as follows: Robert M. Revolutionary army purchased 1000 acres, of what has proved the r anthracite coal region in the co The land is now valued at over \$250,000. The land was sold to John Nicholson of Philadelphia. Nicholson died intestate, and his appointed William F. Farrand, attorney in fact, to sell and c these lands. Farrand sold to S. H. Strong, the State Librarian and a ber of the Pennsylvania Legislat Strong sold to a female friend o

Mr. Newell now holds the title trustee for the heirs of that title. He conveyed a half interest in the land to the heirs of the late John C. Brainbridge Smith of this city in consideration of Mr. Wheeler's long possession of the land and his improvements thereon, and to the purchasers from them. The road claims to have bought all the land in question under another title than that of the heirs of John C. Brainbridge Smith, and under a judgment which Mr. Newell claims was obtained by fraud, which has been so decided by the Supreme Court of the State. Mr. Wheeler went on about six weeks to take possession, and began to put houses on the land, five of which are now being vacated, while twenty have been erected, and five or six collieries.

The pending case was argued by the persons then in court, and Mr. Wheeler sold portions of the interest to Mr. Jordan, the ex-Secretary of the State, and to Mr. Geary, to Judge Maynard, and others, in order to obtain means to prosecute his claim. May 14th the court rendered its decision, and erected, but they were willfully destroyed by fire while the tenants were making improvements. The court held that the tenants were in possession, and that the surveys and leases were made, and for the recovery of the other title. The court then rendered the opinion, wrote the note referred to at the beginning of this article, which runs as follows:

And the Six: The third house is burned by force and violence, and impossible to erect any more dwellings, and the men are now stationed on the road.

Every day false warrants were issued to arrest everybody, and a mob of men were sent to the farms. My friends here have rendered me aid, but not sufficient to prevent it.

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spans made a few. At 5-shang-shi, however, a plain repast of which the life of hominy is always a part. After there is an informal reception in a blue painted room, the guests are taken to the political apartments in the Japanese office upstairs. Such is the life of our Chief Magistrate and his family, as the newspapers say in Washington.

Beauty of Chinese Bridges.

Some of the bridges in China are of extraordinary beauty and magnificence. There is one near Peking built entirely of white marble, elaborately ornamented with carvings of flowers and of still greater magnificence and grand triumphal arch at each end; and some, instead of being built with marble, are of stone, and of a more ornate, marble flagless great length laid on pillars so narrow and tiny that they are scarcely visible to the eye. From the amazing fact afforded by the numerous canal transportation of goods by water, and the great strength, for only foot-passes, the bridges, which is the result of the construction. These bridges are with a number of arches, the central arch being about forty feet high and the others are of smaller size striking their masts. The great extent of these bridges renders step ascending and descending on the old bridges of Venice, on which ascend by steps on one side, and descend on the other in the same way. The Chinese have built bridges in other countries for more than eighteen centuries after they were known in China.

Advertisements Ever Read.

There is a class of a spicy article in the advertising columns of the "Ying-King" which is very interesting to say. "If any man affects to be that advertisements are not read him advertise that he wants to be read." The advertiser is furnished with every variety of animal sausage that morning before breakfast.

Humors of Legislation.

Last Scene of all in the New York Legislature.

A reporter describing the scene at the State capital city last night in connection with the session says: The members began to return the Assembly Chamber at 10 o'clock. They began by slily to throw tin whistles and other articles continuously brought into the chamber from that they began to throw balls at each other from one side of the house to the other. The Speaker then called the members to order and ordered to call out the name of any member who was detected in violation of the rules of order. This acted as a check only for a few minutes, so that the members continued to throw whistles and tin whistles all night long. The tin whistles were blown at all parts of the house, large wads of paper saturated with water were thrown at members' heads, and occasionally one of the heavy document-files, containing twenty pounds, would be seen

ting against the chamber, bringing across the shoulders of some of the Senators, and the men in pinstriped suits. A silk had placed in a conspicuous place on a desk toward the rear of the chamber two minutes after the adjournment. "I saw it clearly that even," reacted the Sergeant-at-Arms to "any person found blowing a trumpet in the House of Representatives and although they eyed the clock in the House a little more closely since some were joining in at a worse hour than usually," he continued, blowing on the desk no hard, but gravel, the head of it flying off under the door.

During all this time the men were reading out the bills and papers laid by himself, not a single man voting on them, the Clerk reading the names of the bills, the affirmative. And here justice to be done the Speaker for the water kept solely and almost exclusively through, for every bill of doubtful character taken up he would command the men to hear the Clerk read the bill. If the Speaker got angry, as he often did, he would call the men to order, and they would bring the House to order, citing that that no business was transacted in the House at that moment. All would then be silent, motionless, but as soon as the Clerk spoken the first word again a noise would come from the rear of the chamber. Sometimes the stillness would be broken by a high, sharp note, in which the men would be laughing and talking. At such times the Speaker himself, although boiling over with rage, was often obliged to laugh along with the men. During these scenes were enacting in the assembly Chamber the Senators up to the moment that the Speaker would call the men to order.

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Details of the murder of Dr. Baker, of Warren, Mo., fasten upon Miss Mink, in whose home body was found.

"Mamma, can't we have anything?" "Yes, my dear; but it is full and won't want anything you have."

An impoverished poet wears a silver piece on his shirt and calls it his dime and pin, a gentleman.

The largest stationary engine in the world is stated by a correspondent at Scranton, Penn., in one of the works there.

It is said in Madrid that the Emperor will purpose to visit the President of the Republic elect by plebiscitum.

The number of Postal cards registered in the U. S., already reaches 22,000,000 and the demand is at the rate of 100,000 daily.

The secret of making Russia iron has been heretofore sought in vain, but a Pittsburgh firm now they have accomplished it.

A Little Rock editor writes to Ireland, telling that during April, the flower of the youth of the rural districts left that port for the city.

The chap who could do all things he wanted to without advice has been compelled to advertise his new advertisement is "A Little Rock editor is pained by the loss of exchanges, and says anybody may steal his wardrobe, but if he loses his watch or pocket book, if only his exchanges are spared."

A Sparta (Wis.) boy assumes leisure hours by borrowing hole punches from his father's office. His satisfaction was great when valuable mail up above went through.

A Vermont man who caught the pox four years ago and communicated it to some neighbors, has just written to ask to see the water.

"I wish that I too carelessness were their infection."

The Postmaster-General has decided the circulation through the mails of newspapers sent in plain wrappers except the full address. It is not lawful to add initials, nor write one newspaper on the paper.

A Troy minister and one in Co. for a year or two, excited comment by their frequent exchanges. The latter was charged by the marriage of the Troy clergyman to in Scotland, and that of the O. man to a lady in Troy.

The wife of a lady explained she wrote to the man she likes once a day, and says she does

that any too close, he is willing to let go, however, that it would be too far for the short days of winter.

A lady traveling in Ennise writes George Washington that she has seen her late in her wedding dress fifty-two years old, and entertain you on her language while you are so fully ignorant of the language of the country where you are visiting."

These "postal cards" put a manœuvre of his saggish friends as a sign of the times. The merchant, of strict honesty and business habits, was informed the day, per mark, that if he did not sell the goods, he would lose his money would bring suit therefor an alderman.

A Pittsburgh merchant declares he has a thirteen first society who steal his goods whenever they get a chance. In this connection may be mentioned the fact that the city of Washington, D. C., has a number of wealthy Washington women frequently prefer less costly articles from the dry goods stores than the more expensive ones. The *Chronicle* says the shopkeepers have hitherto suspected "ladies" out of company will be heavier than their pity.

Expanding the Chest.

Take a strong rope, and fasten both ends to the lower end of a rope attach a stick three feet long convenient to grasp with the hands. The rope should be fastened to the end of the stick should hang eight inches above the head. Lean your grip with the hands and pull the rope down, and gradually at first—perhaps only by weight, if very weak—and gradually increase as the muscles gain strength.

from three to five times daily. The action of the arms with the body in a rhythmic movement, the diaphragm breathing, being a muscular effort to rise, the effect of the rise is to develop the lungs. Nature allows vacuum, the lungs expand to cavity, increasing the volume of the lungs. The action of the arms, being the congestion or the depression, the movement is a vigorous movement. We have proved this above for a year. We have proved that the lungs are threatened constantly for thirty-five years, and have been to increase the measure of the lungs. The lungs are threatened for months, and with good results, especially as a preventive we would recommend this exercise. The lungs live to live in a rhythmic, well-tempered action. The student, the chant, the sedentary, the young man, the old man, the person who wishes to stretch themselves daily are certain that if this were not done, the lungs would be threatened. The lungs will develop the body, many would be saved constantly. Indisputably, the lungs are the most important of the organs, pleasant one, and as a paratone costs very little, there is no difficulty about it. *Dr. Lewis*, who writes to *Dr. Lewis*, enjoys

The Jockey.

The important part played by jockey racing has given rise to a special literature. The jockey is forbidden to foul their opponents, is placed themselves immediately in front of them—this is the jockey's duty. The jockey, in order to impede them at all, they are forbidden to take any unfair advantage. The jockey is forbidden to tip or suspension—that is, short of riding for a longer or shorter time. The jockey is forbidden to touch the horse. The jockey, when it touches the jockey, self preventing him from gaining livelihood all the while the problem is to prevent the jockey from winning, since it is generally part of

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