# LIFE'S JOURNEY.

As we speeed out of youth's sunny station The track seems to shine in the light, lint it suddenly shoots over chasms Or sinks into tunnels of night. Ami the hearts that were brave in the morn

Are filled with repining and fears As they pause at the City of Serrow Or pass thro' the Valley of Tears.

But the read of this perilons journey The hand of the Master has made ; With all its disconiforts and dangers, We need not be sud or afraid. Paths leading from light into darkness. Ways planning fr an gloom to despair. Wind out thro' the tunnels of miumight To fields that are blooming and fair.

Tho' the rocks and the shadows surround us, The' we catch not one gleam of the day, Above us, fair cities are laughing And dipping white feet in some bay. And always, eternal, forever, Down over the hills in the west, The last final end of our journey, There lies the Great Station of Rest.

"T's the Grand Central point of all rallways. All roads center here when they end ; "Tis the final resort of all tourists ; All rival lines meet here and blen". All tickets, all mile-books, all pa ses, If stolen or begged for or bought, On whatever road or division, Will being you at last to this spot.

If you pause at the City of Trouble Or wait in the Valley of Tears, Se patient, the train will move onward And rush down the track of the years. Whatever the place is you seek for, Whatever your alm or your quest, You shall come at the inst with rejoicing To the beautiful City of Rest.

You shall store all your baggage of wortles. You shall feel perfect peace in this realm, You shall sail with old friends on fair waters, With joy and delight at the heim. You shall wander in cool, fragrant gardens With those who have loved you the best, and the hopes that were lost in life's journey You shall find in the City of Rest.

How to Take a Ring Off.

"Will you please saw this ring off my inger ? 33 It was an old woman who rade this remark to a Broadway jewel-, as the worker in gold and silver ok the wrinkled though fat and shape hand in his it trembled violently, and ear dropped upon the counter. "Exse me," continued the old lady, "but is my wedding ring ; I have never had it off since I was married-45 years saw; I have refrained from having it and, heping that my finger might get mener and that I could take it off withand breaking it." "And what if I can -move it without cutting ?" inquired the jeweler. But can you ?" said she, si locking up in a half credulons way; if - can, do it by all means." Then the coveler took the swollen finger and wound it round from the top downward in length of flat rubber braid. The ic cord exerted its force upon the ues of the linger gently and gradualutil the desh seemed to be pushed shown to the bone. The old woman's hand was held above her head for a gute. builf interval. Then the bandage was muchly uncorded and rewound about the member. This was repeated three times, and fically it was found upon unevering the finger, that it was small mough to admit of the ring being removad with ease. "I have never failed but once," said the jeweler, "and I have removed many rings from fingers even more swollen than yours. Do I charge 1 4 21 ? Oh, yes, I ask the same amount that I would get if the ring were left to he mended after being cut-\$1. Thank you !" and as he turned to the bench and the old woman left the store he added : "But, after all, she might have the same thing herself. It's not the work, however, I charge for-its the mow how." "

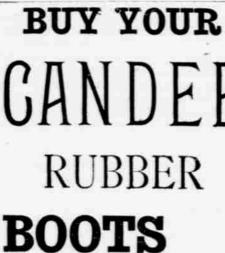


of climbing, and after half the ascent was made we rested more frequently and without exerting ourselves to sit down. We thrast our staves into the snow and leaned our heads upon them. Drowsiness overtook us, and progress became mechanical. We moved, only as spurred on by our ever watchful guides. If left to ourselves we would have fallen asleep' Our hearts beat with fearful rapidity and the breath became shorter and shorter. Ringing sensations in the head like those produced by large doses of quinine, were experienced. The most acute pains shot through the skull. Conversation was suspended, except among the guides, and their voices fell on our ears as if coming from a great distance. It was impossible to tell what progress was being made, for the top and bottom seemed equidistant all the way up. We barely escaped the most severe experience likely to occur to those who reach that high elevation ; bleeding at the nose, mouth and ears. It would have been the signal that we had gone too far, that heart and lungs refused to submit further, and we should have placed ourselves in the hands of our guides to be carried back to Tlama-Our physical endurance was stretched almost to its limit by the time the head guide shouted, "Here we are! Smel! the sulphur !" The whiff of sulpherous smoke which greeted our nostrils, telling that our task was nerly completed and rest was at hand, acted like a powerlul stimulant. We awoke for a final effort, pressed on, and rested not until we stood breathless upon the summit of Popocatepelt .- Arthur Howard Noll, in The American Magazine. The effect of Maternal Coddling on the Boy of the Period. An assertive person writes in the Chicago Mail entertainingly, though perhaps mistakenly, thus. It is food for thought to be taken cum grano salis The mother of to-day is paying marked attention to her son. The girl has been left to take care of herself. You don't believe this ? Look about you and see for yourself. In the vernacular of the street the mothet is "mashed" on her boy. He supplants his father's place in many respects. He goes off to the BEND FOR CIRCULAR. watering places with his mother, while Agents Wanted Everywhere. JUNE MANUFACTURING CO. his sister is often sent to some friend or relation. The father stays at home-Cor. La Salle Avenue and Ontario Street, that goes without saying. The boy is CHICAGO, ILL, not so expensive at the seaside, or

WHY IS IT That rheumatism and neuralgia are so prevalent? . This question has not been satisfactorily answered, but it is certain that these diseases are not only the most painful but among the most common, and some member of nearly every family in the land is the victim of one of these dread tormentors. Ladies seem to be peculiarly liable to neuralgic attacks, which, in the form of neuralgic headache, pain in the back, or nervous pains are of constant occurrence. Not until the discovery of Athlophoros had any remedy been found for either rheumatism, neuralgia or nervous headache, and they were generally con-ceded to be incurable, but Athlophoros has been proved to be not only a certain cure for these diseases, in all their varied forms, but a safe remedy. If, in the use of Athlophoros, the bowels are kept freely open, its success is certain, and to aid this, Athlophoros Pills are recommended, which, while providing the necessary cathartic, will be found to be a valuable aid to the action of the medicine. Athlophoros is no experiment, it has been tested and has proved its wonderful efficacy.

The Athlophoros Pills were originally prepared as a remedy for use in connection with Athlophoros, for rheumatism and neuralgia and kindred complaints. Used in connection with that remedy, they are a certain cure for either of these very com mon and distressing diseases. They have also been found to be an invaluable remedy for any and all diseases arising from vitiated blood or general debility. They are especially valuable for nervous debility, blood oisoning, dyspepsia, distress after eating, headache, constipation, loss of appetite, and all stomach or liver troubles. For diseases of women they are invaluable. These pills are perfectly harmless and may be safely used by adults or children. Testimonials of those who have been sured will be sent free on application. Every druggist should keep Athlophoros

and Athlophoros Pills, but where they cannot be bought of the druggist, the Athlophoros Co., 112 Wall St., New York, will send either (carriage paid) on receipt of regular price, which is \$1.00 per bottle for Athlophoros and 50c. for Pills.



-AND-SHOES

H. CHILDS & CO. Wholesale Agents, PITTSBURCH, PA.

OF

## At the Seal Islands.

As the females come up wet and dripping from the water they are at first a dull, dirty gray color, dark on the back and upper parts, but in a few hours the transformation made in their appearance by drying is wonderful. You would hardly believe that they could be the same animals, for they fairly glisten with a rich steel and Maltese grav lustre on the back of the head, the neck and along down the spine, which blends into an almost snow-white over the chest and on the abdomen. But this beautiful coloring in turn is again altered by exposure to the same weather, for after a few days it will gradually change, so that by the lapse of two or three weeks it is a dull refus-ochre below and a cinerons brown and gray mixed above. This color they retain throughout the breeding season, up to the time of shedding their coats in August.

These "bachelor" seals are, I am sure without exception, the most restless animals in the whole brute creation which can boast of light organization. They frolic and lope about over the grounds for hours witnout a moment's cessation, and their sleep after this is exceedingly short, and it is ever accompanied by nervous twiching and uneasy muscular movements. They seem to be fairly brimful and overrunning with spontaneity and to be surcharged with fervid electric life.

Another marked feature observed among the multitudes of "holhisdhickie" which have come under my personal observations and auditory, and one very characteristic of this class, is that nothing like ill-humor appears in all their playing together. They never growl or bite, or show even the slightest angry feeling, but are invariably as happy one with the other as can be imagined. This is a very singular trait. They lose it, however, with astonishing rapidity when their ambition and strength develop and carry them in due course of time to the rockery. The pups and yearlings have an especial fondness for sporting on the rocks which are just at the water level and swash, so as to be covered and uncovered as the surf rolls in. On the bare summit of these waveworn spots they will struggle and clamor in groups of a dozen or two at a time throughout the whole day in endeavoring to push off that one of their number which has been fortunate enough to secure a landing. The successor has, however, but a brief moment of exultation in victory, for the next roller that comes booming in, together with that pressure by its friends, turns the table, and the game is repeated with another seal on

# How Old Sam Came Home.

er. One stormy night the train was

for passengers the driver fell asleep.

hay and the manger with oats; then

they met him at the railroad station,

and after greeting him with three cheers

turned him loose, and watched to see

what he would do. First he went to

the hotel, where he used to stop for pas-

The Shakers of New Lebanon.

They are queer people to look at. If

they were not pitiful they would seem

# Resting After Meals.

A friend of the writer's, who has suffered from dyspepsia during almost her entire life, considers the suggestion in the following extracts from an article in a recent issue of The Journal of Heatth to be the most in accord with her own experience of anything on the subject lately published

Hurried eating of meals, followed immediately by some employment that occupies the whole attention and takes up all, or nearly all, of the physical energies, is sure to result in dyspepsia of one form or another. Sometimes it shows itself in excessive irritability, a sure indication that nerve force has been exhausted ; the double draught in order to digest the food and carry on the business is more than nature could stand without being thrown out of balance. In another case, the person is exceeding. ly dull as soon as he has a few minutes of leisure. The mind seems a dead blank and can only move in its accustomed channels, and then only when compelled. This, also, is an indication of nervous exhaustion. Others will have decided pains in the stomach, or a As a general family remedy for Dyspensia, Toroid Liver, Constipation, etc., I hardly ever use anything else, and have never been disappointed in the effect produced. It seems to be almost a perfect cure for all sense of weight, as if a heavy burden was inside. Others, again, will be able to eat nothing that will actee with discussion of the Stormeth and Bowels, W. J. McFelmov, Macon, Ga them ; everything that is put inside the stomach is made the subject of a violent protest on the part of that organ, and the person suffers untold agonies in con-D For Young Men and Boys, Media, Penn ▶ For Young Men and Boys, Media, Penn 12 miles from Philadelphia. Fixed price covers every expense, even books, &c. No extantiantion for ad-mission. Twelve experienced teachers, all men, and all graduates. Special opportunities for apt students to advance rapidly. Special drill for dull and backward boys. Patrons or students may select any studies or choose the regular Eng-lish, Scientific, Business, Classical or Civil Engi-neering course. Students hitted at Media Acad-emy are now in Harvard, Yale, Princeton and ten other Colleges and Polytechnic Schools. 10 stu-dents cent to ocligge in 1883, 15 in 1884, 10 in 1885. sequence. Others suffer from constant hunger. They may eat all they can and feel hungry still. If they feel satisfied for a little time, the least unusual exertion brings on the hungry feeling, and they can do no more until something is eaten. It is almost needless to say that other Colleges and Polytechnic Schools. 10 Stu-dents sent to college in 1853, 15 In 1854, 10 in 1855. A graduating class in the commercial department every year. A Physical and Chem-ical Laboratory, Gymnasium and Ball Ground. 1560 yols, added to the Library in 1853. Media this condition is not bonger, but inflammation of the stomach. Scarcely any two persons are affected exactly the 1560 vois, added to the Library in inservice the has seven churches and a temperance charter which prohibits the sale of all intoxicating drinks. For new illustrated circular address the Principal and Proprietor, SwiTHIN.C. SHORT-LIDGE, A. M., (Harvard Graduate) Media, Pa. same way, the disordered condition manifesting itself according to temperament and occupation, employments that call for mental work, and those whose scene of action lies indoors, af-



How's

Your Liver?

Is the Oriental salutation,

knowing that good health

cannot exist without a

healthy Liver. When ....

Liver is torpid the Bow-

els are sluggish and con-

stipated, the food lies

in the stomach undi-

gested, poisoning the

blood; frequent headache

cusnes ; a feeling of hasi-

tude, despondency and

pervousness indicate how

the whole system is de-

ranged. Simmons Liver

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means of restoring more

people to health and

happiness by giving them

a healthy Liver than any

agency known on earth.

It acts with extraor-

dinary power and efficacy.

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Warts, Moles, Calloures, &c. the fails. Sold by Drusselets at 15c. HISCON & Co., N. Y.





# an hour's chance to get its work well undertaken before the nervous force is turned in another direction, patients suffering from dyspepsia would be few.

fecting persons more seriously than

those which are merely mechanical and

All, or nearly all, of the difficulties of

ligestion might have never been known

by the sufferers had they left their busi-

ness behind them, and rested a short

time after eating, instead of rushing off

to work immediately after hastily swal-

Nature does not do two things at a

time, and do both well, as a rule. All

know that when a force is divided it ta

weakened. If the meal were esten

slowly, without pre-occupation of the

mind, the stomach allowed at least half

do not engage the mind.

lowing their food.

### Buying a Bonnet.

Is my hat done ?" inquired a coldooking lady at a millinery establish t one pleasant day last week.

Yes ma'am" politely responded the woman, "it is to be here in a mo-TU-01. 11

in assaistant soon brought up the bal, and while the customer was duly meeting it the proprietress ventured to lire :

How do you like it, ma'am ?" It's simply horrid," was the reply

But it is just as you ordered it." - ded the maker.

Yes something as I ordered," was he short and sneering answer.

I am sorry, but-" Well, never mind," broke in the imper, with set lips, "what's the ex-

111188 277 "A-b-o-u-t fifteen shilling, said the

p woman, timidly.

The money was paid over and the hat progred to the house, when the purchas-

sent out, and immediately exclaimed

in accompaning friend :

Isn't it perfectly lovely ?"

Yes," she replied, "it's ravishing. how could you talk so to that wo-

" "alk so !" exclaimed she of that hat y, if I had let her know how much I that hat she would certainly have charged me twenty-five shiftings, but now, you see, I've got it for fifteen 5100 ngs. 17

The other woman said she had not faland's tipe experience, and never like ici article again until after she had how ht it.

#### From Ocean to Ocean.

Over thirty-one years ago, Mr. Alfred Tra, of Passaic, imported from the banks if the Daura, in Portugal, a few of the Port trage vines, and commenced careful experand its for the purpose of producing a first-American Port, both formented and in for conted. He has been eminently sucis and now Speer's wine and unfer monted juice is known from ocean to ocean, and is endorsed by the best medical talent in the world as the best now produced for the use of invalids. For sale by all druggists.

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et author of "John Hallan, treathennal," etc. The Gray Woman, A Novel. By Mrs. Gashell, and "May Bartan, etc. "Sixteen Complete Stories by Portlar Authors, Sixteen Complete Stories by Portlar Authors, Sixteen Complete Stories of Authors, starters of turn, of railway life, etc., all vor Miller, Jasper Dann's Scoret, A Notel, By Eliss M. R. Jossi, and a strong a flored over, an entirely work open flore a denne A dernament, an entirely work open flore velopert, evolutioning was and president accelerations for making Notes having, wall perform a de-mention of making Notes having, wall, performing and also in illustrated.

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Leeful Knowledge for the Million, a handy The Home Cook Book and Family Physi-

, willing how accure all counting all-Manners and Customs in Far Away Lands,

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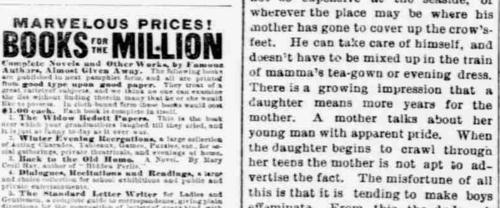
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AND MANUFACTURER OF



BEAUTIFULLY ILLUSTRATED. This Magazine portrays Ameri-UNDERTAKER, can thought and life from ocean to ocean, is filled with pure high-class

S. PIT TSBURGH, PA



mother. A mother talks about her young man with apparent pride. When the daughter begins to crawl through her teens the mother is not apt to advertise the fact. The misfortune of all this is that it is tending to make boys effeminate. From this the dude. A boy who grows up as the darling of his mamma won't "get there." as a rule. But if this be a misfortune there remains the consolation that the neglected girls, seeing that they must take care of themselves, become better women. The average boy of the present is puny, nervous and dyspeptic. His mother indulges him in caramels, cigarettes and late hours. She dotes on him. Our girls are growing healthier and are better developed. The boy goes out with his mother ; the girl is sent to her music or her books or the gymnasium. The next generation of women will be creditable to the sex. Take a stroll on the street, go to the theatre, or go into society and look upon the effeminate specimens of masculinity; then shut your eyes and see if you can imagine the result fifty years ahead.

# Wheat in America.

Concerning the introduction of wheat into America, reliable information is obtainable. It may be difficult in the present day to realize the fact that wheat was at one time unknown in America ; yet prior to the discovery of this continent by Columbus, there was no cereal in America approaching in nature to the wheat plant. It was not until 1530 that wheat found its way into Mexico, and then only by chance. A slave of Cortez found a few grains of wheat in a parcel of rice and showed them to his master, who ordered them to be planted. The result showed that wheat would thrive well on Mexican soil, and to-day one of the finest wheat valleys in the world is near the Mexican capital. From Mexico the cereal found is way to Peru. Marie D'Escobar, wife of Don Diego de Chauves, carried a few grains to Lima, which were planted, the entire product being used for seed for several successive crops. At Quito, Ecuador, a monk of the order of St. Francis, named Fra Jodosi Bixi, intro-

duced a new cereal ; and it is said that the jar which contained the seed is still preserved by the monks of Quito. Wheat was introduced into the present | TIN ROOFING a SPECIALTY. limits of the United States contemporaneously with the settlement of the country by the English and other European settlers.

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tid Temperance Ple DAD JUIN drink, wages of death, earse res E. Willing AGENTS WANTED. and terms to sents. Aldress H. W. KEL some of the people thought they would give him a reception. So they made



25 YEARS IN USE. The Greatest Medical Triumph of the Age!

Then he went over to his old home, SYMPTOMS OF A walked into his stall, smelt of the hay TORPID LIVER. Loss of appetite, Bowels costive, Pain in the bead, with a dull sensation in the back part, Pain under the shoulder-blade, Fullyces after eating, with a dis-inclination to exertion of body or mind, Irritability of temper, Low spirits, with a feeling of having neglected some duty, Weariness, Dizziness, Fluttering at the Heart. Dots before the eres, Headache over the right ere, Restlessness, with fadul decams, Highly colored Urine, and and oats, and gave a neigh, as if to express his satisfaction that everything was right, and then began eating, as if he had been away only a few days instead of years.

CONSTIPATION. CONSTIPATION. TUTT'S PILLS are especially adapted to such cases, one doso effects such a hange offeoling is to astonish the sufferer. They Increase the Appetite, and cause the body to Take on Flesh, thus the system is nourished, and by their Tonic Action on the Biggestive Organa. Regular Stools are produced. Price 25c. 44 Murray St. N.T. ridiculous. The men, as a rule, are tall, TUTT'S HAIR DYE GEAT HAIR OF WHISKERS changed to a GLOSST BLACE by a single application of his DTE. It imparts a natural color, acis instantaneously. Sold by Druggists, or tent by express on receipt of \$1. Office, 44 Murray St., New York.

NOT DEAD YET VALLIE LUTTRINCER.

MANUFACTURES OF of them, say never a word. A smile TIN, COPPER-AND SHEET-IRON WARD seems a sin. They pay great attention

to dietetics, but are mostly poor subjects AND TIN ROOFING. Respectfully invites the attention of his friends and the public in general to the fact that he is still carrying on business at the old stand opposite the Mountain House, Ebensburg, and is prepared to supply from a large stock, or manufacturing to or-der, any article in his line, from the smallest to the largest, in the best manner and at the lowest living prices. physicially. Any student of religion from the stand point of social utility would find them a valuable field of investigation, just as all abnormal cases throw light on the vexed problems of

living prices. No penitentiary work either made or sold at this establishment. any science. The women appear better. There is

Give me a ca and satisfy yourselves as to my work and prices. V. LUTTRINGER, L<sup>2</sup>-ensburg, April 13, 1883-11. about them unless they are over 35. when, as a rule, they show physical de-

Important to Canvassers.

.

••

In the city of Coldwater, Mich., there is a large sorl horse known by the name of Old Sam. He is the most popula torse in town. In his younger days he was used as an omnibus horse, and he and his mate, a large bay. were so well trained that they would turn up to the principal hotel and back the omnibus up to the sidewalk to let the passengers out without being guided at all by the driv-

late, and while waiting at the station Carriage Making in all its Branches. Painting, Trimming

Old Sam and his companion, after and REPAIRING of all kinds done on standing about as long as usual, started the SHORTEST NOTICE and the LOWEST up town on their own account, backed PRICES. Also, Planing, Sawing and Wood Turnup at the hotel in the usual way, and ing with improved machinery. Also, all kinds of then went over to the livery stable where neavy work;done. Carriage;smith shop;connected they were kept. When the war broke ably dealt with All work warranted. D. M. CHUTE. All parties trusting me with work will be honor out the citizens of Coldwater equipped

the Loomis Battery with some of the finest horses that went into the army, Pennsylvania Agricultural Works, York, Pa. and among them was Old Sam. He was in a great many battles, but came Bend for Illustrat Galague out unhurt, and at the close of the war the soldiers bought him of the Government and presented him to Gen. Loomis. who first commanded the pattery. On the return of Old Sam to Coldwater



sengers and looked around a little. for the Scholastic Year, \$200. March 26th, 1886, 14.

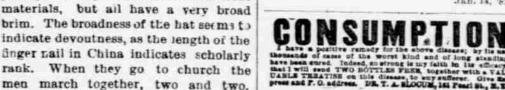
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NTENDING ADVERTINERS should ad-

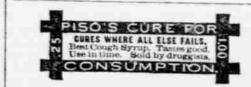
GEORGE P. ROWELL & CO., 10 Spruce Street, New York City FOR SELECT LIST OFI, 000 NEWSPAPERS Will be sent free on application,

thin, bent. They dress in conventional THE PLUMED KNIGHT. For \$1.00 we will be Extra FineCigars of the above brand. garments of dark colors, which fit them like covers on bicycles; not as well. SCHWARTZ & KLINE, Robesonta, Pa. perhaps. The y wear hats of different

Jan. 14, 87



They bend slightly, fix their eyes ahead E want SALESMEN everywhere, is and traveling, to sell our goods. W pay good salary and all expenses. Wr for terms at comparison of the second want SALESMEN everywhere, local STANDARD SILVERWARE COMPANY, contents fall into a vat full of pul



# peculiar cheeriness and sweetness ESSENTIAL OILS WINTERGREEN, PEPPERMENT, PEN-

cadence disproportionate to their years. NY ROYAL, SPEARMINT. &c.

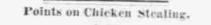
out her head and shake it, so she can cackle. A chicken can't cackle if she can't shake her head, and she doesn't quawk unless something is hurting her o the birds are taken and are placed in the bag, where they lie still and make no fuss. If the chickens roost high o are up in a tree, you take a long pole with a crutch top, and poke them under the breast with the end of it. They will rise up and then step on to the Jan. 14 '87

crutch and remain there quietly until you lift them off with your hand. The chickens evidently think the crutch is a swaying branch striking them on the breast, and they conclude it is the best to get on the swaying branch."

# Origin of Blue Writing Paper.

A singular story in recorded concernng the origin of blue-tinted paper now so much in vogue for commercial uses The wife of an English paper manufacturer named William East, going in the factory on the domestic washing with an old-fashioned blue-bac let She thought nothing of the inciden and said nothing about it either to he husband or his workmen. Great wi the astonishment of the latter when the paper turned out a peculiar blue color while the master was vexed at what be regarded as gross carelessness on the part of some of the hands. His wifewise woman-kept her own counse The lot of paper was regarded as un pean settlers. How to Adorn a Cheap Clock. A cheap clock may be made very at-tractive in this way: Take two cigar boxes, cut a hole in one, just the size of the face of the clock, and tack the box

A physician once said : "It does not much matter what we eat, but how we eat it." While this is only partly true, it certainly is true that the most healthful food hurriedly eaten, and immedistely followed by work which engages the entire available physical and mental forces, is much worse than a meal of poor food eaten leisurely and allowed by an interval of rest.



"Well, tell me, how do you get the hickens without making a noise ?" "That's an art, and a man has to serve an apprenticeship."

"I suppose you grasp them by the neck, and that they die as they go loto the bag ?"

If they are low down, you put your

hand gently under them and let their

legs go between your fingers. You lift

the hen up slowly and she does not make

any fuss. About the time she finds out

what's the matter she's down in a dark

bag, where she can't have room to run

Ebensburg, October 24, 1884. "Oh, you are funny. What's the use killing a chicken before you sell him? Sell him better with his overcoat on Parquhar's Stundard Engines & Baw Mills. anyway. No ; you go up to the cost and after you have felt around softly unti you strike the wire that runs to the alarm bell or to the spring gun, you BU A. B. FARQUHAR, Lork, Pa. twist the wire off or cut it. Then you go into the chicken house, and you see the chickens roosting on their perches.



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