

OATMEAL AS FOOD.

Says an Irish proverb, oatmeal is a food of great strength and nutrition. It is a food of great service as brain food, it contains phosphorus enough to keep a man going on an ordinary amount of brain work in good health and vigor.

The two principal ways of cooking oatmeal are porridge and cake (bannock), which I will describe in detail. The first, then, we will commence with a receipt for porridge. To three pint of boiling water add a level teaspoonful of salt and a pint of coarse meal, stirring while it is being slowly poured in; continue stirring until the meal is diffused through the water—about eight or ten minutes. Cover it closely then, and let it simmer for an hour; avoid stirring during the whole time.

HOW DID THE DOG COME BY HIS NAME? In a late number of the Popular Science Monthly there is a very interesting article, which details the experiment made by a certain Ohio physician to ascertain whether the faculty which some animals possess of returning to their homes by a nearly direct course after being carried to a great distance by a circuitous route is to be attributed to sense, memory or any other intelligible cause.

A dog was made insensible with ether at Cincinnati, put into a wicker basket, started on a train of the Cincinnati Southern Railroad, and arrived at Danville Junction, thence to Crab Orchard, and finally north to a hunting rendezvous near Berea, in Madison county. This circuitous route was taken because on a former occasion when the dog had returned from a point one hundred and sixty miles distant from his home, it was suspected that he might have come by the same route, but by reversing his course on the railway by which he had come. At Berea the dog was shut up securely over night and well fed. The next morning he was taken to a certain point, where he was given a knob at some distance from the railway, and let loose. Without any preliminary survey he slunk off into a ravine, scrambling up the opposite bank, and struck first on a road that led to a swift gulch, not toward Crab Orchard, i. e., southeast, but due north, in a line for Cincinnati. He ran not like an animal that is lost, but like a man on horse on a tramway, straight ahead with his nose well up, as if he were following an air line toward a visible goal. He made a detour to the right to avoid a lateral ravine, but further he resumed his original course, leaped a rail fence and went headlong into a copse of cedar bushes where they finally lost sight of him. The next day the experiments were forwarded to the owner by rail and on the afternoon of the next day, after receiving this report the owner set the dog free at Cincinnati, "wet, full of burr, and remorse, and apparently ashamed of his tardiness."

THEIR CURIOUSNESS.—It has long been known, through the reports of travelers, that in certain arid districts of Africa water is often found, even in the driest seasons, in hollow trunks of the great baobab tree. It is supposed that this provision of water was, so to say, natural; but it appears from the investigations of officers attached to the Egyptian army, that the Egyptian government that these baobabs are neither formed nor filled by the accidents of nature. They are in reality prepared for the use of the inhabitants of the country who carelessly move the decayed and spongy fiber from the interior of the trunk and laboriously transport the water to the cisterns thus made, beneath the baobabs, by digging long pools in which it collects at the rainy season. The importance of these reservoirs is illustrated by the fact that the baobabs are not cut down, and that individual trunks have been measured which might store 30,000 gallons of water. It would be well for the Egyptian government to organize a service for the protection and maintenance of these trees on the best roads and telegraph lines that connect the season of rains, and thus insured water during the dry season for much travel. But when troops were moved in that direction the baobabs were abandoned, and neglected to be cut down, and the road became as good as impassable.

A WONDERFUL INVENTION.—A letter to the Scientific American from the inventor describes the operation of a "circular saw" which cut in two a steel bar without touching it! The saw is merely a circular iron disk with smooth edge which is caused to revolve 2,300 times a minute. A steel bar placed in the stream of motion steel without being burnt. These are wonderful facts and await the explanation of theorists.

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READ PROOF OF WONDERFUL CURES. The H. J. Kendall & Co. - Gents: I think it my duty to send you my thanks for benefits and profits which I have derived from your invaluable and safe Spavin Cure. My horse and I had a valuable trial worth \$1,000 which had a very good result. I was cured of my spavin, and my horse was cured of his.

Kendall's Spavin Cure. The H. J. Kendall & Co. - Gents: I have a very fine mare that had a spavin for a long time. I used your Spavin Cure, and she was cured in a few days. I am very much pleased with the result.

Kendall's Spavin Cure on Human Flesh. The H. J. Kendall & Co. - Gents: I have a very fine mare that had a spavin for a long time. I used your Spavin Cure, and she was cured in a few days. I am very much pleased with the result.

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THE AUTOMATIC UNDERSHIRT

There is one shirt in the world which has come to the relief of perishing humanity with what promises to be the most valuable invention of the present age. This is "Johnson's Automatic Undershirt," a garment which, so to speak, changes itself and automatically modifies its warmth in accordance with the state of the thermometer.

There is precisely one objection to which the cavalier may make to this marvelous invention. It is that it will become uncomfortably logan in the warm weather approaches. The inventor has anticipated this objection in sections neatly laid together, so that it can be shortened to any extent, and at any time, and the fact that it will readily fold itself flat, and be carried in a pocket, is another advantage.

From a PROMINENT PHYSICIAN. The H. J. Kendall & Co. - Gents: I have a very fine mare that had a spavin for a long time. I used your Spavin Cure, and she was cured in a few days. I am very much pleased with the result.

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HOME, SWEET HOME

There is an artist residing in the village. He is a thoroughly good fellow, but is somewhat eccentric and self-opinionated. He is a cat and dog artist, and his work is of a high order.

On the night in question he sprang up and started out to conquer. The boys had ensconced themselves behind the fence. A cat came over here. He was whistling "Home, Sweet Home" for all it was worth. He walked up and down in front of the fence whistling his good old tune until his mouth looked like a puffy blower.

"BETWEEN THE BLANKETS." The early settlers of Kentucky had to work hard and fight often with the Indians. Their holidays were few, but whenever men met some sort of a physical contest was the amusement of the occasion. A Methodist minister, who lived in Kentucky during the beginning of this century, tells of a curious sport he once witnessed—a battle with five brands for weapons.

There was but one rule of war—no brand should be thrown without first upon it, so that it might be seen and dodged. For two hours the battle continued in perfect good nature. But, as the five became low, burning brands grew scarce. The rule was broken and the battle in play was beginning to be a fight in the dark.

TESTIMONIALS. I have used the Chinese Cream Camphor for Rheumatism and Neuralgic Headache, and have found it to be a most effective remedy. It is a most valuable preparation for all kinds of rheumatism and neuralgia.

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THE GREAT REMEDY FOR THE RELIEF OF PAIN IN MAN AND BEAST! Commends the attention of all who have been afflicted with RHEUMATISM, NEURALGIA, HEADACHE, BACKACHE, FROSTED FEET, STIFF JOINTS, and all pains in every portion of the body.

It relieves Sprained Joints, Thrush in Feet, Sweeney, Poll Evil, Blood and Bone Spavins, Ringbone, and all hard tumors of the horse. It is a most valuable preparation for all kinds of rheumatism and neuralgia.

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For all Female Complaints. This preparation is of an easy operation, and its use is recommended by the most eminent physicians of the world.

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WASTE LANDS

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