

FRUIT AS A MEDICINE.

The irregular eating of unripe fruit is well-known to be unwholesome. The regular and moderate use of well ripened fruit is not so widely appreciated as contributing to health.

But the fruit will not only prevent disease, but in some instances it has proved one of the best medicines to cure it. Many years ago a chronic cough which had excited a good deal of uneasiness, was cured by daily eating ripe raspberries.

We mention these various facts as an additional inducement for the planting of fruit trees and plants, in addition to the claim of comfort and the luxury of a constant succession of fruit throughout the year.

FARMERS should be on their guard. A new dodge of swindling has been put in operation. Several strange men drive through an agricultural district. They stop at all the farm houses and make a contract to take all the butter the farm can furnish at fifty cents a pound.

MEASURING CORN IN BULK.—Multiply the length, width, and height together by inches, and divide the product by 3,888. This will give the number of bushels in the crib or wagon box.

FACIAL NEURALGIA.—Procure a half-ounce of the oil of peppermint, and with a camel's-hair brush, paint the parts of the face where the pain is felt.

The latest advance in refining the En fish language is, instead of saying "is raising old Harry," to remark that he "is elevating ancient Harry."



NO. 4 BULFINCH ST., BOSTON. (Opposite Revere House.) THE SCIENCE OF LIFE; Or, Self-Preservation.

JUST published by the PEABODY MEDICAL INSTITUTE, a new edition of the celebrated medical work entitled THE SCIENCE OF LIFE, OR SELF PRESERVATION.

The Science of Life is beyond all comparison the most extraordinary work on Physiology ever published. It is the Science of Life, or Self Preservation. The author has returned from Europe in excellent health, and is again the Chief Consulting Physician of the Peabody Medical Institute.

It should be read by the young, the middle-aged and even the old. It is a work of skill and professional science, as presented to the author of these works, and is a presentation was noticed at the time of its publication throughout the country.

Ayer's Hair Vigor. For restoring to Gray Hair its natural Vitality and Color.

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For Lake Geneva, Four Through Trains daily, Pullman Cars on night trains, Parlor Chair Cars on day trains.

AGRICULTURAL.

PACKING APPLES FOR WINTER.—Under the term packing we include the whole operation of storing and keeping after picking, until finally disposed of. We recommend as the best articles to pack in, a well made, clean, new barrel, holding two and one-half bushels, and perfectly seasoned, and dry when the fruit is put in it.

We greatly prefer to put the fruit immediately into the barrel in the orchard, and head up the barrel before it is moved, to the method so often recommended of packing and carrying to some outhouse or chamber to cure before packing; as it saves much labor, involves less risk of bruising, and requires less time.

Another reason for choosing tight packages is that light and air in conjunction with warmth rapidly change the structure or internal condition of the fruit and induce decay.

There is no question but that it will always pay to pack apples as herein directed, even if they are to be sold immediately, and there were never so many apples on the market but there would be remunerative prices paid for such by any parties knowing how they were picked and packed.

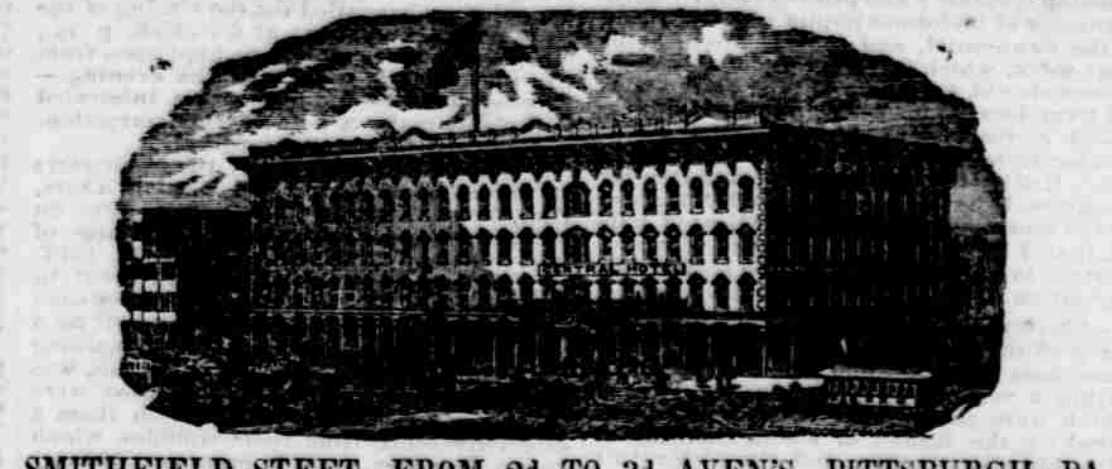
A very simple and effective implement for pressing down the head of the barrel, as required in this process, can be made by taking two rods of one-fourth inch iron, a little longer than the barrel, make a hook at one end by simply bending over about one half inch, and hooking the other ends into a ring about three inches in diameter, made of three eight inch iron, and placing one end in the ring, previously hooking the other ends of the rods on the lower chimes of the barrel, and having a block about eight inches in diameter to lay on the head of the barrel, put the lever on this block and press the head to its place and hold it while the hoops are driven.

In commencing to fill the barrel with the apples, some advise placing the layer all with stem down, which gives a fine appearance when opened, and helps to sell it; of course there is no harm in doing so, provided you do not select larger and better specimens for that layer, as looks are to be regarded as desirable just as long as they do not deceive.

A cheap fertilizer consists of sulphate of ammonia, 60 lbs.; nitrate of soda, 40 lbs.; ground bone, 250 lbs.; plaster, 250 lbs.; salt, 1-2 bushel; wood ashes, 3 bushels; stable manure, 20 bushels. Apply the above amount to six acres. Labor in preparing included, it costs about \$15. It is said to give as good results as most of the commercial fertilizers costing \$50 per ton.

The question whether farming pays is a question as to whether labors pay which are intrinsically healthful to the individual and useful to society, and whose sure rewards is independence and competence. To this there can be but one answer.

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BUY SMALL TREES.

The average American is in a hurry to realize on his investment. If he orders a few garden seeds, January he is anxious to have them sent immediately; and if he orders six cents for a copy of some paper which contains a story of which he has read or heard about, he does not forget to request the publisher to send it "by return mail."

This tendency crops out very often when he purchases trees. He orders them described in the catalogue as "second-class," "medium," "first-class" and "extra." The difference in the classes is principally in the size and height of the trees. The larger the trees the higher the price—but the farmer "don't know anything about that."

In half a dozen years the tree was small when planted, but in half a dozen years the tree was large and the larger the roots the less there will be upon them. A tree has plenty of fibrous roots which will readily if proper care is used in transplanting; but no amount of skill can coax a tree to live and flourish which is destitute of these little fibres.

THE DISCOVERY OF FIRE.—Fire is a common source of heat, of light, of life, and the active principle of multitude of industries, and of manufacturing industry in particular.

A GOOD CLEANSER.—To clean wood-work, save the ten leaves for a few days, then steep them in a quart of water for half an hour, strain through a sieve, and use the tea to wash the varnished paint. It requires very little "elbow polish," as the ten leaves are strong d terpenes, cleansing the paint from all impurities and making the varnish equal to new. It cleanses window sashes and oil cloths; indeed, varnished surface is improved by its application. It washes panes of glass mirrors much better than water, and is excellent for cleaning black wood picture and looking glass frames.

FEVER AND AGUE CURE.—The communists of the Waldford, Conn. community have discovered a very simple remedy for fever and ague. For some years past this disease had been so prevalent in the region that two years ago the communists were thought of abandoning their property and flourishing business in that place. But the idea was suggested of trying a heated stove in a small room, including a profuse perspiration, followed by a shampooing and thorough cleansing of the body, with both warm and cold water; and the remedy was found to be a thoroughly effective remedy. Not only the communists themselves, but the people of the entire region round about, have resorted to the remedy, and have been thoroughly cured.