

THE FASTING SWINDLES.

The case of "the Welsh fasting girl" recently watched to death by four nurses from Guy's Hospital, is but one of a long series of similar examples of apparent abstinence from food beyond possible limits.

In more immediately modern times numerous cases of this sort have been reported, prominent among which in America will be remembered Mrs. Simon Hays, who was reputed to have lived for more than two years without visible means of sustenance.

TWO MEALS A DAY--If any man or woman of forty-five or over, not engaged in hard manual labor, especially the studious, sedentary and indoor lives, would take but two meals a day for one month, the second not being later than three in the afternoon, and absolutely nothing afterwards, except it might be in some cases an orange or lemon, or cup of warm drink, such as tea, brown, sugar-water, or ice cream, there would be such a change for the better in the way of sound sleep, an appetite for breakfast, a buoyancy of disposition during the day, with a gentleness of temper and manner, that few, except the animal and the glutton, would be willing to go back to the flesh pots of Egypt.

A. C. DIBERT, with BOKER & BROTHERS, Manufacturers and Wholesale Dealers in CITY AND EASTERN MADE BOOTS AND SHOES.

MOUNTAIN HOUSE, EMBERSBURG. R. P. LINTON & CO., Proprietors. The Table is always supplied with the choicest delicacies; the Bar is supplied with choice liquors, and the STABLE attended by careful drivers.

DENTISTRY?

DR. JOHN FRY, Assisted by his Daughter, Having permanently located in Johnstown, is prepared to receive all professional calls, and insert ARTIFICIAL TEETH on genuine Rubber (Vulcanite) Base, or, if preferred, be will insert them on Gold (Goldsilber) base.

TESTIMONIALS. We the undersigned, citizens of Latrobe and Leggett, Pa., do hereby certify, that we have submitted the following as evidence of our estimate of Dr. Fry's abilities as a Dentist:

WOOD, MORRELL & CO., WASHINGTON STREET, Near Pa. R. Depot, Johnstown, Pa., Wholesale and Retail Dealers in FOREIGN AND DOMESTIC DRY GOODS.

DR. H. B. MILLER, Aitona, Pa., Operative and Mechanical DENTIST. Office removed to Virginia street, opposite the Lutheran church.

DR. D. W. ZIEGLER, Surgeon Dentist, will visit EMBERSBURG professionally on the SECOND Monday of each month, and remain one week during which time he may be found at the Mountain House.

JAMES J. OATMAN, M. D., tenders his professional services as Physician and Surgeon to the citizens of Carrolltown and vicinity.

R. J. LLOYD, successor to R. S. BURN, Dealer in Drugs, Medicines, Paints, &c. Store on Main street, opposite the "Mansion House."

D. McLAUGHLIN, ATTORNEY AT LAW, Johnstown, Pa. Office in the Exchange building, on the Corner of Clinton and Leucht streets.

JOHN P. LINTON, ATTORNEY AT LAW, Johnstown, Pa. Office in building on corner of Main and Franklin street, opposite Mansion House.

R. L. JOHNSON, J. R. SCANLAN, JOHNSTON & SCANLAN, Attorneys at Law, EMBERSBURG, Cambria Co., Pa. Office opposite the Court House.

A. KOPELIN, T. W. DICK, EMBERSBURG, Attorneys at Law, EMBERSBURG, Pa. Office with Wm. Kirtell, Esq., Colonnade Row.

G. L. PERSHING, ATTORNEY-AT-LAW, Johnstown, Pa. Office on Franklin street, up-stairs, over John Renton's Hardware Store.

JOHN FENLON, ATTORNEY AT LAW, EMBERSBURG, Pa. Office on High street, adjoining his residence.

W. M. SECHLER, ATTORNEY-AT-LAW, EMBERSBURG, Pa. Office in rooms recently occupied by Geo. M. Rea, Esq., in Colonnade Row, Centre street.

GEO. M. READE, Attorney-at-Law, EMBERSBURG, Pa. Office in new building recently erected on Centre street, two doors from High street.

F. P. TIERNY, ATTORNEY AT LAW, EMBERSBURG, Pa. Office in Colonnade Row.

JOSEPH McDONALD, ATTORNEY AT LAW, EMBERSBURG, Pa. Office on Centre street, opposite Linton's Hotel.

WILLIAM KITTELL, ATTORNEY AT LAW, EMBERSBURG, Pa. Office in Colonnade Row, Centre street.

EBENSBURG FOUNDRY AGAIN IN FULL BLAST!

NEW FIRM, NEW BUILDINGS, &c. HAVING transferred the well known EBENSBURG FOUNDRY from Mr. G. G. Glave, and rebuilt and enlarged it almost entirely, besides outfitting it with new machinery, the subscribers are now prepared to furnish COOK, PARLOR & HEATING STOVES, of the latest and most approved patterns.

WOOD, MORRELL & CO., WASHINGTON STREET, Near Pa. R. Depot, Johnstown, Pa., Wholesale and Retail Dealers in FOREIGN AND DOMESTIC DRY GOODS.

ZANN & SON, DEALERS IN DRY GOODS, GROCERIES, HARDWARE, QUEENSWARE, Hats, Caps, Boots, Shoes, AND ALL OTHER ARTICLES.

DRY GOODS, GROCERIES, HARDWARE, QUEENSWARE, Hats, Caps, Boots, Shoes, AND ALL OTHER ARTICLES.

WOOL AND COUNTRY PRODUCE TAKEN IN EXCHANGE FOR GOODS! STORE ON MAIN STREET.

Next Door to the Post Office, June 10, 1869. EBENSBURG, PA.

LADIES' FANCY FURS! JNO. FAHREIRA, 718 Arch St., Middle of the Block, bet'n 7th and 8th Sts., south side.

LOOK WELL TO YOUR UNDERSTANDING! BOOTS AND SHOES For Men's and Boys' Wear.

The undersigned respectfully informs his numerous customers and the public generally that he is prepared to manufacture BOOTS and SHOES of any desired size or quality.

JOHN GAY, AM. WELSH, GAY & WELSH, Successors to Gay & Painter, WHOLESALE Grocers and Commission Merchants.

W. M. SECHLER, ATTORNEY-AT-LAW, EMBERSBURG, Pa. Office in rooms recently occupied by Geo. M. Rea, Esq., in Colonnade Row, Centre street.

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JAMES C. EASLY, ATTORNEY-AT-LAW, Carrolltown, Cambria Co., Pa. Collections and all legal business promptly attended to.

H. KINKAD, Justice of the Peace and Claim Agent--Office removed to the office formerly occupied by M. Hasson, Esq., Dec'd, on High St., EMBERSBURG.

W. M. SECHLER, ATTORNEY-AT-LAW, EMBERSBURG, Pa. Office in rooms recently occupied by Geo. M. Rea, Esq., in Colonnade Row, Centre street.

Ayer's Hair Vigor,

For restoring Gray Hair to its natural Vitality and Color.



A dressing which is at once agreeable, healthy, and effectual for preserving the hair. Tided or gray hair is soon restored to its original color with the gloss and freshness of youth.

HAIR DRESSING, nothing also can be found so desirable. Containing neither oil nor dye, it does not soil white cambric, and yet lasts long on the hair, giving it a rich glossy lustre and a grateful perfume.

Prepared by Dr. J. C. Ayer & Co., PRACTICAL AND ANALYTICAL CHEMISTS, LOWELL, MASS.

Ayer's Cherry Pectoral, For Diseases of the Throat and Lungs, such as Croup, Croup, Whooping Cough, Bronchitis, Asthma, and Consumption.

Probably never before in the whole history of medicine, has anything won so widely and so deeply upon the confidence of mankind as this excellent remedy.

Ayer's Cherry Pectoral, For Diseases of the Throat and Lungs, such as Croup, Croup, Whooping Cough, Bronchitis, Asthma, and Consumption.

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1870. A NEW THING, 1870. A BIG THING.

And a GOOD THING in EBENSBURG. ROYALTY SUPERCEDED!

The "House of Tudor" Surrendered TO THE SMALL FRY!

NEW STORE! NEW GOODS! New Inducements!

High Street! Low Prices!

A. G. FRY Has taken possession of the rooms on High Street, (three doors from Centre Street), recently occupied by R. H. Tudor, into which he has just introduced a mammoth assortment of

DRY & DRESS GOODS, Groceries, Hardware, &c., consisting of everything and much more than any dealer in this "neck of timber" has ever pretended to keep, and every article of which will be SOLD VERY CHEAP FOR CASH!

NO DEALER KEEPS BETTER GOODS! NO DEALER SELLS CHEAPER! NO DEALER SELLS MORE!

TRY FRY! TRY FRY! TRY FRY! Buy from Fry! Buy from Fry!

TRY FRY IF YOU WANT TO BUY the best Dress Goods at the lowest prices.

TRY FRY IF YOU WANT TO BUY Muslin, Checks, Ginghams, Tickings, Shirtings, Denims, Drills, Jeans, Cloths, Cassimeres, Sateenes, Dolomites, Lawns, Prints, &c., &c., and wish to get the full worth of your money.

TRY FRY IF YOU WANT TO BUY Boots and Shoes for Men's, Ladies' and Children's wear, unexcelled in quality and nowhere undersold in prices.

TRY FRY IF YOU WANT TO BUY Hardware, Queensware, Glassware, Carpets, Oil Cloths, &c., of the handsomest styles at the lowest prices.

Oh my! my eye! it is no lie. That the Dry Goods Store and Grocery Just opened by A. G. Fry, On the street called High.

More for your money you can buy Than from any one else, far or nigh.

I design to keep a full line of DRESS GOODS of the most desirable styles and textures, and as I am determined to sell as CHEAP AS THE CHEAPEST, I respectfully solicit a call from all the Ladies, and especially from those who have been in the habit of visiting other places to make their purchases.

Wholesale and Retail Dealer in GREAT REDUCTION IN PRICES! TO CASH BUYERS!

AT THE EBENSBURG HOUSE-FURNISHING STORE.

The undersigned respectfully informs the citizens of EMBERSBURG and the public generally that he has now a great reduction in price to CASH BUYERS.

Wholesale and Retail Dealer in GREAT REDUCTION IN PRICES! TO CASH BUYERS!

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1870. WINNER. 1870.

I am now prepared to offer SUPERIOR INDUCEMENTS TO CASH PURCHASERS OF TIN, SHEET-IRON & COPPER WARE.

My stock consists in part of every variety of TIN, SHEET-IRON & COPPER WARE, COPPER AND BRASS WARES, ENAMELED AND PLAIN SAUCE-PANS, BOILERS &c.; COAL SHOVELS, WINE TAPERS, OIL CANS, HOUSE-FURNISHING HARDWARE OF EVERY KIND.

Spent's Anti-Rust HEATING AND COOKING STOVES, FACELIOR COOKING STOVES, NOBLE, TRIUMPH AND PARLOR COOKING STOVES.

And any Cooking Stove desired I will get when ordered at manufacturer's prices--Old Stove Plates and Grates, &c., for repairs, on hand for the Stoves I sell; others will be ordered when wanted. Particular attention given to Spouting, Valleys and Conductors, all of which will be made out of best materials and put up by competent workmen.

Lamp Burners, Wick and Chimneys WHOLESALE OR RETAIL. I would call particular attention to the Light House Burner, with Glass Goggles, for giving more light than any other in use. Also, the Regulator Burner, for Grates Oil.

SUGAR KETTLES AND CAULDRONS of all sizes constantly on hand. Special attention given to Jobbing in Tin, Copper and Sheet-Iron, at lowest possible rates.

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NEW ARRIVAL AT THE EBENSBURG STOVE, HARDWARE AND GENE HOUSE-FURNISHING STORE.

Consisting of THE LARGEST ASSORTMENT OF SLEIGH BELLS Ever brought to EMBERSBURG.

THE LARGEST LOT OF BOYS' SKATES AND SHOES Ever brought to EMBERSBURG.

Also, a large stock of CHIPPERS' SLEIGH BASKETS, SOAP STOVES, GRIDDLES, HORSE-COLLAR SHOES and HORSE-SHOES.

And a general assortment of all articles in line of business.

ALL WILL BE SOLD FOR CASH! GEO. HUNTLEY, EMBERSBURG, Dec. 2, 1869.

FIRE! FIRE! FIRE! DO YOU HEAR THAT, FIRE! AND ARE YOU PREPARED TO OBEY THE SUMMON?

This fire is not common you have seen it before and have bought one of those ever-ready-made FURNISHING COATS to keep you warm and dry. Water them off from 10 to 20, and you are ready for any emergency.

NO FIT. NO CHARGE. Mr. WOLFF has just returned from the READY MADE CLOTHING DEPARTMENT.

Now contains the largest assortment of varied assortment, and also a special assortment of WINTER GARMENTS FOR MEN'S WEAR.

EVER DISPLAYED IN ALTON OVERCOATS, from the best Cashmere to the finest Broad-cloth. Full Suite of Clothing at half price from \$1.50 to \$3. Vests from 25c. Also, a general variety of NOTIONS & FURNISHING GOODS.

Next door to the Post Office.

FARMERS, Look to Your Interest! AND BUY ONE OF SPROUT'S COMBINED HAY FORK AND KNIFE MANUFACTURER.

THE BEST AND ONLY PERFECTLY COMBINED HAY FORK AND KNIFE MANUFACTURER.

As only a limited number can be made, the country, order for it early. Hay Fork and Knife Manufactured by GEORGE HUNTLEY, EMBERSBURG.

Who can also supply WOODEN PUMPS which are far superior to Iron Pumps. STEEL GRAPPLERS for fastening to beams or rafters--the most complete tenons yet introduced, as they can be taken down without the use of tools.

REVERE THE MEMORIES OF FRIENDS DEPARTED. MONUMENTS, TOMBSTONES.

The subscriber still continues to make use of the best material and in the most workmanlike manner, at the Loretto Marble Works.

all kind of MONUMENTS AND TOMBSTONES, as well as TABLE and BED-ROOMS, and all other work in his line, but the best American and Italian marble used, and perfect satisfaction guaranteed in all cases at prices as low as the market.

See specimens and judge for yourself as to the merits cheapness of my work. JAMES WILKINS, Loretto, March 12, 1868.

FARMERS NOT FAIL TO GET ONE OF THE JUSTLY CELEBRATED Lima Double-Geared WOOD-SAWING MACHINES FOR WHICH GEORGE HUNTLEY, EMBERSBURG, PA. Is Sole Agent for Cambria County.

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