

Timely Millinery



By JULIA BOTTOMLEY.

JUST the most beautiful of all millinery is shown in the exquisite hat of black velvet mounted over a wired cap of gold tissue with two gold roses at the side. Lewis of Paris won the first prize at the fashion exhibition with a big hat mounted over a lace cap. He must have lost it if this exquisite New York model had been a competitor. But the idea was new then and seized upon by the Paris designers as one would seize upon gold coins lying about the streets. In fact, a good new idea is the same thing—it can readily be coined into substantial money.

This charming hat is very large and apparently very simple. But let no one be deceived as to its simplicity.

The trimming is a dull metallic wing-like ornament in gold and silver. The shape is perfection, forming a background against which the face, neck and shoulder become a picture.

Another extremely large hat, covered with Duchesse lace, is shown in Fig. 2. The brim droops without an upwards flare, and is not quite so graceful as in the first hat, but is found more becoming to certain types of faces. The trimming of ostrich is a fancy mounting and combination of rich Persian coloring, is the note of climax in the model, which has been much admired.

Either of these demonstrate how wide a brim may be, and still leave no doubt as to its beauty.

IN CLOUD GRAY CASHMERE

Simple Girlish Dress That Will Set Off the Charms of the Young Lady.

A simple girlish dress this, in cloud gray cashmere; the skirt measures not more than two and one-half yards round, and is trimmed with two stitched straps with rounded ends in which buttons with cord loops are sewn.

The bodice and sleeves are cut together, the fronts crossed at waist, and forming a "V" shaped opening.

CALLS FOR COMMON SENSE

Some Simple Rules for Girl Who Finds It Necessary to Diet—Beware of Excess.

Here are a few rules that the girl who is determined to diet does well to observe. There is too much trifling with our digestion these days, and not the least harm is done by the notion for undereating.

Never diet on the advice of a friend. Her plan may have done wonders for her and will put you to bed or make you a sorry-looking wreck. Don't diet to excess at any time. Girls, make sure your doctor knows dietetics. Many physicians, good in other things, have little knowledge of the effect of food upon the system.

If you must diet from a cause, as from diabetes or kidney trouble, do it religiously; almost better not begin than to do it spasmodically, letting up whenever food tempts you.

If you only diet for the sake of figure or complexion, count the cost before starting. Cutting out the foods of ordinary family meals is hard. Ask yourself: "Which means most to me, the loss of a few pounds or being a nuisance at mealtime?"

Don't keep on dieting if you feel that it disagrees with you. This holds good even when your food list is carefully censored by a physician. The best of them will make mistakes. Find out in time what is wrong.

Don't diet to excess at any time. Women often go to the point of weakening the entire system by injudiciously following a doctor's advice.

Common sense and moderation are good things to hold to in the matter of food.

Veils of the Season.

Stylish and becoming are veils of white ring net with the rings in black and a fine black lace border to match.

The winter's veils show large, octagonal meshes, sometimes plain, again with big woven dots.

Care should be exercised in wearing the veils or the nose sticking through the meshes gives a grotesque appearance.

The most becoming veil is a fine mixture of black and white, tiny black dots on white net being better than white on black. These have become known as the beauty veil because so many women wear them, regardless of style.

The Belt Buckle.

With the return of the belt to favor again, belt buckles in infinite variety have appeared. The simple enamel buckles in empire green, ruby, and dark blue are well liked for every day wear. With dressy gowns oblong or oval gilt designs in Louis XIV effects, scintillating with brilliants, add a smart touch to the toilet.

Newest Letter Paper.

Some of the prettiest note paper has a very narrow border of blue, pink, gray, lavender or red and one initial at the top set in a ring of color the exact shade as the border. Correspondence cards also are thus bordered and are very pretty.

The KITCHEN CABINET



WE BELIEVE—that as many lives are cut short by unhealthful food and diet as through strong drink.

Chowders.

These are wholesome dishes that may be served in any season and are always well liked. They may be made from fish or vegetables, and may be served as a dinner, luncheon or supper dish.

When nothing else is forthcoming, a very tasty chowder may be made of fried salt pork, potatoes, onions and milk.

Corn Chowder.—Cut a one and a half inch cube of salt pork into very small pieces and fry until brown. Add one sliced onion and cook it five minutes in the fat, stirring often that it may not burn. Parboil six potatoes, cut in slices, drain and add to the fat with two cups of boiling water. Cook until the potatoes are soft, then add a can of corn and a quart of scalded milk. Season with salt and pepper, add six milk crackers, three table-spoonfuls of butter, if the pork has not made it rich enough in fat. Serve hot.

To prepare clam chowder, add the clams to the above recipe after cooking them in butter. Add the clam water just at the last, as it has a tendency to separate the milk.

Salt codfish makes a fine chowder. It may be cooked in water until soft, and then add to the chowder just before serving.

German Chowder.—Chop one and a half cups of haddock or any fresh fish, add eight common crackers, two table-spoonfuls of melted butter, onion juice, salt, pepper and a beaten egg. Shape into balls. Prepare the chowder, adding two slices of carrot, a bit of bay leaf, a sprig of parsley to the above chowder recipe, cook all together, balls, potatoes and seasonings. Serve with crackers, split and soaked in the hot milk.

Lobster Chowder.—Remove the meat from a two-pound lobster shell and cut in dice. Cream two table-spoonfuls of butter, and add a quarter of the lobster, and two milk crackers pounded fine. Scald a quart of milk with a slice of onion, remove the onion, add milk to mixture. Cook the bones ten minutes in cold water to cover; strain, and add with the lobster to the mixture. Season with salt and paprika and serve.

Chowders are nutritive enough to serve as the main dish at a meal. For a hot dish on a cold night they are especially good. Oysters may be added to a chowder and are similar to a clam chowder.

JUST as of old the world rolls on and on; The day dies into night—night into dawn— Dawn into dusk—through centuries untold— Just as of old. —Riley.

Thanksgiving Dishes.

At Thanksgiving time the old family recipes which have made those days red letter days, are looked up and prepared. The crisp, nutty celery, the crimson cranberry, the apples, beans and nuts all contribute to the great feast. The following is a recipe for the old-fashioned pumpkin pie. Half the recipe will make a pie of the size ordinarily used today:

Pumpkin Pie.—Mix one and a half cups of stewed pumpkin with two-thirds of a cup of brown sugar, a teaspoonful of cinnamon, a half teaspoonful of ginger, the same of salt, two well-beaten eggs, one and a half cups of milk and half a cup of cream, and a half teaspoonful of lemon extract. Bake in one crust.

A very nice little tea cake may be made by using the crust left from ordinary pastry or the puff paste, which makes a daintier cake.

Roll the paste to one-fourth inch in thickness and cut in strips six inches long by three-fourths inch wide, brush over with beaten egg, and sprinkle with shredded coconut. Chill, and bake in a hot oven.

Thanksgiving Pudding.—Put a third of a cup of suet with three cups of bread crumbs through the meat chopper, add half a pound of chopped figs, three-fourths of a cup of milk, a cup of brown sugar, a teaspoonful of salt, three-fourths of a teaspoonful of cinnamon, half a teaspoonful of grated nutmeg, half a cupful of walnut meats, half a cup of raisins cut in pieces, four eggs well beaten and two teaspoonfuls of baking powder. Sprinkle carefully over the mixture. Beat thoroughly, turn into a buttered mold and steam three hours. Serve with an egg sauce.

Foamy Sauce.—Beat two eggs until light, add a cup of powdered sugar and a cup of hot milk; flavor with vanilla or grated orange peel.

Nellie Maxwell.

Misunderstood.

Actyn Barnes, tragedian, solemnly strutted into the bar of the night stand hotel. "Put a pint of wine on the ice, my friend," he said to the man behind the counter. "Not if I'm in my right mind I won't!" chuckled the other, who happened to be the proprietor; "wash down is the rule in the here tavern, 'gosh!'"

It is better to inherit a fortune than to marry one.

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"How are you, Mr. Tyte-Physt? I hope there is nothing wrong with that set of teeth I made for you a few weeks ago."

"No, they're all right; but, great Scott, Doc, I paid you \$30 for them teeth. You don't s'pose I'm going to wear 'em for everyday use, do you?"

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ANOTHER BUMP FOR GENIUS.



The Amateur Poet—Whatever I do I do with my whole soul. His Wife (sadly)—I know you do dear, but it would be such a help if you'd give it up and do things with your hands.

STOMACH MISERY VANISHES

Indigestion, Gas, Sourness and Dyspepsia Go and Your Stomach Feels Fine in Five Minutes.

If your meals don't tempt you, or what little you do eat seems to fill you, or lays like a lump of lead in your stomach, or if you have heartburn or a sick, sour, upset or gassy stomach, that is a sign of Indigestion.

Ask your Pharmacist for a 50-cent case of Pape's Diapiesin and take a little just as soon as you can. There will be no sour risings, no belching of undigested food mixed with acid, no stomach gas or heartburn, fullness or heavy feeling in the stomach, Nausea, Debilitating Headaches, Dizziness or intestinal griping. This will all go, and besides, there will be no undigested food left over in the stomach to poison your breath with nauseous odors.

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