ATIONAL CAPITAL

Large Cities Show a Healthy Growth



WASHINGTON.—The census turns on the large cities of the country are now complete. The figures show that most of them have had a healthy growth during the ten years since the last count was made, but some of them have fallen out of the places they occupied then and their places have been taken by other cities.

Of the many that have tried, in the ast ten years, to climb into the 100,000 class, only five have succeeded. Among the ten largest cities there has been only one important change of position. Baltimore has lost sixth place to Cleveland. Baltimore's population, as officially stated, is 558,485, while Cleveland has 560,663. The gain in Baltimore over 1900 was 9.7 per

A comparison of 29 cities in the 100,000 class shows that the aggregate population is 13,596,819, as against 10,376,012 in 1900 and 7,904,140 1n 1890.

The fact is noted that the high rate of increase is not confined to any one | 1900.

geographical section. Of seven cities whose rate exceeded 40 per cent., two, Newark, N. J., and Bridgeport, Conn., are eastern; one, Atlanta, is southern, and four, Detroit, Denver, Kansas City and Columbus, are western. Of the two cities with the lowest rate, one is eastern and the other is western.

The rates of increase for Atlanta, Detroit, Denver and Kansas City are phenomenally high, but most extraor-dinary is the high percentage for New York, which exceeds the average of 28 cities by 11.4 per cent., and is itself exceeded only by the rates of seven cities.

Fifty-four cities of between 25,000 and 100,000 show an aggregate population of 2,723,498, as against 1,901,766 in 1900, a gain of 43.2 per cent., which the census bureau pronounces nomenally high." Thirty-one of these cities show a higher rate of increase for the past decade than for the previ-ous one. No decrease is noted in any

one of the cities.

Of the larger cities the gain of St. Louis during the decade was greater proportionately than that of Boston, its nearest competitor, while Kansas City is in twentieth place on the face of the returns. Kansas City has jumped ahead of Providence, R. I., and Indianapolis, Ind., Providence falling behind Indianapolis, which it led in

Uncle Sam's Health Zone Far Spread



THE activities of the public health and marine hospital service, to which is intrusted most of the general work of guarding the country against contagion from abroad and preventing its spread at home, form the topic of a paper by Surgeon General Wyman in the public health report.

The document was prepared for the American Public Health association which recently met at Milwaukee. This organization is composed of representatives from Canada, Mexico and Cuba, as well as from the United them as defective either mentally or States, and the paper was regarded as physically.

of especial interest to them.

Beginning with "the utmost circumference of the influence of the organization." Doctor Wyman tells of the protective measures at foreign ports. He shows that medical officers of the bureau are located in most of the seacoast cities of Asia and South and Central America, and at some of those of Europe. The service also is liber-Rico and the Philippines.

In addition to keeping themselves and the home office informed regard-ing the prevalence of cholera, yellow fever, smallpox, typhus and plague, these officials are required to inspect American-bound vessels and to issue bills of health, without which the vessels might not enter American ports.

During the last fiscal year they inspected 16,766 vessels and examined 1,433,134 passengers. On board ship the regulations of these officials follow the immigrant, requiring proper cleanliness and ventilation, and when the vessel arrives in the United States it is met by another set of health service officers on duty either to enforce quarantine rules or to assist

the immigration officials in their work. In the latter capacity the public health men last year examined 1,280,000 immigrants, certifying 30,000 of

The paper also abounds in facts relative to the work of the bureau in preventing the spread of infectious diseases from one state to another under the quarantine law, making especial reference to the work in connec-tion with recent yellow-fever epidemics and the plague infection on the Pacific coast of a few years ago.

urope. The service also is liber-represented in Hawaii, Porto costs the United States \$2,000,000 an-

nor Hughes and commending the wis-

dom of the president in choosing Hughes for the supreme court bench.

Political Pot Is Boiling Furiously



REPORTS coming into Washington om all over the country tell how the seething political pot is furiously boiling. In New York, Indiana, Nebraska Missouri the politicians are es-

pecially busy.
The New York state Republican The New York state Republican Mayor J. C. Dahlman of Omaha, onvention was a triumph for Colonel candidate for governor of Nebraska, chairman, defeating Vice-President Sherman. That was the first rout of shot his brother-in-law in

tween a leader and a boss, he said 'a ting the branding iron on them. boss drives, while a leader leads."
He then proceeded to "lead" the convention to do everything that he Francis, Reed and Stone as leaders

The keynote of the Indiana cam-paign was sounded by Senator Beveridge in a speech at Indianapolis. He was merciless to the interests, which he says have been controlling legislation for years. He defied the cor-porate interests to pollute the voters of Indiana. He favored the revision of the tariff by a genuine tariff commission. He gave Roosevelt credit for inaugurating the conservation move-

cosevelt. He was the temporary responding to rumors about his earl Vice-President | career, gave out a statement that he the regulars. He won a spectacular fight for the adoption of the platform of the progressives; he put through his slate and the close of the convention found the Roosevelt forces in complete control of the situation.

Henry L. Stimson of New York city,
Roosevelt's man, was nominated for full of maverick cattle and no one was a better hand with the his speech distinguishing be chasing down these strays and put-

Missouri Democrats opened their anted it to do.

The platform as adopted contained afternoon and evening and the crowds a plank indorsing the administration of President Taft and that of Governmenting places

Our Wood Fuel Bill Is \$250,000,000



the United States, according to the latest estimate of the forestry serv- of firewood 70,000,000 cords,

The population then was a little over 50,000,000. Since then the population has increased to over 86,000,000, but the use of wood for fuel has decreased not only in per capita con-sumption, but also in total quantity. A little more than 20,000,000,000 cubic feet of wood in all forms is used in the United States each year, and of FIREWOOD valued at \$250,000,000 is this 7,000,000,000 cubic feet, or about used every year by the people of \$6,000,000 cords, is firewood.

Of the total estimated consumption Our ferefathers used consider- per cent., was used in towns and cities ably more wood, but coal to a great with a population of from 1,600 to extent has supplicated it as a fuel. 30,000; 1,615,000 cords, or 1.9 per Little attention has been paid to the amount of wood used for fuel purposes. In 1880 the census estimated that at that time there were nearly 146,000,000 cords, valued at approximately \$322,000,000, or \$2.21 a cord, used for fuel annually.

Ribbon Effects



By JULIA BOTTOMLEY.

direction or another with ribbon arranged in loops. Flower forms may be copied or simulated, and nothing is more fashionable than wall, compact roses and foliage made of rib-

These examples are given here of ribbon in unusual arrangements. satin ribbon. These bows redeem the shape, lifting it from the commonprofile" shapes.

style. The loops in this instance are OTHING is prettier in ribbon arrangements than a bow and ends in simple or in elaborate designs.

A pretty drooping brimmed round

But one may not always arrive at the desired effect by the use of bows. A shape may be modified or changed in appearance by building it in one together about the round crown. This forms a sort of rosette, in which the plaited ribbon sets, and the result makes one thing of a flower. In fact, each velvet and ribbon decoration is much like a huge pansy in shape. The pretty hat, which is of king's blue felt, needs no other decoration.

A hat for a miss faced with change the first a cap-like shape covered with able taffeta gathered in the underbig velvet poppies is lengthened at brim, is bound with a puff of velvet. the back with wired loops of heavy A collar of ribbon about the crown is A collar of ribbon about the crown is finished with a very full plaiting or place into one of those which the French have described as "the fleeting profile" shapes. They are full They are full of range of amateur millinery to make.



This pretty costume, designed espe-ially for boating or sailing, is of white linen trimmed with bands of blue and white striped linen. The skirt is made with a group of plaits at each side, above which it is ornamented with buttons, and is encircled about knee an inserted band of the striped linen.

of the material ornamented with but-The sailor collar and cuffs are embroidered with anchors and trimmed with the bands of striped linen. The odd cravat and the girdle are of black liberty.

Stenciling Hints.

When steneiling a design for a wallpaper frieze, draw the diapered pattern on heavy paper so as to allow the skeleton design to hold firm-ly together after the sprays have heen cut out from stencil plates. Cut out each piece of the drawing with

Prepare each piece to resist the action of the color by sizing or by shellac dissolved in methylated

Mix the color with one-third pic-ture copal varnish and two-thirds

GIRL'S OUTING COSTUME . | JEWELS FOR DAY AND NIGHT Precious and Semi-Precious Stones

Very Much in Evidence on All Occasions. With low-cut necks narrow velvet collars set with three or five gradu-ated ornaments of paste set in old silvered metal are smart and becoming with both afternoon and evening

gowns. Earrings do much to break the line of a long neck with a collarless gown. Lovely new ones are shown in Paris ian diamonds, colored stones and baroque pearls.

A good looking set of earrings has a bowknot and dangler of diamonds with baroque drop; another set that screws on has three baroque pearls, one above the other, connected by jeweled chains with amethyst drops. A shield-shaped corsage ornament

of Parisian diamonds and French em-eralds, with a shoulder catch to correspond, gives a brilliant finish to a low-necked evening gown.

The woman of bony neck should purchase one of the high dog col-lars of rows of seed pearls crossed by narrow side bars and a square central bar of Parisian diamonds

For traveling or sports the watch bracelet is growing in favor. One of the new ones has a flexible woven strap and buckle of gold wire set with a red enamel watch studded in

On a gray suede wrist strap is a small watch of gold rims studded with alternate rubies and pearls or sapphires and pearls. Cheaper for hard wear are tan or gray suede bracelet with a small open-faced gold or silver watch.

A fascinating ornament of French jewelry that can be used for the hair or corsage is a pair of Mercury wings set to form a hollow that can encircle

Black Waist.

The black chiffon blouse over white or over a silk in Persian colors even more popular now than at the end of last season, when it was hailed as a novelty. The veiled effect 's more pleasing and satisfactory in a waist than a skirt, since it gives a color effect which cannot be obtained by pipings or bands. There is a beautiful messaline, woven in the designs and colorings of the fawous India shawls, which is used exten-sively in combination with black for a sharp knife, and lay it on a rough piece of the cardboard so that the piece of the knife is not turned.

are worn a great deal. The small are worn a great deal. of the black.

A New Tle.

A fetching new tie that gives a turpentine, using only a small portion at a time, as it is very volatile. tume is made from bias satin or vel-Then dab the color all over the sur-face of the design with a stencil are ended with bunches of tiny fly You will then be ready to ap-to the walls. ers and leaves, while a similar bun b holds the leaves together in front.

TheKITCHEN **GABINET**



of mother is worth a pound of -Joseph Parker.

Small Cakes for Various Occasions The following recipes are appropriate to serve with frozen dishes or with tea or chocolate. Many delicious little cakes and cookles may be bought; but no matter how tractive they are, one likes the touch of individuality which is shown in cakes of

home manufacture:
Chocolate Nut Cake.—Cream threefourths of a cupful of butter, add one and a half cupfuls of sugar gradually, then alternate a half cupful of milk with two and a quarter cups of flour sifted with three teaspoonfuls of ba-king powder several times to insure a thorough mixing, then add three squares of grated chocolate, a cupful of broken pecan meats, a teaspoonful of vanilla and the whites of eight eggs beaten stiff. A little salt is an improvement. Bake in gem pans about twenty minutes.

Bachelor's Buttons.—Rub together four tablespoonfuls of butter and ten tablespoonfuls of flour. Add five tablespoonfuls of sugar to the flour mixture and five to two well-beaten eggs, flavor with anise and combine the two mixtures. Make in small balls and bake. Dip in melted fondant and sprinkle with nuts.

Fondant.—This is the foundation for French candies and is used for cake frostings. Use four cupfuls of sugar, one cup of water and a tablespoonful of glucose. Boil until a little dropped in water will make a soft, waxy ball. Cool and stir until white and creamy. It will keep for weeks and always be fresh for use by heat ing over hot water. Keep the fondant in a dish covered with a waxed paper and tightly covered, or it will dry and crumble.

Orange Cakes.—Cream a quarter of a cupful of butter, add a half cupful of sugar gradually, the grated rind of an orange and a tablespoonful of the fuice, the yolks of two eggs well beat-en. Sift one and two-thirds cups of flour and half a teaspoonful of cream of tartar and a quarter of a teaspoonful of soda, a pinch of salt. Fold in the whites of two eggs beaten stiff. Bake in patty tins and ice with frosting flavored with orange juice.
Wafers.—Cream a half cup of butter,

add a cup of powdered sugar and a cup and three-fourths of flour, a little salt and a teaspoonful of vanilla and a half cup of milk. Bake on a baking sheet and cut in squares. Roll imme diately, before they harden.



tractive young miss to be un able to make a loaf of bread or broll a steak, or use a needle; but the limit is passed when a college makes her such a little idiot as to think it smart to

ast of it."
Similar remarks we hear every day, blaming the college education for the foolishness of a few. When we are looking for results from college training let us take the average glrl, to be fair. A man who is selling apples does not show the worst he has in stock, but the best.

It is true we meet women occasion ally who consider a lack of knowledge of household affairs something to boast of, but let us be thankful that they are rare, and they make themselves a laughing stock among good people

It takes brains to run a house and provide for a family and the woman who does the former is as much a business partner of the one who does the latter as the

Egg Plant.

Egg plant is such a pretty vegetable to look at, that it always attracts the eve in the market windows. It is not as commonly used as it should be, nor is it widely grown in our climate Here are a few good ways to serve the plant:

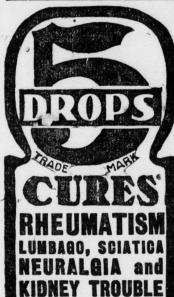
Egg Plant With Potatoes.-Peel a raw egg plant and cut it up in cuber about an inch in size. Cut an equal portion of raw potatoes in similar cubes. Put the two together in a saucepan in which two tablespoonfuls of butter have been melted, add a pinch of ginger, cloves, nutmeg, alspice, turmeric, cinnamon, half a teaspoonful of red pepper and salt to taste. Cover the pan closely and let the vegetables cook in the water generated from their own steam. If all the moisture is evaporated before they are quite done turn in a half cupful of boiling water and finish cooking.

Egg plant is good sliced and put under a weight to remove the juice then dipped in batter and fried Stuffed egg plant is also another fa vorite dish.

Egg Plant Salad.—Take sized, firm egg plant and cut in thick slices, lay them in cold water, with a tablespoon of salt and a piece of ice; leave for ten minutes; then put over the fire with boiling water and a haif tablespoonful of vinegar, boil for ten minutes, drain, chill and cut in Mix with this an equal quantity of finely cut colery and two hard cooked eggs chopped fine. Pour over this a quarter of a cupful of French dressing. Serve garnished with green

nellie Maxwell.

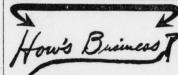
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DR. S. D. BLAND

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