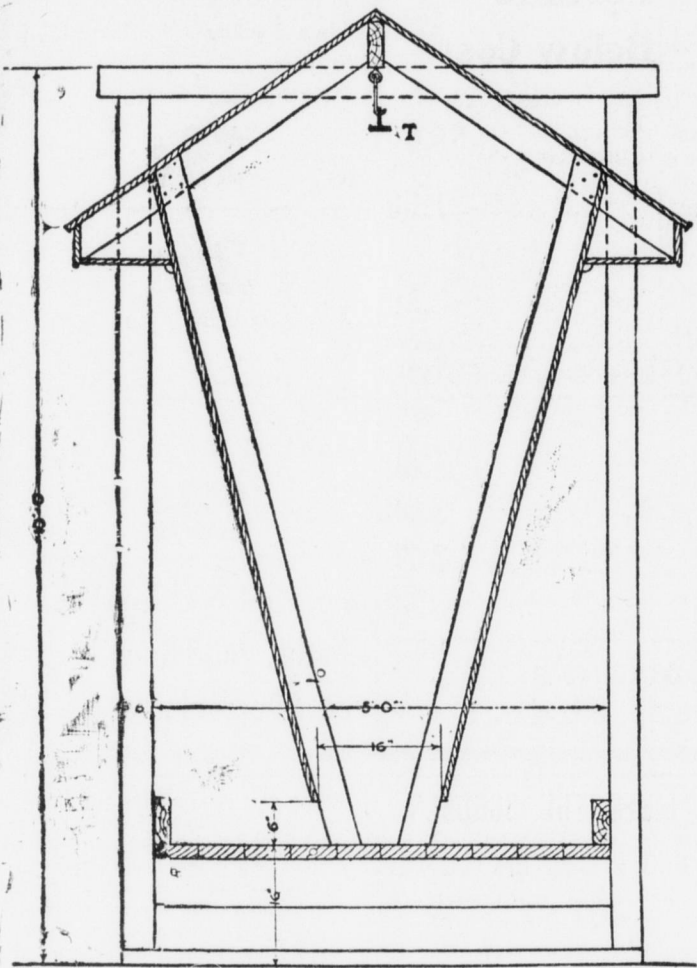


ESSENTIAL FEATURE OF CONSTRUCTING SELF-FEEDER

Arranged in Such Manner That Feed Can Be Conveyed By Means of Carrier on a Suspended Track From Barn



Cross Section of Self Feeder.

The illustration given herewith shows a cross section of the self-feeder giving the essential features of its construction. It is so arranged that the feed can be conveyed by means of a feed carrier on a suspended track from the barn to the feeder into which the feed is dumped. The track is similar to those used for hay carriers and is shown at point T. The rectangular frame which is 5 feet wide and 10 feet high is constructed of 4x4 material. This serves as a frame for the feeder as well as a support for the track. It will be noticed from the cut that the bin is but 16 inches wide at the opening and this opening is 6 inches high. This construction seems necessary in order to enable the cattle to work the feed out as needed and to prevent clogging. The studding, which is 2x4-inch material, are placed four feet apart inside the bin and serve as supports to the sides. Other than these points the feeder is not essentially different from those commonly in use.

The KITCHEN CABINET



WINDS are growing sweeter Day by day; Spring is here, the fields have seen her, And are growing greener, greener, And the woods have found so much In the magic of her touch That the golden mist of April Deepens with the May. —Dora Goodale.

Prunes. Prunes have been frequently abused; but in spite of their boarding house reputation, they still hold a high place as a wholesome and delicious fruit.

Prunes should always be carefully washed, then let them take back the water lost by absorbing as much as possible. Set them to simmer in the water in which they were soaked. When the skin breaks easily they are sufficiently cooked.

As a breakfast dish, from half a dozen to a dozen with a tablespoonful of cream makes a good dish for the morning meal. Prunes may be stuffed, rolled in sugar and served as one does stuffed dates.

Prunes stuffed with cream cheese is a great delicacy. Spiced prunes to use with meat, are prepared by using the sirup left from pickled pears or peaches. Cook down until thick.

Prune whip is a very nice pudding made by adding a cupful of chopped stewed prunes to the whites of four eggs, well beaten, and half a cupful of sugar.

Turn into a buttered baking dish and let brown. Serve with whipped cream.

As a filling for cake: Chop fine one cup of stewed prunes, rub through a strainer, add to the beaten whites of four eggs and one-half cup of powdered sugar, with a teaspoonful of lemon juice. Spread between the layers of a sponge cake mixture, and cover the top with whipped cream.

Maple Rolls. When one wants an especially nice hot biscuit, try these: Make an ordinary baking powder biscuit dough, roll out a half-inch thick, spread with butter and sprinkle with grated maple sugar and chopped nuts. Roll up and cut in half-inch slices, place in a baking pan, and bake in a hot oven.

Country Steak. Gash a thick round steak, then rub in all the flour possible. Brown in hot bacon fat. Season with salt and three cut, seeded chili peppers. Cover with hot water and stew slowly.

DARE to be what you are, and learn to resign with a good grace all that you are not, and to believe in your own individuality.

Something New in Fritters. These dainty little accessories to a meal may be used as a dessert when desired. They may take the place of a vegetable, thus making a variety in the menu. Prune and banana fritters are new, very nice and easily prepared.

Stew some large prunes until tender, but not too soft; let them cool and remove the stone. Have ready some pieces of banana which have been dipped in a little lemon juice. Drop in a batter made with two tablespoonfuls each of milk and flour, two well beaten eggs and a tablespoonful of sugar. Drop in hot fat and fry a delicate brown. These may be served with a lemon sauce and are delicious.

Crystal Jelly. Stir into a pint of cold water an ounce of isinglass and the grated rind of one lemon. When it comes to a boil stir in two cupfuls of sugar and half a pint of white wine. When the fellinglass has dissolved strain it through a jelly bag and let it stand until cold. Squeeze three lemons into a bowl and stir in the grated rind of one. Let it stand for half an hour and strain the juice into the jelly. Whisk gently until it begins to stiffen. Then turn into a jelly mold and let it set. More sugar may be added to this recipe if desired.

Chocolate Almonds. Shell and blanch the almonds by pouring boiling water over them, then slipping off the skins. Lay on a towel until dry. Melt in a double boiler a cake of sweet chocolate and dip each almond quickly in this, rolling it over and over, then lay on waxed paper to dry.

Gelatin Frosting. Dissolve one-half a teaspoon of gelatin in two and one-half tablespoons of boiling water. Add three-fourths of a cup of confectioner's sugar, and half a teaspoonful of vanilla. Beat until of the right consistency to spread.

Fortunes in Flowers. In the Channel Islands it is estimated that an acre of daffodils should yield over 500,000 flowers, and if they fetch three halfpence a dozen—they often fetch considerably more—the gross value of the crop would be over £250. Though English growers, coming into the market, must be content with a lower price, there should still remain a very handsome profit. Indeed, it would be difficult to suggest any other crop which would be likely to show an equal profit for the same outlay.—London Graphic.

Produced Much Honey. Miss E. Candler of Cassville, Wisconsin, has the largest surplus of sweetness of all the girls in that state. She produced and marketed 13,000 pounds of honey last season. This big crop was the output of 300 colonies of bees, and Miss Candler did with her own hands practically all the work.

Tobacco in Missouri. Missouri produced last year more than half million pounds of tobacco, worth 12 cents per pound.

WAS A SIN ANY TIME.



Mrs. Wise—I told the next-door neighbor today that it was a sin to play the piano on Sunday.

Mr. Wise—Why did you mention Sunday?

BABY WASTED TO SKELETON

"My little son, when about a year and a half old, began to have sores come out on his face. I had a physician treat him, but the sores grew worse. Then they began to come out on his arms, then on other parts of his body, and then one came on his chest, worse than the others. Then I called another physician. Still he grew worse. At the end of about a year and a half of suffering he grew so bad that I had to tie his hands in cloths at night to keep him from scratching the sores and tearing the flesh. He got to be a mere skeleton, and was hardly able to walk.

"My aunt advised me to try Cuticura Soap and Cuticura Ointment. I sent to a drug store and got a cake of Cuticura Soap and a box of the Ointment and followed directions. At the end of two months the sores were all well. He has never had any sores of any kind since. I can sincerely say that only for Cuticura my child would have died. I used only one cake of Cuticura Soap and about three boxes of Ointment.

"I am a nurse and my profession brings me into many different families and it is always a pleasure for me to tell my story and recommend Cuticura Remedies. Mrs. Egbert Sheldon, Litchfield, Conn., Oct. 23, 1909."

Exercise Good for It. Asked the Progressive Woman of the Beauty Cultivator: "Don't you think women should exercise the suffrage?" "Certainly. My method will increase it two inches."—Puck.

Important to Mothers Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Watson*. In Use For Over 30 Years. The Kind You Have Always Bought.

Out of the Race. Because of the general scrapping match between the various cities as to who shall have the honor of the National or International Congress of Aviators, Washington and Baltimore have both withdrawn from the whole business.

Shows Value of Steel Car. That the steel car is of great value as a protection to passengers in the event of collision was demonstrated in a recent crash of two trains in the Hudson tunnel, New York city. There was no such telescoping as would probably have occurred with wooden cars, and the injuries were merely such as resulted from the passengers being thrown down by the shock of the collision.

The Handy Remedy for Eruption Caused by Poison Ivy or Wood Poison is Resinol Ointment. I have used Resinol Salve for several years. I was badly broken out with eruptions caused by Poison Ivy. The itching was unbearable. My doctor recommended Resinol. It did its work fine. Being subject to wood poison, I now keep a jar of Resinol on hand. I have told others of it who had like results. Jno. H. Kohl, Benton, Kan.

The Simple Shepherd. A cockney, while spending his holidays in the Highlands, met an old shepherd, driving a flock of sheep. Wishing to show off a bit, he said: "Now, if I were a shepherd I would teach the sheep to follow me." "Oh, aye," said the shepherd, "and I hiv nae doot ye wid manage, for if they saw anither sleep in front they wid be sure to follow."—Tit-Bits.

Noisy Nuisances. Ill-fitting doors and windows represent a happy hunting ground for the disturbing winds. In fact, so annoying does the constant rattle of these openings become that many determined individuals, who resolve to admit the fresh air, choose the lesser of two evils and close the openings in preference to sleepless nights. This can be remedied if a small wedge of wood be driven at the side of an open window; a door can be prevented from rattling if a pad or strip of thick felt be nailed on the edge of the door.

The annoyance of creaking drawers can be eliminated by rubbing common soap upon the top, sides and bottom of each.

Creaking hinges on anything should be well oiled, while the grating, irritating noise of a sewing machine can be overcome in a similar manner.

The little noises wear away the patience that is required for other things. It were foolish to dissipate energy through the channels of irritated nerves when a little time will obviate the nuisances.

Glorious Colorado

No one can say he has seen the world until he has seen "Colorado."

Write for the books that picture and describe it

Electric block signals—dining car meals and service "Best in the World"

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EXPENSES Board, \$1.75 per week; Room rent, 75c to \$1.00 per week, including the light and heat; Tuition and regular incidentals, \$45.00 for the full year.

Something Visible. "Show me some tiaras, please. I want one for my wife." "Yes, sir. About what price?" "Well, at such a price that I can say: 'Do you see that woman with the tiara? She is my wife.'"

Catarrh Cannot Be Cured with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly upon the blood and mucous surfaces. Hall's Catarrh Cure is not a quick medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing catarrh. Send for testimonials, free. F. J. CHENEY & CO., Props., Toledo, O. Sold by Druggists, price 75c. Take Hall's Family Pills for constipation.

Mr. Adee in Europe. Second Assistant Secretary Adee of the state department is on his annual vacation in Europe. In company with Mr. Thacker, United States consul general at Berlin, and Mrs. Thacker, he will devote about six weeks to a bicycle tour of southern France. He expects to return to Washington about the middle of June.

A Divided Family. The bright six-year-old daughter of a physician happened into his reception room the other day and a waiting woman patient engaged her in conversation. "I suppose you to go church and Sunday school?" she asked. "Oh, yes, ma'am," she replied. "And what denomination do your parents belong to?" "Why," said the little one, "mamma's a Presbyterian and papa's a stomach specialist."

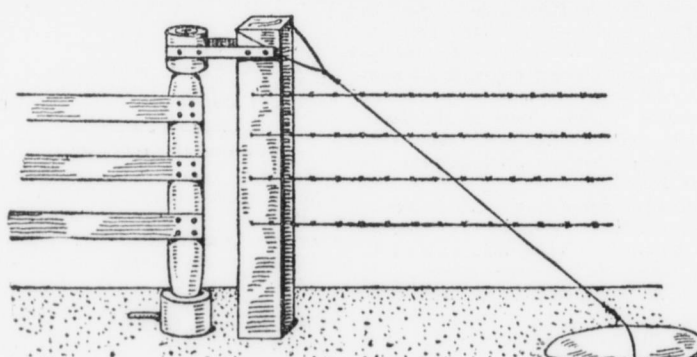
Importation of Leeches. Leeches are enumerated by the bureau of statistics under its general head of animals imported, the total value of the imports of this species in 1908 having been \$5,341; in 1907, \$6,922; in 1906, \$4,494; in 1905, \$3,862; in 1904, \$3,589; in 1903, \$3,240, and in 1902, \$2,412—the commerce in leeches being thus of a growing character. The total number of leeches imported in the United States in the decade ending with 1908, is about \$10,000. Leeches are imported free of duty. Snails were at one time enumerated as an article of importation, the records from 1894 to 1898 showing snails imported to the extent of about \$5,000, but the snail trade so dwindled, showing only \$24 of imports in 1908, that the bureau discontinued its statements of this article.

Really a Serious Dilemma. "The chap who works on one side of me," said an office man, "has been married six weeks and he sneaks to the telephone about four times a day and calls up his wife, and then I hear him saying: 'Dear, how is your headache now? I hope you are feeling better.' Then pretty soon he comes back to his desk and goes to work again all smiling."

"The man who works on the other side of me has been married six years and he goes to the telephone only when he's called and then I hear him saying: 'Why, I can't possibly do that. I can't spare the money;' and then he comes back to his desk all scowling."

"And, really, when I hear the way these two men go on I don't know what to do. I don't know whether to get married or to stay a bachelor."

FARM GATE MADE FROM AXLE



The accompanying illustration shows a gate from an old axle and a couple of hubs. Sink one hub into the ground and fasten the other to the top of fence post with an iron strap, says a writer in American Agriculturist. Build the body of the gate on the axle. Place the lower end in hub first, then insert the top in the upper hub. Grease the axle from time to time. By sinking a large rock in ground and running a wire from it to fence post an excellent anchorage is secured.

SMALL HOGS IN DEMAND

Art of Making Good, Sweet Hams, Properly Balanced With Fat and Lean, Fast Shipping Away From Us.

(By S. C. MILLER) The art of making good, sweet hams, properly balanced with fat and lean, and cured to a turn, is fast slipping away from us here in America.

The old-time southern planter never bred hogs for fat, and rarely cured an animal for their own use that weighed over 175 pounds.

These men bred the long, lean animals, which were fattened on meal and clover, because not a great deal of corn is raised in the south, and the result was an ideal ham and bacon hog.

In the great corn belt, farmers are disposed to breed and feed for fat, because they are not satisfied to send to market a 175 pound hog at Christmas time when they can just as well bring him up to 300 pounds.

A 300-pound hog does not make good hams. They are coarse and contain a large amount of fat, which the packers trim off in order to bring the size down to the popular demand.

People want hams from hogs that weigh from 125 to 150 pounds, and they cannot be deceived by hams from a 300-pound hog with the fat trimmed off.

The consumption of hams in this country is steadily falling off for this

Some Sweet Day

You may be served with

Post Toasties

and Cream

Then you will know what a dainty, tempting food you have been missing.

Every serving wins a friend—

"The Memory Lingers"

Popular pkg. 10c
Family size 15c.
Sold by Grocers.

Postum Cereal Co., Ltd., Battle Creek, Mich.