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Every woman may not be handsome, but every woman should-some, but every woman should-keep with care the good points nature has given her. No woman need have sallow skin, dull eye, blotchy complexion, who pays proper attention to her health. Where constipation, liverderange-ments blood impurities and other

Where constipation, liver derangements, blood impurities and other irregularities exist, good complexion, bright eyes and sprightly movements cannot exist. Internal derangements reveal themselves sconer or later on the surface. Headache, darkings around the eyes, sallow skin, a constant tired feeling—mean that the liver and digestive organs are needing help and correction. Chamberlain's Stomach and Liver Tablets give this necessary help. They work in nature's own way. They do not merely flush the bowels but tone up the liver and stomach to fulfill their proper functions. So mild and gentle do they act that one hardly realizes that they have taken medicine. Chamberlain's Tablets can be relied upon to relieve billounces, indigestion, constipation and dizziness. Sold everywhere. Price 25 cents.

Diarrhea

Quickly Cured.

Chamberlain's Colic, Cholera and Diarrhea Remedy

Can always be depended upon

During the summer months children are subject to bowel disorders and should receive the most careful attention. As soon as any unnatural looseness of the bowels is noticed Chamberlain's Colic, Cholera and Diarrhea Remedy should be given. Costs but 25 cents a bottle, and it is economy to always keep a bottle handy. You do not know when it may be needed, but when you do want it you want it badly. Get a bottle today.

OUR

STYLE SHOW IS ON

Alfred Benjamin & Co's New York Styles

Correct Clothes for Men and Young Men for the Fall Season of 1909-10

Suits and Overcoats \$10 to 22 Boys and Children's \$2 to \$6 Suits from

Full line of Furnishings, Hats, Caps and DOUGLAS SHOES.

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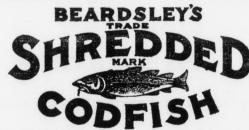
EMPORIUM, PA.

A Feast for Five Hungry People

full meal for five hungry people in every package of Beard ley's Shredded Codfish A delicious meal you can have ready for the table in less time than it takes

A breakfast or luncheon feast that will cost you only 10 cents.

The finest kind of a meal any family ever had placed before them.



The Choicest of Food The whole world knows that fish is one of the most nourishing and strengthening foods in existence.

toods in existence.

And, as we prepare it, it is also one of
the choicest.

And one of the easiest to cook.

We use none but cod of superior

We get them from Northern waters. The fish which feed here attain a superlative flavor.

And of these select fish we pick only the plumpest and fattest. Each fish is examined three times.



THE PACKAGE WITH THE RED BAND whatever, save the purest and finest searchit.

Also pastred in the and gloss.

Then we take only the best part of each fish—the sweetcst, most delicate meat. We remove all the bones. Our wonder-Shredding Process makes the meat fine and fluffy and dainty.

Thus Beardsley's Shredded Codfish is ready to cook the inatant you open the backage.

Instead of Meat or Eggs Just to let your family learn how good t is, serve Beardaley's Shredded Codfish

tomorrow.

Have it instead of meat or eggs. A package, costing only 10 cents, will go farther than two or three pounds of meat, and deep aggs.

or a dosan eggs.

Once your folks get a taste of this food, they'll want you to have it often. There are dosens of delicious ways to propare it. So no one ever tires of it. Free Book of Recipes

Free Book of Recipes
With the first package you buy, your
grocer will give you our book of tempting
new recipes.
There is other oodfish in packages. But
Beardsley's is the only Shredded Codfish.
Our wonderful Shredding Process is
patented. Bo please see that you get
Beardsley's—the package with the rad
band. For that is the kind you will like.

J. W. Beardsley's Sons 474-478 Greenwich St., New York

A PRISON HORROR.

Awful Fate of a Russian Political Offender.

David Soskice writes in McClure's Magazine of the horrors of the Schlues-

selburg, Russia's political prison.
"Grachevsky, unable to stand his life any longer," says he, "struck a guard in order to be executed. But the commandant of the fortress declared him to be insane and therefore exempt from punishment.

"Then,' said Grachevsky, 'It remains for me but to kill myself.' He was taken to the 'stable' and kept there under most vigilant watch.

"One night, related Ludmilla Vol-kenstein, 'a terrible, inhuman shriek was heard. Footsteps hurried toward Grachevsky's cell. Feeble groans followed, and then his door was quickly opened, and it was evident that some-Smoke and the smell of burnt clothing and flesh pervaded the building and hung about it till the following day. We then knew that Grachevsky had burnt himself alive. He had soaked his clothes and bedding with the oil from the little night lamp and, rolling himself up in his blanket, had set it on fire. For several days beforehand he had disarmed the suspicions of his guards by exceedingly rational be-havior, so that they had relaxed their watchfulness a little and enabled him to commit the dreadful deed."

STONE AGE CUSTOMS.

Ancient Habits Still Endure Among Natives of Rural Roumania. Customs and habits directly trace-

able back to the end of the stone age are still observed by the inhabitants of the remoter parts of rural Rouma-nia, says Dr. Emil Fischer of Bucharest in the Umschau. The latest sta-tistics show that there are still in Roumania over 54,000 cave dwellings in existence, in which a quarter of a mil-lion peasant folk live. These caves are almost as primitive in their arrangements as the original cave dwellings of the stone age.

As recently as in the eighties millet, As recently as in the eighties milet, the oldest Indo-Germanic grain, was still crushed in Roumania by means of hand mills and stored in peculiarly shaped granaries similar to those used shaped granaries similar to those used by the natives of central Africa. To-day the Roumanian peasants still use ancient plows. At funerals a repast named coliba is partaken of consist-ing of soaked and boiled corn the ex-act way corn was first prepared and

act way corn was first prepared and
eaten by the tribes of Europe.

Even today crabapples and wild
pears are the only fruit known to the
Roumanian peasant, and his vegetables are wild herbs boiled with oll
pressed from sunflower, hemp and
gourd seeds. Medical men in rural Roumania are still known among the peasantry as wizards.

He Had Learned It.
Willie, five years old, was in his father's office one afternoon waiting to go home with him. Mr. S. was very much occupied—in fact, so much so that he had quite forgotten that his young son was sitting behind him. At length the telephone rang, and Mr. S. was told that there was a long distance call for him. He called "Hello!" a number of times, and just when his patience had about given out central rang vigorously while the receiver was still at his ear. At this Mr. S. uttered a terrible and forbidden word.

The words were no sooner out of his mouth than he rendembered that his son was but a few feet from him. Wheeling about in his chair, he said, with humility:

"That was very wrong of father to say those naughty words, Willie. I hope," he added, "that my little boy will never use such dreadful lan-"I-I won't never say it, papa," re

plied the child, with a mischievous twinkle in his eye, "but I l-learned it all the same!"—Harper's Magazine.

The Pun.

The golden age of the pun in Britain was the reign of King James I., the "Stuart Solomon." That learned sovereign was himself a passable punster and made few privy councilors or bish ops who were not reputed to be good at a quip. It was therefore in his day that the pun appeared with pomp and dignity. It had been before admitted into merry speeches and ludicrous compositions, but was now delivered with great gravity from the pulpit or pronounced in the most solemn manner at the council table. The greatest authers in their most serious works made frequent use of puns.—London Globe.

Mistaken Identity. "Oh, doctor, he growled so savagely

I was sure he was mad even before he went on in such a biting way."

"I beg pardon, madam, but is it your large dog or your small pet one you are speaking of?"
"Law, doctor, it isn't my dog I am talking about. It's my husband."—Ballimore American. timore American

A Legal Difference.
The Client—How much will your opinion be worth in this case? The Lawyer—I'm too modest to say. But I can tell you what I'm going to charge you for it.—Cleveland Leader.

Cramped. Friend (looking over Brown's unfurnished flat)-And what is this passageway for? Brown-Passageway! Great Scott, this is the dining room!-Boston

It is difficult to say who do you the most mischief, enemies with the worst intentions or friends with the best .-

It is a dangerous thing to take a cough medicine containing opiates that merely stifle your cough instead of curing it. stine your cough instead of curing it. Foley's Honey and Tar loosens and cures the cough and expels the poisonous germs, thus preventing pneumonia and consumption. Refuse substitutes and take only the genuine Foley's Honey and Tar in yellow package. Sold by all druggists.

Chamberlain's Cough Remedy is Lot common, every day cough mixture. It is a meritorious remedy for all the troublesome and dangerous complications result-ing from cold in the head, throat, chest or lungs. Sold by all dealers.

Chamberlain's Cough Remedy is a very valuable medicine for throat and lung trouble, quickly relieves and cures painful breathing and a dangerously sounding cough which indicates congested longs. Sold by all dealers.

Rev. I. W. Williams Testifies.

Rev. I. W. Williams, Huntington, W. Va., writes us as follows: "This is to certify that I used Foley's Kidney Remedy for nervous exhaustion and kidney trouble and am free to say that Foley's Kidney Remedy will do all that you claim for it." Sold by all druggists.

Simple Remedy foriLaGrippe.

LaGrippe coughs are dangerous, as they frequently develop into pneumonia. Foley's Honey and Tar not only stops the cough, but heals and strengthens the lungs so that no serious results need be feared. The genuine Foley's Honey and Tar contains no harmful drug and is in a yellow package. Sold by all druggists.

Good Piano for Sale.

A Bradbury Piano (square) in good Apply at PRESS office



Whooping Cough

is pleasant to take. It contains no oplum or ther harmful drug and may be given as confidently to a baby as to an adult.
Price 25 cents, large size 50 cents.



"Family Favorite" LAMP OIL

WAVERLY OIL WORKS CO., Independent Refiners PITTSBURG, - - PA. Also makers of Waverly Special Auto Oil and Waverly Gasolines.

Roof Slating

I am especially prepared to Contract for Slating

By th square or job. As to my work manship, I refer, by permission, to the work recently completed for the Hon. B. W. Green

GEORGE A. WRIGHT. Get My Prices Before You Use Shingles

Foley's Kidney Remedy

Cures Backache, Kidney and Bladder Trouble.

It corrects irregularities, strengthens the kidneys so they will eliminate the impurities from the blood and tones up the whole system.

Commence taking Foley's Kidney Remedy at once and avoid Bright's Disease or Diabetes. 50. and \$1.00 bottles.



Humphreys' Veterinary Specifics

"For Every Living Thing on the Farm." Horses, Cattle, Sheep, Hogs, Dogs, Poultry.

A. A. For FEVERS, Milk Fever, Lung Fever, B. B. For SPRAINS, Lameness, Rheumatism, C. C. For SORE Throat, Epizootic, Distemper.

D. D. For WORMS, Bots, Grubs. E. E. For COUGHS, Colds, Influenza. F. F. For COLIC, Bellyache, Diarrhea. G.G. Prevents MISCARRIAGE.

H. H. For KIDNEY and Bladder disorders.
I. I. For SKIN DISEASES, Mange, Eruptions J. K. For BAD CONDITION, Indigestion. At druggists or sent prepaid on receipt of price. 60 cts. each.

500 page Book and Stable Chart to hang up mailed free.

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PILES RUDY'S Suppository
Graded Schools, Statesville, N. C., writes: 'I can say
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Raven Rock, W. Va., writes: 'They give universal satisfaction.' Dr. H. D. McGill, Olarkburg, Tenn, writes MARTIN RUDY, LANCASTER

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Come in and let us show you our line of the justly popular EA FON, CRANE & PIKE papers.

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Fall colds are quickly cured by Foley's Honey and Tar, the great throat and

Latest Popular Music.

Miss May Gould, teacher of piano forte has received a full line of the latest and most popular sheet music. All the popular airs. Popular and class-ical music. Prices reasonable. 44-tf.

For Chapped Skin.

Chapped skin whether on the hands or tace may be cored in one night by applying Chamberlain's Salve. It is also unequaled for sore nipples, burns and scalds. For sale by G. C. Taggart.



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Is waiting for you in the shape of a nice set of crockery. We are now showing a splen lid stock of good sound Crockery, every single piece warranted free from fault or blemish. The finest assortment in the county at reasonable prices.

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